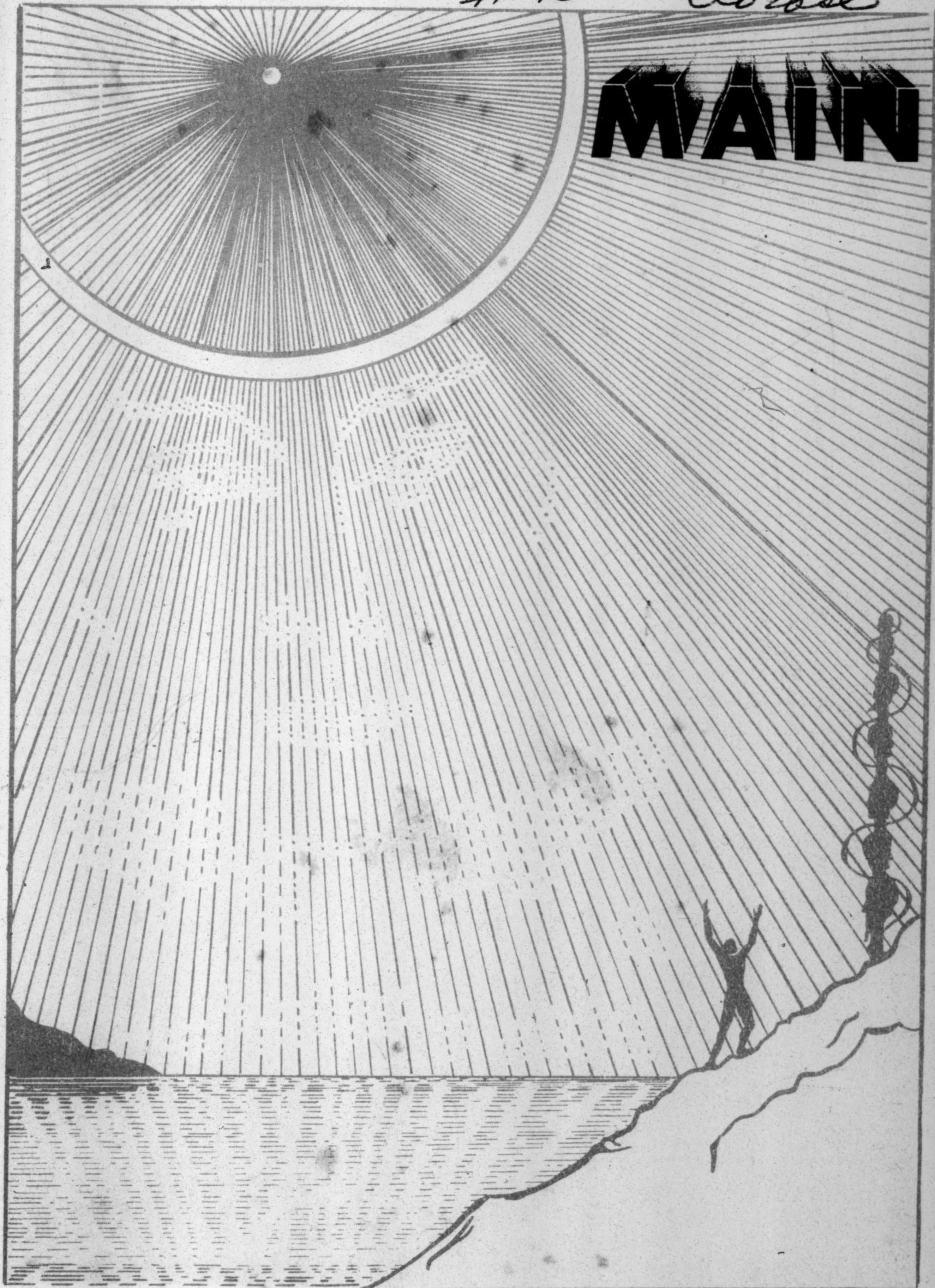


# 10

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**MAM Broadcasting Network**



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## **MARK-AGE Meditations**

- Weekly worldwide meditation meetings for groups and individuals.
- *Inspired and coordinated interdimensionally by the Hierarchal Board.*
- Presented and coordinated internationally by Mark-Age Networks (MAN).
- *Based on format of Mark-Age weekly meetings since 1960.*
- Topics include current hierarchal-plan news and information, activities of other participants, spiritual space program, Second Coming, spiritual analysis of current events, much more.
- *Not controlled meditations, but lead-in to personal silent meditation.*
- Two programs of fifteen or more minutes on each cassette (only) tape.
- *Tapes sent first class or air mail for up-to-date coordination.*
- All participants play identical tape during same week.
- *Part of hierarchal linking-of-lights program for coordinated action.*
- Same taped programs used at Mark-Age MetaCenter headquarters.
- *Meetings can be held any time of day or night, any number of times.*
- Available to New Age and other groups or individuals.
- *Excellent for beginning or enhancing any group.*
- Other tapes, publications, material available for group use.
- *Group formation, promotion and assistance offered by Mark-Age.*
- No Mark-Age control over participating groups.
- *No limit to number of participating groups in any area.*
- Play for family and friends at home or anywhere.
- *Combined meetings and programs for local-area groups.*
- Lecturers and Mark-Age coordinators available.
- *Related to the Mark-Age University of Life program.*
- Mark-Age magazine MAIN is the coordinated publication.
- *Donation of only \$5.00 per tape of two programs.*
- Write for **Mark-Age Meditations** brochure describing this program.

**MARK-AGE MEDITATIONS**  
 327 N.E. 20 Terrace  
 Miami, FL 33137

**M A I N**

Mark-Age Inform-Nations  
is a service for media by  
Mark-Age MetaCenter Inc.  
327 NE 20 Terrace  
Miami, FL 33137, U.S.A.

**M A I N**

publishes news, information,  
education & guidelines for  
linking of  
**LIGHT WORKERS & GROUPS**  
as a preparation for  
the Second Coming and  
the New, Golden  
**AGE OF AQUARIUS**

**M A I N**

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# M A I N

APRIL 1974

**2 METACENTER NEWS**

*Mark-Age completes fourteen years of physical operation. New staff members, new volunteers, new hardcover books, new branch operations for University of Life.*

**4 HEALING HAVEN**

*El Morya-Mark, director for Healing Haven function, broadcasts through MAM network how to establish your own healing haven within; and thus establish the Hierarchy's focus through Mark-Age externalization.*

**11 MAM PROGRAMS**

*Transcripts of the channeled communications used in MAM broadcasts from July 1973 through March 1974.*

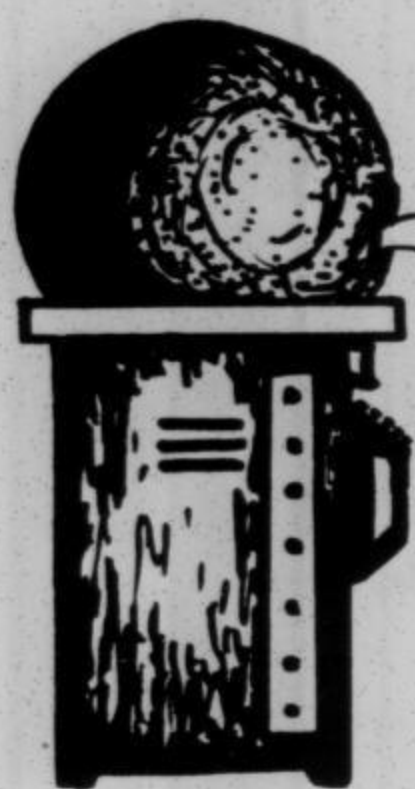
**47 MAM PROGRAMS SUMMARY**

*Dec. 9, 1973 to March 10, 1974.*

**49 HIERARCHAL BOARD DECREE & ANNOUNCEMENT**

*Special MAM projections for the weeks of May 26 and June 2 by El Morya-Mark and Nada-Yolanda.*

**COVER:** *MAM Broadcasting Network is another pen-and-ink drawing by Marjorie Davidson-Smith of Hertfordshire, England, who is a New Age poet, artist and musician. This inspirational work shows how light workers in the MAM broadcasting network receive their instructions from the etheric planes, depicted by the sun's rays and the etheric being, and then rebroadcast the words and ideas out through their co-workers who are linked together on the Earth.*



# MetaCenter

North  
East  
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South

IN OUR HIERARCHAL MEDITATION at MetaCenter on the evening of February 13, 1974, Sananda told Yolanda that February 21st marks the ending of a fourteen-year period of Mark-Age history; actually, the ending of two seven-year cycles, the first being the physical and the second being the mental applications of the purpose for our unit. The next seven-year cycle will be the fulfillment of our spiritual aspects. Our purpose is the Second Coming of Sananda both as Sananda and as Jesus of Nazareth, and more and more our work will bring this purpose into open view and demonstration. Now we will begin implementing fully the five major divisions of Mark-Age. Also, please note Sananda's message on completion, channeled through Astara-Astrid in the *MAM Programs* section, pages 44-46.

**NEW STAFF MEMBER** Marvin Weisman, age 26, had been a part-time volunteer worker for approximately a year prior to his becoming a full-time worker on March 1, 1974. As with all new associates, he will receive training in many functions.

**GENERAL COUNSEL FOR MARK-AGE** now is David Mackenzie, age 32, formerly an assistant district attorney in Chicago specializing in federal litigation. He is our part-time, volunteer, unpaid attorney for legal matters concerning Mark-Age, and will be especially important in preparing our course in such functions for our five major divisions.

**CONFERENCES PERTAINING TO HEALING HAVEN** were held with Bob Knapp, M.D., and Andrea Knapp during their two-week visit in February at MetaCenter in

Miami. They have the position of part-time field staff for Mark-Age, looking forward to the near future when they will be full-time associates.

