

CHURCH OF WICCA OF BAKERSFIELD

GEORGIAN NEWSLETTER

1908 VERDE STREET SEPTEMBER 1930
BAKERSFIELD, CALIFORNIA
(805) 323-3309

BAKERSFIELD - The mountain meeting went just fine. Judith & Don conducted the Pagan Way ritual which Judith had written for the occasion. Shirley & Berle conducted the Craft ritual based on old American Indian rituals which had been written by Berle with some help from Pan. All got to see Lady Allusha dance...beautiful. Too bad we didn't get to see Judith dance this time but she had injured her knee. Berle says we recieved a citation from the Po est Service for the excellent way in which the grounds were left. This will definitely be our last meet at Panorama. In fact, we hope to have a number of interesting announcements in the next few months. By the way, Jim recieved his 1 st degree in the mountains. We were pleased that Manon attended with 4 of her people from the Coven Of Ceres.

MODESTO - Vesta & Titus conducted their first Full moon ritual and did extremely well at that. Congratulations! The outdoor Circle again provided a mystical magical atmosphere for our Sabbat ritual. Manon & Adonis conducted the rite with the help of Lena. The Sabbat feast was moved to the home of our two newest members, followed by a great time in their new Hot Tub. Unfortunately, illness prevented Alexis from attending. Get well soon, PLEASE! Persephone was there but had to sit out most of the rituals due to surgery on her knee. She had been released from the hospital one day prior to Full moon, and was on crutches but is doing well now. Summer work has interfered with the attendance of a couple of our people. We hope they'll be back soon. Love and Blessed Be. Manon

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BEING A WITCH DOG AT THE MOUNTAIN MEET from Pooka & Cirius
...having the embarrassment of being chained to a tree while everyone else was in the Circle.

...having to take out your frustration by biting fallen tree limbs in half.

BEING A WITCH AT THE MOUNTAIN MEET from Jim in Winchester, Cal.
...feeling the Goddess' presence in the cool wind blowing through the tops of the trees, and in the warmth of a camp fire surrounded by Craft friends both old & new.

...hearing the beautiful love for the Goddess in Puck's songs and music.

WORDS OF WISDOM

The best way to keep a sleeping bag warm at the Mountain Meet is to rub two passionate Pagans together.

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THE HIGH PRIESTESS by Shadowhawk Elvenhearth in Wash.

FULL MOON HERBS

The herbs for Full Moon are Woodruff (which is also used for flavoring May Wine), Daimiana, Yohimbe, and Elcampagne. Damiana can be smoked, or brewed into a tea. It is female in nature, and has been used as an aphrodisiac. It is also used to flavor sacramental wine; I'll give you the recipe at the close of this article.

Yohimbe is male in nature, is brewed into a tea, and also has aphrodisiac qualities. (Daimiana for women (in tea) yohimbe for men.) Woodruff can be smoked in a pipe in very small amounts, a puff or two. It will make the body more receptive to lunar energies. This can be done by drinking it in tea - peppermint tea with a half teaspoon of Woodruff to 4 cups water; and as mentioned before, May Wine will also draw lunar energies.

GREAT RITE TEA ...is created by mixing equal parts (1 teaspoon each to 4 cups water) of Daimiana, lemongrass, Yohimbe bark, and hibiscus. Let steep 3 to 7 minutes (to taste). Sweeten with fireweed honey, and keep warm until consumed.

This increases your energy fields, adds vitality, vitamin C, and effectively combines the male/female principles. The lemongrass is for taste, yohimbe is earthy and bitter tasting. Fireweed honey is also for taste, but here you are using the senses toward suggestion; it has a "hot" flavor and is suggestive of passion. The hibiscus is a deep rose in color and visually suggests the same. Drink this tea 20 to 30 minutes prior to the rite. It will increase sensation, and psychic vibrations. Both Yohimbe and Damiana will work this same way when used in incenses.

To bring back the flower of romance to a "stale" or stagnant relationship, use an incense made of equal parts Daimiana, Yohimbe, Rosepetals (red/white and pink) orris root, and lovage. Chop up very fine, place in a shallow lined baking pan, dribble a little honey over mixture, and bake at 200 degrees F. for 10 minutes. This helps the ingredients to congeal. Remove from heat, scent by sprinkling a few drops of honeysuckle oil on it, and place in a tightly capped jar.

If you "cut" this incense with sawdust, use apple wood for best results, and only cut by 1/3....that is, 2 parts incense to one part sawdust. "Cutting" stretches your supply and reduces expense.

Burn on a charcoal when both people are in the house, and remember..a little goes a long way.

Elcampagne is smoked or burned on a charcoal during a ritual. It helps in scrying, and aids in psychic visualization. It is sacred to the Druids who used it in initiation rites.

Now for your promised recipe: Daimiana Wine.

and you'll find it on the next page

The High Priestess continued

You will need: 1 pint of not sweet brandy, 1 gallon white wine (semi-dry), 1 cup finely chopped daimiana, a wide-mouth sun proof tightly sealable quart container, and some cheesecloth.

Combine: brandy and daimiana in sealable container, seal and put in the cupboard for 1 full lunar cycle. Note that this should be a relatively cool place, not your cupboard above the oven or stove.

On the next cycle, open your gallon of white wine, pour a glass for yourself, sip it while you do the following. Strain the brandy and herb mix through the cheesecloth, twice, to remove all the dross. Drink some more wine to make sufficient space to add the brandy to the wine. Toast the Lord and Lady. Replace the cork in your gallon bottle, shake, then place it on its side in the bottom of your refrigerator. You can drink it as soon as it is chilled.

If you are careful to keep it cool, replace the cork, and remember to keep the bottle on its side so liquid touches the cork (keeps cork swollen and air out) it should last you until you finish the wine. If it does "turn", you can always use it for Sabbat salad vinegar.

Have fun and Blessed Be.

Shadowhawk

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YULE TIDE FEAST

We closed the Circle so none could come in,
the pentacles were drawn to protect all men.
We blessed the God and lit candles to light the way,
through the long winter night to the light of day.

The candles glowed of love and peace,
as we gathered together for the Yule Tide feast.
Gifts were given in friendship and love,
to those who gathered in hope and prayer,

That all who shared this ritual tonight,
will find peace, love, hope, and light.

Blessed Be.

Myra (Oklahoma)

BEING A WITCH IS..... from Rus (Arcane Crafts)

- ...picking up the wrong pile of clothes after a Circle, and later having to explain the black lace crotchless underpants to your wife. (Somewhere in town there's a gal wearing fly-front briefs!)
- ...getting a "sour-grapes" look from the HPs because you memorized the witchual, and she didn't.

JEWELRY from Bobbi in Pittsburgh

Few people realize that different gemstones and metals have significant meanings behind them. A good example of this is the wedding band and engagement rings.

Most wedding rings are made of gold. Gold symbolizes the sun, the planet which represents the male, the father, and male relatives. In traditional times, the male was considered head of the household, which made gold an appropriate metal for the wedding ring. It signified his dominance over his wife. Times have changed of course, but this tradition is still carried on.

The diamond engagement also carries a meaning. The diamond, set in gold, was used as a talisman to bring together a quarreling husband and wife.

The rings are circles, which symbolizes a never ending relationship. The reason wedding rings are worn on the 3rd finger of the left hand is because there is a vein that runs from the finger to the heart (thus reminding us constantly of our love to our mate). The wedding band should always be placed on the woman's finger first, the engagement ring last so that nothing separates the wedding ring from the heart.

Jewelers have made a list of "birthstones". Each person has a particular stone for the month they were born. This originated from the past. "Birthstones" were once signified by their astrology signs, not by the birth month.

Picking a stone or item of jewelry is, and should be, up to the individual. A good guideline one could use is: if yours is a fire sign, Aries, Leo, Sagitarus ..a good color stone to choose would be a red/orange type stone.

A water sign..Cancer, Scorpio, Pisces could stick to a blue/green colored stone or corals and pearls.

Air signs..Libra, Aquarius, Gemini could choose a blue/white stone or an opal.

Earth signs..Capricorn, Taurus, and Virgo have a variety of green, jet or diamond stones.

Silver best symbolizes the Goddess, as gold symbolizes the Horned One.

Here is a list of stones and their meanings.

AMBER - helps prevent rheumatism, diseases, and weaknesses of the eyes. To look through it strenghtens the eyesight. Protects against bad luck in magic.

AMETHYST - a purple stone with the reputation of protecting the wearer from getting drunk. It makes one witty and wise, and improves the memory. Worn to bed, it will help you fall asleep and brings good dreams.

BLOODSTONE - worn as an amulet, it brings fame and long life. Bloodstones were once used as talismans by soldiers. Soldiers also used them on wounds to help stop the bleeding. Helps prevent miscarriage when worn on the left arm, eases childbirth if put on the left leg. If you put it under your pillow, you will dream of the future.

DIAMOND - brings victory when worn on the left arm. Used as a talisman to bring together a quarreling husband and wife.

continued next page

JEWELRY continued

EMERALD - worn as an amulet against lust. Brings the wearer good fortune, and the ability to foretell the future. Gazing at it improves the eyesight. It banishes evil spirits and insects. Aids labor and promotes love.

GOLD - ruled by the sun, used for amulets for fame, fortune, and wealth. Also promotes a long life.

JADE - magical use in raising the dead, prevents misfortunes, and brings good health.

JASPER - used as an amulet against dysentery, nightmares, and hallucinations.

RUBY - wear it when you're sad, it will cheer you up. Used to make success in conversations, disputes and war. Also can be used to remain pure in thought. The ruby has been known to become darker or cloudy when evil threatens the owner.

ROCK CRYSTAL - helps produce rain and crystal gazing.

SAPPHIRE - promotes wisdom, courage, and peace of mind. Helps prevent fever, excessive perspiration and eye disease.

SILVER - represents the moon. Wear to promote harmony and peace. Helps keep good relationships with all female relatives.

TOPAZ - worn for wisdom and beauty. Protects against lust and greed.

TURQUOISE - changes color when the wearer is sick. Protects the health of the owner.

