

GEORGIAN NEWSLETTER

CHURCH OF WICCA OF BAKERSFIELD APRIL 1980

1908 VERDE STREET

BAKERSFIELD, CALIFORNIA 93304

(805) 323-3309

BAKERSFIELD -- So another Sabbat has come and gone. Somehow they seem to come more often as the years go by, but part of that may be because the Georgians celebrate 10 holidays a year instead of 8. Dorothy and Mike conducted the Pagan Way ritual...their first time to conduct a ritual here..and it went beautifully. Cinda and Merle conducted the Craft ritual, and since both have been with us for some years, we expect things to go as they did. We were sorry Mariah didn't get to join us from the L.A. area. We did expect her. To the cat house. Walt from that area didn't get here either but I guess we should be sorry for him rather than giving a punishment. Walt has been in the hospital due to an accident. Okay, Walt, you get the cat house, too.

Georgia used to be a part of the Bakersfield coven. Later she moved to the L.A. area and had her own coven there. Presently she has been living in Tennessee. Some of our people met Jerry only once, when he and Georgia were handfasted here, but we were all saddened to learn that he had recently passed to the Summerland due to a car accident. A rite for the dead was performed at the Sabbat.

Things in general go pretty well here in Bakersfield, and I'm certain I'll find them even better now that I'm over that flu bug that seems to last a couple of months. Seem to be an awful lot of people catching it all over. So far as I know, no one has come up with a quick cure.

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FROM DONNA IN WASHINGTON: I need some help. We are going to be going overseas (don't know when or where yet) but I will need a real good explanation for my athame. I'm not going to entrust it to movers or baggage people. I'll whip up a nifty goodie for the best answer.

Speaking of nifty goodies...you aren't the only one pushing to get my Circle ready. While walking the beach, we found a beautiful round of cedar approx. 3 ft. in diameter and 4 or 5 inches thick..perfect for an altar. I really feel it was meant for me..goes nice with the driftwood watchtowers, too.

ED. NOTE: Sounds great, Donna, but what about the palmistry thing you were going to send? Are you trying to graduate to the doghouse?

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COVENS ONE is planning a Summer Solstice meeting for Pagans June 20-22 at Lake Holiday, Indiana (site of the 1979 Pan-Pagan Festival).

Cost is \$8.50 for adults and \$4.50 per child. Now those are prices that make a lot more sense than some of the stuff we've seen promoted lately. At that price for 3 days it really doesn't sound like a rip-off.

For more info and registration forms: WOODS PARK PAGAN TEMPLE (219) 322-6451 or write..SANCTUS SPIRITUS, POB 664, Chicago Heights, Ill.

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WORDS OF WISDOM

No, dear, I did NOT say, "burn your brassierre", I said, "light the brazier."

BOSS TO SECRETARY: And what would you say to a weekend in Paris, Ms Bump?
SECRETARY: Can I take my husband?

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FROM BOBBI In Pittsburgh

I can't tell you how surprised I was to find out you picked the name I sent in to you for your dog. The word Wickian, doesn't have any particular meaning, but the picture looked like a Witch dog and I just sorta felt the name might be a good one.

Things around here are a bit crazy. The coven I belong to is putting out a newsletter called The Rose Runes. We hope to get the first one printed and mailed out by the end of the month.

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FROM MARSHA in New Mexico

Finally have something to report about the statues. They do not ship out of state. So I'll buy some, fire, paint and finish them myself. The large one would be \$6.00 and the small \$5.00 plus shipping.

(We'll run photos of these when we get them)

It seems the college here put on a renaissance dinner a year or so ago, and it was a great success, so now they are thinking of putting on a fair or tournament. Hope I can be a Lady-in-waiting or something!

Almond Cookies in Syrup, from the book "The International Cookie Jar Cookbook, by Anita Borghese, pub. 1975 Charles Scribner Sons, N.Y. I'll let you know when I find the book for Egyptian Rose Cookies.

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VICKI in Oklahoma sent a very nice drawing of her version of the Goddess. Too bad it is too large to use. It costs us extra to print photos and drawings so we must limit art work to no more than $\frac{1}{2}$ 8 $\frac{1}{2}$ x 11 page.

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FROM KAREN in Colorado

Had a fantastic full moon! We did a ritual that was comprised of only body movements and chanting. We didn't allow any English in the Circle. It was a really high experience.

One of my coveners and I are going to be teaching some public classes on psychic healing, ritual workshops, etc. Lots of work and lots of fun. We'll be in Boulder over Spring Equinox weekend to do a presentation at a women's meeting there on the mystery religions. I'll get to promote Moon Magick so that will be nice. Moon Magick catalogs, POB 395, Littleton, Col. 80120.

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BEING A WITCH IS.... from Rus (Arcane Crafts)

...having a consecrated chicken soup because you used the ritual salt by mistake.

WORDS OF WISDOM a line from the HELLO LARRY Tv show

"Why can't the mail in Portland be four months late like it is in the rest of the country???"

from the author of POSITIVE MAGIC...



MARION WEINSTEIN'S



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author of When God Was A Woman

and Ancient Mirrors of Womanhood

EARTH MAGIC is a complete personal witch's workbook, including Deity Allignments, chants, blessings, spells, individual and group work. It is illustrated by the author and taken directly from her own Dianic tradition.

MARION WEINSTEIN has been heard on WBAI-FM in New York City since Halloween of 1969, presenting occult information on MARION'S CAULDRON and leading communal rituals in magic. She also works as a standup comic and lecturer. Her first book, POSITIVE MAGIC, is a basic occult text. Her Book of Shadows, EARTH MAGIC, is a guide for witches -- those who are, and those who want to be.

KUNDALINI by LEVANAHA (also in HOMEFREN)
PART 2

One of the most terrifying things in the world can be when someone starts to run her Kundalini energy and does not know what is happening. Sometimes the energy is so intense that the entire body begins to shake and wherever there is a block that the energy hits the person feels a burning tearing sensation. Psychologically, I find that someone who starts running Kundalini without knowing anything about what is happening to her (both physically and psychologically) is experiencing something similar to a young woman of 12 or 13 who first notices that she is menstruating and has never been told that this is a natural and wholesome developmental process of her body. In other words, the totally unprepared experiences confusion, fear, and sometimes acute physical disorientation! I have always wondered why "those who are in the know" in occult circles do not mention (if not prepare people for) what Kundalini is all about. The average person, once knowing that this is an evolutionary growth process, is in a much better position to handle the body reactions and feelings. Usually the whole concept of Kundalini is mystified. No one can explain to you what Kundalini really is but they can give you enough information so that should you experience it you will know what is happening.

Much of the shaking "phenomenon" is caused by this very powerful energy rising up through the spinal shaft and widening the energy channels- sometimes flashing through them. If you have experienced this, or do now, you may want to find someone who has worked with this energy to match energy with. The best person to find is a psychic who can see this energy and who also runs her own Kundalini. Someone who runs her Kundalini can sit in trance and match you, and on an energy level instruct you as a being how to run it more smoothly. As a clairvoyant she can also see where you are getting stuck and why, and help you to move through that block. (You usually can't find competent psychics in the Yellow Pages but you can find them listed in Psychic Directories throughout the country, ads in occult shops, cards pinned up in laundromats and through word of mouth (the very best!)).

Should you find yourself running this Kundalini energy, do not resist it but allow your body to relax and go with it. (Resistance against such a powerful energy source can sometimes cause that tearing burning sensation). The easiest, and in my opinion, the most beneficial way to run this energy is to gently direct it up the spine from the 1st chakra through the 7th - the top of your head- (Western psychics call that the Crown Chakra and Easterners call it the many petalled lotus. It is here that Kundalini is said to awaken your higher being and higher powers. Most people have learned to run Kundalini through Eastern methods will just run it from the first chakra- up the spine to the 6th or 7th chakra. They teach people to sit on the ground with their feet tucked up and just run the Kundalini straight up the back of their spine. I have found this method of sitting on the ground to have many deleterious results. The energy of the earth itself (especially on the West Coast of the U.S.) is so high now that many people using this method blow out their first chakras by bringing up too much earth energy. Also, it denies the use of your legs. What you do not use atrophies eventually. I prefer the western method of meditation of sitting in a chair, because then you learn to use your legs and feet for grounding and for running energy through them and therefore you control or "own" more of your ability to create your own reality. Those people who own their feet and legs are usually much more capable at creating and manifesting their own reality. To me, there is definitely a connection between a culture that

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KUNDALINI by Levanah continued

that promotes tucking up your feet into pretzel shapes and following gurus or "wise men who know it all." I see a direct connection between non-ownership of the feet and legs and non-ownership of decision making capacities. Recently a friend of mine taught me an added way of running Kundalini so that you have energy going through your legs. There is Kundalini stored in such a way that you can conceptualize running it from your feet chakras, up through your legs and to and through your arms and down and out your hand chakras. I have found that by also running this while you run your Kundalini up your spine you can have a much more stable system and a measure of grounding.

(continued next month)

Another recipe from Grace in Florida. Grace says she is a lone Witch and would like coven contacts. She would also like to know if anyone has an herb cure for blockage of nephrous. Grace Efstathion, POB 4162, Pensacola, Fla. 32507.

THE CREDIBILITY OF FIDELITY
FUNNEL CAKES

- | | |
|-----------------------------|----------------------|
| 1 3/4 cup all purpose flour | 1 egg |
| 2 Tbs sugar | 3/4 cup milk |
| 1 Tsp soda | salad oil |
| 3/4 Tsp baking powder | 2 Tsp powdered sugar |
| 1/4 Tsp salt | syrap |

Combine dry ingredients. Add egg & milk. Beat 'til smooth. Heat 1 inch oil in deep skillet. Cover bottom opening of a funnel. Pour in 1/4 cup batter into funnel. Hold funnel over center of skillet. Remove finger from funnel opening to release batter into hot oil. Move funnel in slow, circular motion to form a spiral beginning at center. Fry 'til golden brown, turn once, drain on paper towel, sprinkle with powdered sugar, serve with syrap.

