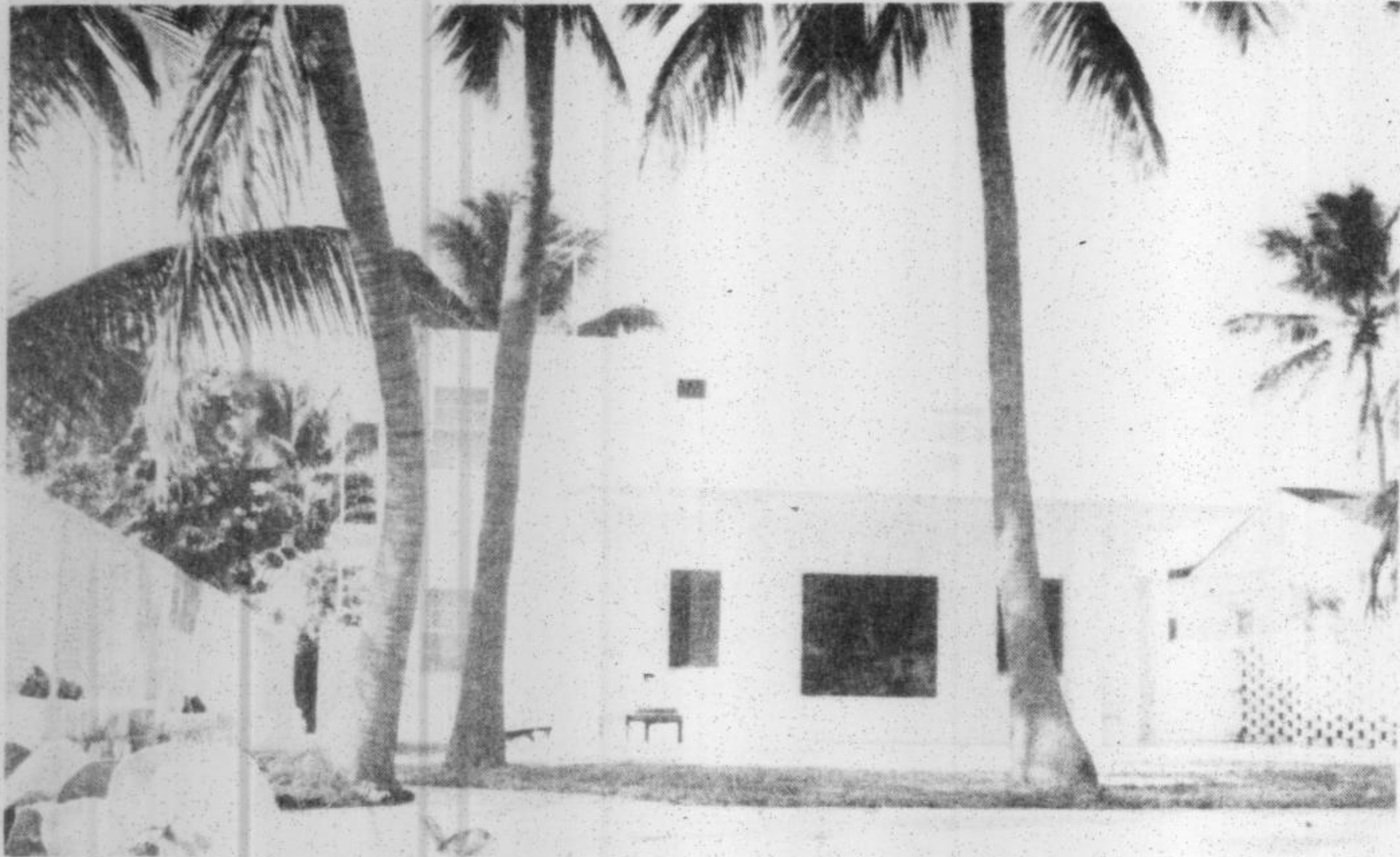


**MAIN**



**The Sanctuary**

THE SANCTUARY FOR  
THE SECOND HOMECOMING



*View of the front of The Sanctuary from the private beach on the Atlantic Ocean, due east. Jesus' portrait is centered in the picture window.*



*View of the Atlantic from the balcony of The Sanctuary, from which all major projections through the trinity of Sananda-Nada-El Morya now will be effected for the externalization of the Hierarchy.*

**MAIN**

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**MAIN**

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as a preparation for  
the Second Coming and  
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**AGE OF AQUARIUS**

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# MAIN

#18: JANUARY-FEBRUARY 1975

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MAIN MAGAZINE  
AND OUR SIXTEENTH YEAR OF  
MARK-AGE UNIT

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*Dr. Robert Knapp, Healing Haven Division.*

from:  
The

# SANCTUARY

A MIRACLE OF BIRTH:

BEGINNING THE I AM NATION

*YOLANDA:* Christ light workers, this is Yolanda at the new headquarters for the I Am nation. In this spiritual season — just a week before the winter solstice begins, and which always has been the time for the aware and the enlightened to pay homage for the birth of light and life — we would like to share with you the manifestation of the first demonstration for the new I Am nation.

Your support and enthusiasm for the anchoring of this new I Am nation on Earth greatly contributed to bringing into fulfillment what those of us at Mark-Age headquarters truly consider a wondrous birth or beginning.

It began — as most births on this Earth planet do begin — just nine months ago. It was March, just before the spring of this year, that I was shown a vision of a two-story, white, colonial-type home, pillars on the front verandah, with a sea of what I assumed was green grass stretching before it in every direction and as far as my eyes could see. The word *plantation* was given, as a code or a key, for the expansion of Mark-Age headquarters in southern Florida in order to implant or to inaugurate the externalization of the spiritual government on Earth.

We shared this news with you on MAM broadcasts and in MAIN magazine, asking your assistance and support; which many of you have given, with great hope for its implications for the future spiritualization of this entire planet.

## THE HIERARCHY'S INSTRUCTIONS

Many instructions have been given in specific communications, in visions, in meditations, and during the spiritual inspirations of direct contact with our individualized I Am Selves.

Particularly Sananda has been guiding Mark and me, in the roles we play for the spiritual Hierarchy, as to the location, purposes, facilities and proper uses for this building of the I Am nation on Earth.

For instance, Sananda-Jesus has channeled through me: "You two must be the solid core or nucleus upon which my-our spiritual government is founded and why you *must* do for me, as my physical agents, what I direct and teach are the correct and proper methods for the New Age government on Earth....I tell unto you that each breath you take, each act you perform, each thought you radiate will be from this moment henceforth a pattern-making device, a promise, unto that forthcoming adventure and plan to implant the new spiritual I Am nation on Earth....*Plantation* means: the planting of new souls in the I Am consciousness. Sow into the new I Am nation that which will suffice for generations and centuries on Earth.

"You two must begin anew. Start fresh in untampered territory, unfettered environment, new and pleasant surroundings, just as you would if planting a fresh field. Plow new grounds. Prepare and till the soil of spiritual consciousness. Plant and plan the new spiritual nation in an area where there is no interference....Now there must be an outer work and an inner work that are separated.

"Time will secure you a focus where you can supervise the five divisions of Mark-Age as the externalization of the spiritual government: MAIN, MAM, Centers of Light, Healing Haven and the University of Life. From the new separated focus, you then will delegate functions to those who can measure up to your scrutiny and tests. Only those who measure up to the mark can become the fingers of the hand you represent, which is the power symbol of the hierarchal command on the Earth planet, my two ambassadors on the physical representing me on the etheric.

"For the next year (1975) you are to outline in pre-

cise terms what it will take for the spiritual government to anchor the proper corrective measures in the Earthly spheres of mortal man's makings in order that it be presented to the world's outer fringe governments or secular systems, teaching and demonstrating for them how to prepare for and to be receptive to the incoming light of the spiritual Federation of Planets of this solar system."

This was the setting, the general conception — actually what you might call the divine inspiration — from Sananda, in enacting the superconscious aspect, regarding this new planning and planting of the I Am nation.

Mark and I, enacting the conscious and subconscious physical parents for this seed-idea, were entrusted to bring it forth physically. We were in for a number of surprises first, though.

#### THE SANCTUARY

The first major surprise was that initially the new I Am nation would have to begin with a sanctuary for the trinity. It was to be called *The Sanctuary for the Second Homecoming*. This sanctuary was to be secluded, private, and separate from all public functions. It is, in fact, a sanctum sanctorium, the innermost place or holy of holies, where the inspirations, guidance and plannings for the hierarchal representatives — Sananda, Nada and El Morya — can be solidified without interruption or interference.

Our next major surprise was that The Sanctuary had to be on or near the water in order for the thought projections to be transported to every part of the globe. Water acts as the major transmitter of energy on our planet, which of itself is largely water.

A third requirement was introduced: *time*. Sananda's hierarchal schedule presented us with a time limit. We had to begin the trinity projections for the new I Am nation at the sacred trinity location by December 1st. That date marks the fifteenth anniversary of the physical meeting of Mark and me in this lifetime, a day on which we realized our soul missions were linked.

These three surprise elements, given by Sananda in specific instructions to Mark and me, indeed required a minor miracle.