ED. NOTE: Robbi, to avoid anyone writing in about it, you might have mentioned that the belief of the third finger vein being connected to the heart came from the ancient Egyptians.

* * * CALIFORNIA DRUID (for Gwydion) from Ravenwolf in Modesto

Alone upon the mountain at sunset
His eyes see far beyond the mists
His tears fall on the ashes
Of a sacred grove in Wales

At his touch the mountain stirs
In restless dreams of standing stones
A Druid's healing hand falls soft
Upon the Lady's scarred green breast
Tenderly planting the seedlings
Of tomorrow's redwood forest.

* * * **BEING A WITCH IS....** from Lee Diana in Oregon

...giving your boyfriend the wrong potion, which turns him into the Incredible Hulk.

MORE LITTLE GOODIES FROM ARMEETA in Pittsburgh

Keep a little sprig of cedar in the wallet to draw money. Also use a green (abundance) wallet or a brown one. Brown is a combination of yellow and black. Brown is good for business...a wallet, suit, etc. Yellow gives the intelligence to make it...black is desire or greed to hold on to it or spend wisely. Incidentally, the color yellow is also good for loosening the bowels if constipated. Yellow shirt, dress, colored lights, etc.

When you spend any money...THINK: I am receiving (whatever you spend) and try not to think or mention audibly "spending or whatever it cost you". Visualize every day a certain sum in your bank account, and visualize it growing. Have a money-conscious mind (if that's what you want).

Same for other material goods, for instance: feel and visualize that it is already available. With a strong desire, it already is in the cosmic (the astral plane) and all it will take is manifestation on the physical plane, and that the money is already provided. (Not future tense, but present tense.)

ED. NOTE: You're right, Armeeta, it does work. And right now I'm going to start visualizing an electric typewriter so I can do a better job on the newsletter.

Around the house and with vinegar, too: A screw tip. Did you know that you can loosen up a tight screw with vinegar? Apply a little vinegar to screw before using a screw driver.

Sperm applied to the lady's face is not only a fine mask (facial) to tighten the tissues but it is also nourishing. And what do you know...it's for free.

I just went out on the patio and saw the ants on the peony buds. Don't knock them off; let them be as they help to open up the flowers.

I still think it would be a good idea for one of your readers to capitalize on: making some teething rings from the roots of the peony as it is an antispasmodic. It would be quick and easy to make.

Long, long ago when children had whooping cough, a parent would take the child into an abandoned coal mine to inhale the sulphur fumes.

Flowers of sulphur (yellow powdered sulphur) is also good to rub into the scalp for dandruff or scabs.

Herbs are concentrated foods. Realization disenchant.

A.M.O.S. Ritual Book of Magic is still available at \$5.00 and is worth every penny. Outstandingly good. And his other works on the Path of Light (A.M.O.S. too) are available for \$2.00 per copy (a series of several). There's so much on mysticism and the occult in them that I can't begin to tell you about them.

For everyone reading my material, I wish them, when they get up in the morning: To have a smile on their face, A song in their heart, And a spring in their step.

ED. NOTE: I guess Armeeta will be annoyed with me for not printing some info regarding some classes she is most enthusiastic about. Sorry, Armeeta, we just can't print pages of info that might benefit only a handful of people in 1 area.

HELPFUL HINTS FOR BEGINNERS

This one is an excerpt from an article by the editors of The Wiccan in Australia. Although it is intended for Coven leaders, the content should be noted by all coveners and other Pagans as they too often forget this:

In a recent discussion with some Wiccan friends, we were asked what we define the duties of HP & HPs to their coveners are. We gave this some thought, not having been presented with such an explicit question before. To our understanding, ones duties are to succour, materially and spiritually, in every way possible. But it should be known also, that HPs's have lives to live also, and psychic vampirism from anyone is not part of the duties they should accept. We feel one should give whatever possible of one's self, but always retain a certain amount of privacy, for without this, how is it possible to give advice or aid to the many who may ask? A High Priestess or High Priest, MUST be permitted to retain their own serenity if they are to give correct advice to those in need. The Covenstead should always be open, but it must be remembered that as the Circle of welcome to the Old Ones is an area of sanctity, and those who have found themselves at variance with each other, must not enter this Circle until their differences are settled. Do not be used, give freely of yourselves, but keep your authority, be wise, be loving, be understanding, but know when to demand your own quiet and privacy; there is no other way to help those you love, for even a mother sometimes sends her little ones to their room, not so much to punish, but rather to allow her time to think, so she may advise rightly.

Blessed Be.

Catherine & Kent, Editors

ED. NOTE: I couldn't agree with you more. It's time somebody said it. It is just difficult to make some people understand.

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Catherine and Kent are very happy that the national paper in Australia in July did a feature story on the Craft...not sensationalism but the Craft as it is. The Wiccan was mentioned with the P.O. Box number, and they've been inundated with mail requesting copies of The Wiccan. Well, that's progress!

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FROM KALINDA IN OLYMPIA, WASHINGTON

Your newsletter is getting better although still very sexist. But since the newsletter carries a lot of information I gain from, I read it and ignore the parts I don't agree with.

Please let Shadowhawk of Elvenhearth know my address. Better yet, I would like you to publish my name & address so other Pagans in the N.W. may contact me to set up a Pagan networking. POB 1423, Olympia, Wash. 98507.

ED. NOTE: You have the right idea: take what good you find and reject what is of no value to you. That's about all we can do with most things in life.

Not from the above, but from comments in various letters, I think some of you readers are overly sensitive on the sexist thing. Obviously some things are sexist, but you can twist most anything to find what you're looking for.

(cont. next page)

D. NOTE continued

I'm not nearly so sexist as some of you think. I really don't care for most men. The macho facade that so many of them continue to play I find very childish and boring. I love women and women have always been my best friends, so I observe them much more closely. AND I DO LOVE TO TEASE THEM! Those who know me don't take it seriously.

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FROM MICHAEL OF STARGATE Columbus, Ohio

For quite some time I have been observing the efforts of various Christian leaders to organize their followers into a political unit which in a very short time could be powerful enough to use the ballot box as a tool for converting this country into a theocratic state, and thus I noted with interest the comments by you and others in the July & August issues of the newsletter in reference to the Christian Voice, Jerry Falwell, and the Moral Majority; in continuing along these lines, I thought that your readers might be interested in the following facts concerning the activities & intentions of these and related groups and individuals.

From time to time there have been periodic attempts to organize the 'Christian Vote' but none have been nearly as effective as they are today. According to an article entitled "Preachers in Politics" which appeared in the Sept. 24, 1979 issue of U.S. News & World Report, political 'victories' claimed by such groups over the past 5 years have included "blockage of the equal-rights amendment in various states ranging from Nevada to Virginia", the "defeat" of homosexual rights ordinances in Miami and other locations, and the "passage of laws in several states protecting church-related schools". Still, these accomplishments are described as merely a "prelude" of things yet to come as the article then informs us of the establishment of the Christian Voice early in 1979, an organization headquartered in Pasadena which projected having nearly one million members by this year's elections, and also has "budgeted 3 million dollars for politicking in the 1980 campaign, some of which will be donated to conservative candidates".

I might note that around the time of this year's Republican Convention, I read an article in our local newspaper which told of a meeting between Ronald Reagan and Jerry Falwell, during which time Reagan discussed with Falwell the various people whom Reagan might then be considering as his running mate; already we have Presidential candidates discussing matters of such importance with people such as Falwell!

If that 3 million dollar figure is alarming, then consider the following statement made by Robert McGarvey in an article entitled "The Christian Conspiracy" which appeared in the September, 1980 issue of CHIC: "In that year (1979) religious organizations that were financed solely by voluntary contributions amassed donations totalling \$18.5 billion - enough money to finance several decades of federal elections.

For example: a race for a seat in the U.S. House of Representatives costs, on the average, \$250,000. A Senate seat might cost \$2 million. While for the U.S. Presidency, total expenditures (including primary campaigns) might hit \$50 million, much of which is directly paid by the U.S. government through so-called matching funds. That puts the total price tag for both major-party candidates in all fed-

(continued on next page)

From Michael of Stargate continued

eral elections at less than \$750 million - just a drop in the theological money bucket."

Returning to the "Preachers in Politics" article, we learn that part of the Christian Voice's immediate strategy is to set up a 'morality scale' with which they will rate the stands of members of Congress on various issues. "These ratings will be sent to at least 5,000 ministers who are expected to rally conservative voters against 40 incumbents - not yet designated by the Voice - who will be targeted for defeat".

In Jerry Falwell's book LISTEN AMERICA (a Doubleday-Galilee Original, published by Doubleday & Co., Inc. 1980, \$9.95) we are given a specific idea as to what these morality scale standards might include. Falwell lists Tim LaHaye's code of "minimum moral standards, dictated by the Bible" which would be used to evaluate the standards of candidates.

The first one asks "a. Do you believe that this country was founded on a belief in God and the moral principals of the Bible? Do you concur that this country has been departing from those principals and needs to return to them?", and then proceeds to deal with various other issues including the candidates feelings towards pornography, hard drugs, marijuana, prostitution, abortion, homosexual rights, capital punishment, the rights of parents to send their children to private schools, the tax-exempt status of churches, sex education, contraceptives and abortions for minors, the Equal Rights Amendment, bussing, & so forth. Pat, I leave it to the readers of the newsletter to decide what the Christian Voice might consider to be the right answers to these issues which Mr. Falwell suggests should "be evaluated in light of scriptural principals".

There can be no doubt about it, today's 'political preachers' are well-organized (their number of followers & supporters is staggering), well-financed (television's top 3 evangelists - Pat Robertson of the "700 Club", Jerry Falwell of the "Old Time Gospel Hour", and Jim Bakker of the "PTL Club" are reported to bring in annual combined total of nearly \$150 million, and well-educated (these are no street-corner Bible beaters; Joe Robertson, for example, is a graduate of Yale Law School) and are not lacking in either imagination or ambition. And exactly what are their goals? In Falwell's LISTEN AMERICA - which could very well turn out to be a Fundamentalist MEIN KAMPF - the author states:

"The Moral Majority was formed to acquaint Americans everywhere with the tragic decline in our nation's morals and to provide leadership in establishing an effective coalition of morally active citizens who are (a) pro-life, (b) pro-family, (c) promoral, and (d) pro-American. If the vast majority of Americans (84% according to George Gallup) still believe the Ten Commandments are valid today, why are we permitting a few leading amoral humanists and naturalists to take over the most influential positions in this nation?"

and

"It is time to call America back to God. We need a revival of righteous living based on a proper confession of sin and repentance of heart if we are to remain the land of the free and the home of the brave!"