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WORDS OF WISDOM from Vulcan (Bakersfield)

All Xians know that their God commanded them to cover up their nakedness ...but only Witches knew the reason he said it was because his brother-in-law sold neckties.

BEING A WITCH IS.... from Vulcan

...holding up a pentagram to ward off a vampire.

from Rus & Ruthi (Arcane Crafts)

What is a Promethean 8-course dinner?
Roast goose, 6 bottles of mead, and the hostess.

Pagan Student: "Can you give us an example of Karmic retribution?"
Promethean Hp.: "Thirteen chickens sacrificing a satanist."

What do you call a Promethean with an I.Q. of 200?
"Gwenkin".

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APRIL 1980 STAR GAZER

by Lady Fauna

- 1 Express emotions positively. Green candles.
- 3 Engage in conversation with lover. Green and yellow candles.
- 4 Relax and meditate. Green candles.
- 5 Attend to health and related matters. Green, red, yellow candles.
- 6 Take your trip today. Let common sense guard carelessness. Green, yellow, blue, red candles.
- 8 Organize. Take conflicts in stride. Yellow and red candles.
- 9 Work on a handicraft project with lover. Green and red candles.
- 10 Memorization accented. Avoid quarrels. Green, yellow and blue candles.
- 11 Avoid self-indulgence if it will work against you. Green candles.
- 12 Put ideas to work. Yellow candles.
- 13 Guard against mishaps, temper. Green and yellow candles.
- 14 New Moon. Study, although you may not want to. Consider the feelings of others before speaking or acting. Black candles.
- 15 Travel, but with care. Good for business, finances. Blue candles.
- 16 Relax and organize. Guard health and tendency to quarrel. Black, yellow, blue candles.
- 17 Read, work on handicraft project, exercise. Yellow candles.
- 18 Visit an art gallery to beat depression. Hug your lover and smile. Green candles.
- 19 Act with independence and confidence. Red, black, yellow candles.
- 20 Meditate away negative feelings. Green candles.
- 21 Organize, travel, attend to business. Green candles.
- 22 Trust your intuition. Use energy positively. Green candles.
- 23 Visualization accented. Consider advice. Guard against carelessness. Green, blue and white candles.
- 24 Attend to business, paperwork. Travel. Yellow candles.
- 25 Maintain a balance. Deal with conflicts positively. Green candles.

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STAR GAZER continued

- 26 Resolve problems with diplomacy, music, an amusing poem. Consider all ramifications before committing yourself. Yellow candles.
- 28 Attune yourself with poetry, dance, drama. Green candles.
- 29 Guard your pocketbook. Maintain a positive attitude. Blue and green candles.
- 30 Beltane. Full moon. Avoid personality conflicts. Red and blue candles.

WITCH (WHICH?) PUPPY by Anon E. Mouse

The candles are lighted all around
 and people here, they do abound.
 Into the Circle I run, happy as a lark.
 High Priestess says, "Stop! You do not bark!"

'Round and 'round the Circle I do run,
 Oh Boy! Now ain't this fun??
 A voice calls out, "no widdershins!"
 I think, "how'd you like a bite on your shins?"

Somebody there chasing after me,
 but can't catch me as I flee.
 Under a long robe I do hide.
 "No, not there, you can't abide!"

Under the altar, that's the place.
 Ouch! hit something with my face.
 Ooooww! That hurts, I have to cry!
 Uh-oh...some one my hiding place did spy.

Don't pull my tail! That's no fun!
 How'd you like a bite on the bun??
 Dragged backward now...such a disgrace!
 Where, oh where, can I hide my face?

Out of the Circle, I do get tossed.
 Why, by everyone, do I get bossed?
 Oh well, guess I'll have to watch from here -
 Seems nobody cares if this puppy sheds a tear.

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BEING A WITCH IS..... from Frederick of the Promethean coven.

...having dancing furniture because you didn't banish the elements from last night's Circle.

...finding gray water after 13 Witches have been in the ritual tub.

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APHRODISIACS by Karen in Colorado

There are so many legends surrounding aphrodisiacs that initially it is difficult to differentiate between the real and the wishful when it comes to herbal aids.

We have all heard of the supposedly aphrodisiac powers of asparagus, cucumbers, bananas, and powdered rhinoceros horn, which is, of course, non-herbal -- but the concept is so entertaining. Unfortunately, the most that the aforementioned can arouse is the Freudian imagination.

In my studies of herbs, I have found that the herbs that really do help to sexually excite, normally possessed one or more of these properties: They are diuretic, sedative, or stimulant. This is not to say that every herb that is diuretic, sedative or stimulating is an aphrodisiac.

The most popular and effective herbal aphrodisiacs are Damiana, Dong quai, Ginseng, Jasmine, Peppermint, Saw Palmetto and Yohimbe. Some of these herbs are used internally, some externally, both as simples and in combinations.

DAMIANA - is a diuretic and a stimulant. It acts directly on the genitals and breasts. It can be taken in capsules or as an infusion. Pack it in size 00 capsules, and take 4 a day for two weeks, or brew it one teaspoon to one cup, and drink 2 cups a day. It has rather a peppery taste so you might want to flavor it with honey. DO NOT use it for extended periods as it is suspected of causing liver damage.

DONG QUAI and **GINSENG** - are not aphrodisiacs contrary to popular fantasy. They do help to balance the body's energy and are excellent stimulants. If your sex life is suffering because of tiredness then, in a sense, you could use them as an aid. Ginseng is best taken by males as it is yang and responds best to their systems. Dong Quai is best taken by females because it is yin. If you feel you could use more yin, and you are male, then by all means take it as it will help to bring those qualities out in you. Vice versa for females.

JASMINE OIL - works primarily on the emotional level. It is sedative and it calms and warms the body, releasing inhibitions. I would recommend massaging the oil into each other's bodies, paying particular attention to the genitals as the evening progresses. Jasmine oil is quite expensive, and you can dilute it in a vegetable oil such as safflower.

PEPPERMINT OIL - is a stimulant, and can be added to vaseline as an erotic playtoy. It heats the skin when applied and cools the area when blown upon. It deadens the nerves of the skin for a short time, helpful in delaying ejaculation.

SAW PALMETTO - is most often used in combination with Damiana. It is best to drink Damiana tea and eat 10-12 saw palmetto berries at the same time. It has a direct effect on the breasts and testicles. It is diuretic and sedative.

YOHIMBE - is the most powerful herbal aphrodisiac known. It must be used with caution because it contains numerous alkaloids. It should NOT be taken if you are on any medication, particularly tranquilizers. Avoid alcohol and acidic foods on the day it is used. People with heart and blood pressure problems or

(continued next page)

APHRODISIACS continued

diabetes should NOT use it because it can cause sudden rises or falls in blood pressure. Two tablespoons should be simmered about 10 minutes in a pint of water. Add honey, and drink slowly. You should feel a tingly sensation in your lower back and genitals in about 30 minutes. It is sedative and hallucinogen. The affects last approximately three hours.

BE CAUTIOUS WITH THESE OR ANY OTHER HERBS. USE THEM WITH KNOWLEDGE AND COMMON SENSE.

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FROM MARIAH in California

MAKING AN HERB NECKLACE

Boil herbs in water for one hour, then pour off the water, place in a pie plate for one or two days. Stir so a hard crust won't form on the top. Pou oil on your hands so the mixture won't stick to them. Form balls, place on waxed paper, set aside to get a hard crust on the outside. String with fishing line and needle. Use any herb or flower. When you are not using it, keep in a baggie to hold the odor in. When flowers are dying in your yard, place the flowers in a jar for later use.

Next time you get a wishbone from a chicken, clean it off and place in a jar of vinegar for three days. Then pou off the vinegar, and pour in fresh vinegar. Repeat this for two weeks, then make a wish and tie it into a knot on the full moon, then bury it in the ground. Wait for the law of cause and effect to bring it to you. Never break the wishbone 'cause then you break the wish. Just like you tie a knot in your cords for a wish. Sometimes it is nice to make a wish and place it in a fancy jar. Place it in a special place in your home..a wish to make and keep your home safe, happy, and full of love. For each wish, use one wishbone. You can drive everyone crazy wondering why you are keeping bones in a jar. One thing you can say is, "A Witch knows how to use a wishbone; that's why our wishes come true." Also, tie a different color ribbon, silk if you can find it, on each bone, for different wishes. Check to see what color goes with your wish. Also, you can tell yours from other family members. It makes them pleasant to the eyes when you look at them, and that is important. On the outside of the jar you can put "Family Wishes".

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BEING AN AIR FORCE WITCH IS....

from Rik in Tucson

- ...trying to figure out how to get commissioned an a Wiccan Chaplain.
- ...wonderin why that General is wearing five pentagrams on each shirt lapel.
- ...having your Sergeant ask you to 'put the fix' on the opposing softball team.

FROM GEORGIA in Mississippi

I've seen myself swimming
as I never swam before.
I've seen myself swimming
along the ocean floor,
pushing away the seaweed
as I go along the way.

Going in and out of caverns,
as I stop to play.
As I watch myself swimming,
I wonder how can this be.
How can I be swimming
like a fish, and breathe.

