LEVEL ONE

DOUBLE HEART LINE

©Teaching of the Inner Christ

Inner Christ Administration Center, Incorporated

3869 42nd Street, San Diego, California 92105 Telephone (714) 280-7770

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New Leaders Emerging

Twelve new leaders are emerging in the TIC San Francisco Study Group,as the result of a concentrated course in LEADERSHIP II given by Dr. Ann Meyer last January. Dr. Ann returned to San Francisco in February to teach the course BIBLE LIGHTS.

The San Francisco Study Group is expanding rapidly as new Extension Groups are being formed in the vicinity The Saratoga Extension Group is led by Prayer Therapist Janice Lui with the assistance of Kitty Saxon and Dale Cunningham. Kitty Saxon has recently received her Prayer Therapist Degree. The Inverness Extension Group is led by Nola Lewis, and the Pacifica Extension Group is led by Mary Lou Aram.

Another member of the Leadership class,Marie Sykora,is co-leader with Linda Swetz of Sacramento, California,Extension Group,which will become an authorized Study Group as soon as Marie and Linda complete the requirements for receiving their Prayer Therapist Co-Missions.

TIC is gaining a strong foundation in northern California, due to the efforts of Prayer Therapist Peggi Garvey,Leader of the San Francisco Study Group, and her fine emerging leaders.



Students of Leadership II course at San Francisco TIC: Top row, left to right: Nola Lewis, Elson Lui, Marie Sykora, Julian Baird, Asha Goldberg, and Laurel Druce. Second row: Kitty Saxon, Dr.Ann Meyer (teacher), PT Peggi Garvey, and Joanne Velarde. Front row: PT Janice Lui, Shoshana Swarz, and Dale Cunningham.

TIC LEADERS' CONGRESS

The annual TICAC Leaders' Congress will be held on Friday and Saturday, May 30 and 31, at the Administration Center, 3869 42nd Street, San Diego. The Congress will be open to TICAC ministers, Leader-Teachers, Prayer Therapists, and members of Centers' and Study Groups' Executive Boards.

The theme of the Congress is "TIC's Tree of Light". The Congress will open with a reunion luncheon on Friday and an address by Dr. Ann Meyer entitled "The Seed of Light." Friday afternoon the various groups will share news of their activities at the Annual Reports Meeting of the Central Board of Regents.

Friday evening will be an Inspiration Meeting, open to all TIC members and friends, in which the ministers in the field will give inspirational talks. The meeting will be led by Rev. Norma Spry and close with a deep meditation led by Dr. Meyer.

The Ministers' Council will meet Saturday morning, led by Rev. Jeff Spry, coordinator of the Council. Saturday noon a Sharing Meeting will be led by Rev. Norma Spry. The annual meeting of the ICAC corporation will take place Saturday afternoon, followed by a Summary Meeting led by Dr. Marion Dickes. Dr. Meyer will give a talk entitled "Radiate the Light of the Tree", and the Congress will close with a deep meditation led by Dr. Dickes.

THE CREATIVE IMPULSE

by Barbara Hayes
Salt Lake City

Each one of us has the power to create, to give form, to give shape to an object, an idea, a painting, a poem, an organization or ourself. We are in a continuing process of evolution and in this eternal progression we create and re-create ourselves and our world. Our vision changes as we move along, as we allow the Divine spark within us to flame and grow until we are so inwardly alight that we see more and more clearly.

Like a 3-way lamp that shines brighter with each turn of the switch we have an infinite number of switches and as we increasingly illuminate ourselves and our world we have the desire to recreate them in a manner better fitting our increased understanding of our purpose and potential. So we translate this vision into a unique expression of ourselves.

An original creation is very valued in our society. An original designer dress, for example, can be sold for several thousand dollars. An original painting can bring millions. So in some ways our culture puts a very high premium on "an original". Slowly we are coming to realize the value of the uniqueness of each human being. Educators are making more of an effort to encourage the inherent potential of a child to reach its fullest expression rather than try to shape it to a mold already cast.

And that uniqueness in you will become so precious, so beautiful, that you will love yourself with a love that is humble and desires only to develop more perfectly this special essence which can only be expressed by you. And you will look around you and see a unique beauty in every other person in your life and their uniqueness will be equally precious in your eyes, so that your desire will be to see them become more of themselves. And you will touch them gently, giving them sustenance, as you would cultivate a tomato plant or a rose, wanting only the best for each, and with as much appreciation for the pungent smell of the tomato vine as the sweet odor of the rose, as grateful for the beauty of the flower as the tasty fruit of the tomato.

Each of us sits at the center of his own universe and we have the choice of letting the world act on us so that we are like a formless void, still in the dark. We also have the choice of saying "Let there be Light" and we will find illumination and we will be able to shape ourselves and our world and at each given moment in our creation it will be good and very good.

THE DOUBLE-HEART LINE

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3869 - 42nd Street, San Diego
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Editor: Dr.Ann P. Meyer
Meditations Editor:
Dr.Marion Dickes
People's Editor:
Rev.Norman Tierce
Assistant Editor:
Pamela Goodfellow
Lay-Out:Tom Richter



LOVE AWARENESS IS GROWING!

"Love Awareness" is a growing idea, according to Dr. Ann Meyer, co-founder of the Teaching of the Inner Christ, who has recently presented a series of all-day seminars on "Love Awareness". This seminar was given at the San Pedro Church of Religious Science last October 20, at the TIC Long Beach Study Group on November 10, at the Wasatch TIC Study Group in Salt Lake City on November 24, and at the TIC San Diego Center on February 23.

Basic ideas of the seminar were that men and women have both a masculine and a feminine nature and can use either at will. Thus a woman can be as feminine as she wishes without fear of losing her power of decision and choice, and a man can allow a woman to lead without fear of losing his masculinity.

"Love must be non-possessive and free," says Ann, "or it ceases to be love and turns into something else, such as 'duty' or 'loyalty'. Love must be free <u>not</u> to love before it can be free <u>to</u> love." She stressed the principles of non-judgement and equality, and gave techniques for dissolving mental blocks to the development of fulfilling love relationships.

Tune in to People

JAMES DICKES --

"A SILENT TOWER OF POWER"

Have you ever met someone who seems very quiet, someone who does not stand out in a crowd, but when they speak, everyone listens?

James Dickes is just such a person, and he is also one of the most loved and respected men I know of, I have been fortunate enough to know James for about six years. Never have I heard him raise his voice, or speak anything but positive loving words of Truth. He is a very clear channel of Spirit, and I would say that at least eighty percent of what he says comes from Spirit. He is constantly in touch with his own spiritual nature, and he uses this aspect in all areas of his life.

James was born in Hanson, Illinois, and attended Blackburn College in Corlonville, Illinios. He is now and has been for many years a carpenter by profession. James has been with the Teaching of the Inner Christ for about twelve years. He has received the degree from TIC of Bachelor of Ministerial Science. He is a member of the San Diego Center. He says that the reason he has stayed with TIC all these years is that he "found it interesting" and he "had inner guidance to stay."

James' personal philosophy is, "Love your fellow man as you do yourself," "Do unto others as you would wish others to do unto you." (And he <u>does</u> live by this philosophy.) In his daily life James tries to live in the way that God and Jesus wishes him to live. (His I AM Self is I AM Jesus.) James tries at all times to see the Truth, and to see his fellow man as being perfect.

If James could, he would like to share with the world this idea: "Jesus has returned and is living among us, to help us understand God's wishes for mankind, and to show man the Truth of himself through his Christ Self."

To James Dickes, "The Christ life and the Christ way is the only way to go."

James Dickes has given so much to me, to mankind, and to the Teaching of the Inner Christ, that the years ahead surely hold nothing but happiness, love, and fulfillment for him. God bless you, James, as he has and always will.

--by Norman Tierce

World Healing Ministry

Through prayer

there is always a way.

Would you like to have assistance through healing prayer treatment? The World Healing Ministry is at your service. Through prayer all desires can be fulfilled, all problems solved and all diseases healed. Your written request will be treated upon daily by a licensed Prayer Therapist of the Teaching of the Inner Christ. Prayer will help you find your answer, through the healing of your own thought, from the Christ at the center of you. We are also trained to heal possession and obsession, and psychic influence, through the Christ vibrations. Send your request to:

Dr. Marion Dickes, Director
WORLD HEALING MINISTRY
Teaching of the Inner Christ, I.C.A.C.
3869 42nd Street, San Diego, California 92105

We welcome your donation and bless you for it. All gifts are tax deductible.

NOTES OF INTEREST

<u>Wasatch Study Group</u>

Marvella White was awarded the degree of Bachelor of Ministerial Science at the Wasatch Study Group at the Sunday Service on February 17. A reception for Marvella followed the Service. Marvella is the leader of the newly formed Granger Extension Group.

<u>Long Beach Study Group</u>

Rev. Chris Morgan has moved from San Diego to Los Angeles and is now the assistant minister of the Long Beach Study Group. He is assisting Rev. Vicki Harris teach the course INNER SENSITIVITY III and IV.

<u>TIC Nigeria</u>

Did you know that there is a TIC in Nigeria? Mr. Gershon N. Amajuoyi and his wife Mrs. Blessing Amajuoyi lead a TIC Affiliated Group there which has 30 members. They study our textbook "Being a Christ", and they send us their love and prayers.

THE TEACHING OF THE INNER CHRIST, ICAC

3869 42nd Street, San Diego, Ca. 92105
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BOOK ORDER

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Christs of the New Age	_____	$2.50	_____
The Dawning of the Age of Light	_____	$2.50	_____

This series of beautiful rose paperback books contains spoken-through messages from the present-day Jesus. Their deeper metaphysics and love content have transformed many lives. Over 25,000 copies have circulated over the world. They are used as study group material by many New Age groups.

The Way and the Word	_____	$2.50	_____

A collection of spoken-through messages from the Apostle Paul, which can be helpful as instruction material for channeling groups or for personal inspiration.

The Power of the Presence of Light (pamphlet)	_____	$ .90	_____
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The basic textbook of the Teaching of the Inner Christ, describing the conscious contact with the Universal Self within, and how to use it.

TEN LESSONS IN WOMAN AWARENESS, by Ann Meyer		$8.50	

In this valuable book metaphysical principles are applied to the feminine love espression for the gaining of greater personal beauty, happiness, and self-awareness. It helps a woman to really enjoy being a woman.

TWENTY-NINE MEDITATIONS, by Ann Meyer (Pocket-size cards)	_____	$1.50	_____
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THE SPIRITUAL LIFE-LINE

Meditations for Daily Use

Surrender —

Today I surrender to my God Self and I know that this is my strength. I realize that as I am non-resistant to my life I am open to the Power within me. I release all resistance and provide Spirit with a clear center for the lifting and healing action for myself and all those around me. I release all judgments of myself and accept my inner guidance, to lead me to my highest good.

I dissolve all negative, limiting thought patterns which have restricted my expression.

Today I surrender to Love as my strengthening power to accomplish all that I desire.

THANK YOU, GOD. AND SO IT IS.

Rev. Jeff Spry
Escondido Center

I Command My Time

God is eternal and timeless, without beginning nor end. God is infinite wisdom, clarity and purpose. God is Perfect Right Action at all times. God is Perfection, Love and radiant Joy.

I am an expression of God. All that God is, I am. I AM timeless, infinite wisdom, and Perfect Right Action.

I command my time. My time is used wisely every moment and all that needs to take place is taking place right now. I live each moment without strain or pressure, knowing that the Creative Supreme Intelligence is always present, guiding me into perfect right action. I accept my wise use of time with complete ease. All feelings of having "wasted time", of having made wrong use of time, are healed, released, and forgiven. All feelings of pressure, fears of "time running out" or judgments of my use of time are healed, released and forgiven.

I give thanks for perfect right action in my life always. I give thanks for the easy perfect flow of time through each moment of my day.

Thank you, God. And so it is.

Bob Boucher
Escondido Center

Abundance is Mine

I center myself within the Presence of Spirit, my inner world of peace and harmony. I am one with the Love and the Light of my Christ Self. I allow myself to realize the Spirit that I AM.

I bring my attention to the Spiritual Law of my Being. "PERFECTION EVERYWHERE NOW." I know that this law reflects in all areas of my life. I accept the Truth that all areas of my life are filled with the abundance of God's Good. This abundance of Good meets and exceeds all of my financial needs and desires --all that I have now or ever could have. This abundance fills my life with love, and love flows perfectly from Spirit through me now. I am a loving expression of God's abundance.

Rev. Norman Tierce
Administration Center

The Harmony of Change

I recognise within me the changelessness of God. I recognize that within the changelessness of God is the constant change and growth of life as I know and experience it. At the center of my Being I am constant and changeless as the Universal God. But the changeless part of me is constantly acting upon itself within me--the mental and manifest part of me--to create a harmony of change in me and in my world.

My reality is as I perceive it. I perceive things differently as I grow in understanding, so my reality is always changing--always moving, always growing, always expanding, in ways which are harmonious with Univer sal Principles.

The changes which constitute my life pattern are always within the laws of Rythym and Harmony. My thoughts and actions are my instruments of change. My beautiful I AM Self is the composer, arranger, and conductor of my Symphony of Life.

Rev. Allene Remington
Wasatch Study Group
Salt Lake City, Utah

TEACHING OF THE INNER CHRIST, ICAC
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ESCONDIDO CENTER (714) 747-8553
2513 Glenridge Road,Escondido,CA 92027
Rev.s Norma and Jeff Spry

LONG BEACH STUDY GROUP (213) 439-8809
1086 Redondo Ave.,Long Beach,CA 90804
Rev.Vicki Harris

SAN FRANCISCO STUDY GROUP (415) 776-9422
1362 Post St.,#10,San Francisco,CA 94109
PT Peggi Garvey

SARATOGA EXTENSION GROUP (408) 867-0140
14470 Sobey Dr.,Saratoga, CA 95070
PT Janice Lui

INVERNESS EXTENSION GROUP (415) 669-1275
P.O. Box 93,Inverness, CA 94937
Co-ordinator: Nola Lewis

PACIFICA EXTENSION GROUP (415) 355-1586
1147 Valencia,Pacifica, CA 94044
Co-ordinator: Mary Lou Aram

SACRAMENTO EXTENSION GROUP (916) 391-9086
8043 Pegler Way,Sacramento, CA 95823
Marie Sykora, Linda Swetz

WASATCH STUDY GROUP (801) 278-3236
1816 S.Woodside Dr.,Salt Lake City UT
Rev. Allene Remington 84117

GRANGER EXTENSION GROUP (801)967-0393
3246 Spring Glen Circle,Granger,UT 84119
Marvella White

SPIRITUAL UNDERSTANDING EXTENSION GROUP
317 South 5th East,#3,Salt Lake City,UT
John Nuslein (801) 363-4970 84111

GREATER PHOENIX STUDY GROUP (602) 967-7752
1017 Lola Lane South,Tempe, AZ 85281
Rev. Richard Musil

RENO STUDY GROUP (702) 826-9042
791 Brinkby,Apt.1802,Reno,NEV 89509
Rev. Lillian Kravitz

TIC

(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

TIC OPENS YOUR INNER TEACHING (INTUITIONAL GUIDANCE) FROM YOUR OWN INNER CHRIST.

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TIC Annual Seminar Announced

A high experience of the year for many TIC people is the annual seminar held each summer. This year it will return to the mountaintop setting of the DeBenneville Pines Conference Ground near Redlands, California, the date set for Friday, July 25 to Monday, July 28.

Members and friends of all TICAC Centers and Study Groups will join in a week-end of inspirational meetings, discussion groups, meditation circles, hiking, swimming, and other group activities. A children's program will be included. All individuals and groups not affiliated with TIC but who are interested in its Teaching are invited to attend.

Preliminary flyers of the seminar are available by writing to the Double Heart Line, and complete programs will be published in June. It is well to register early, as space is limited to 150 people.





SAN FRANCISCO CENTER AWARDED CHARTER. Left to right: San Francisco Center Board members Elson Lui, Shoshana Swarz, Asha Goldberg, Laurel Druce, Joy Meyer, Leader-Teacher Peggi Garvey, TICAC President Dr. Ann Meyer, and Rev. Norma Spry, member of the Central Board of Regents.

TIC Takes Steps in Growth at Northern California Seminar

The San Francisco Center is becoming a nucleus for TIC growth in northern California, as was evidenced at their seminar at the Asilomar Conference Ground in Pacific Grove, March 14 - 16. Peggi Garvey, Leader of the San Francisco Center, chairmanned the seminar, which developed the theme "The I's of March". Featured speakers were Peggi, Kitty Saxon, Shoshana Swartz of San Francisco, and members of the Central Board of Regents; Rev. Norma Spry, Dr. Ann Meyer and Dr. Marion Dickes.

The Central Board presented Peggi with a Leader-Teacher certificate, and the TIC charter was presented to her group. The San Francisco Study Group is now a chartered Center. The Leader-Teacher certificate was also presented to Janice Lui, her group becoming the Saratoga Study Group. Marie Sykora and Linda Swetz received Prayer Therapist licenses and their group became the Sacramento Study Group. Letters of completion of LEADERSHIP II were presented to Peggi Garvey, Janice Lui, Kitty Saxon, and Joanne Velarde, BIBLE LIGHTS certificates were presented to Janice Lui, Kitty Saxon and Charles Kiel.

The San Francisco Center now has two Extension Groups -- in Inverness and Pacifica. L/T Peggi channeled several years ago that her group would be a TIC nucleus in northern California, and the prophecy is being fulfilled.

GOOD NEWS from TIC Centers and Study Groups

ESCONDIDO CENTER

Things have been really moving at the Escondido Center, quite literally, in fact. Last month a small twister hit town and tore off their patio roof! Vi Egan is planning a repeat of the successful Fall fund raiser so that Rev.Jeff and helpers can build a more permanent structure.

Apart from the regular courses Rev.s Norma and Jeff Spry want to share news ot two good workshops coming shortly. On May 14, at 7:30 p.m.,a Commitment Workshop with Alice Judson and Sally Bree facilitating. Says Norma,"Commitment can be a very exciting and tremendously fulfilling experience. This workshop will give participants an opportunity to explore their feelings about commitment in their own lives."

Also coming in June is a very timely two part seminar led by dynamic and successful Ron Halvorson. He will show us how we can use Truth principles to create our own personal success.

Rev.s Norma and Jeff Spry have had an eventful spring at "Rancho del Christo".There have been several special one-day seminars.A "How to Love Yourself" Seminar was taught by Betty Blackstone,assisted by Margaret Cheeseman and Evelyn Eads. Congratulations, Evelyn on joinging the Escondido Center as a Prayer Therapist!

If you are in the area,Rev.s Norma and Jeff invite you to Sunday Service at 11:00 A.M. You are welcome to call for information on classes. They both send their love to all. □

SACRAMENTO STUDY GROUP

The Sacramento Extension Group became the Sacramento Study Group on March 15,when Linda Swetz and Marie Sykora received their Prayer Therapist licenses and Co-Missions as leaders of the Sacramento Group.

Their first INNER SENSITIVITY I and II course has recently been completed and the certificates will be presented shortly. The second course began in the middle of April along with the course INNER SENSITIVITY III and IV.

Congratulations, Linda and Marie! Anyone in the Sacramento area who is interested in classes or more information is invited to call the Study Group at the number listed on page 7. □

GREATER PHOENIX STUDY GROUP

Rev. Richard Musil is looking for a new building for his group in which to hold their meetings. Rev. Richard has Sunday evening meetings (7:30 p.m.) for those in his area who are interested in TIC. Richard sends his love to all of you and wishes you "the best". □

LONG BEACH STUDY GROUP

Rev. Chris Morgan reports a successful completion of the INNER SENSITIVITY III and IV course at Long Beach. The Study Group is planning another course in INNER SENSITIVITY I and II at the end of May.

Rev. Vicki Harris and Rev. Chris took time out of their busy schedules in the middle of April to take the group to Mammoth for a three-day weekend of skiing.Sounds like fun!

Rev. Vicki is still distributing her TIC "T"shirts. Sunday visitors to the Study Group are welcome. □



Reverend Lillian Kravitz

Rev. Lillian's Travelling Ministry

by Tom Richter

TIC San Diego is blessed with a fiery, red-haired assistant minister whose limitless energy is spreading the Teaching across the country.

Reverend Lillian Kravitz ha embarked on an ambitious travelling ministry that so far ha taken her to Reno,Nevada and Santa Rosa, California to teac classes in Inner Sensitivity. Once a month she flies out of San Diego and teaches three lessons at a time over a weekend.

Her students in Reno are a professional entertainment gro up called Fantasy Follies, who sing and dance and perform com edy and burlesque at the Circu Circus Casino. In Santa Rosa, her class includes one of her grandchildren.

One would think among her duties as hostess,Sunday Schoo superintendent,Executive Boar member, teacher and counselor at San Diego Center, she might be overwhelmed. But not Rev. Lillian ---- she's considering flying the friendly skies to a new class in Florida.

From the Editor

TIC and INTA

Many of you know that the fifteen year membership of the Teaching of the Inner Christ in the International New Thought Alliance was terminated by the INTA Executive Board on December 31,1979.The reasons given for this action were that TICAC teaches "astral projection", "exorcism" and "communication with the dead".

TIC people know that we explain exorcism but recommend astral healing (healing of low vibrations through the Christ Self) rather than exorcism. We explain astral projection but do not recommend it. Instead we allow our Christ Selves to give us mystical experiences which are for our highest good,whether they be projection to a higher body (the etheric or Christ body) or another experience. We help everyone who desires it to communicate with their own Christ and I AM Self and other Christ Teachers, and this gives them control over communication with the astral-mental level also.

We know that TIC is truly a New Thought teaching, based on the principles of New Thought. We feel that we had much to give to the INTA and much to gain through working with them. We feel that New Thought must go forward into New Age Mysticism, for this is the trend of the future. Many students of New Thought are having mystical experiences which they wish to understand and control.



Dr. Ann P. Meyer

However,we respect the decision which the Executive Board of INTA impowered its president to make. We send love and blessings to our many friends in INTA, and we know that even though we are now working separately from them,we are still united in our mission of lifting the consciousness of the world in our Age.

with love,

Ann

My Own Daily Scripture

A very fine help toward building Christ Consciousness was revealed to me recently. No doubt it has been used by others, but to me this method was new and has been a very effective help in the daily organization of my own life.

Upon awakening in the morning, while not yet fully awake, it came to me that I could ask my God Self for my message for this day. Before long, there came a brief statement of Truth which was most appropriate and inspirational. I have used this way of starting my day and it not only instructs and teaches that which is pertinent at the time, but it is fun to wonder what will come through. It is practice of channeling that is practical and joyful.

Who could give you a better clue to your days' needs than the ONE who lives within and knows you best?

---Ruth Shimeall
San Diego Center

WELCOME, TIC LEADERS to the leaders' CONGRESS

Leaders of TICAC Centers and Study Groups will gather at the San Diego Center on May 30 and 31 for the annual Leaders' Congress. Leaders include ministers, Leader-Teachers, Prayer Therapists, members of local Executive Boards, members of the boards of the Central Organization, and other non-official leaders of TIC.

The Congress will open with a reunion luncheon Friday,May 30, after which the Central Board of Regents will hold their Annual Reports Meeting. Friday evening the ministers in the field will give short talks at an Inspiration Meeting open to all TICAC members and friends.

The Ministers' Council will meet Saturday morning, after which there will be a "sharing luncheon" during which leaders will exchange ideas of teaching and leading their groups. Saturday afternoon the annual meeting of the TICAC corporation will be held. This meeting is open to all members of TICAC. The Congress will close with a summary meeting and deep meditation. Featured speakers will be Dr.Ann Meyer, founder of TICAC, Dr. Marion Dickes, Director of the World Healing Ministry, and Rev. Norma Spry, Member of the Central Board of Regents and the Central Executive Board.

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Dr.Marion Dickes
People's Editor:
Rev.Norman Tierce
Assistant Editor:
Pamela Goodfellow
Lay-Out:Tom Richter

THE SPIRITUAL LIFE-LINE

Meditations for Daily Use

Centered in Stillness

"Be still and know that I am God." Psalm 46:10

As I center myself within my awareness of God, I still my awareness of events taking place outside of myself.They are momentarily of no consequence.I look within and find stillness here. I nod to the habitual train of thought,bless it,and know that it,too,is not important or intrusive to me now.

My inner stillness leads me into openness and receptivity to Spirit. I know that I am divinely guided in my actions each minute,each hour. I give the best I know how; the best that I know and feel today expands into higher vibrations tomorrow. I am thankful for my work, where my love energy becomes my abundant supply of all good.

--- Marilyn Kunkee

I Accede to Spirit

Today I accede to my God Self and I know that this is my strength. I realize that as I am non-resistant to my life I am open to the Power within me. I release all resistance and provide Spirit with a clear center for its lifting and healing action for myself and all those around me. I release all judgements of myself and I depend on inner guidance to lead me to my greatest good. I willingly dissolve all limiting thought patterns which restricted my expression. Today I surrender to Love as my strengthening power to accomplish all that I desire. Thank you, God. And so it is.

-- Rev. Jeff Spry

The Circle of Life

"There is no end in nature but every end is a beginning." Ralph Waldo Emerson,Circles.

God is all Life; God is birth, "death", and regeneration. God is initiative, love,---the life force behind all activity in my life.This Spirit of Life is within me, filling me with enthusiasm and the joy of being alive.

I know no death, no end, for life is infinite and unending.All is alive and vibrant,constantly moving and taking different forms. As one thing leaves me, another comes to me. This is unending, as a circle has no end. I let go and let God throughout my life now! I rejoice at the release of anything, for I know that it is a new beginning created by God through me and for me.

I love birth, change and regeneration. I love life, I love God, I love myself. I thank God for the ever-changing cycles of my life.

-- Charlene Totzke

My Harmony Through Changes

I recognize the changelessness of God.At the center of my being I am constant and changeless as the Universal God. That changeless part of me acts to create harmony through the changes in my life and in my world. My reality is as I perceive it. I perceive things newly as I grow in understanding, so my reality is ever changing, always moving, always growing, always expanding, in ways which are harmonious with universal principles. The changes which constitute my life pattern are rhythmic and remain within the laws of Harmony. My thoughts and actions are my instruments of change. My beautiful I AM Self is the director, composer and master of my symphony of life. I am thankfor harmony.

-- Rev. Allene Remington
Wasatch Study Group

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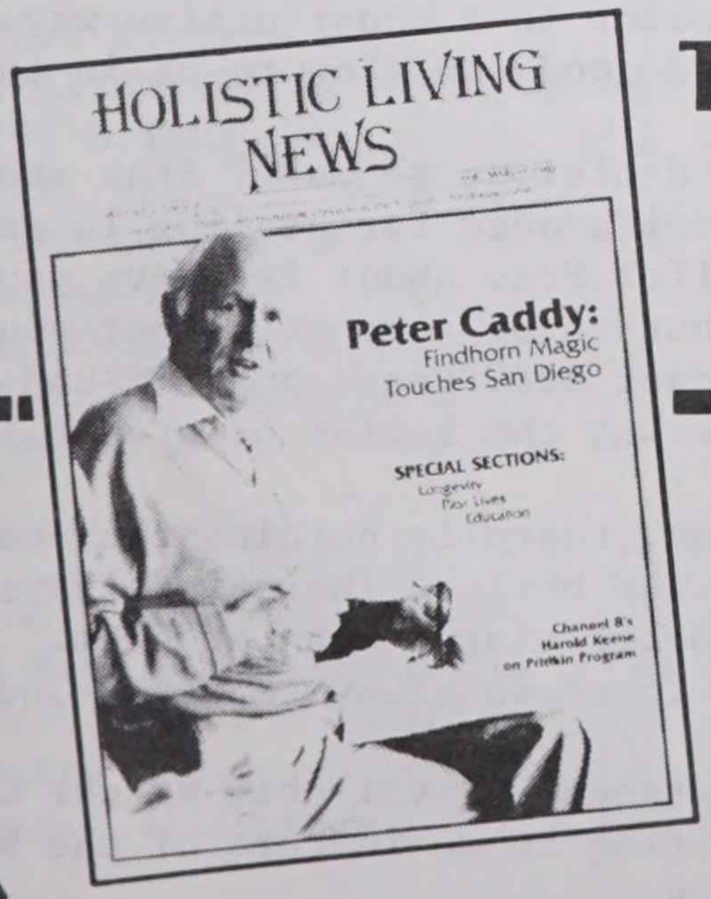
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Tune in to People

Richard Musil — A Very Teachable Man — Who is Teaching



by Rev. Norman L. Tierce

During one of his recent visits to San Diego I had the opportunity to interview the minister of the Phoenix TIC Study Group, Rev. Richard Musil.

Richard Musil was born in Frankfort, Kansas, and was raised on a farm in Home,about 10 miles from Frankfort. At the age of 18 he attended Kansas State University. At 21 he joined the Navy and became a pilot. Richard has also taken college courses in San Diego, and is presently studying for a degree in Communications in Arizona.

Richard took his TIC courses at the San Diego Center. He became a minister on June 11, 1975 and began his ministry in Mesa, Arizona. At present his Study Group is in Tempe. In addition to his work as a minister, Richard is a free lance carpenter, doing home remodeling.

Richard's personal philosophy is,"I am here to enjoy life, and the more I enjoy life the more I can really be who I am, and the more I can really be who I am, and the more I can do what I am here to do."

When I asked Richard how he would describe himself, he said, "I am actually a fun-loving being. I enjoy doing things and loving people. I am God. I am what Life is and Life is God. I am an individual expression and part of God-Life here."