But perhaps more to the point is the following statement by the 700 Club's Pat
(continued next page)

From Michael of Stargate continued

Robertson: (quoted from U.S. News article already cited)

"...we have enough votes to run the country. And when people say, 'We've had enough,' we are going to take over."

To my knowledge, the Moral Majority and related groups have not yet taken a stand on the subject of Pagan religions, probably because we are as yet so small a movement, but I personally believe that it would be the height of naivete to assume that we will long escape their notice. But when they do notice us, what will they see - a fragmented, disharmonious collection of people at odds with themselves (traditionalist groups against neo-Pagans, feminist covens against patriarchals, gay Witches against straights) - or a united group of Pagans, dedicated to the Earth, and devoted to Her Mysteries, irregardless of personal approaches and interpretations of the path, who are ready to stand together and defend their collective rights & beliefs?

Pat, this is a question which I alone cannot answer, but rather leave open for discussion in this and other Pagan newsletters, council meetings, festivals, or any other place where our spirits still run free and dreams fly high.

Blessed Be.

Michael of Stargate

* * *
DIFFERENCE LAUGHERS from Don in Lomita

What is the difference between.....

...A smart Pigmy and a girl on the track team?

A Pigmy is a cunning little runt.

...A pickpocket and a peeping Tom?

A pickpocket snatches watches.

BEING A WITCH IS..... from Lee Diana in Medford, Oregon

...deciding your coven has finally gone mad when you find a naked woman on the altar, smell sulphur and brimstone, whilst you are gently being led to the sacrificial altar....suddenly realizing you have attended the W-R-O-N-G Sabbat!

... meeting Pella Lugosi in your heavily cobweb-draped house, and telling him you gave at the Blood Bank!

WORDS OF WISDOM FROM LADY ALLUSHA

The door of death is life, and the door of life is death, both framed by the eternal wings of spirit. - Aradia

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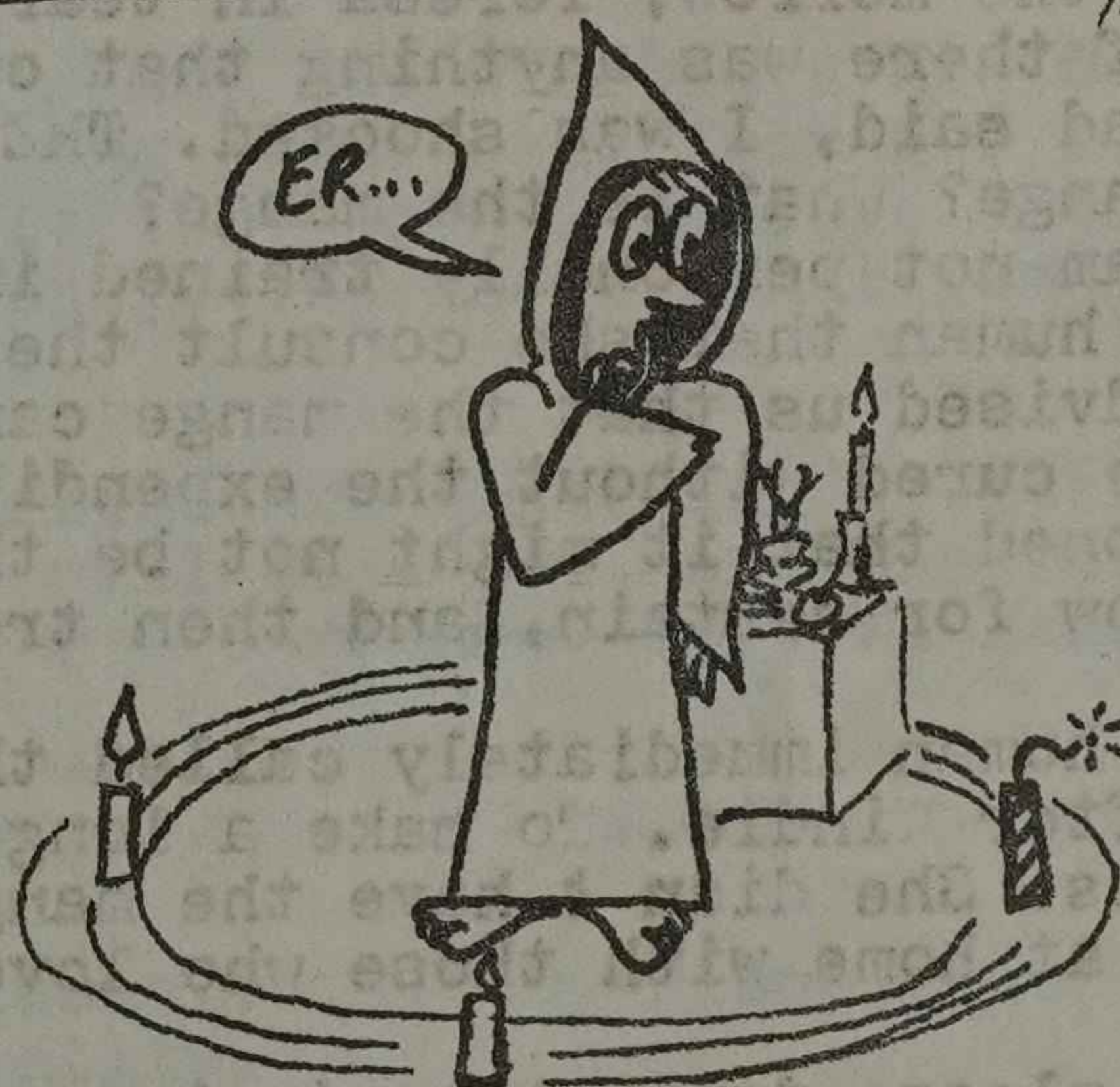
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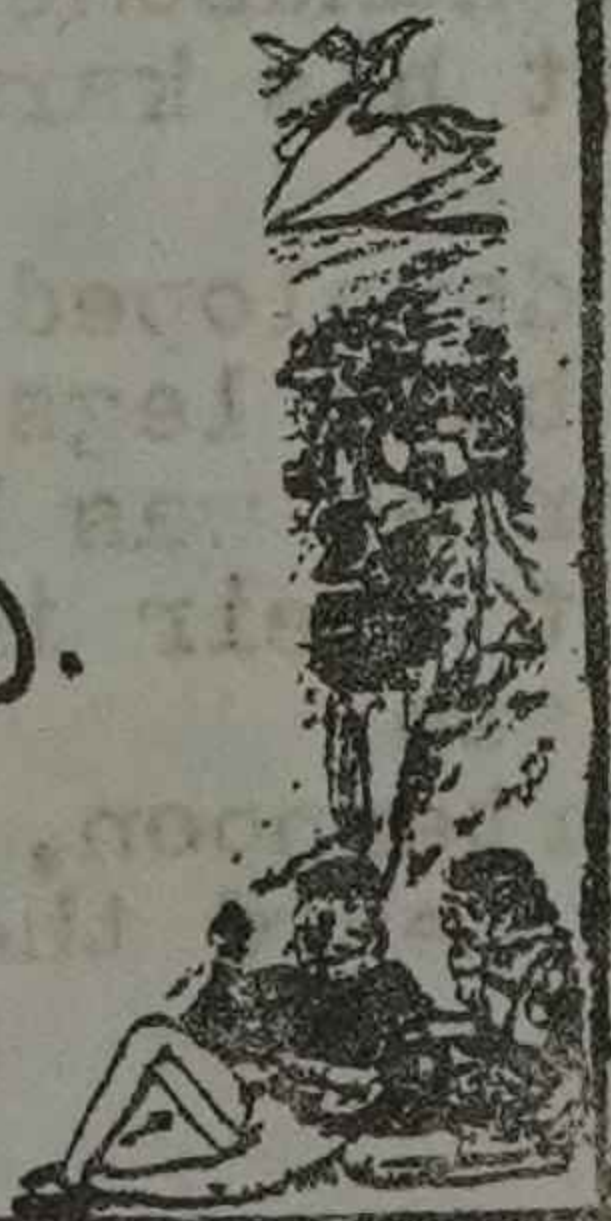
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GOLLUM'S COLLUM

In this first part of my collum, I would like to tell you a true story, about Wind Dance. Windie is what we call her.

Windie is a 1 yr. old Collie who lives with my human's daughter, Teresa, and Roger, her husband.

Windie is full of life and a very loving fur spirit. She was making her rounds of the apartments she lives in when a dog catcher came by, and seeing her out, he was going to pick her up. But Windie, being the smart dog she is, ran for home. The dog catcher asked people if they knew where she lived, and he was told where.

The dog catcher went to Teresa and told her that Windie should not be out without a leash because that is the law.

Then the dog catcher told Teresa that Windie had mange, and that it took hundreds of dollars to cure; and that she should be put to sleep. Remember that this is a dog catcher, not a vet.

Teresa, not being knowledgeable in these things, and being upset, signed the certificate to have Windie put to sleep; the dog catcher then took her away.

On the morrow, Teresa in tears, called her mother, my human, to ask if there was anything that could be done. When I heard what Teresa had said, I was shocked. THE MANGE! We kill people for having the mange? What is the mange?

I am not personally trained in the medical arts, so I suggested to my human that she consult the family vet. Not to my surprise, she advised us that the mange can be a very serious problem, but it can be cured without the expenditure of a small fortune. She also mentioned that it might not be the mange; she would have to see her to know for certain, and then treat her accordingly.

