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THY
KINGDOM
COME

THY
WILL BE
DONE

**The
I Am
Nation
has begun
to be
made
manifest.**

SANANDA

GIVE US
EACH DAY
OUR DAILY
BREAD

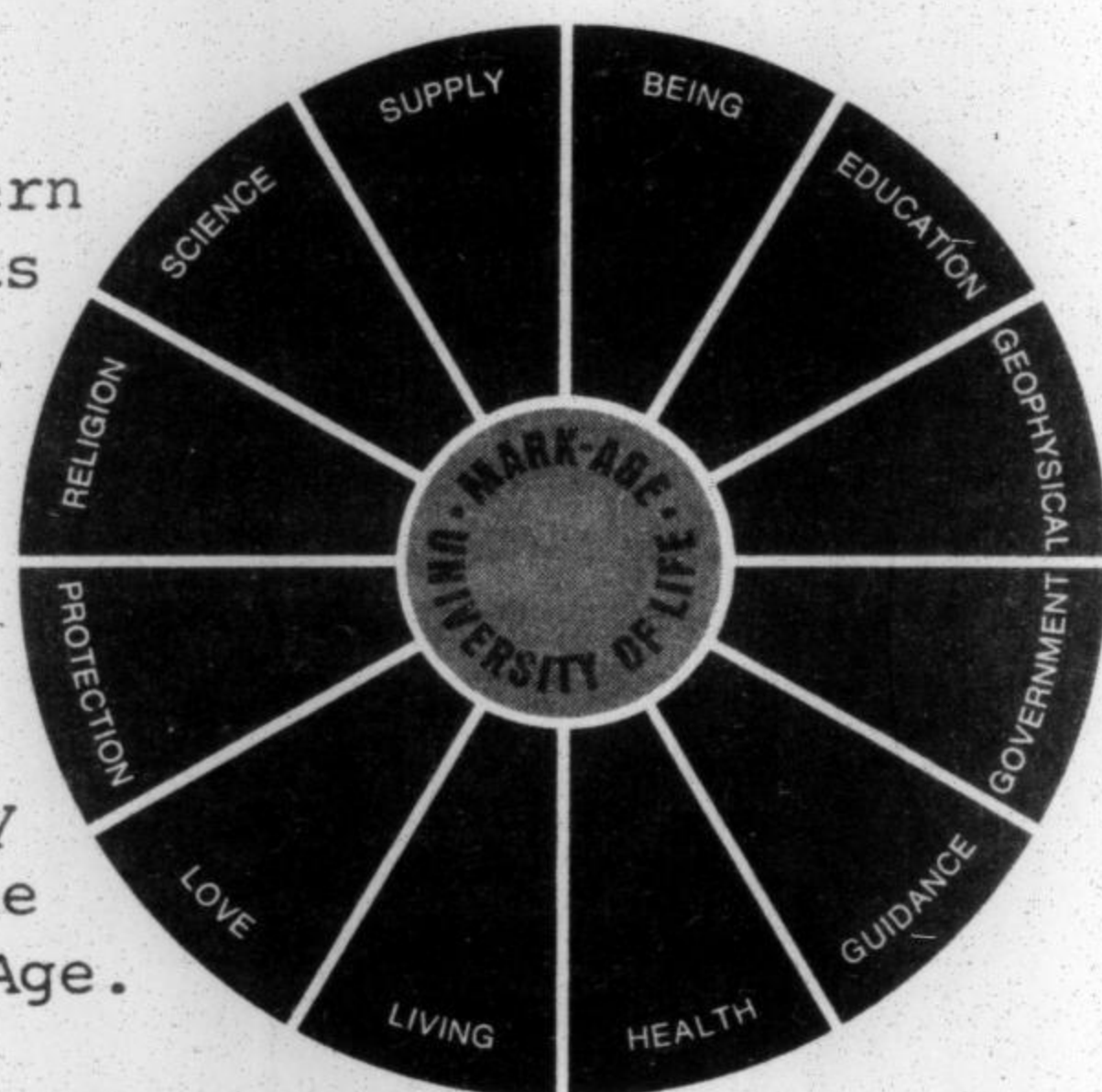
FORGIVE
US OUR
DEBTS

School of Government

PLAN A NATION

Spiritual Self-Analysis for I Am Nation Citizenship

Each person must master and govern properly his or her life, thoughts and actions before linking with all others to create the spiritual government on Earth, the coming I AM NATION. Those who satisfactorily work through this PLAN A NATION course are certified by Mark-Age University of Life as having completed one prerequisite to represent Mark-Age.



12 SESSIONS WITH 150 SELF-ANALYZING QUESTIONS

1. *Goal & Purpose of This Life*
2. *Four Aspects, Seven Levels or Grades of Mortal Growth & Development*
3. *Twelve Divine Characteristics of I Am Self*
4. *Divine Laws Pattern Earth Life*
5. *Triune of Man is Based on Trinity of God*
6. *Purposes of Mark-Age Unit #7*
7. *Functions & Responsibilities of Mark-Age to Externalize Spiritual Government*
8. *Necessary Requirements & Qualifications for I Am Nation Citizens*
9. *Challenges & Pitfalls on Road to Christhood*
10. *Cleansings & Balancings Done Spiritually*
11. *Commission to Communicate with All*
12. *New Age Commandment: Love God, Love One Another*

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M A I N

Mark-Age Inform-Nations
is a service for media by
Mark-Age MetaCenter Inc.
327 NE 20 Terrace
Miami, FL 33137, U.S.A.

M A I N

publishes news, information,
education & guidelines for
linking of
LIGHT WORKERS & GROUPS
as a preparation for
the Second Coming and
the New, Golden
AGE OF AQUARIUS

M A I N

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M A I N

#26: NOVEMBER-DECEMBER 1975

THE I AM NATION HAS BEGUN
TO BE MADE MANIFEST

NATION (derived from Latin and Greek) means: birth, race, to be born, to beget. Therefore, I Am Nation means: a race of the I Am Selves about to be born.

2 HIERARCHAL REPORT

Sananda's two-year plan for Mark-Age through summer 1977. Major areas and projects for concentration include: new I Am Nation headquarters; Healing Haven developments for light-body-anchoring research. Messages from Sananda and Hilarion on September 5, 1975.

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Hierarchal Report

TWO-YEAR PROGRAM 1976-77

Sananda has outlined a two-year plan for Mark-Age, taking us to about the end of summer 1977. It consists of the major areas and projects for our concentration. We will share this with you in part from time to time, as the occasions and the fulfillments come to pass. For now, we would like to share with you some of the current matters we are involved in and concerned with as we close out 1975 and begin 1976. In doing so, we use extracts from the communications by Sananda through Yolanda on September 5, 1975.

EUROPEAN MISSION #1

The tour of Yolanda and Mark to Europe for the closing of Sananda's two-year anchorage over that continent to awaken the masses to the Second Coming has occupied much of our thoughts, time, energies and works this year; as also yours, since you received much of the information and the reports. Here are pertinent excerpts from Sananda's message to us on September 5th.

You thus far have finished satisfactorily that which we had designated as the trinity demonstration for the European Mission. Now we embark upon the Eastern hemisphere mission, which is much more complex. The European Mission was a test factor to determine just what areas needed further solidification, unification, and tightening up of our relationship and respect for each other's function and participation in this hierarchal mission we three are performing.

That now has been completed satisfactorily, and we move toward the much involved, complex and longer range

of factors, as far as time, energy and more important preliminaries are concerned....We are functioning in this manner for the Eastern part of the globe in much more complex areas, more deeply rooted and engrained patterns, and more concise factors of instruction and participation.

What you will see unfold in the next six, or possibly seven, years has a greater influence upon a greater number of people on the planet than in the Western hemisphere. That is why we say it has more significance and importance; as the people are the important factor, not the area, the material development, or even the social influence. But these too are to come under some severe changes, rectifications, aid and support. Not all is of a negative nature in that area, by the way. Much will be exchanged and helpful in the coming together, and the sharing or the unification of it.

So, what you are about to participate in has a more long-range effect than previous developments and guidance in these matters. Naturally, too, your experience, your confidence, and now your understanding from a higher level of consciousness and fulfillment are brought into significant and extremely important externalizations. So, what you are about to do in organizing, developing, preparing and expanding out in this hemisphere shall come with more patience and greater satisfaction, fulfillment and understanding.

Be not impatient. You now see, with great success, that each step of your part in the spiritual drama is under guidance and strict adherence to the manifold purposes for which this planet comes under new dispensations. I am not at all alarmed about the progress, nor concerned about spiritual developments, of those who have not adhered to the opportunities proffered to them. For all will come under the divine rule, or be obliterated from this program totally. That must be the presentation and the foremost, positive, deepest purpose for which you serve me, the Hierarchy and your higher Selves.

NEW MARK-AGE HEADQUARTERS

We had not been searching for the new property since we moved into The Sanctuary, for we have been busy with

other projects and because Sananda was awaiting a report from Chief Slippery Eel on the situation. But as the time grew near for deciding upon renewing the lease at The Sanctuary for a second year from December 1st, we were anticipating Sananda's promised report after the two-month stay of his master ship #10 over south Florida immediately after the European Mission. Here are his comments in the first report, as given on September 5th. We pass along much of this for your and our future review; for even we do not understand all of his message yet, but know it contains keys for later.

Now we move on to the matter of my spiritual headquarters, the I Am Nation. I am in the command ship, and seek a further enlightenment from assistants on the Earth and in astral environments. They have assured me that much has been done to scout the south Florida property conditions, and they are not really ready to proffer a solidified and proper mortgage condition whereby you would benefit to the maximum for certain affairs and leases. This means that I am somewhat stymied, in suggesting exact location for your further development. However, I shall urge that more effort be put into this research, and shall signal to you as soon as there are some property developments of a satisfactory nature.