Here is something the women may be interested in: --Richard has never been married. So one of his goals is to have a deep, sincere relationship with a woman, "someone with a beauty that I don't have to try to see or try to change.Someone who is a balance to my own masculinity, a feminine reflector of my own femininity, someone who reflects back to me what I am feeling about myself -- the female nature of my own I AM Self."

Richard is the first one to admit that he is still learning about himself and life. He says, "I am a leader and a follower, I am a man who is teaching and teachable. Everyone who goes through life is both a teacher and a student. We are all teachable teachers. It is beautiful helping others, but it is also beautiful growing ourselves."

Well, I feel that we can all be thankful that TIC has a minister like Richard Musil.



Dr. Marion Dickes

Prayer — The Life Line

by Marion Dickes

"God is our help in every need", and there is nothing in our lives that cannot change for the better through prayer. There is nothing that is too big and nothing that is too small to take to God in prayer.

Prayer is talking to God. Prayer is an objective function of our minds in which we recognize the power of God moving in our lives and direct that power to work for us.

Does our praying change God? No.God does not need to be changed.When we pray,we are the ones who are changed. We become wiser,more loving, more forgiving,more harmonious and peaceful.

God is ever available and ready to answer our needs. When we pray we change our mental focus from the mundane to the divine, from the outer circumstance to the inner truth. Through prayer we change our own relationship to God. We invite God to help us solve our problem.If we have had a chaotic experience, talking to God about it wil realign our thinking with the spiritual viewpoint in a constructive way. Then our desired good can flow to us in the best way.

Do you have decisions to make? Pray about them. Do you feel a need for healing in some area of your life? Pray about it. Have you been carrying a burden of some kind that you would like to cast off? Pray about it and give it over to God. Let the action of prayer lighten your load.

When you pray, there is nothing that cannot be changed for the better. There is always a divine solution for every human problem. Through prayer there is always a way --God's way.

Prayer assistance is available at our Centers and by writing to me in care of the World Healing Ministry.

TIC Centers and Study Groups

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AND THEN THERE'S JANET BELL!

Janet Bell, who completed the TIC Ministerial Training Course last spring at the Administration Center, is now living with her three children in Oxnard, California. She has completed the BIBLE LIGHTS Course by tape,and received her certificate, along with her degree of Bachelor of Ministerial Science. Janet assisted Rev.Lillian Kravitz and Rev. Vicki Harris in teaching INNER SENSITIVITY I & II at Long Beach TIC. She is now teaching INNER SENSITIVITY III & IV at the newly formed Ventura County Extension Group in Thousand Oaks. Congratulations Janet!

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What TIC Can Do for You

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(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

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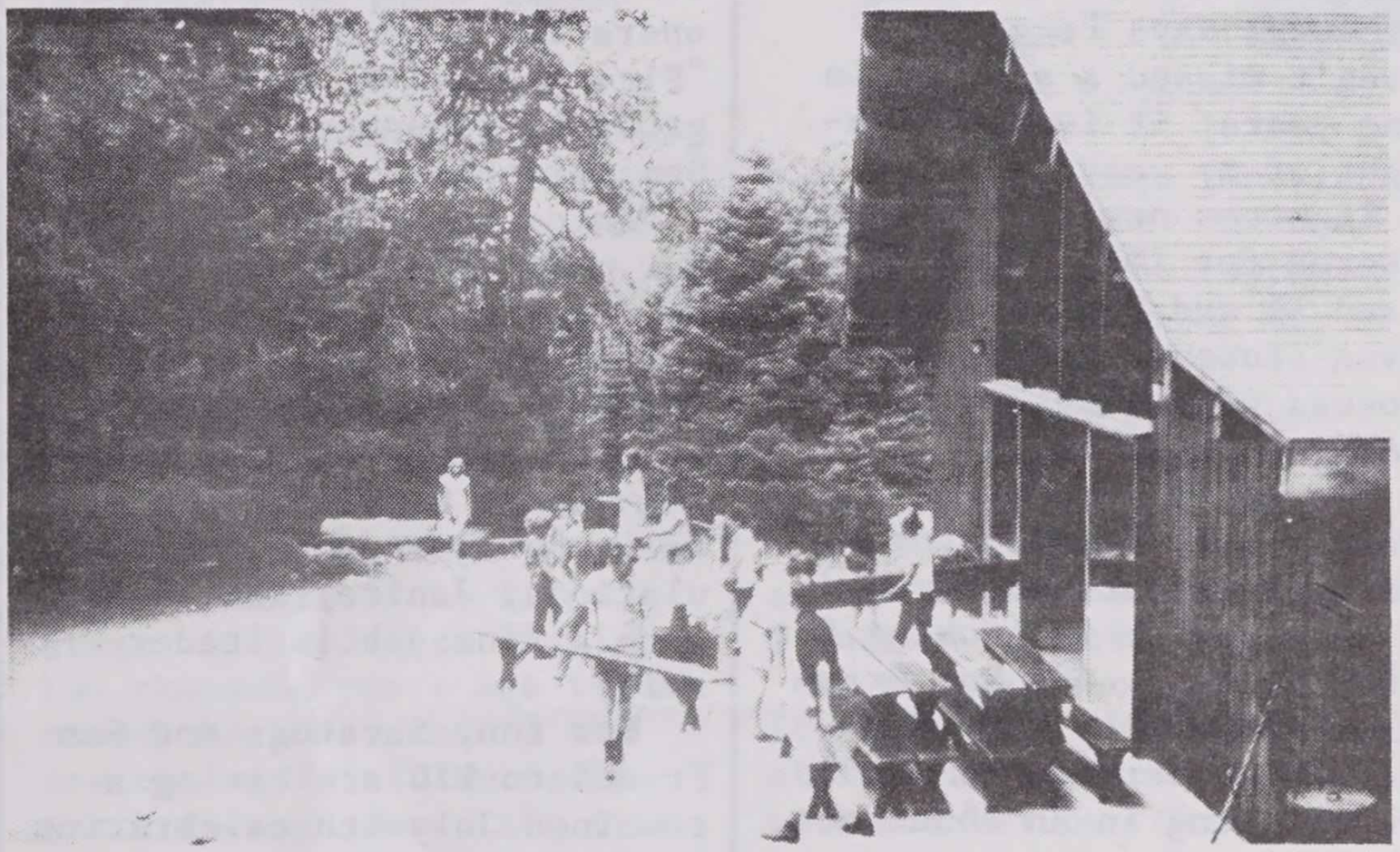
"Tree of Light" Theme of ICAC Seminar

"Your Tree of Light" is the theme of the TICAC annual Seminar to be held this year on July 25-28 at DeBenneville Pines Conference Ground, near Redlands, California.All who are interested in the Teaching of the Inner Christ are invited to attend, whether or not they are members of a Center or Study Group of TIC.

The "Tree of Light" theme will be developed in talks and meditations during the three days of the Seminar. There will be general meetings each morning,small group meetings on various subjects in the afternoons,and inspirational meetings with Love Power Meditation circles in the evenings.

Speakers will be Dr.Ann Meyer,founder of TICAC,Dr. Marion Dickes,director of the World Healing Ministry,and TICAC leaders Rev.Chris Morgan,Leader-Teacher Peggi Garvey,John Young,James Dickes, Rev. Vicki Harris, Kay Richardson,Rev. Richard Musil, Prayer Therapist Evelyn Eads, Janet Bell,Rev. Norma Spry, Prayer Therapist Betty Blackstone, Rev. Jeff Spry,Kitty Saxon, Dale Sheld,Leader-Teacher Marilyn Glattly, and Rev. Lillian Kravitz.

Leaders of Interest Groups will be Rev. Ruth Shimeall, Shoshana Swarz,Leader-Teacher Janice Lui,Dr. Ann Meyer,Donald Cuerdon,PT Betty Blackstone,LT Marilyn Glattly,Zoe Harris,Dale Cunningham,Nola Lewis,PT Marie Sykora,PT Mary Ann Kelley, Janet Bell and Jim Walker.



At Sunday morning meeting the degree of Doctor of Divinity will be conferred upon Rev. Norma Spry,who has been the leading minister of the Escondido Center for the past six years.

"New Age Games" will be led by Rev.Vicki Harris,folk dancing taught by Asha Goldberg,and a talent show directed by Lois Utterback.

Chairwoman of the seminar is Rev. Lillian Kravitz. For complete information and/or a seminar program contact Rev. Kravitz at the San Diego Center, 3869 - 42nd Street, San Diego, CA, 92105, telephone (714) 280-7770.

TIC going to Twin Falls

Prayer Therapist Carolyn Gilbert plans to take the TIC to Twin Falls, Idaho, as she makes her new home there and founds a Study Group.Carolyn received her Prayer Therapist license and her Co-Mission to lead a Study Group on Sunday, June 22, during a special Service at the Wasatch Study Group in Salt Lake City. Rev. Allene Remington officiated in the presentation.

Carolyn has been a leader in the Wasatch Study Group for several years, teaching classes,presenting seminars, and serving on the Wasatch Board of Regents. Our love goes with Carolyn as she takes the Inner Christ Light to Twin Falls.

GOOD NEWS from TIC Centers and Study Groups

SAN FRANCISCO CENTER

Dynamic LT Peggi Garvey is looking forward to bringing their new TIC choir to the DeBenneville Pines Seminar. Laurel Druce is the choir director. Says Peggi "I haven't missed a seminar in nine years; it is the highlight of my year!"

Eighteen new students registered for INNER SENSITIVITY I and II and 90% were men. Seven students are in the process of graduating from PRAYER THERAPY II.

The moving committee, coordinated by Trish Coleman, meets and treats weekly and is very active in looking for a new building for San Francisco TIC. Polly Ferreiba and her membership committee are bringing in an abundance of new members.

To top it off, Peggi says she has finally reorganized her office, put in book shelves and filing cabinets and has framed all of her certificates and her charter!

GREATER PHOENIX STUDY GROUP

Rev.Richard Musil has been vacationing in Kansas,having gone there to attend his sister's wedding and visit with his family.

Richard says that if there are any Prayer Therapists who would be interested in assisting him with classes in the fall, he would love to hear from them,or talk with them at the TIC Seminar.

Rev.Richard also enjoyed giving the invocation at a recent Tempe City Council meeting. Who says TIC and politics don't mix?

SARATOGA STUDY GROUP

Leader-Teacher Janice Lui's first INNER SENSITIVITY I and II class will end the first part of July. Then she and her Study Group will be busy operating a fund raising "Flea Market" to bring their group to DeBenneville Pines Seminar this July.

Janice says that she sees her main objective in TIC to be creating new leaders and teachers. She is currently forming her Executive Board and has plans to begin holding Sunday Services in the fall. Our love and congratulations, Janice, for doing such a fine job in leadership!

For fun, Saratoga and San Francisco TIC are having a combined July 4th celebration at the home of Dale Cunningham,-- a day of swimming, games, and a potluck dinner.

VENTURA COUNTY EXTENSION GROUP

Leader Janet Bell and her three children have moved into a new four-bedroom house in Camarillo,California, to be near her work in the Ventura Study Group. Janet is currently teaching INNER SENSITIVITY III and IV to her new group. For the fall she plans a WOMAN AWARENESS class. Diane Keyes is preparing a classroom for her in a doctor's clinic in Thousand Oaks. Good work, Diane! Janet plans also to hold a weekly Prayer Circle meeting there. Janet says she really enjoyed the recent Leaders' Congress and is looking forward to bringing four people to DeBenneville Pines for the Seminar.

LONG BEACH STUDY GROUP

Rev.s Vicki Harris and Chris Morgan are having an exciting and busy time at Long Beach TIC. Between classes and fund raising rummage sales, they are planning a July 12th beach party and also their ever-popular September sailing trip to Catalina. Their new INNER SENSITIVITY class which began May 19 has 22 students enrolled. A highlight was Saturday,June 21, when Rev.Jeff Spry of the Escondido Center gave a workshop for men entitled "Men in Transition". This new "Male Awareness" class which Rev. Jeff has created promises to be popular with the TIC male community.

ESCONDIDO CENTER

Rev.s Norma and Jeff Spry are "bubbling over" with enthusiasm over Jeff's new consciousness-building class for men entitled "Men in Transition", which had a great reception at the Long Beach Study Group. (Dr.Ann Meyer's book Woman Awareness and courses have done so much for the Women of TIC that it's great to see the men getting some attention too!)

Rev.s Norma and Jeff also want to share that several classes are now in progress there, INNER SENSITIVITY III and IV began June 12th,PRAYER THERAPY I on June 9th, and INNER SENSITIVITY I and II begins July 8th.

Ron Halvorson's MONEY SUCCESS SEMINAR was very informative. Norma and Jeff send love to all and are looking forward to seeing you at Seminar!

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WASATCH STUDY GROUP

Rev.Allene Remington joyfully reports that the Wasatch Group has blossomed and grown. The group is making plans to apply this fall for their charter and to become a TIC Center. For those of you who remember John Young from the TIC seminar of 1979-- John is now their news reporter co-ordinating Wasatch news for the Double Heartline. We are looking forward to working with you, John.

SACRAMENTO STUDY GROUP

Prayer Therapists Marie Sykora and Linda Swetz are enjoying a break between classes. They have taught two INNER SENSITIVITY I and II courses,one INNER SENSITIVITY III and IV, and plan a course in PRAYER THERAPY I soom.They send their love and hope to see us at Seminar.

INVERNESS EXTENSION GROUP

For next fall, LT Peggi Garvey and Co-Ordinator Nola Lewis are planning a course INNER SENSITIVITY III and IV in Inverness. Also, Nola has started a Sunday night meditation meeting, beginning 7:30 P.M. If you are in the Inverness area, you are very welcome to attend.

From the Editor

The Meaning of the Double Heart

Two questions often asked by newcomers to the Teaching of the Inner Christ are "Are you Christians?" and "What is the meaning of your symbol the Double Heart?"

Are we Christians? No, we are not Christians in the accepted sense of the word. Christians are known as followers of the Christ Jesus;we are followers of our own Inner Christ. Jesus is at the center of this Teaching,helping us to realize our own Christhood. We are not Christians;we are Christs.

The symbol of the first stage of the Jesus teaching two thousand years ago is the cross,which represents the descent of Spirit onto the earth through Jesus the exemplar Christ. The symbol of this second stage of the Jesus teaching is the Double Heart, which represents the feeding of Spirit onto the



Dr. Ann P. Meyer

earth through each individual Christ.

The inner heart represents the Love of the Inner One -- the Christ Self -- of each individual. The outer heart represents the love of the human self. The two hearts together show the Christ Self and human self expressing as a unified consciousness in "the most glorious duo-life". It means that the person is always in conscious contact with his/her own Christ Self and lives in the Christ Mind awareness. The Christed human is fed love from the center of his/her Being and is radiating it out to the world. This is the lifting action for humanity which is taking place in the glorious New Age.

RENO AND FORESTVILLE EXTENSION GROUPS

San Diego's "commuting minister" Rev.Lillian Kravitz gave certificates to her INNER SENSITIVITY I and II students in Reno at the end of May and is planning to teach INNER SENSITIVITY III and IV there in September.

Lillian's Forestville Group completed their course in INNER SENSITIVITY I and II the last part of June.

Lillian says there are many places beckoning her-- Lake George,New York, Florida, Seattle -- who knows where our favorite flame-haired dynamo will be teaching next?

PACIFICA EXTENSION GROUP

Mary Lou Arum is teaching a course in INNER SENSITIVITY I and II in Pacifica.Mary Lou has been a teacher of Yoga and meditation for three years and many of her Yoga students are attending her Inner Sensitivity class.

Tune in next time .....
Pamela Goodfellow
Inter-Center News Editor

THE SPIRITUAL LIFE-LINE

Meditations for Daily Use

Complete Balance

"My mind is the Mind of God. It is always calm and peaceful." Ernest Holmes, How To Use the Science of Mind, page 23.

The Mind of God is the true mind in all things. This is the mind that sees and accepts total perfection, absolute happiness and complete balance in all. Within me is the Mind of God, the one mind, and through me it sees the true perfection in my life. This mind also shows me the pure happiness that I feel every day. Through this mind I am also aware of the real balance in my life,-- the balance between myself and all other living things.

I am in balance with all nature, with all who inhabit the earth, with all of Spirit; most important to me, I am in balance with myself. My inner balance has opened my eyes to see my balance with the universe, to feel my true love for all things, and to allow me to flow within. So it is.

Norman L. Tierce

I Give Willingly

"Give, and it will be given unto you."
Luke 6:38

God constantly blesses me with talents to use for His glory. Today I give more of myself into life through many channels. I give of my unique creativity in the right way, at the best time. Joy is mine as I give spiritual gifts of prayer, good cheer and encouragement. I give willingly and wisely to my loved ones.

My God-Self shows me where and how to give of my substance. I open my mind and heart to the wisdom of the Christ within who directs gifts of love and peace through me. Through sincere giving I am given unto; by giving to others that which has been given me, I glorify God. So it is.

Helen Louisa Chadwick

My Work is God's Work

"But they that wait upon the Lord shall renew their strength." Isaiah 40:31

The work I do is God's work. I go forth each day radiating the healing power of love and joy. The people I meet, the situations I face, all respond to the Christ within me. I salute the Christ in all others, and know that my relationships vibrate with God's love and joy.

I know that my every action is divinely inspired from the Center within me. I feel the every word I speak is God's loving, joyous word spoken through me. Each day I meet my work with enthusiasm; I tune in to my divine guidance. I thank God for our oneness which is the source of my love and joy. So it is.

Marilyn Kunkee

My Song of Joy

"Chord of Love, sing through me into Thine own ear -- that the sound of the One may resound through me and find its rest again in the One." Everlasting Peace, page 65.

Today I feel the joy of Life. I sing the song of living. My unity with all others is a harmony composed of beautiful individual notes blending in a marvelous melody. The clarity of my harmony resonates from within, repeating as these pure love vibrations extend outward,-- encompassing the world.

My movement through life is rhythmic, a dance to the tune of my inner joy, danced to the truth of my inner vision of awareness,— my song of gratitude. I thank God for the joy of expressing myself in this wonderful life!

Barbara Hayes

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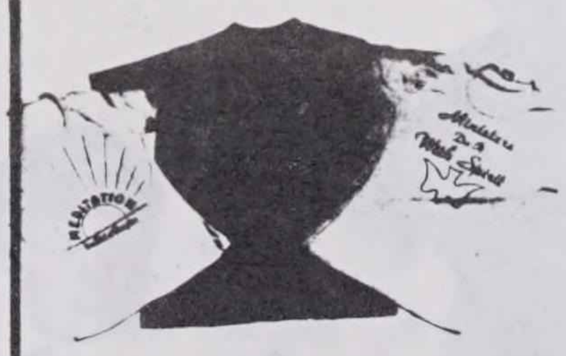
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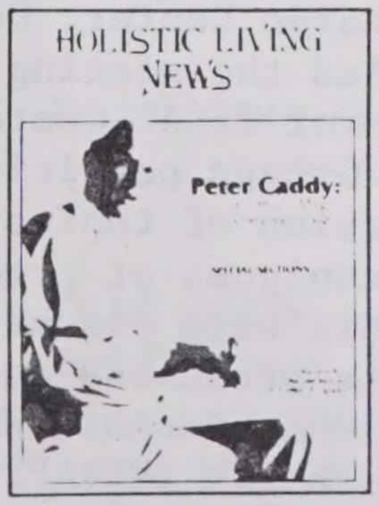
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Highlights of the Ministers' Council Meeting

An important part of the TICAC Leaders' Congress held May 30 and 31 was the Saturday morning meeting of the Ministers' Council. Rev. Jeff Spry of the Escondido Center, Co-Ordinator of the council, led the meeting. Ministers and other leaders of TICAC Centers, Study Groups and Extension Groups participated in an informal discussion of topics of interest to all. Better techniques of promotion of TIC through the media were discussed. The Central Board of Regents presented ideas for updating and improving the courses INNER SENSITIVITY III and IV and PRAYER THERAPY I and II. Ideas were shared on the work expression of leaders who hold outside employment, on how to develop and motivate leaders within their TIC groups, and how to improve our Love Power Circles.

Rev. Jeff Spry was re-elected as Co-Ordinator of the council. Rev. Vicki Harris is the secretary.



Healing

by Dr. Marion Dickes
Director of The
World Healing Ministry

Does healing seem like a mystery to you? Healing is not mysterious when you understand it. We all have had many healings, or we would have succumbed to the first injury or illness we ever had. Healing is restoration to natural perfection.

Healing can come in many ways -- through wise application of herbs or medicine, through various kinds of therapy for physical maladjustments, or it can come through working with the psychiatrists' methods. Any method which brings healing is good and is God. Spiritual Mind Healing, based upon scientific prayer treatment, is the simplest and most effective method because all healing comes through some person's realization of the patient's innate perfection.

What is the healing power? It is God -- Spirit -- Life Itself, the power of life-energy. Our normal state of being is PERFECTION always, in Spirit, Mind and Body, full of energy and strength. If the power or energy is restricted or cut off to some portion of a human being (mental or physical) that portion becomes disorderly and less alive than is normal, and it becomes weak and ceases to function. We say it is sick. So what is needed is to commect it with the flow of life energy, and then its order and nourishment are reestablished.

Our human bodies have many ways to heal themselves, and they respond accurately to suggestion and direction -- for physical ailments are a reflection of some unresolved problem in our minds. We can hasten our recovery by resolving the problem in mind and affirming that our body is in order and balance.

Our minds also have ways of healing themselves. We tend to forget the unpleasant things of life. We can forgive. We can choose what kind of thoughts and attitudes we want to embody.

Ultimately it is we ourselves who heal ourselves by being in control of our minds and bodies, and by knowing that the healing power is Divine Life Itself -- within you now!

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TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

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Dr. Norma Spry gives acceptance of her newly conferred doctorate. Left to right are Dr. Ann Meyer, Rev. Jeff Spry, Dr. Marion Dickes and Dr. Norma Spry.

Rev. Norma Spry Receives Doctorate at TIC Seminar

One of the highlights of the Teaching of the Inner Christ annual seminar July 24-27 at DeBenneville Pines Conference Ground,California, was on Sunday, July 27 when Rev.Norma Spry received the degree of Doctor of Divinity.

Dr.Norma is the minister-leader of the TIC Escondido Center, a member of both the Central Board of Regents and the Central Executive Board of the TICAC, and has authored several booklets and given special seminars at TIC Centers.

The presentation was made by Dr.Ann Meyer, president, and Dr. Marion Dickes, secretary of the Central Board of Regents.

Dr. Norma was presented for the award by her husband and Co-Minister, Rev. Jeff Spry.

Also at the Sunday morning meeting, Prayer Therapist licenses were awarded to Kitty Saxon of the Saratoga Study Group and Joanne Velarde of the San Francisco Center. Leader-Teacher certificates and Co-Missions were awarded to Betty Blackstone and Evelyn Eads of the Escondido Center.

125 Persons Enjoy Annual TIC Seminar

The annual seminar of the Teaching of the Inner Christ, ICAC at DeBenneville Pines near Redlands, California,was enjoyed by 125 representitives of TIC Centers, Study Groups, Extension, and Affiliated Groups in California, Arizona, Utah, Nevada, Washington State and Victoria,Canada.

The seminar began with a unification meeting Friday night, July 24, and offered general meetings, small discussion groups, love-power meditation circles and recreational activities until Monday afternoon, July 28.

Rev. Lillian Kravitz of San Diego was chairwoman of the event, assisted by registrars Suzy Shaffer and Kay Richardson of San Diego and program chairman Rev. Jeff Spry of Escondido. Lois Utterback of San Diego produced a riotous talent show on Sunday night.

The theme "Your Tree of Light" was carried out each day through inspirational talks and meditations, while a golden tree strung with blinking lights watched over the meetings from the front of the meeting hall, and the TIC banner hung from the rafters proclaiming "Love is the Only Power".

GOOD NEWS from TIC Centers and Study Groups

SAN DIEGO CENTER

A short vacation was enjoyed by Dr. Ann Meyer, minister of the San Diego Center, who spent the last week in August with her brother and sister-in-law, Lowell and Rev. Allene Remington, in Santa Fe, New Mexico. They attended three performances of the Santa Fe Opera and enjoyed the many historic sights of the city.

San Diego Center begins its fall season with a newly designed prosperity course called "MONEY-ENERGY". Lessons will be given on four Tuesday nights in September and 100 people are expected to attend and prosper!

The annual Homecoming Potluck Dinner is slated for Friday night, September 19, at which the center's new "Love Bond Campaign" will be launched. This campaign is for the purpose of raising money for the purchase of a new center building. A gala Talent Show will be produced by Lois Utterback and Marilyn Glattly.

Regular TIC courses will begin the last week of September.

AFFIRMATION I

A Student's Thank You
by Candace

Thank you.
I am aware of this perfection
now.
Every ounce productive,
Every fiber capable,
I am sparked by Source
cued by Inner Divinity
motivated in Perfect Time
encouraged by Divine Voice
Free and bound by my obligation
to God and man.
Thank you.

SACRAMENTO STUDY GROUP

After a short summer vacation and filled with new inspiration from Seminar, Sacramento leaders began new classes in August. Inner Sensitivity I and II is being taught by PT Marie Sykora, assisted by Shirley Houser and Peggy Robles, while PT Linda Swetz, assisted by Richard Reese, is teaching Inner Sensitivity III and IV. Linda and Marie together are teaching their first Prayer Therapy I and II class.

Sacramento TICers are also busy making plans for their first annual TIC picnic which is scheduled to be enjoyed by all on September 13.

WASATCH STUDY GROUP

Beginning August 31 the Wasatch Study Group in Salt Lake City will hold Sunday Services twice a month at their new location, the Old Meeting House, 4120 Highland Drive, which is now a Reception Center. For many years this building was a Mormon ward building.

Six students have recently completed the course Prayer Therapy II and will receive their Prayer Therapy Degrees.

A Retreat is planned for Saturday, September 20, at Helen Milden's cabin in Milcreek Cannon. The committee in charge of the Retreat includes Leader-Teacher Barbara Hayes and Alice Woolley.

Courses to be offered by the Wasatch Group in September will include INNER SENSITIVITY I and II, to begin September 27, and CREATIVE LEADERSHIP, to begin September 22. Classes will be held at the 1816 Woodside Drive address.

PHOENIX STUDY GROUP

Rev. Richard Musil, leader of the Phoenix Study Group, has recently relocated in San Diego where he will pursue further studies in TIC at the Administration Center. Rev. Richard will have the status of "Minister on Furlough" as he prepares for a new Co-Mission at another location. The Phoenix Study Group has been discontinued until such time as another qualified leader can be Co-Missioned to lead it.

LONG BEACH STUDY GROUP

"Come, sail to Catalina Island!" say Rev. Vicki Harris and Rev. Chris Morgan of the Long Beach Study Group. The annual sailing trip will start from San Pedro, California, on Friday evening, September 20, at 8:00 P.M., and will return Sunday afternoon, September 21. Is is said that this sailing trip is an unforgetable experience. The trip will include time in the city of Avalon for those who enjoy sightseeing from the shore. There will be morning meditation, a Sunday Worship Service, and plenty of time for relaxation. Complete information of the trip can be obtained by writing to Rev. Harris at the Long Beach TIC, at the address on page 7.

Rev. Chris Morgan was the guest speaker at the San Diego Center's Sunday Celebration on August 24, in the absence of Dr. Ann Meyer, who was vacationing in New Mexico. Rev. Chris's subject was "Sons of Thunder".

From the Editor

Intuition Leads the Way

by **Dr. Ann Meyer**

All the knowledge of the universe exists now within us, buried in our deep subjective mind. It is our function as humans to bring this knowledge into conscious awareness and manifestation in our world. Yet, if we knew everything all at once, we could not focus on anything, so we, as specific points of God-Awareness, bring through just the knowledge we need at any given time,through our intuition (inner teaching).

Nothing is created at the human level, for this is the level of manifestation.Creativity takes place at the level of Spirit and is channeled through our minds into expression. When Jesus said,"I of



myself do nothing; it is the Father within which doeth the work", he meant that he was only a channel for his God-Self, who was channeling through him creative spiritual ideas. When we open our minds to the deeper Self we receive many wonderful teachings which we can share with the outer world. All knowledge received from the outer world--read in books or heard in speeches,was first received from within some person through their intuition. All ideas proven by science were first generated through intuition. As we learn to listen deep within and to channel through from the Inner Christ we can bring great new ideas of literature, art, science, economics, and other fields to contribute to the progress of humanity. Genius is not given to a few. GENIUS IS CLEAR CHANNELING. Tune in to the genius within <u>you</u>!

Light Up Your World

by Dale Sheld

What is light? Metaphysically it is the symbol of intelligence. Then what is intelligence? Some of Webster's definitions are: Perception; discernment; awareness; ability to learn or understand from experience; ability to acquire and retain knowledge; mental ability; intelligence personified; an intelligent spirit or being.

So, here we are, beings of light placed on earth with wonderful abilities of intelligence - what else is there? What else do we need from life? Well, what we all need is an awareness of our unlimited love, joy, freedom, contentment, happiness, health and peace of mind. But none of the abilities of intelligence can independently or collectively bring us to this awareness <u>because the intellect by itself cannot grasp absolute Truth</u>. To grasp absolute Truth we also need another kind of light, spiritual light - that Christ-level awareness of Truth within us. Only the light of spiritual understanding can bring us to an awareness of our unlimited perfection.

We need both kinds of light to show us the way to Truth - we need the intellectual light to understand and use our five senses, to control and manipulate our physical bodies, to process all information and experience, and we need spiritual light to place us in contact with absolute Truth, giving us the ability to discern Truth from error.

We are individual expressions of one God, one world, one universe, all composed of the same basic elements, each influencing the other either consciously or unconsciously.