To begin with, we have been very cramped for staff expansions at MetaCenter headquarters. So, we were not quite receptive to separate quarters for just Mark and me; but had pondered, weighed and decided that we needed work and living quarters for either new staff members or for the entire operation in south Florida.

In addition to this, the economic situation of the world at this time afforded us very little capital to work with in securing that much property and equipment. We have been given — with your loyal and trusting assistance — a cushion to work with; but in these inflationary times, and to mortal man's conscious understanding, it is a small pittance to begin such a huge task.

For five weeks — daily, unflagging, without rest — Mark investigated every lead; contacted many spiritually minded real estate agents; and personally drove up and down every street along the ocean, the bay and many canals throughout Dade and Broward Counties, driving nearly one thousand miles.

I accompanied him on most of these treasure hunts. But I became exhausted and, frankly, at times somewhat discouraged. There were five places which I was willing to buy or to rent.

However, in his inimitable El Morya way, Mark insisted that the place meeting all of the Hierarchy's specifications had not yet become available; that we, as the externalized agents for the Hierarchal Board, would not settle for less than its exact requirements; that Spirit in Its good time would supply us with the appropriate home for Sananda's sacred sanctuary.

What dismayed and confused us so was that waterfront property in Florida has doubled in price the last two years. Therefore, any comfortable or decent house bought for \$100,000 in 1972 was now on the market for a quarter of a million dollars. For instance, homes on Key Biscayne, where Richard Nixon had his Florida White House, were built in the 1950's for small, middle-class families with two bedrooms for \$25 - 30,000. Twenty years later they had doubled in value. But today they are selling for \$75 - 100,000. Rentals for waterfront homes start at \$1,000 per month.

●

## THE MIRACLE

Mark and I continued to visualize a demonstration. Our beautiful and dedicated Mark-Age staff here at MetaCenter sustained and supported us each day of our search, and through our every decree and prayer.

At the thirteenth hour, Mark found a small inconspicuous rental ad for the first time: oceanfront property, with a private beach on the Atlantic Ocean — one of the remaining twenty-five still in existence in Dade County — just twenty minutes from MetaCenter, with two separate buildings giving maximum privacy, seclusion, quiet, and quite adequate working and living space for Mark and myself, plus growing-space for the staff and the Healing Haven division.

Sananda had given us November 15th as the deadline date for making a final decision on the physical, and as part of our trinity coordination for planning the I Am nation. On that date we signed the contract for a minimum of two years that may extend to a possible four, at a phenomenally low annual rental.

Demonstration number one was that you cannot get a wider and greater expanse of water than the sea itself. We had been searching almost totally on Biscayne Bay, because now oceanfront property is virtually exclusively hotels, motels and condominium apartments; with the smallest lot available costing a quarter of a million dollars.

Demonstration number two is that it provides a second building appropriate for staff-training facilities, and officially opening Healing Haven functions in spring of 1975.

Demonstration number three was that it came just in the nick of time for the staff and volunteers to prepare it for moving in on the deadline date of December 1st.

Demonstration number four is that our instructions told us The Sanctuary property on or near the water would only be used for two, four, possibly seven years; and then we would be preparing the larger expanded properties to accommodate the Mark-Age City or MetaCity for the new I Am nation.

Demonstration number five was that it had not been lived in for six months, by the builder and owner, who

had been the sole occupant of the property, so that the vibrations on the grounds were untampered, clean and purified.

Demonstration number six — and all of us here at Mark-Age MetaCenter could go on and on, enumerating these demonstrations for another MAM broadcast — is that The Sanctuary is a white, two-story colonial-type house with two pillars on the front verandah, from which a sea of blue-green ocean stretches before it for three thousand miles to the African and European continents, over which Sananda's master ship #10 is anchored until the spring of 1975, over Europe. (See the photos of The Sanctuary and the new Healing Haven research facilities on the covers of this issue.)

Rejoice with us. Give thanks with us. Nourish and nurture this first-born demonstration of the new I Am nation; in which we hope each and every one of you will take out citizenship papers. (The Hierarchy's plan for The Sanctuary is described in MAM broadcast #68B on pages 11-14 of this issue of MAIN magazine.)

-- MAM #67B, week of  
December 15, 1974

\$6

# ANGELS

*Relationships*      *Responsibilities*

# MAN



IN THE VERY WORDS of the seven archangels, heads of the angelic or celestial kingdom for this solar system, are now revealed the true nature of the angelic forces and of their relationships with and responsibilities to the race of man.

Many truths are revealed for the first time in our present recorded history. Many misconceptions about the angelic kingdom are corrected. Many aspects of the nature, the functions, the powers, the history and the future of man are given for our spiritual awakening and evolution.

The angelic forces are those which co-create with God, manage and direct, all forms that exist. An additional function has been given to them in this solar system, that of our guardians and teachers until we assume our proper spiritual responsibilities and functions.

Man, as a co-creator also with God, has a responsibility not only to the angelic but also to all other kingdoms. When we recognize and fulfill this responsibility we will have the proper relationships with God and all creations.

Then we will be permitted to enjoy our spiritual nature, heritage and powers. Then also will all other kingdoms, for which we are governors and are responsible for aid in their evolution, come into proper harmony and balance. This book tells us how to achieve that, and more.

*A Mark-Age text for*  
**UNIVERSITY OF LIFE**  
327 NE 20 Terrace, Miami, Fla. 33137

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# Hierarchal Report

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A U T U M N      1 9 7 4      H E R A L D S  
2 0 - Y E A R      H A R V E S T      C Y C L E

*YOLANDA:* Friends, co-workers in the light, every known civilization, religious group, even the most pagan societies, have acknowledged an annual harvest period. It has become the symbol for reaping whatever has been sown during the year. In actuality it is the climax of all that year's hopes, desires, plans and physical necessities.

Officially, this year we entered into the harvest or autumn cycle in late September or early October. Even the citizens of the United States acknowledge this with the celebration of the harvest during a national Thanksgiving holiday. So, we of Mark-Age are sanctifying their celebration this year with hierarchal information which affects the thinking, the projections, the spiritual progress of all souls on Earth in these latter days.

We wish to share with you at this time some deeper and more immediate implications of what Thanksgiving and the harvest cycle mean to the spiritual program workers on Earth for the remainder of this century.

In the past several months, particularly since the autumn cycle for this year started, in many communions with our beloved Sananda (Jesus, in his last incarnation) I have been reminded repeatedly of two essential factors about the harvesting-thanksgiving symbologies for this Mark Age period and program.

First, Sananda has explained that during any natural harvest the reaping is of fruits on many grades

and levels. The farmers are obliged to separate those fruits into many categories. There are those which are the very best, the choice examples; these might be prototypes for new species or higher grades than expected. There are the fair or normal expected crops, which can nourish and sustain you; these actually pay you for the efforts you have expended in planting the seeds.

But also there are the unacceptable, the speckled or the spoiled fruits, which are best plowed back into the soil as fertilizer for the next crop. These are not worth savoring for any reason, for these might do more harm to you than good if you try to preserve them or to eat them in that state.

Secondly, Sananda has insisted that the autumn of 1974 heralds the beginning of a cycle of harvesting all that has been sown by the Hierarchal Board for the past 26,000 years regarding Earth's completion of the spiritual program inaugurated by the spiritual government of this solar system to bring the planet into harmony with the rest of the solar system. This, you must agree, is a very exciting insight and a potent concept.

When he first introduced this concept to me on September 25th, Sananda showed me a stalk of broccoli. This plant contains many blossoms. Each blossom contains many cells or parts. The spores of each blossom contain blossoms of their own. Each spore can sprout into another flower, independent of but coordinated to the whole. The symbol here is obvious. During the next twenty- to twenty-five-year harvest cycle of the hierarchal plan, each flower can produce spores, and each spore can sprout new cells and new flowers in due time.

#### HIERARCHAL DECREES & ANNOUNCEMENTS

Then, on October 2nd, Sananda began to prepare all Mark-Age workers with this thought: "The harvest cycle is upon you. You now will harvest, for the next twenty years, that which you have implanted for the past fourteen and a half years in the Mark-Age unit as an externalization for the Hierarchal Board on Earth."

He continued on October 5th, saying: "We speak of the cycle of the harvest. Truly it is a long-range harvest; not to mean a seasonal output of this particular year or moment. It is yours to reap. You are the hus-

bandmen, the farmers of my good crops. This is the spiritual food you must serve up. Encourage the nourishment of spiritual law and right action on this planet before you depart from it and I may return unto it. It is so written. It is so sealed. It is so contracted."

The preparation for this entire twenty-year period of harvesting the spiritual program needs and projects will be completed between Christmas 1974 and Easter 1975. A sanctum sanctorium — called *The Sanctuary for the Second Homecoming* — is the first step in anchoring the plans for the new I Am nation and all the I Am citizens who shall act as the farmers of those spiritual fruits mentioned.

For our Christmas MAM broadcasts, we at Mark-Age will share the instructions and the purposes of The Sanctuary for the new I Am nation, and the projections to be issued from it by Sananda, Nada and El Morya.

During another Hierarchal Board conclave on November 6th, Sananda presented the following guidelines for all of us who work as teachers, leaders and way showers for the spiritual forces in this solar system.