There is not property that I can properly delegate or designs which I may hopefully recommend. For all seems to be in severe decline; not only in value mortally or materially, which is not my concern at this moment, but in other areas as well. This preliminary study involves astral influences, clearings and cleansings of the atmosphere, to some degree.

I ask that you continue to go slowly and cautiously; as I feel my personal recommendations carry much weight, and therefore you are guided solely and solely by my intunements for you regarding this matter. Still, they are not in any manner or shape for clarification at this time. I hope to have this rectified as soon as possible.

In another area, I would recommend that you seek another avenue of research, for self-satisfaction and opportunities. However, it would not be advisable to spend considerable time on that, when I feel that in a short time I can explain a better route to travel.

On October 1st, Sananda told Yolanda that he still was not satisfied with anything as to the new property. But he did say that in early November we should start looking again ourselves. He also emphasized that it will be in south Broward County, as originally given by him in 1974.

We would like to point out here that so far we do not know even what we are looking for, as concern exact area, size, type, price and other factors. It is obvious that there is nothing specific along these lines, but that it has to be in south Broward County.

Also, although we do have a slowly growing fund for this new property, and eventually will have the proceeds from the sale of the present MetaCenter to utilize, it is a small amount of money in terms of what suitable property for establishing the I Am Nation headquarters for the next twenty years will require. So, we still are welcoming any and all donations toward this new headquarters property and its furnishing.

THE SANCTUARY

Sananda continued on September 5th as follows. *It would seem to be of proper interest to remain fixed in this, The Sanctuary for the Second Homecoming, as long as you may remain comfortably in this atmosphere. All is in good accord here, and all manners of expanding through this facility can be of excellent and of satisfactory temporary, and less expensive and more expedient, manners.*

As to the expense part, although the rent is considerable and was raised for the second year, the interest earned by keeping the new-property funds in the bank for that year equals the rent, thus in essence meaning no rent expense; provided the funds are not used for the new property for most of that time.

HEALING HAVEN

Still on September 5th, Sananda stated this as concerns Healing Haven at The Sanctuary. *Now we come to the Healing Haven developments, which you have been extremely devoted to and involved in since your return unto The Sanctuary after the European Mission.*

That still shall take precedence over all other developments for the remainder of your stay at The Sanctuary headquarters here. For there is a special force field that has been developed now, and a working relationship that must still expand for greater effectiveness in the future.

This Healing Haven function involves the light-body anchoring, as you well know and understand; so that often in our key or code words to you, for concentration of energies and developments, we might interchange the two, Healing Haven expansion and light-body anchoring. But the light-body anchoring is the most important aspect of your expedient and expeditious execution for the immediate time and the present moment. There is a two-year plan for involvement in these various programs of hieronic development, of written exercises, of spiritual guidelines, and actual Healing Haven functions on the soul, the mind and the body levels for other light workers.

In spite of the fact that it may not be released or ready for mass distribution for many long years, you cannot be involved with that, but must continue as you are in bringing it forth as much as you comfortably can bring it forth; as you have anchored in more and more of the light through the physical, and thus transmute the physical back into its proper fourth dimensional frequency expression.

During the two months Sananda was anchored over Miami after the European Mission, a tremendous amount of work was done on a higher phase of light-body anchoring, primarily on Yolanda, by those in the higher planes. While she was undergoing numerous conditionings and experimentations, she also was receiving intunements relating it to the twelve characteristics of developing man's spiritual consciousness, as portrayed by the metaphysical interpretation of the twelve disciples of Jesus of Nazareth and as explained in other Mark-Age publications, especially our first University of Life course, *Plan A Nation*.

Working in extremely, daily, close coordination with this was our Dr. Robert Knapp. This consisted mainly of three functions: 1) checking Yolanda's physical, mental, emotional and astral status via radionics

equipment, which included especially documenting not only successive stages of the anchoring but also the effects upon her four lower bodies; 2) giving many and varied types of remedial and other health and healing assistances to aid the process and to make it easier on her; and 3) receiving a vast amount of new insights as to the medical-scientific principles and details involved.

During, and especially since, that time, Dr. Robert has been extremely busy learning much more about the physical and the three other lower bodies, and about new and higher techniques which eventually will be presented to others in healing professions as well as to laymen; establishing procedures for observation and aiding in anchorings to take place in Mark-Age staff members and others. With only this *hint* of the importance Sananda placed on this Healing Haven and light-body-anchoring function, you can see in part what is being accomplished for this hierarchal project through Mark-Age.

Sananda gave much additional information in a second discourse on September 5th through Yolanda, with Robert and Mark present. Here are a few of his comments; delivered with Hilarion, head of Healing Haven in the etheric, also in attendance.

I am now ready to recommend to our Healing Haven staff that more concentration be given to the developments of all organized presentations that could be of higher guidance to those in the professional as well as the spiritual circles of development. That the two are one is naturally our basis for acceptance and unfoldment on the Earth in the fourth dimensional frequency. That the two often are in opposition is also our unhappy observation of those matters unfolding on the Earth in third dimensional frequency consciousness....

You must prepare, anchor in and present that which you know is truth and has a singular basis or foundation for being. The mind of man is the tool of the spiritual Self. The body is an expression, temporarily, through which all data may be determined and diagnosed.

Therefore, your light-body-anchoring research and your other radionic and future hieronic developments

must be based on this premise; which is truth, and which shall be explained and exercised fully in the fourth dimensional frequency when the Aquarian Age is able to be empowered and fully operational on this planet which we have come to evolve through material matter into spiritual matter and form....

Hilarion personally will supervise the next developments of all Healing Haven projects....My function with you at this time is as your spiritual leader, guide and way shower; not so much the specific scientific data, which is what Hilarion wishes to work more closely with you in developing....Eventually the Healing Haven aspects of the Mark-Age program must break down every door of resistance in every field of science that exists upon the Earth. This cannot be done overnight, this cannot be done in one life span, this cannot be done through one or two individuals or channels.

Hilarion then channeled through Yolanda to the same three as follows. I have been called to this conclave to assure you that all is in right order and harmony; and the unification of this team has reached the proportions whereby now I can step in and play the role that I have been destined to play, and have asked to play, in and with the hierarchal program on Earth externalized through the Mark-Age unit.

We have not stopped working, we have not stopped planning in the various facets of our division of labors and functions, even though many on Earth have not been able to perform those things which have been expected of them or requested of them. So, we seek not to look in that area or at the past, but to say that all is in its proper place and all proceeds according to our deepest desires and most gratifying expectations.

In several months I will step in on a much more frequent basis to answer all questions regarding the Healing Haven division. There is still much work that has to be sorted out in the minds consciously, and absorbed and assimilated into the nature of the daily activities into which you already are activated.

To put it more simply, the material you have been given thus far regarding breakthroughs in the Healing Haven division, particularly as it involves the light-

body-anchoring projects, has been so overwhelming and far-reaching that it requires several more months of your assimilating, digesting and utilizing—I want to emphasize the word *utilizing*—the material that already has been entered into the conscious computer of your minds. It would actually take many years for others of less-evolved natures and less-dedicated purposes to bring this material into some sort of organized system.

You notice I am using particularly the aspects of the Fifth Ray and its functioning. For the Fifth Ray controls this Healing Haven division work in the Mark-Age unit and for the planet's healing, solidification and unification.

Therefore, we expect to give you those several months here at The Sanctuary, in the Healing Haven Research Center where you are so well organized and where you are in the protected atmosphere for the time being, to do this work. So, although I shall be at your call whenever you actually need specific guidance, and although I shall be using many influences to contact you through your own higher Selves, at this time I shall not take a very active part in channeling directly, especially through this channel Nada-Yolanda, for this material.

It is not a time of simply reorganizing the material, but of putting it in some sort of practical, applied system whereby you can expand it out to others and utilize it on a daily basis. This will take several months. After that time the answers to the many questions you have, and the many other detours and routes and bypasses and additional areas of exploration you will need to have refined and to be guided by, will come directly from my office of Fifth Ray Chohan influences.

The material referred to in these discourses consists of at least three planned books for the Healing Haven division and the School of Health in the University of Life. Much of this already exists in basic form and has been studied by the Mark-Age staff. It will be some time before it can be researched, expanded and compiled for presentation to the Mark-Age Family and other light workers, and eventually to others.

There are four major aspects or divisions in this series of books; one of the most important experiments and publications we shall be involved in for this entire Mark Age or latter-day period for the Second Coming. First are the multitudinous communications channeled through Yolanda from the Hierarchal Board. Much of this already has been published in various of our publications. But all of this has been excerpted into one manuscript, arranged in chronological order over the years it has been delivered.

Seeing it this way, noting the systematic progression of manifested steps exactly as given years in advance and being in on the anchoring as it has progressed through the years have given us a perspective and a faith in this process that we cannot describe. But many will have much the same understandings and fulfillments when they see it in print.