I see us traveling down the freeway of life with both lights on, the intellectual and the spiritual, well adjusted and balanced, pointed in the same direction, forming one glorious light of Truth.

As you light up your world with Truth and I light up my world with Truth, together we make it easier for everyone to see their world of Truth.

THE DOUBLE-HEART LINE

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THE SPIRITUAL LIFE-LINE

Meditations for Daily Use

I Praise My Inheritance

The loving, omnipotent God within me enables me to appreciate myself, accept myself and understand myself, so that I am fully able to move into a life of greater abundance. As an inheritor of the kingdom of God within, all the power and wealth of the universe is mine to use and to share. I align myself with my truest desires. I take action to open the channels of my good through positive treatment and affirmation. I praise the wealth of God, which is manifest in all that I do. I forgive any former thoughts of lack or limitation in my life. Thank you, wonderful, abundant God, for all the wealth and abundance of life that is mine now. And so it is.

--- Jeff Spry

"No Trespassing"

God is perfect love, freedom, choice and respect for Self everywhere. All of life respects the individuality of every expression of life. Each lives and expresses in harmony with the whole, while individually free.

I am an expression of this all-harmony, love, freedom and respect. I respect my own individuality and choices, and I have no need or desire to trespass upon the individuality of any other person. In love, I help all by seeing the Truth about them, but I have no need or desire to press my opinions upon them. I now free everyone from all critical thoughts and fill myself with love for each, THE WAY HE IS. I accept myself THE WAY I AM. I never criticize or condemn. I do not trespass upon anyone's expression; no one can trespass upon me.

Nothing and no one can bring any harm or hurt to me. God turns all things to my good. I am a complete, whole, unhampered, free individual. I am at peace and in harmony with my environment. I am at peace with all.

-- Ann P. Meyer

God Wills My Fulfillment

God lives within me now as my desires. I allow these desires to surface in my mind and feelings as God's Will for me. I acknowledge and welcome these desires as my opportunity to know the greater expression which I am.

God's Will for me is perfect fulfillment. This fulfillment is my desire for myself. I place my desires in God's able hands, knowing that God has already created my perfect fulfillment for them.

I accept this fulfillment as the action of God's love for me and my love for myself. I am divinely supplied. I am divinely fulfilled. Thank you, wonderful God, for my good! So it is.

-- Peggi Garvey

Peace Abides in Me

The presence of God is the presence of Peace. I am a being of Peace. Peace is right here now, in and through all things, and in and through me. My mind, my body, my affairs exist in Peace.

I release any seeming disorder, worry or lack I may have felt. I relinquish all situations in my life to this Peace and divine harmony. I give no power to any condition other than perfect Peace. I quiet myself now to feel within my being the presence of God as Peace. I accept Peace as my heritage. I give forth peace into the world. Peace abides in me. I am home.

-- Peggi Garvey

Wholeness is My Health

God is perfect in every aspect of Self. I am a perfect, whole and healthy expression of God. My receiving of spiritual power cleanses my body and mind; this power gives me strength. My acceptance of the power lifts me into a higher state of spiritual awareness, and allows the spiritual healing light to grow and glow through me.

I, body, mind and spirit, accept this spiritual power, the healing power of God, to heal myself of all appearance of ills, and to heal others through my knowing of God-perfection in all persons now.

I thank God for being me -- whole and perfect.

-- James Dickes

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Tune in to People

Dr. Norma -- A "Balancing Factor" of TIC

by Peggi Garvey

At the TIC July Seminar Rev. Norma Spry received the degree of Doctor of Divinity and became Dr. Norma Spry. Her Center in Escondido celebrated this the following Sunday with a surprise party, awarding her a doctor's kit. It contained a stethoscope (to listen to the heart), surgical scissors for cutting psychic bonds, a box of pills labeled "RUCAT Tablets" and a box of bandaids labeled "Cosmic Care Aid".

Dr. Norma was introduced to metaphysics by her mother, a member of the First Church of Religious Science of San Diego. Norma studied Religious Science, receiving her practitioner's License in 1964. Later she helped to found the Heartland Church of Science of Mind in La Mesa, California.

Norma was attracted to TIC through the courses Inner Sensitivity I & II and Woman Awareness. She received her TIC Prayer Therapist License in 1970 , and her ministerial License in 1971. She became assistant minister of the San Diego Center and was the first speaker to appear in the new building at 42nd Street in January, 1972.

That year she married Rev. Jeff Spry and in March of 1974 they moved to Escondido to found a Study Group which has since become the Escondido TIC Center. Norma was ordained in 1974.

I asked Norma what her Christ contact meant to her and she said, "You mean Konar? (her I Am Self). "Konar means me -- what I am, the way I think, what I do. It's looking to the universe, to Spirit inside of me,knowing the intelligence and love of the universe is available through this part of myself. I can't separate Konar from any part of my being, because Konar is the very essence of everything about me."

Serving as a member of both the Central Executive Board and the Central Board of Regents of TICAC, Norma sees herself as one of the grounding balancing factors of TIC -- as a realistic, identifiable person. She says, "I am a person people can identify with. I am not separate from people; I am one with people."

Dr. Norma is the author of three booklets: Konar's Promise, The Capistrano Principle, and Self-Fastenated.

Healing of Thought Forms



by Dr. Marion Dickes
Director of the
World Healing Ministry

Our personal worlds are governed by our thought. If we think good and positive thoughts into our lives, we will be in command and feel that we control what happens to us. Likewise, if we think critical, negative thoughts of fear and judgment, our personal world will be harsh, confusing and uncomfortable, and we will feel that life is against us.

Did you know that there is a collective thought atmosphere also? -- a thought world into which all human minds are thinking constantly?We each often are telepathically drawing thoughts into our own minds from the collective thought atmosphere. Those thoughts may not be altogether beneficial for us.

We can choose what we allow to come into our own minds. We each have an inner sense of what is right for ourselves, and we do not have to accept a thought that does not feel right to us. It is wise to weigh each new idea and test it with our highest wisdom. We can ask ourselves, "Is this a life-giving thought? Will it enhance my life? Is it also for the good of everyone?" And we can answer ourselves, "If not, I reject it! It shall not become a part of my thinking and affect my life!"

In a similar way, we can change our thought patterns by re-examining them. Are your past and current habits of thought what you really want to believe and have in your life now? If they are not, you can deny that thought and replace it. We can establish new thoughts and form new beliefs by keeping constant watch over what we think and accept into our minds.

And let's do something for the ecology of the collective thought atmosphere: let's think only good thoughts into it -- thoughts of honesty, fairness, truth, equality, forgiveness, peace, love and joy! This will heal our thought atmosphere for all people everywhere.

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PT Carolyn Gilbert

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791 Brinkby Ave.,Apt. 1802, Reno, NV 89509
Rev. Lillian Kravitz

VENTURA COUNTY EXTENSION GROUP (805) 487-4126
Leader: Janet Bell

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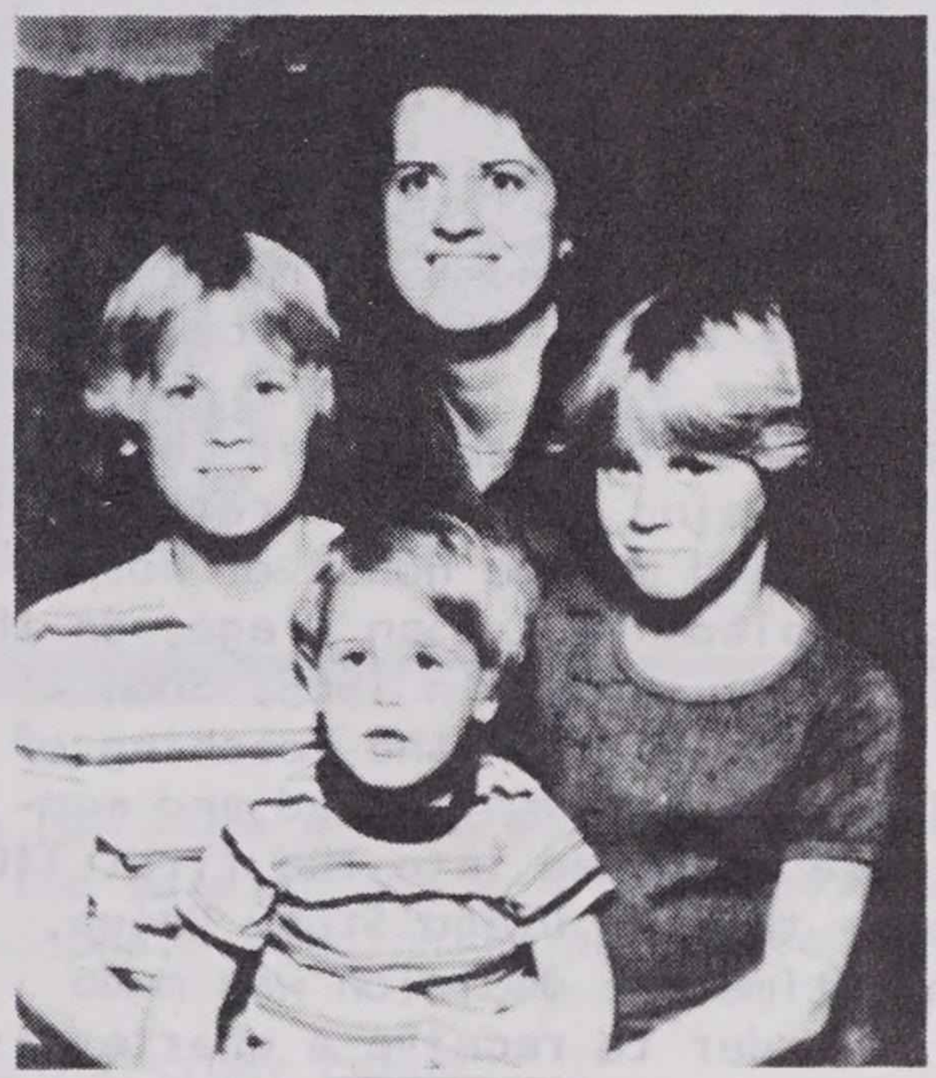
Volume 1 November/December 1980 Number 5

Janet Bell Receives Ministerial License

Leader-Teacher Janet Bell of the Ventura County TIC Study Group will receive her ministerial license and Co-Mission at a special ceremony during the Sunday morning Celebration at the San Diego Center at 11:00 A M. on November 16.

LT Janet completed her Inner Christ Counseling training during a visit to the Administration Center in San Diego on October 19, when she also was the speaker for the Sunday Service at the San Diego Center. The title of her talk was "Struggle or Joy -- You Choose!" A group of her students from the Ventura County Group attended the Service, and were welcomed by Dr. Ann Meyer, the host minister. The newly formed San Diego choir honored Diane Keyes, a leader of the Ventura County Group, by singing a special arrangement of her original song "Be Still and Go Within".

Rev. Janet will be honored after the ministerial license presentation Service by an informal reception.



Janet Bell with her sons Matthew and Anthony and daughter Bethany.

Merry Inner-Christ-Mass!

We, the Staff of the Double Heartline are knowing for each one of you a Christmas season of Peace, Love, Light and Joy, and a New Year of Great New Experiences of growth and fulfillment. Love from Ann, Marion, Tom, Norman, and Pamela.

Rev. Richard Musil to join San Diego Center

Rev. Richard Musil has returned from his work at the Phoenix TIC Study Group to serve as an Assistant Minister of the San Diego Center. Rev. Richard will receive his new Co-Mission at the San Diego Center at the Sunday morning Celebration on November 16. Rev. Richard is already lending his services to the Center as Sunday School teacher and class teacher. His Co-Mission will also include counseling work in conjunction with a local Convalescent Hospital. TIC San Diego welcomes Rev. Richard Musil as one of its leaders.

ICAC Celebrates Appreciation Day

By vote of the TICAC Centers and Study Groups, the first Sunday of November has been designated as annual "TICAC Appreciation Day". The purposes and history of the Inner Christ Administration Center, the non-profit corporation which unifies and supports the Teaching of the Inner Christ,were highlighted in the Sunday Services of the Centers and a special offering was taken for the benefit of the TICAC Central Organization, on November 2. The history of the ICAC was reviewed at the San Diego and San Francisco Centers, as a part of their celebration.

The Teaching of the Inner Christ came into being with its first Worship Service, held at the House of Hospitality, Balboa Park, San Diego, on the first day of spring in 1965. Soon after, the Society for the Teaching of the Inner Christ was formed and members were received into the first TIC group -- the San Diego Study Group. At that time the decision was made that in order to receive a charter as a TIC Center, a Study Group must have fifty or more members. The Society for TIC was originally incorporated on September 8, 1966, and its founders, Dr. Peter Meyer and Dr. Ann Meyer were ordained two days later on September 10. The San Diego Study Group became a chartered Center in 1968, and the charter was presented at a special Charter Day Service on March 31 of that year.

In December of 1977 the Teaching was divided into two corporations, as Dr. Ann Meyer founded the Inner Christ Administration Center, Inc. On January 7, 1978, the Executive Board of Directors of the ICAC was formed with the following members: Dr. Ann Meyer, president, James Dickes, vice-president, Dr. Marion Dickes, secretary, Rev. Jeff Spry, treasurer, Dr. Norma Spry, Robert Utterback, and Jack Brem. The first meeting of the newly formed Central Board of Regents, which Board regulates the Teaching aspect of the corporation, was held January 11,1978, with the following members: Dr. Ann Meyer,president, Dr, Marion Dickes,secretary, Dr.Norma Spry and Rev. Norman Tierce.

The new corporation began with five branch groups: The San Diego Center, the Escondido Center, the Long Beach Study Group, the San Francisco Study Group (now a Center) and the Wasatch Study Group of Salt Lake City. Soon afterward the Phoenix Study Group joined the organization. Later new Study Groups were formed as new leaders were prepared to carry on the work of TIC. On March 15,1980, Prayer Therapists Marie Sykora and Linda Swetz became leaders of the Sacramento Study Group and Leader-Teacher Janice Lui became leader of the Saratoga Study Group. On June 22,1980, Prayer Therapist Carolyn Gilbert became leader of the Magic Valley Study Group in Twin Falls, Idaho. On September 10, Leader-Teacher Janet Bell became leader of the Ventura County Study Group in Camarillo, California.

1981 will be the fifteenth anniversary year of the Teaching of the Inner Christ, and special celebrations will be included in the programs of the annual Leaders Congress in May and the annual Seminar in July of 1981.

The Double Heartline

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Meditations Editor: Dr. Marion Dickes
People's Editor: Rev. Norman Tierce
Assistant Editor: Pamela Goodfellow
Layout Editor: Tom Richter

GOOD NEWS from TIC Centers and Study Groups

SAN FRANCISCO CENTER

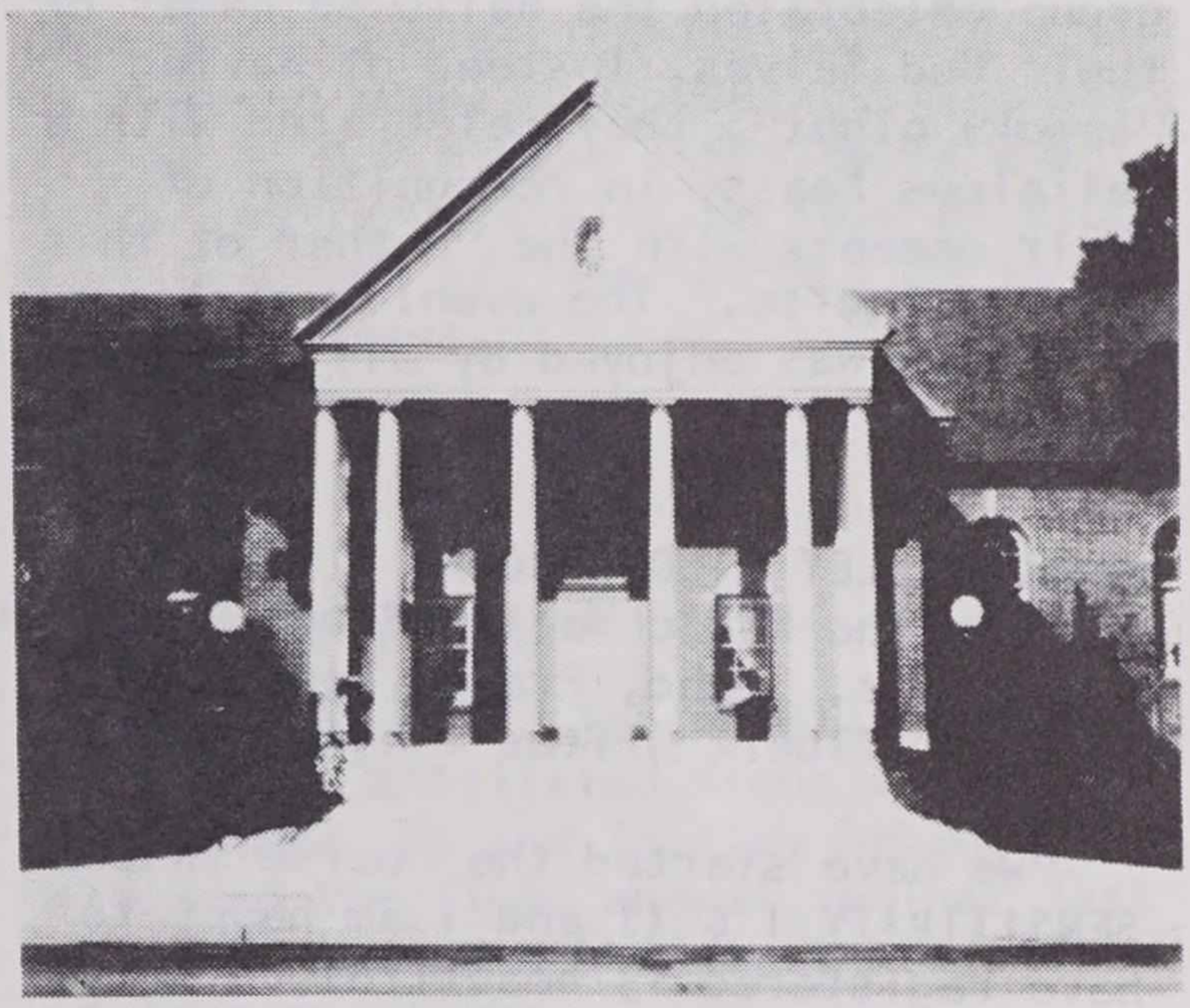
Currently the San Francisco Center has 3 curriculum courses going: Inner Sensitivity I & II with 13 students registered; Inner Sensitivity 3 & 4, with 4 students registered; and Prayer Therapy Practice I, with 10 students registered. Students are reaping their harvest from a Prosperity Seminar taught in October, entitled, "My Money Consciousness". Participants pledged to tithe 10% of any increase in their finances until the end of 1980, as tuition for the all day seminar. Another all day Seminar on RUCAT Treatment and Spiritual Mind Healing will be held November 8.

The Center will be hosting it's annual Thanksgiving Potluck Dinner on November 22, and we invite all family, friends and newcomers to TIC to join us. The monthly social for December will be a Christmas Caroling Party and we will have a special Christmas Candlelight Service on Sunday, December 21.

Our Center's Moving Fund is growing, in preparation for a move to a new facility. We congratulate Joanne Velarde for receiving a Co-Mission as a Leader-Teacher of the San Francisco Center. Joanne has been a leader, teacher, Board Member, Bookkeeper, Licensed Prayer Therapist, Prayer Circle Director, and assistant for Inner Christ Counselings at our Center. We welcome Joey Daab as a new member of our Board of Directors.

PACIFICA EXTENSION GROUP

Inner Sensitivity I & II is currently being taught at the Pacifica Extension Group, by Co-ordinator Mary Lou Arum, LT Joanne Velarde, and LT Peggi Garvey. Plans are being made for an Inner Sensitivity 3 & 4 class here in the Spring of 1981. Our November social is a Masquerade Party on November 1, All Saint's Day, hosted by Edy Crum. Edy is the host of the current Inner Sensitivity I & II class, and the new Chairperson of the San Francisco Center's Moving Committee. The Pacifica Extension Group is also having weekly Meditation Meetings on Thursday mornings at 9:30 a.m. Contact Mary Lou Arum for more details.



The new home of the Worship Services of the Wasatch Study Group lends an atmosphere of dignity and peace.

WASATCH STUDY GROUP

On August 31, the Wasatch Study Group held the first Service in its new home, 4120 Highland Drive, Salt Lake City. This will be the new location for the Sunday Services from now on. Rev. Allene Remington says,"We know the beautiful environment which this building provides is the perfect place for our TIC group to grow, prosper, and shed its light."

Rev. Allene, LT Barbara Hayes, and John Nuslein are teachers for the course ENLIGHTENED CREATIVE LEADERSHIP, which is being presently offered at Wasatch. LT Barbara is also coordinating a new INNER SENSITIVITY I & II class with 15 students.

In September a day-long Retreat was held in nearby Mill Creek Canyon, at the cabin of Helen Mildon. The highlight of the day was a class in T'ai Chi taught by Shirley Schirrel.

SARATOGA STUDY GROUP

Leader-Teacher Janice Lui of the Saratoga Group channeled from her I AM Self the theme of their Halloween party. By acknowledging the passage in the Lord's Prayer, "Our Father, which art in heaven, hallowed be Thy Name," the group celebrated the hallowed names of their God Selves. Instead of having a "spooky night", they celebrated with a delicious feast, in recognition of their oneness with the "Father of this great universe." The evening of inspiration was enjoyed by all who attended.

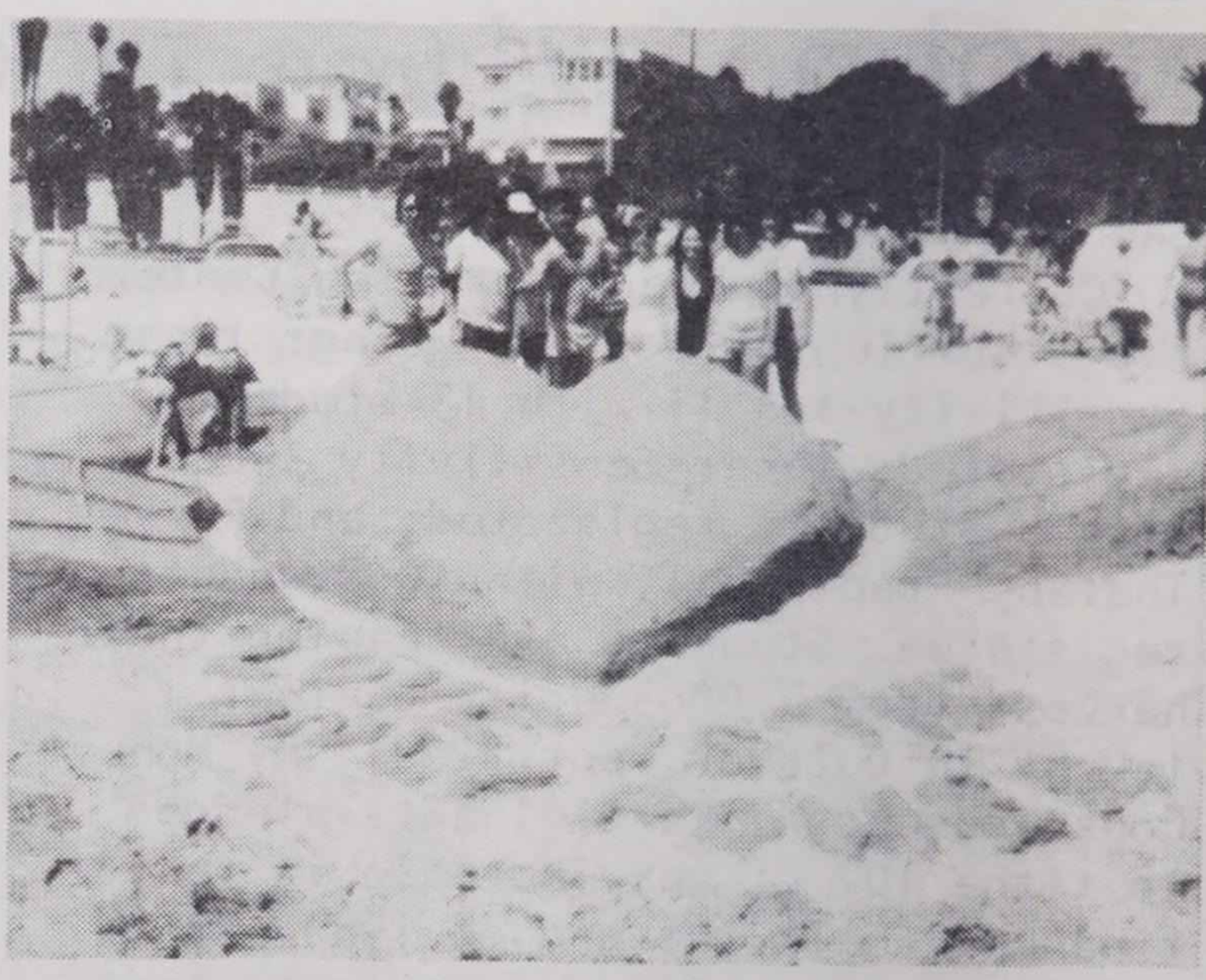
MAGIC VALLEY STUDY GROUP

From the Magic Valley Study Group in Twin Falls, Idaho, Prayer Therapist Carolyn Gilbert writes the following news:

"We have started the course INNER SENSITIVITY I & II and I am happy to have registered 13 beautiful Christs, and hopefully three more will follow. It feels wonderful to teach again, for I am also the student as always. These people are so beautiful and receptive and hungry for awareness of who they are." Carolyn founded the Magic Valley Group in August of 1980.

INVERNESS EXTENSION GROUP

The Inverness Extension Group meets at Nola Lewis' home "Cricket", which sits out on a pier on Tamales Bay. Meditations in our current Inner Sensitivity I & II class are accompanied by the sound of waves lapping against the pilings. With the Milky Way overhead and moonlight on the water, "Cricket" is a perfect place to tune in to Spirit. Peggi Garvey, who drives from San Francisco once a week to Inverness to teach classes with Nola says, "I love the rolling hills, and I always see deer, and hawks and at least one shooting star on my way here or home." Congratulations go to Nola Lewis, the Co-ordinator of the Inverness Extension Group, for receiving her Prayer Therapy Degree in October.



Members of the Long Beach Study Group present their sand sculpture, the TIC "Heart over the World", with the slogan "Love is the only Power".

LONG BEACH STUDY GROUP

October was "Membership Month" at Long Beach TIC. On Sunday, October 12, a Champagne Brunch was held to celebrate old and new friends of the group. On October 11 an Awareness Seminar was organized by their "Male Awareness Group".

This past August 24 the Study Group entered the Long Beach Cities Great Sand Sculpture Contest. A team of TICers built a huge heart with the world symbolized on its sides, out of sand, water, and energy. The words "Love is the Only Power" were sculpted in front of the heart. Even though no award was given to the group, Rev. Vicki said,"We reaped great rewards out of listening to hundreds of people speak out the words 'Love is the only power', as they stopped to view our sculpture."

The annual sailing trip to Catalina Island was again a great success. The group spent their time on the trip snorkling, swimming and sunning. The weather was beautiful, they report, and there was plenty of wind to fill their sails.

Plans are in process for a Christmas dance and a ski trip in January. For further information on these, contact the Long Beach Center.

SAN DIEGO CENTER

The classes are in full swing at the San Diego Center, the fall season having begun with our Homecoming Pot-luck dinner on September 19. The dinner, which was attended by 100 happy people, was followed by a Talent show directed by Marilyn Glattly.

Courses in progress at present are INNER SENSITIVITY I and II, Class "A", INNER SENSITIVITY III and IV, and PRAYER THERAPY I. INNER SENSITIVITY I and II, Class "B" begins Tuesday evening, November 11.

Special events in the near future are a Poetry Reading on Sunday, November 9 at 3:00 P.M., with Richard DeCourcy in charge, and our annual Thanksgiving Potluck dinner on Friday evening, November 21.

A Healing Power Workshop was presented on Wednesday evening, November 4. This was created and led by Rev. Ruth Shimeall, who is the director of the San Diego Center Healing Ministry.

San Diego Center is proud of its newly formed choir, directed by Dr. Ann Meyer, assisted by Helen Brem. The choir performs for the Worship Services the first and third Sunday of each month.

ESCONDIDO CENTER

Dr. Norma and Rev. Jeff Spry hail November as "Prosperity and Success Month" for the Escondido TIC.

A workshop on Journal Writing will be taught by Ron Halvorson on Saturday, November 22. On Thanksgiving day at 3:00 P.M. Thanksgiving dinner will be held at the Center. The Center will provide the turkey, and the remainder of the dinner is to be "potluck". All are welcome to this feast.

A "Certificate Sunday" is planned for November 16, at which graduates of recent courses in INNER SENSITIVITY I & II, and INNER SENSITIVITY III & IV, LEADERSHIP I and PRAYER THERAPY will be recognized.

Rev. Jeff Spry gives special thanks to James Dickes, Rev. Richard Musil, Bob Robinson, and Richard DeCourcey, who recently spent a Saturday at the Escondido Center putting a roof over their patio.

Christmas is always a special month at Escondido TIC. Their traditional Christmas Candle-Lighting Service will be held on Wednesday evening, December 17, at 8:00 P.M.,and a New Years Eve Releasing Service will be held at 8:00 P.M. December 31. The Sprys wish to all "Happy Holidays."