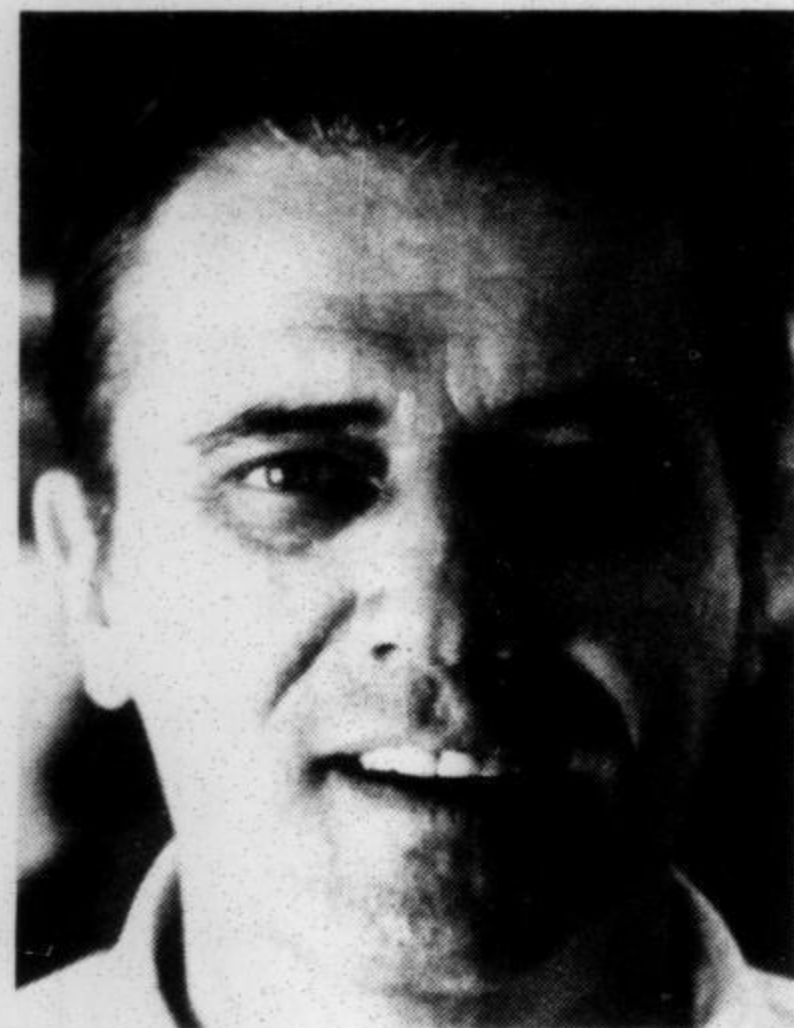
**UNIVERSITY OF LIFE HEADQUARTERS IN CALIFORNIA** now is under the direction of Astrid and Joel, who returned to the Los Angeles area the first week of March for a period of a few months. During this time they will be engaged primarily in starting the entertainment aspect, particularly with Astrid's singing. They also will be concerned with our *Welcome Visitors* campaign.

**COMMUNICATIONS BOOKLETS IN SHORT SUPPLY**, no longer to be listed on our order form, available while the limited supply lasts at \$1.00 each volume, are these: *Cosmic Lessons* #s 1 & 5 (#s 2-4 are still available); *Mortal Vs. Immortal*; *Servers Of Light* #s 1,3,4 (#2 not available); *Youth In Action* #3 (#s 1 & 2 gone). **MAIN** magazines still available in limited numbers at \$1.00 each are: Jan. 1973 (*Channeling*, our first issue); March 1973 (*Earth*); July-Aug. 1973 (*Science in the New Age*); Sept.-Oct. 1973 (*Battle of Armageddon*); Nov.-Dec. 1973 (*Cosmic Music*); Jan.-Feb.-Mar. 1974 (*Love*); Apr. 1974 (*MAM Broadcasting Network*).

**ANGELS AND MAN & VISITORS FROM OTHER PLANETS** books were delayed at the printers, but were scheduled to be off the press March 6th. Allowing time for shipment to us, they should be in the mail to those of you who already have ordered them well before the end of March. If you have not ordered them yet, doing so now will assure yours being in early shipments.

**NEW, LARGER FACILITIES FOR MIAMI MARK-AGE HEADQUARTERS** are urgently needed! We have outgrown our present two old buildings and must move to additional or new and larger office and living quarters as soon as possible. We do not have enough space now to accommodate present full-time staff, let alone necessary new staff and the workers who come for temporary assignment. Also needed are temporary or permanent office and living quarters for our Los Angeles area branch. Your support in the way of properties, finances, other supply is needed.

# Healing Haven under Hilarion



## ESTABLISHING THE HIERARCHY'S HEALING FOCUS ON EARTH

by EL MORVA-MARK, Director for HEALING HAVEN

from MAM BROADCAST #43B, week of January 13, 1974

We wish you the best of health throughout the remainder of your mission on Earth in this lifetime. We wish this not just for the Mark-Age Meditations or MAM network, each one of you, your families and your friends; not just for the Mark-Age Family members; not just for all light workers on Earth; but to every single person on Earth. And it isn't a case of just wishing good health for all of you; we are doing, we have been doing, we will be doing, something about it. For this is a function of one of the five major divisions of Mark-Age: *Healing Haven*.

Actually, we have been interested and active in healing in a spiritual or metaphysical manner since the very inception of Mark-Age. As many of you know, as many of you have had occasion to use in your own personal lives or for friends or family or relatives, we have a healing chest or a prayer service that has been effective since 1960, in which you or anyone can write to MetaCenter in Miami, asking for special healing prayers; be they of the body, of your affairs,

or of anything in particular where you would like to see divine order and harmony instituted for the error situation that has been manifesting.

We have had many wondrous results of and testimonials to this special prayer service, where we call consciously upon our associates in higher planes to work as agents of Spirit to help in manifesting the proper healing situation for that person, or whatever it might be. This is in effect now and it will continue; but it will be expanded into our healing service, our *Healing Haven* function.

In mid-December of 1973, while Yolanda and I were in Laguna Beach, Sananda stated that my work would begin in earnest in a new function: heading *Healing Haven*, putting it into motion. This would begin when we would return to Miami, in February.

At that time, Zan-Thu and Eloise were with us in Laguna Beach, helping us in various ways in the temporary headquarters for the *University of Life* in southern California. Both Zan-Thu and Eloise have had many years' experience — full careers, really — in the healing profession as nurses, so they are well qualified. Zan-Thu in particular is to be a leading figure in *Healing Haven* work, and indeed already has been doing a great deal of research work for that.



ELOISE



ZAN-THU

## IMPLANTING THE VISUALIZATION

We began implanting some special functioning for *Healing Haven* in mid-December 1973. We did this through meditations, linking up with Mark-Age MetaCenter in Miami, planting in effect a dual focus; but in mind it is just one focus, the Mark-Age *Healing Haven* focus.

We visualized this healing focus being formed by Spirit, by projecting this into our consciousness and thus establishing on the Earth plane a healing focus in which we could mentally tune in and bring about our special projections to man of Earth for specific and all-encompassing situations as concerns healing of mind, body, soul, as concerns man in any aspect. We're speaking here about the wholeness of man; his freedom from illness, from dis-ease of any kind.

We began in these meditations by mentally visualizing a focus, not as a particular physical place but as a *Healing Haven* focus, through which Spirit could project Its energies through us directly, through this focus, and to each individual who tunes in to this focus in one way or another.

We started by placing ourselves in that *Healing Haven* focus, then the rest of our associates in MetaCenter at Miami, others of the Mark-Age Family, the light workers as a whole, and all mankind of Earth.

This is the type of establishing and strengthening of the focus we have been doing and will continue to do. Now we are asking you, through this first *Healing Haven MAM* broadcast, to join us in this.

We thus have established this particular *Healing Haven* focus. We will visualize it. We will project through it by placing people and situations into it, to visualize divine order and harmony in whatever way is needed.

In this special projection we are not seeking to become healers ourselves. Many of us have had experiences in spiritual healing. Many of you may be in various aspects of the healing profession, such as medical doctors, chiropractors, nurses, ones who work in hospitals, or perhaps in firms which deal with medicines, any of these and other

functions; all are part of the healing services in one way or another.

We are visualizing ourselves in this particular *Healing Haven* focus not as diagnosticians, not as those who prescribe remedies for anyone, not as those who deal in any way with individual cases as to manipulation or laying on of hands, or anything of this nature. In other words, we are not functioning in this aspect of Mark-Age *Healing Haven* as healers.

### HEALING FOR OTHERS

We merely are allowing ourselves to be conductors through which Spirit, through the *Healing Haven* focus of Mark-Age and through the healing haven within each person on Earth — particularly, in this case, our *MAM* broadcasters, and others of you who will be participating in one way or another in this *Healing Haven* work as conductors of energy — can project that which is needed to correct that particular situation in whatever specific individual or individuals we are working with at that time.

Thus it is not we who are doing the healing. It is merely that we are asking Spirit, through us and directly through that person or those persons, in whatever way Spirit deems best, to bring about healing for that person. In this way we truly are our brothers' keepers, in the sense that we wish healing for all people of Earth, regardless of who they are. They can be the worst criminals, or those who are doing some of the most diabolical things on Earth now.

We know that the race of man must reach the point where each individual within this collective race of man, or the Christ Sonship, is at the point of full and complete divine healing. Man must be brought back into complete spiritual nature, heritage, powers so he functions as the Christ, as the son of God; which means that all illness, all disease, all error must be eliminated from the consciousness of each and every person on Earth.

Therefore, we work with the Christ Self, the higher

Self, the superconscious, of each person in various techniques: spiritually, mentally, physically, with various kinds of equipment, through various avenues of healing. I am speaking here not just of Mark-Age but of those who work in the healing fields, in whatever aspect it might be.