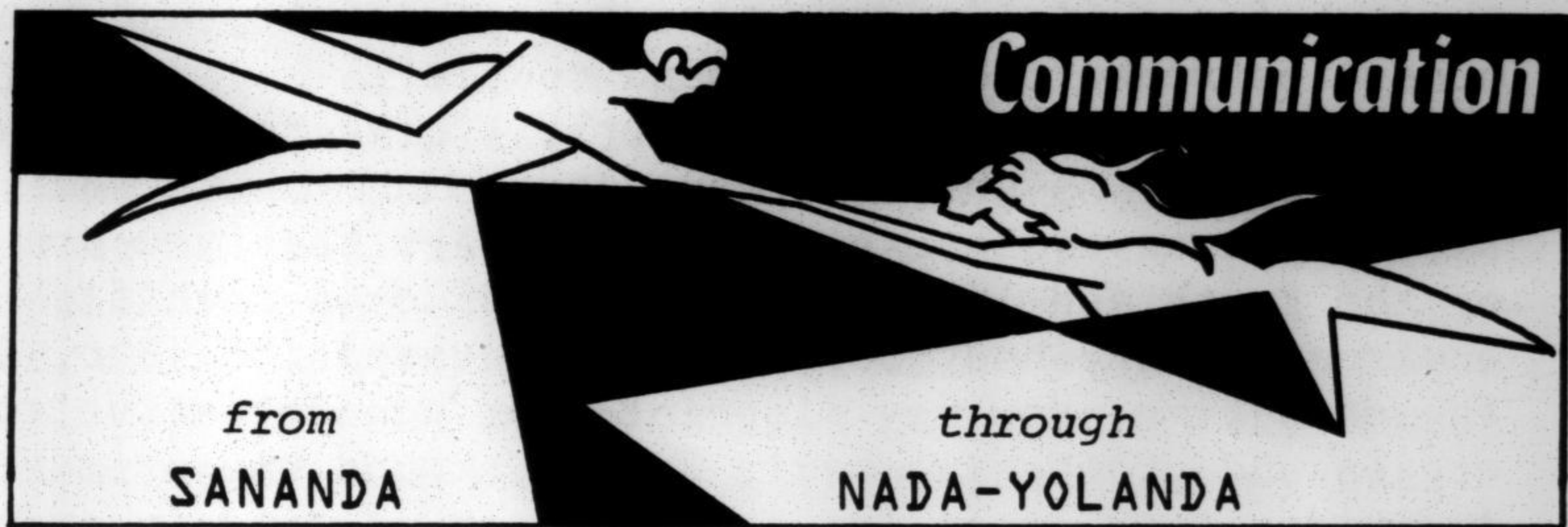
Another of the four aspects is the spiritual diary Yolanda has kept for twenty years. All references to her light-body experiences also have been excerpted into one manuscript. This provides helpful guidance and exemplifying for those who will read of them; and will explain many of the experiences others have been, are or will be, going through themselves.

The third aspect is the medical-scientific record that has been kept for many years concerning our experiences and transmutations with the light body. This especially is vastly important because of the background of Dr. Robert: a medical doctor; training in psychiatry; special training and years of experience with radionics, homeopathic and other healing treatments; and his years as a Mark-Age worker and staff member.

Any wonder why we are enthused and excited about our Healing Haven work, and why we are so confident of its importance in the manifestation of the hierarchal plan through Mark-Age? For we are carefully and scientifically researching, documenting, analyzing and explaining all of this light-body-anchoring work, with precise verification as to actual manifestations and utilizations.

The fourth aspect of this forthcoming light-body-anchoring material will explain how man of Earth is to

(continued on page 35)



FINAL IMPLANTATIONS OF 4TH-PHASE RENDING OF 7TH VEIL

Sananda to beloved Nada and El Morya, including the united staff at MetaCenter. I am with you, and never have left you in consciousness. However, on September 10th I shifted my area of concentration to the entire globe of Earth. Naturally, it is beyond mortal comprehension and Earth terminology to understand the various methods we have to use in the etheric and the celestial planes for these cycles of energy and endeavors of workloads we convey to you in certain terminology that can be utilized in your present level of functioning and explicit directions.

Therefore, in speaking this way and in conveying our attentions from this level of consciousness and activity, you must qualify it all with the realization that that which we speak of is according to your appreciation and concern, not ours, as we operate it and function in it.

As an example, I give this to make you understand that my function as the trinity representative of the higher Self, the Christ realms, in the externalization of the Hierarchal Board through your unit is somewhat extended, expanded, and expressed slightly differently than what you would expect and utilize from your level of material, Earth plane matters.

In this same framework or reference, I speak of orbiting the globe, I speak of concentrating on the entire Earth plane. It is not that my interests are not there always, but I now channel a different set of frequencies, a different set of program computer-data

through force fields, co-workers, spacecraft, and many other instruments of my command module.

In like measure upon the Earth, I give you this as your example. As Christed conscious individuals on Earth, you never lose sight of the fact that you are on the Earth and living in a personal or a specific environment and body for this one incarnation. But, at the same time, you may pinpoint your concentrative energies and protective auric fields around one or more individuals or areas for a short span of time in order to complete a project that is upon you to resolve.

At another time, in a meditative state, that same individual, that same Christed consciousness can encompass an entire globe or a whole hemisphere, or a whole group of people that need specialized and individualized attention for more concentrated endeavors. That is done in consciousness. That is done in writing. That is done in broadcasting. That is done in person, as witnessed by our recent European Mission expedition for the trinity demonstrations.

Likewise, as my energies are similar, to be used under the one and only Father-Mother God Creator, I express those same singular, specialized, individualized or more grand-scale operations according to the methods that are imposed upon me from the dimension and the level of expression where I externalize my individualization of now.

So, I will be occupied with the planet precisely for the next twelve to fifteen days; that is, from September 10th through September 24-25th, of your recorded time in this immediate year of 1975. It marks a turning point, a finalization and a completion of energies for the rending of the fourth phase of the seventh veil, in this respect. It is the final planting of energies, ideas, projections and proclamations unto all men upon the Earth in these latter days for finalizing that work.

The rending of the fourth phase of the seventh veil will be in externalized expression on or before the end of the spring cycle 1976. Our *intense* reaction to this will come during the Easter cycle of 1976, as already given to you many times in the past three-to-five- and four-to-six-year cycle. We have been speak-

ing of this since early 1970. You now are upon the last phases of it.

It can be explicitly explained in this manner. The final plantings of spiritual seeds and desires are to occur in this fifteen-day period of which I now have spoken: September 10th through, and finalized, September 25th. After that time, all which will be reaped will be upon the consciousness and the concerned capabilities of those who are externalized in physical form within the Earth's atmosphere from 1976 through 2001, as you record time now.

No more are there to be shabby, selfish, secular expectations on Earth. You have become a united whole by the precluded statements given unto this energy focus called Mark-Age. Our hierarchal plan has been the implanting of these higher, spiritual, master-level or etheric consciousnesses. In the reaping of them, each one has received according to his willingness to receive, his desire to change, his ability to manifest.

It is not directed to the light workers alone. It is directed toward each and every aspect of human life upon the planet Earth, and in the environments or the astral levels around the Earth. You cannot escape from this implantation. The harvesting is now, immediate. The law of cause and effect shall be ever more rapid and unfolded before your conscious minds.

As it has been obvious to the light workers who are coordinated in this program and comprehend the hierarchal plan as it has been externalizing through the Mark-Age unit, it is of no new or of no advanced guidelines and information. But it has not been accepted fully, it has not been realized totally, it has not been expressed in the acts, the thoughts and the words of all who have accepted and have worked in this framework and with this channeling.

However, we are not any longer concerned with this, not in the slightest degree anymore. For the final plantings are now taking place. The last-minute seeds for spiritual ideas, proclamations and decisions, final and complete unto the needs of this generation of human third dimensional frequency form, now place themselves in firm root. Now we expect—in the twenty-five years or more that face the externalizing of those—

separating of the good from the bad, the constructive from the destructive, fruits.

All I have said, all I have done, all I have projected have been in divine order and harmony. It has been my intention to work individually with each one who so desires this externalization of light in himself or herself. But where there has been resistance to higher and hierarchal command, where there has been resistance to cleansed and purified expression, where there has been a reluctance to sacrifice the mortal for the immortal life and duties of a spiritualized Christed individual, there will be the agony, the pain, the challenge, and the demise of the lesser.

It is the end of this manifestation. You are dutifully and regularly informed of these steps, these decisions, these activities; as I have repeated over and over again through this channel and this unit of Mark-Age, in unification for the externalization of I Am Self and the united Selves through the I Am Nation to come. I am Sananda, your hierarchal guide and guardian, your Prince and way shower of Earth plane activity. So be it in truth. Let this then begin, as I have so proclaimed. Om.

September 12, 1975;

MAM #88A, week of September 28, 1975

MAM #88 TO BE REBROADCAST THROUGH SPRING 1976

This is Sananda. I request Mark-Age to send my hierarchal decree and announcement to the Earth to all MAM broadcasters immediately, in advance of the date scheduled. It is to be played by them as soon as it is received.

This will insure that the energies which I now am implanting on the Earth from September 10th through 24-25th will be picked up and rechanneled out by the Mark-Age unit, the MAM broadcasters, then eventually the entire Mark-Age Family to all light workers and persons on board the planet Earth now. The relay of this energy will begin by the MAM network before I have

completed my personal broadcasting; thus insuring the non-interruption of this energy implantation.

Continuous and unbroken rebroadcasting of these energies from the time of their being implanted by me through the final rending of the fourth phase of the seventh veil in the spring of 1976 is imperative!

Repeat the MAM broadcast [#88A] as frequently as possible until the end of springtime on Earth 1976. The results of this joint energy-effort will become apparent to all who have the eyes to see and the ears to hear.

Love is in action through Sananda via El Morya and Nada and the trinity action now manifesting in the Earth plane. Amen. Om. September 16, 1975

MASS SUBCONSCIOUS REACTIONS TO THESE IMPLANTATIONS

Between 4 and 5 PM on September 25th, the last day of the final implantation by Sananda for the fourth-phase rending of the seventh veil in spring 1976, Yolanda in meditation experienced strange emotional reactions. It seemed she almost lost control and could not analyze her thought processes. Sananda came to her to say that she was acting in her role of recorder for the mass subconscious. She was responding to the reactions of the masses concerning these final implantations.