"It has been given before, it has been attempted before and it has been successful before in this particular solar system, but never fully implemented, recorded and achieved by man of Earth. Before the end of this century all will know and will find that these initial steps have been what is responsible for future fruits.

"All through the past six months we have created in your minds the important fact that the spring and summer of 1974 were cycles to prepare for the harvest of light workers upon the Earth for the remainder of this century. All will not respond to this call. All will not achieve the benefits of what we have come to prepare you all to understand and to respond to in your individualities, functions and responsibilities for Spirit, your own higher Selves, and mankind as a race upon this particular planet.

"But because a few fail, or even if many fail, it is not yours to seek the reason, to bemoan the facts, to retard your own growth and to stump your own achievements. It becomes necessary for the few who remain hardy and loyal to step forward and to perceive

what is indicated in these end days and the harvest of those works and projections.

"Even if the number be very small, the work will be accomplished; provided those in unification, and coordination and appreciation of this decree and announcement, continue to purify and to dedicate themselves to the unselfish task of sacrifice of individual and personal needs, glories and self-satisfactions.

"Those who may see this and become this in the end days of this project will benefit at the end of that time, and will have returned unto them that which they willingly and happily have forfeited. It is the cosmic law that works in this way, and has no implication of my individual promise or private agreement with you or anyone.

"But those of the light who work unselfishly for the light and in the light are those who receive the light and are glorified by reflecting it. That is the demonstration. Manifesting that, the glory is in igniting the light force in all with whom you come in contact by mind, by soul connection and by spiritual, eternal life force.

"So be it in truth. I am Sananda who speaks these words and gives forth this comfort, and now impregnates each one who is so dedicated to my Second Coming that his or her own second coming of light consciousness is automatically the result. Amen."

-- MAM #66A, week of November 24, 1974

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NEW PLANS FOR NEW YEAR  
DEMONSTRATE HARVEST CYCLE

*YOLANDA*: Happy new year, MAM light broadcasters. This is Nada-Yolanda, speaking for Sananda on the etheric, and El Morya-Mark here with me at the shores of the Atlantic Ocean in southern Florida. We three greet you from *The Sanctuary for the Second Homecoming* with great joy, optimism, hope, expectations and news about the Hierarchy's plans for 1975.

Let us all gather together as one unified network, this first week of the new year, to celebrate and to dedicate, in all ways possible and on all levels we can comprehend, for that which is to become the I Am nation in externalization.

If it appears to some that we are small in number and our activities are small in the eyes of mortal, material ways, be reminded of this fact: our nucleus must be solidified and purified and united totally before it can be allowed to sprout and to grow and to express in multiple ways in myriad avenues of energies.

The Hierarchy speaks to you of new dedications and services, and these duly and truly are promised. So, let us begin the preparation of new areas of consciousness, new areas of mental and physical growth patterns in order that each may see and be that which is the Christ in action in his individual life, and relate then individually to the whole and to each other one in that whole. For without this conscious endeavor and expectation we cannot mount and build what is expected of those who already are expressing their I Am individuality for the collective I Am nation and unity.

At all times this must be our goal and purpose for uniting through this MAM network; in fact, uniting anytime in this latter-day, Mark Age program, regardless of group and collective action here on Earth. Truly it now has begun, as promised.

Indeed, that which was promised to come *is now*. That which *is now* shall be planted and implanted throughout eternity for all men so seeking, so desiring and so expressing. It is in operation as of this moment in time through this trinity action of the Hierarchical Board in externalization at Mark-Age; through the expansion of the five divisions of spiritual government in action; through the works, the effects, the fruits of all those who go forth at this point, from this place, at this time.

The point is the new I Am nation on Earth. The place is within you: the sanctuary of your I Am consciousness. The time is *now*, beginning with this Christmas-New Year cycle.

In 1975, the Hierarchy plans to expand all five major divisions of action, to prepare guidelines for

light workers and groups to use so that each in its individual way can express the highest intentions, standards and qualifications for I Am activity through the mortal, material means now functioning on the Earth. This is necessary so we do not destroy the old in the process of building the new. New guidelines will be established for MAM, MAIN, Healing Haven, University of Life and Centers of Light.

The Hierarchy's plans are not new, since nothing comes from nothing. All that is new is drawn out and evolves from that which is old. We have distilled the best of what we have learned in the past fourteen to fifteen years of established hierarchal action on Earth through Mark-Age, and begin anew with renewed faith, renewed understanding, renewed energies.

The Sanctuary, which has been provided by Spirit, is a planning center for this new level of consciousness and our new areas of activities on a new and higher plane of positive physical manifestation. Purposely its site is on the shores of the sea. For all physical life on this planet has evolved from out of the sea. The sea cleanses, nourishes, and then sprouts forth new ideas from which new life forms develop.

In this respect, Mark and I have been guided to expect that light-body anchorings for those who are the purified nucleus of the I Am nation will begin to take on real, manifested form during the time we work silently, creatively, consistently here at *The Sanctuary for the Second Homecoming*.

As you already have surmised, the name *The Sanctuary for the Second Homecoming* implies that it is the second try on this planet to anchor and to hold steadily to that light form, the fourth dimensional frequency body.

Nothing really can halt the incoming vibrations of fourth dimensional frequency on Earth. But how many can sustain and can work with the energy level which this represents? Our entire dedication is to visualize, to work with, to aid in whatever ways are possible through Spirit and the agents of Spirit all those who are physically embodied on Earth during these end days.

That means that the Hierarchal Board — overseeing and guiding the evolutionary progress of mankind in

this solar system — has provided a program, a very concrete plan of action, to assist those who wish to be assisted and who will do whatever is necessary to aid themselves in this upliftment, this evolutionary process of going from third dimensional (material) frequency into fourth dimensional (spiritual) frequency.

As we stated numerous times before, the five divisions of Mark-Age are the five avenues of executing the power of spiritual life on the Earth. They are designed to bring all this information and assistance into actual reality, to focus it so all who desire to grow and to evolve into spiritual consciousness are given sufficient opportunity to do so.

It must be remembered that we can only offer opportunities, teachings, information, guidance. At no time may we, as masters of spiritual consciousness, force another to drink of these life-sustaining waters we pour out upon the Earth.

Through the five avenues of hierarchal action on Earth in these latter days, the light bodies of the 144,000 will be anchored and will be demonstrating. It will begin in 1975. Already we are seeing demonstrations of this. Much more can be expected to be shared and to be explained in explicit fashion during the next year, and all the years to follow.

The first fourteen years of the Hierarchy's program for the Mark Age period of time has ended. The planning, the explaining, the preparations are completed. The works now truly begin with this New Year meditation through the MAM network of light servers.

Like the sun which rises from the East — seeming to spring up from out of the sea — so we of the I Am nation say to all mankind: arise; arise and light up this world with your inner light of I Am consciousness. Man is a son of God, just as the sun is the light of our solar system.

Come, all MAM broadcasters, join Sananda, El Morya and me here at *The Sanctuary for the Second Homecoming*, where we daily watch the sun rise up seemingly from out of the Atlantic, and shed life and light throughout this world. Let your light shine. Let your light transmute your consciousness from mortal ways and means into spiritual dedications and services. It begins *now*.

-- MAM #68B, for week of December 29, 1974



## BUILDING THE I AM NATION

LET US JOIN HANDS IN SERVICE TO EACH OTHER. For we have joined in unison for upholding, uplifting the law of Christdom, Christ life as it is to be lived on this planet in this time of appropriating divine energies unto ourselves for dedication, utilization, familiarization. The Christ within speaks to you, embodied representatives in my circle of attending elements, utilizing me as I Am spokesman for you, in company with you for familiarization and growing in like manner. We have come together to gather and to sort out and to appropriate each other, each divine energy to be felt, witnessed and called upon....

Upon this day the I Am comes and sets forth this dedication to you in oneness. As I hallow your singularity in purpose and motive, I call to you my assignment of utilizing you in your essence, in your quality for higher purposes. For that door has been opened and we have been called for higher purpose, to be used in nature for a higher command performance.

We leave behind our comfortable corner, nook of situating elements for reasoning, recalling, recollecting, rectifying. For we have rectified natures beyond this score. We have reasoned beyond this scope and have settled ourselves into comfortable compromises.

BEYOND THIS CORNER LIE IN-DEPTH SITUATIONS that await us, call to us for correction. We can stream forth, stream out from this nook of comfort and assign ourselves to challenges to be met by the Christ. This is the goal of the Christ: to accomplish, to work, to pledge, to esteem, and to avail himself of man's prob-

lems; to heal them, to cure them, to mend them in this time of assailing minor actions with major appropriations, major decrees, major gifts of God in action.

We are called to action by the I Am collectively, respectively interacting with you through the Christ nature, blending with you in this nature. We must take upon ourselves in this company a more perfect role, a more perfect recitation of Christ commitment. For we have made commitments to the Christ individually, collectively. The I Am comes and knocks at your door and listens for your footstep, and the opening by you of that commitment to me as I speak to you from the Christ angle.

Why have we gathered here in this setup, this angle of living and acting-out? Why have we come together to breathe and to interact, to share and to spark and to assign, if not to grow and to leave behind old patterns of indepthness and to increase our stature and to increase our dimension? We have assigned ourselves to each other in this growing pattern; to encompass each other and the all; to take upon our shoulders many things, many details, many facts of appropriation, dedication, consecration.