My human immediately called the pound, and told them she was coming after Windie. To make a long story short, we saved Windie by 15 minutes. She didn't have the mange, but a flea infestation. She is again at home with those who love her.

So please don't take just anyone's word on the health of your fur spirit. Always call your vet when in doubt.

Gollum

P.S. I thank the Lady that I had a cat like Gollum on my side.

Windie

Jennie - How lucky for you that Jeffrey found two new little kittens for you. Now your life is in riches.

DEMETER - The story of Ernie is beautiful and sad at the same time.

Ernie was a handsome white-coated cat with one blue and one brown eye. Ernie met his karma at the wheels of a car, and his family misseed him.

Ernie had developed the habit of jumping up on the door and kicking with his back legs to Thump Thump that he wanted in the house. Two days after he was killed, they again heard the thump thump. They knew it wasn't their imagination; Ernie had come back, but they didn't go to see.

Then one afternoon, as Demeter was taking a nap with her daughter, she again heard the familiar Thump Thump. She rose and went to

(continued)

Gollum Continued

the door, and let Ernie in with no conscious realization that she could not have done that.

She told the family what had happened; they knew that Ernie was still around.

Later they picked up two little white kittens. As they grew a little older, they began to Thump Thump when they wanted to come in. How about that!!!

SHADOWHAWK - You say that Kittyface is HP's pussy, and Burgy is Maidenpussy. Myrrydwyn, the HP pussy is yours. You have a real coven of pussycats. That's the way it should be.

Please say hello to Mop Dog, Blacksun, and Sunshine.

May the Bright Blessing of the Lady be with you always.

GOLLUM

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Did I remember to mention that Penny has started a new Georgian coven in Florida? Had a nice long phone call from her a couple of weeks ago, and then a tape letter. When I receive a tape letter, I erase it when I record the reply...so now I can't remember the names of all those nice people.

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Did I mention that Robert & Marlene are expecting a Witchling in January? Marlene is certain it will be a boy, and she would like male names...also contacts. R & H Carrasco, 2314 N. Hancock, Odessa, Tx. 79761.

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WORDS OF WISDOM from Lady Allusha....S.L.O.-Pismo area
 Consciousness determines reality.

Attention is energy.

Thought cannot be destroyed, so thought control is important.

It is important to clear yourself of fears and illusions.

* * *

YOU CAN TELL IT'S GONNA BE A BAD DAY WHEN ...from Bobbi in Pitts.

You walk to work...and find your dress is stuck in the back of your panty hose.

Your blind date turns out to be your ex-wife.

Your friend tells you that you have a tampon behind your ear. You panic...because you can't remember where you put your pencil.

* * *

(continued on next page)

BOOKS from Armeeta in Pittsburgh

TELECULT POWER by Reese Dubin Award Books 1970 (page 147)

If ever a person by reading a book can be impressed by a word, phrase, sentence or paragraph, or even a chapter, it can be worth more than the price of the book. Such a one in my opinion is worth having.

It is just an inexpensive paperback but still precious to me, regardless of how well worn, (page 147). This comes in a hardback, too, but more expensive. Isn't it the information that matters?

It is the Code to "Little People", our little invisible friends and helpers, and how to contact them for immediate help for various situations such as "relief from pain", "new pep and energy", etc. The key words are given, and you get almost immediate response by calling them.

At first you may think: OH! This is just another one of those promises of health, wealth and happiness books. This one is different. (At least to me.) There are 26 solo words to use for what a person might call a smallmiracle. They can be powerful in spurts and in times of crises, and when help is needed fast.

Some of the requests for immediate help are: love, romance, new friends, power, protection, finding an object, remembering something forgotten or remembering (to memorize), help, transportation, win respect, dissolve grudges and escape. The solo-words given as a command to the "Little People" in the invisible world are a secret code of communication. It's like sending out an S.O.S. (for quick help).

However, they need to be nurtured, cultivated, and loved and trusted, or have them trust you. These can prove invaluable if and when we happen to think to use them, however temporary the measures may be.

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FIRE OF THE ANDES \$2.25 Juanita Coulson...1978 or 1979...Pallantine Books

It is a beautiful story of the Incas of Peru during the transition when the Spanish came, conquered, stole, plundered a lovely nation of nature. The heroine is an Inca princess whose mother had been dedicated to the Temple of Chosen Women, and whose father was a Spanish conquistador.

The Incas were a nature culture whose religion was that of worshipping the Sun, Moon, Earth and Wind. She was betrothed to a Spaniard but her true love was an Inca prince. Throughout is mentioned the using of the cocoa leaf for medicinal purposes for severe wounds, and other painful ailments, to relieve pain and for endurance; too much of which was followed by visions..but they had the ability to carry on. Some of the Inca natives were exploited and given the leaf to chew when overworked in factories and mines. The conquistadors stole their gold, silver, and other treasures, and exploited the native labor. Some of the people would hesitate to take the cocoa leaf to chew unless the pain was too intense and unbearable.

In our culture, cocaine is a derivative of the cocoa leaf, and did you know that it is a prime ingredient of one of our most popular drinks..Coca Cola?

(continued on next page)

BOOKS continued

You will love the story of the beautiful Incas of Peru and their nature worship. There is so much more to tell of the very impressive history that our history books have left out and maligned. Very worthwhile.

So you see where Spain is today. The law of karma works.

* * *

FROM ROBERT & MARLENE in Odessa, Texas. (see last newsletter)

I was looking back on the old issues of the newsletter. I may have missed something, but the articles on the serpent fire did not include methods of raising it. Did I overlook this?

ED. NOTE: No, I don't think you missed anything. I could be wrong but I thought the articles recommended that you find a teacher. If they didn't, I'm certain anyway that it is the best way to go. Anyone have comments on that?

* * *

FROM JANICE & DENNIS in Houston, Texas

Janice still thinks she's Noah, or Old MacDonald...added 20 chickens, 12 parakeets, 3 cockateels and two finches to the 26 rabbits, cat, dog, gerbils, hamster, fish and Myhna Bird. We're in the doghouse. The animals are in the house.

I don't think I told you that an occult shop around here was burned down. They have re-opened in different premises. More work of those xxxxxx Xians!

ED. NOTE: Dennis mentions that he hopes to make a trip to Bakersfield. With all those animals, how would they ever find anyone except a zoo keeper to care for them while they're away? And, Dennis & Janice, if you plan to bring them with you, you'd better get a large trailer. I have 2 dogs and 3 parakeets...and that's all the ani-mules I have time for just now. Guess the best solution is to get your brooms in working order so you can make fast trips home to feed all your little friends at meal time.

* * *

Happiness is watching FUCK ROGERS on TV. All those gorgeous dolls!

* * *

WORDS OF WISDOM from Rus & Rithi...Arcane Crafts

(overheard during a game of Pinochle) "He who casts the first stone, gets it up the old Higgins."

*

First time it happens, it's accidence.

Second time, it's coincidence.

Third time, it's psychic attack.

URANIAN HERBS by James Excell (Colorado)

As Neptune is the dreamer, the mystic, so is Uranus the eccentric and the magician. Neptune governs the irrational, intuitive function of the mind while Uranus governs the same functions of conscious perception as Mercury but on another level. The Uranian sphere of endeavor may be considered to be the conscious exercise of lucid magickal perception.

Each somewhat eccentric herb attributed to this decidedly eccentric planet does something to facilitate the achievement of this highly energized state. While Mercury may rule the nervous system, Uranus governs the electrical flow of nervous energy itself (indeed, while most planets seem to rule a system or set of organs, Uranus rules ongoing, kinetic processes). Each herb acts as a nervous stimulant, producing an abundance of circulated energy flow that can cause the mind and perception to act and react in a decidedly off-the-wall manner.

Coffee was originally brewed as a sacramental drink among the Aztec, Maya, and Inca. A powerful nervous stimulant, due principally to its heavy caffeine content, coffee produces a state of temporary alertness that may be useful in magickal operations and perceptions. The danger arises with the prolonged use or overindulgence, which can produce both a physical addiction and a state of mental and emotional burn-out, where what was once only charmingly eccentric becomes dangerously erratic. It is a sort of a Sorcerer's Apprentice effect.

Kava-kava is also a sacramental drink among Pacific islanders, though in effect it seems to be the polar opposite of coffee. It was used in ritual to induce a tranquil sleep filled with visions, and is thought to be a principal agent in the astral endeavors of the Hunas. It was also thought to act - once again in contrast to the effects of coffee - as an aphrodisiac.

Nutmeg is an aromatic, stimulant hallucinogen that serves to kick the brain into overdrive. Neural synapses seem to fire all at once and associational thought processes have a momentum all their own. A clear symptom of over indulgence is doubled and blurred vision. Even clearer symptoms are severe stomach pain, hemorrhageing and death.

On a somewhat less extreme note, clove is a stimulant.

(next month...herbs of Saturn)

* * *

Revenge is sweet
 Revenge is good
 All works out, the way it should

The moral of this poem I'm telling true
 Let karma do your work for you.

Lena - Coven of Ceres

In the end the tables turn
 This is a lesson we all should learn

* * *

WORDS OF WISDOM FROM W. C. PASTURE

I say there should be a law that all cute girls must have long hair, wear mini-skirts and ankle-strap shoes.

FROM MARIAH (So. Cal.)

I had so much fun and could feel all the love on the mountain. I now call it the Love Mountain. It was so good to see people that I had not seen in a year.

In the rite of "The Child Of The Universe", in the West it should read;
 Take the egg to the West (Water) and hold the egg in the palms of your hands as you raise it to the sky and present the gift to the West. Say: "O Goddess of the flowing waters, with soothing music from the singing streams. Flow thru my child with cleansing waters and leave behind a Life of Health. And TO WILL the flowing waters to flow with cleansing healing energies. For this Child of the Universe."

MAGIC LOVE MOUNTAIN

Thank you Goddess and God for Magic Love Mountain.
 My heart grew larger and happier,
 I walked in a fairy ring, cried in an Indian worship.
 Loved others I have just met, my lips touched a new Initiate.