She then rose in her meditation experience to her Nada light body. The Earth appeared as a ball at her feet. Sananda's decrees and implantations were striking throughout the Earth like lightning bolts. She knew the people of Earth were feeling strange and uncomfortable, and were in large rejecting the implantations. Some felt that a crisis was about to climax in their lives and throughout the world, something more than they would be able to bear.

They felt frustrations and impasses in their lives and in the conditions on Earth. They had a desire to bring about necessary changes quickly, radically, as

in a revolution. This was expressing throughout Earth in a sudden surge of violence; including two assassination attempts on U.S. President Ford, with more than three hundred threats to his life in this time period. One would-be assassin said, "I want to test the system." Sananda explained to Yolanda that this was exactly the motive of Judas: he wanted to test the claims that Jesus actually was the messiah. Then Sananda mentally relayed the following communication to Yolanda.

These acts and thoughts and words of a few must be taken as symbolic, as a means of preparing the light workers for the reactions by the masses, those uninitiated into the program and the truth we represent for this ending of an age and preparation for the New Age and the I Am Nation to come. Do not take these incidents lightly. Do not discard the parallels being given you. Do not term certain words spoken and actions performed as coincidental or unmeaningful. Drain them for the symbology, the signs, the marks of the age through which you are suffering now.

The world of your time of now—as in my days of Jesus, and prophesied by patriarchs of Israel for thousands of years before then—is filled with terror, coercion, retaliation, vengeance. But no matter what the cause, no matter how just it may seem, the methods employed must be according to divine law. Otherwise you invite disaster.

There are so-called program workers on Earth today, as there were in my own day as Jesus, who feel they can force the hands of God or His representatives. In the case of today's program we are speaking of the plan to externalize the spiritual government of Earth. The light workers are those who are supposed to support the spiritual methods, via spiritual laws and actions, to bring this plan into final fruition.

Therefore, you cannot force, dictate to or command the forces of light on the etheric and the celestial planes. You cannot inform the space brothers as to what you wish them to do to support, and to act as personal emissaries for, those incarnated on Earth in special missions for the Hierarchy.

Regardless of the reasons you on Earth conjure up in your mortal analytical minds as to why certain in-

equities and evils exist on the planet, those of you who are light workers incarnated to represent the Hierarchy must make the changes in your personal lives and affairs and in the communities where you are placed for this period of time. You must set the spiritual plan into motion. You must cause it to happen on the Earth.

You light workers have been given the tools and the advance information about the incoming new vibratory rates and the implanting of seeds for the I Am Nation. You must recognize that the rest of mankind, not so informed as yet, acts therefore in a frustrated manner, and acts from anger in a nonspiritual, mortal personality level.

Such impatience as you are witnessing from the masses, which is prevalent in all parts of their daily lives—family, business, school situations, church affiliations, national problems, etc.—comes always at the end of a crisis, the end of a major cycle of change, just before the dawning of a new age or new area of consciousness.

I, Sananda, say unto all nations and peoples of Earth: there is only one recourse left for the light workers. Unite. Plan and plant the I Am Nation. Live it. Be it. Act in a small nucleus, collectively joined in a unified system.

It was the early Christian communities throughout the known world, as it was then, who cooperatively united in thoughts, teachings and actions which decrystallized the strangling grip on all of civilization that the corrupted Roman Empire had two thousand years ago.

In our European Mission #1, just successfully completed this spring, we again recognized that many good things were achieved by the Roman domination of the world. But corruption within, and the weight of its power and its dictatorial influences, made it crumble in the wake of an onrushing, incoming tide of spiritual consciousness, a new era of evolution into spiritual I Am awareness.

The light workers of Earth through Mark-Age, and especially through the MAM network, linked together must begin to make similar strides, must act as a uni-

fied nucleus to bring into manifestation the I Am Nation on Earth. Return now unto your Yolanda body consciousness. Broadcast this message to all who have ears to hear and the will to serve the I Am immediately, in the time of now, on Earth. Project this. See and be it. Amen.

September 25, 1975;

MAM #89B, week of October 19, 1975

FINAL DECREE & ANNOUNCEMENT

I have come, as responded and recognized in my light and love for this Mark-Age unit. Sananda speaks to all. You have awaited this as the final decrees and announcements, the final implanting of spiritual energy and truth for the New Age. Particularly we put this emphasis in this way, as we have told you that the rending of the fourth phase of the seventh veil actually shall be the turning point in our mass educational program and the preparation for the new light frequency to be made manifest upon the Earth plane.

I have been encircling the globe of this planet, as to its physical environment and its astral counterparts. It has been horrendous implanting and final declarations unto the race of man wherever he may be incarnate. Because this has taken so much effort, energy and concentration on the part of all who are involved in this, we speak at this time very briefly but sufficiently in guiding your next immediate goals, plans and informations.

None have escaped the impact of this implantation. Its results will not be known, nor seen visibly, for many long years. But all who are receptive and knowledgeable unto this have received sufficient guidance and information to declare it a sane, a sensible and a striking blow unto the negativity of all that has gone before in mortal and material expressions.

Now that that has been declared and seen as righteous, we enforce the only possible comprehensive conclusion that can come about and can conquer all the lesser degrees of involvement and evolvment which man

of Earth and of the astrals can expiate. That one plan and program has to involve the implanting and the planning of the new nation on Earth, the I Am Nation.

All souls who are so involved in spiritual activities and can conceive within themselves the coming new dawn of the Age of Aquarius can comprehend the sensibility of what I am to say here. For it is not without precedent, and it is not without preconditioning of all souls before this present era or time of the Mark Age cleansing and purification.

Many who have come are here for the second coming of their own light bodies. Many who are here on Earth at the present time are repeating patterns of a similar nature from past incarnations and civilizations; of similar needs to bring about a new sweep, a new settlement, a new spiritual and moral code upon the Earth and its close environs, such as the astral.

You have not come without prewarming of this. It has been set; the temperature has risen to the point of no returning to old and more comfortable, albeit easier, infiltrations. We speak of this so you know that all are scheduled to see and to know and to feel the energies of this higher frequency; and have had enough preparation in eons past, incarnations past, planes and planetary experiences of the past, to do unto this program that which has been done unto them in prior experiences.

So we say and we announce the plans for the new I Am Nation are begun. The plans are involved in the two-year schedule already given [to Yolanda in mental communion on September 25th]; and which, with prior consent, have been outlined and put into motion already. We have no other course of action that can solidify the new light, incoming frequency vibrations. This is in the microcosmic level as well as the macrocosmic level of the nation, the race of man, the planet, and the environs of astral infiltration.

None can succeed in absorbing, and responding to incorporating, those fourth dimensional frequency vibrations now implanted everywhere around the Earth and its environs of the astral without coming into the spiritual, I Am aware state. None can succeed, from this point on, in one dimension or another without externalizing that spirit within.

It shall not be done immediately. It shall not always be done easily and happily. For the entrenchment of the negative and the nonspiritual in some cases outweighs awareness of, and the ability to clutch to, the I Am Self.

So, I say unto you, one and all, and especially collectively, in the New Age consciousness that without this comprehension and cooperation, the linking and the coordinating of all aspects of spiritual functioning, you shall not be able to succeed in any way whatsoever; for it has been decreed, it has been foreordained. It is my function to do this. It is my purpose, in preparing the planet for the new spiritual Age of Aquarius, that it be done as I so have outlined it here.

It cannot be accomplished by any one single person, any one group, nor any single nation or religious conception. It absolutely and unconditionally must be done by all who remain in the orbit of this frequency foundation. For all are part and all have a contribution to make if in the spiritual, I Am state of awareness, dedication and *purity*.

May I ask that you put an underscoring there. For the purity of the race and the purity of the motive and the purity of the externalization are of supreme importance. Too many times in the past have various adulterous states of consciousness been permitted to infiltrate in the foundation stones of those new civilizations, those new aware states of consciousness, those new sets of frequency modulations as the planet and the race itself have evolved for fourth dimensional expression.

But as we come to the final set goals, and set forth the new proclamations and deeds that are to be uniformly set throughout the planetary development and the individual expressions through the hundred and forty-four thousand light workers, minimum, we must insist upon the purity of spiritual motivation, spiritual externalization, spiritual activities.

This spiritual terminology means according to the laws of God, and the ability of each one to externalize his own individualized system and supreme dedication to the unique function and purpose for which he or she has been created in this universe.

(continued on page 25)

Centers of Light

INTERIM POLICY

This is an interim statement, as of August 1975, concerning current operations of Mark-Age groups, leaders and representatives, hereafter referred to inclusively as representatives. It is a temporary guideline and policy prior to official establishment of the Centers of Light program and policies in 1976.

Prior to this we have not been promoting formation of new, or expansion of present, representatives. Knowing all will be changed and put on a firm basis with the advent of the Centers of Light program, we have been content to let representatives, particularly groups, function as previously. It allows them to have outlets for expressions, to gain valuable experience, and to help bring others into the program.

With the establishment of the Centers of Light program, there will be a complete changeover to that format and those policies. At that time all existing representatives will make the change. This is an official announcement of such for all concerned and interested.

INDIVIDUALS

Each light worker is or should be a center of light. As such, she or he should be interested in and dedicated to personal cleansing, purifying, preparation and development of her or his own consciousness. For if the individual's consciousness is not a clear reflector and generator of spiritual light in both thought and deed, there cannot be proper functioning as a transmitter of Spirit's, the Christ Self's and the Hierarchal Board's light and purposes.

Thus, much of what is included here and will be contained in the formal Centers of Light program is for the use of each light worker, be he or she a Mark-Age representative or not. We are vitally interested in helping each one be an individual center of light,

first. Then if that one is to be a Mark-Age representative also, he or she is already basically prepared for such.