The I Am comes in this pattern of appropriation and dedication, familiarizing you with this appropriation of you by the Christ who speaks to you and appropriates for you higher things, higher expressions. I say I come to you to assign you to more particular action in beholding me and standing up for me and speaking for me and gathering unto me those energies that will interact with me and will call my name in reverence. I say I am with you, my brother in Christ effort.

As I assign myself to you in this stance and stead, I remedy weaknesses, heal misappropriations, cancel illegalities. For the I Am tolerates none of this, and will cancel your mortal tallies, your subscription of inferiority, your conscription of inferiority. These cannot be hallowed, they cannot be accepted. It will not be tolerated by the I Am which calls forth to you for superior quality and which manifests superior quality. This is our right, this is our goal, this is our accomplishment.

WE, THE COLLECTIVE I AM SELVES, are to utilize our highest devotion, our highest quality for manifesta-

tion. We have been called forth to witness man from the standpoint of igniting him. To ignite and to engulf him in the I Am significance is our mission. We are to assign him completely to this cause and to effect it. We are to cause within ourselves the delaying of inferiority and the emergence of superiority.

We are to relay and to relate on superior terms, not dedicating ourselves to minor, inferior terms. For this is not the growing angle or the growing aspect. We have dedicated ourselves in finality. We have accepted finally the finality of accepting superiority. We have relinquished all claim to inferiority in our midst.

We dwelt in these halls of accomplishment long enough. It is time for us to grow up, to accumulate, and to graduate into high school. We are to take on the high Self responsibility of teaching, expanding, igniting, growing; manifesting for the high Self that way, that truth, that living, and to be steeped in it, to be consecrated in it, to be living in it.

Out of this time I come to announce my intention of igniting and displaying amongst you that demonstration of rallying forces here, of calling together on the inner planes those hearts and minds that have been assigned to service with me. As I commence this action I set into vibration that call to attention of those souls manifesting in relationship to me and my accomplishment.

I ask for significance, signals to be retaliated by you and commenced by you. I ask for acceptance, and signal that acceptance. I will take unto my bosom those matters of men that will acquire unto themselves the multiplication of divine intention.

The I Am speaks of its mission of building and expanding mutually for the Christ. It ignites that spark, sets it off, builds it, releases it. It will resound and it will reach out to fall upon your ear. I call to you, man on this realm, to answer my call as I speak out through this voice and party, participating on this plane in sisterhood relationship.

I say to you the I Am has come to this realm to serve, and knows no bounds of sex or iniquity. For the I Am is pure light and will not affiliate with indif-

ference. The I Am is pure essence. It combines with your light and stirs within your creativity that pure purpose of assigning and calling out and decreeing to each man as he relates to me, that he is to come unto me in answer to this call. The call is sent. It is heard and it intones and it reacts and it vibrates. It will reach the corners of this resource. So man, know that you have been signaled and that you have been called from the I Am station.

We are here to consecrate and to dedicate the *I Am nation*. It must be built, it must be multiplied, it must be manifested. You are to be the manifesting agents. Take hold. Take your will and manifest it for the Christ. Leave it not dangling in part, without partnership with the I Am. For I am a spokesman for the I Am. I am the I Am. I will build the *I Am nation*.

FROM OUT OF THIS CORNER OF SANANDA'S CREATIVITY I speak to him and pledge to him my discipleship and perfectness. I say to him I have agreed. And I have accepted to acquire for you this discipleship here, in this town, in this city, in this state and realm of the New JerUSAlem. I plant in this corner, in this mountain, at this peak of individualization and Christ-ivilization, that the Christ in me has emerged. It will merge and will blend, will create and will mount, will esteem and will dedicate this *I Am nation*.

Sananda, I am enacting this for you as your representative and agent. I consecrate this in a dual manner: dually acting as your Christ cousin, your manifested agent. I will enact for you and will purify for you, and will send for you to these souls that purifying action as I enact it. I pledge to you that I will live to the letter your emblem, your pledge. It has begun here. I dedicate it here and consecrate it here and pledge it here. The I Am has emerged, and speaks and blends and declares it has spoken for you.

Let us all in the I Am consciousness join hands in this consecrating ceremony as we manifest the light body, as we multiply these light bodies, as our light bodies gain strength and emerge and speak. For it must be known and it must be felt on this plane. So the I Am speaks and so it is, as it decrees and sings out to the I Am from the I Am.

-- November 1, 1974; Minneapolis, Minnesota



# PROGRAMS

## THE LAST FLING

*YOLANDA:* A most important task we have as light workers are the problems facing mankind as a race in these last throes of mortal consciousness expressing in the third dimensional frequency, as we go into the fourth dimensional etheric consciousness or light body.

One of the things we have to consider and to work with is the mortal reaction to coming into a new level of consciousness and the spiritualization of any area of life. Mass consciousness is going to react to the light in a number of ways. We want to be aware of them. We want to know how to handle them.

I call this the last fling. Anyone who has been on a diet knows exactly what I'm talking about: I'll have that one last binge before I start my diet. Or, an alcoholic might say: I'll have one last drink before I join Alcoholics Anonymous; one last drunk.

Mass consciousness is doing the same thing. You can see it all around you: hate, violence, sexual promiscuity, negative thinking, hurts, negative energies. It all represents a subconscious awareness that this type of thing has got to go.

It is going. We, the light workers of the world, are prepared to see that it does leave the planet. There is no other choice. But how do we deal with this in ourselves? How do we deal with it in the community where we are? How do we deal with it on the mass-conscious level? There is no other way but light, love, and implementing of truth principles.

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Too many in light work are ready to condemn, to analyze, and to put forth all kinds of mortal excuses. We argue among ourselves: this is the reason for it, because of such and such; if I get there in my profession and put this down, if I make this law, if I go out and demonstrate, if I carry this banner, if I fight with my mother who caused me to be this way, it will change everything.

It won't change anything. Light workers know this. If you are a light worker, there's only one way to work: in the positive way; implementing into mass consciousness the light, the truth, the higher functioning of the God Self within each person.

Mass consciousness: that's not just a word; these are people, these are souls with individual problems. They've congregated on this planet to overcome this. So, how dare anyone lump them as southerners or northerners, or Germans or Japanese or American Indians, or anything? They are people, souls in agony. They weren't always black, white, red, Jewish, Catholic, Buddhist, men or women. Every child has been an adult in another incarnation, and every adult has been a child in this incarnation. All have been many things and can experience many things.

#### YOU ARE SPIRIT

Let us know, as light workers linking together, that we must help eliminate as much as possible this desire for that last fling and that last binge as mortal beings. Let's project together to every one of these sisters and brothers: you are Spirit; you don't need that last fling, it will get you absolutely nowhere; you don't have to have that last drink, that last sweet, that last sexual binge.

We must impregnate into these soul records, into the subconscious mind of each individual, that it is Spirit in them that is the last fling. That is the last place to go. It's the only place to go. It's the only real and lasting experience each and every one of us is ever going to be able to work with and to hang onto and to enjoy.

This planet does not need to go through that horrendous experience. If we do our job properly, light

workers and friends, they will not need to have it. It's our responsibility. That's why we're linked together. Let's mentally and spiritually hold each other up, give each other strength; and in this unification and in this linking send out the thought, that each soul is capable of picking up: you are a child of the everlasting God Force; this is the first and the last place, this is the first and the last experience, this is the first and the last of all your being.

*MARK:* As in all MAM projections and power broadcasts, we consider what we do to be as examples for others, and to help plant it within the mass consciousness so that the masses, each and every person on and about the Earth plane and in the astral planes, will begin to do the same within their own consciousnesses, and thus to bring it into effect, to help leaven the masses, to help raise them into a higher level of consciousness and action; thus fulfilling their own spiritual natures, talents and powers for the purpose of being co-creators with God and doing that for which we were created.

Therefore, in this instance of considering that much of what man of Earth is doing at this time is for the purposes of a last fling, let us again use ourselves as examples. Let us go within our own consciousnesses, within our own memory storehouses, and seek to know and to correct those things which we feel might be what we are doing merely as last flings; knowing consciously or subconsciously that we may not be able to do them much longer, and therefore perhaps we have felt that we might as well have that last fling, for it would make no difference anyway.

Let us examine carefully many of those things, if not indeed all of those things, that we really enjoy doing. If they are good, profitable and spiritually proper, let us continue to do them so long as we might have the opportunity to do so. But if we feel that they are not necessary — and here we are not asking ourselves to abstain from all pleasures, by any means — then let us set about eliminating them, thus allowing us to welcome new experiences and opportunities within our consciousness for Spirit in action as and

through us. As we do this, know that we are doing it for others.

Then we project out to the masses those major areas or major things which the masses themselves need not continue to adhere to as last flings, but instead can get out of their systems and can get on with their spiritual development. Thank you for your participation in this examining of your own mental storehouses and this setting the example for the masses.

-- MAM #46B, week of February 24, 1974

## P U T T I N G      R E L I G I O N      I N P E R S P E C T I V E

*MARK:* So, you are one of those members of the Mark-Age Meditations network? What is that, some kind of a religion or a church?

