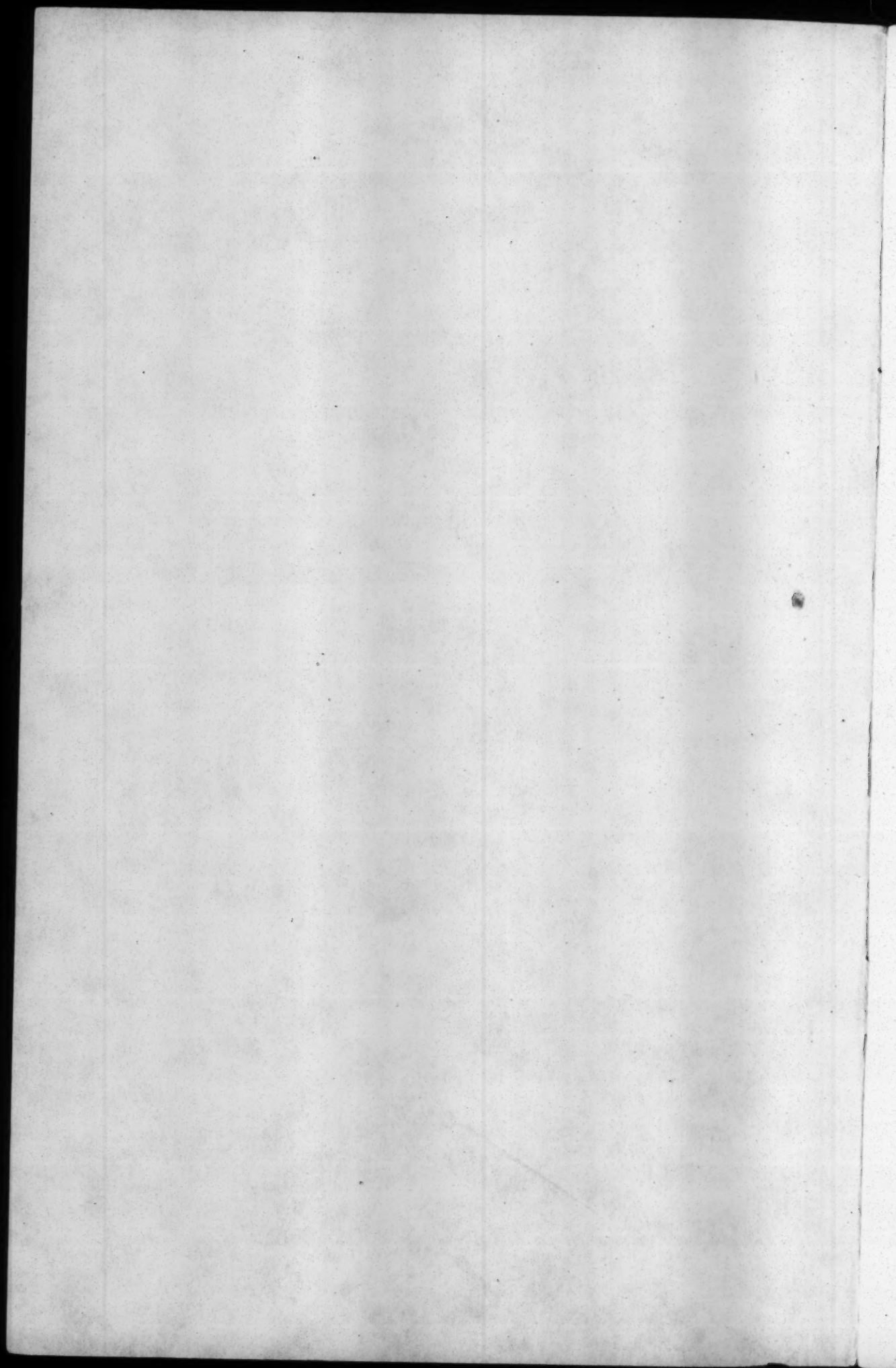


Cincinnati  
Journal Of  
Ceremonial Magick



Conquering Child Publishing Co.



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THE CINCINNATI JOURNAL OF CEREMONIAL MAGICK

CONQUERING CHILD PUBLISHING CO.

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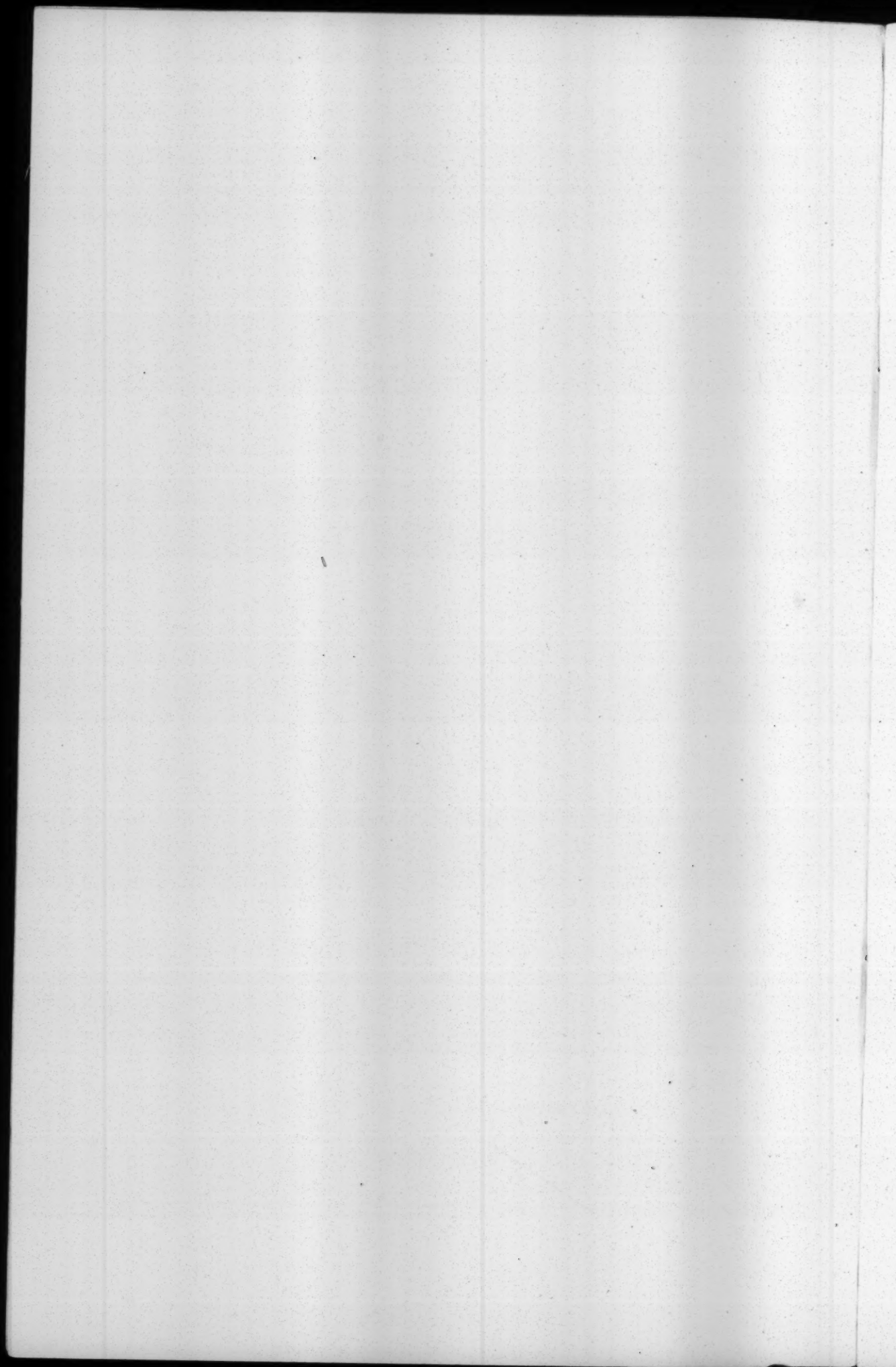
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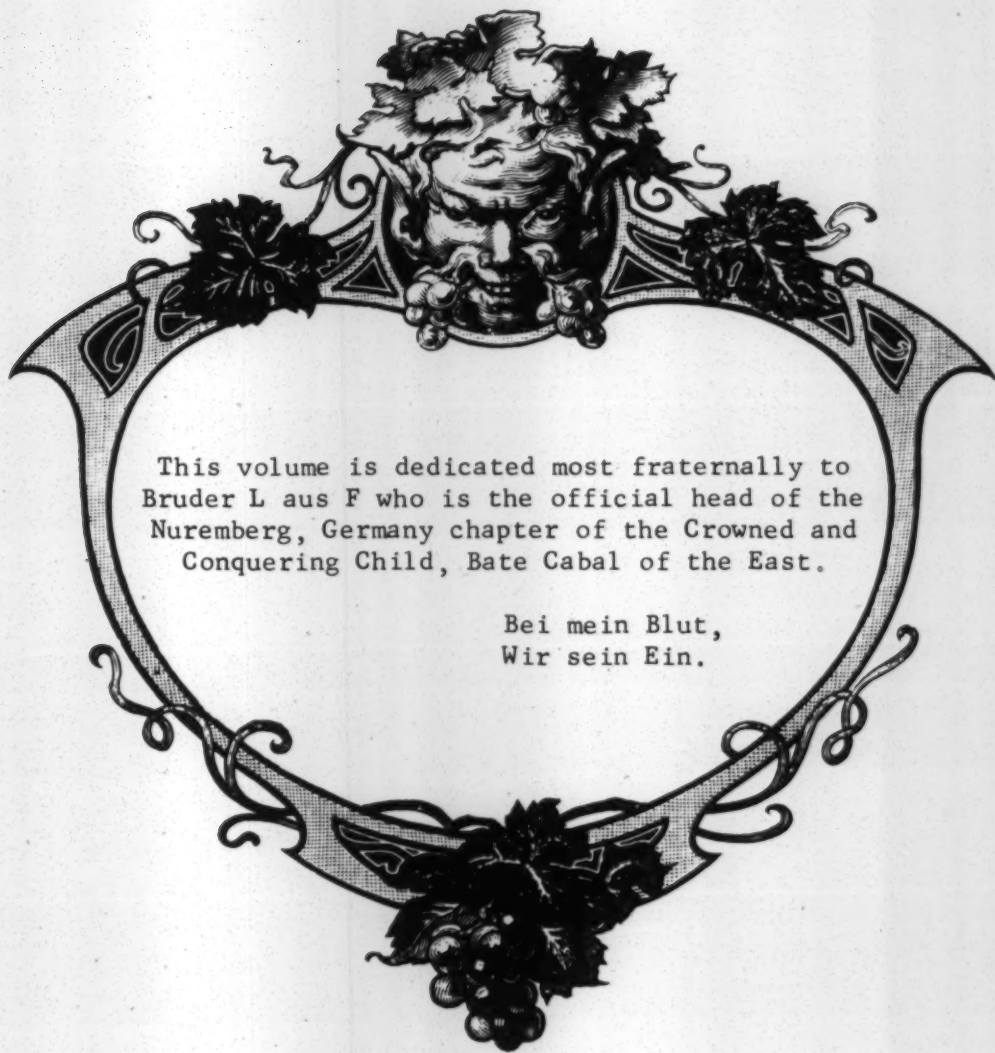
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This volume is dedicated most fraternally to  
Bruder L aus F who is the official head of the  
Nuremberg, Germany chapter of the Crowned and  
Conquering Child, Bate Cabal of the East.

Bei mein Blut,  
Wir sein Ein.



THOTH, THE IBIS-HEADED.

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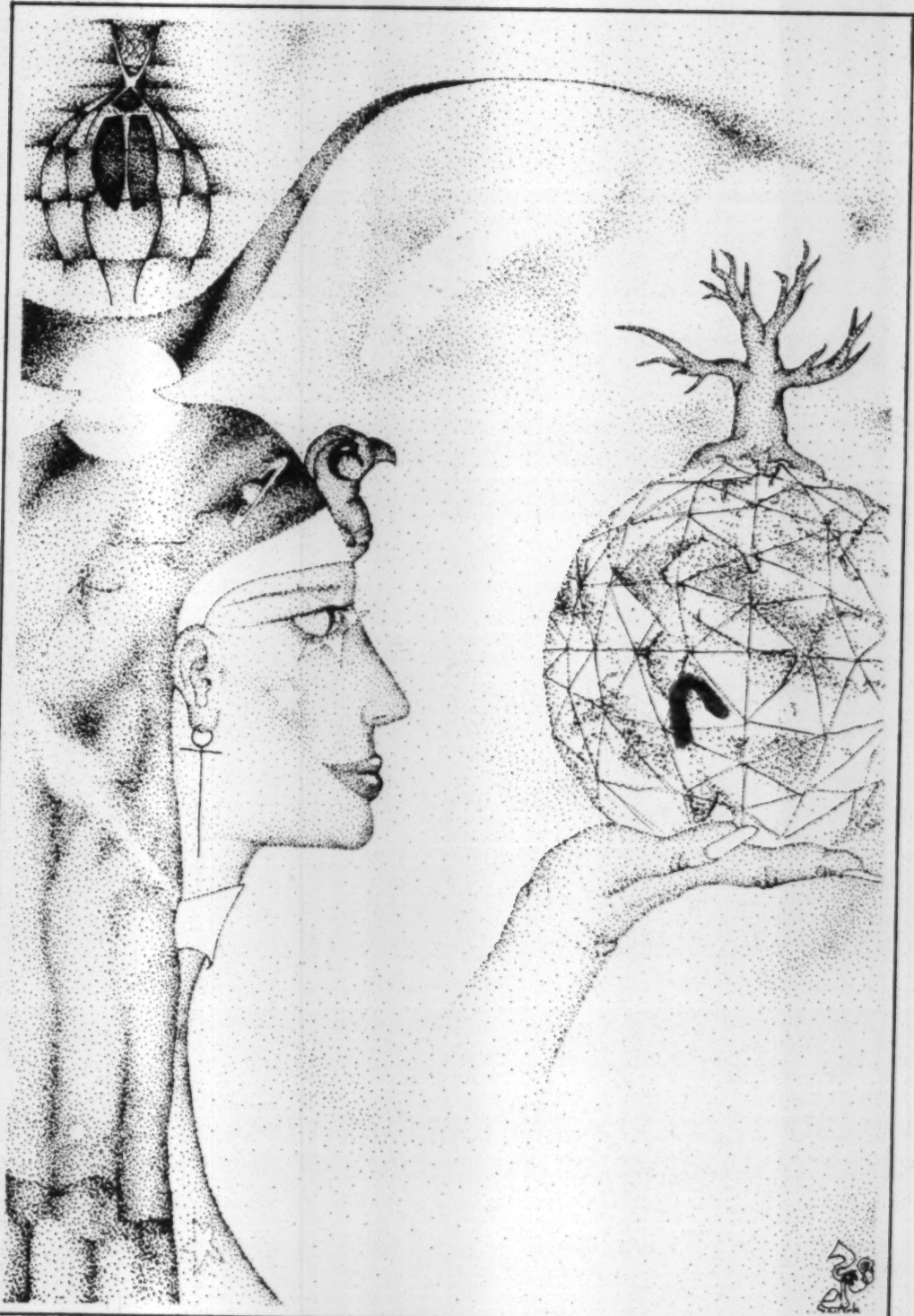
\* EDITORIAL STATEMENT \*

The Cincinnati Journal of Ceremonial Magick is published by the Cincinnati Chapter of the Crowned and Conquering Child; Bate Cabal. The Bate Cabal is a consort of Thelematic magickians (female and male) working toward the individual and collective establishment of the Aeon of Horus. It is felt by certain brothers and sisters of Bate Cabal that the Child can be served by the establishment of a common forum for all magickians. Thus the Journal.