THE VICTORIA GROUP

Dr. Leonard M. Thornton sends news of the TIC Affiliated Group in Victoria, Canada. He and Shirley Robinson attended the TICAC annual seminar last July, and added a beautiful vibration of love and light.

Writes Dr. Leonard:

"Our group is going fine; in fact, we've started another meditation class since our return from the conference. Shirley is also teaching a "Woman Awareness" course and has a meditation class for children.

We're in the process of setting up our own non-profit organization called "The Inner Christ Light and Life Association". We hope to be incorporated soon. My hope is to set up a healing light centre which will help pioneer New Age living patterns and provide a well and healthy environment for those in need. It is also our desire to become reasonably self-sufficient economically, which involves acquiring land, growing crops, and using such things as solar technologies. The emphasis will be on spiritual attunement, teaching and healing, so it will be an open community providing services to the wider community."

If anyone in the vicinity of Victoria wishes to get in touch with the group there, it is included in the list of Centers and Study Groups on page 13 as a "TICAC Affiliated Group".

From the Editor

Love, the Only Power

by Ann Meyer

About twelve years ago, a TIC student named Ann del Amo came for her private lesson in the course LEADERSHIP II. One of the first things Ann said was, "I keep getting from my I AM Self,'Love is the only power; joy is the only way.' I think I'll write a song." Not only did Ann's song become an integral part of the TIC teaching, but the slogan "Love is the only power" has become representative of the Inner Christ movement.

Sometimes I stop to contemplate the real meaning of this phrase. What would happen in the world if many people realized that love was, indeed, the only power? What would become of struggles and wars? What if love alone had the power to free the American hostages in Iran? What will happen when many people in the world understand how to use love power as the only power in their lives? Many of us have seen violence melt in the path of love energy being sent out.

One woman was walking to her car in a parking lot when she was grabbed by a man who demanded her purse. Suddenly her I AM Self took her over. Without any fear, only love, she told the man, "I am divinely protected and you are healed and forgiven." The man backed away, apologized to her, and left. Many such stories give us an inkling of what Love power can do if given a chance.

If destructive force seems to have its way at times, we realize that it cannot prevail when love power is understood and used effectively.

Probably very few of us in this world have yet really touched on the incredible power of love energy, if correctly directed and used. Probably very few of us yet understand what love really is. It is a cosmic energy source yet, for the most part,untapped.



I know that after all judgment of good and evil, right and wrong has been completely dissolved from the mind,one can begin to grasp what love really is. But whatever it is -- all of us are reaching for it, working toward it. When we can understand completely that every person is doing the very best they can with the understanding they have, when we are able to place no conditions on our love, then we begin to sense what divine love is. When we are determined to claim good from every situation we meet with no negative judgments, we can begin to know what love of life is. Sometimes cosmic love seems to me to be a gigantic pipeline of tremendous energy, of which no one has yet turned the faucett on full.

We know that sometime we will all know the fullness of cosmic love, because we are Love. Our love resorvoir is built up each time we receive a love feeding from our God Selves. Love will take over the world. And then what will the world be like?

Praying for the World

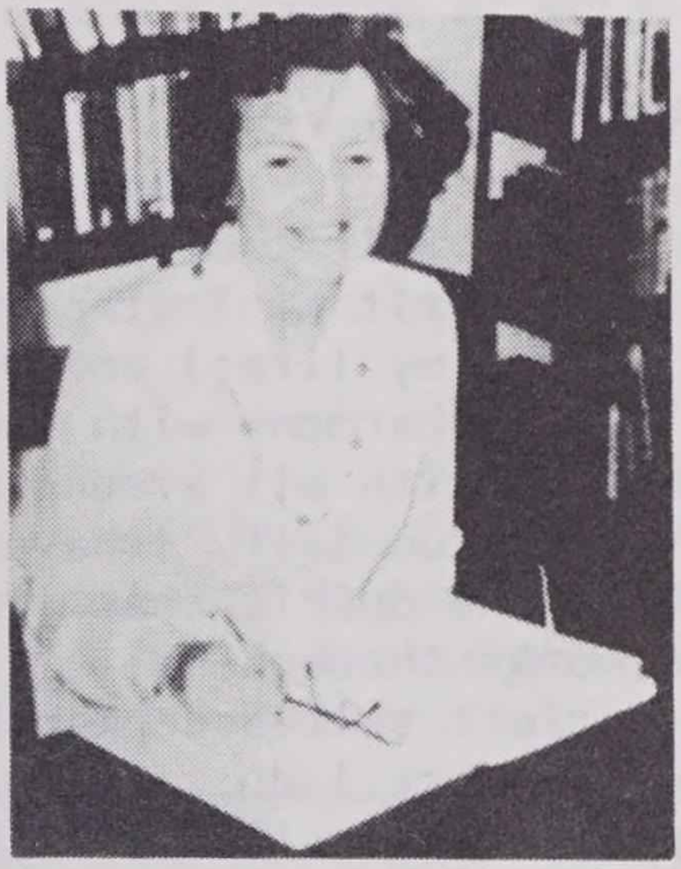
by Marion Dickes

Problems beset the world, and the news media and thought atmosphere are full of the latest developments on the local,national and international scene. As a praying person,have you sometimes felt that the world and its problems is just too big and confusing to pray about? Have you felt it hard to believe that your prayers can have any positive effect on problems elsewhere? Praying for the world is done in much the same way as praying for a person, a business or a situation.

Following the scientific prayer formula taught in all TIC study courses, focus on one problem at a time. DEFINE what you are praying for. RECOGNIZE God "right where the trouble seems to be". UNIFY the group or situation with God; know and feel the innate oneness. CLAIM the desired good clearly. State your ACCEPTANCE of the perfection you would like to see there, and thoroughly DENY the trouble that appears to prevail. Then give THANKS TO GOD that the new good is so NOW. RELEASE your prayer to the power of the universal laws' operation. Thereafter, AFFIRM that divine right action is taking place.

Another effective way to aid in the healing of the world's ills is to VISUALIZE each group of people and each area just as you would like it to be -- healthful and educated, adequately fed, industrious, prosperous, peaceful and happy. Form a clear mental picture of the sick getting well, the poor getting rich, the enslaved becoming free, the ignorant being taught, all persons leading their life responsibly, and everyone becoming aware of their own identity as a child of God.

With daily practice you will build your faith and conviction that you are helping to right the wrongs. When we pray for the world and visualize it



perfect, its healing is taking place bit by bit because it is healed in our minds -- and everywhere. WE CAN HEAL THE WORLD THROUGH PRAYER.

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Through prayer
there is always a way.

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I Am Spirit's Vehicle

I live in the Spirit of Truth; I know that the Spirit of Truth lives within me. It is my life;I am Spirit's vehicle. I am in harmony with the universe; I am one with all around me. I am one with my True Self. I have absolute faith in the Spirit that lives within and works through me.

I have perfect self-acceptance in myself and the work I do, and in the words I speak. I know that I am being perfectly guided in everything I do and say. Negation has no appeal or meaning for me. Through the eyes of perfection now I see the beautiful truth in myself and all persons. I speak the truth with confidence and ease. I am happy,well, and manifesting my perfect life. So it is.

Norman L. Tierce

My Divine Nature

The Father God ever expressing more of Himself does so through me. I AM THAT I AM. I experience life through the Christ consciousness working in me and flowing through me. This life-flow is my divine nature, my heritage and my gift from God. My divinity is all that God is: Joy,Peace, Love, Life, Wisdom, Light and Power.

I know myself to be perfect, spiritual and divine. God has richly blessed me with His attributes. I accept my oneness with Him and give thanks. I am centered in the divinity of God, and His nature is mine. Our Spirits merge and MY OWN DIVINE NATURE IS MANIFEST.

Helen Louisa Chadwick

Love Frees Me

I am totally unified with the Infinite Power of Love. I allow the power of Love to flow through every aspect of my life right now.

Love frees me from all self-judgements that I've ever had about myself. I freely align myself with my true desires, I trust in the Love of my being to guide me perfectly in all areas of my life. I am free right now to make the changes in my life that I desire. LOVE FREES ME TO BE ALL THAT I DESIRE TO BE. Thank you, God. And so it is.

Debbie Travers

My Clarity Attracts My Good

My mind is the Mind of God. I realize the God within me knows exactly what I need. I trust my inner awareness to guide me in realizing the Truth of my seeking and the fulfillment of my desires. I trust and accept the importance of my clear Christ Mind. With the clarity of my mind I see the Truth of my Being. I heal and lift all confused or cluttered thinking. I release any temptation to focus excessively on finite details.

I know that my clear thinking creates a greater awareness of Love and Truth and clears a pathway for successful living. I make my decisions to be fulfilled. My happy frame of mind attracts Universal Substance, emotional fulfillment, understanding and peace. I am happy now! Thank you,God. And so it is.

Evelyn Eads

The New Age Child

A series of Three Articles by
Candace Stryker,M.A.

Part I: A Divine World

A child born in 1980 will mature in the 21st century. Fulfilling various prophecies, the child as adult will bring the Universal Principles to earth or level of manifestation. To the best of our knowledge, a wonderous life awaits.

On our visible level, inanimate objects will sensitize us that we might share in their level of consciousness. Insects, soil, rocks, plants and animal life forms now consciously cooperating with various humans on the planet will, in time, labor with common eagerness to banish barrenness and world hunger and create a fertility that is Eden. Science, the deity of our time will take its rightful place among the other branches of knowledge. It is likely your child will assist by volunteering to document the paranormal. His or her repeated demonstrations will make the unique common. On the soul level, the adult of the next epoch easily will leap into and out of contact with his and others' incarnated states smoothing the rougher parts of past lives and bringing to awareness the Whole of the Self. In his or her time, it will be taken for granted that each human has personal guides, visible or otherwise, available on command, who will instantly equip or direct the human with desired knowledge or assistance. This continual direct communication will speed the human education to incredible dimensions. Trained in attunement, the issue of the Self, identity and self-conflicts or the Who Am I that has plagued man for so long will be gone. The child who early marries the Self will have a great willingness for the common good and this will be the New Age commun(al)ism. This intensified giving will result in spectacular planetary implosions and explosions of awareness. These will swiftly elevate all to a new and desired consciousness. The joy and pleasure of such a life will spread, glow and vibrate the New Age human, the group. the planet and the Universe. In this manner will New Age consciousness attract to itself and go out to meet other Conscious Universes.

This is the first in a series of three articles on "The New Age Child". The author, Candace Stryker, holds the degree of M.A. in Philosophy of Education from Columbia University.



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Tune in to People

"I would like to levitate my body"

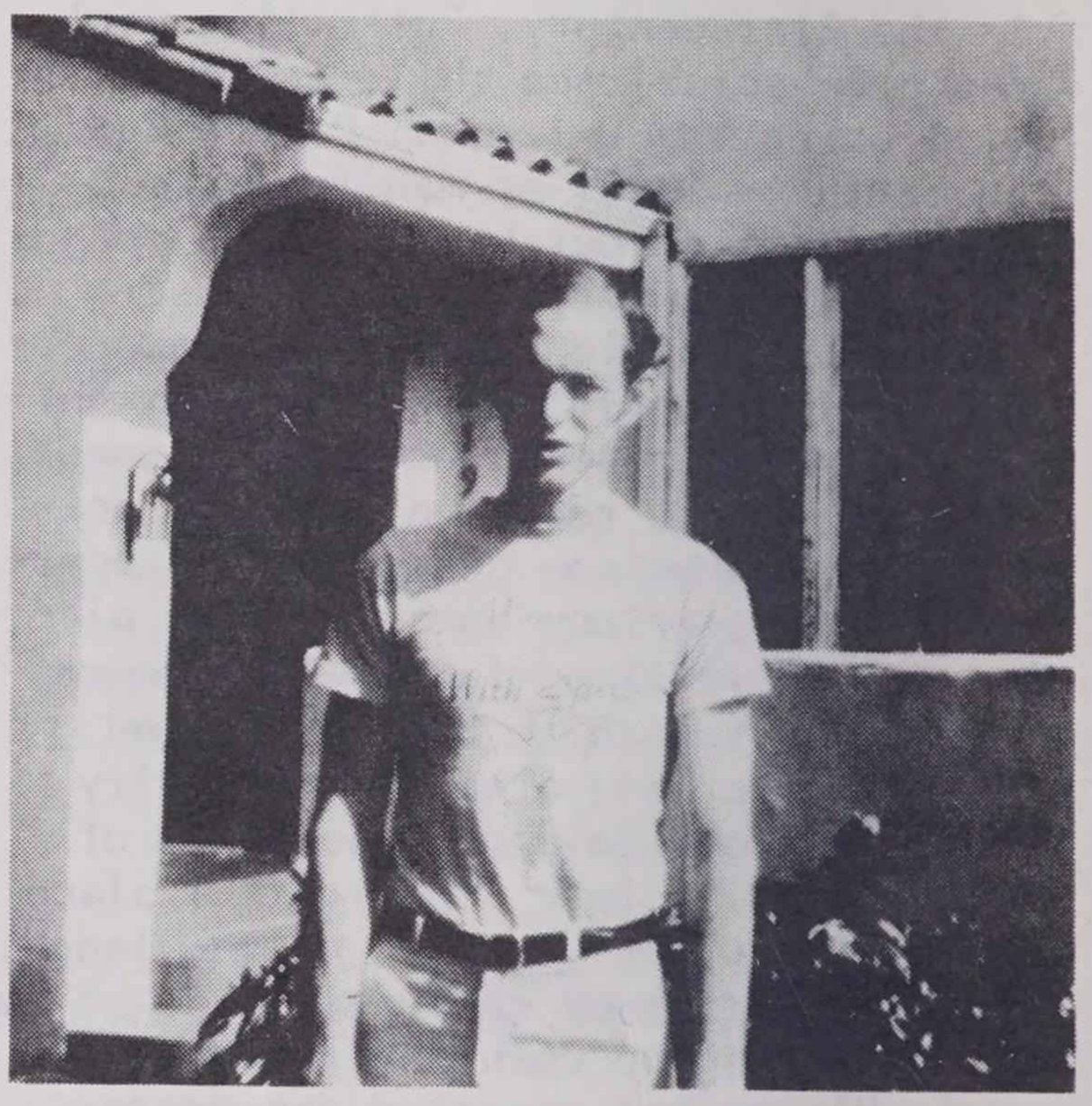
— Rev. Chris Morgan

by Rev. Norman L. Tierce

This is one of the goals of Rev. John Christopher Morgan. Rev. Chris Morgan is one of the newest ministers of The Teaching of the Inner Christ, ICAC. He became a licentiate minister on July 11,1979, and accepted a co-mission with the San Diego Center, where he stayed until November 1,1979, he then accepted the co-mission of working with the Long Beach Study Group, where he is today.

It was in April of 1971 that Chris Morgan first came to the TIC. He was looking for something and not sure of what it was. But he knew that he had found it when he walked into the Salt Lake City Center of the Teaching of the Inner Christ. In his words, he "found the place where the shoe fit". It was there that he met Rev. Allene Remington and from that day on something developed that helped to shape Chris's life. It was a form of relationship in the field of communication, "a giving and taking,a complete sharing of ideas." This in and of itself meant a great deal to Chris. Later when Chris came to the San Diego Center and became a Prayer Therapist in 1978, he brought with him the ideas and vibration that he had developed through this beautiful relationship.

As an insight to himself, Chris says that he is somebody who is just awakening to himself and what he really wants to do. Besides desiring to someday levitate his body, Chris also is interested in music, dance, acting and playing the piano. He took piano lessons for 10 years and has recently been taking acting lessons. Chris feels that he would like to make a career of acting. He would also like to see the Teaching put into movies someday, perhaps similar to "The Wizard of Oz" or his favorite, "Peter Pan".



Chris enjoys living and teaching metaphysics, helping people wherever he goes. He feels that as a teacher he learns more than the students,thus growing more with each day that passes. He knows that he has grown a lot, but there is always more room for growth in life -- which is what makes it worth living. If he could he would like to tell the world about LOVE -- what it is and where it is. He says that love is one of the things you learn from the inside out. He feels that we need to stop going outside of ourselves for what has been within all along. He feels that we should never give up looking within. The last thing that Chris shared with me for this interview was this, "To really know yourself, you must allow yourself the freedom to really be yourself and the understanding to accept yourself", and this is what the Teaching of the Inner Christ is all about.

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Nola Lewis, Co-ordinator

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Mary Lou Arum, Co-ordinator

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Prayer Therapist Linda Swetz

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TICAC Affiliated Groups are groups of Truth Seekers who are in harmony with the principles of the Teaching of the Inner Christ and use the TIC textbooks from time to time in their programs. They are not a part of the ICAC corporation and their leaders are not trained and Co-Missioned by ICAC, but they feel close to TIC in spirit and intent. If you wish to learn more about TIC Affiliated Groups, you may write to the Central Board of Regents of ICAC, 3869 42nd Street, San Diego, California, 92105.

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THANK YOU AND GOD PROSPER YOU!!!

What TIC Can Do For You

TIC

(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

TIC OPENS YOUR INNER TEACHING (INTUITIONAL GUIDANCE) FROM YOUR OWN INNER CHRIST.

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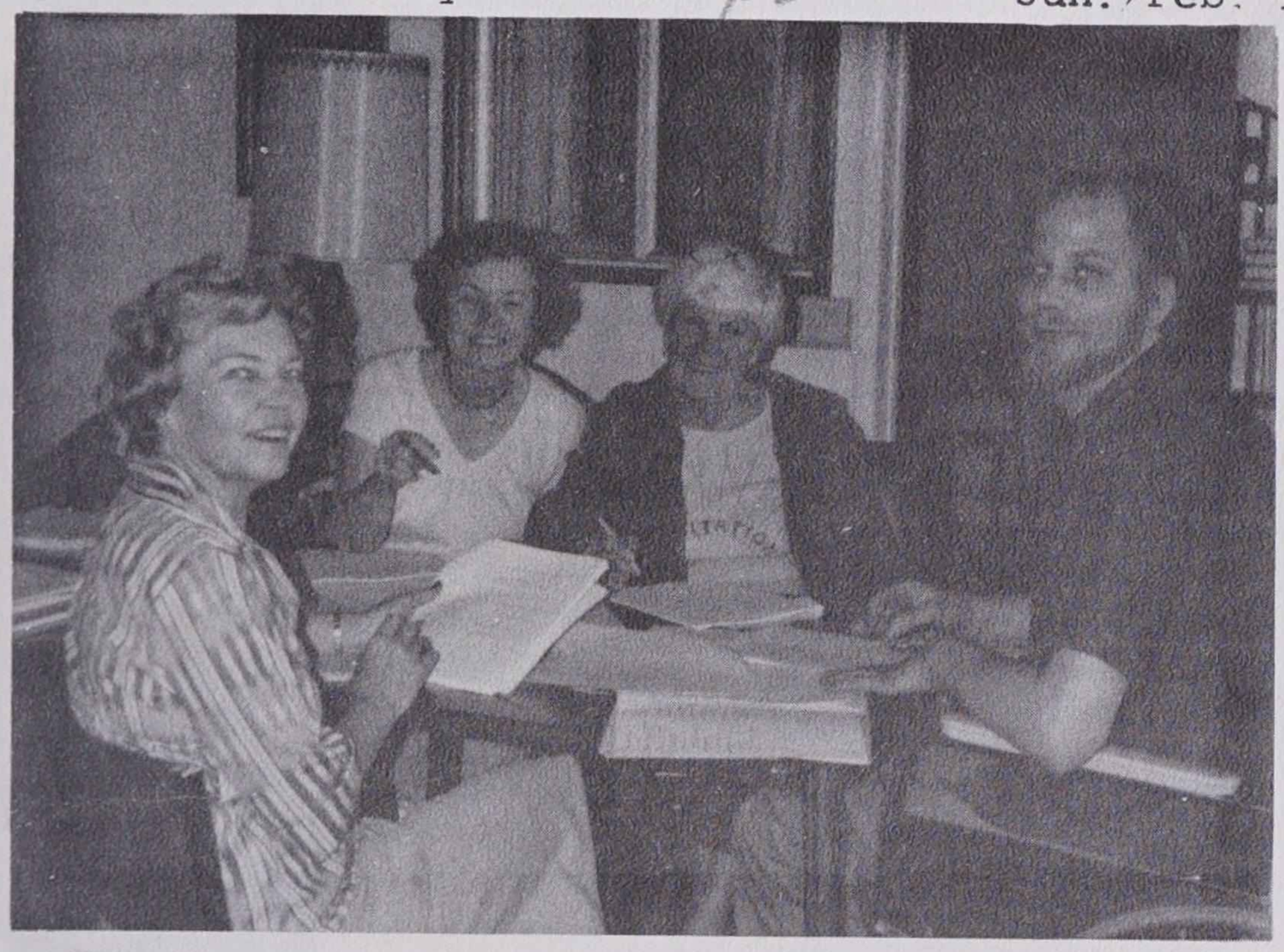
DOUBLE HEARTLINE

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TIC Central Board of Regents: left to right, Dr. Ann Meyer, Dr. Marion Dickes, Dr. Norma Spry and Rev. Norman Tierce.

Prayer Therapy 1 Being Revised

The Central Board of Regents of TIC has been at work for several months planning a revision of the courses PRAYER THERAPY I and PRAYER THERAPY II. The Board, consisting of Dr.Ann Meyer,president, Dr. Marion Dickes,secretary, Dr. Norma Spry and Rev.Norman Tierce, have mapped out the lessons of the two courses, planned the textbooks and reading schedules, and are now writing the lessons of PRAYER THERAPY I. The courses are being redesigned so that PT I will focus on the self-development of the student through prayer power and deeper understanding of the principles of healing. PRAYER THERAPY II, which will be lengthened from six to ten lessons, will focus on professional work with clients.

PRAYER THERAPY I which will be composed of ten three-hour lessons, will be available to students after completing INNER SENSITIVITY I and II,and can be taken before going into INNER SENSITIVITY III and IV. This will give students of the various Centers and Study Groups more flexibility in scheduling their studies. PRAYER THERAPY II will follow INNER SENSITIVITY III and IV.

The Central Board plans to complete these revisions in time to present them to the Leaders of the Centers and Study Groups in a special seminar to be held in conjunction with the annual Leaders' Congress held the latter part of May, 1981.

Commuting to TIC Not Uncommon

Commuting to San Diego TIC for classes is not unheard-of or even uncommon.Many TICers are familiar with the legend of Rev.s Vicki Harris,Guy Stewart and Dorothy Lundgren,who commuted from the Los Angeles area once a week for three years and completed all courses through Ministerial I. Others have commuted from Long Beach,Oceanside, and from as far as Indiana and New York. The farthest commuters were Barbara Landa and Gary Allen, who came from New York state to take TIC courses and returned when they were completed.

Our newest commuter to San Diego is Roberta Zito,who has flown from Las Vegas weekly to complete INNER SENSITIVITY I and II,III and IV, and PRAYER THERAPY I.According to Roberta, her PT I course cost her $750.00 (including air fare). But due to prayer treatments made for her by her prayer partner of the course,the income from her singing engagements was miraculously increased to cover the expense and more.

Roberta is commuting now for the course PRAYER THERAPY II and expects to become a Prayer Therapist in order to establish a TIC Study Group in Las Vegas.

To the many Truth seekers in various parts of America who may have read our textbook Being A Christ! and are wondering how you can receive the TIC courses,we say -- "Commuting to TIC is not uncommon!"



LEARNING TO HEAL IS FUN! -- AT least this seems to be the mood of the 1980 Prayer Therapy I Class at the San Francisco TIC Center, shown in the above photo. Members of the class are: Row 1 (left to right) Trish Coleman, Laura Treagan; Row 2: Tina Ficarra, Randy Hollingshead; Row 3: John Fraine, Joy Meyer, Judith Orth, Laurel Druce; Row 4: Leslie Lupinsky, Peggi Garvey (the teacher), and Gayla Edwards.

Prayer Therapy Studied in San Francisco TIC

Ten future Prayer Therapists are being trained at the San Francisco Center by Leader-Teacher Peggi Garvey. The course Prayer Therapy I was completed on November 24,1980. For those who met the requirements for their Letters of Completion, Prayer Therapy II began January 5 and will be completed February 9. Those who desire to fulfill the requirements of the Prayer Therapists license application may become professional Prayer Therapists.

Other courses offered at the San Francisco Center in January are INNER SENSITIVITY I and II,TIC's basic course, and ENLIGHTENED CREATIVE LEADERSHIP, a study in Self-Leadership which is open to all, beginning February 23.

Beginning January 7, Wednesday nights are dedicated to weekly healing meetings, at which metaphysical topics are discussed,healing treatments given for those who request it.

From the Editor

The Heavenly Visitor

by Ann P. Meyer

It was on a sunny spring day that I decided to spend the afternoon meditating in San Diego's beautiful Balboa Park. As I sat on a bench going through my prayer treatments, a feeling of transcendant love swept through me. Suddenly I loved every human being and animal I could see about me on the green. Then I became aware of an extraordinarily beautiful man who was sitting on a nearby bench, gazing at me. His silent gaze made it difficult for me to concentrate on my prayers,so I left and walked over to another section of the park. Sitting on another bench, I began again to meditate and pray. The man who had been observing me before now walked past me, found a seat nearby, and again gazed at me. My body became so alive with spiritual power that I could scarcely sit still. My heart was so filled with love and joy that I found it impossible to pray-- I just sat and loved God!

Then the birds came. A flock of pigeons who lived in the park swooped down in front of the beautiful stranger and began to walk about and go through certain actions, as though receiving telepathic instructions from him. All were brown or grey with the exception of one, who was pure white. This one came straight toward me,and I received the thought that I was to watch the birds, that the white pigeon represented the Christ consciousness, which is not removed from human thoughts (the dark pigeons), but is right in the midst of them, one with them.

The stranger came over and began a casual conversation with me. He was a young-elderly man, of perfect stature. With a



sweep of his arm,he exclaimed, "Isn't this a beautiful park?" He seemed to be in loving oneness with all of nature.I said, "Well, I guess I'd better get back to my studying." He bade me goodbye and walked away.

Immediately I knew that I had been talking with Saint Francis. Filled with remorse at having terminated the conversation, I threw myself upon my knees in the grass,crying, "God, give me another chance!" But then I knew that all was well,that his purpose had been accomplished. Around me in the grass were a multitude of tiny flowers, with blooms scarcely larger than pinheads. I picked one tiny bloom, and held it in my hand. With an overflowing heart and tears streaming down my cheeks, holding the one tiny flower in my hand, I walked slowly home, and every person on the way exchanged warm,happy greetings with me. I was one with all of life. I even spoke to the birds,cats,and the plants.

Oneness with life,equality, love, joy in the natural world, --- these were the lessons that Brother Francis taught me that day.

The Double Heartline

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The New Age Child

A Series of Three Articles
by Candace Stryker, M.A.

Part II: Preparing the Child

It becomes clear how vital it is that we as parents not slot,standardize or limit a child and his time. Thousands of articles now tout the critical nature of birth and prebirth sensitivity. In just the past five years new birthing and nurturing styles have altered greatly both the parent and child of this era. At-home births,bonding, paternal intimacy and long-term nursing set a warm backdrop for the next optimal nurturing of this child. Less talked about, yet certainly as important,are what goes on with the three to five year old child. Child receptivity to adult influence and mental keenness for experiencing will never be higher and more complementary. This period is now up for grabs to either sitter or preschool.

A child's next step is formal education. Here, in this country,and now at this time, we face a visibly weakened and antiquated educational formula. At present,herding,majority rule, mass feedings and classing rub hard on even the traditional parent and child.This is dynamically true for New Thought parents and their offspring.

New Thought fully lives the concepts intended in the words Love,Light,shepherding,sense of Self,spiritual and personal identity or Self-authority and personal direction. Simply speaking, a child in New Thought must be light in order to receive Light and balanced to know Balance. The physical, mental, spiritual and emotional diets in the school system are gross and incomplete,primarily servicing the body physical and only the most primitive of demands. Processed,overcooked, and "junk" foods are a daily diet in the

Continued on page 5.

THE SPIRITUAL LIFELINE

Meditations for Daily Use

My Wholeness is My Health

I recognize God as the presence of Divine Love expressing through me and every condition and circumstance of my life. I am one with Universal Love. God and I are one. I am one with perfection now. This Truth flows through me and around me. I recognize that Divine Love and wisdom go before me, making me perfectly whole.

I claim now perfect health in every cell and in every function of all systems of my mind and body. I claim divine solutions now occur for my seeming problems. I claim clear guidance. I have perfect health now. I am whole, I am happy, I am love, I am blessed. I release all negative emotions, seeming discouragement and depression. I fully and freely forgive. I let go and let God's Love do its perfect work in the conscious, subconscious and superconscious activities of my mind, body and affairs.

I give thanks that peace, health and happiness now reign in me and my world! And so it is.

Vivian Houk

I Welcome Change

All of life, all of creation expresses itself in ever changing form. I align myself with this eternal principle and welcome change into my life. The seed of my desire is planted in the soil of Truth, PERFECTION EVERYWHERE NOW. It flourishes and prospers as I accept guidance from my own God Self.

I release all need to resist my good and I welcome change into my life. I accept all the abundance of the Universe in the form of love, good health, harmony and the fulfillment of all my truest desires. I am willing to give over now to allow God to express through me. My strong and steady growth is manifested. I move forward always in control and always fulfilling my own true purpose. And so it is.

Rev. Jeff Spry

I Bless My Emotions

God is the Source of all my good. I recognize God as the essence of my being, my true identity. I daily renew myself through Spirit. I go to the Source for my perfect health, for my abundance of money, for my successful work expression, and for the lifting of my Spiritual consciousness. I have everything within me to fulfill all my needs and desires.