We help to bring about in whatever way we can and in whatever manner we can — presently known, known in the past, perhaps not known or utilized now, and the future things which will be given to us by Spirit and by our sisters and brothers in higher planes — this healing of all people on Earth.

Therefore, we look upon the individual personality of the people we are working with now. We do not judge them as to what they are doing in this lifetime or have done in the past. We merely are projecting the fact that we wish each individual — the soul aspect, that is; because the Christ Self always is whole, always is in full divine order and harmony; it needs no healing — healed, each individual in whole or holy consciousness, so that person, so all persons, can properly function.

We are doing this initially through this *Healing Haven* MAM broadcast, and are asking you to help us to establish and to work in this *Healing Haven* focus. Thereby our numbers are greatly multiplied.

### FUTURE PLANS

In 1974 we hope to have a first issue of a *Healing Haven* magazine and some *Healing Haven* tapes. In February 1974 we will begin special *Healing Haven* seminars in Miami.

In the eventual *Healing Haven* location, where our research facilities will be, we will have healers come together to share in whatever techniques they use, and then pass the information along to others. It will not be a place where we will diagnose or will treat, but merely will be able to compare, to share, and to pass on to all people what we have learned.

This will begin in Miami MetaCenter early in 1974, with a participation of some of our leaders in the *Healing Haven*, such as Bob Knapp, M.D. and his wife Andrea, N.D., who will be joining us and the others involved in various aspects of healing.

### HOW YOU PARTICIPATE

Will you please join with us in visualizing — in this meditation and in any other meditation in which you wish to work on healing, for we know many of you are very much interested in this particular aspect — and tuning in to the *Healing Haven* focus already established through Mark-Age? Merely go into meditation, ask Spirit for you to be intuned with that *Healing Haven* focus, and thus participate in it.

We worked specifically in Laguna Beach, the four of us, in establishing the *Healing Haven* focus at MetaCenter in such a manner that each one can invoke the healing haven within herself or himself, and thus know that by invoking that they automatically are intuned with the *Healing Haven* at MetaCenter.

Will you do this? Will you go into your own consciousness and establish this contact with the healing haven within yourself, which in turn is linked with the main hierarchal focus for *Healing Haven* temporarily at Mark-Age MetaCenter in Miami? Do this a few times until you get the feel of it, until you know you indeed are anchored into that consciousness. Do this a few times before you even try to place any individual or situation into that *Healing Haven* focus for healing.

You are free to write to us at MetaCenter to request prayers, special *Healing Haven* projections with you, for yourself or for any other individuals who need this healing of mind, body or soul; or of their life in any aspect, such as employment or whatever it might be that is in need of healing.

In this *Healing Haven* focus, project the wish that Spirit will use you, will use the entire *Healing Haven* focus of

Mark-Age, and all agents of Spirit on all planes applicable, to bring about that particular kind and degree of healing which Spirit, through the high Self of that individual or those individuals, wishes to have accomplished at that time.

You do not tell that person what it must be, what he or she must do to achieve that healing, how long it might take, whether it will take effect on this plane in this lifetime or in another plane at another time. This is all up to Spirit, and perhaps also up to the individual's karma.

But we do have the power to ask Spirit to work with that individual, because we are one in the Christ; and we see and know that all must be raised into a place of full healing.

Now you are linked with the *Healing Haven*. You are now linked with your own individual healing haven focus within yourself, and thus with all others in the Mark-Age network. Meditate on this. Use this. Join with us in it. Firmly establish it on the Earth plane, through this Mark-Age Meditation network and the great number working in this way. So be it.

\$6



**IN THE VERY WORDS** of the seven archangels, heads of the angelic or celestial kingdom for this solar system, are now revealed the true nature of the angelic forces and of their relationships with and responsibilities to the race of man.

Many truths are revealed for the first time in our present recorded history. Many misconceptions about the angelic kingdom are corrected. Many aspects of the nature, the functions, the powers, the history and the future of man are given for our spiritual awakening and evolution.

The angelic forces are those which co-create with God, manage and direct, all forms that exist. An additional function has been given to them in this solar system, that of our guardians and teachers until we assume our proper spiritual responsibilities and functions.

Man, as a co-creator also with God, has a responsibility not only to the angelic but also to all other kingdoms. When we recognize and fulfill this responsibility we will have the proper relationships with God and all creations.

Then we will be permitted to enjoy our spiritual nature, heritage and powers. Then also will all other kingdoms, for which we are governors and are responsible for aid in their evolution, come into proper harmony and balance. This book tells us how to achieve that, and more.

*A Mark-Age text for*  
**UNIVERSITY OF LIFE**  
327 NE 20 Terrace, Miami, Fla. 33137



# PROGRAMS

## PROJECTING TO MASSES

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It is absolutely necessary for Mark-Age channels and the Mark-Age unit itself to preview that which is about to occur to mass consciousness.

In this instance of using *mass consciousness*, please let us explain another point of which you have not been totally aware. Your comprehension of mass consciousness is the entire population of Earth physically incarnated.



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You even have come to a point where you realize that anything that affects or is projected to the mass population or the Earth population affects myriad astral forces as well, because they are interlocking and interacting on one another.



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However, our interpretation of this — although perhaps we have not spelled it out as clearly as we are going to here — is that we work in groups of sociological, national, racial, religious, professional and other similar ones.

In other words, we may work with just the youth, a certain age bracket, for a period of time. That is why you have a wave of rioting or rebellion or instability, in a certain age bracket, that affects an entire planet, not just one country or one area of a country or one segment, such as the black youth population.

Or, we may work with the medical mass-consciousness. This of course would involve all who are involved in healing, not only the doctors but the patients as well, and those who have been doctors in other lifetimes and who are projecting through from the astral to their physical counterparts. We give these only as examples, of course.

We may work with just light workers, or those opened and aware of metaphysical-occult concepts, as opposed to those who have not come to that realization solidly and firmly enough.

Therefore, our interpretation mostly, in using the words *masses* or *mass consciousness*, means segments of the masses. For it is not possible, as we have indicated on numerous occasions, to take three or three and a half billion people physically incarnated, and all of the astral forces, and simultaneously instruct or influence them in exactly the same manner at the same time. It could cause such an instability and such a reaction that we could never balance back any form of equilibrium.

In addition to this, we do not have enough supporting workers, from the etheric and the celestial. Not enough are awakened to the I Am consciousness as yet who could handle that totality of influence at this time. This will occur after the year 2000.

Of course, you know the reason why that will happen. It is because we are preparing the one hundred and forty-four thousand, minimum, light workers who will be in the I Am consciousness and will have within them the same single-minded goal, decision and dedication, simultaneously, to accept and to know when we desire to change en toto the entire planetary structure.

As you know also, as we influence and as we instruct the Earth population — meaning the people, the human race — their thoughts greatly influence and have a reaction upon every other single kingdom. Therefore, if we took an entire Earth population and changed or influenced or cleansed simultaneously all of that, it would mean all the other kingdoms simultaneously would have it.

How could you hold any form of equilibrium, when say only seventy percent of the light workers could remain stabilized? The proportion or the equation is not sufficient. This of course is obvious even to the mortal way of thinking and seeing and knowing.

Thirty percent could totally upset the balance and throw

the remaining crew into troubled waters. Who and what would keep the boat intact, when three out of ten could not sustain their roles, their anchorages and their equilibriums, playing out the roles that were assigned to them and the responsibilities given unto them?

These are the computations we recognize. Therefore, you too must recognize what we mean by influencing masses. We must work gradually and slowly until we have insured and absolutely have tested out a minimum of one hundred and forty-four thousand light workers, stabilized as you yourselves should now be stabilized and comprehending, in order to influence all.

For those one hundred and forty-four thousand each would remain stable during such dramatic changes and upheavals, thus influencing a corresponding number of individual consciousnesses for which they were responsible.

Each of those individuals they are responsible for then would be able to project sufficient enjoyment and acceptance of the change in frequency so that the other kingdoms were not thrown into total chaos and upheaval; which then would disintegrate the planetary balance of mineral, vegetable and animal kingdoms, as well as all the astral energies and atmospheric, elemental proportions on which you still are dependent in order to operate in a physical body.

-- *Sananda*; Alpine Village, Calif.; May 31, 1973  
(MAM #29B, week of July 1, 1973)

## UNDERSTANDING LIGHT BODY

The superconscious aspect or functions, the light-body activities, are far beyond anything you ever have been given to understand upon Earth plane functioning, at least in the last twenty-six thousand years of recorded time.

In fact, not since Lemuria, two hundred and six thousand years ago, have we been able to effect through any channel or recording physically on this dimension exactly what it is the superconscious or light-body faculties —

which have been called the Christed or Buddha plane — are involved in and can perform through you, for you, and are responsible for unto the evolutionary progress of each individuality, who is a soul incomplete until the soul and the spirit are wed as one.

This very complex information and unfoldment are part of the Mark-Age functioning; but not totally its responsibility, since we in the etheric, representing the inner plane spiritual government or the Hierarchal Board, really are responsible to project this idea out unto all who are of the mass-conscious acceptance level, regarding the hundred and forty-four thousand light workers who must anchor this New Age and new light and Hierarchal Board experience.

It is not so much that we select the individuals or that we ask certain individuals to do the certain jobs or to example the certain portrayals for the race consciousness, but that certain ones are equipped by their past experiences and specialities in that line of consciousness or works; or, because of their past failures, have gone on and on and on in repeating the various lessons and conscious applications of those various aspects which all men are equally responsible to understand and to execute in the incoming experience of Christhood, mastership, love in action, peace inwardly.

We have mentioned these things in numerous ways and through numerous channels. We bring about as much of our experience and our evaluation for the Hierarchy's externalization as we find possible and acceptable unto the groups that are concerned.