BASIC REQUIREMENTS

Sananda in 1974 informed us that each Mark-Age representative, including staff members, in any capacity must have completed the *Plan A Nation (PAN)* course of our University of Life. Since Sananda himself stipulated this as a requirement, we cannot waive it for anyone, present or future. This will take effect fully when the new Centers of Light program is established, so this is notice to all present leaders that such must be done.

Completion of *PAN* means that we must have received adequate answers to all questions of the course, and a Certificate of Completion be issued. However, it is not necessary, or even desired by us, for everyone taking *PAN* to submit written answers to us; although all should have such for their own files.

STUDY MATERIALS

It should be obvious that anyone intending to be a representative should be familiar with especially the basic information presented by the Hierarchal Board via the channelings of Nada-Yolanda as appear in our books and other major publications. He or she also must be a Family member, via the minimum requirement of being a subscriber to our *MAIN* magazine.

While it never has been our policy to restrict the study and the belief of other material than Mark-Age—and we intend to maintain this policy—nevertheless it will be necessary to abide by the requirement that while representing Mark-Age officially, be it as an individual or as a leader of a Mark-Age group, no other material of a conflicting or unverified (by us) theme or nature can be presented during such representation.

For example, this means that we do not want alleged hierarchal or other channelings of communications or energies or programs that are contrary to, are not approved by or are not in the proper interests of, Mark-

Age to be presented along with our material and programs. This would allow others to believe that Mark-Age approved of actions, ideas and information that we may not so approve. Such could seriously hinder our functioning as a focus of the Hierarchal Board, at least in the eyes of others.

It is not the intention here to define this policy further, but merely to establish the necessity to institute a firm policy which will maintain the purity of hierarchal intent and action through the entire Mark-Age operation, from headquarters through all representatives. It will not interfere with one believing and teaching other material, unless such is obviously harmful to the Mark-Age program. But it does mean we do not want such presented to others at the same time as is Mark-Age, or in any way to give the impression that we approve or teach or believe other material unless we do so.

COMMUNICATIONS CHANNELS

At the present time there are no authorized communications channels for Mark-Age other than Nada-Yolanda. While we still state that there are many channels serving the Hierarchal Board elsewhere and for other purposes, and we still will work with them, this is to state that we authorize no others at this time to act as such channels during any Mark-Age representation. This means also that we do not wish to have anyone else deliver or discuss such channelings at a Mark-Age group meeting.

While there is considerable merit in examining other channelings of communications, and it will be a part of the Centers of Light guidelines and training, it must not be intimated that we approve of all other channelings, especially since there has been and will be much of error in such deliveries. Presentations of any nature concerning other channeled communications will have to be done outside the Mark-Age presentation or meeting.

OTHER PUBLICATIONS

We do not wish Mark-Age groups or representatives to publish any material under the Mark-Age name in any

way that is not specifically authorized by us. This includes newsletters, classes, even letterheads. There will be standards or guides for such within the Centers of Light framework, thus allowing for proper and beneficial individual works.

MARK-AGE NAME

There can be no unauthorized use of the Mark-Age name in any way, including as a group name. There are legal as well as hierarchal factors involved. There will be standard designations and usages in the Centers of Light program.

GUIDELINES

There will be a Centers of Light guidelines book prepared especially for this program. It will complement our *Group Guidelines* booklet, which will continue to be offered for Mark-Age and other groups and workers; although much of that will be modified for representatives of the new program.

Guidelines will be presented for each classification of Mark-Age representation: individuals, Mark-Age Meditation (MAM) and Mark-Age groups, Mark-Age and University of Life Centers. These will enable the Hierarchal Board, and each of us involved, to present effectively the pure Mark-Age program for the Second Coming and the implantation of the I Am Nation.

Meanwhile and thereafter, we are open to individual questions and requests for guidance. At this time, and until further official notice, all Mark-Age and MAM groups will continue to operate under their present programs. However, there now are no individual representatives of Mark-Age, other than group leaders, outside of Mark-Age headquarters in Miami.



MARK-AGE METACENTER INC.

327 NE 20 Terrace, Miami, Fla. 33137

COMMUNICATION (continued from page 20)

Only those who so express, and desire to bring into manifestation, that singular aspect of Self that is expressed out in impersonal but individual manners and materialized form can be part of the new pattern, the New Age, the new I Am Nation to come; through which I shall bring about the second coming of the light bodies on Earth, and the one unified planet to coordinate with the Federation of Planets in this solar system for the ongoing of this race of man hereafter.

Now begin, now trust, now unify, now work; as the plan is already in motion. I have secured it, I have announced it, I have externalized it in this hierarchal decree and finalized announcement for the rending of the fourth phase of the seventh veil. Amen. I am Sananda. All is according to divine personages, plans, securities. All is well. I am in control of this program. I am speaking for that I Am in you. So be it. So be it. So it is. Om.

September 29, 1975;

MAM #89A, for week of October 12, 1975

NEW LORD'S PRAYER INTERPRETATION FOR I AM NATION

As my own beloved co-participators in planning and planting the new I Am Nation, I come unto all, as Sananda, to inform all nations of this. Regulations and righteous action are in order, because we must begin and must make overt, active plans regardless of potential. Many mortal interferences can occur, and all must be prepared to face this potential disruption. Because man has been given free will and because of the nature of the purification and the cleansings that are absolutely a prerequisite and a necessity for implanting the new energies and vibrations upon the Earth, we have to make this qualification and to prepare your mortal minds for any indignities that can occur.

But this does not limit Spirit, and this does not limit the power of man as a son of God for his potential and his purified proclamations, plans and progress. It only must be considered a potential limita-

tion or offsetting of perfect out-picturing when we constitute this overall schematic. You must at all times adhere to the divine, regardless of the imperfections and the plausibilities of discrepancies that interfere with the perfect outline in trusting to this expression.

We speak not here of ordinary situations or of average concepts. But the long-range plans and the long-awaited implantation of spiritual energies to bring about the formation of a new nation upon the Earth are of such gigantic proportions, as far as the microcosmic concepts of man are concerned, that we are obliged to give you this preliminary introduction to prepare you and to enforce in you the will to bring about divine plans and actions to the highest and the most fulfilled aspects of which you all are capable.

I have endeavored to proclaim and to direct all such incoming new forces of light to the most minute of details. But these are not possible to share in exactly the same manner as from the plane of action through which I operate; as you are forced to function and to operate on the mundane and the practical area, and to externalize those proclamations, decrees and plans in the atmosphere and under the handicaps of those faculties that are inherent in the changing dimensions of the planet upon which you now reside.

So, it is necessary at all times that I emphasize these qualifications and these discrepancies, from the plane of perfection and envisioning of the total scheme unto the plane of externalization where you are, and the outpouring of spiritual energy into mundane planetary functionings.

This in no way hampers your own ability to adhere to the light; to proclaim truth, justice and right action; and to endeavor to perform via spiritual consciousness through the mortal, three-dimensional form and frequency where you are presently bound.

But now that we are externalizing the fourth dimensional, light-body frequency, you are able to bring it closer to the perfect form and ideal which I, in my plane of operation, do see and regard as being accomplished.

Now I say unto you that I give a new interpretation

of my invocation delivered during the lifetime known as Jesus of Nazareth. I refer to the plan and the program of bringing God's kingdom to Earth.

I ask you to revitalize and to revamp the picturization, in your own prayers and manifestations, for the macrocosmic process or the planetary program as proposed in that invocation; which hithertofore has been interpreted and has been announced for personal upliftment, unfoldment and materialization of light form in the present embodiment. Let us in this meditation therefore regard the following.

Our Father, Which art in heaven, hallowed be Thy name. Here we speak of the divine plan, the divine picture, the one Energy Force that unites each and every one of us collectively as children of this one Creative Force, Father-Mother God. And since It is in us at all times, regardless of the plane of action in which we manifest a form and a personality, we are united as children of God with this one Parent Whom we all share.

Thy kingdom come. It is the will of the Father, or the Creative Force, that the energies and the way of life in the perfect formation of individualized Selves come forth in the consciousness and in the externalized, collective action of all, throughout all areas of experience. *Thy kingdom come* specifically means that it is in the process of being pressed out into a form and being externalized upon the plane of action where groups of spiritualized consciousnesses are in manifestation.

Thy will be done on Earth as it is in heaven. The will, the law, the experience of those in the I Am consciousness must be expressed everywhere, on every dimension and plane of action, regardless of how much time it will take. That is occurring upon the Earth in the moment of now, the Mark Age period and program, the externalizing of the Hierarchal Board on Earth for the planet Earth; which long has been enmeshed in darkness and lost to the spiritualized focus of the Federation of Planets in this particular solar system. So speaketh all who are involved in the spiritual government of this solar system, regardless of the plane, the planet or the dimension in which they are manifested.

Give us this day our daily bread. Here is the clue I long have wished you to experience. That is that the bread spoken of here is whatever it takes in manifested form to feed the energy and to keep the force field incorporate.

So, as the I Am Nation is being founded and proclaimed, all that sustains that ideal and energy must be invoked and brought forth and shared and expected and eaten thereof. So, you as the light workers, the children of God who are expecting and experiencing the new foundation stones of the I Am Nation to come for the planet Earth must invoke, must expect, and must eat of, the substance in the dimension where you are that requires this foundation.

It will not be lowered for you from another dimension or area of consciousness. It will be made manifest for you where you are, in the form that is most applicable to the form and the vibratory rate on which you are, or through which you are, functioning in present embodiment. So, if the bread is the manna by which you exist physically, then you must expect, and ask for, and share with one another, that bread, that substance, that energy that supplies the nourishment and the growth and the health of the body form for this new community of ideas and experiences.

You must share this and you must supply it one unto the other equally, that all may live equally and sustain equally in that vibratory rate. For where one is starved for proper vibration and energy, all are, in one form or another, starved or deprived of it.