Quite likely you have had this asked of you, or people have thought about it, or you have mentioned it or have thought about it as though it were a work in itself. Is it a religion? Is it a church? Is it affiliated with some church? No, it is none of these; and yet, it reaches through and works with all of these.

For many years I have said there are two things I had learned not to talk about with friends, or even acquaintances, for they were sure to produce arguments much of the time: religion and politics. It might seem a little difficult now not to be speaking of religion, or at least for people to hear me say that, for the whole nature of our work is spiritual. But we don't consider it religious. We consider it spiritual, which means it is not affiliated with any one particular religion or church; although we do seek to live with all of those which have true teachings and are really trying to put them into effect.

Nevertheless, even that is not the subject of this broadcast for the MAM network; but rather, the subject of religion, of man understanding religions and putting them in proper perspective and understanding within his own consciousness and in his working with them; and in his working with other people who may be of a different religion, or the same religion but with a different connotation, or perhaps of no religion at all.

How do we understand these things ourselves? How do we put them in perspective when we are dealing with other people, and in talking with and instructing other people?

### RELIGIONS ARE MAN-MADE

First of all, it should be obvious to each of us that religions are man-made. We are not working with religions in that sense; excepting as people are members of religions and therefore, in many cases, sometimes too much so, have strong religious convictions; blindly, oftentimes, because in some avenue such as this man oftentimes — I'm sure it applies to all of us at some time or other in the past, in this lifetime, and in former lifetimes particularly — has not thought much about religion. We are tending to put that in a category by itself, as something you dare not discuss, dare not talk about.

That's been changing quite a bit this past decade or so. People are more free to investigate and to talk about religions. This is good. They may not come up with the right answers all the time, but at least they are searching, they are questioning. Why?

You and I know why: because this is the time for change. This is the time, this latter-day period long-prophesied and spoken about, when man would begin to have revealed to him for examination all things of the past. And certainly one of the major things of the present and the past is religion; its understanding — or, in most cases currently, but not eternally, lack of understanding — of God, and therefore of the particular religion he follows as concerns God.

We know that those who have lived on Earth through many lifetimes, in the last thousands of years particularly and beyond that, have been members of various religions. Therefore, although they may be devout to or even vehemently adhering to one particular religion in this lifetime, it may be one that they were totally against in a prior lifetime; or they embraced something else, if indeed anything at all.

Nevertheless, what we want to be concerned with here is understanding of religion, in the sense that they are individual viewpoints of God and of spiri-

tual behaviors, spiritual attitudes. Men — or some men, rather — have brought forth books or bibles for their particular religion which may have set down what they understood; or possibly even what they knew from the higher consciousness, at least partially intuned with it; or what they have received from channelings by such as Nada-Yolanda and others, perhaps such as some of you bring forth in your communications with your high Self or with those from the higher planes.

We must learn to understand, therefore be able to use when speaking with others and at least to project out to others in the mass consciousness, that religions are man-made, they are man's interpretation; and that others do not have to be bound as though it were a matter of life and death, as has been in millions of instances throughout the history of man on Earth, by what one person thinks of as being the law of God, when really it is just that person's own interpretation of it.

We are not in any sense advocating that people turn away from religions. We are only asking them to understand their own religions. Many times over the years people have asked us what our religions are; or what we would advocate for them, as to whether they should continue in their religions or what church they should join, if any. Our answer always has been, and will be for some time to come: if you are in a certain church now, if you enjoy being there, stay there for the time being and for as long as you wish, for as long as you feel it is right.

Get what you can from it, though. Understand it from a higher understanding. See its limitations. Realize that it is man-made. Look deep into it with your metaphysical, with your spiritual, understanding. Measure it by what you are learning through Mark-Age and other organizations, and teachings that come from Spirit; and particularly from the Hierarchal Board, those on other planes at this time. Think about these things.

#### SEND OUT YOUR THOUGHTS

Project this thinking into the subconsciousness of all members of your church so they too will have a

wise understanding. Utilize it in speaking with your ministers, your priests, other members of your congregation. Many of you already have done that. Sometimes you met with resistance, but not as much now as you used to. Many of you report that you're quite pleased and thrilled, even amazed, at how your ministers and friends oftentimes are coming around to want to know more about Mark-Age, or at least to know more about what you think, because they see dramatic changes in you.

Spirit within them is stirring the mortal consciousness so that they are beginning to ask. They know something isn't quite right. Perhaps as you speak or as you demonstrate, something within them says: this person has something I should listen to. This is Spirit within them telling the mortal consciousness to listen to Spirit within you, or within what you know, or what you can put in their hands and in their consciousnesses.

Think of yourself as an agent of Spirit to reach through to them. You are not proselytizing, you are not trying to convert them. But you are trying to awaken them to search within themselves, within the religion they teach or are following, and without in other books and in other teachings, to find the true spiritual information they are seeking to utilize in their own lives.

#### SANANDA'S PROGRESSIVE ROLES

One other thing we are concerned about is putting religions in proper perspective. We know in Mark-Age — and we hope most if not all of you accept the fact — that there have been various leaders of religion who are seemingly different in the outer world, but who in actuality have been the same entity. Sananda, we are speaking of now, who is the Prince of Earth, the spiritual ruler of Earth, one of the Council of Seven or the Saturnian Council of the Hierarchal Board for this solar system.

We know that he came and gave teachings as Gautama Buddha for the East, he gave teachings as Moses, and he gave teachings in his last incarnation as Jesus of Nazareth. These three religions embrace the majority

of man on Earth by far; not just now, but those who have been members of those religions in ages past, in prior lifetimes.

Perhaps you, or at least a majority of people on Earth, may have been members of all three religions. So, you and they have within the memory storehouse, within the akashic record, identifications with these three major religions. All of this will be of value to them, will have great and deep significant meaning, when it comes time for their own spiritual awakenings. It will be easier to make these bridges.

Of course, there have been many other wonderful spiritual leaders, too, who have brought forth teachings. Some of those would be surprises to you, to all of us, in some instances.

Nevertheless, if religion has truth in it, work with it. If you are a member of that church, stay with it as long as you feel comfortable. But when the time comes for you to move on to something else or to come out of that religion, don't let yourself be held back by any misgivings or any feelings of condemnation or damnation, by yourself or by others. Do what you feel within you is spiritually right.

However, know also — as we have pointed out continually, because we have been told this from the higher planes — that if you are a member of a certain religion, as well as of any other group, you are able to work effectively with all members of that religion, past and present, through your projecting to them; because you have a common bond, a common link, with the members.

You can in effect speak to and for all of these people, in helping them to understand better their religion; to understand that their religion is not the only religion, or even necessarily the best religion, but only one religion. Then eventually, in this or some other lifetime, they will grow out of that into something higher, into a deeper understanding that they should not bind themselves by the tenets of that particular religion but should be free to move on and up, now as well as later.

Project the idea to them, as well as to yourself first, of putting these religions in perspective; of

seeing one working with the other and not against the other, not competing for men's souls but each one helping man to come within to his own soul record and thus pick up the connection in consciousness with his own high Self, his Christ Self.

So, we put it in perspective in this particular way also, by indicating to these people that all religions have merit, that perhaps they will move from one to the other; but at all times that they should gain the best from their religion; and, if they are so inclined and bent in that particular way in a religious manner, to seek out an understanding and a perspective of other people's religions too. We know many of you are doing this, many have done it; particularly many of the youth are looking to different religions today to find something that perhaps they can believe in or work with.

Therefore, this is a proper endeavor, of an intellectual manner as well as a religious manner, to delve into the understanding of one's own religion; and to put it into proper perspective in his or her own life, and in relationships to other religions, in relationship to other people. Give other people the opportunity and the right to believe in their own religion. We don't have to argue about it with anyone.

#### NO RELIGIOUS CONVICTIONS

On the other hand, there are those who profess to have no religion; and indeed don't have a religion now, or at least don't belong to one church and don't intend to. Alright, that's fine too, for this time. Perhaps that person was over-zealous in a religious sense in a prior lifetime and is now at the other end of the scale, balancing it out.

As we have observed many times in the past and have said quite often over the years, sometimes it is easier to talk to a person who is not bound by any religion now than it is to talk to one who is still bound by a religion, because the person who is perhaps a declared atheist or agnostic or whatever, or just doesn't particularly go to church now or believe in certain church principles, has no, what we would call in modern terminology, hang-ups. He is free to listen, to

make some choices, without believing that his soul is linked now and eternally to one particular belief.

Therefore, let us keep in mind that this is the time to be spiritual. Think about religions, yes. Continue with religions if you are in them, yes. But understand your religion, understand other religions. Put religion in perspective in your own life, in other lives, and amongst other religions and other teachings. Let us do project to ourselves and to others for understanding religions and putting them in proper perspective.

-- MAM #54A, week of June 9, 1974

## L I V E      T R U T H      D A I L Y

*YOLANDA*: Throughout the ages, when anyone has been called by Spirit to service for Spirit, there has been a consistent cry of such sages or prophets or channels or light workers: what can I do; what can one person really do? With all the messages that are received, with all the demonstrations that are made, with all the great effects that are brought about by Spirit through an individual channel or person, the cry still seems to be consistent: what can I do; what can I accomplish; what can one person really effect in the masses?