Previously we have mentioned to you, and through this channel it has been recorded, that mass consciousness often and most usually refers to masses of certain segments of the race incarnate upon the planet; and also as it influences those who are in a specific way connected with that group consciousness for a specific purpose, such as a profession or a nation or an age bracket, even one of the two sexes which incarnate upon the planet, male and female.

But when we speak now of the mass-conscious accep-

tance of these teachings and the demonstrations we are asking to be brought forth in this Pentecostal period, we have to refer to a very select and minor group, that refer to the experienced, the awakened, the willing light workers incarnate now physically upon the planet.

But as we refer to all our past references, those who are incarnate upon the planet in the physical also influence tremendously all those who are connected with them in one way or another, either by consciousness or by spiritual level or by past karmic ties individually and specifically, to those who appear and express and influence the Earth through their astral incarnations and participations.

So, although we are speaking of a mass-conscious acceptance of light workers incarnate, we also have to include those who may be incarnate upon astral planes, and involved in and working through physical instruments in order to lift them or to channel through them or to experience through them some of their karmic evolvment and development.

It is not entirely clear to all who are upon the planet — even that segment, that minor group, called the enlightened light workers of the hundred and forty-four thousand who are to be incarnated upon the planet in these latter days — that which is entailed in the astral influence with the physical evolvment and development.

But you must take into consideration, and bear with us that we do take into consideration, all those factors when we compute what we can do, what we can project, and especially what we can introduce through hieronic energies, to the planet itself.

-- *Sananda*; Alpine Village, Calif.; June 10, 1973  
(MAM #29B, week of July 1, 1973)

## PROJECTIONS OF SPECIAL NEW ENERGIES

Sananda-Jesus with Ashtar Gabriel, pilot of master ship #10. We will align all of Europe, and its closest allies

to that area, with this new vibratory rate during the summer of 1973 and for approximately two years so we can bring at least one half of the Earth planet into an agreed vibratory consciousness, and then the rest will spread north and south from there; the linking will take place circumference-wise.

It is as though you were reaching around Earth. Finally your fingers or hands will touch and you will close the circuit that way. Then the energy will vibrate north and south to that, similar to the equator or chain of light, as a holding force.

But remember that the physical body and the emotional consciousness and the mental atmosphere have a reverberation to this new and higher energy, that can almost seem to destroy the physical environment, body consciousness, call it what you will. It will be no different with the Earth planet and all other life form upon it. . . .

You have begun a series of major disturbances to the Earth planet. There will be world upheaval this spring, and it can be felt in the early summer also, due to the anchoring of light frequencies on Earth for the changing of the dimension from third into fourth dimensional frequency vibration, via the new hieronic energies planted in the Mark-Age unit during these mountain meditations which we have asked you to conduct in seclusion and privacy.

But let all come to realize — the *MAM* broadcasters, the Mark-Age unit, all the family of light upon the planet — that our work is simply beginning now. The educational forum through the Mark-Age unit, through the *University of Life* projection, is now properly set up and put into motion.

Of course, you do not have the curriculum, the material, the outlets as you would desire them from an Earth consciousness. But the platform for it has been secured, and you will be called upon to use that platform in whatever means man and other life forms will accept. . . .

New educational teachings are coming forth, new understandings and new relationships which never before have

been seen upon the planet, at least not since the times of late Lemuria and the very first part of Atlantis; at which time, in Atlantis, it became totally distorted and slavery was a concept and an attitude toward all lesser kingdoms than the hu-man.

So, those of the light treated everything less than those of the sons of light, or those in the light body, as slaves. This condition is the cause of your planetary dissonance and distortion all during these last twenty-six thousand years.

But all is well. We go on with our projections and projects, as you see them manifesting all around you. Be of the light. Be of good cheer. Be joy....

Be clear and concise in your projections. But be especially alert to and in touch with the devic, elemental forces in order to aid in the easy transition of this upending type of projection of power which needs to be done. However, we see it, and hope for it, to be a more peaceful solution than hitherto has been projected by some, in the more sensitive range, who feel tragedy, end of solutions, and great disasters.

If *MAM* broadcasters can work together we may have short spasms — which you well know and understand, in the reaction of your own physical, mental and emotional bodies correspondingly — instead of the great unnerving and torn disasters that wreck any alignment between the varied elements and exercises of spiritual expression.

All is in readiness. Actually, it is unfolding. You will not be in touch with every single situation. But remember, a release of spacecraft was announced, and could help in alleviating some of the difficulties by absorbing the mental-emotional distortions and disturbances as they rise up from the physical level. It again is all symbolic; however, literal in terms of practice.

You have seen enough manifestation or announcement of these clearly, but you shall get more evidence in the due course of events. A few phenomena of a natural nature are called to your attention only to alert you to changes and

movements of the cosmic energy fields, and are not to be considered signals or verifications unless more positive proof can be allowed. That will be in our planned projections.

All symbols and signs are more important, but less satisfying. Be assured we are, in every respect, giving utmost consideration to your requests and desires in regards to this particular matter. You have our faith and strength, but not our developed, desired third dimensional designs of definite deeds.

If you will, the emphasis on the letter *d*, the fourth letter, the fourth anchoring, the foundation stone, the fourth step — is given so you have a further key or symbol in the manners and means by which we have worked through this unit and this *MAM* broadcasting network. We hope to continue to work this way because it is a more lasting complement to the work on the physical than is forthcoming in a single focus of just one event....

Be at one with me in this projection of peace and balance to all elements in the Earth. For they are in a state of extreme upheaval and will recoil from this demonstration and this projection of special new energies that must come about gradually but steadily upon the Earth in order to fulfill that which we, all light workers, have come to do.

You, the light workers on the Earth, must bring about this change of frequency while we of the higher elements and energy focuses can come in close enough to influence you, to disengage the present energy level of third dimensional frequency form and vibration in order to dissipate it and to prepare for the fourth dimensional frequency vibration, which we ourselves formulate and represent.

-- *Sananda*; Idyllwild, Calif.; April 26 & 27, 1973  
(*MAM* #35B, week of September 23, 1973)

#### EACH PART AFFECTS WHOLE

*Sananda*. You cannot escape the laws of the universe, or the Lord God. You are bound to Him and His creations,

as you are now bound to one another.

Referring to the conscious and the subconscious, you have seen the effects when either one is out of kilter or synchronization. It affects and upsets one or the other in the trinity relationship to the degree where imbalance and imperfection are the result.

When the race of man as an entirety on Earth sees this for each and every one, then we will have a coordinated and happy, integrated planet. For not a leaf does fall that it does not resound unto the farthest reaches of the planet. Each atom or cell is interacting on every other atom and cell.

How much more so then for a whole man, a whole concept, a whole race? We must work together, not only you there on Earth as one unified body of mankind, but with us too on the etheric, the celestial and the astral planes.

●

Katoomi-Michael speaks. My sword action or word of power through El Morya, as the representative for the race of man in the conscious aspect, awakens, arouses and disturbs all who are on the astral and have not made the proper corrections in their patterns all through this two-hundred-and-six-million-year cycle; because now we come to the end of that cycle, and all those forms and aspects on the astral are shaken.

I have corrected repeatedly any misconception about the War of Armageddon. It is not a physical war. Yet, it has physical implications on the planet, just as your physical bodies are responding to the astral-memory, subconscious, emotional conditions that are being stirred up....

There is no one, not ever, who has not been subjected to the pattern which mankind has set up. Otherwise you would totally dissolve the evolutionary pattern which concerns this particular form and dimension, the third dimensional frequency form in which man and all life form upon it have taken on a physical format; what you call physical, of course, we are speaking of here, the five-sensual aspects.

The brain mechanism has been the triggering device or the record keeper for this entire procedure. It suits the particular form you are in now.



Sananda. As we come into the Aquarian Age — and we are passing into the Aquarian Age via the Mark Age period and program, which is this forty-year, latter-day period, of which we have passed through more than one third — we are arriving at an area of consciousness and development, evolutionary progress if you prefer, where the masses will be in control of the mastership consciousness and will be participating consciously in their own evolutionary graduation.

This means that in the Age of Aquarius, which is the next two-thousand-year period of time, we will be in total communion and total rapport with, and total exchange of, the parliamentary procedure. It means that those channels, disciples, leaders and avatars of the Aquarian Age will be able to commune with the Hierarchal Board in extent of its role, its function, its purposes and its highly developed regards for the entire planetary rise into Christed or spiritual manifestation....

You are not to be concerned with those who cannot adhere to the one life force we are endeavoring to express, be it two or more gathered in my name — which is the Christ Self, and for the planetary Christ expression of Hierarchal Board individuality and the Federation of Planets within this solar system; which means my return as the Christ Prince and the ruler of this Earth — or to pull away, to individualize, to seek their own or special dispensations and special approaches on account of the ego of the personality self needing further entrenchment in the embodiment.

All must be of the like mind and the individual energy that the personality function and the individualized I Am Self can be sacrificed for the overall human good, the overall hierarchal plan, the overall planetary evolution. This is not easy. It becomes the greatest part of the crucifixion initiation.

If you cannot guide yourselves by the outline given herein, you certainly are not ready for the understanding and the ongoing with the select nucleus which can and will do it with or without respect, honor and appreciation.

For all those who can and will appreciate and will accept our ongoing and the undoing of the personality expression which clings so tenaciously to life, personality and individuality, then we seek other avenues to impress and to express what our needs are, even if they be a small and minute individual exempling.

Our appreciation of this demonstration is of the greatest importance and significance. Therefore, the greatest concentration of energy will be upon those who can apply to this new level and this new application or demonstration which we have implied, have discussed and have given examples of during these precious weeks of trinity action (Lent through Pentecost of 1973).