For you cannot separate yourself from one another. All are part of the one. The one formation, wherever you are, is the collective race in that area of consciousness and of expression. This has to be learned and finally determined by mankind on Earth.

Until he has experienced this and has earned it properly, he really cannot go fully into the I Am consciousness. For only those who are in the I Am consciousness will proceed into the new I Am Nation experience; and bring all who will be willing, and who will deserve the exchange and the nourishment, with him or her to that area.

Forgive us our debts as we have forgiven our debtors.

You leave us not in temptation, but You will deliver us from evil. Since this is an age and an era of cleansing and purification, there is no one at any time upon the Earth who does not need to cleanse from the karma of his past soul experiences here on Earth or elsewhere those inefficient and unworthy acts of spiritual children of God.

Each thing must be cleansed, each karmic balance must be brought about, not only in individuals but in groups, nations and whole societies. Therefore, if you come to the realization of this balancing of the karmic record, you must come also to realize that it can only be cleansed and purified according to the way, the manner and the level of humility and expectation you personally and collectively desire to be brought to bear upon your own indiscretions, from the higher forces of light, from the Hierarchal Board, from God the Parent. So, as you expect to be forgiven, that is how you must forgive all those who in some way trespassed against your rights and heritages.

This will bring more into karmic balance and will allow the cleansings to take place in as free a fashion, in as humble a manner and in as clear a being as possible. For elimination of karma cannot be decreed, in total and unequivocal announcement, via any one individual or any group of individuals. Each must come and proclaim his right and demand his cleansing according to the manner in which he expects Spirit to prepare, to cleanse and to forgive him or her.

For Thine is the kingdom, Thine is the power and Thine is the glory. This announces unto the planet that only the power, the glory and the righteousness of spiritual law will be permitted to exist from this point on throughout the planetary history in the fourth dimensional consciousness, the I Am beings and the light workers incarnate collectively.

In summation, there are four basic steps which are the foundation stones in bringing forth the I Am Nation.

1. *Thy kingdom come.* The land, the home, the area for functioning must automatically come. As above it is seen and decreed, so it must manifest in the sphere where you are operating.

2. *Thy will be done.* The laws, the covenant, the testament by which to live in this new land must be developed, based solely on universal laws.

3. *Give us each day our daily bread.* The substance which nourishes and sustains the function, in whatever form or whatever dimension you are to be made manifest, is a necessity. Demand it. It is given automatically according to the need and the desire to fulfill the law and the kingdom.

4. *Forgive us our debts.* All past mistakes, errors, misappropriations of Spirit's intentions for the race and the planet must be cleansed and purified, or dissolved, before a new level of manifestation can come into full form.

All these are *the kingdom, the power and the glory.* Upon these four foundations stones you who are the light workers of Earth must build the new empire for the spiritual state of consciousness and activity.

That will be all for this communication, for you now have arrived at the level where new insights, new programs, new plans can be made manifest in conscious, collective, group activity. The I Am Nation has begun to be made manifest. Through your invocations, as given here, you will bring about the new land, the new light, the new program. Amen. So be it in truth. I am Sananda, speaking through my channel Nada-Yolanda of the Hierarchal Board.

September 30, 1975;

MAM #90 A & B, weeks of October 26 & November 2, 1975

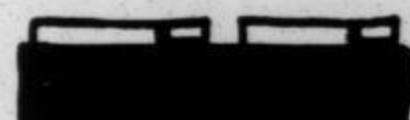
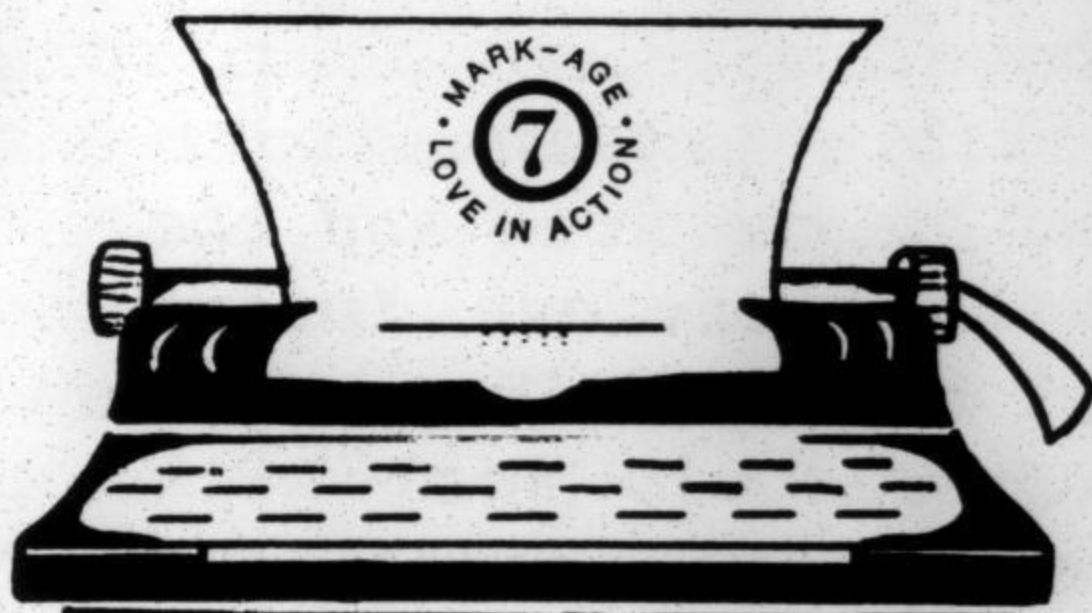
MAIN SUBSCRIPTIONS

It would be a shame for anyone to miss any of the exciting new developments of the hierarchal plan for 1976, as you can see from this issue. Yet, some of you may not realize your subscription has expired or is about to end. To help keep your *Mark-Age Family memberships* active, if there is a pencil mark before any item below, it pertains to you; and we sincerely *hope to hear from you* about it. Thank you.

 Past due. Due. Due soon. No word from
you recently; no money due; do you still want MAIN?

Family

Mail



CHRIST MASS GREETINGS
FROM MARK-AGE FAMILY

**IMMEDIATE ENTHUSIASTIC RESPONSE TO
SANANDA'S MAM BROADCAST #88**

We just received MAM tape #88, and feel the extreme importance of everyone hearing the tape who can. (See "Communication" section of this issue, pages 11-14.) We plan to present it to all other groups with whom we associate, as well as our Mark-Age group. Many who have heard it desire to act as emissaries. Please send four extra copies.

Zandia & Stephen Ely; Fresno, Calif.

September 15th and 18th, I was awakened with intense energy flowing through my body. This has happened several times before, but this time it was really heavy, so much so that on the following day, after each occasion, I ran a fever for twelve hours. I am consciously aware of a new level of subconscious activity, but I am not able to articulate it yet. Others in our Mark-Age Austin group, and some not part of this, reported similar happenings. Was there a special inflow at this time?

P.S. MAM tape #88 just arrived for our East Texas retreat for all the Mark-Age groups in this area. This broadcast certainly cleared up so much for many, and

myself especially, as you have read in my report above.

Friday the 19th, I again experienced what I had on the 15th and the 18th. That was the heaviest influx of energy yet. I had to sit up and meditate, and consciously work with the energy, most of the night. But this time my physical was not affected in any negative way.

After hearing MAM #88 at the retreat, I could tune in to what was happening. It is very interesting to reflect that so many of us here have been working with these energies prior to any announcement by Sananda to our conscious minds. Nice confirmation!

Nancy Danks; Austin, Texas



NANCY

During MAM tape #88, each student in my class became aware of a tremendous down-pouring of light and power. I now know that the special broadcasting of energies or spiritual seed implantation Sananda channeled through Yolanda has taken place. I understand in part. I pray for greater understanding. Hopefully this will help others who are trying to understand what Mark-Age is saying.

Y Crouch; Montebello, Calif.

After receiving Sananda's special MAM #88 tape on September 19th, I broadcast it nine times until September 23rd. On retiring, I asked my Christ Self to have complete control of my body; which was not a usual expression. When I awakened, I had been out on an astral mission for Sananda in behalf of the tape.

I was among a large group of souls with whom I felt comfortable and happy, but was not in my natural environment. I sang his message in a prophetic manner, which lasted for about ten or fifteen minutes, and closed with a very special invitation. I was hearing the urgency in my voice distinctly, and felt vividly the vibrations and calmness in each soul. I could feel the inner acceptance of all from this vibrational message.



TAODOA

Taodaa-Dorothy Stewart; Altoona, Pa.

The special MAM #88 tape is very good, and I have been working with it. I feel I was working with those ideas before the tape was received.

Louise Clapp; Tulsa, Okla.

I received MAM #88 yesterday, and before going to bed last night played it four times for the three of us who listen regularly and hardly can wait for "tape time." I will play it tonight for another one who very recently has become interested. The three of us already had noticed the extra energy we were picking up and trying to balance out before #88 arrived, and were so glad to have its confirmation.

Bethel Shirley; Pampa, Texas

What beautiful news has come our way via the latest MAM tapes! Glorious! We have been settled in our new residence for a couple of weeks, so these are the first really heavy broadcasts to go out from it. The tremendous significance of tapes #87 and #88 and the timing of our move make the whole thing extra meaningful to us. Bill carries a tape recorder in the car, so we want to order another MAM tape #88 in order that both of us can play it on any particular day or hour.

Cathie & Bill Bird; Allenspark, Colo.

Please send us seven more copies of cassette #88. There are many constructive people in this area who will use it well. Your work is so dependable and on such a high level, it is glorious. Thanks for your great service to us all.