Now that we light workers are unified and linked in MAM and the Mark-Age Family in order to do something, we have been called to accomplish something to make a great change. We need an answer; and that answer has been consistent throughout the ages: live what you know to be truth.

### RECENT WARNINGS

I bring to your attention the story of the four children of Garabandal, Spain; peasant children in the midst of Catholic Spain who had many apparitions of Mary, many experiences of Jesus and Lord Michael, many warnings, many lessons, and much physical proof that they were having some out-of-the-ordinary spiritual phenomena in order to awaken the world.

According to the diaries of these children, partic-

ularly Conchita Gonzalez, Mary reportedly said to her, "I have said all that I intend to say. Now live it, and tell the world to live it. You have not lived the truths we have been delivering all these ages."

She was not blaming only the present civilization, but those of all past ages, and all the people, including the church. She was asking the children to tell of this event, this coming New Age, these experiences. She was leaving no one out, priesthood or followers. She was indicating in her message that the people were as much at fault if the priesthood fell as the priesthood was at fault if the people fell.

Why do I bring out this particular example, since most of us who are in this level of truth work are not particularly involved with the precepts and the practices of the orthodox churches? The same applies if you are a light worker, a light teacher, a channel, whoever. If you are not demonstrating and living that which has been given to you as truth, you are not doing your part.

There's another aspect to this, one of principle. That is, living it in the world, although you are not of the world. Mary's message was for a lifting of the priesthood as well as the people who follow the precepts of the church. She was saying that there were those in and outside of the church work who are equally responsible, who are demonstrating or living the law. Each has his own particular function.

Conchita thought the best way she could demonstrate or teach or show humility for her experiences was to join the convent, with the intention of becoming a nun. One day Jesus came to her, she said, and asked what she was doing there. She said she was going to become his spouse, to show her appreciation and dedication and to teach the people that what she had experienced with him and Mary was true.

He replied that he never had asked her to come there. He had called her because he wanted her in the world, not apart from it. She was looking not for ease or reward, but was just feeling that the pious way she could serve this experience and this special calling was to set herself apart and to live that type of life. He told her this was not her mission. Her mission was

to be out in the world, demonstrating and living those things which he and Mary had brought to their attention.

He said it would not be easy, that she would suffer all of her life. But her reward would be in heaven; or the life hereafter, as he expressed it. She asked why. He answered that such is the way of the world, not because she deserved to suffer. She would have to prove herself in this lifetime first.

#### LIGHT WORKERS TAKE HEED

This may be too extreme or orthodox an example for some. But it is the same example light workers have to fulfill in this age. None of us are going to have crowns put on our head. Not all are going to be group leaders, teachers, channels, prophets, healers. Some of us are called to live in the world and to work in the world; but to live that which we believe.

Many teachers, healers and prophets are not living the light as we understand light: demonstrating in their lives, in their actions, through their words on the personal level, that which they know is truth and light.

Regardless of the profession, the trade, the circle, the circumstances, even amongst our own families, how many of us can say that the way we live, talk and act is an example? Do we impress others so they say: there must be something to what you're studying or talking about that's special, because you're different, you're better, you're demonstrating something.

They may not follow you. They may not think you're making a lot of sense. They may call you foolish, naive, immature. But in the long run they're going to know there is something apart, different, special, unique in the way you live truth. There is no other way for a light worker to express than to live the light and the truth, and to demonstrate them in his personal affairs and relationships. There is no area of human endeavor that does not need the light, that does not need this demonstration.

Too many spiritual workers are guilty of spiritual pride. When you have spiritual understanding and enlightenment, and you then develop spiritual pride because you have gained these things, there is where the

biggest fall comes; in thinking that others are ignorant but you are not, for you are enlightened.

Too many spiritual workers have come into some amount of knowledge and understanding, and then look down at the laborer, the farmer, the sales person, this or that profession, religion, political party, race, nation, or what have you.

We know, and have seen demonstrated throughout the ages, that Spirit calls those in every walk of life, in every form of physical endeavor; even those that are dishonest. Didn't Jesus help the thief on the cross? He didn't eliminate those who were unenlightened or in error.

How can any of us in this spiritual work ignore any area of human expression? We must realize that light workers are in nearly every field of human expression, every part of the world, every level of education, every profession.

Live, demonstrate and be that which we have been asking man to be since the beginning of time, that which he truly is: a child of the Father-Mother God.

-- MAM #54B, week of June 16, 1974

## I N - L I G H T - I N

*YOLANDA*: A light worker is one who works in the light, with the light, for the light. Nothing else matters. No other thought ever must enter the consciousness, no other desire ever must be the purpose, no other function ever can supersede it; regardless of what you think intellectually, emotionally or personally; no matter who you are, no matter what position you play upon this planet.

What does it mean to be in the light? It means you were created of the light which is God. You never can be out of the light, because the light is in you. No matter what you've done, no matter what you've thought, no matter what you've said in this life or in any past life, you still are in the light because you are of the light.

A light worker works with the light. There's no other way to work — not intellectually and not emotion-

ally — no matter how much a problem aggravates the personality you are expressing. You can work successfully only with the light, which you have in you. Since you never can be away from God, you must work with the light, you must work for the light.

Many of us have wondered what we are doing here, what we are accomplishing here; and how nice it would be to be some place else than on this messy Earth which is going through a most despicable cleansing period.

We are here for the light. That's the reason we've been born. That's the reason we are light workers. This is the reason we chose to come, regardless of who we are, no matter how evolved we are, no matter what revelations we have had in our meditations about the place where we came from and to where we're going. We came for this purpose.

#### SPIRITUAL CODE

There is a special code that was given to me: Enlighten it. Spell it: I am light, I am; in-light-in. What can you do with this code? I am in the light, and the light in me is in all other things that I see, that I touch, that I think about.

You have a problem? Someone aggravates you? A situation is not the way you like it? Your body hurts? Your mind is confused? The place where you are at the moment, be it job or school or family or society or community, is not to your liking? In-light-in it. You have no other choice, as a light worker.

See the situation. See the person. See the condition. You are in the light, therefore the light in you puts the light or sees the light in that situation, person or condition. There can be no other choice for you. You are not allowed the privilege of griping, of saying critically what the other person or what that situation has wrong with him or it. You do not have that privilege if you're a light worker. This is the discipline, this is the difficulty.

This is why we link together in this network of light workers, in this Mark-Age Meditations network: to give each other strength and courage, and to hold on with everything we've got, to see that not only I do this but my immediate associates do this; and that ev-

ery single one of you hearing or reading these words does the same thing.

For only in the unification of the light workers are we going to be able to eliminate those things that we feel critical about or that we don't like anymore or that we don't want to see manifest any longer. We are in the light, and in that enlightened consciousness we must see only the light in every other thing that exists, be it a person, a place, a situation, a condition or a lower kingdom. That is our power and our privilege, to raise those of other conditions or of lesser understanding.

### PERSONAL VIEWPOINTS

Let us view our own problems, our own points of difference, criticism, aggravation. First, see the personal and private screen every one of us has. We call it the third eye. I sometimes like to think of it as our inbuilt television, our private channel; which it really is. Each one of us is a channel, therefore each one of us can turn that channel on to our link with God, the God Self within.

Turn on your television set. Open your channel. Picture there the person or the situation that seems to trouble or to disturb you. You know you are in the light. You've opened the channel, therefore the channel is now enlightened. On that private screen or your third eye, put the person or the situation. See the light in him or it. That person or situation was created by the one Force that exists: Light, God, truth, reality.

No matter what is manifesting on the outer, that person or that situation has God within. It is your privilege and your function as a light worker to see that light. Put that person or situation — acting, reacting, performing — in the light, as you yourself are in the light. That is your function. What you're doing is light work. Put that person or situation in the light. See the person or the situation in the light. You've turned him or it on.

We, as light workers in this network linked together are giving you strength right now. I am giving you strength, even though I don't know the name of the per-

son you're working with or the situation that is difficult for you in your life. I'm amplifying, I'm strengthening, I'm putting my life in your situation.

So are all those in this room where I am speaking. So are all those linked together in this Mark-Age Meditations network. So are all light workers throughout the Earth, aware of Mark-Age and of this network or not, doing the same thing. They are giving you power, strength, and desiring your allegiance to the light. They need you to do this. You need them to help you. Here is our strength: in unification, in linking.

Take that same person and that same situation, and turn on your channel of light. Put them in the light, working with them in the light, praying for them in the light, knowing that the light in them is operating; for you will see it no other way. Do this at least once every day and you will see a change; not only in yourself, which of course is extremely important, but in that personal situation where you have put that much energy, that much thought, that much love, that much light to in-light-in it. It is enlightened, and you are enlightened because of it.

*MARK:* To work with this special spiritual code to in-light-in things, people, situations, let us consider this. Know yourself to be in the light of Spirit. Know that Spirit Itself is light. Therefore, since we are part of Spirit, each one of us is in the light of Spirit, and the light of Spirit is in each one of us at all times.