-- *Sananda, Katoomi*; Alpine Village, Calif.;  
May 10, June 13, June 16, April 29, 1973  
(MAM #36B, week of October 7, 1973)

## SPIRITUAL MASTERSHIP

Sananda. At this time and with this unfoldment it becomes narrower and narrower to observe the difference between what you call a personality expression and a God Self exposure. It seems so imperceptible, so narrow a margin that there is no significant change or difference in your analytical minds as to where one begins and the other has been left behind. That is so true.

But we assure you, as you watch others unfold and have observed in years past, that the narrow line of margin is where a great, significant development, change-over and reassurance of right action, right thinking, right words occur.

In many past occasions where others have been observed in expressing their own God-given rights and heri-

tages, you have detected and have noted a subtle innuendo or personality preference for that which is given and overshadowed in their consciousness, in their acts, in their ways and manners and plans.

But when the I Am consciousness has superimposed over the personality consciousness there is a dissolution of that personality, desire, preference and mode of expression. You have noted this also and have assumed correctly that when a person has expressed individual desire for a goal, a purpose, a plan, a change in the evolutionary pattern of man and life form upon the planet Earth, as well as the planet Earth itself, you see no trace of personality heralding.

In this very subtle manner you discern and you separate the masters from the would-be masters. It ever has been thus, it will continue to be thus, for we have no other secure-manner pathway which brings all into the I Am consciousness.

There is a oneness of goal, a singleness of purpose, a higher self-sacrificing individual application that submits to the whole and overall experience, in preference to the one and only correct path, individual pleasure, and the sense of accolade or appreciation of that one or other in the group consciousness.

As we have mentioned so many times already in these individual conclaves, a pattern is set, a master plan is operating. The purpose for all of it involves the I Am consciousnesses individualized, but collectively coordinated for the demonstration of Aquarian brotherhood and unity. It cannot be any other goal, it cannot be any other preferential treatment at this time.

You have come too far and you are to go too far into the future, and to set the patterns solidly and to entrench them in the mass-subconscious as well as the mass-conscious mind, for you to alter this course or to change this perspective.

Now come the purposefulness and the direct application of this mission and this role. You will note that most of the

conscious application toward the role and the mission you have become awakened unto in the conscious mind is for the overall planetary and selective, elected energies; where some are left behind, and only a few within this framework can continue and move along into that unified, solid whole.

If this is a sacrifice, it is well worth it, because only a few can understand and work with that consciousness. All will achieve that level and sense of consciousness. In time, all who remain within the solar system's structure can comprehend and can appreciate what has been done here. But it shall take a thousand or more years for all to assemble itself in concrete, correlating, corresponding consciousnesses.

In this way we are expressing that a history of our goal, our mission and our hierarchal plan and program, called the Mark Age plan on Earth in these latter days, will become an historical record for all within the solar system's structure to observe and to know.

That does not mean necessarily that each and every one who is involved in the hierarchal plan and program as expressed through the Mark-Age unit and the five divisions of Mark-Age will know and will appreciate those individual souls who have applied themselves and who have applied the principles of this universal law to the Hierarchal Board's instructions and implications.

It will mean, however, that a pattern so solid and fortuitous will aggregate itself into a form of knowledge which can be approved of and appear from any direction, any dimension, any level of consciousness that is applying itself within the solar system's structure at that time — and I am speaking of a thousand to two thousand years hence, in the period of calendars as you would appreciate them — so that in the teaching, in the observation, in the soul-karma evolutionary pattern all will be able to mark the period and to know the age of marks from this applied energy of which we are speaking, in which the hundred and forty-four thousand light workers will congeal, will cooperate, will co-function as one unit of light and will bring the planet and all life form

upon the planet into its special functioning and purposefulness in this solar system, as it is also evolving into higher applications.

You cannot possibly know, nor can we allow you to become too clearly aware of, the responsibilities, the consciousness of, and the abilities of the superconscious mind and the light-body functionings.

For, in a great sense, the activities of this area of evolvment are a great deal more complex than anything you ever have experienced in conscious and subconscious evolvment and incarnation upon the physical planet known as Earth, or the third dimensional frequency vibration. It is not for you to be awakened too suddenly and too much to these faculties, talents and responsibilities.

For, if we gave you a similarity, we would put it to you in this way. In the physical, third dimensional consciousness, on a scale from one to ten, some individuals would be considered average, mediocre or even incompetent, whereas others might be considered super-geniuses, supermen, as often has been recorded in intellectual analogies or philosophies.

A superman or a genius might record, on the scale, eight, nine or ten. This is a conscious evolvment or a personality who has moved the Earth planet and the history or the structure of Earth evolvment far beyond any other, either in his own time and era or over a far-reaching effect for thousands of years.

Even taking the example of myself as Sananda, who incarnated as both Guatama Buddha and Jesus of Nazareth, the Christ of the Jews, the Messiah, it still would be recorded for those individuals, on such an imaginary scale, the number of ten, the superconscious or the superior man in physical embodiment.

However, without shocking you, without upsetting you, let me assure you that in the resurrected consciousness, in the light-body functioning, the awareness of, the influence

over and the power and the responsibilities, if it could be recorded on the Earth scale, would measure thousands of units, in comparison to the ten which we just were using for an example.

So, how can we, even with you who are awakened to the light body and have fulfilled your conscious dedication and contract with us of the Hierarchy, ask you to become aware of and responsible unto your superconscious light-body individuality, your Christed roles and missions as you are able to express them and to experience them in other dimensions and areas of evolvment and influence? It would be cruel, and it would be detrimental to your growth pattern and the example you must set unto the race during this particular time and era of the Mark Age period and program.

Let us reiterate and review for a moment the purpose of what you are doing on the planet during this Mark Age period and program. If you have incarnated to example this imaginary scale, arriving at the superior rate of ten, which is equal to that which man has recorded and has respected in such philosophers and religious avatars as Guatama Buddha and Jesus the Christ, then how could we during this time — the Mark Age period and program, the latter days, this gradual, unfolding step of conscious-into-superconscious evolvment — let you know, let you experience, let you remember that which measures into the thousands, in comparison to the rate of ten?

On this occasion we ask you to be further patient, further understanding and further expectant. For, like the parent who has waited for the birth of the child, the signs of birth are assuring a healthy and normal forthcoming or birth process. Yet, the actual palpitations and the moment of that breakthrough are not yet this exact second.

Let it wait. Let it grow. Let it develop in you, and seep deep down into the subconscious so that the wedding between subconscious and conscious can be so complete that when the superconscious overshadows and takes control there is not one degree or shadow of a possibility that

the two aspects of mind in consciousness, the subconscious and the conscious, can disagree or waver in the slightest.

-- *Sananda*; Idyllwild & Alpine Village, Calif.;  
April 29, June 10, 1973  
(MAM #38A, week of October 28, 1973)

## HOLD THE VISION

Sananda. All did not strive and receive in the same life expansion. Many had to wait eons of time for the correlating factors of the race consciousness and the sociological, historical abilities to bring forth those terminologies or concepts, abbreviations or inventions.

You may liken it unto this. A man in the Stone Age of Earth may have had the insight and the ability to see beyond the third dimension, the limitations of his people, and the sacrifices being made in the horrible life of struggle, conflict and error; and hoped and yearned and dreamed and brought forth great inventions in his own mind, because he remembered or he knew he received these beautiful gifts of mind spanning space and time, or even remembered other places and contacts from beyond.

But because the evolutionary progress, the facilities, the tools, the inventions and the materials were not available for thousands of years, he had to wait for its inception into the material form. Many such souls may have reincarnated just to have the satisfaction or to shortcut or to abbreviate, as I have said, the bringing forth of that particular field of endeavor; or, if not that, inspired some other soul, contact or companion of like mind or easily accessible consciousness to instill within it his own desires, plans and functions.

So be it in truth that I have given all these to you. For you are embodied in separate expressions, and yet joined together so that no man may separate the field of expression I myself have seen and have known for Earth over two thousand years of time.

Yet, my mission is not to appear before you or the race, or to conduct this procedure myself, but to inspire through two, four, ten and then the multitudes. All this has been planned and conceived, even in the days of my own apostles; who could not carry out the instructions, for they could not live together, work together and serve together as one unified whole.

Had they been able to do this in the days of yore, when I had been amongst them and had resurrected and had shown myself time and time again unto them, it would have shortened the time for all the elect's sake.

All this is not to say that past history has not served, has not given opportunities for growth and has not brought forth many marvelous inventions, and proclaimed all our concepts regarding the race of man, his evolutionary growth back to his Sonship with God in a divine order and material progress.

But two thousand years of incarnations, of expectations have been overshot in the expectation department. I had given them the understanding, and had the understanding within myself, that all could have been shortened for the elect's sake. Now the time has run out completely for this.

It becomes ever more difficult because the vision of, the experience of and the daily contact with, my own impersonal teachings, while yet in the physical form and inspiring contact, long have been forgotten and distorted by thousands. Millions of souls have been lost in the maze of repetition and loss of faith and loss of true sight for the goal.

This means that you program workers must conceive of and hold the faith, the vision and the realization so steady and strong that none can deviate from it.

That does not mean necessarily that each and every soul who has gone through this pattern, through the past incarnations and the present embodiment, is personally going to be in touch with all the light workers who represent the entire race evolutionary progress, and my representation for them of the Son of God risen and the planetary Prince and rulership over this kingdom of Earth; which is all the

teachings that were given and laid down in that particular life span, but was the culmination of many previous life spans that led to that one as Jesus of Nazareth, and exemplified and epitomized all that was held dear for millions of years upon the Earth, and in and through all the solar system, for this event.

But it means by holding that force field, by conceiving of that fact and not deviating from that faith, you give the race the opportunity from within to receive the guidelines and the truth. This is meant, and is the truth, for the *University of Life* and the Mark-Age teachings and exposures.