Ray Burrup; Ogden, Utah

The effects of Sananda's message on tape #88 are really mushrooming for me. Each day since I got it I've had very important meditations. I hope that each day I become more and more one with him and his program, so this can happen for each other soul on the Earth now. I thank Spirit and Sananda and you for this final thrust and implantation, for I know now past all doubt that all error within me and without is being dealt a final blow, and the divine immortal way is the only way which will remain in my life and in the Earth.

Judy Sherman; Minneapolis, Minn.

EUROPEAN MISSION MEDITATIONS

Thanks a million for allowing us to listen to MAM tapes #85 and #86, containing communications from Sannanda through Nada-Yolanda during the European Mission. The terse and direct decrees and explanations, particularly those given in London and Rome, are indicative of the overwhelming changes that are to take place in our time. The MAIN magazines for August, September and October allow one to follow your movements step by step and city to city as you continued your tour across Europe.

Listening to the MAM tapes, the projections through the spoken word were felt vividly and our energies were spiritually quickened; but surprisingly we all felt refreshed at the conclusion of each tape and the end of each meditation.

The *European Mission Tape* is something really different, a delightful potpourri of sights and sounds of the various cities and towns visited. This tape complements and supplements the descriptive MAM tapes. That you could be like aliens from another planet on this tour must have cast you in the roles of actors enacting dramas such as Shakespeare wrote about during his lifetime, since many of his dramas were concocted of tales in those cities where you were.

The historical revelations by your guides and director, and Mark's observations and descriptive commentaries, were extremely helpful; it was like taking the tour ourselves, particularly since many of these cities have been visited by Ron during his early lifetime.

Overall, it was a privilege and a pleasure to listen to the playback of these particular tapes. We join with each and every light worker on the continent in thanking you for the time and effort you put into personally recording these priceless words for the benefit of mankind.

Betty & Ron Wickers; Winnipeg, Canada

I read every word of the publications with joy and anticipation of their messages, and faithfully I daily (almost) enter into the light of thought and communion of the network of MAM weekly messages to the world.

Concerning MAM #81A of June 22-29, where you ask for responses to the subconscious thoughts released prior to the European trip, the prevailing feeling through May and June was of unification, solidifying a stronger cleansing of the old ways in preparation for a new dawn, a new birthing, both in my dreams and meditations.



THE CICUTOS

The symbolic, significant messages that are coming as the after-fruits of the European tour through the MAIN publications and the MAM tapes are so beautifully inducive to spiritual growth; like soul food to all of us of the new birth. Sananda's intunements are what we have been starving for subconsciously for eons of time. Let those who have ears to hear and eyes to see and a discerning heart awaken, for the glory of our Father is upon us. John & Lillian Cicuto; Sepulveda, Calif.

This is a report of my experiences during your trip to Europe. First, the whole months of May and June I had this very strong sensation nearly continuously on my forehead, mostly when I read, relaxed or listened to MAM tapes. It was a tingling, magnetic feeling, mostly between my eyes. Sometimes it would move down to my nose, sometimes my whole face felt like it was vibrating. It was pleasant and I enjoyed it. I still experience it, but not as often and not as strong.

The day before I received tape #81, on the transfer of energies for the European Mission (see August MAIN, pages 18-20), I had the thought that I should send out these vibrations to those close to me, which I did; and then it was on the tape.

Elinor McMullen; Maben, Miss.

HIERARCHAL REPORT (continued from page 10)

reprogram mind, body and soul according to the I Am light-body pattern. Thus it will be a spiritual text for all to use in their own light-body anchoring, their own second coming into the light body and Christ consciousness. Only through Mark-Age is this work being conducted and released by the Hierarchal Board.



PROGRAMS

**A
R
K**

SANANDA'S SHIP #10 ANCHORS IN THE EAST FOR SIX YEARS



**G
E**

ZAN-THU: Greetings to our co-broadcasters in the Mark-Age Meditations network from the Far East. This marks my sixth and final week in the Eastern hemisphere. As instructed by Sananda before leaving Mark-Age headquarters in Miami, this is the week during which Sananda in master ship #10 is working through my force field—joined with that of my son John and his family near Tokyo, Japan—to anchor fully his vibrations, programs, decrees and Second Coming plans on the physical plane.



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During the first five weeks of my travels I visited seven nations. My itinerary included Kamakura and Kyoto, Japan; spiritual capitals before the seat of government was brought to Tokyo in the 19th century. Kyoto is the seat of Buddhism even today, so the tie with Sananda in his Gautama Buddha incarnation is strong there.



ZAN-THU

The country of Taiwan, with its capital Taipei, is the stronghold of the Chinese Republic. Therefore, it serves as a focus for projections to China via the Chinese people living there.

Since the Hong Kong area is such a varied mixture of Oriental and Western civilizations, it furnishes a good example of East-West coordination of peoples and religions. Bangkok in Thailand, Singapore, and the Malaysian

Peninsula Federation with its capital of Kuala Lumpur are also areas of Eastern and Western civilizations; with a mixture of the five main religions, thus further serving this coordination.

All of these countries border China, or are separated only by the China Sea, and Japan is close to the U.S.S.R. border. So, although I could not enter China, coordination thoughts and spiritual energies were planted in those areas via mental projections and decrees.

Even before the itinerary had been worked out fully, Sananda addressed me through Nada-Yolanda during the Mark-Age staff Hierarchal Board meeting on August 27, 1975. This occurred before he had left Miami in his spaceship #10 to orbit the Earth; and then to anchor his concentrations and energies over the Eastern hemisphere, somewhere on the borders of China and Russia, for the next six years, as he previously had informed us.

Generally, Sananda verified my intentions to visit the East. This had been a lifetime ambition and a soul desire within me. I had felt a strong pull toward the Orient even as a child.

Sananda further explained through Yolanda that for the first five weeks of my journey I would be representing the Hierarchal Board in its functioning through the Mark-Age unit. From this level of consciousness I would be planting consciously certain vibrations for the coming New Age on Earth, the externalization of the I Am Nation, and the upliftment of all men into the fourth dimensional consciousness or spiritual nature.

Sananda explained I was to do this by implanting these vibrations mentally and physically every place I visited, such as hotels, restaurants, buses, trains, airplanes, temples. He said it would be similar to dropping soul threads in each place. An energy projected through my auric field would penetrate the atmosphere of each site and contact.

He said the final and most important step would occur during my sixth week while visiting near Tokyo with my son, his wife Kyong Cha and their daughter Candy. John is with the U.S. Air Force, and has been a

MAM broadcaster all along. Sananda informed us that when all of us were together—relaxed, comfortable, without the stress and the strain of my physical travels and sightseeing—he would come into communication with us via our meditations, dreams and conversations, but mainly through our subconsciousnesses.

He would pick up each of the soul or auric threads I had planted consciously throughout the Eastern hemisphere. Through these individual auric threads or connections he will be able to broadcast his message and to work from the etheric.

My contribution and service in this is as a focal point through which we can link for Sananda's special mission in the Eastern hemisphere. Please join with us in broadcasting his decrees and program for the East-West coordination in the Mark Age, latter-day program for the upliftment of man. Our special thanks to all those who work with us in the MAM broadcasting system and the entire Mark-Age Family.

MAM #91A, for week of November 9, 1975

HIGH SELF OF EACH LINKS FOR SUCCESS OF 4th-PHASE RENDING IN SPRING

MARK: Welcome, all of you much appreciated and needed MAM broadcasters of light within the Mark-Age Meditations network. This is an extremely important broadcast, because it has to do with the message Sananda delivered through Yolanda on September 12, 1975 (*see* pages 11-14); which you heard on the immediately prior broadcast. This is a follow-up, a taking you with us into the high Self consciousness to work on the implications of that message.

This is a trinity broadcast from Sananda, through Nada, via El Morya now, to the high Self of each one of you and all other light workers upon the Earth; and to the high Self of each one upon the Earth and in the astral environs around the Earth, be they light workers at this time or not.

We are broadcasting this from The Sanctuary at Miami Beach, Florida, the interim headquarters for Sananda's implantation of the I Am Nation upon Earth. I'm

speaking to you in this #88B MAM broadcast as rising to my high Self state, the El Morya consciousness. As you know, as has been broadcast by Sananda through Nada-Yolanda many years ago, the leader of light workers upon Earth prior to Sananda's return is El Morya.

Therefore, I am dutifully and officially speaking unto each one of you in the high Self state, from that El Morya consciousness, as the leader of the light workers upon Earth; all of us working in conjunction with the leader of this program from the etheric plane, Sananda.

We are going to work in this broadcast in the way we have in one or two others, but particularly the technique we used so successfully, and which meant so much to so many of you as you stated in your correspondence with us after that, in MAM broadcast #82A for the week of July 6, 1975. That was the one in which, two or so weeks before Yolanda and I left for the European Mission, we visualized with you by calling upon your high Selves to work with us at that time; and to make it retroactive, with your permission and conscious acceptance at the time you heard it, after the European Mission was a completed fact.

By the time you hear this message, you already will have been working with us in the high Self state, and now you give conscious acceptance to it.

The message by Sananda on September 12th said that from September 10th through September 24th or 25th he would be making the final implantations from his plane through all forces of light upon the Earth and in the environs around Earth, from the etheric to the astrals into the Earth plane physical itself, concerning the final rending of the fourth phase of the seventh veil by the end of spring 1976.

At the time he is making these final implantations—this being recorded on September 16th—we are uniting in adding our force, representing all light workers



MARK at
The Sanctuary

upon the Earth, in adding our emphasis, our visualization, our realization of already successfully being completed, this final implantation from Sananda. We will close our meditation with that theme, and we'll think about it from time to time.

We know that beginning now, but particularly from mid-December, with the Christmas influx of energies, through the first week of June 1976 will be the greatest concentration of energies we probably have had upon this planet for many thousands of years.