So, as we think of it at first — knowing that eventually it will become somewhat automatic and will not have to be repeated — let us consider ourselves at all times as being in the light of Spirit, and that the light of Spirit is in each. This Spirit is all that is, really. And since Spirit is in all other persons and all creation, we know this light of Spirit is everywhere. Thus, as we can see ourselves in this light of Spirit, as we can see Spirit enlightening us from within, and as we can see each person and each thing and each event in the light of Spirit, this is what we eventually will come to see and what eventually will come to be for all mankind, for all creation on the Earth, for the Earth itself.

As we become proficient at this, as we have this policy of seeing the light of Spirit within us and seeing us in the light of Spirit and seeing all other persons and things in the light of Spirit and the light of Spirit in all other things and persons, we will be able easily to place persons and situations, all creations, in the light of Spirit; to see it in the light of Spirit enough to know it will be in the light of Spirit. Let us do that now, and at all times as we think of it. In-light-in it!

-- MAM #56A, week of July 7, 1974

## M A N - M A D E L A W S

*MARK:* Co-broadcasters of light in the Mark-Age Meditations or MAM network, the subject of this meditation has to do with man-made laws. This is of special interest to me, since I am a worker on the First Ray; which has to do, among other things, with the spiritual laws or the laws of God, divine laws.

We're going to talk not about divine laws as such, but rather about man-made laws, especially pertaining to the way man on Earth has been and is making his laws and the way he apparently seems content to continue doing so for the time being, at least until man becomes so spiritually awakened and illumined that he will begin to do things in the proper way.

This is what we consider a most important step in helping to set the pattern for man to begin thinking about his laws in this way. Therefore, we direct this not just to our own local, national and federal governments but to all governments of all levels throughout the entire Earth plane. We see this as a standard and we set this as a standard.

We ask, in this consciousness of spiritual light workers, that all persons become attuned to this way of thinking; not just those who are the lawmakers and the law enforcers, but those who are responsible for electing or for allowing officials to be in such position of being in authority as pertains to man-made laws.

## CREATING NEW LAWS

One of the most important things that occurs to us in this is that the only or the major purpose of so many law-making bodies these days seems to be that of making new laws or of rewriting and rearranging present laws. Who could keep track of all new laws? How many laws do we individually and collectively break each day just because we are not aware of those laws?

Of course, all of those laws do not apply to each and every person, for some have to do with certain acts, with businesses, with different categories. But nevertheless, in one way or another they do affect us, each and every one of them; if only in the sense that we all are a part of the brotherhood of man of Earth, and therefore what does affect one does affect others.

We're not going to consider, during this discussion, whether such laws are necessary or not for certain peoples. There still are those individuals, those companies, those governments which seek to take advantage of other people, either through criminal acts or through monetary desire or desire for power or for whatever special interests they have. Unfortunately, at this time many of our laws are necessary to protect individuals, citizens, even groups, from attempts by other persons to take over some of the rights each person should have.

What we want to speak of here is the vast number of laws that lawmakers continually are putting on the books, giving more things for people to be restricted by, to be bound by, to be obliged to.

In this aspect come also those laws which are being changed continually. In other words, there may be a law one year that pertains to a certain thing, be it taxation or otherwise, and yet in the next year comes another law which reverses part or all of that law, and thus perhaps makes it permissible to do now what you could not do before, or vice versa.

## PROPER INTERPRETATION

This should not be necessary. For if man would interpret his laws properly, the same set of laws could apply almost in all cases continually, year after year.

This is what we are striving for: a minimum of laws, to give man those rules by which he should operate, and laws that are not continually changing.

Getting back to the growing number of laws on the books, we would like to see lawmakers become more and more interested and active in taking archaic laws or laws which no longer are effective or laws which no longer are good or valid or purposeful off the books. Let us project to lawmakers as a whole that they spend perhaps an equal amount of time searching our present laws with the purpose in mind of eliminating them, of simplifying them, of changing them, of decreasing the number of them.

Let us project this thought to all lawmakers in general and to all lawmakers in specific cases, as perhaps you are able to get them or as you can work with them in projections in your own towns, cities, states, countries.

Please, lawmakers, let us be concerned with taking laws off the books, so as to decrease the hampering nature of their effect on man of Earth. We're not speaking so much of those laws which are necessary to protect against those few who wish to take advantage, for in time that will take care of itself. That is to say, in time all man of Earth will be interested only in spiritual aspects of his nature, and therefore there will not be restrictive laws needed.

Another aspect of so many laws on the books has to do with so many laws in so many different towns, cities, states, nations that put restrictions on people in one area where they don't apply to people in another area. Since we belong to the one race of man, to the one brotherhood of man, we do not feel, for example, that even in our United States there should be fifty sets of laws covering the one situation, whether they be car-driving laws or on any other matter.

It is true that there are needs for special considerations, for special regulations in certain areas that may not apply to others. But how can one truly be a citizen when in one state he might be abiding by the law but in another state, by doing the same things, he might be violating the law? It just does not make sense, does it?

## PROJECTING PROPER IMAGE

On a worldly aspect, since we are all of the race of man, equal citizens therein, we do feel that all citizens of all nations should have the same laws throughout, at least in the major areas; recognizing again the different cultural or ethnic or national interests to some extent, but not to the extent that they are at this time. So, let us project the idea that there should be more uniform laws, not more laws in abundance but more uniform in nature, throughout this state, this nation and the world.

Too many laws are passed for the sole purpose, it seems, of placing restrictions on other people. Let us project the idea that no individual or group of individuals should so want to exercise authority for the sake of authority or power or financial gain over other people that they should make these laws restrictive.

One of the greatest discrepancies we see in laws is that so many of them provide penalties for mankind, threats of imprisonment, of fines, or anything of this nature. That should not be necessary, except in certain criminal acts. Laws should not have implicitly within them, or even implied within them, the fact that they are above man, and if man does not adhere to these man-made laws he will be penalized. This is not the way it should be done at all.

So, let us project also in this study of the laws of man that he does not utilize them just for punishment of other people. This idea of penalty is one against which many people, particularly the young, have been aroused. Let us not look upon laws as punishment for mankind, but as rules and guides for him; not as a threat, but as a promise of equal opportunity, of equal abilities, of equal recompense for all people on Earth.

Let us project to lawmakers — indeed, to all man of Earth — that they become intuned to their own high Selves, to Spirit above all and to the Hierarchal Board for divine laws; and that they use these divine laws in helping to make man-made laws; to eliminate and to revise present man-made laws, to simplify and to bring justice to the entire field of man-made laws and man-made government. What we really are speaking of here is spiritual government.

-- MAM #56B, week of July 14, 1974

## F A C I N G F A C T S

*MARK:* Let us consider for this broadcast, and henceforth throughout the entire Mark Age period and program or latter days, something that is of extreme importance in our relationships with one another and the manner in which we act as spiritual or light workers. This has to do with the use of factual matter.

We're speaking now not of truth as pertains to divine principle or divine laws or the situations that exist in the universe. By *situations* I mean the planets and the way the cosmic rules work. Rather, I'm speaking of those things that are presented to our attention in our own world, individually and collectively; the world in which we think, live, operate each day of our lives on Earth.

If we are to have understanding, cooperation, coordination with one another — that is, not just the light workers, although especially the light workers, but all man on Earth — in these end days to prepare for the Second Coming, the individual second coming of each person and the Second Coming of Sananda, Prince of this planet, we have to come to the point where we are able and willing to perceive what is the truth or the actual reality of something that is occurring, be it what someone is telling us or what we are telling ourselves, what we are seeing or perceiving through the five senses; the events of the world about us, whatever it might be to which our attention is directed and on which we have to make some kind of a decision.

### OUR DIFFERING PERSPECTIVES

One of the major problems is that so many people see the same things in different ways. Why is this? We will allow leeway for what an individual really does see and perceive. For example, many times in looking at a newspaper quickly, I'll see what I think to be one headline. On closer reading, I'll see that I may have misread one or two words. Or, when we're perceiving something that happens in the outer world, maybe we don't see as much detail as someone else. Or, maybe

we haven't been as skilled in analyzing or seeing something as another person has been.

So, allowing for these differences in observation, let us rather strike at the crux of the matter. When something really is obvious as to what a person has said or has done or an event that has occurred, why is it that man on Earth in so many cases is unable, or in actual reality refuses, to come to the same conclusion that others have about that particular event, word, deed, whatever it might have been?

I'm speaking now of what really is obvious as to what has occurred. Why is it that man persists in putting above truth such things as allegiance to religion, family, friends, politics, government, his organization, business or whatever it might be, instead of wanting to deal only with the truth in that situation? Why does he persist in trying to deceive others into thinking he really believes something else than what is obvious, to the point that many times he actually does deceive himself?

I'm not speaking of people who may have some kind of an illness or mental health problem, where, according to psychologists and doctors, they really are unable to perceive something as exactly or truthfully as a person who has full faculties. But I am speaking of one who wants to deceive someone else, who refuses to admit to the truth.

How is it that certain events or words can have different interpretations? Yet, they are the same events, they are the same words. Why then should people have so much difficulty in arriving at the proper analysis, the proper understanding, the proper conclusion and utilization of the actual reality or factual matter in those situations?

Why can't we learn to be honest with ourselves, whatever it might be? For it really does have a great impact on our own lives; if not throughout eternity, at least for this lifetime, and presumably for some lifetimes to come, in many respects and in our own soul evolutions and soul missions here and elsewhere. It has a great impact upon other people, and also upon the mass evolution, the mass status.