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From PAUL D. in California

I have started some work on my place in northern California near the coast. It is in the mountains at the head of a tiny valley. It contains small meadows, tall trees, a stream, ponds, a rimrocked peak for contemplation, and several-mile views. I would like ideas for landscaping, plants, meetings, etc. (Paul didn't say if it was okay to give his address, so write and I'll forward).

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From Armeeta in Pittsburgh

A tobacco substitute that the American Indians discovered long ago. They discovered and knew tobacco was addictive, but in moderation they used it for healing and in getting into a trance for their tribal meetings. Today you hear so much about the carcinogenic (cancer causing) properties. You probably have read that it is really the chemicals that are used for quicker processing and drying of the tobacco leaf. Years ago it was done by hanging in the drying sheds. Tobacco substitute: equal parts of magnolia bark and dogwood bark (not the tree bark but of the branches) and sumac leaves to be picked in the fall when leaves are turning red.

Even dogwood berries are like quinine. If you see birds eating the berries, and follow them, you will note that their behavior is somewhat tipsy.

About Tansy: too much or over use can be toxic. In olden times when a woman had female trouble with the men ses or wanted to abort they used tansy tea.

For hundreds of years slippery elm was used (inserted in the vagina). Now pharmacies no longer sell it or it is difficult to get. However, one can find their own and use the inner white bark. This should be used as soon as needed. May not be effective if too long a wait.

The tansy tea has also been used by veterinarians on animals having a difficult time giving birth.

A veterinarian says you should not prevent an animal from licking his wounds. Saliva contains substances that promote wound healing. The ancient Egyptians used saliva in wound healing. Some photos of this were distributed by Tincture Metaphen, a chemical company.

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WORDS OF WISDOM

BOSS TO APPLICANT: And why are you taking off your clothes, Miss Wiggles?

APPLICANT: The receptionist said you wanted to give me an examination.

HELPLEFUL HINTS FOR BEGINNERS
PICKING A CRAFT NAME

As always, we must mention that methods vary with different branches of the Craft. In some you may not get a new name until 3rd degree. The Georgians include a new name with first degree initiation. However, it may be changed at 3rd if there is a good reason.

The Georgians allow the initiate to pick his/her own name. It is appropriate to try to find a name that fits the person in some way. Names most often come from astrology or mythology, but they may even be a new name invention. Those of us who must often deal with the public in some way as Witches will often have more than one name.

For example: when doing radio or newspaper interviews, the name I use is Mercury. But I have another name which is known only to the coven members. It is important for magickal reasons that your real name should be known only to those you can trust completely. In fact, some Witches also have another name which is known only to themselves and that one will be used only when they are doing solitary rituals.

If you are allowed to pick your own name, take your time and really give it some thought.

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Happiness is watching Galactica 1980.

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CEREMONIAL HERBS from San Dee in Oklahoma

FREYIA: Daisy or Primrose

ODIN: Mistletoe or Oak

Herbs should be placed on the altar or outline the Circle.

Energy is absorbed by the herbs during a ceremony and, thus, the herbs can be useful after the ceremony. Flowers, of course, may be placed in a vase and the energy will mix with the room's aura. The flowers can later be dried. The herbs and/or dried flowers can be used in herbal healing which will increase the potion's power due to the ionic bonding produced during the ceremony. The herbs can be particularly helpful if used in a ceremony and then allowed to dry in a room harmonious with the aura of the person preparing the potion.

Herbs should always be disposed of by a slow, natural process -- preferably water or air. A violent force/energy affects the ionic bonds redistributing the atoms and changing their molecular structure. Thus, the energy has certainly changed since the ceremony. As with all herbs, they should be handled with respect.

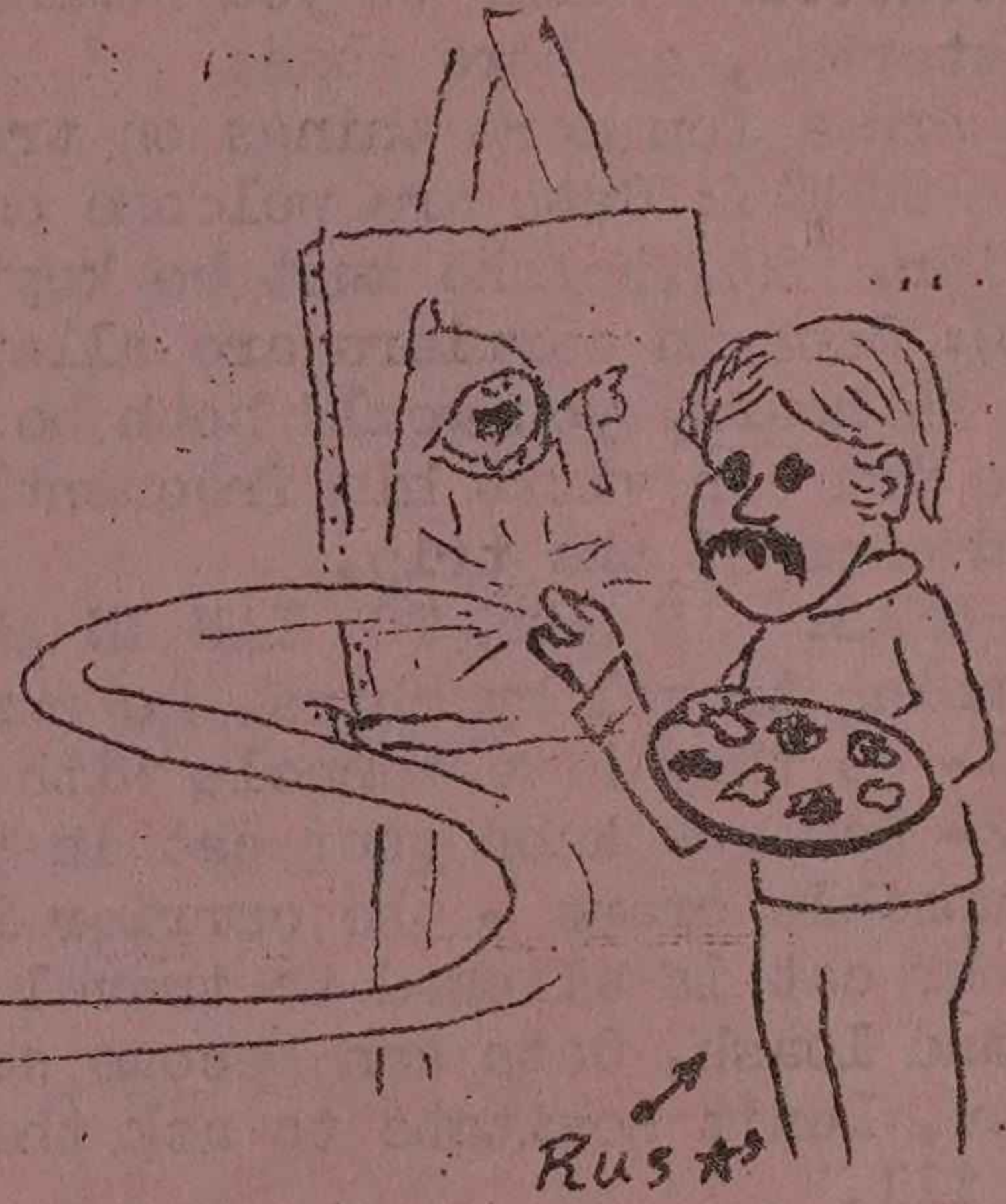
If the herbs are not to be used for any other purpose (what a waste), then they should be taken to a natural source of water -- an ocean, mountain stream, or naturally formed lake. The only other preferable force would be the wind which would carry the herbs to our Lady.

Blessed Be.
San Dee

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No, Miss Dingbat, you take your brassiere off before you burn it!

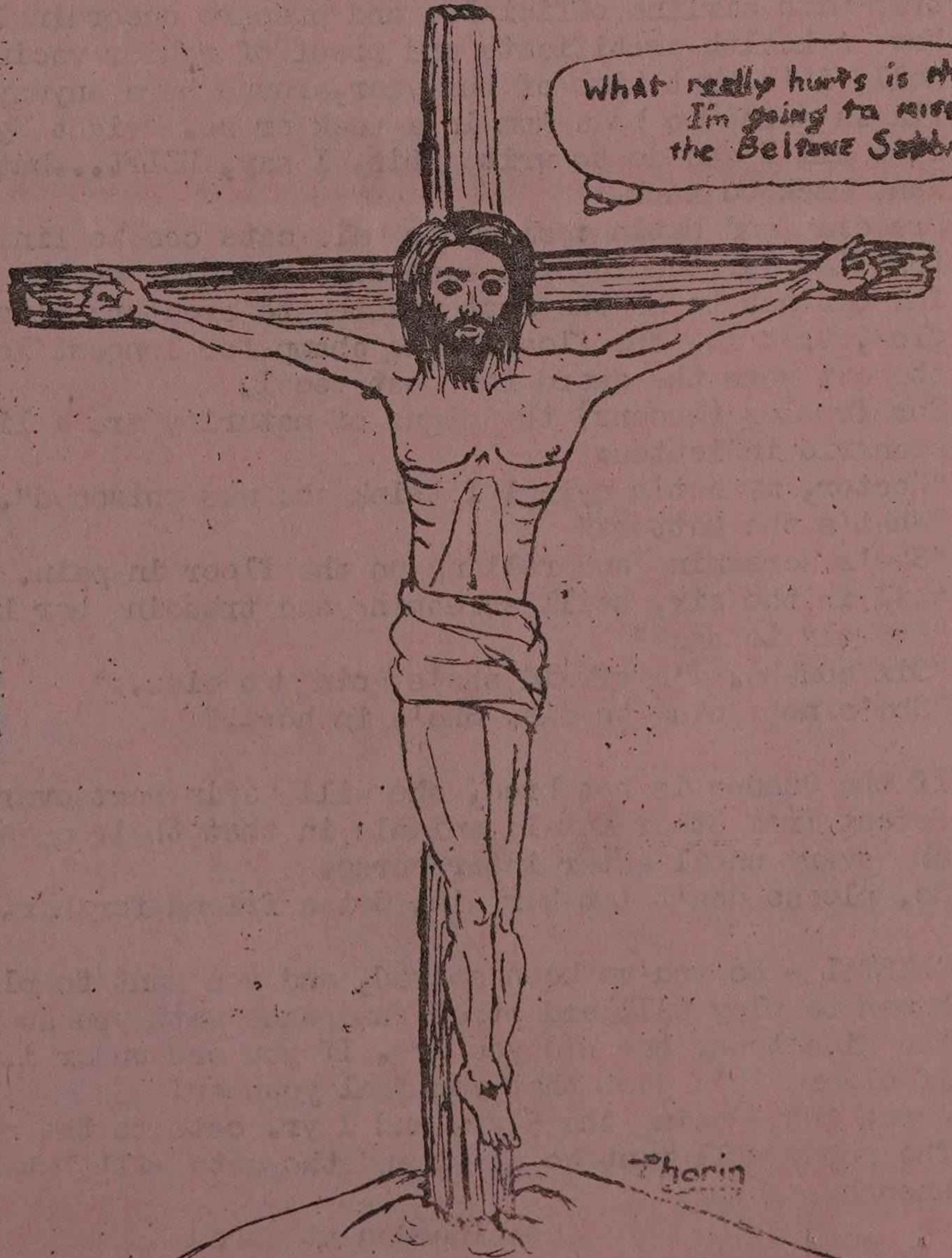
Gwenkin,
the littlest Witch.