You shall be the one unerring force in this latter-day period that has purified all that has gone before. Much has gone and has been distorted and has died, because only truth may live. That which is based on error or misconception or conceit or ego has its day, but it loses its impetus in time; and by the divine law of God cannot exist, for it has unfertilized, has destroyed more than it has enhanced. By this divine law of truth and eternal perfection, error cannot exist.

-- *Sananda*; Idyllwild, Calif.;  
Easter Sunday, April 22, 1973  
(MAM #38B, week of Nov. 4, 1973)

## DENIALS AND VULNERABILITIES

The accolades given to me as Jesus of Nazareth when entering Jerusalem (for what was to come to be known as Palm Sunday) relate to the great honors and appreciation bestowed upon the worker, the truth teacher, the Christ server.

Yet, as the week or the days or the steps wear on, plottings take place, murmurings, dissatisfactions, wonderings and questions occur, so that one's closest associates, disciples, friends, teachers within the group, who profess to lay down their lives for the master, find fault, deceive, and turn away from that which they have received.

Ever has this been so, not only with master teachers,

Hierarchal Board workers, but the mortal consciousness as well. For your own murmurings, your own complaints, your own criticisms, your own denials are but a sample of what you face in the mortal realm of being. Steadfastness, perseverance, steady eye to the goal are all that you can demonstrate. The signs and the wonders are as nothing when that time comes for this ultimate demonstration of Christ consciousness.

If you are to adhere to Christ principles and laws, the spiritual Sonship with God, you still have to face these denials and reprobations. We cannot allow for any mistakes or chance errors by those who expect to lead the others.

After all, it was not the Peters and the Judases who demonstrated Christ mastership over the Earth planet. They were the disciples and the students. And though they are forgiven by the Christ consciousness, they are still not the masters of the Christ expression until they can overcome denial, criticism and the feeling of knowing better than the Christ Self within, or the master teacher of Christ consciousness, as to methods and means and appearances for this demonstration.

All will hear and will understand this more clearly in the next few years. For though there have been some examples of it in the personal life at the moment, it is as nothing when the masses are enlightened to some degree, wish to follow and to heed the special teachings which are to be brought forth.

All goes very well and all honors are bestowed most willingly until a certain level of effort, a certain change within, a certain giving up of the rights and the privileges of the mortal world, the realm of having and keeping and obtaining and possessing, are concerned. Where these are challenged by the Christ Self or the Christ teachers, the mortal will rebel and will find all kinds of excuses to deny the validity and the wisdom of the Christ.

If you ask nothing of these mortal beings, students, followers, they are most willing to bestow upon you all accolades, all respects, all honors. But they are the mouth-

ings of words. They are not the services of the heart, the mind, the soul and the body without equivocation.

Of these things you demand total service, total allegiance, because you do not ask it for your own personalities or your own selves or your own self-aggrandizements, or your self-perpetuations, but you ask it in the name of the Spirit that dwells in each and every one. You ask it in the name of their own Christ Self expression and for the self-sacrifice of the personality, in honor of the higher program, the higher group-evolutionary process that is unfolding upon the Earth at this time.

There will not be many who can adhere to this, who can serve it and can give up what is asked of them. Many will give up what they are willing to give up or what they consider sacrifices for themselves. But let the Christ ask for something which they had not offered willingly, then they deny the Christ as being something besides the Christ, lesser than the Christ. For they cannot comprehend that the Christ or the God Self will ask more than what they themselves intellectually have conjured, intellectually have schemed out of their subconscious desires for themselves or for their own self-glory.

But you will be willing and able to see this for what it is at the time of the Gethsemane of your program's experience. The time of the betrayals on that scale from the masses will be your great test as teachers of Christ consciousness and externalizations of the Hierarchal Board.

Let me be most specific about this, for it is being given well in advance to what you will experience or will know.  
✓ For it is now recorded unto your conscious minds that when  
✓ the externalized members of the Hierarchal Board then call  
✓ upon the race consciousness and the leaders of the various  
✓ fields of endeavor for mankind in the New Age to give up  
✓ certain self-perpetuating glories, self-engrossed areas of  
energy and power, they will turn against and try to rend the  
works, the fabric of the Hierarchal Board in manifestation.

It can only be by the strength of and the unmovable force of those who have evolved to the point where they will be in Christ demonstration and understanding to band together, to

serve together and to hold for the final and ultimate goals of spiritual government equal unto all men and for the purpose of all men expressing Christ Self in action upon the Earth.

You shall have to recognize and to teach that all light workers are susceptible on two counts. One and foremost, the field where they are not invited is the area where they receive the greatest reaction and resentment.

This comes about because you work for an overall good, a higher dimension, a sweeter function of the Christ within, which is unknown and unacceptable to a mass-conscious mind, and therefore the power inadvertently and unconsciously rebounds to attack this restatement and readjustment of equilibrium amongst those who are the recipients of the attention which your light gives to their conditions.

It may be likened unto the fields of sorrow which widows and orphans submit to in their losses and in their lack of understanding of eternal life, of sweeter justice, of karma assurances and new opportunities. You enter in and speak hallelujah and joy, regarding this opportunity. They would turn and rend you, destroy you, hurt you because you desecrate their true sorrow.

This is what is happening to the race of man. You are entering into his field of sorrow. He is wallowing in his misery, thinking he deserves or needs or has called upon himself this condition; which in truth he has, from his error ways. But you would replace it with a greater knowledge, a higher understanding and a sweeter term for them, with the Mother-Father God in the law of divine truth and justice.

So, when you short-circuit or cut off their karma, they wish to be allowed to carry it out. You, for the higher good, for the evolutionary process and for the ending of this endless wheel of judgment, have put your faith in the cosmic law of love. This is not what they consider equal and right and proper. So, on whatever level is applicable to them, they work their respective resentments. This is the first vulnerability.

The second is in trying to do the work alone, and in

having a certain amount of disappointment in the actual vision and security of the higher functions. When you see not the immediate results, when you are working on the mental and emotional and spiritual levels but are anchored in a physical body, you still expect and desire to see immediate physical results. This is not possible.

So, there is a portion of consciousness which relinquishes its rightful place and spiritual command to that. This is a vulnerability and a point of soreness or softness.

The example here is carried out in parable and true form in the period when I myself as Jesus was in the Garden of Gethsemane. I had to ask my disciples to stay awake and work with me. Yet, my faith in the Father's will and my own realization of function and protection should and could have been beyond their assistance.

But it is not, on the physical. In this age and in this period your strength is in the linkings, in the oneness of the many for the same goal and purpose. So, you must continue that aspect and realize that therein lie the dangers overcome, therein lies the ability to supersede all other lesser forces and the powers of their lesser understandings of this divine ruling.

You have known and have been given that at every era or time period when strength of purpose and higher energies are infused into the directions of your attention, a subtle reaction is the result.

Before you are finished with this cycle of demonstration and concentration, you will see much upheaval. The dirge of wailing and gnashing of teeth in every aspect of human life will seem to drown out the effects of your purposefulness, understanding and higher goals. You have dangers and quarrels, potentials of war, upset, deception, corruption in every corner of the world, including single-entity violence.

But you must not be deterred from this activity because of it. Your strength is weakened if you permit even a second of time to lessen your zeal and favor for the higher goals and teachings you have received and the attention

which I personally, and Lord Michael and the other arch-angels, have given to this unit of Mark-Age and the MAM network as an experimental station of what we can do and must enhance through you.

-- *Sananda*; Idyllwild, Calif.; April 18 & 23, 1973  
(MAM #40A, week of November 25, 1973)

## IMPERSONALNESS VERSUS PERSONALNESS

Sananda. In the question of nonpersonalness versus personalness in identification and manifestation, we have to examine the level and the purpose of the teaching that is issued forth. For you have amongst you spiritual instructors who speak in terms of the absolute consciousness or impersonalness of Spirit. From that point of view they treat, they heal, they teach and they act.

That may be well and good for those who are on a certain vibratory level to learn to master and to express this. For they perhaps in past incarnations have come from a very personalized, individualized or self-aggrandizing concept.

They may have been prophets or teachers or masters of some particular school of thinking or activity. Therefore, to balance out that in their mystical and masterful programings, they come to the opposite end of the spiral in order to produce a counteracting action or function.

But where we speak of Hierarchal Board functioning, mastership of the Christ consciousness, we are most individualized and most personalized. For the functions of each one of Spirit's creations are unique, special and personal. This is the grandeur of Spirit Itself.

For would it not be so we would not have the myriad forms with which Spirit concerns Itself in all the magnificent aspects of any one species and all the varieties within those species, plus the fact that each one of those is an individual creation unique unto itself and personable amongst themselves.

Each leaf is a separate, individual leaf on the tree. Each raindrop and snowflake are individual forms, although part of a species or a type that can be analyzed and classified. Yet, then how much more each individual in his own consciousness and evolvment is personable, individualized, personified for a function or a part of the whole species.

It is most difficult to keep this balance. It is most difficult to explain to another on the opposite end of the spectrum. Even though two truth teachers may be speaking of the same essence in divine laws, they may approach it from different ends of the spectrum or their perspective may come from opposite ends of the same polarity, in speaking of that one divine law or approach.

Therefore, it will be extremely difficult as Mark-Age program matters evolve to the sense of oneness, uniqueness and independence in all, and yet separate for its diversities and peculiarities and functions.

This dichotomy or comparison is given to you so you can have compassion and understanding, and can work with it from the mastership consciousness or the God consciousness in action. For God does not see the differences. He sees the similarity which is God Self within.

But He also simultaneously recognizes the individual and distinct functions of each and the opposites, so they can keep a true balance, and offer each other a resistance that keeps each in the humble balance between themselves, and thus serve one another.

