

BAKERSFIELD - We didn't have as large a crowd as we had hoped for the mountain meeting, but everyone there was full of enthusiasm and had one hell of a good time. Bobbie & I recently attended the meeting of the Southern Council of C.O.G. This will now also be the regular newsletter for the southern council.

C.O.G. (Southern Council) Athena has recently returned from a trip to Britain. She was most enthusiastic about her visit with Doreen Valiente and the guided tour she gave her. The S.C. meeting was the first opportunity for Bobbie & I to meet Z. Budapest. We found her a most charming person. New S.C. officers for the next year will be: First Officer- Dagda, Second Officer- Pat, Purse Warden- Branwen, Recorder- Morgan, Summoner- Athena, Ethics- Live Oak Woman, Credentials- Kathryn, Publicity- Bobbie. The Grand Council meeting is scheduled for this month so we may have some news of that next month.

BALTIMORE- Morgana says she is quite proud of daughter, Ayeisha, and the excellent job she has been doing with KAM as her replacement as HPs. More on KAM in the future.

NEW JERSEY- Robin says her wedding was perfect. She is now travelling about visiting friends before she leaves for Germany.

BAY AREA - Cathy planning to move to this area from Portland and hopes to start a new group here with Pixie, Joan, and Robert. That will be about the end of the month.

L.A. Area- We had a pleasant visit from Lee & Shirley, and hope to see much more of them in the future. Kasie has visited twice. She was visiting in the east and was supposed to be there for 6 more weeks but said she just had to get back to her people.

Ghana, West Africa- Gabriel would like to join us but we haven't figured out how we could get him initiated. He has had some training from a European friend, and would appreciate any contacts his area.

SEATTLE-TACOMA AREA- Stef, Jeannie & Dean came down for the mountain meeting. Too bad that Bob couldn't get away. We missed him. We hope they'll all be here for a Sabbath in the near future.

Des Moines- Haven't heard from Sefa this month. We recieved the C.N.B. newsletter but no copy of Revival yet.

SAN ANTONIO - Jenny has great plans for building her temple but I doubt she'll get much done on it until after she has her little Witch.

IDAHO- Geanie reports she has started a study group. Let's hope all goes well, but if she doesn't write more often we'll put her in the dog house.

NEW YORK - Nothing new from Anita. Wish someone would buy that house so they can move here.

STUFF & THINGS- Z. has a nice catalog of Craft supplies. Write: Feminist Wicca, 442 Lincoln Blvd., Venice, Cal. 90291.

Recently a local radio station had some nut on the air saying he had been a member of a local Witch coven that practiced human sacrifices, and said he knew of others here which did the same. I checked with a local homicide officer and asked if there had been any sacrifices of this kind by ANY group. He laughed and said there has never been any evidence of such a thing. So I have written a letter to the F.C.C. about this. Our greatest enemy at present seems to be religious programs on radio and TV. If you run across this kind of propoganda on radio or TV, call or write the station and remind them of F.C.C. regulation 73:123. If they refuse to comply, write to the F.C.C., 1919 M Street, Washington, D.C. 20554. Give them facts: name of the program, date, time, station, etc. F.C.C. rule 73:123 Attack On A Person Or Group...the broadcast station must transmit to the person or group attacked... within one week...1- notification of date, time, and identification of the broadcast 2- a script or tape of the broadcast (if not available, an accurate summary) 3- an offer of a reasonable opportunity to respond over the station facilities.

HERBS- Merle sez: Calendula (*Calendula officinalis*) What a magikal sounding name, and well it should be, for the leaves and flowers of this fantastic plant will provide a complete herbal medicine chest. Uses include, an infusion of the flowers for gastrointestinal problems such as ulcers, stomach cramps, colitis, and diarrhea. Also useful taken internally for fever, boils, abscesses, and to prevent recurrent vomiting. For external use, an excellent salve can be made from the dried or fresh leaves, also cold cream. Use the salve for bruises, sprains, and sore muscles. Now here's the part all you Witches have been waiting for but, promise not to tell the common folk. The fresh juice of the flowers will remove warts. Oh, yes, I heard you say, "where can I get some Calendula, fast". One good source is Worldwide Curio House at \$9.00 per lb. or, you can do as I do, reach through the fence into your neighbors flower garden and pick what you need. What's that? You don't know what Calendula looks like? Sure you do. It's the everyday, common, everywhere, MARIGOLD. I'll be happy to send you more on dosage & usage if you'll write me c/o the above address. It's herb tea time so I'll close for now. More next month.

BOOKS- Pendulum Power by Greg Nielsen & Joseph Polansky- Warner Destiny Books/ \$1.95. Witch Blood by Patricia Crowther - House Of Collectibles \$1.25. The First Sex by Elizabeth Gould Davis - Penguin Books \$2.95. When God Was A Woman by Merlin Stone- Dial Press \$7.95. Woman's Mysteries, Ancient & Modern by M. Esther Harding - Harper & Row \$3.95. The Probability Of The Impossible by Dr. Thelma Moss-Plume Books \$4.95. And for the kids: Tut-ankh-Amun & His Friends-Bellerophon Books \$2.50. This is both a coloring book and history. Bed-Knob & Broomstick by Mary Norton- Voyager Books \$1.65. Witch In The House by Ruth Chew- Scholastic Books \$.95.

MORE STUFF & THINGS- If anyone wants mail contacts, we'll include your name and address in the newsletter. But, make it very clear that YOU WANT it published. Also, in your letters, always make it clear if you say anything that is not to be in the newsletter.

BELOW- STEF DANCES AT THE MOUNTAIN MEETING.

(Photo by Bobbie)

We had hoped to have photos of the Mary Hill Stonehenge but haven't recieved them yet.

Using a regular bleach from the grocery costs less than buying from a swimming pool supply. It's also chlorine.

Dean-We think Jeannie should take up belly dancing. She should be ready for the mountains next year.

Have you tried carrot pancakes?
Mash carrots and mix in the batter.

That's all, folks!

Love and Blessed Be.

Pat