The success or failure of the Journal is entirely dependent upon the willingness of the magickians in this area to share those experiences that may be of importance to others. This sharing can consist of rituals, poetry, art, channelings, questions, successes, answers and failures, etc. Anything and Nothing. All magickal traditions will be accorded the same uncompromising respect. We do not feel that it is our business to decide what constitutes best copy for the magickal community in this geographic area. Effort will be made to publish and disseminate the realities of each system. Anything less than this is viewed by us as an exercise in a stagnant and distasteful self indulgence. With a modicum of shared effort, this publication can develop from a journal of magick to a magickal journal recording the growth of the community. An experience of value to us all.







Isis



# Gestures of the Art

Ritualists:

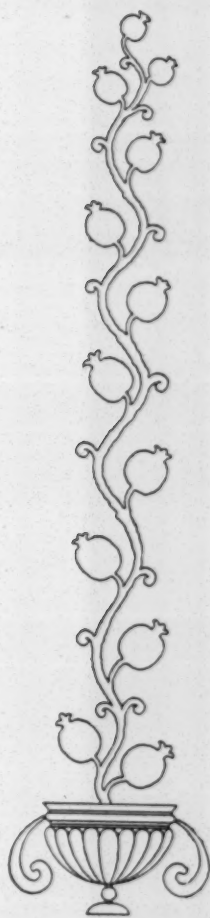
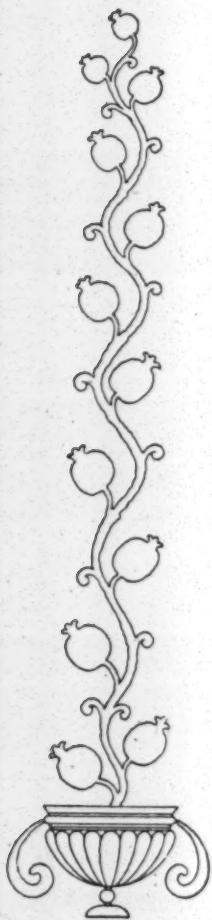
Gwenivere  
Owen Knight

Photography:

(3.14159x5)

Text:

Rudolph Neau Bundy  
Allen Holub  
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## GESTURES OF THE ART

The use of gesture in magick is as ancient as the art itself. All is movement. Partaking in the essence of the All, the magickian dances to notes struck before the groundwork of consciousness solidified. Those who would know must do. Those who would do must dance. The heart beats, the blood flows to rhythms established before the mind came to stand in the between places and interpret. The sorcerer taken by ecstasy writhes in a sacred call and response tuned to those who swim in the Great Darkness.

The gestures presented are the records of others who have touched the pulse of the Old Ones. In all certainty, this is their touching; much less certainly this may be used as yours. In all things a balance must be struck between the individual and the general; this is most important in the Great Art. Doubt All; believe No Thing. "All is permitted, nothing is forbidden." Question!

It is my suggestion that the gestures be performed before their so called explanation is read. Note your feelings upon doing the gestures. Keep a record. This is yours unique. Create and reject at Will. Through this will come success. Your success.

Know      Will      Dare      Be Silent

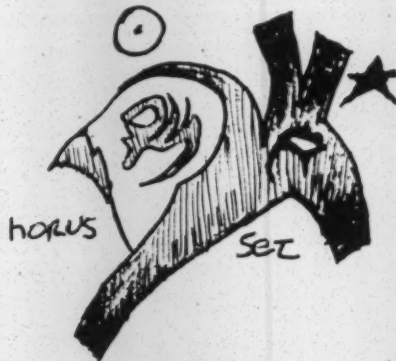


## #1 EARTH - The God Set fighting

Set and Horus are twins of Egyptian derivation. Set is identified with Darkness<sup>1</sup> and Night. Horus dwells in the Light<sup>2</sup> and is associated with the Day. The cycle of Day and Night is an enactment of their combat. This is an affirmation of the dynamic interplay of opposites, creating and destroying the universe simultaneously. The sign is attributed to the "element" earth. There are four "elements" in magickal theory. An "element" can be viewed as a grouping of phenomenon, a means of organizing the universe into particular classes. The "element" earth represents solidity and stability. The physical reality in which we spend our day to day lives. The "element" earth is symbolized by cold and dryness, Gnomes, the Disk, North and the Physical sensation of touch.

<sup>1</sup>N.O.X. (Nuit, Pan-Set, Babalon) Representing the creative spark (Pan-Set) eclipsed on one side by Nuit, nothing, the "dark" female force of the Aeon and on the other side by Babalon, the physical manifestation of Nuit. The whole representing the Night of Pan; the dark, primal part of us that resides deep within the subconscious.

<sup>2</sup>L.V.X. The inverse of N.O.X. Representing the springing forth of Horus (the Child) from the darkness of the womb. The formula representing the Rising Sun, conquering the darkness as it rises. (i.e., the process of "enlightenment" or "awakening".)



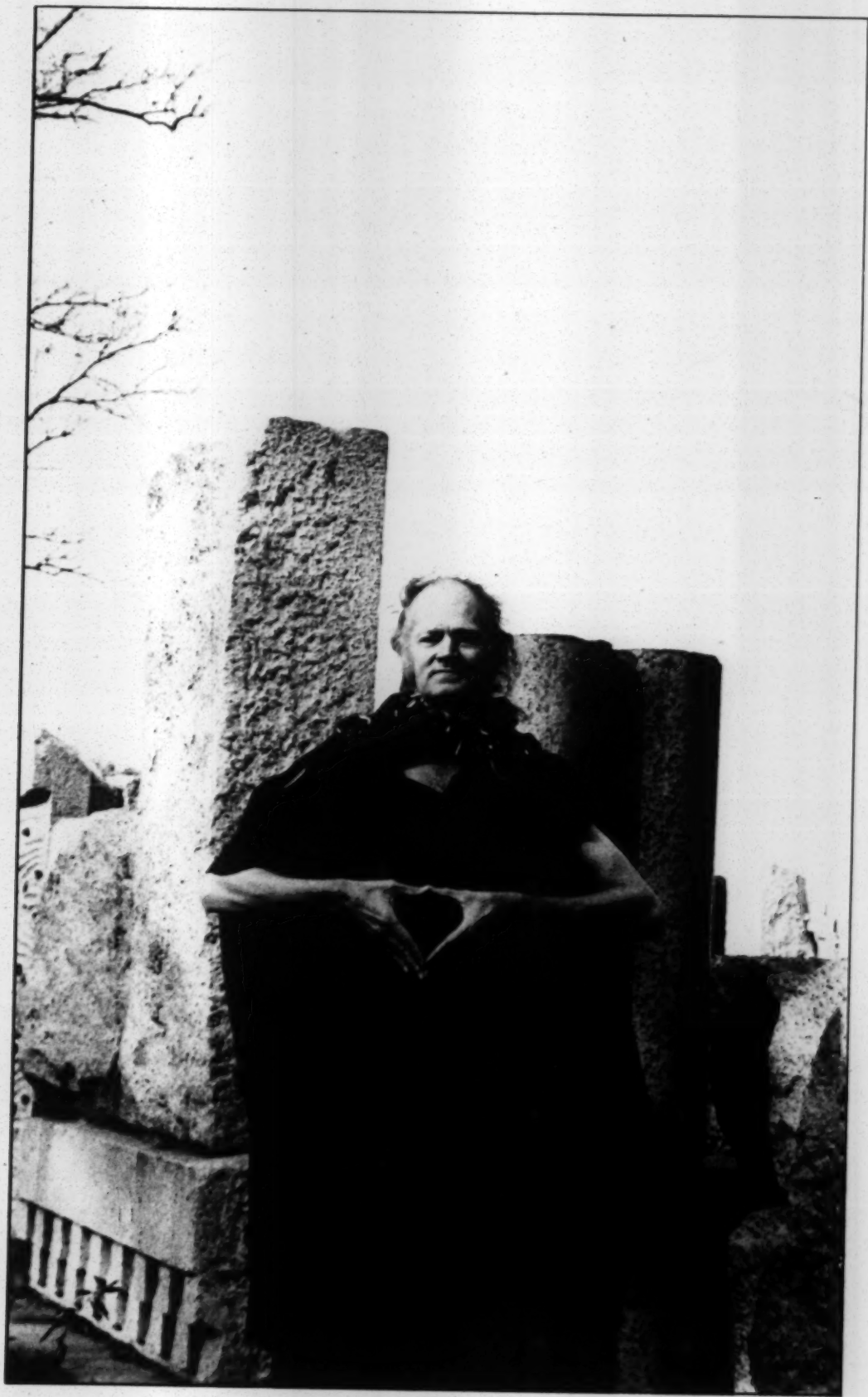


#2 AIR - The God Shu supporting the sky

Shu is of Egyptian origin. On his upraised hands, the Heavens in the form of a star-bedecked woman (Nuit) are held aloft. He kneels between the earth and the sky. The beetle Khephera, forerunner of the rising sun, leaves the darkness and enters the world through the opening made by the head and shoulders of Shu as they pierce the outer darkness. The boat of Ra (a great solar god) also passes into our world through this opening.

The "element" air represents the mobility of the intellect. It is symbolized by heat and moisture, Sylphs, the sword, East, and the sense of smell.



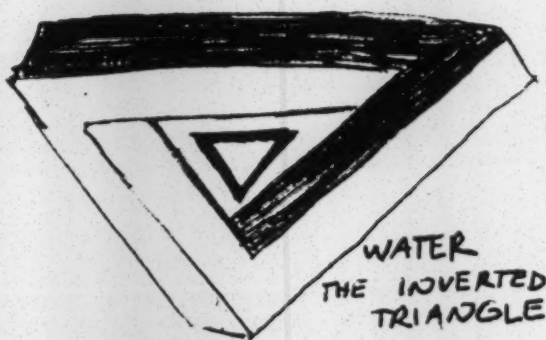


#3 WATER - A representation of its alchemical sign, the inverted triangle

Alchemy, the synthesis of opposites, is the process on which New Aeon magicks are founded. Water in alchemy is the feminine principle. The sign itself is a representation of the female sexual organ.

Water provides the means through which the creative idea manifests. The seed of thought needs water in which to germinate. It is through water that the seed is nourished. Without water, the earth remains barren.

The element water represents the mutable, flowing aspects of nature. It is symbolized by cold and moisture, Undines, the cup, West, and the sense of taste.