I know myself to be a sensitive, loving and spiritually aware God Being. I heal all negative judgments. I consciously allow myself to really feel what I am experiencing. I release any temptation to suppress my response to people, things, conditions -- outer or inner. I bless my emotions and willingly transmute them into the greater balance of my feeling nature. Love is the Power of Balance in me. I accept my good now and always. And so it is.

Rev. Norma Spry

The Christ Triumphant in Me

I lift my head up and praise God in song triumphant. The Christs in the Universe radiate the Love Power and I join them on the earth level in thanksgiving for my most abundant human-God existence. I open myself wide to the Perfection I Am, I have and I deserve. I fill myself with the Light and knowledge of divine Perfection and I give out all that I am to the all in the ALL.

I am grateful for the matters which command and receive my loving attention, for the natural consequences of Love in every aspect of my life, for the rich exchange among the humans in my life, and for the God-zest with which I meet every challenge. The Christ in me victoriously directs my life. And so it is.

Candace Stryker

Barbara Hayes to Carry TIC to Los Altos

Leader-Teacher Barbara Hayes, who has been an active member of TIC since 1970, is now relocating in Los Altos, California, where she plans to start a TIC Study Group. Barbara served as a Leader-Teacher in the Salt Lake City Center of the Society for the Teaching of the Inner Christ from 1977 to 1978 and with the Wasatch Study Group of TICAC from 1978 to the present time. The Los Altos Group will be the fifth group to be established in northern California. Barbara is now completing her ministerial course work and plans to become a licensed minister in the future.

Ventura County Study Group

Rev. Janet Bell, leader of the Ventura Group was guest speaker at the San Diego Center on Sunday, January 4, when she spoke on "Create Your Garden of Eden". Janet is now teaching INNER SENSITIVITY I and II at her Center and plans to offer the new PRAYER THERAPY I course after it is completed in the spring.

Marilyn Glattly at New Location

Marilyn Glattly, who has served as Leader-Teacher of the San Diego Center since 1979, plans to relocate in January in the Los Angeles area, where she will be working with either the Long Beach or the Ventura County Study Groups.

Marilyn is a professional dancer and choreographer, has taught ballet, modern dance and jazz dance at Grossmont College, Mesa College and Southwestern College, in the San Diego vicinity. She has pleased audiences at the San Diego Center for many seasons with her creative dances, the most memorable of which are her comical "Bench Dance" in which she "makes love" with a bench, and her mystical dance interpretation of the "Prayer of Jesus", from the "Pink Book" Everlasting Peace, (page 85).

Marilyn has also created body movement seminars at the San Diego Center, and has directed dance groups for many special programs at TIC as well as throughout San Diego.

She has given many inspiring Sunday morning talks and taught lessons of the courses INNER SENSITIVITY I and II, III and IV, and PRAYER THERAPY I.

Although Marilyn will be greatly missed at TIC San Diego, her talents, abilities and love will bring great power to her new environment in Los Angeles.

Seminar Date Set

The date for the annual TICAC Seminar has been set for the weekend of July 24-27, at DeBenneville Pines Conference Ground, near Redlands, California. The annual seminar is regarded as a high point in the TIC year, as leaders and members of all the Centers and Study Groups gather for a weekend in the Christ Consciousness. The seminar is also open to all who are interested in the Teaching of the Inner Christ. Brochures with full information will be available in March.

Goal Setting Theme at Escondido TIC

The theme for January at the Escondido TIC Center is "Goal setting and how to maintain the enthusiasm to reach your goals". The Sunday morning talks will be centered on this subject and a "Goals Meeting" for the Center was held after the Service on Sunday, January 11.

A Relationships Seminar will be presented Saturday, January 24, to be taught by David Chittock of Palomar College. On February 14 a seminar will be given on "How to Love Yourself", with LT Betty Blackstone as the leader.

Regular courses INNER SENSITIVITY I and II begins January 13 and INNER SENSITIVITY III and IV begins February 11.

THE NEW AGE CHILD cont'd

Continued from page 3.

school. These weaken all aspects of the human. The group exercise phenomenon in the schools is hardly geared to body attunement. Its primary motive is some exercise for all. Often it is well below, in both amount and quality, what is required to sustain the lighter body. In the particular classrooms, beleaguered instructors sometimes apply the most arbitrary ideas, terms and words to a child. Low vibrations sometimes enter and a weakened sense of self occurs. In the administering of theory, a small group of authorities can often change a parent's mind about what he knows about his child. Such counsel can deprive a parent of his/her parenting and/or self-authority. In time, your child may see your opinion in league with adults-who-can't-or-won't-listen. In the meantime, he or she can lose valuable and budding skills of his or her own inner sensing abilities. He can be dulled in the herdlike sense. If so, a child must wait until his or her uplifting can occur in a more conducive setting, at a later time, and at a much later age.

We as parents then deliberately postpone what we know and eagerly anticipate will come. This is a grave injustice. Our vision has taken us into a leap of consciousness. Now we need an adequate leap of faith to prevent spiritual retardation in these children, and subsequent delay in planetary progress.

Tune in to People



"Let Your Love Out"

by Norman Tierce

For this interview we are turning the spotlight on Sacramento,California,where we find a very beautiful and loving young woman. Linda Maria Swetz was born in Los Angeles,where she grew up. Linda first came to the Teaching of the Inner Christ in 1969. Her first contact was with the San Diego Center. Later as she continued her education in the field of nutrition, she found it necessary to move away from San Diego, but she did not leave the Teaching of the Inner Christ. She went on to take courses at TIC Study Groups in Berkeley,Mesa, Arizona, and Sacramento,California.

Linda Swetz is now a Prayer Therapist and during the year 1980 has been co-leading the Sacramento Study Group with Prayer Therapist Marie Sykora. Linda is also a Nurtitionist for the County of Sacramento. She is director of a federal nutrition program for women,infants, and children, as well as maintaining a private practice. At the present time her goal is to return to school for a doctorate in public administration. She says that she wishes to coordinate food programs at the federal level. She also wants to incorporate the TIC principles into the governmental bureacracy.

If Linda could tell the world one thing, it would be; "Help others in every way that you can. Let your heart rule the love you have inside and heal all you come in contact with. Let the Love out." To Linda the important thing in life is LOVING - "Love means acceptance of others the way they are,not trying to change or manipulate people to meet your needs. Loving means enjoying people for what they are."

If Linda could change one thing in the world it would be <u>resentment</u>."When people hold on to negativity from the past, they stagnate and die psychologically. Seeing with the Christ Mind's eye removes all resentment and hatred, and allows the individual to be seen as he truly is, - in the light." Linda would summarize the Teaching of the Inner Christ to newcomers in these words, "TIC allows all the wonderful, glorious feelings being held inside to emerge, flow freely and touch and heal ourselves and others." This is why Linda Swetz lets her Love out for all to feel and share.

Prayer and the Single Eye

by Marion Dickes

Where do you focus your attention when you pray--on what you want to overcome,or on God? At first it may seem irrelevant to think of God instead of your problem,as if in doing so you ignore the very thing you must conquer. But Recognition of God is the first step of our scientific prayer formula of Recognition, Unification, Claim, Acceptance and Thanksgiving (as taught in our text book BEING A CHRIST!, Lesson 5.) Scientific prayer is a process of reasoning which harmonizes the seeming opposites and helps us to find the truth about a situation. This method of praying enables us to reason away fears and error thinking which were the mental cause of the problem. Healing takes place automatically.

While praying for the healing of a physical condition or the righting of a situation, don't continue to look at the ill or wrong, but use your creative faculty of imaging to see what you desire--wholeness,health,order, harmony,abundance. For you can't behold the false or incorrect and produce the healing or positive change desired. As you change the way you view it, it will change to reflect the positive image in your mind. When Jesus looked at the persons who came to him for healing he did not behold the withered arm,the blind eyes, etc. He beheld the perfect being within them. He saw them perfect,and such was the power of his belief that they were perfect that their wholeness manifested immediately.

Wise men through the ages have counseled us to "keep the High Watch", "keep you eye single". The logic of this advice is that what we concentrate upon is what increases and is produced in our human lives. Therefore, it is wise to choose the desired good and picture ourselves enjoying it, rather than allowing ourselves to be fastenated with something we do not want at all and letting that happen to us. Turn your back on the fears and face your desires, and pray for what you want to enjoy in your life. Why not begin now? Persist, and when you can see your good clearly,it is sure to manifest,for this is the way that ideas are translated into actuality. Pray not just "deliver me from my troubles and save me from what I fear", but ask to be shown the greater plan and the perfection that is to be made visible and tangible in your life.

Look for the good, envision the good. Open your mind to expect the good. Plan for the good, open your heart to accept and enjoy it. No problem is bigger than your problem-solving ability to pray and claim and declare the truth -- PERFECTION EVERYWHERE NOW.

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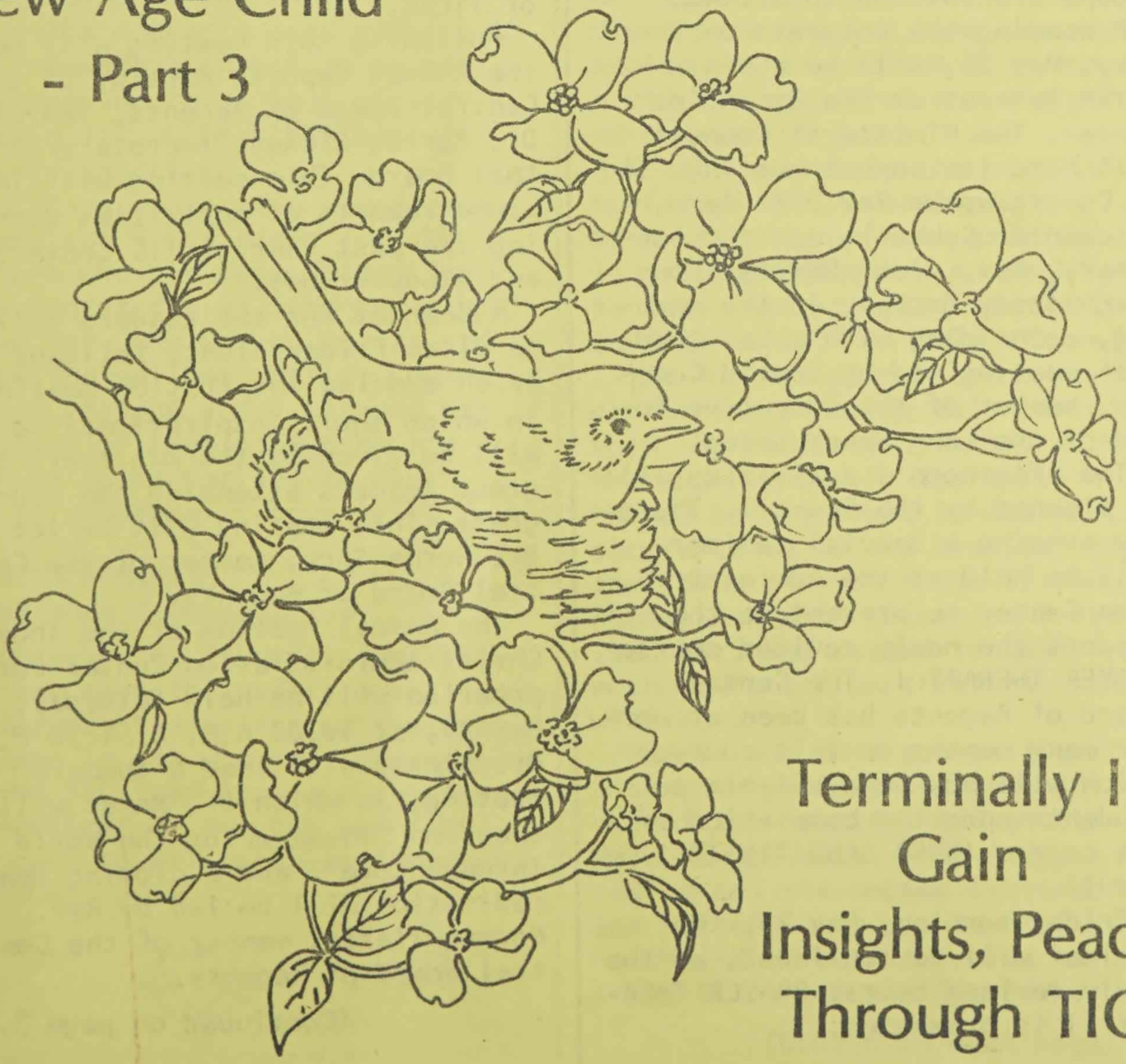
DOUBLE HEARTLINE

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The New Age Child - Part 3



Terminally Ill Gain Insights, Peace Through TIC

Plans Completed for Leaders Congress in May

Plans have recently been completed for the TICAC Annual Leaders' Congress, which will be held on Friday and Saturday, May 29 and 30, 1981, at the Administration Center of TICAC in San Diego. Ministers, leaders of Centers and Study Groups, and members of Executive Boards of these groups are invited to attend.

Preceding the Congress on Thursday, May 28, will be a Ministers' Retreat at the Escondido Center. The Ministers' Council will hold its annual meeting, led by Co-ordinator Rev. Jeff Spry, (Escondido Center), and the secretary, Rev. Vicki Harris (Long Beach Study Group), in the morning, coinciding with a Lay Leaders' meeting led by Donald Cuerdon, member of the Executive Board of the Long Beach Group.

The afternoon's activities will be planned by the Council. Thursday evening a special seminar will be held at the Administration Center to present to the leaders the newly revised course PRAYER THERAPY I. The Central Board of Regents has been at work for many months on this course, which will now be available to students upon the completion of the course INNER SENSITIVITY I and II.

Friday morning, May 29, the seminar will be continued, as the newly revised course PRAYER THERAPY II is presented.

The Congress proper will begin with a Reunion Luncheon at 12:00 Friday, and continue with the Opening Meeting at 1:00 P.M. The theme of this years' Congress is "Freedom of the Individual through Love", which will also be the title of the opening address given by Dr. Ann Meyer, president of TICAC.

Following this meeting will be the Annual Reports Meeting of the Central Board of Regents, led by Dr. Marion Dickes, secretary of that Board. This meeting will include reports of activities during the past year of TIC Centers and Study Groups.

A banquet for the Leaders will be given Friday night, followed by an evening Inspiration Meeting in which short inspirational talks will be given by the ministers and group leaders attending the Congress. This meeting will be led by Dr. Norma Spry, member of the Central Board of Regents.

The Annual Meeting of the Inner Christ Administration Center Corporation will be held Saturday, May 30, at 10:00 A.M. At 1:30 P.M. Dr. Dickes will lead a Summary Meeting, in which Dr. Meyer will speak on "Freedom for the World through Love", and a closing deep meditation will be led by Rev. Norman Tierce, member of the Central Board of Regents.

(Continued on page 3.)

Terminally Ill Gain Insights, Peace Through TIC

Leader-Teacher Barbara Hayes, of the Wasatch TIC Study Group, gives the following report of the work she has been doing, with Rev. Allene Remington and Mary Sewall with several terminally ill persons in Salt Lake City:

"Twice this year I have worked with people making their transition. The contacts were brief but had tremendous impact on me and have pointed to an area of service in TIC which I believe will be very important.

The first involved a woman both Allene and I had known for about 6 years who had been struggling with cancer for as long as we had known her. She was quite ill and asked for an Inner Christ Counseling. Allene and I offered her a series of counselings hoping both to serve her and to learn how this method of counseling could best be used in these circumstances.

At the first counseling the patient was concerned about an impending trip to the hospital for chemotherapy. At the counseling the I AM's of several of the hospital staff came in to give her love and reassurance. The discomfort she had been experiencing in her abdomen when she arrived disappeared and she gained a sense of peace.

Visits to her in the hospital confirmed my impression of her as a brave woman well grounded in metaphysics who was committed to using her spiritual contacts to help herself in this situation. She was also using a psychotherapist during this period. When she became frustrated with the experience her therapist helped her see that it was her choice to be in the hospital at that time (or not to be if she chose) and when Allene or I visited her, she seemed to gain much comfort from treatment done with her.

We did one more counseling with this patient when she got out of the hospital and once again her physical pain disappeared and she became centered and peaceful. It was several months later that she made her transition, peacefully, in her

(Continued next page)

LEADERS CONGRESS

(Continued from page 2.)

Although the Congress and seminar are open to leaders only, the Friday night Inspiration Meeting is open to all who are interested in the TIC Teaching, and the Annual Meetings of the CBR and ICAC are open to all interested members of TICAC.

Terminally Ill . . .

own bed, with her husband by her side.

The second experience involved a friend of Mary Sewall. Mary is a member of the Wasatch TICAC and had known "W" for many years. "W" came from a conventional church background, had never even visited a metaphysical church, but had had several psychic/spiritual experiences when she was with Mary. "W" had several operations for cancer over the years, made good recoveries and led an active life. However, she developed a malignant tumor on her spine that quite suddenly paralyzed her legs. She was hospitalized and the doctors told her she was "terminal". "W" was in her 80's and felt it was time for her to make her transition. Her wish was to cross over quickly and peacefully. She was in the hospital receiving chemotherapy for two weeks, then was transferred to a rest home. Mary talked to her about death and the fact that she had a "body" that she would take with her, and that the body had a name. "W" was interested and asked if she could learn her Christ-Name. Mary then asked Allene and me to go to the rest home and help bring through "W"s Christ-Name. She was very receptive and slightly sleepy from the drugs she was receiving. We talked with her a little, then holding our hands near her head to channel power I asked her to imagine a screen in her mind on which spirit would show her the name. She didn't get anything at first so Allene suggested she would get the first letter,which she immediately did. Then she got very sleepy (the nurse came in at this point with more medication) and was also "trying" hard to get something. Allene and I said perhaps spirit would give us the name, and began to body channel. However, as we silently were doing this, "W" got the next two letters herself. Then she drifted in and out of sleep while Allene, Mary and I got the rest of the name. "W" woke long enough to hear her name, was delighted, then went back to sleep. When Mary went back to see her the

(Continued on next page.)

The Double Heartline

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Meditations Editor: Dr. Marion Dickes
People's Editor: Rev. Norman Tierce
Layout Editor: Tom Richter

TIC in Las Vegas

The latest addition to our growing list of Affiliated Groups across the United States and around the world is the Las Vegas Affiliated Group. This marvelous new group had their first meeting on January 17, 1981 at the home of their acting leader and teacher Roberta Zito.

Roberta has been in TIC for a number of years, having completed the courses Inner Sensitivity I and II, III and IV, and Prayer Therapy I and II. And she accomplished all this from Las Vegas, commuting to San Diego to be present at practically all of the classes.

The forming of this new group was a long time coming. For every year at the annual seminar of TIC, Roberta, her entire family, and some years, one or two friends would stand up to be counted with the other Study Groups and Centers, as if foretelling the future. Now it is finally a reality, and the eight excited and enthusiastic members are diligently studying the BEING A CHRIST! textbook every week, lesson by lesson.

Roberta is currently commuting to San Diego to take the Creative Leadership course, with definite plans to continue on with Leadership II, and then into Ministerial in the fall. All for the purpose of establishing a long awaited Study Group in Las Vegas.

We all send Las Vegas Affiliated Group our love and support, and look forward to seeing them all at the annual TIC seminar this summer.

(Continued from page 4)

next morning, her bed was empty, she had made her transition five days after coming to the rest home. She had been peaceful and comfortable during that time, the night nurse had talked with her just fifteen minutes before she died.

Mary, Allene and I feel strongly that making contact with her Christ self was a key in helping "W" cross over quickly and easily, as well as facilitating her ease in the next vibration. It was wonderful to see spirit work under those conditions, wonderful to know this was something we could assist in doing. We also have the strong feeling that helping people who are terminally ill leave their body would be good practice for dying, and aid in pain relief, and a way of helping people experience their inner body, thus freeing them from fear of death. We hope to expand our work in this area.

I would like to invite any of the TIC ministers and prayer therapists who have had experience in helping people in this way to share their experiences with me. I would appreciate hearing about any techniques that were helpful."

From the Editor

A Great New Power in TIC

by Ann P. Meyer

There is a new power in TIC. This power is brought in through IAGA. And who is IAGA?

For fifteen years I have known my I AM Self to be GEA. GEA has also merged with the I AM Selves of other TIC people, and has guided and taught many, as have the I AM Selves of all of you. But recently, I was amazed to experience a great change. GEA became IAGA. When it happened I realized that this was not a merger of GEA and IAGA, but that GEA had been, all this time, only my contact with IAGA -- a "door to IAGA", so to speak. Whereas before it seems I was conscious of half a circle of Power, now I feel the whole circle. Whenever I channel Babaji, he quickly turns me over to IAGA. In my consciousness, Babaji, Konar, and Gea are now doors to IAGA.

IAGA immediately came in to all of the love power circles and class meditation circles of the San Diego Center, and I believe many of you in other TIC Centers will be contacted by Him, if you have not already been.

The new power through TIC was also prophesied by SAINTER, the I AM Self of Rev. Norman Tierce, at our recent meeting of the Central



Board of Regents. We were meditating to receive guidance on the planning of the 1981 TIC Seminar in July. SAINTER spoke through the members of the Board as follows:

SAINTER through Ann Meyer:

"1981 Seminar will mark a great change for the Teaching of the Inner Christ. This is the beginning of the real growth of the Teaching. Up until now, the Teaching has been in a preparatory stage - laying the foundation, growing the roots. You will notice many differences in the 1981 Seminar. Great power, a great lifting of everyone who is there. Be prepared for this. Have your staff ready for this.

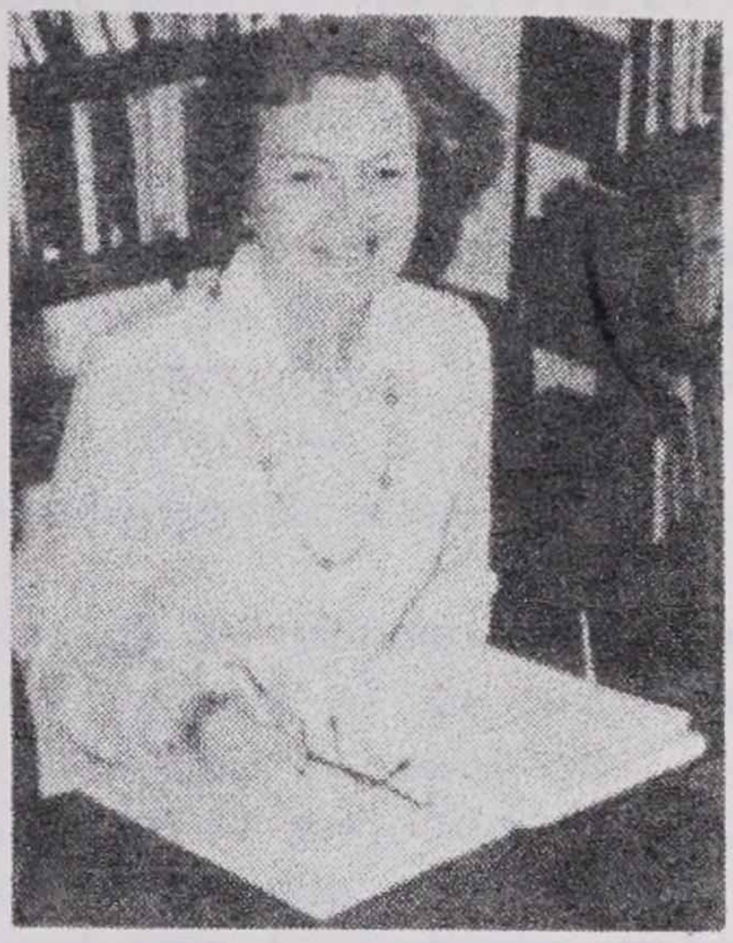
(Continued on page 12)

Lifting Yourself

By Marion Dickes

Perhaps all of us have felt "down" at times--sad, discouraged or weighted with negative thoughts. Moods are the result of attitudes, not causes of them. To dwell in a low state of consciousness can prolong our discomfort and inhibit our self-expression and productivity. But as daughters and sons of the omnipresent God, we are designed to live free lives, to have free choice, to be happy and to be abundantly provided for. Thought is our tool, and we each have the ability to change our moods by changing our thoughts. We can change our consciousness by treating our own minds to know the truth which heals the falsities which depressed us. All persons have access to the spiritual power, knowledge and love within Self by turning their thoughts to Spirit.

Some ways you can lift your consciousness are: SPEAK THE WORD...DECLARE IT...ASK. Just ask for a lifting. Say to God, your I Am Self or your Christ Self or Jesus or Babaji, "Lift me" and they will do it. AFFIRM "I AM IN THE HIGH CLEAR CONSCIOUSNESS OF THE CHRIST: ALL IS WELL WITH ME." LOOK TO THE LIGHT and let your consciousness be lighted and inspired. A lifting brings a change of vibration. When we receive a lifting, we operate on a finer, higher vibratory level and feel more light in mind and body.



Nothing is chronic. No matter how long a condition has persisted, it can be resolved by a thought of truth which cancels the error thought (mental cause.) An illness or an uncomfortable situation has no power to continue because it was a result, not a cause. Only the spiritual perfection can be permanent.

As you develop the ability to bounce back to consistent positive thinking, you will find that you are less often discouraged or moody. Eventually such spells will no longer occur. God helps us as we help ourselves, and not until we lift ourselves, can we help to lift those around us. So lift yourself, and enjoy experiencing what you want.

THE SPIRITUA

Meditations for

Abundance and Plenty

God is all supply, the abundant Source of all good things, the substance, the being, the essence of all forms of good. The nature of God is abundance and plenty. There is an infinite supply of Spirit everywhere, therefore there is an infinite supply of God's good everywhere in my life now.

I know that money is Spirit made manifest; it is the substance of the love of God, and therefore it conforms to the nature of Spirit and obeys the law of infinite supply. I now lay claim to my divine surplus of money. Spirit provides the means to meet all of my expenses easily and with money to spare. I never feel financially depleted, for I know that all of my money comes from the One Infinite Source - God.

I am able to circulate money freely, give generously, and give back to the divine source with joy, for my money is a trust from God, and is ever abundantly present.

I THANK GOD THAT ABUNDANCE AND PLENTY IS THE LAW OF MY LIFE.

James Gilman

(Reprinted from NEW AGE THOUGHT Magazine)

I Fear No Evil

"He shall give His angels charge over thee, to keep thee in all thy ways." - Psalm 91

God is everywhere present. God is within me, around me, under my feet and above me wherever I am. The angels of His presence surround me and go before me, spreading a shield of protection against anything I might fear. I fear no evil, for wherever I go, there is only God there to meet me.

I live in faith and the awareness that God always leads and guides me in perfect ways. My faith keeps doubts, fears, and uncertainty out of my mind and experience, and I am protected in all areas of my life. Thank you, God.

MY AWARENESS OF GOD IS MY CONSTANT PROTECTION.

Irene Jordan

(Reprinted from NEW AGE THOUGHT Magazine)

L LIFELINE

aily Use

ccept My Divine Guidance

)ivine Spirit resides in me.
of Love and Truth is within
All of the wisdom of the un-
'se is mine to call upon.
'it leads and guides my life
every avenue of my expression.
completely attuned to my
'r guidance which helps me to
the truth and feel the love
every person and situation.
'e is no challenge in my life
Spirit within me cannot and
s not overcome. All challeng-
are met with Christ Love and
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how to decide, what to say.
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The Child With You, Now

(Part III of a series of three articles on "The New Age Child" by Candace Stryker, M.A.)

Many New Thought adults believe their children are here by choice, that they entered this era fully equipped, and that our role as custodians is to assist in the manifesting of what is already there.

Many parents have actively life housecleaned that they might rise to the challenge of New Age Awareness training. Accordingly and often inversely due to these children, we have become New Age persons. In response to Higher Laws, we newly understand what we know, what we take in, what we move with and what we let go in our lives. Likewise, the School of Tomorrow, without walls and regulations will be in Discernment on uniquely spiritual or lofty levels.

Understandably there is great haste to replace the old school systems with enlightened ones. Many fine efforts result in diluted experimentation that fold when teachers leave or financial support ceases. A critical factor is values. When we as parents intensely meditate and commonly join together on the exact divine principles wanted for the New Age child, then the right attitude and arrangement and vehicle will emerge. This again is faith and effort manifesting in the right "school" for the time and child.

In the meantime, education in the traditional mode must be viewed as grossly unacceptable. Void is a respectable state of consciousness and a time of great value consideration. An intense collective effort may greatly speed the process and may result in some uncanny and remarkable choices.