RUSTO



Thorin



What really hurts is that
I'm going to miss
the Beltane Sabbat

Thorin

GOLLUM'S COLLUM

Meow...and hello to you humans, too. Here I am back again and purring to get started, so here goes:

Here are a few more things on travelling with your cat.

BUS & SUBWAY: Cats are welcome on most public bus or subways if they are in a carrier. Put..he/she must be kept in it.

TRAIN: Cats in carriers are allowed on trains. Put..if it's a longer journey than 24 hours, you would both be better off putting your cat in the baggage car where you can visit him frequently. Make arrangements with your railroad agent in advance of the trip.

HIGH SEAS: BE SURE TO PLAN IN ADVANCE. There are different types of regulations governing travel by ships. Be sure to check with the ship agent in advance.

1- do they have kennels with an attendant

2- Can you keep your cat in your stateroom (in this case take along a small collapsible crate - the carrier is too small for all-day confinement.)

If your cat is allowed to travel unconfined, be sure to take along his/her collar and leash. Cats can become seasick. Ask your vet what to do should this happen. Don't hesitate to ask the ship physician for help if your cat becomes very ill.

PLANE TRIPS: air travel usually goes smoothly for cats, and is a preferred method of travel. They are en route for a shorter period of time. Discuss your cat's trip with airline officials, and prepare accordingly. It may be necessary to have a health certificate and proof of rabies vaccination. Happy flying.

Well, it's that time of the year, around here anyway, and am I tired but happy. Tia is going to be a mom in a week or so. Dright Eyes just won't leave me alone. It's all I can do to write this. I say, HELP!...but I am really having too much fun. Back to work.

Breeding and Mating: since we male cats can be finicky about breeding away from familiar surroundings, I recommend breeding at the tom's home.

The cat has to be the most passionate creature alive...next to its "friend", the flea, that is. The flea is the champ for longest lovemaking (up to 9 hours) but the cat gets the award for most vocal.

For females (Queens) the signs of maturity are a little more dramatic, as this scenario indicates:

"Doctor, my cat's dying! I think she was poisoned".

"What's the matter?"

"She's screamin' and rolling on the floor in pain. Now she's crouching with her tail in the air, still screaming and treading her hind feet."

"How old is she?"

"Six months. I'm afraid she's going to die..."

"She's not going to die. She's in heat."

If the Queens is not bred, she will be in heat every 2 or 3 weeks. Queens are different from other female animals in that their eggs will not be released from the ovary until after intercourse.

So, please don't let her die. Get a friend for her.

CRYSTAL - So you've been spayed, and you want to play all night. Try to get your human to play ball and other fun games with you so you will sleep at night. You didn't say how old you are. If you are under 1 yr., you are just playful. If older, it's just that you feel younger.

About introducing the 5 yr. and 1 yr. cats to the puppy...that could take time. The puppy will want to play, and the cats will let him know when they've had enough.

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GOLLUM'S COLLUM continued

HYP - I don't know about it being common for white cats to be born deaf. Maybe some of our readers can tell you more about that, and will write in. We can forward it on to you.

PENNY - What is your cat's name? I would like to write to your cat, and then we could talk about this fun of resting his head on your breast, and his paws wrapped around it. That is one of my favorite spots when I'm not running after Bright Eyes. So what's wrong with that?

If you don't feed your cat, and show him the rat's trail, he will get the idea. SAN DEE - Your cat's broken leg is going to take awhile. You can help..with all the tender loving care you have. Your healing powers will help to heal it faster. Get well soon. Tia, Bright Eyes, and Gollum

JANIS, FLUFF, & UNCLE ORANGE - Thank you for your kind words. Yes, I'm feeling better. I hope you are the same. Spring is a wonderful time for little treasures of lots of new, little, furry creatures.

BRIGHT BLESSINGS & MAY THE LADY WALK WITH YOU ALWAYS.

BLESSED BE.

GOLLUM

* * *

FROM TANYA IN COLORADO

Sun;
moving lines of mountains -
dark hawk glides silently, once;
a breeze and three deer
among trees.

In March -
a robin
motionless in
the apple tree!

*
(cool air like cat's fur
on my face)-

Silver cradle moon
holds the first
night of spring;
and the stars,
the stars are all
out for the occasion!

* * *

WORDS OF WISDOM FROM W. C. PASTURE

Marriage is like putting your money in a pocket with a hole in it.

WORDS OF WISDOM FROM PAT (for men only)

If I could have a week alone with Farbie Penton and Katherine Pach (Dukes of Hazzard) I'm certain I could die most happy....but could any man live that long???

ED. NOTE: Feminists are required to ignore the above comments.

BEING A WITCH IS.... from Rus (Arcane Crafts)

...explaining to the school principal that your Witchlet could not have possibly been the one who turned the teacher into a frog, since he isn't initiated to a degree that permits him to do such spells.

* * *

CREATING YOUR OWN MAGICAL OIL FORMULAS

by Charmaine Dey (Dell, Pook, & Candle..Las Vegas)

The subject of oils is a very extensive study, and to cover all facets of it would require quite a hefty volume. But inasmuch as so very few Craft members that I meet know anything at all of this ancient Art, I will give up a few of my own "trade secrets" in order to help beginners who are interested to get started. Further study and experiment on your own will be necessary, but perhaps this will point you in the right direction.

The preparation of basic Essential Oils from plant material is a complete course in itself, requiring some special equipment. I will leave that area for someone else to explain. We will cover the use of commercially sold Essential oils, available from specialty supply houses.

First of all, you must work only with the virgin, generic Essential oils, rather than with so-called "essence oils" which have been blended and given special names such as "Conquering", "Love Oil", "Isis", etc. The generics will have the names of the plant or other substance from which they originate, such as "Rose", "Jasmine", "Sandalwood", etc. An Essential oil is the pure, concentrated extract from the plant, with nothing added. Oils from different areas of the world will vary in fragrance and quality, and also vary from one season to another just as do wine vintages. They are priced individually from the wholesaler, according to rarity and quality. Essential oils may be purchased retail in quantities from one dram to a pint (or lb.). The measurement scale is: 8 drams = 1 oz; 16 oz. = 1 pint. (therefore, a $\frac{1}{2}$ oz. bottle contains 4 drams.)

Most of the oils used in the Craft are for purposes of anointing, ritual baths, candle dressing, and healing or massage. The pure essential oil is far too concentrated for these purposes. It does not smell as good as it does when combined with other non-essential oils, and it will also burn or damage the skin if applied full strength. Therefore, I will give you a set of compounding ratios which have proven very successful for these purposes:

FOR ANOINTING OILS - Prepare 4 oz. at a time (about a year's supply) so that it may be charged and blessed on the proper Astrological day. Use the ratio of 1 Oz. Essential oils to 3 oz. base oils.

RITUAL BATH OILS - Prepare these in 1 oz. quantities, as you will use only a few drops at a time, and will want a variety of types. Use the ratio of 4 drams ($\frac{1}{2}$ oz) of Essential oils to 4 drams of emollient oils.

CANDLE-DRESSING OILS - Prepare $\frac{1}{2}$ oz at a time if you desire to have a wide variety, or 1 oz if you use only 3 or 4 different kinds. Use the ratio 1 to 3, that is, 1 dram Essential oils to 3 drams base oils.

MASSAGE and/or HEALINGS OILS - These will be compounded of pure herbal, essential and non-essential oils available from Health Food and Drug Stores. Their aroma may be enhanced by the addition of a small amount of fragrant essential oils, never more than 1 dram to 4 oz. (Many of the herbal oils used in healing such as Rosemary, Eucalyptus, etc., have a very unpleasant odor, and must be masked by the addition of essentials such as lemon, lime, mints, rose, or other.) The basic oils used in massage oils are completely odorless, and just enough essential oil to add a cosmetic fragrance will be necessary. The type
(continued next page)

OILS continued

will depend upon whether or not you wish to give it a "Magickal" implication.

Now we must consider the basic oils which we will combine with the Essential oils.