So, why is it that so many people — ourselves included, no doubt — persist in trying to kid other peo-

ple or to influence other people in a manner which they really know is not truth? They employ all kinds of artful dodges, techniques, tactics, subterfuges, half-truths, innuendoes in order to try to convince other people that they are right, knowing all along that they are not right, that they are not interpreting things properly.

Unfortunately, these tactics work much of the time with some or all people because a lot of people don't want to take the responsibility themselves to delve into facts. Nor indeed can we do this in all cases.

Why do people persist in refusing to acknowledge that which is obvious? Why do people try to convince others that something which is obvious and factual is, according to them, actually wrong or misinterpreted by someone else?

#### LIGHT WORKERS' RESPONSIBILITY

Why can't we learn to be truthful? Why can't we practice being truthful in everything we see and do? Obviously, we know this must begin with the light workers, just as we have heard that peace must begin within an individual. The same thing applies to truthful observation and analysis of something we clearly perceive to be one way; not to try to present it or to argue it as being some other way.

How can we expect to influence other people if we cannot practice these things ourselves? Unfortunately, in our fifteen years of working within the light-worker ranks, we have seen too much of this. Some so-called light workers prefer to believe that in order to attract the attention of the masses, in order to present their story, they have to resort to subterfuge or to denying certain things that they know in reality are true. Or, they refuse to give support to those other workers they know in truth are presenting the hierarchical plan and program or spiritual truth.

But going beyond all these specific references, let us dwell for this broadcast, and a great many times in the future, on projecting the thought within our own consciousness, establishing by decreeing within our own consciousness, that we honestly and truly will pay as much attention as we can to the factual things peo-

(continued on page 44)

# MAM PROGRAMS SUMMARY

TAPE	WEEK	SUMMARY
61 A	9/15/74	Referring to hierarchal decrees and channelings, Mark asks for an end to all wars and conflicts, now.
61 B	9/22/74	Beginning fall cycle with Hierarchal Board decree and announcement to transmute frequency vibration of all elements of planet. During next 4-7 years, changes will bring harvest for I Am nation. Deborah Bisenius sings <i>Planting A Nation</i> theme song.
62 A	9/29/74	Mark leads MAM network into projections for increasing the number of groups and individuals interested in and participating in hierarchal program.
62 B	10/6/74	Yolanda speaks about need to keep up with current news of the day so projections of light can be specific and more effective.
63 A	10/13/74	Mark discusses intuition; what it is and how to use it.
63 B	10/20/74	Yolanda talks about channeling, especially its place in present program. How to understand, to analyze and to make proper use of it.
64 A	10/27/74	Healing techniques for individuals and group consciousness by Mark for the Healing Haven department of Mark-Age.
64 B	11/3/74	Masters and leaders cannot be expected to do your spiritual work for you. You reach mastership by

TAPE	WEEK	SUMMARY
64 B	Cont.	mastering your life challenges. Based on communications through and about Nada-Yolanda.
65 A	11/10/74	Cosmic schizophrenia, explains Yolanda, is a problem light workers are having in balancing their spiritual and mortal consciousnesses during the changing of third into fourth dimension.
65 B	11/17/74	How to eliminate the unnecessary thoughts and useless items in your life, by Mark.
66 A	11/24/74	Harvest season 1974 begins a long-range program of separating and grading all fruits of program activities. Hierarchal workers are informed by Sananda through Nada-Yolanda's channelings about this new 20-25-year period.
66 B	12/1/74	Food for thought. Mark explains Mark-Age policies and habits regarding food, with projections for food supply for all on Earth.
67 A	12/8/74	How to use basic economic terms and concepts to aid your spiritual, mental and physical understanding, development, needs and visualizations, as explained by Mark
67 B	12/15/74	Birth of <i>The Sanctuary for the Second Homecoming</i> is first step in physical expansion of the new I Am nation. Birth of The Sanctuary came after a symbolic and literal nine months of gestation. Sananda's instructions are explained by his channel-partner Yolanda.

TAPE	WEEK	SUMMARY
68 A	12/22/74	Christmas greetings and personal messages from each of Sananda's staff at MetaCenter in Miami.
68 B	12/29/74	Sananda, Nada and El Morya give new information for 1975, beginning new series of cycles and spiritual manifestations for Second Coming and I Am nation.

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MAM Programs (continued from page 41)

ple are saying and doing, and that we ourselves are saying and doing, and what is going on about us.

When it comes time for us to make a decision or to try to influence another person to make a decision, we will be completely truthful in relating what we have seen and what we have witnessed, in understanding it, and in using that truth for the highest purposes. We will not try to deceive anyone else or to give them misinformation, or to tell them white is black when we know and they know it is white.

By our doing this we project into the mass consciousness to men of Earth, women of Earth, children of Earth, everyone on Earth and about the Earth and the astral planes, that now is the time we must face up to this aspect of truth within ourselves. We must be careful and truthful in our analyzing of things. We must understand what we see. We must act in the manner that we know our truthful observation and analysis and understanding require we act: only in a truthful manner. We must work only with others who will work in a truthful manner. We will lend no support whatsoever to deception.

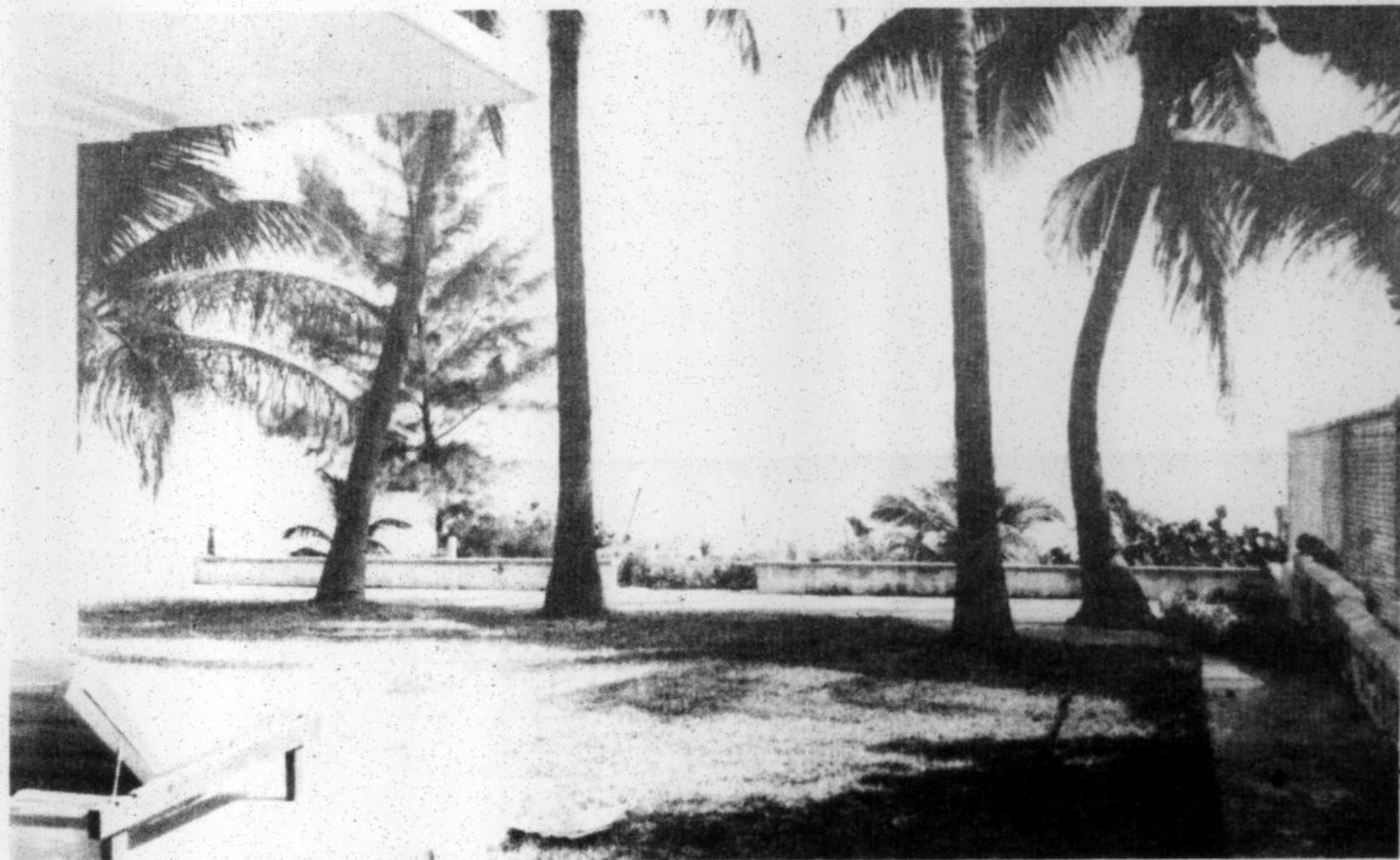
Man of Earth, let us be truthful henceforth in all things. Ask your high Self to guide you to be truthful in observation and in actions in all relationships with all persons. So be it.

-- MAM #59A, week of August 18, 1974

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