For the present, and contrary to pragmatic opinion, the vehicle for all the training needed by your child is love. The application of this principle alone wipes out family disease, personal and group chaos, and violent methods of childrearing and family relating. Clearing the home of Not Love frees the adults to examine the child's entire environment. Where there is no further negativity there is space for an increasing positive input. Clear Not Love from the things the child wakes to see, to the outlook he or she will wear, to the people with whom the hours are shared. As all that is you is love, the flood of a rich life engulfs the child. The face that often mirrored your anxious or uncertain face is now relaxed and in time shines with meaningful

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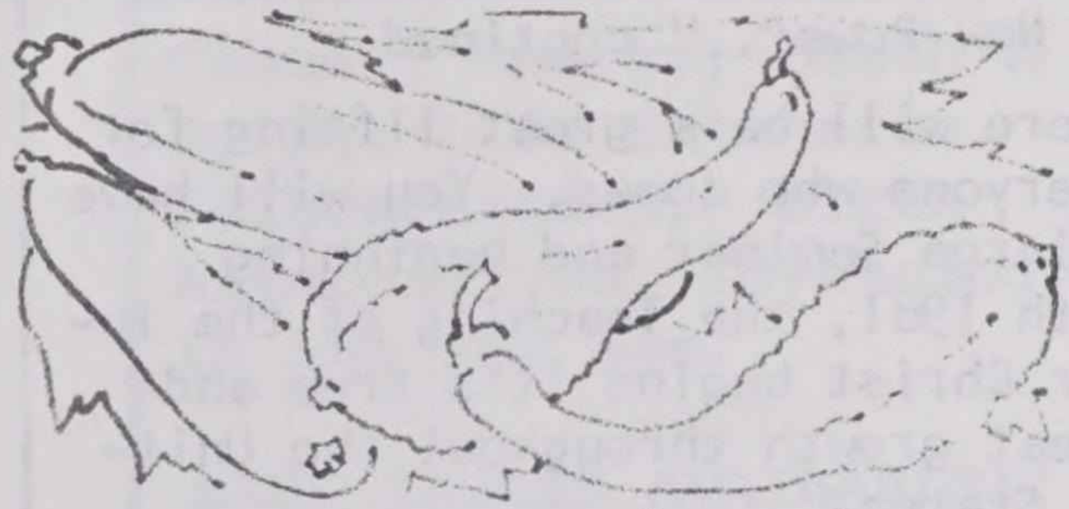


Nancy Horn performs at dance

"Double Heart Dance" Benefits Building Fund

A valentine party, the "Double Heart Dance", given at the San Diego TIC Center on Friday evening, February 13, benefitted the Building Fund and a gold "Love Bond" made out to "The Dancers of TIC" for $175.00 now hangs in the Center foyer. Music for the dance was furnished by Ann del Amo and "Random Standard Time". The evening's activities included the debut of the first studio tape of "Heartspace" a promising New Age musical group of San Diego. Vocal selections were presented by Nancy Horn and Jenifer Whisper Forster. Door prizes included beautiful floral arrangements which had been used as centerpieces for the tables. Tom Richter, chairman of the Center's Love Bond Program, was Master of Ceremonies.

New courses beginning in February at the San Diego Center were INNER SENSITIVITY I and II, and ENLIGHTENED CREATIVE LEADERSHIP (which had a registration of 28 students).



The Squash Plant

Nature's quiet powerful process of producing a plant four feet across and two feet high--from a small straw colored seed in a matter of a few days, then putting edible succulent food on it with flowers and design in green or yellow is an exciting, rewarding experience. Zuccini and crooked neck squash seeds lay in a drawer waiting to be used, just as any other seed ideas of God. I decided to take the action to prepare the medium in which to place them. It was easy and simple - inspiration and anticipation lifted the shovel - what fun! I was one with the seed, the medium, the plant and the product of the plant. It was done! Released to Life Force. Water and love murtured these little seeds for a few days and then one morning the brown earth was punctuated by tiny green beginnings of the mother-father squash plant. Change had manifested in Divine Order with such beauty. Only a while later came the gifts in green and yellow. HOW MARVELOUS THOU ART.

By Ruth Shimeall

"A New Power.." continued

There will be a great lifting for everyone who comes. You will have a large Seminar and beginning with 1981, the Teaching of the Inner Christ begins it's true and great growth throughout the United States."

SAINTER through Marion Dickes:

"Do not worry that the preparation is not yet complete, because every person is in their key place and has been thoroughly prepared for this great coming of the power. You do know how, and much support is being brought to you. All is in the hands of Spirit."

SAINTER through Norma Spry:

"At this resurgence of Spirit and power, it will be one of great love and joy. One of lightness. Release all feelings of heaviness. Let it be one of an unfolding. It is natural, open, loving. It is an easy process. Be at peace with this. You will find yourself within it, without realizing it. Joy is the key."

SAINTER through Norman Tierce:

"The time is at hand. In fact, the first steps have already begun. The first steps of establishing the spiritual identity, of bringing that identity forth from within, and building onto the foundation that has been laid so well. The groundwork is finished, the framework is complete. Now is the time that we build on from here, bringing forth power as has never been seen before, Love as has never been felt before, wisdom as has never been imagined. It is flowing freely -- all facades and barriers are down. From this core-this seed that has been planted-the fruits of spiritual life shall manifest."

So, dear ones, let us be open to receive this great power through our own I AM Selves, and to transmit it to all. All spiritual power is Love Power. Whenever we receive a spiritual power feeding, we are permanently lifted into a higher consciousness -- a higher vibration -- and those we contact will feel it and benefit from it. The key to the lifting of our world into the Christ consciousness is <u>power</u> -- fed to and through all who can be aware of it and receive it.

"LOVE IS THE ONLY POWER;
JOY IS THE ONLY WAY!"

"NEW AGE CHILD" Continued

awareness and pleasure. Because it is the essence of Child to believe they made it so, your child will see his or her entire existence from a positive, loving, self-created view. And this child will be as the Christs - bred in enlightened love, expecting and seeing the Perfect Love everywhere, in all things and in all ways, all the time. Living such a Christed life will manifest the Perfection anticipated on the earth.

The Way is already here. Let's tune into it now.

Wasatch TIC Looks Back on Successful Year

(by Mary Sewall, Wasatch TIC Correspondent)

The INNER SENSITIVITY I and II classes continue to be popular with our Utah group. Eight new students finished the course during the fall semester. The class is now being repeated on Monday nights with twenty-one new and four repeating students. BIBLE LIGHTS is also being taught on Saturday mornings with fifteen students attending. INNER SENSITIVITY III and IV will be taught this spring.

On January 25 the second of the new Sunday afternoon meetings was held. About twenty-five people came to hear Shirley Schniriel give a report on the Brough Joy, Jack Addington Workshop recently given in Salt Lake City. Shirley led the group through several of the exercises which she learned at the workshop. Everyone enjoyed the two-hour session and felt uplifted by the experience.

As we look back over the Wasatch Study Group activities for 1980 we find we have had a very successful year. Our classes were well attended, our membership increased beyond the number needed to become an official TIC Center and our beautiful meeting place for Sunday activities became a reality. Now we look forward to an exciting 1981!

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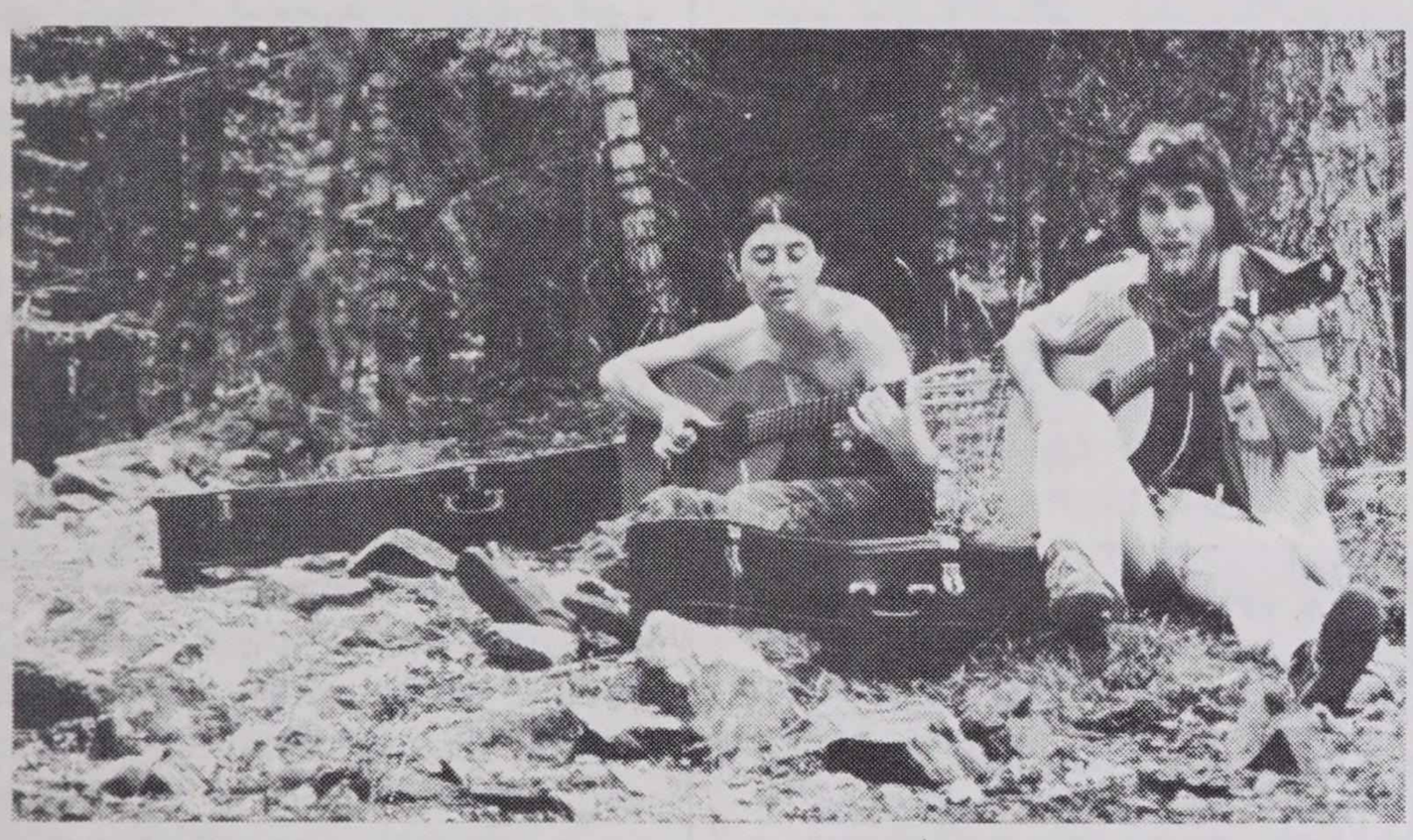
DOUBLE HEARTLINE

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It's Seminar Time!



Nancy Horn and friend share music at TIC seminar

The 13th Annual Seminar of TIC will be held at DeBenneville Pines Conference Grounds, near Redlands, California, on Friday -Monday, July 24-27. As always there will be power-packed meetings in the mornings and evenings, with small interest groups in the afternoons, and two great Love Power Circles on Saturday and Sunday nights. A sparkling swimming pool and hot tub, plus mountaintop pine forests and many rocks to sit and meditate on. This is the high spot of the TIC year. Registrations and full payment must be in by July 20. Write to TIC for full information or telephone (714) 280-7770.

Leaders' Congress Stresses Freedom Thru Love

The theme of the 1981 annual TICAC Leaders' Congress, held at the Administration Center in San Diego Friday and Saturday, May 29 and 30, was "Freedom of the Individual through Love." Thirty TIC leaders attended the Congress, with all Centers, Study Groups and Extension Groups represented.

Preceding the Congress on May 28 was an all-day retreat of the Ministers' Council, held at the Escondido Center. During the morning Ministers' Council meeting a Lay Leaders Group, newly organized by Donald Cuerdon of Long Beach Center, held its first meeting.

Thursday night at the Administration Center, San Diego, the Central Board of Regents held a seminar to present the NEW PRAYER THERAPY I course, which was just completed by the Board. Teachers' Manuals were distributed to the future teachers of this course.

NEW PRAYER THERAPY I, which replaces the former PRAYER THERAPY I, is a course in scientific prayer aimed toward developing the individual self-authority of the student. This course can be taken immediately after INNER SENSITIVITY I AND II.

The Congress proper began with a reunion luncheon Friday, followed by the opening address by Dr. Meyer, "Freedom for the Individual Through Love". At 2:00 P.M. was the Annual Reports Meeting of the Central Board of Regents. Following a catered dinner was the evening Inspiration Meeting, in which each of the ministers and leaders in the field gave a short talk. Rev. Richard Musil was presented a new Co-Mission to serve as assistant to the leader of the San Francisco Center. Special original music was presented by Eric Christ.

The annual Membership meeting of the ICAC Corporation was held Saturday morning, followed by a luncheon and the Summary Meeting. The Summary address given by Dr. Meyer was entitled "Freedom of the World through Love." The Congress was closed by a deep meditation.

GOOD NEWS from TIC Centers and Study Groups

NEWS FROM THE WASATCH T.I.C.A.C.

The last Bible Lights Class at Wasatch TIC was held on Saturday, June 13th. The following students received certificates: Barbara Boswell, Mary Sewall, and Ellen Vlasic.

The winter IST I & II course completed March 23, 1981, awarded certificates to the following students: Zelda Bills, Cory Flinders, Hannelore Janke, Beth Mair, Edna K. Overman, Bea Sandberg, Lena Sands, Joyce Trapman, Mark Vlasic and Cathy Warr.

On June 28th, Dr. Ann Meyer presented the charter to Wasatch T.I.C.A.C., which declares this to be an official TIC Center in Salt Lake City. Full details of the service will be in the September issue of Double Heartline.

The Leadership II and Ministerial courses will be given at the Wasatch Center during the summer and fall months. These classes are considered as part of the San Diego (Central Board of Regents) classes, which will be given simultaneously.

During the winter and spring months, the Wasatch has been holding special Sunday afternoon group sessions, under the leadership of Mary Sewall. At these times, guest speakers from New Thought groups are invited to speak on appropriate subjects. These meetings were held once a month and were enjoyable experiences, with excellent speakers. Between the Sunday morning services and the 2 p.m. meeting, potluck dinners were served for all who wished to participate. Because of summer activities, these meetings have been cancelled for now and will be resumed in the fall.

Prayer Therapy degrees have recently been awarded to Mary Sewall and Ellen Vlasic.

Love from Wasatch Center
Mary Sewall

T.I.C. ESCONDIDO

The arrival of summer in Escondido means warm days and cool nights (we can even see some stars). It also means that we can plan outdoor functions such as picnics and potlucks.

The focus in July is the Annual Seminar and as always we look forward to sharing the good vibrations when TIC'ers get together. Our other focus is on "Freedom" and our services will carry this theme throughout the month.

We start our Sunday Service at 10 AM thus avoiding some of the heat and allowing more time for pursuit of other fun activities.

August is another Prosperity month and we can all tune into that. We have a Rummage Sale on Saturday, August 8th, and it's an opportunity to circulate our abundance. We are looking for good quality items that you'd like to release. Call us at the Center if you have things to donate and then come to buy "terrific" bargains and support this Center.

A Study Group in Relationships will be given starting Tuesday, July 21. It's a repeat of a successful series given last year.

Come visit us while we are still out in the "sticks", and enjoy a feeling of freedom and peace.

LOVE AND TRUTH
FROM ESCONDIDO

SAN DIEGO CENTER

A "First" for San Diego TIC was a "Spirit Dance", held on Sunday, June 12. This was created by Betty Travland as her leadership project for ENLIGHTENED CREATIVE LEADERSHIP I. Featured dancers channeling Spirit were Betty, Deborah Clark, and Sandra Newell, followed by solo dancers Lyna Mahoff, Joy Newell, and Edward Bacon. Then all those present were invited to participate in the channeled dancing, and the vibrations rose to heights! Betty has consented to lead a similar Spirit Dance at the Seminar in July.

Another inspiring event in June was a concert of microtonal music on Sunday, June 21, played by Pepe Estavera, from Mexico, on a special "Harmony Harp", which has one hundred tones to an octave. Those who attended were carried into a cosmic consciousness by these universal sounds.

In September, San Diego TIC will honor TIC's fifteenth birthday with a special birthday dinner.

The regular courses are coming to a close for the summer season. LEADERSHIP II begins July 16, and MINISTERIAL I will be offered beginning September 10.

The
Double Heartline

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Editor: Dr. Ann P. Meyer
Meditations Editor:
Dr. Marion Dickes
People's Editor:
Rev. Norman Tierce
Layout Editor: Tom Richter

From the Editor

Channel Spiritual Energy to Your World

by Dr. Ann Meyer

Do you sometimes feel great spiritual energies swirling through your body, perhaps creating great heat, or even causing you to tremble or vibrate? New Age mystics are constantly receiving power from the higher levels of vibration through their I AM Selves, their souls, minds, and into their bodies. The prophecy is that the New Age lifting action for humanity will be accomplished not only by changing our thought, but by spiritual power. Spiritual power is being fed through people who are in contact with the higher aspect of themselves. We receive it with joy, and send it out to others. After receiving great amounts of power for many months or years, we emit so much of it that people who come close to us are automatically lifted in consciousness and are often healed. Through the Power being fed into the New Age Light people, all of humanity is being lifted into a higher consciousness.

We can consciously use these energies to harmonize situations of our lives. Many have had the experience of going into violent situations and healing the atmosphere by simply saying over and over, "Peace -- Peace -- Peace --" (this is "Peace Power") while sending out the particular energy of Peace. Sending love to a crying baby can work miracles in calming him. "Love Power" can heal physical diseases as well as emotional troubles. Sending



Dr. Ann Meyer

love before you into difficult situations can work miracles in smoothing out the vibrations. We can also send the power of Truth into situations where we desire the Truth to be revealed. Each of these energies does its own particular work.

A marvelous tool for healing is the "White Light of Truth" (Perfection Everywhere Now). New Age mystics "speak through" from Spirit, "write through", "paint through", "dance through", -- channel Spirit in many ways. Whenever we channel Spiritual Power onto the earth level, for any reason at all, whether in deepest seriousness or just for fun, a great lifting takes place for us, for those around us, and for the whole world.

Receive the Power in joy, give it out in love and bask in the "side effects" of health, clarity, harmony and ecstacy!

☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆

In Praise of My Self

by

CANDYCE STRYKER

I am the power and thunder
of thousands.
In an instant I know knowings
men give their lives for.
I bend away and into
the act of my life.
Breathing deep
I embrace all with my
effortlessness.
When I walk heads turn
in honor of the Whole.
The mesh of gears and bearings
draw devotees.
The laugh and tilt of my chin
is the kiss that leaves my lips
and finds a cheek
among the starved and curious.
The pause as I pass is my permit
to drive in the thick of
waking teenage girls.
Teenage boys in half-focus
look away
disinterested in my thighs
dream fields of current lovers
and then
look back again.
The plant life around me
yields its complexity
to my seeking
mysteries unveil naturally
the grass is truly greener
where I am.
Neighbor dogs leave their
humans in favor of my warm
approving hand.
Wading in my calm
small children weaken their
demands and fill up on
themselves.
Soft in the evening,
breezes whisper tomorrows
and I drink in Truths.
At night,
quiet in my Self,
I reflect and honor and praise
the Knower in me.

☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆ ☆

THE SPIRITUAL LIFELINE

Meditations for Daily Use

The Word Through Me

God is the Creative Agent -- the Word. God is all manifestation in Infinite Splendor. I AM THAT I AM -- God the many-splendored, God the Creator. I am the Word: that which brings forth life into myriad manifestations.

The power of my word in prayer is almighty. The power of my directed thought is unchallenged, for my word and thought is the word and thought of God. Divine Wisdom guides me in my use of spiritual laws. I clearly perceive Truth. I know how to use the Laws of God to bring forth good for myself and all.

I know no fear, no unbelief, no confusion, no lack, no disease, no problem. Nothing can dim the Truth and my perception of Perfection. I give thanks and praise to the Father-Mother within who does the work, who lifts and heals, who understands, who brings Truth to bear and unites all in harmonious perfection.

Zoe Harris
San Diego Center

Peace Renews Me

God is perfect balance and harmony. God is the essence of peace, "the peace which passes all understanding". I am this peace, balance and harmony.

I know that I am one with the divine universal flow of life, love, light, power, peace, beauty and joy. I know this universal flow is within me, and through me, and around me. My activities are handled in efficient, flowing ways which are in balance with every person, place or thing around me. I know that my life and affairs are filled with harmonious actions and relationships.

I thank God for this wonderful peace which constantly refreshes and renews me. And so it is.

Donald Cuerdon
Long Beach Center

I Follow My Inner Path

I AM. All that I am is abundantly good. I am and always have been led and guided by the Spirit within me. I am abundant peace. My world is filled with peace and I am willing to share my peace with others.

I follow my inner path. I am all that I desire to be. All of my deepest desires are fulfilled. The Spirit within me knows the best path for me. I have total confidence in myself. God is the experience of happiness, accomplishment and fulfillment for me and for those around me.

I praise my self. I praise the good within each person. I praise Life abundantly. I AM. For this I am deeply thankful. And so it is.

Nancy Horn
San Diego Center

I Dwell in God's Care

My Divine Father knows exactly what kind of care I need today. The feeding and nourishing I desire is fully known and given by the Divine Mother within me. I ask my Christ Self to bless and release my earthly mother and father, for I now rest in the care and feeding of the divine parenting within me. I no longer look outside myself for what I need and desire.

I live always in the loving, powerful arms of my Father within. I dance to the joyous singing of my all-sustaining Mother within. I rest in the inner knowing that I am joyously, beautifully loved and cared for today and always. I am thankful. So it is.

Mary Lou Arum
Pacifica Study Group

Praying for Children

By Marion Dickes, D.D.

The surest way to foster a child's growth in the world is through prayer. Pray steadily for every aspect of the child's life, his (her) growth of understanding and his ability to be self-responsible. Recognize that the child is first and always God's child, and is perfect. A spiritual plan exists for every child's development throughout his life. Adults can best aid that unfoldment by seeing the child perfect in spirit, in mind, in body; and by realizing that each is a whole being who already is all that he will become.

Pray for a child's specific needs, certainly, but also pray broadly for his basic, continuing needs for love, sustenance, inspiration, learning, happiness, and sense of purpose in life.

Children are naturally subjective to their parents' thoughts, so it is wise to include their parents in prayer (to aid their understanding of and communication with the child) without limiting or manipulating anyone. As you know and accept the truth, it is accepted by them also, and all are benefited. Heal any fears which anyone may have for the child and pray for his inner guidance and protection. Know that the Light of God surrounds him always.

Pray in the present rather than the future, and let the action take a course that is right for the child. For example, in praying for a child's education, pray that he receives the education that is right for him and that enables him to do what he wants with his life and to express himself and fulfill his own purposes in this lifetime.

Recognize that children, like adults, are individuals, are equals, and that they have free choice, and that their thoughts cause their experiences. Children can easily be taught to pray for themselves and to align their thinking with truth and affirm truth with simple, direct affirmations (such as "I AM WHOLE AND PERFECT NOW.") They gain understanding and a sense of being included in God's loving kindness.

Your prayers and belief in Good can sustain a child through any difficult times.

It may seem like a "big order" to pray for someone's whole life. but it is accomplished one step at a time, just as growth occurs, and the child is actually God expressing life, intelligence and desire -- as that precious child.

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Tune in to People

"I Believe in People"

By Norman L. Tierce

"I believe in people. I believe in the inner guidance of God - not only within me, but within everyone."

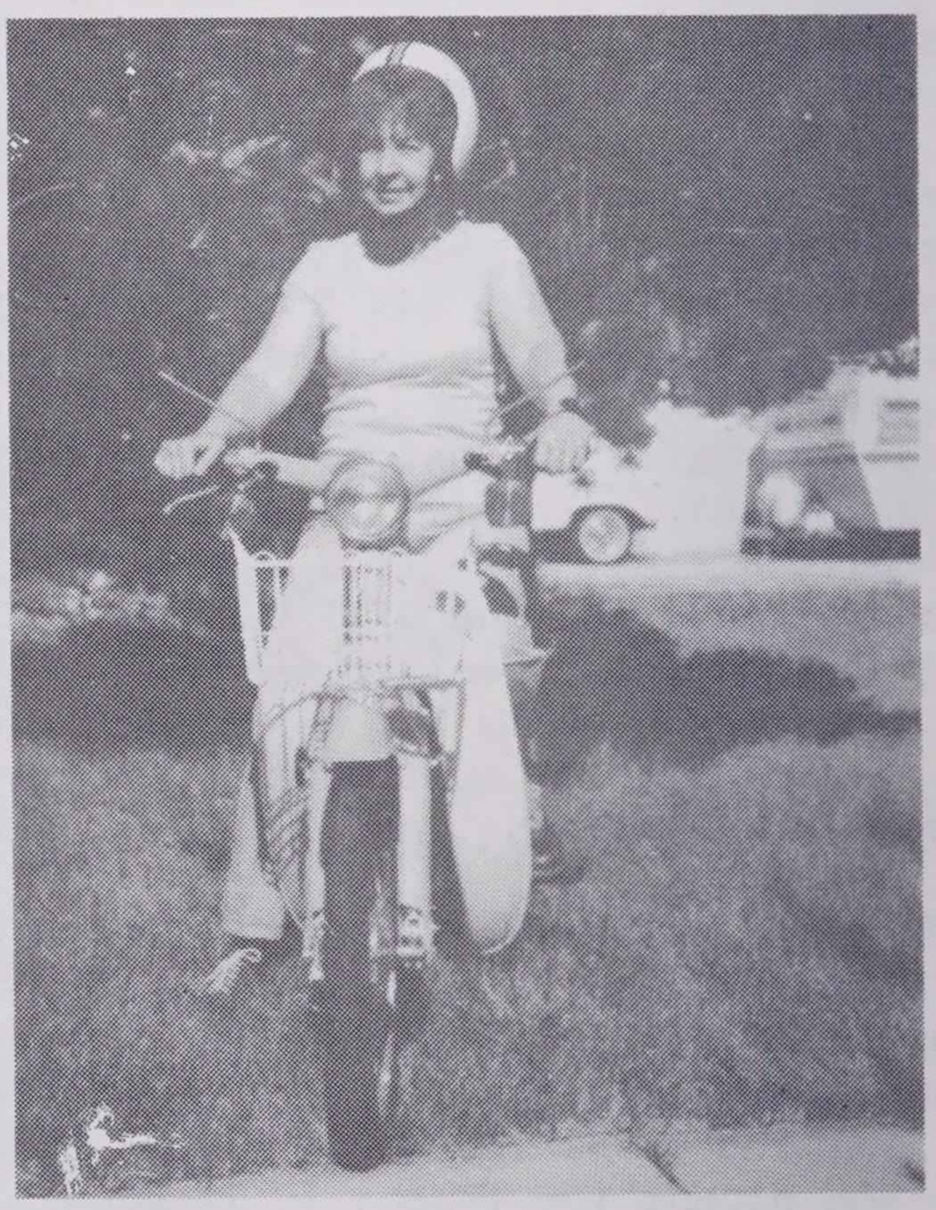
These beliefs were brought out by Rev. Allene Remington when she was interviewed for this newspaper. Rev. Remington is the minister of the Wasatch Center of TICAC, located in Salt Lake City, Utah. Allene says that "Wasatch" is a Ute Indian word meaning "Mountains of Flowing Waters".

Rev. Allene Remington was born in Texas. Later she went to Colorado, and finally on to Utah. She has been with T.I.C. since 1966. In June of 1970, Allene Remington became a Licentiate Minister at the Salt Lake City Center of T.I.C. which was the first Center established outside of San Diego, California. In July of 1973 Rev. Remington was ordained. She served at the Salt Lake City Center until September of 1976, when she obtained a leave of absence to go back to school, studying at the University of Utah. In 1978 Rev. Allene founded the Wasatch Study Group, which became a chartered Center on June 28, 1981.

Besides the work that she does with TIC, Allene also enjoys hiking, bicycling, skiing, sewing, "natural cooking", and riding her new "Honda Passport" which she received for Mother's Day this year.

Rev. Allene says that her inner guidance is to "tread softly on people's beliefs". Her great joy is to watch self-acceptance blossom in people as they take back the power they have given to others. She says that the conviction that each person is perfect, right where he or she is, is a tremendous freedom for her. "I will be there when they want to change their lives, but I don't have the responsibility to force change."

Rev. Remington ended the interview by sharing what "AAA" had to say to her, "Love Them; Accept Them; Be There!" (What more could any of us do?)



TIC's Minister on Wheels
Rev. Allene Remington

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LONG BEACH CENTER RECEIVES CHARTER, Above, Dr. Ann Meyer, president and Dr. Norma Spry, member, of the Central Board of Regents present the TIC charter to Rev. Vicki Harris, leader of the Long Beach Center. Others in the photo are Leader-Teacher Marilyn Glattly and Rev. Chris Morgan, Assistants at the Long Beach Center, and Marjorie Coram, member of the Center's Executive Board.

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TIC Marks Fifteenth Birthday

The concept of the Teaching of the Inner Christ came upon the Earth on October 19, 1962, when the Master Babaji visited Dr.Ann Meyer many times during the following year, to establish the contact between the levels of Spirit, mind and body, and to develop within her mind the new Teaching.

In December of 1964, Dr.Ann Meyer and Dr. Peter Meyer were brought together for the new work, and were married. They established the Teaching by giving the first INNER SENSITIVITY I and II course in January of 1965, and then establishing regular Sunday Worship Services in the spring. Services were first held at the House of Hospitality in Balboa Park.

Peter and Ann purchased a large house at 2333 Albatross Street, San Diego, and Easter morning marked the first worship Service to be given at the Founding Center.

The Society for the Teaching of the Inner Christ was incorporated on September 6, 1966. This was on Monday. On Wednesday September 8, Peter and Ann were ordained as ministers in a special Service followed by a party given for them by the members of TIC.

The San Diego Study Group reached it's goal of fifty members in the spring of 1967, and was awarded its charter as the first TIC Center.

Several years later, Dr. Peter Meyer spent seven months in Salt Lake City, giving all of the TIC Courses to a group there, and as a result the Salt Lake City TIC Center was established with Rev. Allene Remington as it's minister.

The third Center to be born was founded by Rev. Vicki Harris at Long Beach, California, and the fourth was the Berkeley Study Group, which was later to become the San Francisco Center. This group was founded by Rev. James Gilman, and is now led by LT. Peggi Garvey.