Use only pure, edible, vegetable oils - never any mineral oil, as it will not combine with the essential oils in many cases, and it does not have the magical properties needed. Here is a description of the most widely used:

1 - A very desirable oil for anointing, and for all body uses, i.e., bath, massage, healing, etc. is PALMA CHRISTI (odorless, tasteless, Castor Oil). This is a very thick, smooth, soothing oil, which will keep well almost indefinitely, without getting gummy or rancid. It is very beneficial to the skin, and leaves no greasy feel.

2 - Cold-pressed, odorless SESAME OIL. This is not the same as the Sesame oil used in Oriental cooking, which smells and tastes like Sesame seeds. A very white, light bodied oil, which, when used with other oils helps retard spoilage. Also very beneficial to the skin and aura.

3 - CORN OIL. Has the tendency to "mellow-out" the very pungent essential oils, as it brings out the "sweetness". It is of the Earth Element, as is wheat germ oil, but does not have the distinct aroma that the wheat germ oil has.

4 - OLIVE OIL. Has a distinct and possibly objectionable odor of its own which does not enhance the essential oils, but rather detracts from them. Also has poor keeping qualities, and will become rancid in a short time. It was a favorite of the ancients, but they had very limited choices, and it was plentiful. The olfactory senses in ancient times were not as highly refined as ours today. However, Olive Oil is reputed to have some fine healing qualities for the skin and scalp.

5 - COTTONSEED and SOY BEAN OILS. Two very useful oils which are economical and have fair keeping qualities. However, they are inclined to become gummy after setting any length of time.

6 - SAFFLOWER and SUNFLOWER OILS. Two very light oils which may be used when a base of the Fire Element is required. However, they do not enhance the fragrances of combined essential oils, or release the aromatics quite as well as others do. Often, you will have to make a choice between Magical properties, or quality of fragrance.

There are many others, but these are the most common and readily available, and will give you enough variety to fulfill almost any purpose.

In the next installment we will cover the Magical properties of the Essential Oils, and how to determine which to use for what purpose. Meanwhile, if you intend to become truly proficient in this art, I suggest that you avail yourself of some reading material such as botanical encyclopaedias, flower catalogues, herbal books, etc., and try to learn as much as possible about the blossoms and herbs used in perfumery. Find out what their growing habits are (vine, bush, tree, water, etc.) and try to catalogue some of their Astrological characteristics.

Until next month --

Blessed Be.

STUFF AND THINGS

Well, we expected to get some letters about the "Sexatary" thing, and we did. Only a couple were critical. Most could be summed up as "Three Cheers For Manon". One reader said she is also a sexatary and suggests to Manon that they form a Sexatary's Union.

We also expected to arouse some anger with our comments on nuclear energy. So far, only two letters. Oh well...just so long as you're paying attention.

FROM GAIL in California

There is no question that we must produce or discover "new" energy sources for the world's masses. Put to do so in haste, without providing for the safe re-use or disposal of any by-products is not responsible behavior.

We have already pumped untold amounts of non-naturally occurring chemicals into the Lady's viens. We have buried them in her deserts and floated them on her oceans. We have callously discharged them into her face, as if we were inconsiderate smokers.

Perhaps to return the Earth Mother to health, we will have to sacrifice haste and self-agrandizement in the interest of the greatest good for our brothers and our descendants. Isn't life, after all, a series of sacrifices that can lead us to greater beauty and understanding when guided by Love?

There are alternatives, viable ones, if we are caring and courageous enough to search and defend.

FROM DR.'s DONNA AND JOHN IN GEORGIA

We are responding from 3 different areas of interest and activity: 1- Priest and Priestess of an eclectic Wiccan group. 2- as members of "Physicians For Social Responsibility" and health care professionals. 3- as members of the education committee of "Georgians Against Nuclear Energy" (GANE). Nuclear power is extremely costly, inefficient, and dangerous. The idea that without NP we will have to go back to primitive lifestyles is one that the Nuclear industry is really pushing, but it simply isn't true. As for toxicity; one pound of Plutonium contains about 21 billion lung cancer doses and lasts for 500,000 years. In one year of operation, a 1000 megawatt nuclear power plant generates fission products in a quantity equal to what is produced by the explosion of 23 megatons of nuclear fission bombs (or 1000 Hiroshima type bombs); and they haven't even solved the temporary storage problems yet! Opposition to the development of nuclear power cuts across political, economical, and educational lines because it is such a vital issue.

ED. NOTE: Okay, you've had your say, but I don't buy it. The anti-nuclear people continue to use fear tactics. Environmental and consumer protection groups are a good idea, and they have done some good. But they have also done some ridiculous and even stupid things; preventing construction of a dam and power source that would have supplied large amounts of much-needed electric power because it MIGHT have meant extinction of a tiny fish that no one ever heard of and which is of no value in any way. Banning things from our diet because if we ate 3 tons a day or drank 500 gallons a day, it MIGHT cause cancer. The recent scare over a material used in curing bacon...and they now admit the tests were

(continued next page)

not reliable, and that we probably get more of that same substance occurring naturally in a tomato.

OSHA was supposed to be for the protection of workers. But some of their demands were so absurd that they caused a number of businesses to fold up because they couldn't possibly afford to follow the ridiculous demands of OSHA. Of course, this put a lot of people out of work. Maybe that's one way to protect them; take their jobs and let them stay home.

Frankly, I get a little bored with people who know little or nothing about a subject just parroting a lot of "facts and figures". And don't forget that facts and figures can be juggled to demonstrate whatever you wish. A good example of that was some college work I turned in. I recieved the maximum grade on some material which was pure hogwash...made up out of my head because I didn't have the time to really do any work on it.

The anti-nuclears remind me of an acquaintance of a few years back. Before the Craft took so much of my time I had a small lab in another building here. I built a small particle accelerator (only $\frac{1}{2}$ million volts) for some of my own experiments. When this acquaintance visited, I thought he'd be interested in seeing this. However, he became convinced that I would blow up the entire neighborhood, and he would never enter my house again. And this from a man who works in electronics as I do. 'Nuff said.

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EXERCISE IN CREATIVE VISUALIZATION

by Shadowhawk of Elvenhearth

I was looking at the water,
and the way the sunlight glints,
I could almost see a castle,
and a froggy would-be prince.
I saw the Fairie daughter,
She wore a rushes crown.
As the prince tumbled from the
battlements,
the sun went slowly down;
Then ripples broke the picture,
with a sploosshing sort of sound.
Erased my little castle,
and replaced it with a clown.
His face was green and spotly
Eyes stuck up above his head.
I called to him "good evening",
Rribbitt, was all he said.

MOST NOBLE LADY

Sometimes, in angers tide,
Your eyes, shine with pride.
then your voice soars above the din;
Of confusion and lies.
And I want you to know,
Understand, that I too, know,
Your pain musn't show,
But be prisoned within.

Like shatters of light,
That break on the night,
Where the darkness of secrecy
Hides the love you must fight.
In your need to survive,
To keep your image alive,
Somewhere on the line,
Between sadness and ecstasy..

Shadowhawk and Blackson say they are Celtic Wicca and would like more contacts in their area. Edmonds, Wash. Write and I'll forward

*

*

*

BOSS TO NEW SECRETARY - When I told you to be friendly to our customers, Miss Nicebottom, I did not mean you had to spend the weekends with them.

To most people TGIF means "thank God it's Friday. But when you see it on a boot, it means "toes go in first".

BOOKS & THINGS

MARION WEINSTEIN'S "A DIANIC BOOK OF SHADOWS.
 Earth Magic Productions POB 1202 fdr station, N.Y., N.Y. 10022
 \$5.45 includes postage, \$6.45 air mail.

Marion Weinstein has come up with a new book that should be a nice addition to any Craft library, but we especially recommend it to beginners and those who wish to practice the Craft but have not found a coven contact. The book has just a little bit of everything and should prove to be a useful tool.

Weinstein's earlier book, POSITIVE MAGIC: OCCULT SELF-HELP has been sold out and is presently out of print. However, there is a good chance that she will get it printed again. If you're interested in that, let her know when you order the Book Of Shadows. She is now working on a revised version of Positive Magic. In addition to her writing, Marion Weinstein has been doing a program "Marion's Cauldron" on WBAI-FM in New York since 1969.

Just finished writing the above when the mail arrived containing some very nice comments on the P.O.S. from Elizabeth Pepper and Merlin Stone.

* * *

FROM PICK IN MICHIGAN
 OMEGA Stewart Farrar N.Y. Times Press \$10.95

This novel concerns the fairly near future (1990's-2000's) in England where scientists have found a way to tap into Earth's magnetic field for energy. They find it will cause a huge catastrophe, so they pick a scapegoat...Witches.

* * *

ANOTHER FINE MYTH Robert Asprin

Fantasy novel but good Craft-wise. A wizard conjures up a demon but is killed. The demon takes the wizard's apprentice to help him find the killer. A good book.

* * *

THE STAND Stephen King Signet Books \$2.95.

Tells of a new kind of flu that is 98% deadly and kills off most of the population. Those remaining are drawn to one of two groups..the good guys with magic or the bad guys with technology. An incredible book.

* * *

FROM ARMEETA in Pittsburgh

JOURNEY OF AWAKENING -A meditator's Guidebook Ram Dass Pantam Book \$2.95

An evening or two with it is better than most things. I found it better, more interesting, and easier to read than any of the Marharish books on Transcendental Meditation. It quotes a lot of the old theologians and philosophers of the far east.

another recent good book

MACUMBA...The Teachings of Maria Jose, Mother of the Gods by Serge Framly.
 Avon Books \$2.25

BOOKS continued

This book about Brazilian magic and religion and some of its fundamental teachings is similar to other religions in some respect about contacting the Gods and the reasons why they do certain things. The book is well worth having as many of the principles are similar to the Wiccan.