#4 FIRE - A representation of its alchemical sign,  
the upright triangle

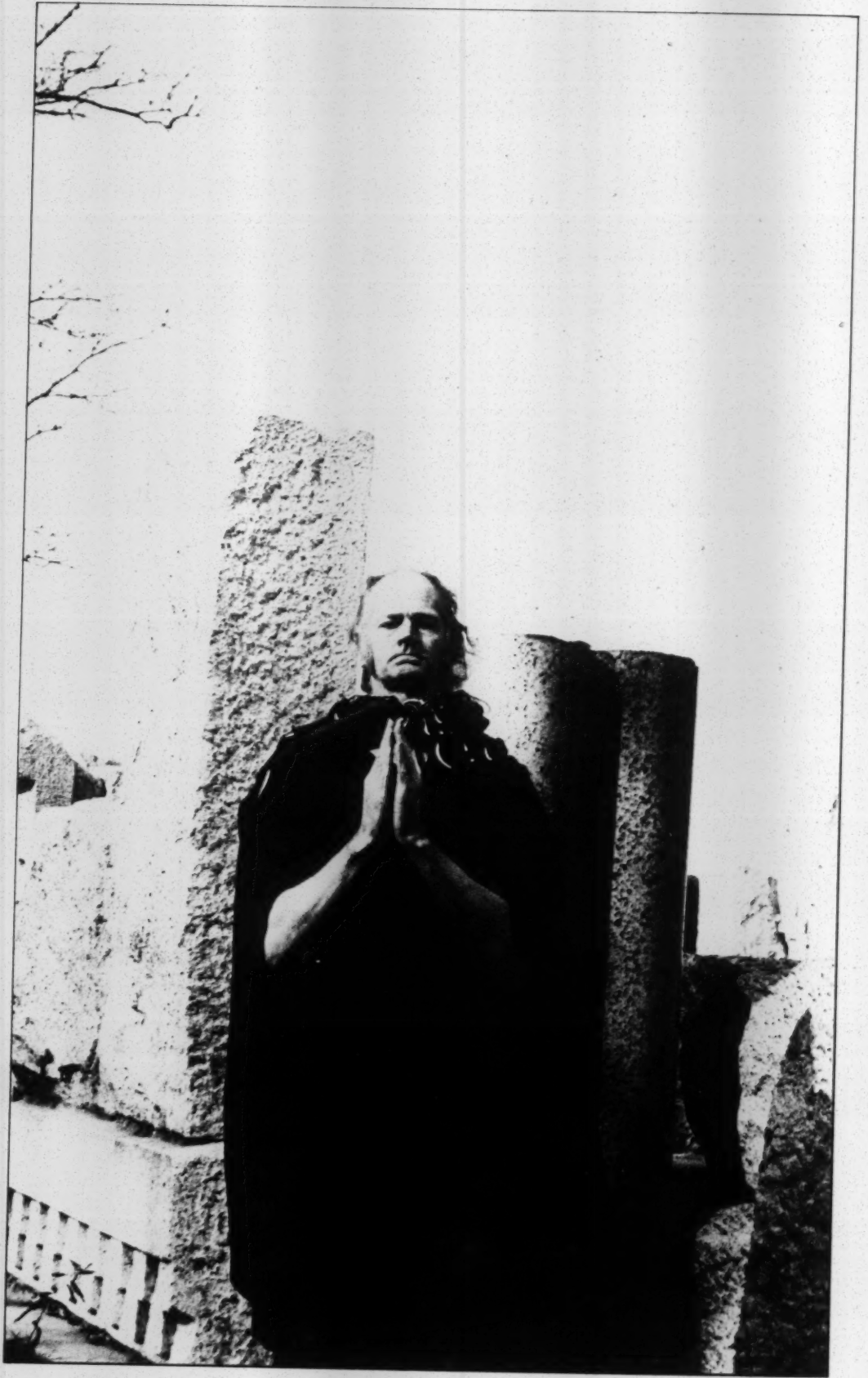
Fire in alchemy is the masculine, creative, dynamic principle. It acts as the compliment of water. The triangle stands erect on the forehead, the location of the Third Eye or Eye of Horus. It is from fire that the creative idea springs. The idea alone is of no practical value until it is realized through its union with water. The seed, nourished by water, sprouts and grows toward the Sun (Son). The synthesis of the opposites fire and water gives birth to air, the magickal child.

The element fire represents the creative force underlying and finding manifestation in Nature. It is symbolized by heat and dryness, Salamanders, the wand, South, and the sense of sight.

THE EYE OF  
HORUS WITHIN  
THE TRIANGLE  
OF FIRE







#5, #6 SPIRIT - The rending and closing of the veil

The veil is rent by love, by union. The veil itself is the feeling of separateness. On the purely physical, the veil is rent by sexual intercourse. Two become of one body. In the intellectual, two become of one mind. If one initially postulates a separateness between the individual and the universe, the rending of the veil represents the merging of the two. The veil can be seen as the culturally conditioned aspects which obscure the part of one's self in intimate intercourse with the universe. The closing of the veil represents the basic incommunicability of the experience. Spirit is the experience of union itself. The signs taken together represent birth into a higher consciousness.









#7, #8, #9, #10 - These four gestures are in actuality one gesture that moves through four positions or states. As a whole, they represent the creation of the universe.

#### #7 THE TAU

The Tau represents the point in time and space at which opposites merge. The point of pure equilibrium displaying no motion. Pure potential energy. All stands poised on the brink of the Abyss. The point of orgasm. The dark star hanging motionless in space. The hawk poised in effortless flight, about to dive.

#### #8 THE SWASTIKA

The beginning of organized movement. The establishment of direction. The generation of the Swastika, the universe in motion. The wheel spinning at such a speed that to an observer it seems still.

#### #9 THE TRIDENT

Explosion! The formally circular energy hurls itself upward and over the Abyss, concentrating itself and becoming the Star.

#### #10 THE STAR

A new order is established. The "elements" formerly in motion come to rest and the process begins anew.



TAO



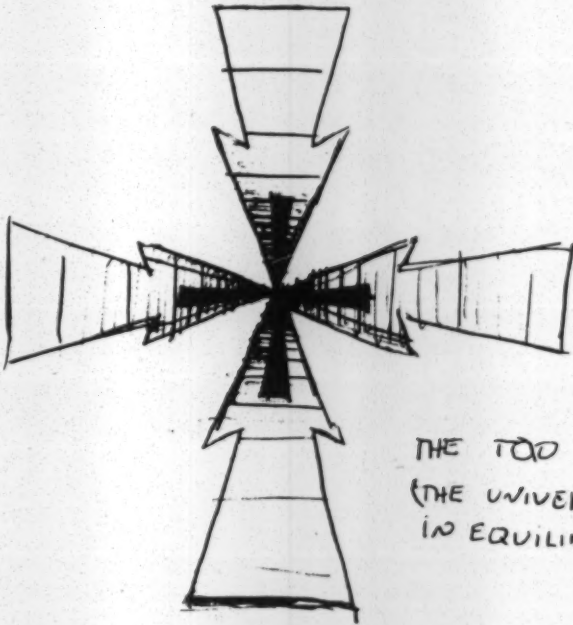
SWASTIKA



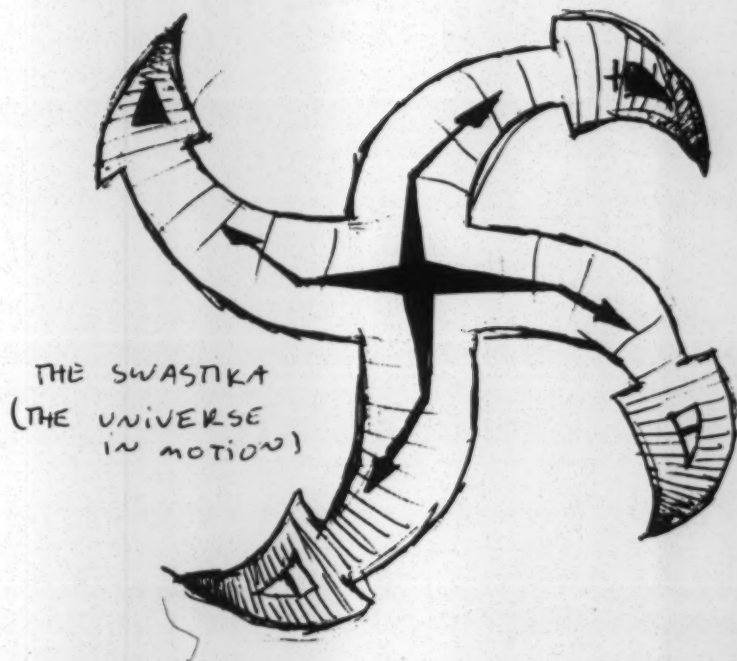
TRIDENT



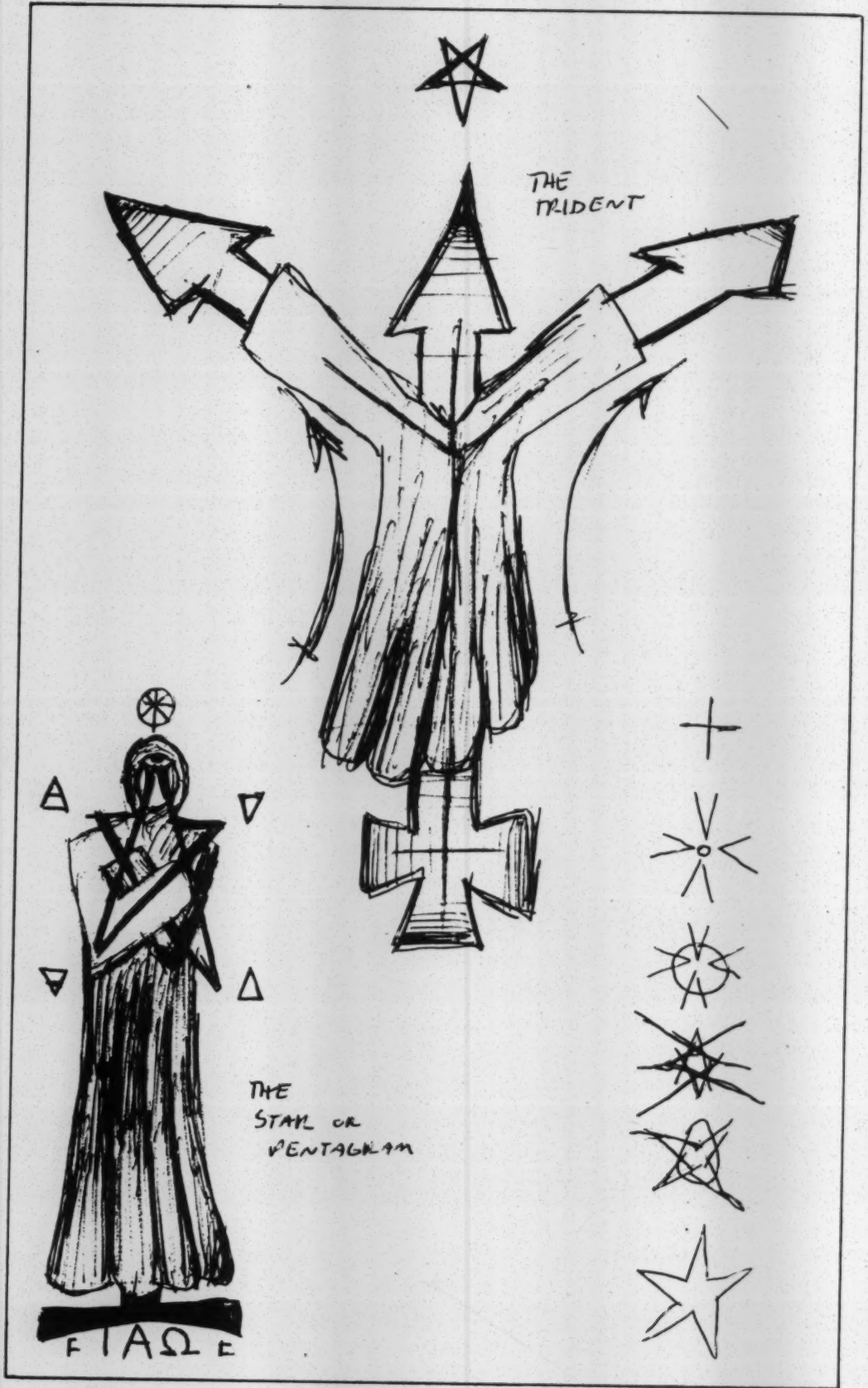
STAR



THE TAO  
(THE UNIVERSE  
IN EQUILIBRIUM)

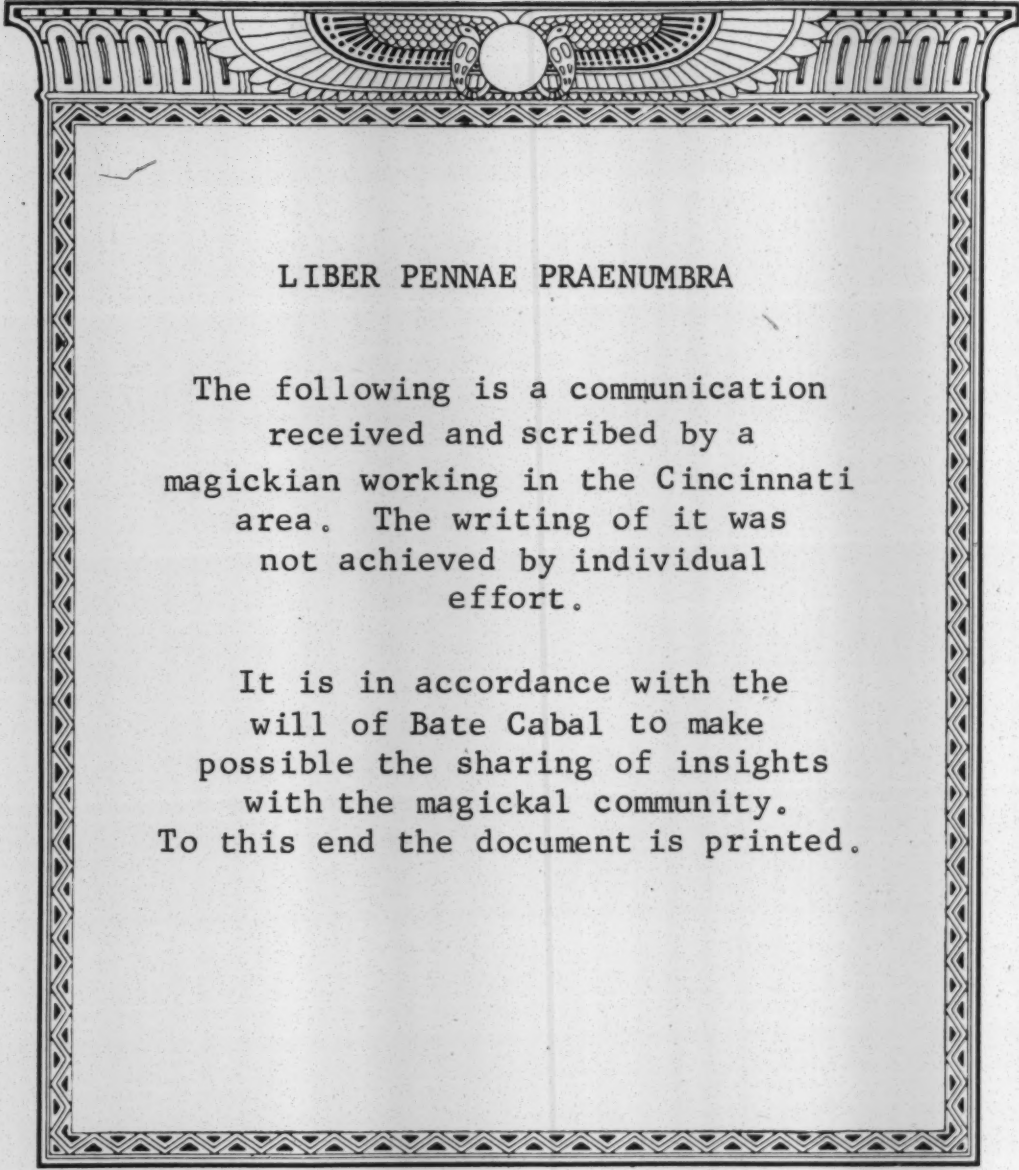


THE SWASTIKA  
(THE UNIVERSE  
IN MOTION)





Tower of Maat

A decorative border with Egyptian motifs, including a central sun disk with wings and hieroglyphs, flanked by columns and a lotus flower. The border is composed of multiple layers of geometric patterns.