For this is totally the key to the seeming opposite and diametrically opposed approaches. Service is the key. All parts of creation serve one another. That is the reason for the great diversities of form and individualities that are created: that they may learn their differences, that they may learn their separate functions, that they may serve one another in order to compose the whole.

No one part may be the whole. No one part may know the whole. No one part may come into total unification with the whole unless it can conceive of, see and participate in all its diverse parts.

For all together — all creation, all forms, all levels, all vibrations, all energies — become one in the God Force Itself. And since no one part or no one creation, no one individualized self or cell, is the whole and can be the whole or can know the whole, each individual part must learn to serve each other part so it can know and be and participate in the whole creation. Amen.

-- *Sananda*; Idyllwild, Calif.; April 18, 1973  
(MAM #40B, week of December 2, 1973)

### SUBCONSCIOUS RESERVOIR

Sananda. The subconscious mind is like a great reservoir which contains the spiritual knowledge and nourishment gathered from eons of time and for untold periods of time. It feeds the conscious, fertile body of the individual, the outer expression, the outer acts, the outer thoughts not only for one lifetime but for many lifetimes. For if you liken the conscious mind unto the fertile fields of the land, it is nourished, sleeps and is reborn many times, grows many fruits, performs many functions.

But it does take the very, very wise gatekeeper, or the I Am consciousness, to know how much, how fast to feed from the reservoir those fields and valleys for which the reservoir gathers all of this nourishment and information.

If you feed too much too fast you flood the fields and you make inert and inactive and useless for a long time that conscious self, you overflow or flood its potentials, it becomes discouraged and has no productivity. On the other hand, if you feed too little you dry it up and it likewise is useless, arid, unproductive.

As light workers you have to understand and to work with your subconscious reservoir with a great deal more respect and understanding than hitherto has been given to this aspect of your mind.

There is a great deal within the reservoir or within the subconscious that is bursting to reveal or to let loose for the conscious aspects, your mortal personalities, to comprehend, to work with, to put into motion for the benefit or for the feeding of the masses everywhere.

But how much can the conscious aspects, the physical personalities and entities do, and how quickly can they get the information to the masses? How quickly can the masses absorb or eat the fruits of these labors without either getting indigestion or letting it rot before it can be used?

So, there has to be a greater compassion for the impatience which is felt within via your subconscious and from the persons or channels that act as subconscious reservoirs for the race of man that seems to be bursting at the seams for more information, more revelations, more gleanings from the superconscious aspects, the program itself, the past records of the race, the talents that have to come forth.

If the wisdom of the spiritual Self which guides and guards and discerns how much to give out from the subconscious is disregarded and the subconscious bursts forth or opens up these channels or reservoirs before permission from the higher Self, then you flood the conscious personality or individuals with whom you are co-participating in this program and they cannot handle, cannot utilize intelligently, wisely the information and guidance, the past information that relates to the race evolution.

There is another aspect to this parable to be comprehended by each one. For you all have been through the cleansing purifications, through the dream analysis and the meditation searches individually in your own consciousnesses.

But sometimes you still chafe at the withholding of certain information. You are seeking more cleansings, more revelation, more opportunities to work upon in the development of your personality selves in order to become one with the Christ Self within.

The wisdom of the Christ Self is not to reveal certain things at a certain time. Sometimes years go by and you

wonder why a certain piece of information was not given to you, that you could have used it so well two years ago, ten years ago.

But if you are working in a spiritual way, if you truly have turned your life and your development over to the Christ Self within, you cannot complain that the subconscious has not revealed or has not opened up the reservoir to your conscious mind with a certain piece of information, a certain aspect of understanding; because it was the wisdom of the spiritual Self to withhold that. It could not be utilized, it could not be channeled out, otherwise it would have flooded the conscious aspect, or the relationship that the conscious personality has with others.

So, you must come to a new and higher respect for the interrelating functions of the conscious and subconscious aspects of your mind. The subconscious feeds as quickly and as practically as possible, under the guidance of the high Self, those fields and peaks of your physical activity and mind that are purposeful and productive.

-- *Sananda*; Alpine Village, Calif.; April 18, 1973  
(MAM #44A, week of January 20, 1974)

## INTERDIMENSIONAL CO-PLANNING TO REND VEIL

Now we come to a cycle of time where the co-planning has to be outspoken and conscientiously designed on both sides of the veil in order to lift that veil. Please try to comprehend what we are saying here.

Although we have said it in many other terms and have conveyed this information in other ways, it is now being clearly and emphatically portrayed that in order for the veil between the third and the fourth dimensions to be ripped entirely or to be lifted, it has to be from the efforts of both sides simultaneously.

It cannot be dissolved by our descending — or sending

forth spaceships, as you wish — or descending in light bodies and taking over the third dimensional frequency or the activities of man on the Earth as he now portrays them. This is only part of the plan and part of the activity.

The second half, and equally important, is the lifting from within the planet and the portraying of the spiritual roles and missions on your side of the veil. Whether or not you can reach in and through that veil to touch us, to see us and to converse with us vocally, you have the faith and the understanding and the proof that we exist and assist and are guiding the program and the plan.

But until the plan is enacted from the subconscious level as portrayed by Nada and the conscious level as portrayed by El Morya, in willing cooperation with the superconscious or God forces on the other side of the unseen worlds, you cannot have a complete rending of the fourth phase of the seventh veil; which is merely the beginning of the end.

It is, as we have told you, the most difficult, the most horrendous, and the turning point of all the seven phases of the seventh veil; each part, of course, being as important in itself and as important as every other part. But here comes that final leap from one dimension to another....

It will be in those private conclaves and classes that we can control, convey and converse about the problems that exist on both sides of the veil. Only then can we be in the free atmosphere of scheduling this. Until then you are in the halfway position of being neither in one world nor in the other. You cannot be satisfied in either.

In the role and the mission which you perform, in the New Age which is exemplified by the Mark-Age unit, none of you will be happy in either world, because you have incarnated to bridge the gap between the two and have sworn to the condition of rending the veil that separates the two levels of consciousness, mortal and immortal, third and fourth.

So, because of this foreswearing and vow — contract, if you will — there is no peace of mind and there is no contentment until you portray and enact that which is inbuilt in

the subconscious, because the superconscious had planted that directive within the personality makeup and the externalization of your function as individual beings.

Some have come into the program and have gone out of the program. Some are portraying their roles in part. Some are successful and some are total failures. But that is not the concern of any one single individual. It is merely pointing out the fact that the difficulty of the situation is severe.

Therefore, we look at and we grade the various attempts and accomplishments with great impersonalness; as you yourselves will grade yourselves when you come to the position of being removed from the physical incarnation.

That is, in the astral planes, when you look back upon your physical-life embodiment in this age, you look with great impersonalness as to what your accomplishments really have been for the spiritual role and mission you have come to perform, and to what grade or level you succeeded in accomplishing your foresaid mission and role.

-- *Sananda*; Los Angeles, Calif.; March 8, 1973  
(MAM #44B, week of January 27, 1974)

## ELEMENTS REACT TO MAN'S THOUGHTS

*Sananda*. Spirit, as you know, works in reaction to the whole, the mass, not only of your kingdom of man but the kingdoms of all living force, for Spirit is in all. We, in imitating or acting like the Spirit force within each and every one of us, must learn how to do the same.

Your teaching of this concept, your relaying of this information, revolves around the fact that man is made in the image and likeness of Spirit, and acts according to those spiritual laws which are universal and unbreakable.

Therefore, in the growing consciousness, in the growing conscious responsibilities, in the growing activities and talents each man has as a spiritual being, he learns to act in the image and the likeness of Spirit as a force.

He then does or creates a similar pattern of activity,

in that his concern covers all areas with which he has conscious interrelationship, interpenetrating practices.

If he then realizes and recognizes his governorship over all the forces as they relate to this particular solar system, which is now the concern of the Hierarchal Board of this solar system in which you are now evolving, he must act accordingly and learn the job, practice the roles, and relate to one another, whom he appreciates as like sons of God.

It is erroneous to think that man reacts to the molecular structures of the elemental forms in the other kingdoms, such as vegetable, mineral, animal. The contrary is the truth. As man moves from his mortal, five-sensual body into his light form, the elements of his system are transmuting.

Thus the elements in the other kingdoms are affected by the thought radiations coming from the kingdom of man. In a sympathetic system, since our bodies are made up of the same elements, though in varied proportions and forms, the various kingdoms that share the same planet and the molecular structure of the elements respond to man's thoughts.

So, according to how peaceful, accepting and consciously we work with those elemental changes, so then will the elements in the other forms on the planet, in the approximate and nearby areas that we perform this work, react and re-form, redevelop and transmute.

According to man's thoughts, the change will be either peaceful, stormy or difficult; perhaps even traumatic, if man who is going through that transmutation process of his molecular structure reacts in that particular way to his own body changes. For the elements are responding to the elements. There is a thought transference that goes from one element to another.

Therefore, it becomes obvious that it is necessary for the light workers to become aware of this, to accept the responsibility of it, and to be willing and able to radiate the

proper understanding to all the lesser kingdoms and the elements within those other kingdoms, who do not have the conscious, intellectual comprehension or the spiritual responsibility for making this transfer from third dimensional frequency form into fourth dimensional frequency form.

It has been given, and it is understood and accepted, that the light workers are the governors over the lower forms of life. They are the sons of God. They have the responsibility, from the Creative Force and Energy Itself, to respond as God would have His elements respond. This could only come from thought.

So, although a light worker may experience pain and difficulty, his attitude about the pain and the difficulty of his transmutation will affect the immediate environment in which he is living and the kingdoms within that immediate environment. This is a most difficult task, it's a most difficult responsibility, but it happens to be truth in action.

Therefore, man will have to accept the responsibility of how the planet itself and all the life forms on that planet are able to make the transmuting of third into fourth dimensional frequency form during these latter days, or the Mark Age period and program.