* * *

A DICTIONARY OF OMFENS AND SUPERSTITIONS Phillipa Waring Pallantine Books \$2.50

All thruout are very interesting omens of animals, and all sorts of things. I found it fascinating.

* * *

MINNIE SANTANGE AND THE EVIL EYE Fawcett Crest Books \$1.75

About the White Witch or healer fighting the black..or evil. Has a good lesson which most of us can profit by.

* * *

KING ARTHUR'S DAUGHTER Vera Chapman Avon Books \$1.75

Beautifully and interestingly written. Has many references to magick and the pentagram. Good easy light reading.

* * *

IN SEARCH OF MAGIC AND WITCHCRAFT Alan Landsburg Pantam Books \$1.95

Much valuable information. It is just such a very valuable book to me that I think everyone should read it.

* * *

We've heard from Jeffrey B. Russell. His book, The Complete History Of Witchcraft is finally coming out. Thames & Hudson. Don't know the price.

England: March 31 U.S. : May 19.

We'll be looking forward to this one and will have a review soon.

* * *

BEING A WITCH IS.... from Charmaine (Pell, Book and Candle)

...telling your Madame High Pussycat to keep her little ninny-boppers out of your temple -- those four little pans of sand are what you set your Watchtower candles in.

...declining an offer by the neighbor's kids to mow your lawn, because you simply do not gotaround putting that kind of spell on School teachers.

...explaining to your house guest that no, you are not in mourning. Your entire wardrobe is in basic black because it is so-oo slenderizing.

WORDS OF WISDOM from Charmaine (Las Vegas)

CLIENT TO ASTROLOGER: "Well, what would you recommend -- PREPARATION H?"

ASTROLOGER: " "No, NO, NO -- you misunderstood me! I said your actions are restricted because URANUS is afflicted. not your anus!"

* * *

FROM MARIAH in California

Here is a poem I wrote for the change of seasons.

You my love I bow, it's your season now.
 God of Death's realm; winter's long nights are real.
 Now is my time to rest; beauty at its best.
 Your power can be matched by none; but our love became as one.
 I Goddess of Spring; soon my flowers will sing.
 Then you my love will bow; rest is for you now.
 But before you rest; I promise you my best.
 As our love becomes as one; my power can be matched by none.

* * *

Also from Mariah: I am sending you a photo to use if you like. It was taken at the change of seasons. I had it reprinted to go with the poem. The photo is Arron and myself.

(see photo page)

* * *

Katrina in Utah says, "Do you know if a bimonthly magazine called Psychic, published in San Francisco is still in publication? I am interested in obtaining a subscription or in getting some back issues."

* * *

STUFF AND THINGS

Well, it seems like everyone and his brother/sister is either starting a newsletter or planning one. We wish them luck. But we wonder how many will continue when they discover how much work is involved and how much money it can cost. Anyway, we wish them luck.

As you know, we sent the newsletter free for the first two years, the local coven here paying the bills. Last year we charged \$2. for a sub, and this year \$3. So we have continually lost money. Well, we never planned it as a money-making idea but rather as a service to Crafters and other Pagans. But it would be nice if someday we could break even. But costs keep going up..paper, stencils, ink, printing, postage, etc. We hope we won't have to raise the price next year and that's why we're taking advertising. If we can get enough ads, we can keep the price low enough for everyone to afford a subscription. However, ads for "Witchcraft Lessons" we consider unacceptable because we believe this to be against basic Craft principles.

The "Thanksgiving Dog", Pooka, just had his 4 month birthday and is now almost too heavy to pick up. He did enjoy getting in the Circle at the Sabbat so Manon did a brief dance with him..Pooka on his hind legs and Manon holding a paw. Don't forget the Pan Pagan Festival in Wisconsin August 21-24. This one is really worthwhile. For info, write: Temple Of The Pagan Way, 1532 W. Victoria, Chicago, Ill. 60660 or CIRCLE, Pox 9013, Madison, Wi. 53715.

By the way, we're looking forward to that new Circle newspaper format. Now \$5.yr. The Unicorn is \$6. yr. for 8 issues, \$2. extra for the gays supplement. Box 8814, Mpls., Mn. 55408.

BEING A WITCH IS from Donna in Washington

...realizing that your favorite robe has truly worn out when it leaves you skylad at mid ritual.

* * *

This is the last month for the crossword puzzle for awhile as I find it necessary to devote the time to other Craft pursuits. Here are the answers to last month's puzzle... jeannie

Z	A	I	D	E	D	A	E	A	E	A		
O	A	T	S	A	S	T	A	B	L	E		
O	N	T	R	I	O	Y						
T	A	D	S	M	L	A	D					
A	I	L	E	P	L	P	A					
B	O	B	S	A	L	A	M	O	M	E		
S	P	R	I	N	G	E	Q	U	I	N	O	X
Y	E	A	R	L	A	U	D	O	C			
R	C	E	A	E	A	I	D	E				
T	C	B	I	F	R	O	S	T	P			
U	R	A	N	I	A	E	K	E	T			
S	O	I	D	O	A	R	M	Y				
T	P	E	E	R	S	U	S	E	D			



ABOVE - VIKRI IN OKLAHOMA



AT LEFT -
MARIAH AND ARRON
(SEE POEM)

AT RIGHT -
ANOTHER ENVELOPE
DRAWING FROM
DEAN R.

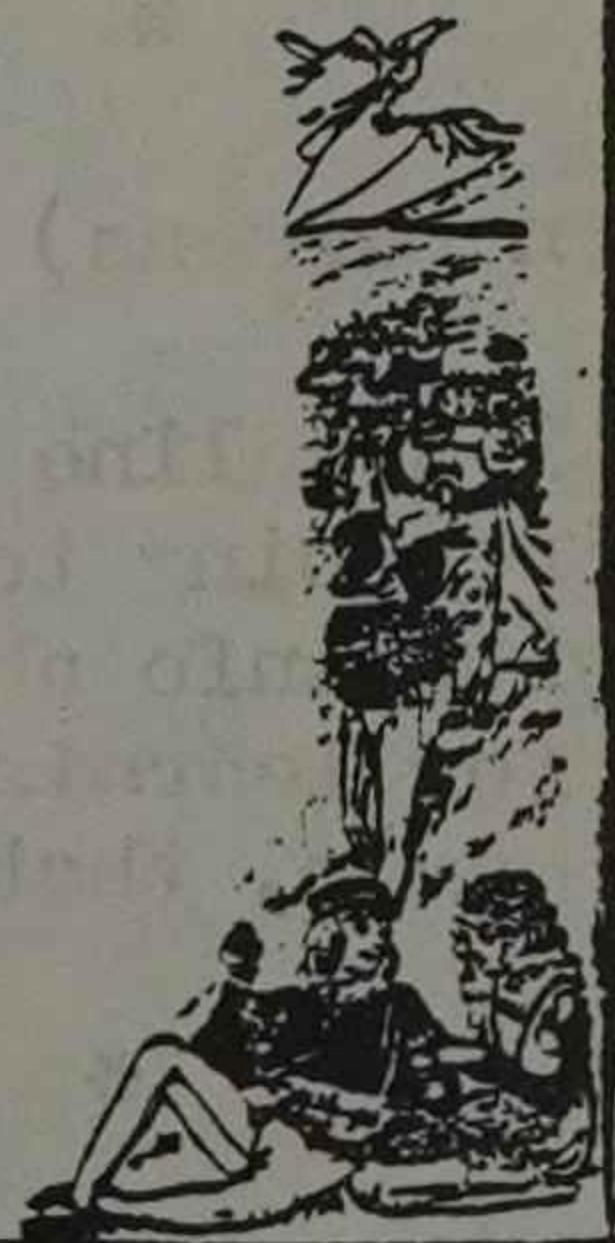
BIG NEW CATALOGUE #1, 7

Coven Gardens

For all your occult needs...

Write for  catalogue to:

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P.O. Box 1064
BOULDER
COLORADO 80302



FROM SELENE Enchanted Herbs in Ohio

I have just finished writing to Stanley Sills at Grosset & Dunlap. Hope that helps to get the Almanac back in print.

Not much news right now - we're waiting for the Lady to green things up a bit here. Everyone is wearing yellow to encourage the sun and warmth but so far the upper 30's is the best we've done. I can see my outdoor Circle from the window as I type. I itch to get out there and work the soil and tend my plants but the ice is still on the pond - brrrrr!

Time to wrestle with income tax forms - THAT really requires magick.

* * *

FROM ANGIE IN SAN ANTONIO

I've just returned from El Paso and had a nice visit with Isabelle - Looks like things are starting to pick up here in San Antonio.

* * *

FROM PHOENIX IN DALLAS

A lot has happened here. As you can see from the announcements, I have given in to the shove that the Lady is sending in my direction.

NEXUS - officers were elected. First major activity..Meditation Weekend Retreat beginning Friday night Solstice weekend. Also sponsoring the first Lammas Faire in this area.

Witch's Runesticks \$4.50 per set. Newsletter \$1. per issue, 8 per yr.

Unicorn Gardens membership for \$7. per yr.

For info on these, write Unicorn Circle, POB 45061, Dallas, Texas 75245.

* * *

FROM JEANNE OF BLUE MOON in Pennsylvania

Just so you don't lose any sleep wondering what BLUE MOON is, I'll explain. It's us - Harry & Jeanne - designing and silk screening T shirts for Pagans. Our other business associate is Mickey, the cat. He contributes mischief and gray fur.