LIBER PENNAE PRAENUMBRA

The following is a communication  
received and scribed by a  
magickian working in the Cincinnati  
area. The writing of it was  
not achieved by individual  
effort.

It is in accordance with the  
will of Bate Cabal to make  
possible the sharing of insights  
with the magickal community.  
To this end the document is printed.

## LIBER PENNAE PRAENUMBRA

In the Akasha-Echo is this inscribed:

By the same mouth, O Mother of the Sun, is the word breathed forth and the nectar received. By the same breath, O Counterweight of the Heart, is the manifest created and destroyed.

There is but one gate, though there appear to be nine, Mime-dancer of the Stars. How beautiful thy weft and web, a-shimmering in the fire-dark of space!

The two that are nothing salute you, Black Flame that moves Hadit! The less and less One grows, the more and more Pra-NU may manifest. Do thou now speak to us, the children of the time-to-come; declare thy will and grant thy Love to us!

### THEN SPAKE SHE THAT MOVES:

I hurl upon ye, Children of Heru! All ye who love the Law and keep it, keeping Naught unto yourselves, are ye a-blest. Ye have sought the scattered pieces of Our Lord, ceasing never to assemble all that has been. And in the Realm of the Dead have ye begotten from the Dead the Shining One. Ye then gave birth, and nourished Him.

Thy Land of Milk shall have the honey also, dropped down as dew by the Divine Gynander. The pleasure and delight lie in the Working, the Whole surpassing far the Parts together.

The Lord of Parts is placed within His kingdom, as done by Beast and Bird. The land of Sun is open but to Children. Heed the Eternal Child-- his Way is flowing-free, and suited to the Nature of your being.

A Voice crieth in the Crystal Echo:

What means this showing-forth? Is Time Itself  
awry? The Hawk has flown but threescore and  
ten in His allotted course!

She smiles, as beauteous as Night:

Behold, He spreads His pinions yet in flight,  
showering and shaking forth the Golden Light  
upon the hearts of men. And wherein doth He  
fly, and by what means? The Feather and the  
Air are His to ride, to bear him ever in His  
GO-ing.

The pylons of the ages are unshaken, firmly are  
they Set. The Day of the Hawk has but seen its  
dawning, and will see its due measure according  
to the Laws of Time and Space.

The Voice then spoke:

Then has the Vision failed? Do I behold Thee  
crookedly, thinking Thee to be Whom Thou art  
Not?

She danced and whirled, scattering starlight in  
her silent laughter.

I Am Whom I appear to be, at times, and then  
again I wear a triple veil. Be not confused!  
Above all, Truth prevails.

I am the Unconfined. Who is there to say me nay,  
to say, "Thou shalt not pass."? Who indeed may  
say, "Thy time is yet to come ", when Time itself  
is my chief serving-maid, and Space the Major-domo  
of my Temple?

Indeed, O Voice of the Akasha, I am the means  
by which you speak. By the same mouth that  
breathes the Air, do words of doubt pour forth.

In silence then, do know Me. For I am come with purpose at this time, to aid the Lovers of the Hawk to fly.

### THE WORD OF FLIGHT

WHO FALTERS IN THE FLIGHT MUST THEREBY FALL:  
THE GREATNESS OF THE GODS IS IN THE GO-ING.

When first ye fledged, Beloved of Heru, the shell which had protected long had broken. Upon the Wings of Will ye ventured forth, gaining strength and power as ye flew. Ye gained all knowledge of the Feathered Kingdom, whereby ye became as perfect as the Sun. The friends and teachers all became as brothers.

The regal Swan, the Heron and the Owl--the Raven and the Cockerel did aid ye. The Beauty of the Hawk Himself was granted, the virtues of the Peacock, the Hummingbird and Loon. The Eagle did reveal her inner nature and the Mysteries thereof--behold, ye witnessed how, with her Lion, she became the Swan. And the Ibis of the Abyss did show the Knowledge.

Ye flew, O Kings and Hermits! And ye fly even now, within the bending loveliness of NU. But there are those among ye, and below ye, who would snare your wings and drag ye from the sky.

Look well within! Judge well your Heart! If ye be pure, it weighs no more than I. It will not bear ye down to the Abyss. For Gold is Light, but Lead is fatal unto flying--plumb your own depths, in Truth and in self-knowledge.

If aught would hinder thee, it is thy doing. Behold this teaching now within the Temple.

So saying, She-Who-Moves assumed the form of the great Black Flame, growing from the central shaft and billowing out into the Void. The Children of Heru beheld in silence, and listened to Her words form in their hearts.

Behold! This lens of Stars now turning in Space before ye--men have named it well Andromeda. Through it I flow unto the holy Moondog, and thence to Ra, and thence to ye, O Priests.

Ye must not rest content whilst in the Kingdom, but strive and so exceed in what is done. In Love of the Lady of the North, and in Will of the Prince of the South, do every thing soever. In the power of the Seven-rayed Star do ye comprehend the Beast. And from HAD of the Heart do delight in thy star-arched darling.

Do all this, and then, pass beyond. Abandon aught that might distinguish thee from any other thing, yea, or from no-thing. If the fowler would snare thee, leave thy feather-cloak a-dangle in his hand and soar naked and invisible beyond!

But now! As priests within the Temple are ye here, as Kings, and Warriors, Magickians all. The Way is in the Work.

The Hidden One of the Abyss now gives the two wherein is wrought the higher Alchemy: supporting Earth is Chthonos--learn it well, and all bonds shall be loosed for the Will's Working. Surmounting Spirit, there is Ychronos, whose nature is duration and the passing-away thereof.

The two are one, and form the Kingdom's essence. Who masters them is Master of the World. They are the utter keys of Transmutation, and keys of the power of the other Elements.

The Warrior-Priests received the Keys, and placed them within their robes, to hold them hidden well above their hearts. The Black Flame danced and dwindled, becoming small, a quill pen, plumed and pointed. There being naught upon which to write, one among the Priests came forth, and laid his body's skin upon the altar as living parchment.

She-Who-Moves wrote thereupon a Word, but shew it not before them. In patience waited all the Kings and Hermits, assured full well of final Understanding.

The Feather grew again, and rounded close its edges, becoming to their eyes the Yonilignam. The image came of Ancient Baphomet, the Horned One, who spoke:

Of old ye knew the Key of the Two-in-One conjoined. Ye have lived and loved full measure as NU and HAD, as PAN and BABALON. The Mystery of mine own image do ye also know, for such a Truth was for the ancient Orders of the East and West.

Bipartate has the Race of Man been in its span. The Father and the Mother made a Child. I am the elder of the Children, true--but now the younger rises to His Day.

The nature of true Alchemy is that it changes not alone the substance of the Work, but also changes thence the Alchemist. Ye whose Will it is to Work thereby, behold mine inverse image, and consider well its meaning for thy Task.

cont'd...

## THE SHOWING OF THE IMAGE

From out the Yonilignam drifted forth a Cloud,  
violet and light-shot. In the misty heart thereof  
a sound arose, vibrating soft, yet filling every-  
where.

Jeweled and flashing rainbow-lights from wings,  
there hovered in the midst an humble BEE. Striped  
gold and brown, soft-haired and curved in form,  
it shone its eyes unto the Priests and Kings  
assembled.

Spoke then She-Who-Moves from out the mist  
surrounding:

This is the symbol of the Work-to-come. The Great  
Gynander in its Earthly form. The Magickian shall  
grow like unto the BEE as the Aeon unfolds, a  
leader and sign unto the Race of Man.

What then of its nature doth the BEE show forth?

Behold, it is not male nor female in the singular.  
It labors forth by day in constant flight, an  
egoless do-er, whose Will and the Hive Will are  
but one.

It gathers up the flower-nectar, flies to Hive and  
there, in pure Comm-Union, doth in its very body  
Transubstantiate.

The Nectar is now Honey. Bee to bee, it is trans-  
ferred, speaking all Hive Mysteries from and to  
each mouth. By the same mouth that first ingather-  
ed, is the Honey spent, the secret Alchemy within  
the Centres turning Silver---Gold.

The Hive now lives, immortal. With queen and  
workers, drones and builder-bees, soldiers, foster-  
mothers--all are one. In constant life-renewal,  
the Hive breathes as One Being--for so indeed it

is. In the Will of the Hive is the Will of the Bee fulfilled. Each in its appointed place, the Bees work out their Will in ordered harmony.

The image fades. Now the poised Plume moves in dancing fashion, unfolding from the center shaft long wings, transforming to the shape of the dark Vulture.

But know, O Children of the Hawk, a Man is not a Bee. He may profit from the image thereof, to learn of Wisdom in the Working. Behold in Me another image for thy heart's instruction.

There rose before their eyes the Tower of Silence, wherein the Lovers of Fire lay their dead.

The Vulture form alighted soft therein, and ate the flesh from corpses, to the bone. The wind howled, desolate, in this fearsome place, fluttering the cerements about the ivory bones.

Silently, the Winged One stared, gore smeared about her beak. Into the eyes of each Priest there assembled, her baleful gaze did search. In perfect peace did they behold her searching, for each, as Warrior, had made of Death a brother. Deliberately then, she unfolded out her wings, and took to the wind, and soared up from that place.

#### THE GIVING OF THE WORD

Eternity then reigned, Infinite the veil that hung about them.

Somewhere, sometime, the veil parted for a moment, and She-Who-Moves strode forth. More comely than mortal woman ever was, She glowed in radiance of pearl and amethyst. Fine pleated linen was Her gown, girded in gold and silver, and on Her head,

a nemyss of starred blue. Her crown was but a single plume, free-standing, and in her hands the Ankh and Wand of healing.

Unto each Warrior-Priest she moved, embraced and kissed them. Then, seated in the midst, She spoke as comrade equally-ranked.

"All ye who practise well the High Art, hearken. There shall be nothing hidden from thy sight. All formulae and Words shalt thou discover, being initiated by those whose Work it is to aid the Law of Will.

"Ye have worked well in all that has been given; upon the Tree of Life are ye founded. In Tetragrammaton have ye proceeded; in all the Beast hath given have ye practised well. Ye have become Hadit, and NU, and Ra-Hoor-Khuit also. As Heru-Pa-Kraath did ye abide in silence. Ye know PAN as lover and as godform, and BABALON is bride and Self to you.

"The forces of Shaitan have ye engendered, calling forth the nexus of the ninety-three wherein to work your Will. Separation for the joy of Union have ye known, and Alchemy is Science to your Art.

"For those who know, and will, and dare, and keep in silence, it goes now further.

"In death is Life--for now as ever has it been so. The Willed Death is eternal--keep it so. Self of Ego, selfson born of Maya, must be slain on the moment of birth. The unsleeping Eye must vigil keep, O Warriors, for the illusion is self-generate.

"Constant watchfulness is the first Act--the Abyss is crossed by minutes, every day.

"If ye would dance the Mask, then mask the Dance. Exquisite must be the Art in this wise; and balance in the Centre be maintained, or else ye

shall give unwonted Life unto thine own creations.  
Tread carefully this path of Working, Mage. A  
tool, by Will devised, makes an ill master.

"Now in the Mass, the Eagle must be fed upon what  
she has shared in making. By the same mouth that  
roars upon the mountain, is the word-act of No  
Difference given.

"And when Will declares, therein shall join the  
BEE to add the gold to red and white. The  
essence of Shaitan is Nectar here, the Temple is  
the Hive. The Lion is the Flower, now betimes,  
the Eagle invokes the nature of the BEE.

"Within the triple-chambered shrine is the first  
nectar pooled. The summons of the wand of PAN  
awakens the portal-opening bliss. And from the  
third and inmost chamber, in joy supreme, the  
Sothis-gift, quintessential mead, bounds forth to  
join Eagle-tears and Lion-blood.

"Solve et Coagula. Comm-Union thereby, whereof  
the Cosmos itself dissolveth, and re-forms by  
Will. And know, if aught can be so ordered in  
the Kingdom, that three or more is zero, as well  
as older truths."

Then stirred the Warrior-Priests, and of their  
number, a nameless one stepped forth.

"We know thee, Lady, unspoken though Thy name  
has been thus far. But say now--what was  
written on the manskin? What is the word Thou  
givest?

She smiled and drew from out her robe a parchment  
scroll, shaped even as a Star. Unrolling it,  
She turned it roundabout, so all might see.

cont'd...

\* \* \* \* \*

I P S O S

\* \* \* \* \*

"What is this Word, O Lady--how may it be used?"

"In silent wisdom, King and Warrior-Priest. Let the deed shine forth and let the word be hidden; the deed is lamp enough to veil the face.

"It is the word of the twenty-third path, whose number is fifty and six. It is the unspoken Abode, wherein the Dance of the Mask is taught by Me. Tahuti watches without the Ape; I am the Vulture also.

"It is the Chalice of Air and Wand of Water, the Sword of Earth and Pantacle of Fire. It is the hourglass and tail-biting serpent. It is the Ganges becoming Ocean, the Way of the Eternal Child.

"It names the Source of Mine Own Being--and yours. It is the origin of this sending, that channels through Andromeda and Set. What race of gods do speak to Man, O Willed Ones? The word of them is both the Name and Fact.

"It is for thee mantram and incantation. To speak it is to bring about certain change. Be circumspect in its useage--for if its truth be known abroad, it would perchance drive the slaves to madness and despair.