Heard songs of the Witches, saw dances of chiffon.
 Drank home-made Honey Mead, slept with peace and serenity.
 Gazed into a bed of ruby coals, walked among thousands of Ladybugs.
 Sat by a singing spring, was awakened by a hooting owl.

Thank you, Lovely Goddess, Thank you, Horned God.
 For our wonderful "Magic Love Mountain"

Love to you, Mariah

"Pan's Gift"

We came from places we do not know, serenity, peace, and love we have shown. In the dark, of a cool night we now know, a touch, a kiss, and love left free. Pan whispered to our minds thru our beating hearts, "Learn the true meaning of love by loving, love is here unasked and unsought. This is my gift to all, do with it as you wish".

Love and Peace to you all,
 Mariah

FROM LADY PHOENIX in Dallas

BEING A WITCH IS....

- ...having to decide between the economy of a new broomstick, or the comfort and luxury of a new flying carpet.
- ...resenting those who use the Craft instead of live it.
- ...helping those who need it, regardless of what faith they are.

* * *

LOTIONS & CREAMS - MAKE YOUR OWN from Merlin, Seax-Wicca

POWDERED MILK FEEL MASQUE

Stimulates circulation, loosens dead cells, and softens skin.

Mix 3 teaspoons of powdered whole - not skim milk - with 3 teaspoons warm water. Spread the thin paste all over face & neck, except around eyes. Rub into pores, but not so briskly that skin feels irritated. Rinse the first coating off with warm water; then smooth on another coating. Let the paste dry until it feels like dry clay. Then peel it off with your fingers. Leave off all creams & lotions for awhile so that skin can breathe.

MULTI-PURPOSE MOISTURIZER (for face, hands, body)

- 1- Mix one or more very ripe mashed bananas with pure olive oil (2 tablespoons) per each banana mash to combine well.
- 2- Apply and leave in place at least 15 minutes. Rinse or shower off.

AFTER-SUN LOTION

Slowly combine 2 tablespoons milk with 2 tablespoons of pureed fresh cucumber; 2 tablespoons Witch Hazel, and 1 tablespoon double strength herb tea. Note: be sure all ingredients are at room temperature before you begin.

ROSE COLD CREAM

Beeswax - 2 tablespoons
Almond oil 1/2 cup

Borax - 1 1/2 teaspoons
Rosewater - 2 tablespoons

Melt the beeswax over low heat. Then add the almond oil and the borax. Then add the rosewater in a steady stream while stirring. Continue stirring until mixture cools.

YOU KNOW YOU'RE IN TROUBLE WHEN.....

- ...your wife makes your favorite chocolate cake but she won't eat any of it...and you happened to notice the box of Ex-Lax was missing from the medicine cabinet.
- ...your girlfriend calls you at home...and doesn't hang up when your wife answers the phone.

WORDS OF WISDOM FROM W. C. PASTURE

Little kids can be big problems.
All babies are beautiful, if they have 4 legs.

YOU KNOW YOU'RE GONNA HAVE A ROTTEN DAY WHEN...

- ..you brush your teeth with shaving cream by mistake.

Those delightful people of Arcane Crafts, Rus & Ruthi have sent a beautiful gift for the property fund. An artist has engraved the tarot cards, The Moon and The Fool on lucite blocks (looks like glass). They are $4\frac{1}{4}$ x $2\frac{1}{2}$ x 1 inch thick. These have been appraised at 300. each. Anyone interested in purchasing them? They really are beautiful and worth adding to any collection.

* * *

I have a question for anyone who can answer. In observing myself over a long period of time, I have noticed that I seem to have cycles. These may or may not be related to bio-rythms. Perhaps two or three times a year, I can't seem to get enough sleep no matter how many hours I sleep beyond my usual number. This may last from several days to a week. Not at the same time, but also perhaps 2 or 3 times a year, I will have a period of a few days to a week when I have absolutely no interest in sex. I'm sure you know this is not usual for a Scorpio.

Anyway, I have been wondering if this is something usual for everyone or am I just strange. Don't recall anyone else ever having mentioned it. Is it related to bio-rythms in some way? Has anyone ever made a study of it?

* * *

Words of Wisdom from Lady Allusha....ismo, S.L.O. area

Seek to find the cause of failure within yourself, for you are responsible.

Those who know do not say, those who say do not know.

Insight and intuition are the inward perceptions.

To know, to dare, to will, to keep silence!

Whenever you argue with another in order that others may admire your wisdom, they will discover your ignorance.

* * *

BEING A WITCH IS..... from Lady Phoenix in Dallas

....rejecting a proposal because you understand that they could never accept your being a witch first, or that being a woman and a wife would be a toss-up for 2nd and 3rd place.

....fighting being depressed about something, and having the phone ring five times in a row with witch-distance calls because "something didn't feel right and we love you..."

* * *

WORDS OF WISDOM?

Say, did you hear that John got the third degree last night?

So the cops finally caught up with him, huh?

So I'm writing this page on the new electric typewriter. Is it any better? They told me it would make the letters come out more evenly than my two finger punching on the old one.

* * *

MORE GOODIES FROM ARMEETA in Pittsburgh

Thyme tea for indigestion.

Raw bacon applied to a boil will bring it to a head.

Goose grease applied to the chest for bronchial troubles. Sometimes you can use a good old fashioned mustard plaster but be careful to lubricate the skin so as not to burn it. Keep checking. About the goose grease: when we were little babies mother applied the goose grease, and we thought, "OH! Gee. Old wives tales." But it worked. It wasn't 'til much later in life that I learned when studying Medical Astrology that Dr. Davidson from Chicago advocated applying goose grease to chest when there was pulmonary affliction.

The way he explained it was that a person with Neptune in Gemini (Neptune (difficult to diagnose) (Gemini) ..the lungs, chest, etc....that there is a leak in the etheric of the patient in the area signified by sign when posited with Neptune. This would take paper and sheets to go on but for an illustration this much will do. When goose grease is applied and bandaged, the etheric leak stops.

To overcome or protect yourself against a Death Hex: bathe or sponge bathe with an infusion of Mimosa Flowers.

Vitamin C : Fortify your system with plenty of vitamin C against or to correct allergies, pneumonia, common cold, pleurisy, etc. Since vitamin C cannot be stored in the body, it is necessary to replenish it every day. All animals except man can make their own, but not the human. Many nutrition doctors maintain that plenty of vitamin C is a cancer deterrant.

Black and blue marks which you get by bumping into an object like a door frame, etc., is an indication of lack of vitamin C.

Acerola berries, hawthorn berries, cranberries, and grape juice are, according to some nutritionalists, better than the citrus fruits such as oranges, lemons, grapefruit, or limes as some people are allergic to them. The former editor and founder of Prevention Magazine, J.I. Rodale, said he was allergic to citrus fruit and he recommended the above. The magazine is a great fund of health-giving information. But even better, I like Let's Live. Then there's the Health Quarterly Plus Two, very good, too. Most of the latest information and there's a lot of information about herbs and natural foods.

For the ladies: Please do not use cocoa butter on your face for lubrication as there is something in it that will encourage fuzz or hair, an astrology teacher once told me.

Don't underestimate the African Witch Doctor or Medicine Man (healer) as we could learn much from them...like for instance: In the backwoods treating the natives in the bush, if a patient is suspected of having diabetes, the healer will ask for a specimen of urine which he will take outdoors and either toss it on the ground in a confined area, or place it in a shallow container on the ground. In a little while he will go out and inspect it to see if ants have congregated, and if so, the person has sugar diabetes as the ants will go for the sugar or sweetness.

(continued next page)

ARMEETA continued

Speaking of ants, they do open up some flowers to full bloom. However, if the ants are trying to invade the house, draw a half circle at the kitchen door where they are more apt to get in, like from the wall and outside the door and back to the other side with a piece of White Chalk. This will keep them out.

There's an old-time doctor up in the northern woods who advocates painting a painful hand, elbow or such with layers of wax. Either paint on several coats or immerse the painful part of the anatomy into the warm, almost hot wax. But please, not so hot that it will burn the skin. What happens is that the outer skin temporarily does not get the outside air, but will draw from the inside. That is... the blood will come to the wounded or painful part and thereby the blood circulation from the inside will stimulate the area (blood vessels, cells, etc.) by bringing it to the surface.

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RITUALS from Rik in Tucson

It seems that these days everyone is writing their own rituals, and this is as it should be. There is nothing worse than doing a ritual to the Gods and having nothing happen. So as I have written a number of rites in my time, modified others and read more, I think I should pass on some advice so others won't make the same mistakes that I made.

There are two main reasons for a religious ritual, one is to give comfort to the worshippers as in funeral rites, and the other is to celebrate an occurrence as in a wedding/handfasting. One may argue that there is a third reason, to make an announcement, but I feel that this is covered by the celebration reason, and as I am writing this, I can say what I want.

Once you have decided on your rite, the procedure is the same for whatever reason you choose, you have essentially two stages that must be done. First, you make the connection between you and the God/dess and then you invoke that God/dess. When this is done, you may proceed with the celebration or announcement. Think of it as turning on your radio and tuning it to the right frequency, then calling out to the person on the other end. If you don't tune it properly, you can shout all you want and none will hear.

This connection is the hard part. Once you have the God/dess listening, you can speak Urdu and he/she will listen. It makes no real difference if you feel that the Gods actually live, or if you think that they are simply anthropomorphic representations of your subconscious. As long as you get results, that is all that matters. So, to connect with the chosen God/dess you must dredge the power from within yourself. As it says in the Charge, 'If you can't find it within thee, you won't find it without thee'.

Your psychic radio set needs power, and this power has to come from you. This is the problem with a lot of Xian services. There is no power. I sometimes visit my wife's Catholic church (a great way to be certain that I am in the right religion) and I see people sleeping, the priest sleeping, people talking, a general lack of ...with-it-ness. So you must raise this power somehow. You can do it by sex, if you are good enough to disassociate yourself from your partner at the right mo-

(continued next page)

RITUALS continued

ment (I'm sorry, I get too involved with what I'm doing to do sex magick), or you can dance, or meditate. But whichever method you use, you have to send it on the right frequency. A good invocation does this. Poetry is best as the meter can put you in that state where the veil parts. If you use poetry, choose something that touches the soul. I've written a lot of poetry that raises as much power as a wet washrag. For a good example of soul-touching poetry, read anything in the Georgian that has been written by Tanya in Colorado. She does more with a few lines than I can do with pages. I can't tell you how to write like Tanya; if I could, I'd do it myself, but try.