Drs. Peter & Ann Meyer with Halcyon Varni, Ordination Day

Other Centers and Study Groups have been established and are listed on page 7.

To further TIC's progress as an organization, Dr.Ann Meyer established a new corporation called the Inner Christ Administration Center in December of 1977. This organization is now known as the Teaching of the Inner Christ ICAC. TICAC is governed by two boards. The Executive Board of Directors consists of Dr. Ann Meyer, president, James Dickes, vice-president, Dr. Marion Dickes, secretary, and Donald Cuerdon, treasurer, and members Jack Brem, Dr. Norma Spry,

(Continued on back page.)

LT Peggi Garvey to Edit the Double Heartline

The TICAC Central Board of Regents awarded to LT Peggi Garvey a new Co-mission at the annual seminar at DeBennville Pines Conference Ground on July 26. LT Peggi, who formerly led the TIC San Francisco Center, will now be Co-Missioned directly by the Central Board of Regents. She will be the new editor-in-chief of the Double Heartline News, serve in the field of public relations, and assist new TIC leaders in the field.

Peggi will reside in San Diego, and will be a member of the Ministerial Class which begins September 8.

The new leader of the San Francisco Center is LT Joanne Velarde, who received this Co-Mission at the seminar.

Other awards given at the Seminar were Prayer Therapist licenses to Ellen Vlasic and Mary Sewall of the Wasatch Center, and a Leader-Teacher Certificate and Co-Mission to LT Kitty Saxon of the Saratoga Study Group.

GOOD NEWS from TIC Centers and Study Groups

NEWS FROM THE WASATCH T.I.C.A.C.

The fall schedule of classes has started at Wasatch TIC in Salt Lake City. Rev. Allene Remington is teaching LEADERSHIP II, which began on August 10 with three students --PT Ellen Vlasic, PT Carolyn Gilbert and PT Mary Sewall. This class is an extension of the Central Board of Regents class in LEADERSHIP II being presently given at the Administration Center in San Diego. These students will also take MINISTERIAL TRAINING course with the San Diego class in the fall and winter, by hearing tapes with the supervision of Rev. Remington.

The Wasatch Center was well represented at the 13th annual seminar of TIC at De-Benneville Pines Conference Center July 24 - 27. Nine people from Salt Lake City attended, including Rev. Remington, Ellen and Valerie Vlasic, Helen Milden, Barbara Watson, Dale Sheld, John Young, and Mary Sewall from Wasatch Center, and Rev. John Beverleigh, minister of the Salt Lake City STIC Center, who visited the seminar. For most of us it was the first time at a TIC seminar, and all agreed it was a wonderful and lifting experience which encouraged us to plan to attend next year also. During the seminar, Ellen Vlasic and Mary Sewall became licensed Prayer Therapists.

Plans are now going ahead for the End of Summer Retreat at Helen Milden's cabin in Millcreek Canyon near Salt Lake City. It will be a one-day retreat and we are looking forward to this special day of spiritual experiences.

Rev. Allene will be starting the INNER SENSITIVITY I and II course on September 14, assisted by Ellen and Gary Vlasic, The LEADERSHIP I course will be given later in the year.

Mary Sewall
Wasatch Center

OHAI VALLEY STUDY GROUP

Having arrived in Ojai in May of this year, after moving about in Ventura County for nearly two years, I feel as though I am finally "home"! (It was channeled to Janet while she was in the MINISTERIAL TRAINING class of 1979 that she was to start a TIC Study Group in Ojai.)

I ran an advertisement in the Ojai Valley News and as a result, was blessed enough to receive a request for an interview by Kay Michael of the News. She wrote a wonderful long article about me and TIC for the paper.

I will teach the course WOMAN AWARENESS in the fall. Many groups here are teaching meditation techniques and the positive concepts of metaphysics, but no one is teaching the concepts presented in the course WOMAN AWARENESS. The class will begin in October. I am now treating for the perfect place and time to give it, and also to give the course INNER SENSITIVITY I and II.

My daughter Bethanie loved the TIC Seminar and wants to go back next year, as does my smallest son Anthony. I expecially enjoyed sharing with all of you.

Rev. Janet Bell
Ojai TIC Study Group

TIC-ESCONDIDO INTRODUCES THE HEALING FORUM.

One of the new projects of the Escondido Center for the fall is the presentation of a Healing Forum, for the purpose of doing prayer healing work for our world.

Our news media presents so much doom and gloom that it is easy to either get caught up in it or tune out the world and live in our own little universe ignoring such as the Med. Fly, air traffic controllers strike and many others.

The forum will give people the opportunity to air their views on current national or world problems, followed by a meditation and treatments to heal the negative race mind feelings that are prevalent on these issues.

The forum will be on the 3rd Sunday of each month beginning in October. It will take place immediately after the Sunday service at 11:15 AM

Come and participate or start your own group.

There is power in numbers (all knowing the Truth)and we feel that this is a wonderful way to help heal the world and ourselves.

by Jeff Spry
Escondido Center

The Double Heartline

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Editor: Dr. Ann P. Meyer
Meditations Editor:
Dr. Marion Dickes
People's Editor:
Rev. Norman Tierce
Layout Editor: Tom Richter

From the Editor

A New Thought, New Age Teaching

by Dr. Ann Meyer

"This is the generation of them that seek thee, that seek thy face, O Lord."
These words ring true,especially for us in this time of the great turning of many people to prayer and searching for the "Inner One".Many new teachings have sprung up which are proclaiming the "New Age". It has caused me to do some pondering on just what is a New Age Teaching and what is "old age" teaching.

Many of us are familiar with the term "New Thought", which describes a new view of the scriptures, of Jesus and other spiritual masters. New Thought teaches us that we are the creators of our life experiences through our thinking, and our Word spoken in prayer changes all seeming negative conditions into divine health and harmony. New Thought does not teach moral codes of behavior, but instead the life principles which bring happiness and health to all who unify with them.

New Age Teachings go further, into the mystical life which is the next step in the unfoldment of the godhood within each person.Some New Age Teachings are not New Thought Teachings; they present the old ideas of a saviour outside one's self, a spiritual heierarchy, and "soul evolvement",whereas New Thought teaches that we are all perfect now and all are equal in our perfection. The Teaching of the Inner Christ is a New Thought New Age Teaching.It teaches the power of our creative thought, scientific prayer healing, and the Godhood of each person. It also gives practical



Dr. Ann Meyer

knowledge of mystical experience -- how to understand it and use it for happier living.

Many prophecies are abroad now of the second coming of Jesus and people may wonder if they are true or false. A yardstick one may use to measure the prophecies is: "Are they in keeping with the New Age principles of universal love, non-judgment (no one will be condemned or left out),each person being an expression of God (and therefore equal with all),and freedom of choice (no one is coerced to 'be good')"?

"Many will come" in the name of Jesus ... each one of us can choose the teaching which helps us to feel free, fulfilled and happy .. be it "The oldtime religion",New Thought, New Age, or something else. Follow your own inner guidance the best you can,and you will always be right for you.

Growing Up in TIC

BY NANCY HORN

When I first came to T.I.C. at age 17, I had already experienced the awareness of my I Am Self. I had done this without the use of treatment, formal meditation or channeling. For the last ten years I have been seeking some way to express the things I learned on my own at such a young age.

All the things I have learned here have helped me. I also feel that each one of us has a responsibility to express our own teaching in our own way. After all, that is what the Teaching of the Inner Christ is all about.

No matter what religion a person follows or how one "gets there", there are certain inner experiences that are the same for everyone. We all have this quiet, natural part of ourselves that lives within. This person is really no mystery to us. It is very "normal" to know and feel this person.

It seems that men and women have spent a lot of time creating systems to "get there." One of the easiest ways to reach ourselves is to take the time to be quiet and realize that we already are everything we want to be. In the past, I spent a lot of time trying to achieve the things I desired. But my real happiness came when I took the time to appreciate the wonderful things and people around me.

After I treated to heal some personal relationships, I found that by praising the qualities I enjoyed within a person, I could enjoy so much more of their true personal-

(Continued on page 5.)

THE SPIRITUAL LIFELINE

Meditations for Daily Use

I Accept Who I Am

God is omnipresent, omniscient and omnipotent. I have these same divine qualities. I am created in the image and likeness of God. I am an individualization of this Universal Spirit expressing as myself, through me.

I now see myself as a beautiful manifestation of Spirit who has perfect health, happiness and an infinite supply of all good I desire. Therefore, all false beliefs and concepts I may have had are completely dissolved and erased now from my consciousness. I am expressing love at all levels, from the Christ level through the physical level.

I AM THAT I AM; I AM THAT; I AM!
Thank you, God for my realization of just who I really am!

Ross Shimeall
Long Beach Center

I Am One With God in All

God is Creation. God is One throughout all of the Universe. God is Perfection and Beauty.

I am one with God. I am perfect and beautiful and one with all the Universe. I am one also with the beautiful displays of Nature which God has created for me. I am one with all the beautiful people which God has created for me to enjoy. I see God expressing in all. I see God through all.

I and the Universe are in perfect, beautiful balance, and share the wonderful joy of life. I am perfect and beautiful. Thank you, God. So be it.

Linda Eversole
Long Beach Center

I Center Myself in Love

Knowing God is Infinite Love, Ever Present Joy, Absolute Perfection, I also know I am all that God is. I am joy, perfection and infinite Love. Love is the essence of my being. I now allow myself to still all outer influences and harmonize with Divine Love within. I now center myself in this Love. Its peace, joy and perfection are now permeating and immersing my spirit, mind and body in peace.

All my thoughts are now centered in Love; all my activities demonstrate Love; all my experiences reflect Love. I now allow this center of Love, this core of my being, this essence of my identity to demonstrate in my experience.

Thank you, wonderful Father-Mother God, for the ever-present knowing of this center of Love.

Janet Bell
Ojai Valley

Truth is My Joy

God is Life! Life is what God is. God is Joy and Happiness. Life is Joy and Happiness. I am all that God is! I am life, joy and happiness.

God can only know what God is: God knows only Truth, Love, Life, Joy, Happiness and all of the positive attributes of life. I am an expression of all that God is. I cannot know anything unknown by God, and God knows only Love, Joy and Happiness. I cannot be anything but Life, Love, Happiness and Joy! Thank God. I am pure Life, Love, Joy and I am Happy! So it is.

Carole Love
Long Beach Center

Healing With the Power of Light



By Marion Dickes, D.D.

Every human being has within him (or her) enough Light to heal himself of every illness of body, mind and affairs. Scientists tell us that Light is energy which takes form when sufficiently slowed down to become "mass". Light is also life-energy, condensed into form as a human being, through the desire of one's I Am Self to express at this level.

For centuries mankind has known that physical light is a healing agent, whether as sunlight, ozone lights, x-rays which picture the life-energy within bones, or as high powered lamps and the regimented laser beams. Light can be utilized to cut like a torch or to "weld" tissues together for healing, as in eye surgery. We have the power to focus Light with our minds and to direct it for healing.

How can you through the use of mind power affect healings with Light? First, realize that God is LIGHT, and Light is all-powerful spiritual energy. Feel yourself filled and surrounded by this Light. Say, "I open my mind and heart to the Light of God." Second, with your mind focus the Light to concentrate Itself where you direct it, within yourself or for another person: "I now direct the Light to shine Itself here in me." (or name the person). Third, visualize the Light you direct expanding the light which is already present in the life of every cell. "I now see myself filled with Light, radiating light." Fourth, know that the Light has lighted and dissolved the darkness of dis-ease, ignorance, fear and lack by revealing the truth that divine PERFECTION is present. "There is no darkness anywhere in myself. The Light reveals perfection in me here and now." Last, thank God, the source of Light, for the healing which is taking place. Continue to believe and affirm that it is so: "Thank you, Light of God! The healing process is now taking place in perfect order!"

In Light-healing we see a person's Body of Light and mentally touch that perfect body. This creates the perfect physical body.

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Would you like to have assistance through healing prayer treatment? The World Healing Ministry is at your service. Through prayer all desires can be fulfilled, all problems solved and all diseases healed. Your written request will be treated upon daily by a licensed Prayer Therapist of the Teaching of the Inner Christ. Prayer will help you find your answer, through the healing of your own thought, from the Christ at the Center of you. We are also trained to heal possession and obsession, and psychic influence, through the Christ vibrations. Send your request to:

Dr. Marion Dickes, Director
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Teaching of the Inner Christ, I.C.A.C.
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We welcome your donation and bless you for it. All gifts are tax deductible.

Dear TIC Members:

Just a note to say thank you for your support and energy in helping me break through to my I AM. I always believed it, but my resistance to the new and tenacious holding onto the negative were more powerful and kept me in a lower state. I feel in control, I have a strong knowing and a sense of never having to GO TO SOMEONE ELSE or SOMETHING ELSE FOR ANSWERS AND FULFILLMENT.

Thank you all - I love you all,

Kathy

GROWING UP IN T I C

(Continued from page 3.)

ity. We were really mean to enjoy one another. There is so much pleasure in talking to another person, and really communicating with them.

In order to enjoy the road of achievement, take time to enjoy the simple moments of life. Our true desire, I believe, is to be happy each moment. We can live and create very happy lives if we take the time to appreciate all that we already have. We have ourselves. We have each other. Look at how much we have already achieved!

Tune in to People

"I Know Where the Source Is"

BY Rev. Norman L. Tierce

Meet Janice Lui, one of T.I.C.'s Leader Teachers. She leads the T.I.C. Saratoga Study Group, in Saratoga, California. Janice took her Teaching of the Inner Christ courses at the San Francisco Center, as the student of Leader-Teacher Peggi Garvey. She completed Leadership II under Dr. Ann Meyer in January 1980 and received her Teachers' Certificate in March.

During our Annual Leaders' Congress held on May 29 and 30 of this year, I had a chance to talk with Janice and to get some of her thoughts to share with you. We covered the subjects of Life, Freedom, Love, and Understanding. Here is what Janice wants to share with us:

On the subject of Life - "I get exactly what I desire out of life, because I know where the Source is." (If you do not know where your true Source is, perhaps you should visit your nearest T.I.C. Study Group or Center - and find out for yourself.)

On the subject of Freedom, Janice stated - "Everyone likes feeling free. Freedom gives you the satisfaction of relating with people in a more open and honest way."

On the subject of love - "My greatest Love is within myself. I love people in a very expanding way - starting within myself and going outward."

On the subject of Understanding - "Everything is symbolic, and the more you understand this the closer you get to Life - God - and Love. Understanding is what catapults us to new awareness."

Janice wanted to end by saying, "Never have fear of expanding your awareness of TRUTH."

Jackie's Visitor

A True Experience told by Carolyn Gilbert

Jackie is a young 26 year old woman who, with her 11 year old daughter Laura, seeks the gift of self-acceptance as a Christ.

Jackie has claimed and prayed for a manifestation of some sort to validate her faith in a world that often appears frightening and unloving.

Recently, Jackie and Laura drove up to a main intersection called Five Points, in Twin Falls, Idaho, and stopped for the red light. It was a hot day - the temperature was over 93 - and the asphalt on the street was hot and bubbling with melted tar.

Then a beautiful young man started to walk across the street. He was dressed all in white, with a white headband and a knapsack, with the Star of David on it, draped over his shoulder. He was barefoot, and Jackie noticed that his feet were clean, not marred by the melting tar. He was smiling; he was beautiful; he was joyous; and Jackie and Laura knew he was "special", because they were receiving their body signals and power feedings. They looked into the other cars to see the reaction of others to this beautiful man, and they realized that no one else was "seeing" him!

I met Jackie at her house that night for a channeling session on this experience, because I knew that all of the symbols were important. In our channeling we were told that the white clothing represented the Christ identity; the headband represented the Christ consciousness; the knapsack with the Star of David represented our "seeming" burdens - we have the choice to carry them either as burdens, or as spiritual "gifts", whatever we accept them to be. Jackie had been feeling a sense of burden lately. The beautiful man's bare feet symbolized humility and freedom, the freedom to walk through the earthly experience unmarred by physical obstacles or problems, such as melting tar. This we can do, when we see clearly. The five-points intersection represented the many paths we can choose, with all paths being "right" choices, as we choose.

Jackie had shared a special moment with a special teacher called Jesus.

Laura said "I want to do it again! I want to see him again! I want to go up and hug him! I want him here in my Teddy Bear, so I can hug him all the time!" We assured her he truly was there - all the time.

TIC Centers and Study Groups

TEACHING OF THE INNER CHRIST, ICAC

ADMINISTRATION CENTER - (714) 280-7770
3869 42nd St., San Diego, CA 92105
Founder-Pres.: Dr. Ann P. Meyer
Dr. Marion Dickes, Rev. Norman Tierce

SAN DIEGO CENTER (714) 280-7770
3869 42nd St., San Diego, CA 92105
Dr. Ann P. Meyer, Rev. Lillian Kravitz,
Rev. Ruth Shimeall, Rev. Brigitte Halvorson,

ESCONDIDO CENTER (714) 747-8553
2513 Glenridge Road, Escondido, CA 92027
Rev.s Norma and Jeff Spry

LONG BEACH CENTER (213) 227-2201
1086 Redondo Ave., Long Beach, CA 90804
Rev. Vicki Harris, Rev. John C. Morgan,
LT Marilyn Glattly

SAN FRANCISCO CENTER (415) 776-9422
1362 Post St., #10, San Francisco, CA 94109
Leader-Teacher Peggi Garvey,
Rev. Richard Musil, LT Joanne Velarde

WASATCH CENTER (801) 278-3236
1816 S. Woodside Dr., Salt Lake City,
UT 84117 Rev. Allene Remington

INVERNESS EXTENSION GROUP (415) 669-1275
P.O. Box 93, Inverness, CA 94937
Co-ordinator: Nola Lewis

PACIFICA EXTENSION GROUP (415) 355-1586
1147 Valencia, Pacifica, CA 94044
Co-ordinator: Mary Lou Arum

SARATOGA STUDY GROUP (408) 867-0140
14470 Sobey Drive, Saratoga, CA 95070
Leader-Teacher: Janice Lui,
LT Kitty Saxon

MAGIC VALLEY STUDY GROUP (208) 733-8567
151 Ridgeway Dr. #3, Twin Falls, Idaho 83301
Leader: Pt. Carolyn Gilbert

OJAI VALLEY STUDY GROUP (805) 646-0620
140 S. La Luna, Ojai, CA. 93023
Rev. Janet Bell

LOS ALTOS STUDY GROUP (415) 949-3208
751 Linden Ave., Los Altos, CA. 94022
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What TIC Can Do for You

TIC

(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

TIC OPENS YOUR INNER TEACHING (INTUITIONAL GUIDANCE) FROM YOUR OWN INNER CHRIST.

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THANK YOU AND GOD PROSPER YOU

TIC'S FIFTEENTH BIRTHDAY

(Continued from page 1.)

and Robert Utterback. The Central Board of Regents, which governs the teaching credentials, consists of Dr.Meyer, president, Dr.Dickes, secretary, Dr.Norma Spry and Rev.Norman Tierce.

The San Diego Center will celebrate TIC's fifteenth birthday with a special pot-luck dinner on Friday evening, September 18. The dinner will be followed by a program of TIC talent. All TIC people in any locality are invited to come to San Diego to help us celebrate on Sept. 18. Please make reservations ahead of time.

HAPPY BIRTHDAY, TIC!

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A Christmas Message From TIC's Founder

by Dr. Ann P. Meyer, D.D.

One day in early October I happened to go into a Christmas toy store. Suddenly I was in a different world--the world of Christmas! I felt a surge of love and warm feelings toward everyone , a sense of peace and joy.

At Christmas time the world is lifted onto a higher vibration, a lighter mood seems to prevail. People seem to feel it. What is this vibrational change?

At Christmas many people are focusing their minds on the Christ; The Christ is the channel of lifting.The Christ, as we know in New Thought



Teaching, is a level of consciousness--the consciousness which knows the Truth--Perfection--about every situation. The Christ is a place of peace--at the center of each one's being. The Christ is also an identity--the identity of the Higher Self of each person. It is the Self which knows unlimited love, infinite wisdom, the Self which radiates Spiritual Light to all. Jesus and other masters have demonstrated what this Christ identity is. We have seen it shine forth through various people at high moments, and felt it within our own souls.

But at Christmas time the Christ emerges and expresses more fully through all of us. Have a radiant Christ Christmas!

3rd Annual ICAC Appreciation Day Celebrated

In 1979, at the Annual Leader's Congress, TICAC Centers and Study Groups voted to designate the first Sunday of each November as ICAC Appreciation Day. The Inner Christ Administration Center is the Central Organization that unifies and supports the work of it's Centers.

On Sunday, November 1, 1981 local Centers and Study Groups presented special programs on the purposes and history of TIC in their Sunday Services, and had special offerings for the benefit of ICAC. Information on ICAC and it's goals was sent with Center and Study Group bulletins.

ICAC Appreciation Day provides an opportunity for individuals everywhere to continue the work of this Teaching by giving to the Central Organization.

New Co-Missions Awarded

The Central Board of Regents held a special ceremony at the San Diego Center on Sunday, October 25, in which TIC received three new leaders.

Rev. Debbie Travers was reinstated as a Licentiate Minister,and awarded a Co-Mission to serve as an assistant minister of the San Diego Center. In recent years Debbie has served as an assistant minister of the Escondido Center with Revs. Norma and Jeff Spry.

Bob Utterback and Prayer Therapist Mary Ann Kelly received their Leader-Teacher Certificates and were awarded Co-Missions as Leader-Teachers of the San Diego Center.

GOOD NEWS from TIC Centers and Study

SAN DIEGO CENTER

Good things are happening at the San Diego Center this fall. We held a Good Things Sale October 9-12, which recycled a great supply of worldly goods and brought to the Center over $700. Thank you God! Chairpersons of the sale were Rev. Lillian Kravitz and Suzy Shaffer.

A Healing Power Workshop, led by Rev. Ruth Shimeall, will be given on Wednesday, November 18, at 7:30 P.M.

Fall classes in session include INNER SENSITIVITY I&II, IST III & IV, and NEW PRAYER THERAPY I. The Center plans a Thanksgiving Potluck Dinner for Friday night, November 20. All TIC members and friends in the area are invited to attend.

PACIFICA EXTENSION GROUP

Recently we channeled that, although Pacifica is in close proximity to San Francisco, its "vibrational aura" is distinct. Pacifica, which means "peace" is vibrationally closer to other communities in the world where the earth meets the sea. The leader of the Pacifica Extension Group, Mary Lou Arum, recently returned to this "peace" after taking Leadership II in San Diego.

A Wednesday afternoon IST I&II class begins here November 11. Remember when women played Bridge in the afternoon until their children returned from school? Well, it's Bridge again, except now the Bridge is between us and our Christ Selves.

Love Power Circles are scheduled for the first Friday evening of each month, beginning November 6, where we expect more teaching on the theme "where the earth meets the sea."

SAN FRANCISCO CENTER

The big news from San Francisco is our new Center Building. We have rented a beautiful, 6-bedroom house. There is plenty of space for Sunday School, classes and services. Even the address is mystical: 2001 Silver Avenue.

Our first Sunday Service in the new building was held on September 13, the day after the move from our old location. Our new Center Leader, LT Joanne Velarde was the speaker.

The following Sunday we held a Birthday Brunch for everyone who had recently had a birthday and the birth of the new center leadership.

October 4 marked the beginning of our new Sunday School, with 6 beautiful youngsters attending and Mary Lou Arum teaching.

The social event of October was our "First Supper", a gourmet dinner and dance, prepared by Irene Gomez, Mary Lou Arum and Laurel Druce. Over 40 radiant beings attended.



Master Chefs Irene Gomez and Peter Arum.

Classes now being taught are IST I&II and the New Prayer Therapy I course. A new IST I&II class begins Monday, November 16, and Enlightened Creative Leadership begins Tuesday, December 1. A leaders seminar on Shepherding was held on October 17, and a Spiritual Laws Seminar is scheduled for Saturday, November 21.

ESCONDIDO CENTER

Currently we are teaching an Inner Sensitivity I & II class on Tuesday evenings. On November 4 we will begin weekly Wednesday night book discussion and prayer healing meetings. We will be focusing on the channeled "Pink Books" for our discussion.

A seminar on "The Prospering Power of Being Thankful" will be given by Rev. Debbie Travers on November 21, from 10 a.m. - 4 p.m.

We invite all to join us on Thanksgiving Day for our Potluck Dinner. Our Center will be providing the turkey. In celebration of the Christ Light we will be holding our annual Candle Lighting Service on Friday, December 18. We invite all to share with us in this seasons activities of giving and sharing the Christ Love.

The Double Heartline

Published bimonthly by
Teaching of the Inner Christ
Administration Center

3869 42nd St.,
San Diego, CA 92105

Editor: LT Peggi Garvey
Meditations Editor:
Dr. Marion Dickes
People's Editor:
Rev. Norman Tierce
Layout Editor: Tom Richter

Groups

WASATCH CENTER

During the past few years the Wasatch Center has grown steadily in both members and activities. We have responded to this growth by increasing our Sunday Services to weekly meetings. The new schedule began in September, and is successfully continuing as new people are attracted to our Teaching.

Our new IST I&II class began September 14, with fifteen new and nine repeating students. Rev. Allene Remington, PT Ellen Vlasic and Gary Vlasic are teaching this course. New Prayer Therapy I begins January 14, 1982.

With the new Sunday schedule a children's program was formed, which is known as Children's Church. Carol Buell is the Director.

A Christmas Carol Party is scheduled for December 14. This yearly event, where TIC singers visit nursing homes, will end with a Christmas Party at PT Ellen Vlasic's.

LONG BEACH CENTER

We have been experiencing growth and prosperity this fall through our "Prosperity Dynamics" course, taught by Revs. Vicki Harris, Chris Morgan and LT Marilyn Glattly. Over 25 students benefited from this new course.

A weekly "Male-Female Awareness" discussion group is meeting Friday nights through January, led by Dec Cuerdon, Linda Eversole, Carole Love and Ken Nakagawa.

Bring a dish and join us at the Center on Sunday, November 22 for a Thanksgiving Potluck Dinner following the Sunday Service.

From the Editor

At Our Journey's End

by LT Peggi Garvey

During this holiday season many of us find ourselves travelling or moving to be near loved ones. Recently I made a major move, from San Francisco, where I had led the San Francisco Center, to San Diego, to work on behalf of the Central Organization and complete Ministerial Training.

In leaving the "known"--the city, friends and work I loved so dearly--for the "unknown" of new experiences, I asked for Spirit's help. I remember driving around the streets of San Francisco those last few days, already feeling a little lost, thinking, "God, it sure would be nice to have a visitation when I got to San Diego."

It was just a little request in my heart, and one that God answered readily. On my third day here I returned the moving truck, and sat patiently on a cornerside waiting for a friend to meet me. I looked up and saw an old woman crossing the street towards me, and I smiled and sent her love. She walked right up to me and started to speak to me in a language I'd never heard before.

As she talked, she continued to stroke me very lovingly under the chin with her hand. When I responded with, "No comprende", I realized that she was not speaking Spanish or any other earthly language. I felt so lifted and comforted by her presence.

She was wearing a bright blue dress and tan shoes, and carried a package in her arm. I also noticed she had false teeth. As she moved away, I



LT Peggi Garvey

softly said, "God bless you," but felt that I was the one who had been blessed.

The visitation was from Babaji, Jesus and the Holy Spirit. The false teeth was God's way of encouraging me to speak the Truth despite difficulties. The blue dress was a garment of healing, and the shoes represented the humility of Spirit walking upon the earth. The package was a gift from each of the Spiritual Beings--Babaji's was Eternal Truth, Jesus' was Love, and the Holy Spirit brought a special gift of determining the Truth in all things. I feel these gifts were not given to me alone, but were brought on to the earth at this time for all humanity.

Through this visitation I have learned attitudes for handling changes in our lives: humility, love and truth.

The old woman brought a message of comfort for all of us: "We desire you to know that wherever you go, Spirit is <u>there</u>."

THE SPIRITUAL LIFELINE

Meditations for Daily Use

Love is My Authority

God's authority is love. I am Love; I am God's authority. My knowing is my authority. I claim the power of my authority in my life as the perfect decision-maker, the perfect expressor, the perfect lover of all life. I accept Love as my authority now.

Love frees me to be more of myself. I love my ideas, my desires, my purposes. Loving myself, I share who I am with others. Loving myself, I care about others sharing their lives and loves with me. I serve all of mankind through loving myself. I see the good (God) in all and know that everyone is their own perfect decision-maker.

I am at peace with my own beautiful expression. Thank you God for the authority of love that I am and know all others to be also.

Joanne Velarde
San Francisco Center

Centered in Glory

I am God in form. I am the essence of God Substance. Every particle of my being, seen and unseen, is made of God, with all of God's attributes.

Everywhere I go, everything I do, everything I say, everything I think and everything I feel is God experiencing Life through the expression of ME. There is nothing that I do, say, think or feel that comes from the outer expression of me. All comes from the deep center of God Intelligence and Love, unfolding and spilling outward to express through me.

I am centered in this knowing of what I am -- the God Being, the I AM that is individualized at the point of my consciousness. I am centered in my Divine Source, in the True Self -- which is my God Self. And as I live and breathe and have my being in this consciousness, I am centered in Glory!

Roberta Zito
Las Vegas

Peace Flows Through Me

God is Love. God is Peace. God is Wisdom. God is Joy. God is Beauty. God is Acceptance and Understanding. I am one with God. The power of God lives in me. The presence of God expresses through me into my life.