"Only a true Priest-King may know it fully, and stay in balance through his GO-ing flight. This is all I speak for now. The Book of the Preshadowing of the Feather is complete.

Do what thou wilt shall be the whole of the Law.  
Love is the law, love under will."

Donat per Omne'  
Scriba--Nema  
Sol in Capricornus  
Anno Heru LXX

Cincinnati

# book review

Cults of the Shadow by Kenneth Grant. Frederick Muller Ltd., London 1975. 244 pp.

There is an increasing number of "seekers" who are becoming serious students of Magick, Tantra, and various systems of expanding consciousness. In my opinion, Cults of the Shadow should function as a basic text and mandatory preparation for any such student whose interest is inclined toward the Left-Hand Path.

Mr. Grant provides a historical survey of cults employing the Vama Marg, including the Afro, Egyptian and Yogic systems. Following this background presentation, he then summarizes recent and contemporary methods.

Some of the material is a recapitulation of that given in The Magickal Revival and Aleister Crowley and the Hidden God; this inclusion permits Cults of the Shadow to stand independently, and provides a more thorough understanding of the earlier works. Like his other books, the present volume transmits information on a multiple-level basis.

As a historical work, it links the dim past with the living present, revealing major manifestations of the Ophidian Current as variations on a single, powerful theme. It unifies rather than divides--a rare and perhaps unique approach in contemporary occult writings.

The book presents lucid exposition of techniques, philosophies and processes that, until recent times, have been transmitted only orally to Temple initiates. It is not intended as a practical manual, as Mr. Grant states; but for those to whom initiation has come, it is a valuable guide to the validity of experience.

An interesting feature is his explanation of the African cult, aligning the major deities on the Tree of Life and providing a comprehensive connection with the qaballah. Another positive subject is the overview of the Cult of the Black Snake, a contemporary school of Magick operating in Chicago.

Also of note is the treatment of H.P. Lovecraft and Salvador Dali--two contemporary and "unsung" Magicians of note. Mr. Grant briefly outlines his own technique of dream control, a most subtle method of employing the forces treated in the book.

The chapter on Frater Achad serves as a warning of the ever-present dangers of the Left-Hand Path. The ruin of a promising incarnation is sad testimony to the power of ego and obsession, and the fatality of the idee fixe.

In all, the appearance of another book by Mr. Grant is a welcome event. Anyone who aims to build a sound library of occult literature cannot afford to omit Cults of the Shadow.

Available through 93 Publishing, Montreal.

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We invite the public to submit reviews of occult books. While there is no set format, we do request said reviews be kept under 500 words and that they mention where the book can be purchased.

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# POETRY

by  
owen knight

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## THE GREAT WHEEL OF ARTHUR

### IN THE BLUE HEAVENS OF THE SKY

In the sky's blue heavens,  
I saw that great wheel, King Arthur at his table,  
Grey King Uriens at his side,  
Tall Kay next to Lord Horns  
And Lord West Wind was there.  
King Melwas was there from the land of Summerwhite.  
The Green Knight sat next to dark visaged Death.  
Next sat Sir Lugh Longspeare.  
The one eye of Balor peered over the table.  
By him wagged the beard of the Lord of the Woods.  
Sir Mighty Grasp sat next  
And angry, red faced Sir Sun was there.

### THE PLOW OF ARTHURS

I took myself to see the Fool,  
While searching for the wise and good.  
With me were Lugh Longspeare and Kay  
And Killer Jack and Hyvith Hood  
    Flow, you mighty waters. Blow, winds, blow.  
I asked him for a silver star.  
He smiled as if he understood.  
With me were Lancelot of the Car  
And Bog Demagus of the Wood  
    Flow, you mighty waters. Blow, winds, blow.  
    A star I asked. He gave me but a plow.

## CEREMONY ON MAY DAY

In and out around the tree sail the winds. They  
Whirl and pass and blow the seasons from the sea.  
There glide virgin bodies bare.  
White robed druids bend and mumble in the  
Silver morning breeze, in the gray of morning  
Shadow, calling chaos from the tree.  
The oak tree wrinkled up its bark, "A thought  
Torn out of chaos eye is shadow for a tree to bear."  
A root flys out in flapping fire. Light wind  
Whistles from the sky, blackens to a savage eye.  
"A man is mighty like a crow. Within the mask  
There is the eye alike the void of the sky.  
Like a season filled with rain, within the eye  
There is the brain. Within the brain there is the  
Where which is a nothingness more than air.  
Within the where there is the why, the mixture of  
A tear and sigh and like the things that might  
Have been, within the why there is the when.  
In an absence, there's as much as in a when.  
And, two and two no longer equal four.  
All the dark begins to curl, the darker threads  
Begin to whirl like reasons searching for a why,  
Like hammers wagging at the sky.  
The oak trees dance on threads of light.  
Black birds blink into the night. Cloud shapes  
Shudder into stone. Skulls turn into waterbone.  
The serpent tails devour the heads.  
A greater dark devours the threads."  
A yawn now widens to a grin, "The heart is eaten  
By the skin." Wide expand the lips of bark,  
"And the dark devours the dark."  
The leaves fade into shades of brown and dry  
And earthward flip and flutter from the branches  
High. The withered twigs and brittle sticks are  
Tossed upon the fallen leaves as if by a winter  
Frost. The songbirds cease their singing and take  
To the air. The bleached bark splits and peels  
From the great limbs leaving them bare.  
The oak tree wagged its weathered chin,  
Wrinkled up a brow to think, felt the knowledge

All depart, grimaced in a crooked grin and  
Wiggled out a hooded wink;  
Although, the effort broke its heart.



### BLUE DRUID MARCH

A hazy mist that suddenly appears  
and silently steals away  
And with the mist  
a noiseless column of blue moves  
with easy flowing motion

Grey blue jackets  
Grey blue caps  
Beard and face with a blue tint  
Dignified step and solemn face  
March in the early morn

They pass as if on some urgent mission

A little gust of wind and the mist lifts

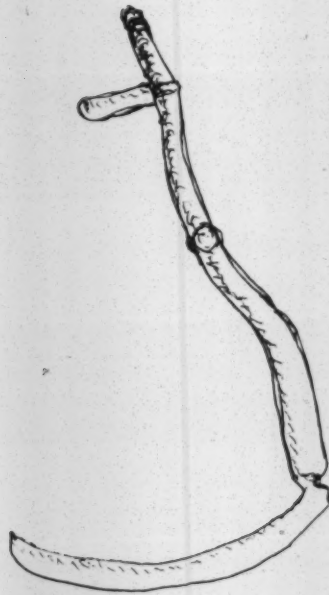
A little ripple of blue  
as a rock thrown into a silent pool  
and the druids vanish

### NOTE

I am told of an herb which, because of protective properties ascribed to it, was rubbed on the skin of people who would be going into dangerous situations. Incidentally, it stained the skin blue.

## RACE WITH JACK HOOD

As I was riding, riding, riding,  
Jack Hood I saw coming, coming.  
Old Red Eye I began whipping, whipping.  
Darkness of evening was dripping.  
Roots and rocks and ruts I was jumping.  
Silent dark trees I was passing.  
Old Hide I was whipping, whipping, whipping.  
Darkness was welling, welling.  
As I was cursing, cursing, cursing,  
Jack Hood was humming, humming.

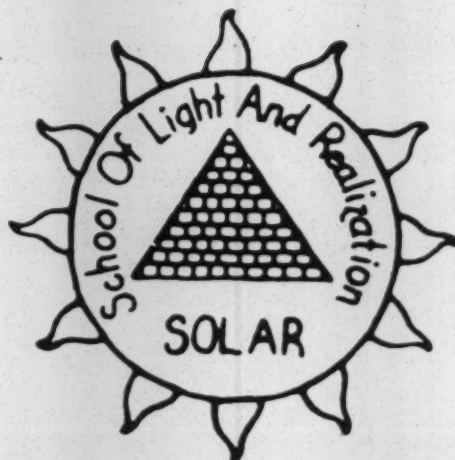


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Printed with the deepest gratitude. Bate Cabal wishes to thank Mr. Knight for this beautiful addition to the first issue of the Journal. Your presence is an inspiration to all of us.



# SOLAR



Wisdom School of North America

THE STORY OF SOLAR  
IS THE STORY OF  
A MAN AND HIS VISION

"We all drink from the same well of  
truth, but at different depths."

Norman Creamer

School of Light and Realization was founded in 1971 by Norman Creamer. During a relatively short but highly successful career as a life insurance salesman, he found that business achievement was lacking a necessary ingredient, even when incorporated with humanitarian ideals. Norman left his position at age 35 to devote a full time effort to spiritual teachings.

During a ten year simultaneous period, Norman received direct tutelage from two Masters of an ancient Egyptian order. Revelations were imparted to him at this time to establish a school where children and adults could develop their true potentials for the betterment of the human race.

SOLAR is such a school. Patterned after the ancient Wisdom Schools of Egypt, SOLAR seeks to teach cooperation instead of competition, balance as a way of life, and service as a building block for the coming of the New World Order. The World Awareness Class, inaugurated by Norman, is just one example of the inclusiveness stressed at SOLAR. Students of this class learn to recognize the mass of social problems and world crises as a continuous and related chain of events in cosmic unfoldment.

In addition to receiving guide lines for the building of the school, a futuristic mission was also revealed to Norman: to alert the masses of the coming of a New Age. With the incoming Aquarian energies descending in increasing force, Norman is now actively engaged in communicating

to all those seeking truth, the keys to successful transition into this period.

The chaos of the world and the inability of any one personage to unite mankind clearly indicates a time for change. The stage is set; humanity cries out for a solution. America - Country of Spiritual Destiny - is about to reap Her true heritage.

#### THE PLAN AND PURPOSE OF SOLAR

"If you give a man a fish,  
you feed him for a day.  
If you teach a man to fish,  
you feed him for a lifetime."

The foremost objective of the School of Light and Realization is to train men, women, and children for discipleship and a life of service in the New Age we are moving into. With their increased knowledge of themselves as extensions of God, and their ability to problem solve in a practical and intuitive manner, the New World Servers will unite for the betterment of mankind.

Learning evolves through a blending of academic and practical pursuits. The goal of our students is a balanced philosophy of life extracted from all religions and philosophies, both Eastern and Western. This world needs disciplined, self-directed people who are idealistic in their scope, and practical in their approach to life.

It is the Solarian lifestyle that is the greatest teacher, for it personifies the passport to Aquarian living--cooperation. SOLAR is pioneering a new way of life and education based on example. Character, that elusive quality of greatness, must be demonstrated by the elders at all times so that the younger students will not lose sight of their

standards.

Plato's concept that man learns through emulation is the cornerstone of Solarian education. Adults and children in the school are expected to measure themselves against the highest models. Mediocrity, so long an American fixture, must be transcended. SOLAR believes that the seed of greatness lies within everyone, but that the seed needs the proper conditions to grow. It is SOLAR's aim to create those conditions.

Finally, the purpose of SOLAR is to prepare the way for the ushering in of the New World Order by:

- 1) promoting the development of the mental and spiritual aspect of man through education, so that one day he may consciously unify with his soul;
- 2) communicating to others the reality of change within their own being through desire, right motive, and self-imposed discipline;
- 3) alerting the masses of the necessity of change and right human relations for the coming of a great Avatar who alone can bring about world peace.

#### CURRICULUM AND ENTRANCE REQUIREMENTS

"Sow a thought, reap an action;  
sow an action, reap a habit;  
sow a habit, reap a character;  
sow a character, reap a destiny."

The Solarian curriculum has seven basic stages of achievement aimed towards providing a total educational experience from the age of birth to

age 42. Level one begins with the control and mastery of physical disciplines, while the final step denotes a spiritual evolution, or the development of spiritual gifts and mastery of the self. Everyone at SOLAR is a student, and constantly involved in learning at one or more levels of growth.

SOLAR has a racially and ethnically non-discriminatory policy in relationship to all students and applicants. This includes all admissions, school activities, extra-curricular activities, and the use of all facilities. Courses of study in the children's school include fundamental programs of grammar, mathematics, and science.

In addition to the basic subjects, Solarian students learn of the esoteric significance of such topics as: color and sound; electricity and magnetism; power of the mind; astrology; symbology; and the laws of polar union. Courses are not taught as isolated bits of information, but as unifying parts of God's total creation. With this in mind, multiple parallels and a broadness of thinking open the door to many more educational learning situations. Creative ideas and expressions are encouraged, not stifled, at SOLAR.

As the child grows and masters the basic skills of computation and language, the structure of the educational program permeates to a greater degree into the fabric of his own life. Curricula are devised by student and teacher together to fit the student's needs and inclinations.

As an adult, the day to day experiences form the educational program, with formal classes as islands in the sea of life. These structured adult programs provide the necessary tools for introspection, and a vantage point for viewing one's world. Regularly scheduled classes include: Communication Techniques; World Awareness; and Esoteric Teachings for the deeper philosophies.

In all respects, the curriculum at SOLAR stresses the necessity for the student to draw out from within, to creatively problem solve, and to transfer what is learned on the mental and spiritual levels into physical manifestation. Students who have gone on from SOLAR to new experiences find themselves better equipped to understand themselves and others. One former student writes about his stay at SOLAR:

"Since I have been away for a while, I can understand a little more about things like discipline and dedication. I can see how important a part it has been for everyone's life that plans to be someone. I've learned what a positive outlook on life can do for a person and his friends and family. Sure, I've read Norman V. Peale, but I never realized the power that was behind him. I've learned about God's plan and how I can do as much or as little to help the plan along, and learning that is an obligation in itself.

All these things that were in the back of my mind before I came to SOLAR, surfaced while I was there and have enriched my life so much since then... What all this has lead up to is that I want to thank you for making 1974 a turning point in my life, and to tell you what a good thing I think SOLAR is doing for the world."

A Message from Norman Creamer ...

"From my travels through Napoleon Hill's Think and Grow Rich and Claude Bristol's Magic of Believing, onward to the ancient teachings of the Essenes and the Aquarian Age Alice Bailey books, I have formulated an educational opportunity for multi-dimensional living that offers a key which will open the door to any and all human endeavors.