* * *

FROM CYPRIAN IN TENNESSEE

For Paul & Connie in New Hampshire

"Uncle Al" (Aliester Crowley) had a very great deal to do with Wicca. It was he who took Rabelais' 16 th Century dictum, "Do what thou wilt," and raised it into the ethical Rede we Wiccans now employ. A full explanation appears in the July issue of Crystal Well.

* * *

FROM MORWYN IN COLORADO (Coven Gardens)

We're racing to meet a March 1 deadline for putting out a supplement to our catalogue. Sad, but true, we're going to have to start charging \$1. for our catalogue. It's about 24 pages with info about various things to do with Wicca. We have tried to make it a tool for learning as well as a catalogue of merchandise.

ED. NOTE: In case you didn't guess, that unidentified photo in last issue was Morwyn and Sinhazanha.

* * *

BOOKS & THINGS

FROM CYPRIAN In Tenn.

It's a downright crying shame hardback books have become so expensive because Viking Press has issued a volume we will have to put on our library shelves... and at \$16.95 a throw that's going to tax the budget of most of us. (I don't know any rich Witches, do you?) The book is Margot Adler's DRAWING DOWN THE MOON, and it has something to make almost all of us feel pretty good, to make us angry and to make us think. It is obvious Ms Adler has done her homework but many of us may think her base of information is too narrow. However, considering the necessary time lag from research to manuscript preparation to printing this may be somewhat petty criticism on my part because much, much has changed within the Craft/Pagan movement since she began research for this book. We might also object to her dwelling for page after page on seemingly minor and sometimes now moribund movements, yet the overall scope of the book is one that warrants our serious attention. Ms Adler has caught our essence, she has pricked us where it hurts and she has left us with a really good feeling about our future. DRAWING DOWN THE MOON is one of those rare "must" works for our personal libraries. Read it and read carefully. We will be asked about this book.

* * *

Just recieved in the mail two ads about Merlin Stone's ANCIENT MIRRORS OF WOMANHOOD VOL 1. One copy says \$6.95 and the other says \$5.75...don't know which is correct. New Sibylline Books, Inc.-P, Box 266, Village Station, N.Y., N.Y. 10014.

* * *

FROM PENNY IN FLORIDA

I read The Masters Of Solitude. It's the best book I've read in a long time. It should be on the beginner's list.

Planted a few herbs: basil, silver weed, peppermint, and thyme.

Haven't heard anymore about the psychic fair I was invited to work in. But I'm going to give a lecture at the Mandel Foundation in St. Petersburg.

Would you please put in the newsletter that I'm trying to get the book WHAT WITCHES DO. Sent an order with the money and even called Martello but no book so far.

There will be a Medieval Fair in Sarasota soon. Hope to go this time. The New College holds it every year.

Saw D J & The Pear Feb. 9 and enjoyed it very much.

* * *

WORDS OF WISDOM

No, Miss Johns, when I told you to take off I did not mean your clothes.

Bill said he was going to work hard today.

A good wife would have taken care of that before he left.

But weren't you suspicious when your husband came home late with lipstick on his collar?

Not really. He said he'd been having a gay time.

* * *

DRAWING DOWN THE MOON MARGOT ADLER THE VIKING PRESS, NEW YORK \$16.95

Part I of Drawing Down The Moon contains some history and background on Pagan religions in the United States. Part II explores Witchcraft and the many Craft traditions in America. Part III deals with the Neo-Pagan movement. Part IV discusses some of the debated issues in the Pagan community. Appendix I contains five short rituals and is followed by the Manifesto of the Aquarian Anti-Defamation League and "Pagan Musings" by Tony Kelly. There is also a short resource list and notes to supplement the text by Ms. Adler.

Ms. Adler is a former staff member for Pacifica Radio, where she worked for ten years. At the time of publishing, Ms. Adler was a reporter for National Public Radio. She graduated from the University of California at Berkeley and Columbia University Graduate School of Journalism. Ms. Adler is a Gardnerian Witch. She travelled extensively throughout the United States and Europe in the compilation of her work.

Ms. Adler has undertaken a noble and demanding task in a scholarly and objective manner. It is an excellent and original portrayal of American Paganism. Ms. Adler does not render a judgment on the merits or demerits of any group although she does point out the validity and actions of some groups have come under criticism within the Pagan community. In all cases, she allows a spokesman for the group to defend their actions and leaves the value judgments to the discretion of the reader.

The notes at the end of the book should not be overlooked. Even the most well-read Pagan will find references to articles of interest that perhaps they have overlooked in their readings. The notes will also help the novice in clarification and elaboration on Ms. Adler's work. Chapter Thirteen, "Living on the Earth", is also noteworthy as it ties together many of the themes of all Pagan religions.

DRAWING DOWN THE MOON will provide endless reference and resource materials for anyone at any stage of their studies. It will find a place among the working reference volumes of your library and, indeed, Ms. Adler's work deserves an honored spot there.

LADY FAUNA

FROM RIK IN TUCSON

There is a lot of talk in Tucson about wood stoves, possibly due to the Palo Verde N-Plant in Phoenix. And your writings on wood stoves reminds me of my experience with one a few years ago. Here 'tis: Dack in the old days when I could still buy gas with my pocket change, I lived in a house with only one heater, and that one was in the back bedroom. For those of you who think, "What do you need a heater fo in sunny Tucson?" let me clue you in to 25 degrees at night and rain in 35 degrees during the day and a city that refuses to admit that it gets cold here. Please save me northern horror stories, at least you plan for the cold. Oh well, I digress; I felt that the obvious solution was to remove the window and build a fireplace. One of my dreams was, and is, to lay before a fireplace with a bottle of wine and a beautiful woman on a polar bear-skin rug (made of fake-fur, of course. Why murder an animal when synthetics are much better?) So I told my landlord of my idea and offered to build it if he would pay for the materials. He looked at his taxes and calculated the interest on the work and the possibility of raising my rent and said no!!! A few days later, he arrived with a small wood stove. Well, better than freezing my @/33off during

(continued next page)

(Rik continued)

a skyclad Sabbat.

I had visions of trips to the desert in search of trees to butcher for fuel and a winter in front of the, now modified (i.e. I cut a hole in the side of the stove to see the flames.)

Trees? I looked out the window to see the Willow and cottonwood that I had planted the season before, and the Chinaberry tree that I had nursed back from the grave. Anyone who cuts ~~My~~ trees down is going to be minus both legs when I catch him. Oh well, I worked in a warehouse so I started to save the packing crates and the shipping braces from the appliances. The pine ones burned quickly and the oak burned hot. Only problem was that it took a couple of armfuls to burn the night. On Sabbat nights I built up a large fire just before the Rite (made us glad to work skyclad) and by the cakes and wine, we had to cut the Circle to restart the fire (made us wish for a robed coven).

I've thought about that many times and have nightmares of where the forests would go if we converted to wood stoves. The lumber companies are starting to harvest eight and ten inch trees because they can't find enough trees large enough to meet the construction demand. What happens when the eight and ten inchers are gone? Saplings? Baby trees? Horrors. And what about air pollution? We are just beginning to clean up Arizona skys. With wood stoves, the sky will be black again. Also, fireplaces are not too efficient. Ben Franklin tried to improve them but none uses his designs. Too expensive. An \$800 fireplace designed to Franklin's idea would cost a couple of thousand dollars.

And let us not forget that wood fires cause people to develop respiratory ailments that added to incense and other poisons that we shove into our lungs will give us long and choking lives.

Let's see now; deforested lands plus air pollution plus lung ailments plus blisters, splinters and bachaches equals... The oil companies would be proud of us. Let's be realistic and find a better solution. N-Power may not be ideal, but until the government puts money into solar power (the oil companies own the N-fuel and don't worry about that), which they probably won't, we are stuck with nuclear energy.

As I recall, the auto was considered the solution to the problem of horse pollution. Consider the smell and disease caused by the horse used by a city of a half million like Tucson. Unlike TV, real horses drop quite a lot of stinking manure. If we can't even clean up litter, how can we clean up after horses or fireplaces?

RIK

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WORDS OF WISDOM

Lady to maid: No, Liz, you do not open the windows to let the flies get OUT.

Applicant for cook: Now I hopes you don't want no fancy food like them there filly mig-nones. I only cooks plain food like steak and taters.

Doctor: Well, Ms Dumbo, you seem to be in good health. However, I might say you seem to have somewhat over-developed biceps.

Patient: Not really, doc, it's just this new brassiere makes them look bigger.

BOSS: Ouch! Ms Biggins, when I told you to swat the fly, I didn't mean mine.

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United Press International carried this story on the wire on March 27:

SANTA ANA, CALIF. - A judge today threw out of court a suit accusing one of the co-stars of the "Charlie's Angels" TV show of using telepathic means to make the plaintiff commit unnatural sex acts.

Mario Arballo offered as evidence an 1867 book on Witchcraft in Salem, Massachusetts...and the judge told him he had no case against Jaclyn Smith.

Arballo acted as his own lawyer in the suit...which asked 20-million dollars from Smith. He said he could cite precedents...but offered only the Witchcraft book.

Smith sent a lawyer...but did not appear in court.

ED. NOTE: I always laugh when I see stories that say "unnatural ~~sex~~ acts". Why don't they say what they mean? And "unnatural"...to who or even whom??? If J.S. can really do that, she is welcome to use her telepathic powers on me ANY TIME AT ALL. What a doll!!!

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FROM JAMES IN NEW JERSEY

With regard to Jerry Foulwell's 56 megabuck income (Mar.'80, pg. 25), remember that the practice of buying and selling Indulgences dates back to the Dark Ages, and is one of the more important Christian traditions.