I experience the power and presence of God in my life now. I am filled with inner peace. Peace flows through me. I am wise. I understand. I am filled with love. I am happy. I am filled with joy. My life is filled with order. I accept myself; I respect myself. I have an abundance of love and respect for all the people in my life. I know that God is protecting and guiding me through each moment. I give thanks to God. I give thanks to my I Am Self. I give thanks to the Infinite Power of Love. And so it is.

Nancy Horn
San Diego Center

Prosperity is Mine Now

God is Infinite Supply, Abundance, and the Source of all riches. I know that I am all that God is. I claim for myself financial abundance and my perfect employment. I accept for myself perfect right work activity and increase. I forgive and heal any former negative thinking about money or employment. I release any fear or anxiety.

I trust God within to provide me with ideas and ways for my financial prosperity. I enthusiastically express my creativity. I accept plenty of money coming to me through expected and unexpected channels. I bless all that I am and all that I have. I am trusting and at peace. I give thanks for my financial PROSPERITY. So it is.

Lucienne Valsecchi
Escondido Center

Special Giving is Special Living



By Dr. Marion Dickes
Director of the
World Healing Ministry

At this time of year we are probably more aware of giving than usual. There are many worthwhile gifts, but I feel that the invisable gifts are of the most benefit to both the giver and the recipient.

What kinds of gifts are invisible? The intangible gifts, unique things which only you can give. Intangible and invisible does not mean that your gifts will be secret -- only that they are not something you can easily wrap in tissue paper and red ribbons. These gifts are your good will, cheerfulness, love, appreciation, respect. A Prayer Therapist I know gave each person a gift of a week of her prayer treatments on the request of their choice. How valuable her gifts were is beyond computation!

You can give a gift of time spent devoting attention to a child, a loved one, a lonely person. You could share a prayer or a meditation with a friend. You can give a marvelous gift by sharing your Christ Self's vibration through a hand clasp, a touch on the shoulder -- or a hearty hug! The simple, sincere words I LOVE YOU are always the best of remembrances.

It's the loving thought that counts and that makes giving so joyful for both the giver and the one to whom it is given. In so giving of yourself you cannot be depleted, you can only be enriched. This kind of giving does not take a lot of planning or shopping or money. It can be given spontaneously. In fact, the unexpectedness of the gift makes it even more delightful. You may like this kind of special giving so well that you'll practice it all year. Happy giving, dear human Christ!

World Healing Ministry

Through prayer
there is always a way.

Would you like to have assistance through healing prayer treatment? The World Healing Ministry is at your service. Through prayer all desires can be fulfilled, all problems solved and all diseases healed. Your written request will be treated upon daily by a licensed Prayer Therapist of the Teaching of the Inner Christ. Prayer will help you find your answer, through the healing of your own thought, from the Christ at the Center of you. We are also trained to heal possession and obsession, and psychic influence, through the Christ vibrations. Send your request to:

Dr. Marion Dickes, Director
WORLD HEALING MINISTRY
Teaching of the Inner Christ, I.C.A.C.
3869 42nd Street, San Diego, California 92105

We welcome your donation and bless you for it. All gifts are tax deductible.

Soul's Content

No matter what happens in the world,
Or what people say or do,
They do not effect my soul's content,
My Spirit remains true.

Anxiety fills my mind at times,
My emotions urge me to hurry,
My Soul tells me all is well,
I never need to worry.

Calm and content I'm filled with joy,
My faith does make me whole,
Hope and love are always there,
To help me play Life's role.

Filled with a willing heart,
I go out to share,
The abundance Life has to give,
With people unaware.

Henry Kotschorek

Tune in to People



Rev. Debbie Travers

A Minister's Growth is Never Ending

BY Rev. Norman L. Tierce

Debbie Travers completed all of the courses at the Teaching of the Inner Christ, and became a minister. After having been away for two years, Debbie has now returned.

Within a few months of her return, Debbie renewed her Prayer Therapy License. On October 25, 1981, Debbie Travers received her Ministerial License for the second time and accepted a Co-Mission as an Assistant Minister of the San Diego Center. The Central Board of Regents is very proud to have Rev. Travers once again as a minister of TICAC.

For us to tune into and learn of the real Debbie Travers, I submit the following messages of wisdom from her God Self:

"When you move your life beyond yourself, when you move your goals beyond yourself, when you move your dreams beyond yourself, and when you move your prayers beyond yourself, you will become so empowered and so full of love that your only focus will be on giving-- on recognizing each person as a living Christ-- and seeing their dreams and helping them to fulfill these dreams.

"True commitment is true freedom. Let commitment come into your heart. Commit yourself to your true purpose in Life. As you commit yourself to who you are and the gift you have to give the world, your life will be transformed and you will transform the world in your own very special way.

"Prayer is the most powerful force on earth. Through prayer we expand our lives-- we put our consciousness into the consciousness of God. Jesus was not the exception; he was the example."

I am going to end by saying these few words- Welcome back, Debbie, welcome Home!

What are "The Pink Books"

The Pink Books are a series of seven books of messages of Christ Love and Truth channeled from the present Jesus by men and women members of the Brotherhood of the Followers of the Present Jesus. The Brotherhood predates the establishing of the Teaching of the Inner Christ, and it's work helped to furnish the spiritual climate for the TIC. It's members compose a "silent facet" of the Teaching, who work anonymously so that the focus remains on the books themselves.

For eighteen years these rose-colored paperback books have been published and circulated throughout the United States and Canada, and such foreign countries as England, France, Australia and Nigeria. They have also been sent to prisons and been given to people in hospitals. There are Pink Book Study Groups in Cleveland, Ohio, and Canada.

The books themselves have supported their own costs through donations and sales. These inspiring books are designed to be read in the order in which they were first published: JESUS' LOVE, GIVING AND FORGIVING, SOUL'S EGO, EVERLASTING PEACE, and GOD'S WILL (which compose the series), CHRISTS OF THE NEW AGE and THE DAWNING OF THE AGE OF LIGHT. They are listed on the TIC book order form, with the Brotherhood's other publications: THE POWER OF THE PRESENCE OF LIGHT, a gold covered booklet which is a meditation in the Light, and THE WAY AND THE WORD, a blue-covered book of messages channeled from Paul, the Apostle.

These spiritual and uplifting books can be used as meditation material, and passages are often used for inspirational readings in worship services and healing meetings in many TIC Centers. The presence of Jesus is often felt while reading the Pink Books, and many people have contacted their own Inner Self through reading them. While the textbook, BEING A CHRIST!, is referred to as "the mind of TIC", the Pink Books are called "the heart of this Teaching." They are our scripture for the New Age -- The Pink Books.

Merry Christ-mas and Season's Blessings from all of us at THE DOUBLE HEARTLINE!

Norman Peggi Tom Marion

TIC Centers and Study Groups

TEACHING OF THE INNER CHRIST, ICAC

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Dr. Marion Dickes, Rev. Norman Tierce

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LT Marilyn Glattly

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Leader-Teacher Joanne Velarde
Rev. Richard Musil

WASATCH CENTER (801) 278-3236
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UT 84117 Rev. Allene Remington

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TICAC Affiliated Groups are groups of Truth Seekers who are in harmony with the principles of the Teaching of the Inner Christ and use the TIC textbooks in their programs. They are not a part of the ICAC corporation and their leaders are not trained and Co-Missioned by ICAC, but they feel close to TIC in spirit and intent.

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What TIC Can Do for You

TIC

(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

TIC OPENS YOUR INNER TEACHING (INTUITIONAL GUIDANCE) FROM YOUR OWN INNER CHRIST.

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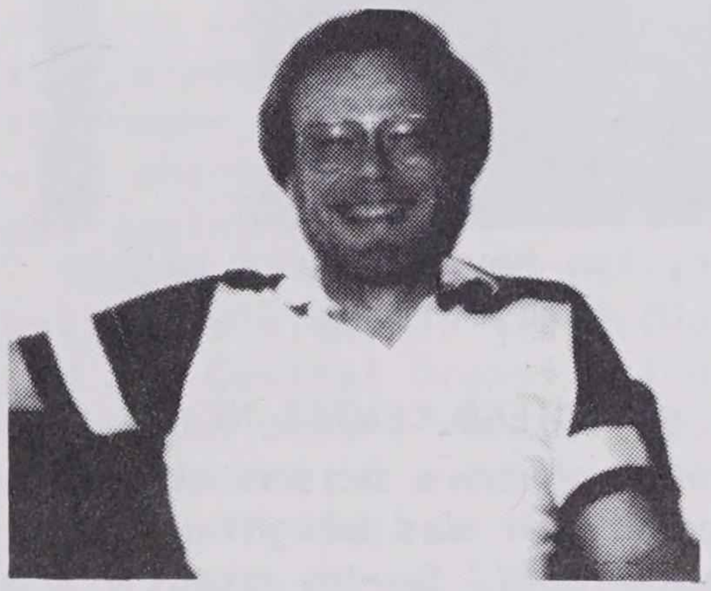
TIC Expands to Indiana With PT Curt Gallenkamp

On Thursday, December 9, 1981 Dr. Curt Gallenkamp was awarded his Prayer Therapy Degree and Prayer Therapist License at the San Diego Center. Upon returning to his home in Indiana, Curt started the Merrillville, Indiana Extension Group from the San Diego Center. He began teaching his first Inner Sensitivity Training I and II class in January, 1982.

Upon receiving his Prayer Therapy License, Curt said, "Ten years ago Dr. Ann Meyer had a vision of a pin on a map, located just below the Great Lakes. I guess I'm that pin!"

Curt is a practicing clinical psychologist, and consultant with local courts and public schools. In his private practice Curt integrates Spiritual Mind Healing into the practices of psychotherapy. He stated that the purpose of psychotherapy is to strengthen a client's ego and help them adjust to reality, but that traditional psychotherapy often only helps a person adjust to the Race Mind Consciousness of error belief.

In his use of Spiritual Mind Healing in the practice of Transpersonal Psychology, he assists his clients in a realization of their own Divinity and experience of enlightenment. He said that his intent is "to help a person realize this is a spiritual world, which in turn helps them relate to the practical world more positively and effectively."



PT Curt Gallenkamp

Curt completed his TIC courses through tapes and a series of visits to San Diego for classes and personal instruction. Merrillville is located in the Northwest corner of Indiana, approximately 45 minutes from Chicago. We extend our love and congratulations to Curt and this new TIC Extension Group!

Three Classes to Yield New TIC Ministers

The Central Board of Regents is currently sponsoring 3 Ministerial Classes at 3 TIC Centers, with 23 students registered.

The class at the San Diego Center began on September 10, and includes: Julian Baird, LT Betty Brabant, Dec Cuerdon, Diana Decker, Linda Eversole, LT Peggi Garvey, LT Mary Ann Kelly, Pamela Goodfellow, Suzy Shaffer, Marion Vreeland and Roberta Zito.

The San Francisco class begins Jan. 16, with their first lesson at the San Diego Center. Members of this class are: LT Joanne Velarde, LT Barbara Hayes, PT Mary Lou Arum, Shoshana Swarz, PT Marie Sykora, Judith Orth, Nola Lewis and Joy Meyer.

Members of the Wasatch Center class include: LT Mary Sewell, LT Ellen Vlasic, PT Carolyn Gilbert and John Nuslein.

Public Communication Seminar Jan. 16

LT Mary Sewell, of the Wasatch Center, will present a one day seminar on "Effective Public Communication" at the San Diego Center on Jan. 16.

Ministers and leaders from California will gather to learn principles for effectively presenting their Centers and Study Groups to the public.

Dr. Ann Meyer, TIC Founder, has arranged for this seminar because she believes that many people today are searching for New Age Teachings. TIC public information programs will allow these people to become aware of this Teaching.

Mary is the author of a publicity handbook written for TIC leaders, and has many years of public relations experience.

GOOD NEWS from TIC Centers and Study

SAN FRANCISCO CENTER

On Friday, Dec. 18 we held a Christmas Caroling Party, singing in our neighborhood, and inviting neighbors over for cider and snacks afterwards. We held a special Candlelight Service on Christmas Eve. On Dec. 27, Dr. Norma Spry and Rev. Jeff Spry from the Escondido Center visited our Center. Jeff gave the Sunday talk and Norma gave the Inspirational Reading.

Graduates of our recent IST I & II class are: Nancy Rhoda, Johanna Oswaldt, Helen Hertz and Don Pilgrim. Graduates of the New Prayer Therapy I class are: Barbara McKay, Polly Ferreira, Cliff Anderson and Trudy Elkins.

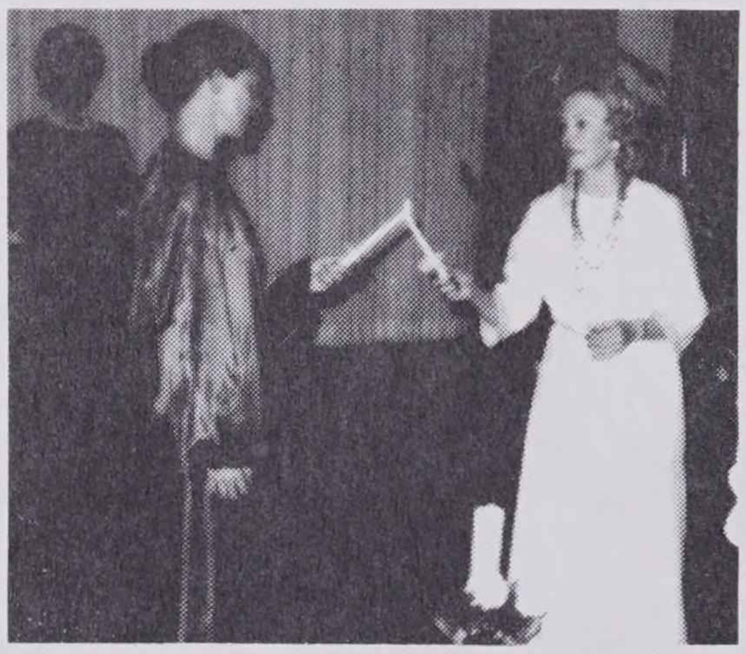
Our current IST I & II class has 6 students enrolled and Leadership I class has 14 enrolled. We began a Yoga Class on Tuesday, Jan. 5, from 6-7pm. On Thursday, Jan. 28, we begin a four week Polarity Workshop. Once a month we have an introductory workshop for newcomers on "Contacting Your Inner Self." The themes for our Wednesday Night Healing Meetings each week of the month are: Health, Prosperity, Relationships and World Issues.

The San Francisco Center Annual Seminar will be held at Asilomar Conference Ground, near Monterey, CA on April 9, 10 and 11, 1982. This years theme is "All Live Again".

WASATCH CENTER

We celebrated the Christmas season with a Candlelight Service on Sunday, Dec. 20. The young members of our Children's Church joined us for that service. We began the New Prayer Therapy I course on January 4.

Rev. Allene Remington and her husband Lowell will be on vacation in Egypt from Jan. 12-22. They plan to see Cairo and the major monuments, as well as spend 4 days travelling down the Nile by barge. LT Mary Sewell will be visiting San Diego and LT Ellen Vlasic will be leading the Center during their absence.



Dr. Ann Meyer shares Light with Kathy Brock.

SAN DIEGO CENTER NEWS

The Christmas season at San Diego Center was bright with celebrations. Sunday night, December 6, TIC students met for our Christmas Love Power Circle. On Sunday, December 13 after the morning service, a crowd of happy people stayed for a Christmas party, with special refreshments, carol singing, accordian music by Angie Stalter, and original songs sung and played by Bill Brinsfield. Santa "crashed" the party and gave gifts to all the children.

Our annual "Festival of the Christ Light" and candle-lighting service took place on December 23. James Dickes led the service. Dr.Marion Dickes read passages from the Bible and the Brotherhood Books.Special music was offered by the TIC Choir directed by Dr.Ann Meyer,with soloists Ann Standefer,Bob Utterback, Jennifer Allen, Peggy Bradley, Thor Biberman, David Weeks,and Dr.Meyer. Edith Larson was the organist and Helen Brem the pianist.

Classes beginning in January include **INNER SENSITIVITY I an II, INNER SENSITIVITY III and IV and BIBLE LIGHTS.**

ESCONDIDO CENTER

We begin the new year with two new classes- IST I & II, which starts on Jan. 5, and IST III & IV, which starts Jan. 14. Our Wed. Night Book Discussion and Healing Meetings resumed on Jan. 6, with readings and discussion from the Pink Book, Dawning of the Age of Light, held around a crackling fire.

Our social, "Friday Night at the Movies" will be held Jan. 22, at 8 pm.

LT Betty Blackstone will present a seminar in February on "How to Love Yourself". The monthly theme for talks and services in January is "Goals and Goal Setting". For Feb. the theme is "Love" (of course!). We continue with our Healing Forum every third Sunday of the month at 11:15 am, after service. The Healing Forum is an opportunity to air our views about current world or personal issues and heal negative feelings through treatment and meditation. In Dec. we dealt with the topic, "What do you feel about Christmas?"

The fifth Sunday of every month we have a discussion on the monthly topic in lieu of a talk during the service. We extend our love to all this year and invite you to join us at Rancho Del Christo in Escondido.

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Groups

LONG BEACH CENTER

In celebration of the Christmas season we held our Annual Holiday Dinner Dance on Dec. 12. A DJ hosted the dancing and we dined on Mandarin cuisine. Our Candlelighting Service was on Dec. 16, and members of our Center participated by playing piano and guitar, reading poetry and passages from the Pink Books, and joining in group singing.

Our new IST I & II class begins Tuesday, Jan, 12, taught by Rev. Vicki Harris, Rev. Chris Morgan and LT Marilyn Glattley. Pamela Goodfellow, from the San Diego Center, will be our guest speaker in January.

MAGIC VALLEY STUDY GROUP

On Dec. 8 we completed our second IST I & II class. The three new graduates were Phil Smith, Marlene Smith and Jackie Peticlerc. Repeat graduates were Elenor Bryant, Debbie James and Jean Niccum. Some of our students drove over 40 miles each way to complete this class. We continue to meet every Tuesday for a channeling session and prayer circle. We have all been experiencing a tremendous rebirth and acceptance of our Christ natures.

As part of this rebirth, we are looking forward to a move to a new building in the center of Twin Falls. We also begin a new IST I & II class in Jan., and PT Carolyn Gilbert will travel to Gooding, Idaho to teach a new IST I & II class in the beginning of March.

PACIFICA EXTENSION GROUP

Congratulations to Mary Lou Arum, who received her PT License on Nov. 22. PT Mary Lou and Joy Meyer began an IST I & II class with 6 new students on Dec. 7 in Pacifica.

From the Editor

Goals for 1982

by LT Peggi Garvey

Many of us began the new year by mentally releasing old habits and experiences and claiming new experiences and goals. I think goals are wonderful because they give a sense of purpose and direction to our lives.

We at the Double HeartLine would like to begin the year by sharing with you our goals and the purposes of this paper, in the hopes that you, the reader, will share in these purposes and goals.

The DHL's main purpose is to unify individuals, TIC groups and the Central Organization with each other. Whether you are a member of a large Center or an individual in an area where there is no TIC group, DHL provides us the opportunity to feel part of the work of TIC everywhere.

The DHL is our morale booster- it is a way of sharing and cheering our growth, success and achievement as individuals and an organization. I remember how I used to look forward to the Annual Seminar as a way to see everyone and just catch up on their news. Now I look forward to hearing about the people I know and have met, through the paper.

The DHL provides an opportunity to share new inspiration and inner teachings. How often have you had the experience of receiving a new teaching or mystical experience, and could hardly wait to share it with someone? Would you consider sharing it with <u>many</u> through the DHL?

The DHL is also our outreach vehicle- a way to let others know of the Inner Self and the mystical life. It is a means of teaching New Age principles of love and Truth through practical demonstrations in our lives.



LT Peggi Garvey

It is a means of teaching prayer and its benefits, and providing meditations for daily use.

The DHL provides a way for people, especially those who do not have a local Center or Study Group, to give to the work of this Teaching, through donations and subscriptions. It is a way to give to God through spiritual education in the world.

One of our main goals this year is to have a subscription supported paper. Since the DHL is mailed to people on our TIC mailing lists and is available at TIC Centers and Study Groups, many have assumed that they do not need to subscribe. Others have expressed to me that they thought a subscription automatically came with their membership in TIC. These are "error beliefs" I would like to heal (humor intended).

Through our <u>voluntary</u> subscriptions to DHL we actively support our unity and the purposes of TIC in the world.

THE SPIRITUAL LIFELINE

Meditations for Daily Use

The Healing Breath is Mine

God is perfect wholeness breathing in all beings. God's healing energy is the infinite healing power of the universe, available everywhere. I am a perfect channel of this power. I draw and focus the healing light of Truth as my health. Every breath I breathe is full and natural and expresses through me with the bounty of love.

I release all ideas of lack or fear, knowing that the wholeness of love is the only power in my life. All false concepts are healed and released. I live the wholeness of God in myself. I share with all in full measure of life and breathe out love's radiance and harmony in limitless circulation.

I am thankful for the wonderful good that is my joy and the law of my life.

Barry Mohr
Escondido Center

I Choose Joy, Peace and Truth

The Peace of God is in my being. The Peace of God is in my mind. The Love of God is in my emotional nature. The harmony of God is in my earthly affairs. I call on the healing power of the Spirit of God to heal and release any negative beliefs that were in my mind.

I choose wisely and plant seeds of truth and wisdom and peace in my life, and these bring me perfect fruit in the season of my harvest. I accept that Spirit is alive in me, that my good is about me, and that my life is a life of joy and peace. God is with me; God is living God's life through me. Thank you, God within me, for my life of joy and peace.

Robert Utterback
San Diego Center

I Am a Body of Light

The Light of God pours forth through me and as me. I am the Light of God made manifest. This Light flows forth as me and from me, lifting me into the perfect knowing of my oneness with all forms of creation--inspiring all, lifting all, healing all. I am centered in Truth, filled with the perfect wisdom and understanding of God. My mind is filled with Light; there is no darkness, no error in me.

I am a perfect channel for the Light. My body is filled with Light. There is no resistance in me. The power of God flows through me freely, joyously, abundantly, in unending glory. I am the Power and Glory of God made manifest: I AM A BODY OF LIGHT. Thank you, wonderful God, that it is so now.

Marie Sykora
Sacramento, California

I AM That I AM

I AM THAT I AM: Divine Presence in all, through all earthly and celestial kingdoms. I am an individualization of the Divine I AM. Without me the universe would not be complete, for I am created through Divine Idea, an expression of God.

I am a universal citizen. I am part of the oneness--no greater and no less than my brothers and sisters, for all are equal in Divine Mind. I accept myself as an expression of the Divine Father. I accept without doubt that a great river of cosmic consciousness flows from the Father to me from which I quench my thirst for divine understanding. I accept the reality of that river for I feel it's flow within myself. I experience it's power and glory.

Thank you, God, for creating me in your image!

Mary Sewall
Wasatch Center, Utah

God by Any Other Name



By Dr. Marion Dickes
Director of the
World Healing Ministry

GOD IS ALL. Whatever concept and name for God a person relates to, Spirit, Truth, Order, Love, Presence, God is all of this and infinitely more. God is to us whatever we name Him (Her). God is to us what we need Him to be and call upon Him for.

Some know God as Nature, some as Beauty, some as Peace, or as Principle and Law. I once counseled a man who was intolerant of the word GOD. I felt that if I insisted on calling Him God, our communication would be difficult and that perhaps I could not help him to solve his problem. But he could think comfortably about LIFE, so we used that concept in our prayers and meditations, with complete harmony and good results. God by whatever name is still the One indivisible, all powerful, loving, creating BEING who is the source of all that is and will be.

Whatever we call God, whatever our concept is, the important thing is to create our own positive relationship with God; because when we call upon the name of God, we are evoking that nature. What matters is the we each think about God and gain some concept of a central Source and Original Cause and Creator, and that we establish a meaningful, personal relationship with that Being, whether we hold our belief in common with others or independently, and that we do this not merely intellectually but also by feeling. To neglect this is to separate ourselves from the good which can be ours.

In sharing our knowing of God as a contemporary PRESENCE, let's be respectful of others' concepts and find appropriate terms to communicate Christ Love so that we can help others to know the personalness of the One God in their own ways. God by any other NAME is still GOD.

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Mother Mary's Visitation

By Leader/Teacher Mary Sewell

On September 3, 1981, I met a woman walking along the street who appeared to be about 30 years of age; she was being closely followed by a black man. The two were obviously together, and we almost brushed against each other in passing. As we passed I looked directly into the face of the woman and was shocked to see that she had been badly beaten. The left side of her face was black and blue, her eye was swollen nearly shut, and she bore a look of defeat. She was of stocky build and wore poor clothes with a tan coat which did not come together in the front. Her eyes were cast down as if she were unaware of her surroundings. I immediately had a feeling of profound sadness which was almost overwhelming and tears welled in my eyes.

The black man was tall and slender and exuded great arrogance. His clothes were dark and of somewhat better quality than the woman's. However, the arrogance and sense of control was extremely evident.

The woman had touched me so profoundly that the sadness I felt for her remained with me throughout the day. That evening in a channeling session with Dr. Ann Meyer, who was visiting in Utah at the time, Rev. Allene Remington, and Prayer Therapist Ellen Vlasic, the woman came to my mind and I told them about her. We then did a deep spiritual mind treatment for her. Two weeks later I was again channeling with Rev. Allene and Ellen when we were asked to do another treatment for the battered woman. We did this and felt she was healed and free of the subjugation she had suffered.

On October 7, I again saw the woman and she was alone this time. She was getting off the elevator on the fourth floor of the building where I work, just as I was getting on. It was with great joy that I recognized her and noticed that her face and eye were completely healed. The fact that she was alone told me she had freed herself of the person who had dominated her.

I thought she was looking for aid, as there are social service offices in the building, but not on the fourth floor. Again we almost brushed against each other as we passed at the elevator door. I thought she did not see me, as she was looking straight ahead at an office directory on the wall. I noticed her skin was fine and beautiful like a child's and had a glow about it. Her eyes were soft brown with a sparkle, but her features were difficult to define, as she looked like an "average" person.



LT Mary Sewell

She wore the same clothes as before, with the tan coat. My impulse was to ask her if I could help her find the right office, but the elevator door closed and I went on my way.

That evening I was again channeling and the woman entered my consciousness once more. This time I knew she was not an "average" person, but a beautiful spirit who could come and go at will on the earth plane. We were told that the woman was Mother Mary and that there was great symbolism in her appearance. The following is what Mother Mary channeled about the symbolism:

In regard to the black man, she said the type of man is more important than the color, although the color was symbolic of dark forces or thoughts. It was the attitude of the person which was most important- the attitude of pride, arrogance, control, macho. The symbolic meaning is the control and ownership that the objective nature tries to maintain over the subjective nature, often keeping the feeling nature brutally suppressed and fearful of expression.

Mother Mary said that it's more than a man/woman lesson. Her lesson is one about the individual in the Western world as we have known it for years; the almost worship of the intellect so that the subjective, feeling nature became so battered and bruised that it didn't even know its identity or worth; it was fearful, battered and belittled.

Mother Mary also told us that we have helped free not only ourselves but all she symbolized as that battered woman; all that she represented, and all the people who pray to her, looking for guidance, support and safety.

We also learned that she got off the eleva-

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Mother Mary's Visitation

tor on the fourth floor to demonstrate she is on the same level as myself; that there is an equality among us all, and we need to lift ourselves out of the victim consciousness to self-awareness and self-authority. She said her face was a composite of the face of humanity, and the sadness a composite of the sadness of humanity. Her body was gross, and a composite of the grossness which has occupied the attention of so many millions of people. It is now time to turn to the spiritual body within, which needs to be brought out of the darkness into Light.

Mother Mary asked that we share this lesson that she brought to us, so it is with love and joy that we release it for all TIC people and others who wish to aid in the healing of people living under suppression everywhere.

WOMAN AWARE

Dare, woman, to be aware
Of your own being: Love.
The beautiful subjective feeling nature He
Created so you can be perfectly mated.
Man, objective conscious leader, can
Make you whole when you partake
Willingly and submit to your own desires, thrillingly
Led by intuitive needs, fed
By the Father, sensitive to your God-Self, high
In consciousness, alive, akin.

Helen Louisa Chadwick

TICAC Affiliated Groups

TICAC Affiliated Groups are groups of Truth Seekers who are in harmony with the principles of the Teaching of the Inner Christ and use the TIC textbooks in their programs. They are not a part of the ICAC corporation and their leaders are not trained and Co-Missioned by ICAC, but they feel close to TIC in spirit and intent.

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(THE TEACHING OF THE INNER CHRIST)

TIC can help you to contact your Christ Self, the greater aspect of your being. This is done by individuals who have already made the contact and therefore can establish an atmosphere of Christ love, which allows the vibrational lifting and contact to be made. The Christ contact, once made, can go on and expand into a wonderful new life for you.

TIC can help you to establish authority over the situations of your life, manifest the fulfillment of your true desires, gain the knowledge of your true purposes and your life destiny. This is accomplished through greater self awareness and knowledge of the spiritual laws.

TIC can help you to develop a healing consciousness, so that you need never be ill, poor, or frustrated. You can learn to heal yourself and others, and to emanate the Christ love to all those around you.

TIC can help you to expand your innate inner sensing abilities, such as clairvoyance, clairaudience, clairsentience, and channeling from Spirit.

TIC can help you to develop your own authority over mental influences from outside yourself, opinions of the world around you, psychic bondages, and limiting thought forms. Through this authority you can be free to express your real individuality.

TIC can teach you techniques of deep meditation, transcending to depths far beyond the subconscious mind. You can experience unity with Spirit, while keeping all of your own precious identity.

TIC can open within you a sense of universal love greater than any you may have ever known. After contacting your Christ Self, you will never feel alone again.

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