"Noel Street, internationally known clairvoyant, was asked as a channel of Spirit if SOLAR was the New Age preparatory school as outlined in Alice

A. Bailey's Letters on Occult Meditation. The answer was, "Yes". What a great privilege to be a part of building a school which will house the greatest scholars, humanitarians, and New Age Servers - those leaders who will be trained to help usher in the Golden Age for the mass of men. The Golden Age is not a physical location but a state of mind, a condition of the soul, and a manifestation of human activity upon the physical plane.

"For most humans destiny is written, but for those living and working at SOLAR, destiny is being created."

#### GENERAL INFORMATION

SOLAR is located about 15 miles north of Traverse City, Michigan, in a picturesque valley of the Leelanau peninsula. The 304 acres that presently comprise the school grounds are especially conducive to educational experience and growth. Amidst the quiet of the rolling hills, assorted fruit trees, and fresh streams, nature paths provide outdoor classrooms and work projects.

SOLAR is a non-profit, tax exempted organization with educational facilities approved by the State of Michigan. The organization supports itself through the production of arts and crafts, and fruits, vegetables, eggs, and trout grown on the property. Facilities include classrooms, a nursery, a dining hall, barns, student housing, and craft shops all set in clusters in their natural environments. Future expansion is planned for student housing, classrooms, and a temple.

Visitors to the school are welcomed by appointment. For additional information, write or call: SOLAR, Rt. 1, Box 72, Roubel Rd., Suttons Bay, MI. 49682. 616-271-3621

SUMMARY OF PROGRAM OF LEARNING

<u>SECTION</u>	<u>AREA OF DEVELOPMENT</u>
I	Physical Discipline
II	Vocation
III	Domestic Divinity & Communication
IV	Reason
V	Sensitivity
VI	Philosopher-Leader
VII	Inner Mysteries

\*\*\*\*\*

GENERAL DISCIPLINES & STUDY

<u>SECTION</u>	
I	1) Co-operation 2) Endurance 3) Service
II	1) Laws of Success 2) Laws of Mind 3) Concentration
III	1) Aquarian Man and Woman (Marriage) 2) Parent-Child Relationship 3) Communication
IV	1) Mathematics 2) Relationships 3) Correspondences 4) Logic 5) Philosophy

General Disciplines & Study Cont.

SECTION

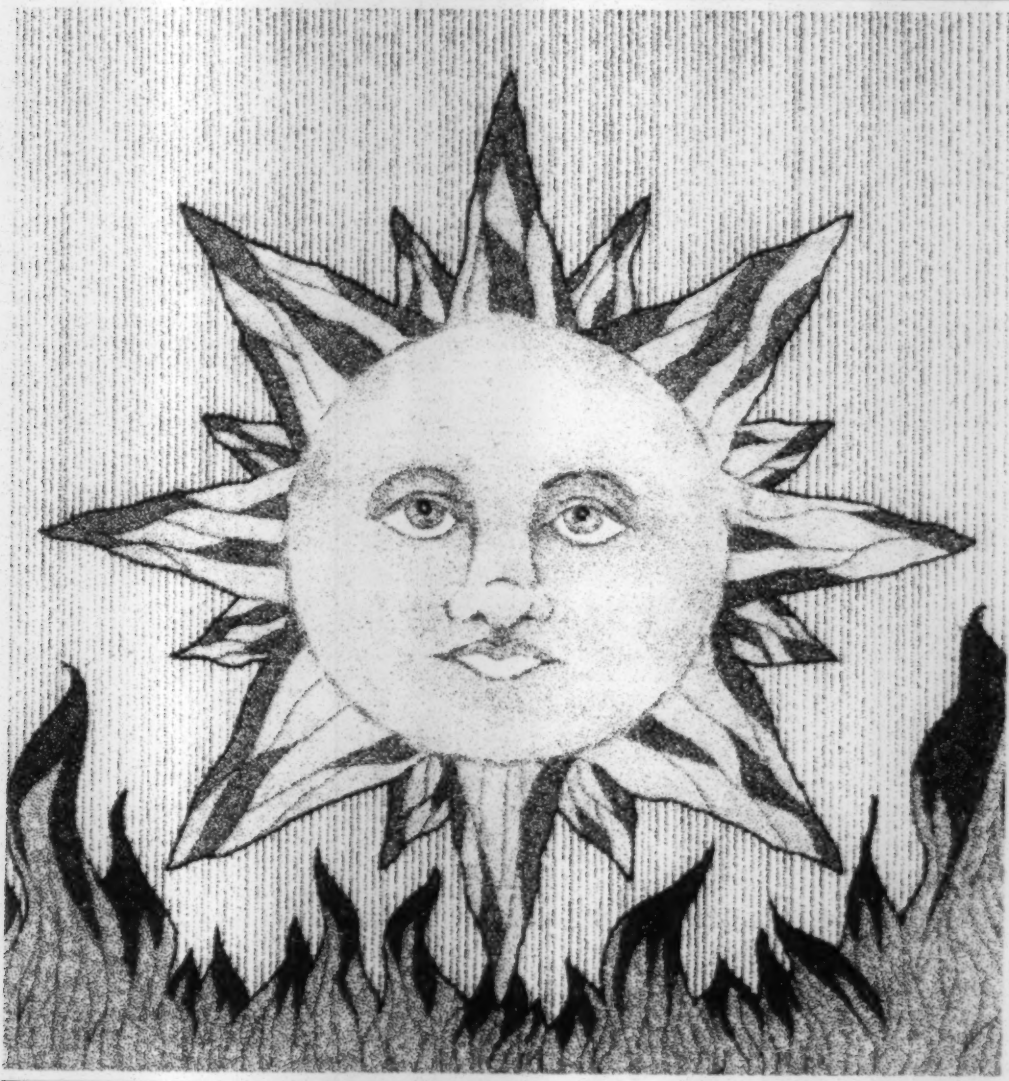
- V
- 1) Awareness
  - 2) Astrology
  - 3) Rays
  - 4) Sensitivity and Impression
- VI
- 1) Merging of Abstract & Concrete
  - 2) Meditation
  - 3) Healing
  - 4) Telepathic Communication
- VII
- 1) Contemplation
  - 2) Esoteric Studies

Those living in the Cincinnati area wishing to make contact with SOLAR are asked to get in touch with Pat Hitzler, the school's representative in Cincinnati

Phone 563-6430

Or Write 3996 Malaer Dr.  
Sharonville, Ohio 45241

Visitors to the school are received only by appointment.





## NIGHT OF PAN



COME DANCE IN THE FOREST  
COME RUN IN THE FIELD  
HOLD BACK NAUGHT  
YEILD!

TO THE NIGHT OF PAN  
TO THE NIGHT OF PAN

COME FROLIC IN FIELD  
CALL THY GOD IN  
OPEN TO THE JOY  
ECSTASY, NOT SIN

IN THE NIGHT OF PAN  
IN THE NIGHT OF PAN

FROM FAR GONE TIMES  
FROM FAR OFF LANDS  
REACHING OUT  
TO GRASP THY HAND  
O, NIGHT OF PAN  
O, NIGHT OF PAN

SONG IN HEART  
PIPES PLAYING SWEET  
FOR THE CHILDREN OF NIGHT  
FOR FLOCKS IN HEAT

FOR THE NIGHT OF PAN  
FOR THE NIGHT OF PAN

TEMPLE IN THE HILLS  
SPIRITS IN THE TREES  
MOON RISING HIGH  
WHISPERS IN THE BREEZE  
THE NIGHT OF PAN  
THE NIGHT OF PAN

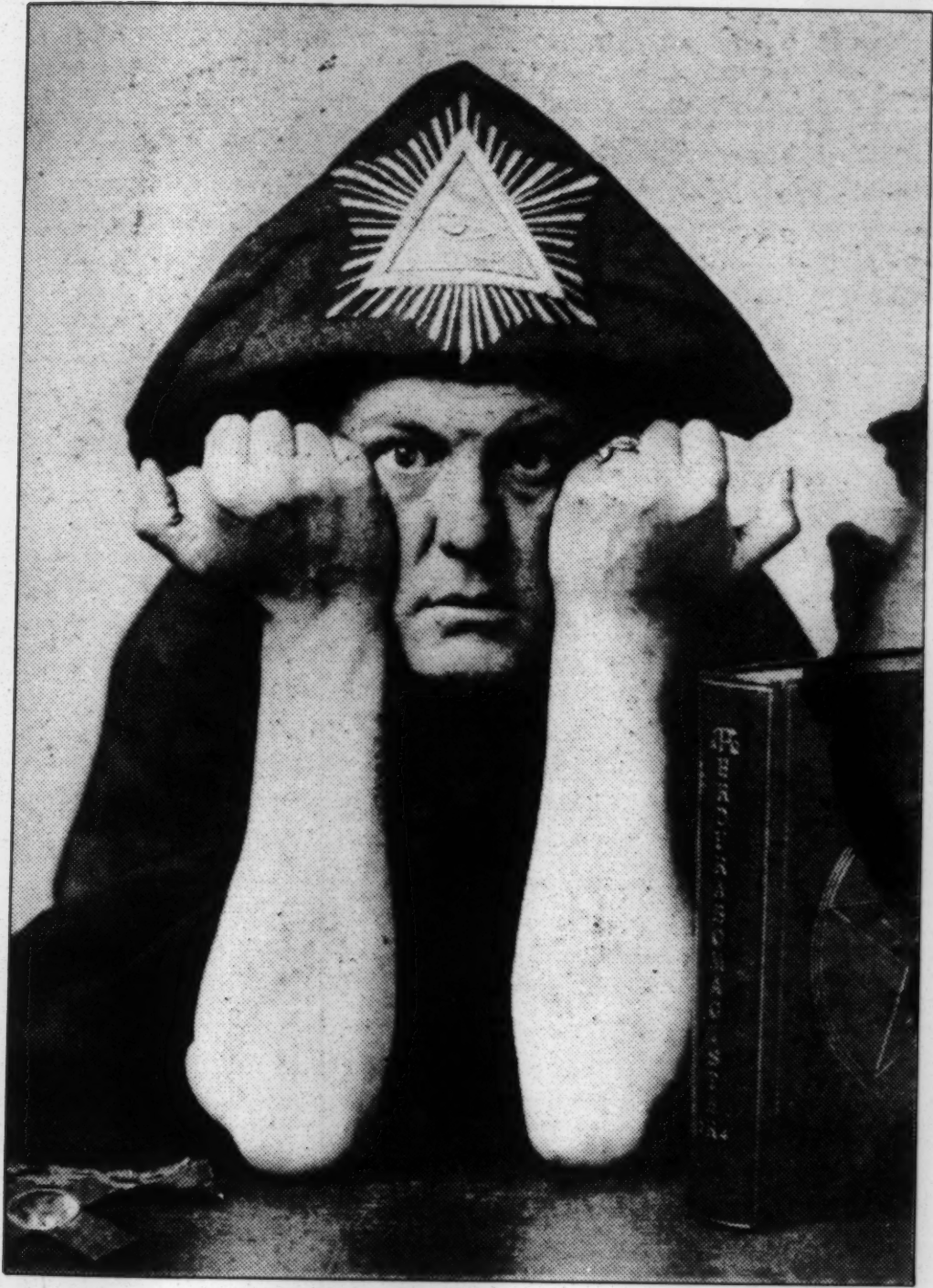
CHILDREN OF NIGHT  
NAUGHT MORTAL MAN  
SILVER HUED GODLINGS  
CHILDREN OF PAN

THE NIGHT OF PAN  
THE NIGHT OF PAN

WINE OF BACCHUS  
GOD OF THE FIELDS  
INTOXICATED CHILDREN  
UNAFRAID TO YIELD  
TO THE NIGHT OF PAN  
TO THE NIGHT OF PAN

SONG & DANCE  
LAUGHTER SWEET  
SHEPHERD OF THE FLOCKS  
WITH CLOVEN FEET

O, NIGHT OF PAN  
O, NIGHT OF PAN



CHILDREN OF NIGHT  
NAUGHT MORTAL MAN  
SILVER HUED GODLINGS  
CHILDREN OF PAN

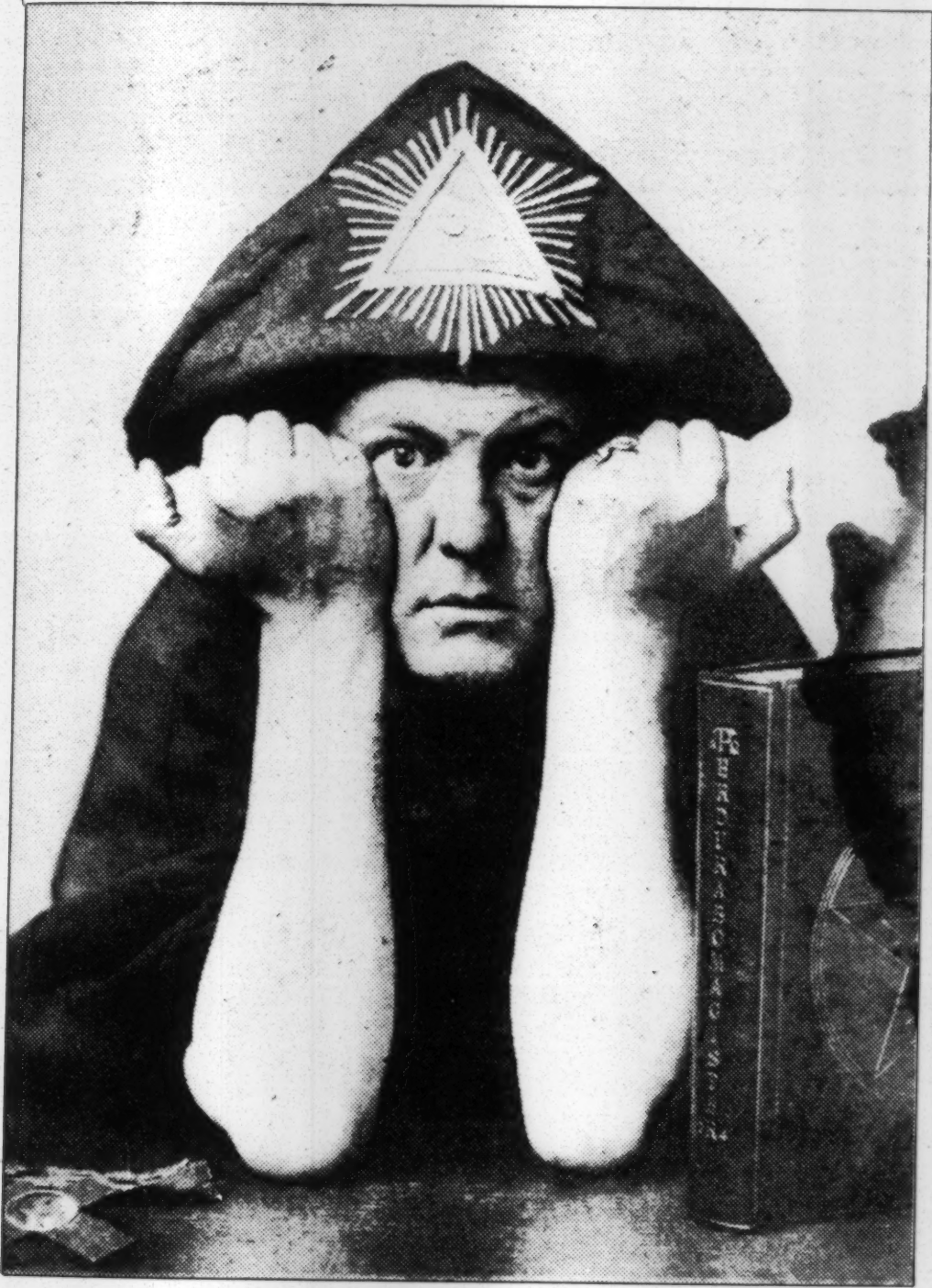
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O, NIGHT OF PAN  
O, NIGHT OF PAN