A simple invocation that can touch not only your soul but the souls of others can not help but to touch the God/dess, and there is where you connect.

So the steps are to first raise power, mainly by a good chant or song that relaxes you and puts you in the mood. Then the invocation that the God/dess hears and finally the power to give the God/dess the power to answer. I've written a lot of ritual that ignored these rules. I still do, but sometimes I touch something.

I find the secret to success is not to say, "Well, I have a few minutes so I'll write a rite." but to wait until you feel the need. My best ritual was a passing rite for an unborn child. I wrote it very soon after my wife miscarried. I think it did the job; at least, we both felt better, which is a lot more than I can say for the feeling I got from a rite I wrote when I didn't care about the Sabbat.

So, if you're confused, read Myths To Live BY, written by Joseph Campbell. It is a very good work that tells more about the inner meaning of ritual than anything else I have read. But more than that, FEEL. OPEN YOUR SOUL. As I told Patti when she asked me to become a Catholic, "I cannot, for in an empty field, on a moonlit night, I have felt the Goddess touch my heart." Blessed Be.

FROM FLACKSUN ELVENHEARTH, WASHINGTON

We have started an outer teaching circle and are meeting with INVITED interested people on a weekly basis. Our Lammass was 28 people strong and one great time! We have a "wish" time where everybody makes one request of the Goddess out loud. By two days after the ritual, I'd heard of 6 wishes being filled! And now, a week later, 4 more! We belong to the Society for Creative Anachronism (SCA) and put on a giant Yule Feast for 75-100 people each year. It is held near Olympia, Wash. on Dec. 20 & 21st and you are invited to attend. Anyone else on the newsletter is invited also. It is required that one bring a pot luck dish to feed 10 people, and sleeping bags. Ham and turkey is provided as a main dish. All you can eat. If anyone is interested, tickets are \$2.50 each. Our phone number is (206) 778-7369. Address for those Talismans mentioned in the last newsletter is: Elvenhearth, 19910 88th Ave. W., Edmonds, Wash. 98020.

Magical & Mystical Sites - Europe & The British Isles.....is now out of print. That beautiful person who wrote it, Elizabeth Pepper, has the last 25 hardcover copies. She is autographing all 25 copies, and donating them to the newsletter. Is it any wonder that everyone loves her?

To get one of these beautiful books for collection, send check or money order to the newsletter for \$11.50 including postage. Remember, there are only 25 copies, so first come, first serve.

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Demeter of Ye Full Moon Wicca has finally completed a catalog. Incense, oils, candles, Tarot Cards, etc. Write to 366 Neighborhood Rd., Natick Beach, N.Y. 11951.

Demeter sent these from Aurora:

BEING A WITCH MOTHER IS:.....

....having your 8 year old come in with the joke: What do you call a witch sunning on the beach?...why a sandwich?

BEING A WITCH WIFE IS...having a husband who complains about one of your non-Witch friends, "Why couldn't she be like the rest of your Witch friends and drink your wine and leave my Scotch alone?"

* * *

Just recieved the new Coven Gardens catalog. Has just about all the supplies you can think of. Send \$1. for this one which is refunded with your first order. Coven Gardens, POB 1064, Boulder, Col. 80306.

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FROM JIM in Winchester, Cal.

The mountain meet was great! A special treat for me, of course, was my initiation under such a beautiful setting and by such beautiful people who guided my path into the Circle to present me to the Craft World.

I met so many new people in the Craft and got to spend a wonderful 3 days & 2 nights with some good friends I had met before.

High points had to be Merle's Indian Craft ritual, Puck's wonderful Pagan music, and just being able to be with a gentle Druid from L.A. who is our mutual friend and a special lady.

* * *

FROM RIK in Tucson

Found the Encyclopedia of American Religions by J. Gordon Melton in the library. He has done a good job on the Craft though he does spend a lot of time on Traditions that have gone under, WICA for one. Regardless, it is a very good work and should be used as a reference so that we can refer Xians to something written by one of their own and therefore unbiased. Sort of like an answer to the charge that we make up our own history.

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FROM CYPRIAN in Nashville

In days not very long ago, wood ashes, carefully saved from the fireplace and stove, were placed in a barrel under the eave of the house so that rain water would run through them. This leaching process produced lye which was an essential chemical for an equally essential home-industry, the making of soap. Soap making usually occurred (in my native South) after hog-killing. The best lard was set aside for cooking purposes, the rest and every scrap of the animal not otherwise used was rendered into grease. The coarse grease was skimmed, strained occasionally clarified, and poured into a large iron cauldron.

The lye produced by the action of rain water and wood ashes was now added to the grease, and the mixture was cooked over an open fire until the soap formed. Perhaps a few geranium leaves might be stirred in to add a bit of perfume. After the soap formed, the cauldron was removed from the fire and allowed to cool. After cooling, the soap could be cut out with a heavy knife. And, yes, I still have the iron cauldron used on my grandfather's farm for this vital home industry before the days of Proctor & Gamble and chemical detergents. That big cauldron is an almost priceless antique.

But wait! There's more. Our thrifty forbears wasted nothing. They couldn't afford that luxury. The rendered down bits of animal skin, now quite crisp, were mixed in with cornmeal to make cracklin' bread. Very tasty, but you better have good teeth!

And we're still not through. That lye had yet another use. Corn was soaked in that lye solution to produce hominy which was a staple in the diet, and not just in the South.

Instead of being a pollutant, wood ashes were a vital source of an essential chemical...and after the ashes had been leached, they still could be used for fertilizer! Neat, huh?

And while we're talking about energy, wood-burning or otherwise, I can't resist this one. Some years ago Nashville built a thermal transfer plant to burn the city's garbage and use that energy to heat and cool most of the major buildings in the downtown area. After some initial problems with air pollution, the system has worked very well, indeed. So, when the Great Nerds in Washington came out with their blanket edict regarding thermostat settings, some local wag offered: "Set your thermostat at 68...save garbage."

I dunno, he may have been the same guy who said the way to beat the oil crunch was to go ahead and use up the stuff; then we wouldn't have to worry about it anymore.

I think we need to find this sage and send him to Washington to direct our energy policy!

Yeah, I agree. If we Wiccans have anything at all going for us, it is that our religion is supposed to be FUN. Unlike Christianity, which has its pivotal point on sin and personal guilt, and regards with dark suspicion any hint of fun or pleasure, WE are taught that all acts of pleasure and mirth are HER rites. If we miss this crucial point, then we miss the point of being Wiccans and are in the wrong pew. Try the local Bible-banging church..it may fit just perfectly.

DOG DAYS

I'M sure everyone had heard by now of the new disease attacking dogs. The following are some excerpts from an Alert from the California Veterinary Medical Association:

In 1978 a severe intestinal disease appeared in dogs throughout the world. It is called Canine Parvo Virus Enteritis. It is closely related to distemper in cats and is believed to be a mutation of that virus.

In many cases the disease shows only mild and transient diarrhea. In more severe cases, it is an explosive onset of fever, vomiting, and diarrhea. The diarrhea precedes vomiting by 6 to 24 hours. Bloody diarrhea indicates a very severe infection. Illness usually passes in 2 to 5 days IF PROPERLY treated.

The infection is most severe in puppies 6 to 12 weeks old. Severe and fatal cases are almost exclusively seen in kennel reared puppies, puppies from pet stores, dogs temporarily housed in pounds or obtained from pounds, in puppies and some types of older dogs taken to shows or placed in boarding homes.

Since puppies are the highest risk, they should not be taken to places where there are many dogs with out proper protection.

The virus is highly stable and will survive when shed in the stools of dogs on open ground or concrete for several years. It is more severe in dogs placed under stress ...boarding, strange food, strange dogs, etc.

The disease is potentially preventable by vaccination. There is at present only one Federally-approved vaccine. Two doses at 2 to 4 week intervals gives 90% protection. Due to the demand by dog owners there is a shortage of the vaccine. Immunity from the vaccine is at least 3 months but falls off after that.

When I called the vet to get shots for Pooka and Sirius, I was told they were out of it. They put me on the list and called several days later to make an appointment. When he was giving the shots, the vet told me they had ordered 1,000 shots but recieved only 60.

Don't over-react. If your dog is kept at home and away from other dogs, he is not as likely to get this virus. However, observe your dog. If he shows signs of vomiting or diarrhea, consult your vet to be sure.

We've heard reports from different parts of the country regarding the newly imported Asians stealing pets (usually dogs and cats), killing and eating them. The following is a report from San Francisco from United Press International and a S.F. radio station:

According to officials at S.F.'s Golden State Park, Southeast Asian refugees have been foraging for food in the park, trapping small animals and birds and gathering protected plants. Officials say bands of hunters have surrepticiously trapped, skinned and eaten stray dogs, squirrels, pigeons and waterfowl.

Recently, police tried to catch a band of these trappers. However, they ran off (this refutes the theory that they don't know it's illegal) dropping as they ran, 10 dead squirrels and 8 pigeons. Traps and rocks covered with blood have been discovered in various parts of the park.

(continued next page)

DOG DAYS continued

Park & Peach Patrol officers, Michael Lawson and Michael Del Torre recently apprehended a group of 11 Laotians and Cambodians - 4 adults and 7 juveniles- who were gathering foliage near the park conservatory. They were taken to a police station where an interpreter was put on the phone with one of the suspects. They said they were hungry and were supplementing their diet with Park wildlife. However, officers said one of the women in the group had four 100-dollar bills in her purse.

So...if any of those newly imported orientals live in your neighborhood, I suggest that you keep a very watchful eye on your pets.