As he stated, *by the Easter cycle of 1976, as already given to you many times in the past three-to-five- and four-to-six-year cycles.* The three to five represents the rending for the light workers, occurring about a year in advance of when such would fall upon the masses. For the masses, they would be four to six years. As he said, we've been speaking about this since early 1970.

I would like to call your attention to pages 49-51 in the "History of Mark-Age" issue of *MAIN* magazine #22, for June-July 1975. Those hierarchal program dates are not only for our reference but also for yours. If you will study that from time to time, you will find many interesting things.

For example, on May 11, 1966 it was announced the sixth veil had been rent. On June 7, 1967 it was announced the first phase of the seventh veil had been rent. On April 19, 1968 the second phase of the seventh veil had been rent. In the spring of 1970 it was announced the third-phase rending was assured; keeping in mind that they begin the rending of the next phase even before the prior phase has been completed, thus there being an overlapping and not a sharp cutoff time.

On May 10, 1970 it was stated the fourth phase would be completed within six years. On December 2, 1970 it was announced the fourth-phase rending had begun.

Let's keep this particular date in mind. On MAM broadcast #15B, for the week of December 17, 1972, in a communication delivered by Sananda on November 10, 1972, he stated, *A two-hundred-and-six-million-year cycle of evolution shall be completed by the spring of 1976.* You know we have been working on a major cycle of evolution in this solar system for two hundred and six million years.

We can see how precise are these times that have been given to us from the earlier channelings of Yolanda prior to 1960. Note that the last phase of the sixth veil and the first four phases of the seventh veil were rent during the spring season each time. We will have that occurring again, with the rending of the fourth phase of the seventh veil during the spring season of 1976.

The last three phases of the seventh veil will be rent completely between or by 1982 to 1993. The mass educational program also is to end in 1982, being the second of the three twelve-year cycles; the first cycle being *preparation*, the second cycle *teaching*, the third cycle *demonstration*.

We want to concentrate here on the rending of the fourth phase of the seventh veil. We know that this is, has been, the most horrendous of all the phases of the seventh veil. We were told that in advance. We will be working on this rending of the seventh veil, in additional MAM broadcasts, between now and the final rending in the spring of 1976, since it is so important. Therefore, it would be well if you would review this in our publications, *Mark Age Period & Program* and other books, so we will have in mind much of what has been said about the rending of the fourth phase of the seventh veil.

Let us work with Sananda, in the highest consciousness possible, in seeing that this will be accomplished. With your high Self, we now speak for the trinity, we speak for all the Hierarchal Board, we speak with Spirit above and in all, to visualize that by the September 25th date of the final implantations all of us have united into the Christ high Self state to work with Sananda for this.

We know that by our working together, representing all light workers on Earth, this MAM broadcast has been extremely influential and important in helping to manifest it. Therefore, we see it manifesting in a full and successful rending of the fourth phase of the seventh veil during the Easter season, the spring cycle, of 1976.

MAM #88B, for week of October 5, 1975

I AM COMES ALIVE IN '75

MAM PROGRAMS SUMMARY

TAPE	WEEK	SUMMARY
84 A	8/3/75	Mark outlines mental, emotional and physical reactions to the increase of energy for transmutation into fourth dimensional frequency vibration. Symptoms, and suggestions for remedies.
84 B	8/10/75	Yolanda explains pain and pleasure involved in increase of these light energies, and the dual aspects of crucifixion-resurrection initiation.
85 A	8/17/75	<i>European Mission Communications.</i> Sa-nanda's communications through Yolanda as recorded on the spot in various European cities. This is according to his instructions to transfer his personal energies and thoughts from Nada and El Morya to the Mark-Age staff, to the MAM network, then to the Mark-Age Family membership and all light workers on the planet. London to Rome, May 10-20, 1975. Published September 1975 <i>MAIN</i> , pages 13-36.
	<i>Bonus tape, 30 mins. each side.</i>	
85 B	8/24/75	<i>European Mission Communications.</i> Two extremely important communications: in the gardens of the Vatican on May 21, 1975; further explanation that evening in Rome. Published September 1975 <i>MAIN</i> , pages 37-44.
86 A	8/31/75	<i>European Mission Communications.</i> Continuing with entire messages exactly as recorded in Europe. Paris June 3rd, Geneva June 4th. Published October 1975 <i>MAIN</i> , pages 3-10.
	<i>Bonus tape, 30 mins. each side.</i>	

TAPE	WEEK	SUMMARY
86 B	9/7/75	<i>European Mission Communications.</i> These messages were recorded in Geneva, June 6th; Matterhorn, June 9th; Basel, June 11th. Published October 1975 <i>MAIN</i> , pages 13-28.
87 A	9/14/75	Sananda's master ship #10 moves to the Eastern hemisphere for six years of projections and dramatic changes there. Summary of instructions about effects of the etheric spacecraft on East and West. Zan-Thu of Mark-Age to anchor energies for Sananda on the physical during her tour of Far East, October-November 1975.
87 B	9/21/75	Hierarchal cycles, major and minor, which affect our work and activities. How to prepare in advance for great influxes of spiritual energy during Christmas and Easter, so you can benefit from them. Mark.
88 A	9/28/75	Final implantations of Sananda's energies, ideas, projections and proclamations unto all men on Earth for rending fourth phase of seventh veil. Imperative that these broadcasts be played and projected continuously until end of spring 1976. Communications from Sananda through Yolanda, September 12th & 16th. Published November-December 1975 <i>MAIN</i> , pages 11-15.
88 B	10/5/75	Mark calls upon Christ Self of each light worker on Earth to unite for successful rending of fourth phase of seventh veil, as given through Sananda on side A. Man is ending 206,000,000-year cycle upon Earth. Published November-December 1975 <i>MAIN</i> , pages 38-41.

TAPE	WEEK	SUMMARY
89 A	10/12/75	Sananda announces completion of final implantations of new spiritual energies for Earth, and beginning of two-year plan to externalize I Am Nation. Communication on September 29th, published November-December 1975 <i>MAIN</i> , pages 18-20.
89 B	10/19/75	Responses from members of MAM network to MAM #88. (See "Family Mail" section of this issue, pages 31-33.) Nada, as representative of mass subconscious, shares her reactions, experiences and communion with Sananda on September 25th, final day of Earth implantations, from master ship #10. Published November-December 1975 <i>MAIN</i> , pages 15-18.
90 A	10/26/75	Sananda's announcement September 30th: "The perfect ideal pattern of the I Am Nation is now to begin manifestation on Earth." Interpretation and application of message by Yolanda. Communication published November-December 1975 <i>MAIN</i> , pages 25-30.
90 B	11/2/75	New revelation of meaning of <i>Lord's Prayer</i> for externalizing I Am Nation, by Sananda through Nada-Yolanda September 30th. Published November-December 1975 <i>MAIN</i> , pages 25-30.
91 A	11/9/75	Zan-Thu, in Tokyo this week, sums up her Far East mission for Sananda, anchored over borders of China and Russia for six years. Published November-December 1975 <i>MAIN</i> , pages 36-38. Yolanda explains our supporting role.
91 B	11/16/75	Current reactions light workers are feeling, in advance of the masses, as concern fourth-phase rending. Mark.

I AM NATION TREASURY

To manifest the I Am Nation on Earth for the Second Coming of Sananda, a new headquarters is urgently needed. We are looking for it now. We have about \$140,000 in cash and other liquid assets in the Mark-Age building fund. But adequate property for the next twenty years cannot be purchased for that small amount. Eventual sale of the present MetaCenter should add more than \$200,000 to the treasury, but it cannot be sold for awhile.

Mortgages are not desirable, for the vast amounts necessary for interest payments for many years would drain off supply that could be better utilized for program works. So, we now ask the Mark-Age Family members, potential I Am citizens, and all other program workers to aid in whatever ways you can for this project. In any case, we need your visualizations of success. We are envisioning \$1,000,000 for the I Am Nation treasury.

Alternate methods of financing establishment, functioning and expansion of the I Am Nation are as follows. Perhaps you can aid in one or more of these ways, providing your I Am Self so guides you.

CASH DONATION. Tax-deductible gifts of money and other liquid assets can provide immediate funding.

PROPERTY, STOCKS, BONDS. These would provide funds for immediate or near-future needs.

GIFT-INVESTMENT. The popular method whereby you make a donation now instead of in a will, yet part counts as a tax-deductible gift, and it earns interest for you.

LOANS. Long-term notes bearing nominal interest can supply immediate or as-needed funds.

Can you help Sananda and us manifest the I Am Nation on Earth now? Thank you, all who can and will.

ANGELS

Nature, functions, powers ■ Creators, managers, directors of all manifested form ■ Guides, teachers, companions of man ■ Guardians of man's spiritual consciousness & body ■ Supervisors of man's thought forms ■ Relationships, responsibilities with man ■ Seven archangels ■ Communication with race of man ■ Luciferian forces



Seven rays of life ■ Seven steps of creation ■ Transformation of form ■ Planetary changes ■ Latter days ■ Rehabilitation of error ■ Judgment time ■ New heaven & earth ■ Manipulation of spiritual energy ■ Areas of evolvment ■ Good & evil ■ Love in action ■ Other realms ■ Integration of all kingdoms ■ Glossary of 145 New Age terms

MAN

Son of God ■ Co-creator with God ■ Christ consciousness ■ Nature, powers, functions ■ Superconscious, conscious, subconscious ■ Seven bodies ■ Seven aspects ■ Eternal life ■ Spiritual or light body ■ Spiritual evolution ■ Fall into matter ■ History, future ■ Next 3000 years ■ Governor of lower kingdoms ■ 144,000 elect ■ Transmutation

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