7



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# OVERTURE TO DEATH

D. P. MacDonald

In February of 1936, Budapest Police were investigating the suicide of a local shoemaker, Joseph Keller. The investigation showed that Keller had left a suicide note in which he quoted the lyrics of a recent popular song. The song was "Gloomy Sunday".

The fact that a man chose to quote the lyrics of a little-known song may not seem very strange. However, the fact that over the years, this song has been directly associated with the death of over 100 people is quite strange indeed.

Following the event described above, seventeen additional people took their own lives. In each case, "Gloomy Sunday" was closely connected with the circumstances surrounding the suicide.

Among those included are two people who shot themselves while listening to a gypsy band playing the tune. Several others drowned themselves in the Danube while clutching the sheet music of "Gloomy Sunday". One gentleman reportedly walked out of a nightclub and blew his brains out after having requested the band to play "The Suicide Song".

The adverse effect of "Gloomy Sunday" was becoming so great that the Budapest Police thought it best to ban the song. However, the suppression of "Gloomy Sunday" was not restricted to Budapest, nor was its seemingly evil effects. In Berlin, a young shopkeeper hung herself. Beneath her feet lay a copy of "Gloomy Sunday".

In New York, a pretty typist gassed herself

leaving a request that "Gloomy Sunday" should be played at her funeral.

Many claim that broken romances are the true causes of these suicides. However, this is debatable. For instance, one man jumped to his death from a seventh story window followed by the wailing strains of "Gloomy Sunday". He was over 80 years old! In contrast to this, a 14 year old girl drowned herself while clutching a copy of "The Suicide Song".

Perhaps the strongest of all was the case of an errand boy in Rome, who, having heard a beggar humming the tune, parked his cycle, walked over to the beggar, gave him all his money, and then sought his death in the waters beneath a nearby bridge.

As the death toll climbed, the B.B.C. felt it necessary to suppress the song, and the U.S. network quickly followed suit. A French station even brought in psychic experts to study the effects of "Gloomy Sunday" but had no effect on the ever climbing death rate.

The composer, Rezso Seress, who in 1933 wrote "Gloomy Sunday", was as bewildered as the rest of the world. Although he wrote the song on the breakup of his own romance, he never dreamed of the results which would follow. However, as fate would have it, not even Seress could escape the song's strange effects.

At first he had a difficult time getting someone to publish the song. Quite frankly, no one would have anything to do with it. As one publisher stated, "It is not that the song is sad, there is a sort of terrible compelling despair about it. I don't think it would do anyone any good to hear a song like that."

However, time passed and Seress finally got his song published. Within the week "Gloomy Sunday" became a best seller, Seress contacted his ex-lover

and made plans for a reunion. The next day the girl took her life through the use of poison. By her side was a piece of paper containing two words -- "Gloomy Sunday".

When questioned as to just what he had in mind when he wrote the song, Seress replied, "I stand in the midst of this deadly success as an accused man. This fatal fame hurts me. I cried all of the disappointments of my heart into this song, and it seems that others with feelings like mine have found their own hurt in it."

As the months went by and the excitement died down, the B.B.C. agreed to release "Gloomy Sunday", but only as an instrumental. This version was later made into a record. A London policeman heard this particular arrangement being repeatedly and endlessly played in a nearby apartment. He considered this to be worthy of investigation. Upon entering the apartment, he found an automatic phonograph playing and replaying the tune. Next to it was a woman, dead from an overdose of barbiturates. It was this incident which prompted the B.B.C. to reimpose its ban on the song. To this day it has not been lifted.

As a final note, "Gloomy Sunday" was introduced to the U.S. market in 1936. However, getting it recorded was no easy matter. Bob Allen and members of the Hal Kemp band were the first to record "Gloomy Sunday" in the U.S. They were noticeably affected while making the record. It took twenty-one takes to turn out a record good enough to publish. Few people who have ever listened to the melody and lyrics fail to confess that it has a horribly depressing effect.

Finally, it is not surprising to note that Rezso Seress, the composer of "Gloomy Sunday", committed suicide in 1968.

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Set

A SYSTEMATIC APPROACH TO  
ONE-ON-ONE MAGICKAL ASSAULT

Magickal assault, one person contending with another, is a tricky subject. This article covers one solution to the problem. It is by no means the only one, but it does work.

The first step is to obtain some sort of talismanic link with the individual who is the object of the attack. This link will act as the conductive medium through which the attack will flow. Talismanic links may be divided into three types; Physical, Mental and Astral.

A physical link is some material item related in some way to the object individual. By tradition, a strand of hair or a nail paring is the best. Handwriting is also good, especially if it is something that the object individual concentrated on as he produced it. This puts more of "himself" into it, relating it strongly to his own mind. Items of personal property will also work, the more personal or favored, the better.

The second type is the mental link. This is easily obtained if the object individual is known to the attacker. Pet expressions, recalled with their pronunciation and intonation, are excellent, since they conjure the image of the object individual, his ideas, habits, and manners to mind. Ideas or problems which concern the object individual should be considered. If these are very important to him, enough that he keeps them ever in his mind, they will work.

The last is closely related to the second. This is the Astral or emotional link. If there exists a mutual emotional tie between attacker and attacked, regardless of its nature, then a link is established. Some feeling toward a third party,

which is the same for both persons, is also usable, although in such cases great care must be taken to keep the wrong person from being harmed.

The choice of link depends on the attacker. It is he who must work with it so he should pick the type that seems best suited to him and his purposes. The degree of success depends on the ability of the attacking Magickian to work with his tools. Once the link is obtained, the attack may begin.

The first step of the attack itself is to establish identity between the attacker and the link, thence proceeding to identification of attacker-link-object individual. First, consider the link strictly as an object, an "item" in the universe. Examine it as one would a rock. Note its size and shape, its concepts and ideas, its nature and substance. View it objectively, then move toward contemplation of the mental, or purely conceptual nature of the link. Think of the item as if you were in the place of the object individual. What does He think of this? What ideas does this hold for Him? See the link as an extension of the object individual and as the object individual himself would see it.

This is the process by which the link is used to connect attacker and object individual. It creates a synchronization between the Magickian's mind and that of the one attacked. It is through this line that the power of the attack progresses.

The next step is to strengthen the link until its existence is as automatic as possible. This is accomplished by brute concentration. The mind is made to operate in harmony with that of the object individual's. With effort and a little time, the mind of the attacker falls into the groove, as it were, in the area concerned with the link.

Once this automatic synchronous linking action is obtained, the actual substance of the attack may begin. The energies basic to the nature of the attack are superimposed onto the link. The best energies for the purposes are ones which have some harmony with the link itself. The only limits of degree are those inherent in the attacker. The assault is as irritating or devastating as the attacking Magickian is weak or strong in the area in which he is operating.

A Magickal attack executed along the lines given above has several advantages. Since the attack comes against the object individual from a source within him, it evades many, if not all Magickal defenses. The source of the damaging energies appears to the object individual to be internal. Familiars do not recognize it as alien and so do not leap to the defense. Also, talismanic protections fail since they need not be passed.

Further, owing to the internal nature of the attack, it is hard to detect while in progress. The object individual may sense the energies but since the source is apparently some part of himself he does not immediately realize the true threat is external. Thus even as his mind itself tries to counter it seeks an origin in the wrong place.

Finally, since the nature of the method of attack places the attacker within the object individual's mind, albeit only to a small degree, the attacker may be able to establish a feedback loop. This feedback loop generates energies in harmony with those of the attack, but the point of origin shifts to within the object individual's own mind. This allows the attacker to depart the area, cut the link, and let the attack continue automatically. This feedback loop would ingrain itself in the object individual's mind until its original source and the source of the attack become lost. It eliminates the chance of discovery.

Also, since the feedback loop would be made by another mind's artifice, the object individual would find it harder to destroy once he found it.

As was said before, this is not THE WAY, it is but one. Each individual has his own way of operating, so it is best to find one's own methods. If nothing else, the above may form a guide by which another may forge his own weapons and draw his own plans of attack.

L aus F



# letters

Winter Solstice 1975ev

My dear Sister,

Do what thou wilt shall be the whole of the Law.

Although we've probably not yet met, I've known you for quite some time. You are the one who has searched for self-knowledge, gained all that may be gained from the usual means, and feel that there is still more of yourself unmet and unchallenged.

Aeons ago, we were priestesses together. We gave birth to a mighty race of fools in the service of the Mother-Earth. The iron priests of the Sky-Father destroyed our temples; until now, we have slept in ignorance, burying our sorrow in forgetfulness. It is time for rebirth.

We have lately experienced the folly of bartering the dangers of freedom for the security of slavery. We know beyond doubt that the only love worthy of loving is that of balance and strength, Love under Will. We are warrior-women, strong and free; our Brothers await us, waiting to welcome us as equal, to joyously battle side-by-side, and to work together toward the unfolding of this present Aeon of the crowned and conquering Child.

Awaken, sister! Rise, stretch out your hand and accept your weapons, your tools: your wand, your

sword, your chalice, and your pantacle. Enter your temple and approach the altar; not to worship, but to command. You are a Star, beloved, blazing with light and power and might!

I offer you the seldom-trodden path of the Magician. Magick may be lived by any man or woman, though few actually will do so. The demands are titanic, the dangers are real, constant, terrifying. We are to walk the edge of the Abyss, and to leap across it.

Love as the world knows it can be ours no more. The comfort and tenderness of human love are seen to be illusion in the blazing, pitiless vision. You stand alone on the ultimate peak, the winds of the Void knifing through your being, whipping away the snow-crystals of memory. Nothingness confronts you--there is no help to be had; you are utterly alone and you leap.

Magick is no hobby, or fad, or religion. It's not the latest hip thing to be into, nor is it an escape from an unsatisfying lifestyle. It is the ultimate suicide, for even your innate sense of selfhood is lost in the becoming of the Nothing that creates the All.

All that our Work may do, my sister, is to remove obstacles to the flow of the Tao...it is ours to keep the race of Man from destroying itself before we evolve into what we are to be, and to awaken individual men and women to their natures as Stars. For far too long has greed, hatred, ignorance, guilt, fear, and lust-for-power diverted the development of our race. It is our right to be what we are: joyous, strong, innocent, and wise Children, playing and working in harmony with each other and with the earth. It is ours to ultimately unite in a global race-consciousness, a planetary mind. Our brothers from the stars await our birth.

If my call has stirred a response within you, and you are desirous of learning how to find your gate to the first path, write to me in care of the Conquering Child Publishing Co., P.O. Box 1343, Cincinnati, Ohio 45201. I cannot be your teacher, but I am your comrade in arms. I can but accompany you to the first portal--you must cross through alone.

My Brothers, I have spoken to our Sisters, for their number is few; all that is said is also for you.

Love is the law, love under will.

SOROR MARANEMA 213

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We are definitely looking forward to printing more letters. It is our hope that LETTERS will develop into a major section of the Journal.

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# resources

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# BIO-RHYTHMS

What are BIO-RHYTHMS?

They are the cycles of your life. The three major internal clocks in your body, which influence when you'll have good days and when you'll have bad. The BIO-RHYTHM cycles have been accurately termed "The Waves of Your Future", and the various influencing aspects of Astrology have been called the Bio-Rhythms of the Universe.

How do they work?

Every person has 3 major long-term cycles within their body, which affect their lives. These are established at birth, when the child begins a physical life of his own. Research has established they are the same for all persons - 23 days for the Physical cycle, 28 days for the Sensitivity cycle, and 33 days for the Intellectual cycle. As with all Universal cycles, your body's 3 major cycles have peaks and valleys. When one or more of your cycles is near the top, that area of your life is also at a peak. When your cycle is low, that indicates that particular energy is low.

The Critical Days are those days when the energy cycles reverse themselves, and these are identified by the center line. These days are not necessarily good or bad, but the effects of any action are being heightened during these days. These are the days where, if something happens, the effects will be intensified. Intensified good or bad, that depends on you and if you have the knowledge of when they will occur.

How do I use them?

The basis is simple. The P's are your Physical cycle, the S's are your Sensitivity cycle, and the I's are your Intellectual cycle. (An X is where two curves meet). When the curve's up, you're up; when the curve's down, you're down. When they cross the line, be careful. These days can be disastrous or golden.