FROM U.P.I. INTERNATIONAL

A New York City school teacher is trying to provide a better life for a handicapped dog who saved her from a mugger. Florence Shapiro says the barking and growling of the badly crippled pooch scared away a thug who was trying to mug her in a phone booth. She took the two-year old mongrel home...named him Mr. Wonderful...and did what she could to make his life easier. She bought a little cart to do the job of his lame back legs. And, she bought 3 accupuncture sessions to try to improve his condition. But, she has run out of money...and she says her tiny apartment isn't much of a home for him anyway. So, she is looking for a city dweller with a garden apartment or a suburbanite with a big yard to give Mr. Wonderful a home. She was near tears as she said -- "I'll really hate to give him up. He's very special."

Well, guess that's about all for this month. Lots more news but out of room. Want to feel good? Give a donation to your local S.P.C.A....or give a stray dog a meal...or even a home.

* * *

Back again. Just called the vet to get the dogs their second shot of parvo vacine. Again they are out of it. Took my phone number to call me when they get a new supply. Problem is...your dog is not protected until a week after the second shot.

The Parvo virus is also hard to get rid of once it gets into the earth or concrete where sick dogs have been, and it is active for a long time. It will resist the usual methods of sterilization. Best to check with your vet on what to do about it.

* * *

BEING A WITCH DOG IS from Pooka & Sirius

...having people not understand why you want to be in the Circle, too. Isn't the Goddess the protector of animals?

...wondering why people think it's strange that you like Tootsie Rolls and Graham Crackers and milk. Do they think that just because we have four legs and fur that we have no appreciation for the finer things in life?

* * *

Kalinda says she would like to hear from other Pagans in the N.W. with the idea of setting up a networking. Kalinda, POB 1423, Olympia, Wash. 98507.

* * *

Pam has moved from Georgia to England and is now settled in her new home....a new house with 4 bedrooms. Pam says the new baby, Slade, will be 3 mo. Sept. 2.

* * *

Grace would like to know if anyone has quilt patterns with Craft designs. Also would like to know if there is any Craft person who would like to lecture in Pensacola. G.V. Efsthian, POB 4162, Warrington, Fla. 325079.

* * *

Rus & Ruthi (Arcane Crafts) are collecting Being A Witchings for a book of Pagan Humor. Need anecdotes, witch jokes, poems & songs, and cartoons. No "in" jokes because the book is intended for the general public. Arcane Crafts, POB 383, West Beach, N.Y. 11951.

* * *

Beth in Georgia would like any info on herbs (and other 'naturals') that aid in the reduction of cholesterol and triglycerides in the body.

* * *

Lee Diana in Central Point, Oregon says she developed a problem in her arteries which has caused a blind spot in the center of her right eye. She would appreciate any healing energy sent her way.

* * *

BEING A WITCH IS from Vesta (Coven of Ceres)
having business associates approach you with "Do your thing" whenever they've misplaced something...and you tell them where it is.

from Lady Phoenix in Dallas

- ...asking "Why, Mother?" when you're elected PTA president for the next year.
- ...having to clamp down on your thoughts when a speeder runs over the coven cat...and wondering if you did it in time, or is that driver going to have 3 flat tires a day for 6 months, and no sex for the next 18.
- ...hoping you didn't do it in time.

* * *

TABLE OF CORRESPONDENCES from Lady Allusha..S.L.O. - Pismo

In one of my meditations recently, I was given the following chart of levels and associations. This, I was told, is the basis of the Spiral Universe. It was explained in fairly abstract concepts. It refers only to energy and its expression. It is the seed of symbolism. As I have never before seen anything such as this chart, I would like to offer it up to you for your comments, insights, and opinions.

<u>WORLD OF GODS</u>	<u>/WORLD OF MORTALS</u>	<u>/WORLD OF RELATIVITY</u>	<u>?SYMBOLIC #</u>
Pure, total Energy	/Living Being	/Self	/ 1
active & recessive	/physical & non-physical	/Self & other	/ 2
the power	/Life Force	/Interaction	/ 3
the elements	/Nature	/Nature's system of things	/ 4
LIFE: the essences	/LIFE: the arts	/LIFE: the Dynamics	/ 5
fire	/ survival	/ energy flows	/
water	/ fluidity	/ perception	/
air	/ thought	/ pervasiveness	/
earth	/ sensuality	/ reality	/
spirit	/ ecstasy	/ transcendance	/

Each of these worlds is a separate system of its own, yet they all follow the same pattern of desensification. Reading across the chart, we have different planes of existance at the same level of development, symbolized by the Sacred Number.

We start with the ocean of energy, the universal body which contains everything, and in everything, is contained. It is the One, the Total. As it is energy, it also contains inherent motion. Motion implies moving onward from one place to another, while that which was, must recede. Here we have the Two, as types of energy. Where one meets the other is Three, the point of Power. The Power takes the active energy and divides it into the more and the less, it does the same with the recessive. Thus become the powers of the elements. In the process of creating the Four, the Power has added itself to them, and so becomes Life, the Five.

These essences of Life are combined in the living being, the Five become the One. The Spiral has completed one revolution, we are back where we had begun, but now on another plane of existence. This living energy exists both in the physical and the non-physical realms. The Two, opposite and complimentary. The point at which they meet is the Three, the Life Force. The Life Force acting on the physical and non-physical (active and recessive of each) results in Nature, the Four. The Life Force combines with Nature, and shines through the Arts of Life, the Five.

These Arts are the foundation for the awareness of the Self. All must be present (although in variable degrees) within the Self, and so the Five becomes the One.

TABLE OF CORRESPONDENCES continued

The Spiral has turned again. The Self, being within, looks outward and is aware of an Other, becoming the Two. The point where they come together is the Three, Interaction. Interaction affects both the Self and the Other, requiring them to give as well as receive. Thus is the Four, the constant cycle, the system of Nature. The power of Interaction flowing through Nature's veins manifests in the Dynamics of Life, the Five, which in turn combine to form our material world. Back again to the One.

STORM from Ariel in Pittsburgh

The air is soft, the breeze is still,
The day so sweet and warm,
Then suddenly the sky grows dark
And clouds begin to form.

In the distance a rumble is heard
And then the wind blows free,
On my forehead a drop is felt
Then the sky opens before me!

My heartbeat quickens, my blood does race
The rain caresses me,
The wind she howls, the thunder roars -
The Earth possesses me!

I stand there strong, atop the hill
Swaying with the trees
I listen to the Ancient Song
And see what Nature sees.

The wind does howl on my command
From lightening pictures form,
For we are one, this woman - I
And the mighty, raging Storm!

YOU CAN TELL IT'S GONNA BE A ROTTEN DAY WHEN.....

- ...you get up in the morning and find you're out of coffee.
- ...your last pack of cigarettes fell in the toilet while you were shaving.
- ...all your clothes are at the cleaners except one pair of pants...and they split when you bend over to tie your shoelace.
- ...late for work, you pull up your zipper too fast...and get it caught in a most painful place.
- ...you're ready to fix breakfast...and find the gas has been turned off.

PHOTOS ON PAGE 30...if the printer gets them done in time.

- 1- From Les & Marsha..Cicago area. Marsha says this is Charlie, her familiar. He doesn't talk but they've developed their own way of communicating.
- 2- Julie feeds a baby horse at the mountain meet.
- 3- Wickian Pooka & Sirius at the mountain meet. They enjoyed the mountain even though they were kept on their leashes so they wouldn't disturb other people or get into fights with other dogs.
- 4- This one and #5 from Shadowhawk & Blacksun..Edmonds, Washing. Hope I get these correctly. HPS pussy, Kittyface at top, HP pussy, Merd, at center.
- 5- Maidenpussy, Burgy, at center. Mop Dog outside Circle.

I was told that an electric typewriter would make better stencils than my two finger method on the old Royal. Well, you can see several pages I've typed with the new one, and they don't seem to be a great improvement. Trying something different on this page. Hope it's the solution. Is it better or worse.

Sorry some of you couldn't make it to the mountain meet. We did have a good time. Everyone said Merle's Indian ritual was great. And we get to see Lady Allusha dance again.