Even though it is denied officially, the continuous dunning of a congregation

ly teaches that salvation may be purchased for a reasonable fee. As someone once said, "The Roman Empire never fell. It just changed hands and now it shows a profit." In regard to Pagans spending money for religion; we know better.

ED. NOTE: You're on the right track, James, but Pagans do spend money for religion: books, newsletters, robes, tools, incense, etc. I think you mean they just don't spend it as foolishly as the Xians.

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ED NOTE: Sorry about that goofed up line above. Guess correction fluid can't fix everything. It should read:

for money and the emphasis on guilt and sin by Christian religions very quick-

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FROM PAUL & CONNIE IN NEW HAMPSHIRE

Right now I'm trying to compile a comprehensive list of comparative mythology. In this way, you would be able to look up a given planet or aspect of God or Goddess and have at your fingertips a cross reference list of all the different pantheons. In other words: LOVE/BEAUTY VENUS HATHOR...ISHTAR..APHRODITE..FREYA.. Everyone and everything here doing fine.

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WORDS OF WISDOM FROM W. C. PASTURE

Kids should be neither seen nor heard. And they won't be if you keep them in the dungeon.

BEING A WITCH IS

wishing you had a million dollars to build a temple for the Goddess.

BOOKS AND THINGS

FROM ARMEETA in Pittsburgh

There is a beautiful little book on Ceremonial Magic, compiled and edited by the dean of the Seminary I attended at Chesterfield. In 1975 it was \$5.00, The name of it is A.M.O.S. Ancient Mystical Order of Seekers. It deals with Ceremonial magic. He taught us the Kaballah and , oh so much. The book has so very much on ritual, explanations, astrological symbolism, etc. It is the best little book of its kind and I know your people would find it a treasure.

Just finished an easy to read book of Patricia McKippip...."The Forgotten Beasts Of Eld". \$1.50, Avon, Sept. 1975. It deals with the lovely young sorceress or wizard. She calls animals, befriends them. She loves them and they love her so much that she lovingly controls them.

The Secret Gospel by Morton Smith, a book which required much scientific and biblical research and even delving into old monasteries in the far east. This deals with "Christ Was A Magician". I originally saw a write-up in Time magazine and eventually found it. Good material.

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Just recieved the supplement to Coven Gardens catalog. Lots of goodies. The original was free so I guess this one is, too. Coven Gardens, POB 1064, Boulder, Col. 80302.

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Rus & Ruthi finally got Arcane Crafts moved so ot's time to start using the new address. POB 383, Mastic Beach, N.Y. 11951. Good news: they finally bought a car. Bad news: Ruthi got her driving license. Pedestrians, lamp posts, and trees ...beware.

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Ellen in No. Hoolywood has come up with something new...The Darter System. If you have anything to swap for anything (Ellen says keep it clean) you can get it listed in Ellen's newsletter. Cost for subscription is \$7.50. The Darter System, POB 9513, No. Hollywood, Cal. 91609.

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Donna in Washington state says: found a most humorous book by Robert Aspun - Another Fine Myth. It's magically hysterical.: gremlins, deeveels, magicians, and other such individuals lead a demon's apprentice into quite an adventure. And, of course, there is an underlying lesson to be learned.

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WORDS OF WISDOM from Mariah in California

It's difficult to soar with eagles when you work with turkeys.

(Happy birthday, Mariah)

BEING A WITCH.. from Jennie in Florida

.... trying to find a spell to housebreak a puppy.

STUFF & THINGS

Jeannie & Dean in Long Beach keeping busy. Dean apparently has the Harley almost back to the condition he wants after that accident we told you about. Now maybe he can find time for other things. Jeannie keeping busy with her school work and Craft things. We're happy they got up here for the Sabbath but they never stay long enough. Guess we'll have to invent a new house for them.

Gail in Bakersfield has been away for a few weeks. Better get back here in time to help get this newsletter in the mail.

Don't forget, Miranda in Honolulu still wants contact with other numerologists.

Vicki in Oklahoma says, "I got a catalogue from Coven Gardens and they sent a sample of ritual incense. It smells beautiful." Vicki sent a nice sketch of her version of the Goddess. Too large to use for the newsletter.

Hope all of you will remember that it costs more for the pages with photos or drawings. So please keep them to NO LARGER than $\frac{1}{4}$ of an $8\frac{1}{2} \times 11$ page.

Finally a letter from Linda in Ohio. She says, "Thanks for recommending the book, SPIRAL DANCE. It is great! I'm eager to start back to school (night classes). I've signed up for an astrology class. Akron U. has a class in paranormal phenomena which looks good. Is the book, THE SENSUOUS WITCH in print? I'm going to write to NDC and thank them for 'B.J. and the Witch'. I'm also going to write about the ALMANAC."

ELLEN in No. Hollywood says, "You probably heard about the six storms in a row we had here. Well, that's when I was moving. I muttered a lot about 'It's good for the crops. We need the rain.' but it didn't seem to help my mood anyway. The heater didn't work in the new apartment, so I stayed wet and cold for about a week. Fortunately we got everything here, and one of these days I'll get everything unpacked. I hated leaving my herb garden, but this place has even more room to plant things, so I'll be able to plant a bigger and better one."

Rus & Ruthi (Arcane Crafts) have been very busy with moving, etc. They say people who wrote for catalogues in January & February should please be patient. The new catalogues were planned to be out around the Equinox.

BEING A WITCH IS.... from the above

...swearing never to serve biscuits and champagne again at a Circle because the last time you couldn't continue on account of everybody hiccuping.

...no pole at Dealtaine because the HPs's non-Craft husband took it fishing.

BEING A GODDESS IS

...holding back thunderbolts as the HPs mispronounces your name for the fifth straight time.

...just about ready to appear to a Witch in a dream, ...when her alarm clock goes off.

MODESTO - The Equinox brought some changes to the Coven of Ceres. Not only did the Lady grace us with three new initiates, but we also dedicated a new covenstead. Magus Morgan was able to join us, and the evening was spent with good conversation, good wine, and extremely good feelings.

BEING A WITCH IS.....

.....spending 3/4 of your life writing and re-writing your Book Of Shadows...and not being allowed to have it published.

Blessed Be.

Manon

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FROM MARLENE & ROBERT in Odessa, Texas

I'll give you a song we use to raise a cone. It's very simple and sung to the tune of POP GOES THE WEASEL.

CHORUS

Around and around the Circle we dance
 Around and around the Circle
 Around and around the Circle we dance
 Worshipping our Lady (or Lord as in the third verse)

1- O hail the name, Diana, Diana, Diana
 O Hail the name Diana around and around the Circle

2- O Diana come dance with us
 Come dance with us, come dance with us
 Around and around the Circle,

3- Around and around the Circle we dance
 Around and around the Circle
 Around and around the Circle we dance
 Worshipping our father.

4- O hail the name of Lucifer
 Of Lucifer, of Lucifer
 O hail the name of Lucifer
 Around and around the Circle

Chorus follows each verse. Verses can be changed to fit each name. We also hail the Priest and Priestess and members.

We'll hold off on Marlene's comments on Kundalini until next month because the series had not yet been completed, and she may wish to change something.

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STUFF AND THINGS

When you write, be sure to enclose full name and address. Those of you who have newsletters, catalogs, etc...be sure to include both the address I write to AND your business address so I don't have to waste time going through files. If you want a reply to your letter, it does help if you include an SASE or at least a stamp.

FROM RUS & RUTHI (Arcane Crafts)

Why do Witches refuse to remove burned out lightbulbs?
 Because they have to be turned Widdershins.

MORE STUFF AND THINGS

Dorothy & Mike have just presented us with a Merlin statue, about a foot high, really beautifully painted. It has two crystal balls: one on the floor beside Merlin, and the other small one he holds in his hands. Mike rigged the small one with a battery and bulb so that it lights up. Really beautiful, and it now occupies a place in the temple where you can't miss it when you walk in. Mike also does beautiful leather work and has given us a box of belts, purses, wallets, etc. to sell at the Cal State Fair coming up in a few weeks.

Just had a nice phone call from Rhea in Georgia. She is sending us a box of goodies for the fair also. And Rhea has moved again. Wonder if she'll stay put awhile this time. Guess maybe chopping all that fire wood was getting her down.

Also just recieved a nice long phone call from Vicki in Oklahoma. Vicki is keeping busy with her Craft lessons. She's sorry she didn't get to Visit Lady Phoenix in Texas recently when a couple of the other girls went.

Well, we still haven't decided definitely yet when or where the Georgian August meeting will be held. Barbie told of a nice place in the maountains she thinks will be suitable. This one is west of Bakersfield but we haven't had a chance to see it yet.

Insight Bookshop Still improving their selection of occult books, and they arrange for various speakers on different subjects about once a week. If you live in or near Bakersfield, write to get on the mailing list. Insight Bookshop, 1037 H Street, Bakersfield, Cal. 93304 or call 323- 9929.

Gail B. from San Jose stopped by the other night on her way to Death Valley to spend a little time in meditation alone. Of course she really won't be alone. Lots of rattlesnakes, gila monsters, tarantulas, ants, rabbits and other friendly critters, but Gail says she doesn't plan to share her tent with any of them.

Don't forget we try to get the newsletter in the mail the first of each month. Deadline for news and advertising is the 25 th. Articles, poems, etc. should be here as early as possible.

As soon as we get this edition in the mail, I have to start on that abomination for the I.R.S. We now spend almost the first half of the year working for the tax collectors. Doesn't that thought give you a nice warm feeling?

The most pleasant thing to think about govenment and politics is that someday those idiots in Washington will have to pay their Karmic Debts!

That's All, Folks.

LOVE AND BLESSED DE.

PAT AND ALL THE GEORGLANS