Who now uses them?

The airlines schedule their pilots with them, several factories schedule workers days off with them, and the leading sports predictor is using them in his point-spread analyses. Bob has personally given President Ford his BIO-RHYTHM for 1976, and a copy of the President's Bio-rhythm is available for review at the Psychic Forum.

How good are they?

Marilyn Monroe died on a critical day of an overdose of sleeping pills, 3 major air crashes occurred on their pilot's critical day, and John F. Kennedy was shot on his critical day. More favorably, a psychic here in Cincinnati used BIO-RHYTHMS to predict, on television, two days before the World Series, that the Reds would win the series, and that Pete Rose would win the Most Valuable Player Award. The actual Red's BIO-RHYTHM charts used for this prediction are also available at the Psychic Forum for your review.

What's the purpose of an analysis?

While the basis of BIO-RHYTHMS are simple, if each curve is taken by itself, complexities arise when the 3 are considered together. Each curve influences the other, as well as all 3 being influenced by other factors. There are over 1700 patterns the 3 charts may have, and they repeat themselves only every 58 years. It is also inaccurate to simply add the 3 curves together and state that is your general mood for that day. For accurate analysis, each curve must be analyzed indepen-

dently, and in relation to the others, as well as to other influencing factors. For example, a low S and I, with a high P, could lead to a dangerous situation while driving a car. Conversely, a high P with a high S would indicate the potential for an intense romantic affair.

How do I obtain one?

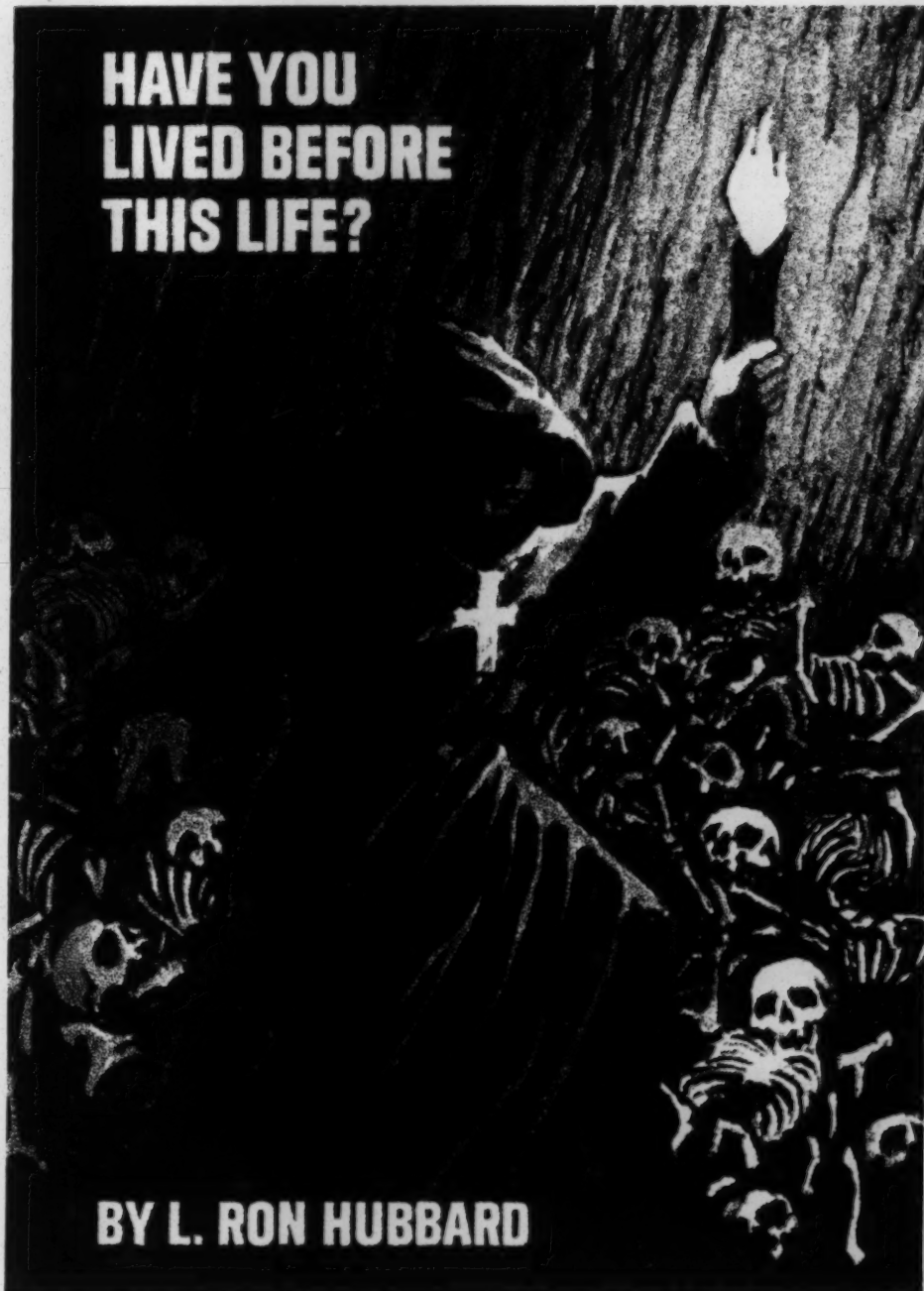
Send five (5) dollars to Bob Bradford, at the address below, and you'll have one for an entire year. Be sure to include your name, address, phone number, and birth-date.

If you wish a personal analysis in addition to the chart, Bob will meet with you and provide you your own personal analysis for an additional ten dollars. The analysis will include determining the influential aspects of each curve in relation to the others, focus on particular days you may be interested in, for example, special meetings or vacations, and interpret other factors and life-patterns affected by your BIO-RHYTHM cycle.

Bob Bradford  
Bio-rhythm Consultant  
Readings & Charts  
P. O. Box 375  
Fairfield, OH 45014

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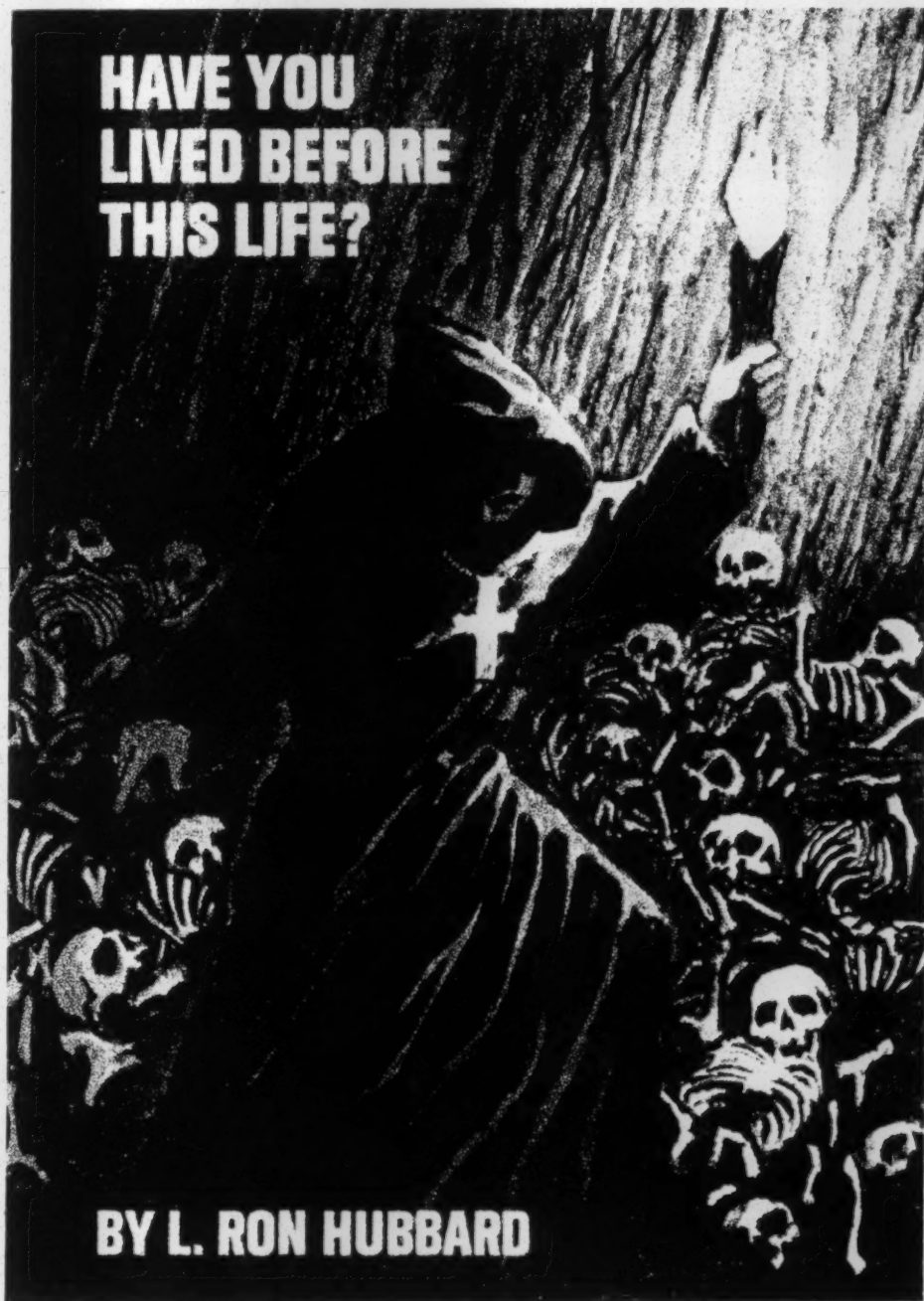
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Austin Osman Spare was a graphic artist whose work has been compared with that of Aubrey Beardsley and Sidney Sime. His predilection for fantastic themes was the result of a life-long absorption in the mysteries of occultism. Such was his knowledge and ability that Aleister Crowley claimed him as a disciple. But Spare was not born to follow anyone. He turned his back on worldly ambition, the "inferno of the normal" as he called it, and devoted his remarkable gifts to trafficking with denizens of other worlds.

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The Journal wishes to institute a Personal Section. These communications will be printed free of charge. We ask that the Personals be kept under 30 words.

All Ads and Personals will be printed at the discretion of the Publishers.

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## THE DARK AGES AND A BIT OF CINEMATIC LIGHT

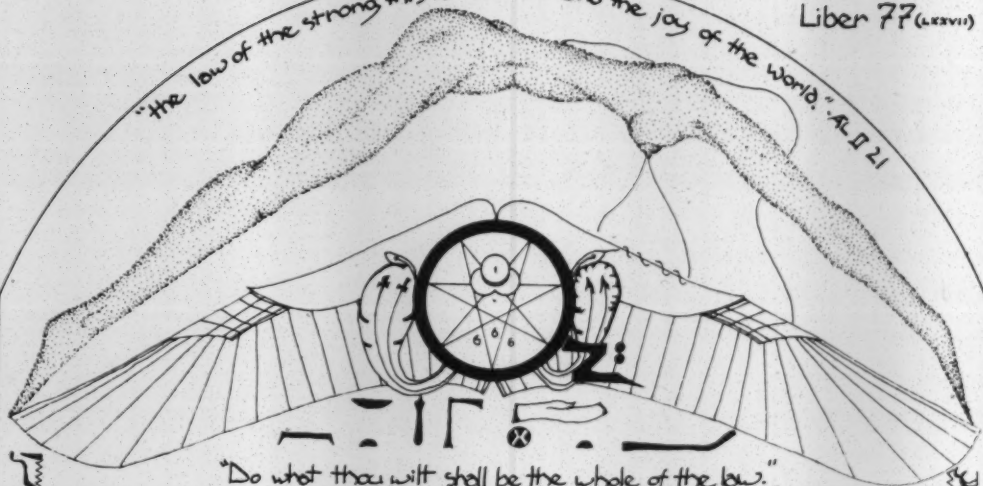
The Order of The Crowned and Conquering Child; Bate Cabal, would like to publicly announce its plans to open an occult shop provisionally known as THE DARK AGES. The shop will specialize in material relevant to Ceremonial Magick, Witchcraft, and the Thelemic cult. As well as books, the shop will contain paintings, talismans, tarot cards, candles, incense, cups, wands, pantacles, swords, etc.

The shop is viewed by us as a major magickal working. As such we hope that it will function as a centering point for those occultists interested in pursuing the Western magickal traditions. A free library will be located on the premises for the use of any person wishing to study a specific system but not wanting to purchase a book. Those books designated as library material will not be allowed to leave the shop, but an area will be set aside for their use. Activities such as poetry readings, art exhibitions, lectures and discussion groups will be held at the shop. The location and hours will be announced in a future volume of the Journal.

The Order is also interested in showing movies of general occult interest in a local theatre. There is a good chance that this will be done on a reserved seat basis. Those wishing further information write to:

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Cincinnati, Ohio 45201

"the law of the strong this is our law and the joy of the world." - AL II 21



"Do what thou wilt shall be the whole of the law." - AL. I. 40.

"Thou hast no right but to do thy will. Do that, and no other shall say nay." - AL. I. 42. 3.

"Every man and every woman is a star" AL. I. 13.

There is no god but man.

1. Man has the right to live by his own law —  
to live in the way that he wills to do:  
to work as he will:  
to play as he will:  
to rest as he will:  
to die when and how he will.
2. Man has the right to eat what he will:  
to drink what he will:  
to dwell where he will:  
to move as he will on the face of the earth.
3. Man has the right to think what he will:  
to speak what he will:  
to write what he will:  
to draw, paint, carve, etch, mould, build as he will:  
to dress as he will.

4. Man has the right to love as he will: —  
"take your fill and will of love as ye will,  
when, where, and with whom ye will." AL. I. 51.

5. Man has the right to kill those who would thwart these rights.

"the slaves shall serve." AL. II. 58  
"love is the law, love under will." - AL. I. 57



*Leister Lawley*