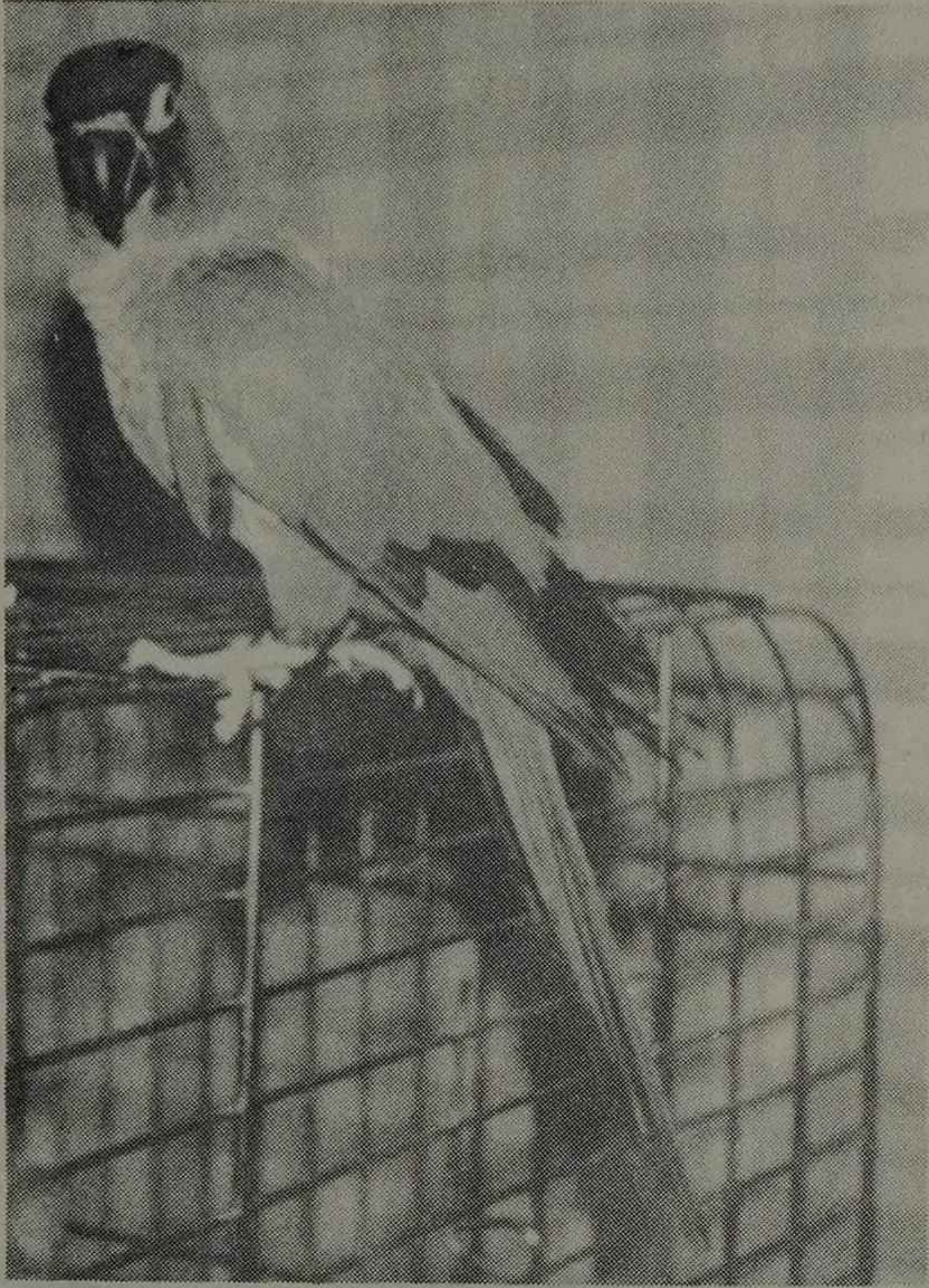
Haven't had any report on the Pan Pagan though it should be over at the time I write this. Les & Marsha say some of the people from their temple held their own meet at Baraboo, Wisconsin. They say it rained some but they stayed Saturday thru Tuesday, then took the back roads thru the hills and farmland. Marsha says it was beautiful...scenery, that is. I'M sure we've forgot some things but we're out of time to finish this. Don't forget...deadline of the 25 th is for NEWS. Please send articles, poetry, advertizing, etc. earlier. Hope we can have some photos of the mountain meet for next month. Most of those I've seen so far just wouldn't copy...too dark. It's very difficult to get good photos up there because there are so many trees making so much shade.

That's all, folks.

Love and Blessed Be.

Pat and all the Georgians

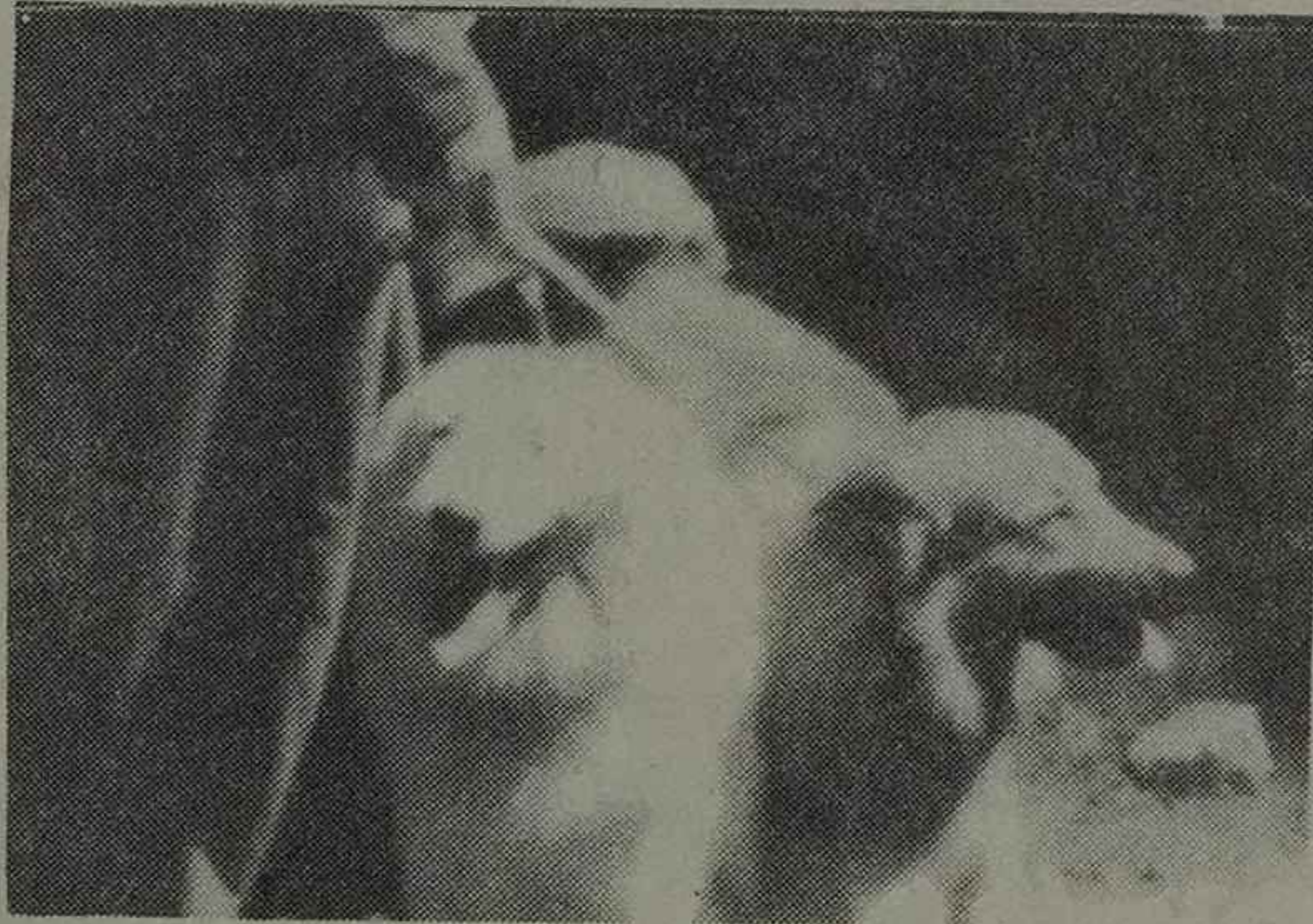
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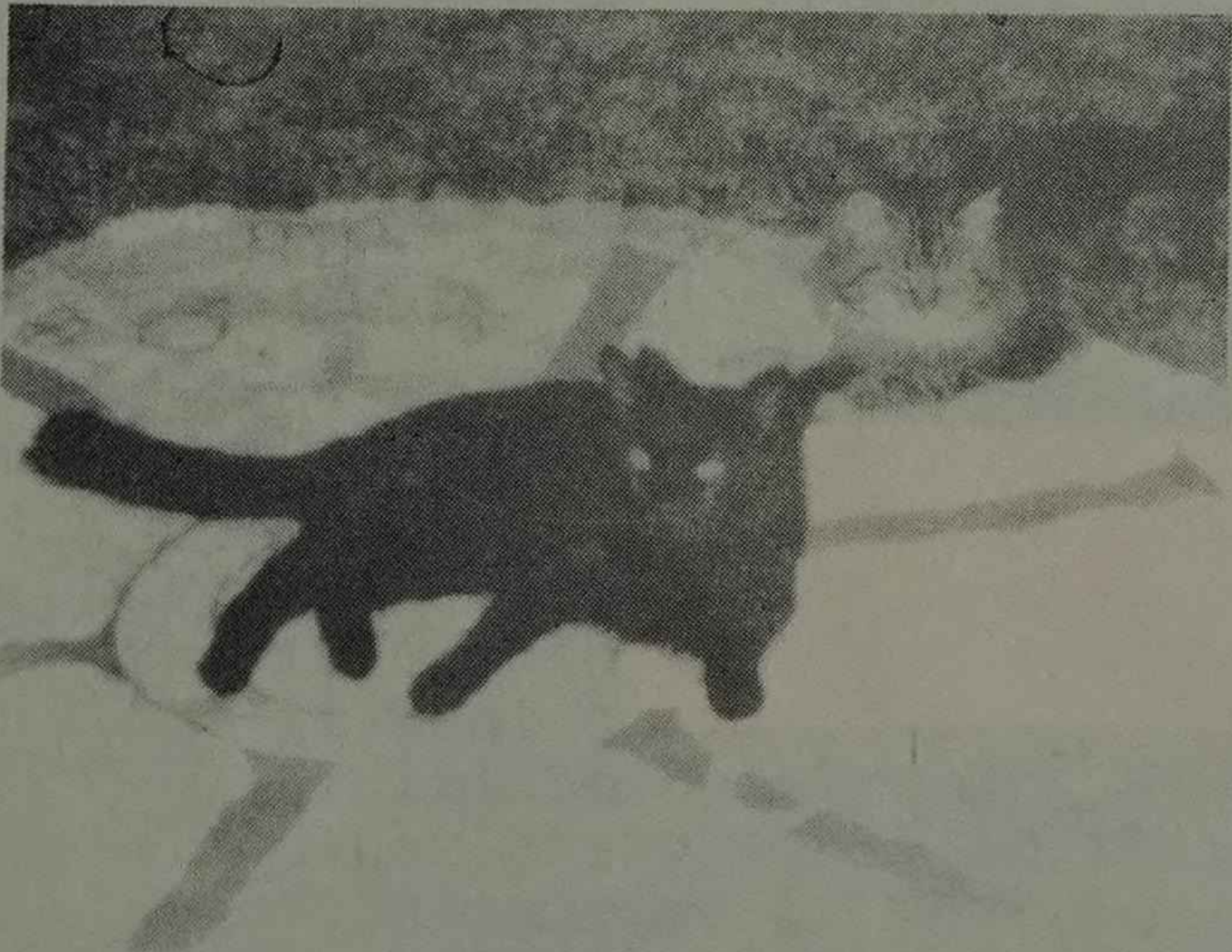
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