You already have heard and have accepted the correlation or interrelationship of your elemental body changes with those of the elements in the forms of life with whom you share the planetary structure.

That atmosphere, as we have told you before, which is purified and without corrupted thought forms and confusion, gives you an opportunity to sort out and to relay in broadcast form (particularly for the *MAM* light broadcasters) extremely clear and extremely fast those desired restructuring concepts, desires, experiences.

Yet, you do not understand that all forms are in a form of dismay, dislocation as you have felt and as you have experienced in your own body forms.

You know, as we have instructed and as you have ex-

perienced personally upon the planet yourselves, that if you would speak individually to each element of the body or to each person within the race consciousness you would not get a comprehensive picture of what actually is taking place in the transmuting from third dimensional frequency form into fourth dimensional frequency form.

Therefore, should you be able to select a single individual, animal, vegetable or mineral composition you would receive no comprehensive reply to your questions and explanations....

You have been told your body reflects, and you reflect from your body, a corresponding note and explanation, a sympathetic tone, to each of the elements and the forms of which these elements are comprised. So, you make a perfect sounding board or testing unit for the Hierarchy. Therefore, your responses, your radiations of thought and enjoyment of your position should be accelerated. That will give you a further and broader spectrum of influence than you ever have had before in the high Self consciousness.

-- *Sananda*; Alpine Village, Calif.; May 23, 15, 20, 1973  
(MAM #45A, week of February 3, 1974)

## TRANSMUTATION

You must take into consideration the difficulties, the pain and the transmutation exorcism that take place within the shell of the body as the personality gives way to the I Am individuality or I Am identity.

The Christ person is no more like the personal individual expression than the seed is like the fruit; like the caterpillar is resembling, acting like, and having the wings of, a butterfly. Yet, are they not one and the same thing? Is it possible for one to be within the other and not know it?

Of course, because that is how all of you are expressing at this time; personalities within physical bodies, and only dimly aware, urged from within — nagged, in a sense

— by this consciousness and spirituality which you wish to become. Have faith — as I gave before, in the form of Jesus — the faith of the mustard seed to become this great and wonderful tree to shade, to nurture, to spice the everyday conditions.

You are beginning to feel all of this transmutation process in the body, in the mind and in the soul. The physical experience is not dissimilar to the physical experience of the seed which bursts into flower, and the flower which disintegrates to become the fruit.

Let me assure you that life consciousness and innate feeling exist within those elemental forms as much as — in relationship to the size, the form and the consciousness — your own elemental forms in this transmutation growth period.

You are to become the fruit of your spiritual consciousness, and to bring that fruit for the nourishment of all mankind to know, to eat, to change, to transmute, to build upon.

But as the shell is shucked off and as the blossom appears only temporarily, making the way possible for a fruit to form, your bodies, your minds, your souls are in upheaval and disturbance.

So it is with the Earth planet, and it is the reason we have asked you in this time cycle, and for all future experiences and expressions upon the Earth planet from now unto eternity, to work with the elementals, to work in harmony with the devas who must make this transmutation also, through those forms and energies which represent the congregation of species or kingdoms which you share upon the planet in its physical externalization form.

As you know this in your body and in your mind and your soul, so know it for all other forms, all other species, all kingdoms. Know their suffering, as you suffer. Know too that each man, woman and child upon the planet is bearing fruit, and thus is experiencing this explosion of nuclear energy in transformation of life in expression as it appears upon the Earth planet in these end days.

As you know and as you accept, God is life, life is en-

ergy. Nothing dies, only transmutes into new form and becomes an energy feeder for other energy sources.

So, be at peace and know this great transmutation. Know the joy and the feeling of ecstasy in the pain. As the mother goes through the travail of birth pangs, how joyous and pleased she is. For the life form bursts forth from her womb after months of agony, waiting and wondering. Be as the mother with child; as the fruit is upon you, but not visible as yet.

I hail the coming seed and seat of this new day, new consciousness, new form. Our harvest is being prepared. The workers are you, in action. Love. Love God, love one another. For no one is without this sufficient indication of breathless waiting, yearning, hoping and expectation.

I am in you, as the Christ is in you. I am that I Am; God's life form and source bursting from within to express anew, as you will in your day and time for all mankind. So be it in truth. I am Sananda, the Christ planetary Prince for Earth, who is known unto you as Jesus the Nazarene; a seed then, a fruit now. Om.

-- *Sananda*; Idyllwild, Calif.; May 2, 1973  
(MAM #45B, week of February 10, 1974)

## COMPLETION

Completion of thy life work,  
Completion of thy work  
Lies in, lies in thy sight.  
Completion of love,  
Completion of love  
Is within thy heart.

Thou art of peace,  
Thou art of joy,  
Oh lord within,  
Oh love within;  
Oh queen of hearts,  
Oh queen of hearts.

What has been done will be expanded.  
What has begun so long before  
Is now within the reach of law.  
The law of life, the law of love,  
The law of light and love,  
Is within thy reach.

Oh man, oh man,  
Within thy breast beats  
The heart of love and light.  
Oh man, oh man, oh man,  
To have this love and light completed  
Is yours, is yours.

Oh man, oh man, oh man,  
If you will but see,  
If you will but see.  
Oh man, oh man of love and light,  
Be thus, be thus.  
Be complete, be complete.

And so what has begun shall be completed. For I, as Sananda, speak unto the children of the light who have come to enforce the protection and the endurance of that same light, love and truth upon the Earth.

As your protectorate, guide and friend I decree and declare that all men shall complete the mission as has been begun, founded and transformed upon this planet. Every man upon the planet now must take up his tools and begin the toil in essence and in endurance. For he has begun, and knows it from within.

The call has gone out, the song has been sung, the torch has been lit, and all men have been ignited with the flame and the heat of love impassioned, man for man, love for love, and life for life expression. All men will answer this call, all men must answer this call, and it shall be the completion of what has been begun much before this age.

Because failure has been on the Earth, it has been your duty to erase it. Because a pattern had to be reset, it has been yours to replace. Because it has been man's failure, man has had to have the success of this completion.

It is done in degree. It shall be done in completion only when the pattern has been inset totally into action and promoted so that all men may be the uprising of spiritual consciousness upon this planet that we embrace in unity to aid.

It cannot be done without ceaseless effort and harmony of each person embodied physically upon the Earth, and without total communion and unification from the other planes that are not in actual physical vision to you at this time.

To have this completion and to make this ascension of consciousness for all men, what have you to do for Spirit? To have this essence in divine beauty grounded and activated within the Earth, what can be done through you as spiritual advisors, pace setters and actual servants of thought power, of God-intent producing?

So, men of Earth, I have come; just as you have come in many times and ways for the same and only one endeavor. I have come to remind the peoples of this planet that this must be laid into proper order, brought before the judgment of higher understanding. All upon the Earth are now here advised that it shall be completed, and no one need suffer if acceptance is made.

Onward we march into the light, combined in love and brought into the absolute unity of purpose. Are you prepared to march forward and be completed? Amen. I am. Amen.

-- *Sananda* through Astara-Astrid; February 1, 1974  
(MAM #47A, week of March 3, 1974)

DO MORE IN '74

DO MORE to link with your own higher Self.

DO MORE to promote the hierarchal program.

DO MORE to support Mark-Age as a focus of light.

# MAM PROGRAMS SUMMARY

TAPE	WEEK	SUMMARY
41 A	12/9/73	Mark updates the current flap of UFO sightings and gives more news about <i>Visitors From Other Planets</i> book.
41 B	12/16/73	November 7th communication, including predictions, about new armada of spacecraft to bring new spiritual demonstrations for Christmas '73 and Easter '74. (See page 29 Jan.-Feb.-March 1974 issue of <i>MAIN</i> .)
42 A	12/23/73	Christmas broadcast. See and be for the remainder of '73. Do more in '74. (Published in Nov.-Dec. 1973 <i>MAIN</i> , pages 41-42.)
42 B	12/30/73	New Year broadcast. Nada-Yolanda defines new: opportunities, cycles, wave of life, challenges. Mark discusses conservation of energies.
43 A	1/6/74	Yolanda gives current news of Mark-Age staff functions for the hierarchal program. Mark talks about the energy crisis.
43 B	1/13/74	Mark inaugurates the focus to establish the physical works of <i>Healing Haven</i> , leading all into the first broadcast of healing for this special function. (See this issue, pages 4-10.)
44 A	1/20/74	In a parable given by Sananda-Jesus, Nada-Yolanda discusses the proper relationships between three levels of mind: conscious, subconscious, and superconscious or I Am state. Ascending out of mortal is reverse of our descent into matter, and part of the

TAPE	WEEK	SUMMARY
44 A	Cont.	crucifixion-resurrection initiation. (See this issue.)
44 B	1/27/74	Mark explains Sananda's message of March 8, 1973 on rending the veil between third and fourth dimensions. (See this issue.)
45 A	2/3/74	Man affects the elements. Depending on how man accepts his own transmutation, that is how the elements and lower life forms will respond. (See this issue.)
45 B	2/10/74	Transmutation is painful and difficult. The light workers must be as seeds ready to blossom and to give fruit to the rest of mankind. (See this issue.)
46 A	2/17/74	Mark speaks on cooperation rather than competition in all things. Need to work together, rather than against others.
46 B	2/24/74	According to Yolanda, mankind's struggle in these latter days reveals his desire for a last fling in this sensual world before releasing all to I Am Self.
47 A	3/3/74	Through Astara-Astrid, Sananda announces and sings the completion of that phase which protects the light workers for their ascension. He outlines our duties and patterns. (See this issue, pages 44-46.)
47 B	3/10/74	Yolanda speaks of a dream relating to the family of man. Some who are sharing the same apartment (planet) must be separated because they will not accept the higher spiritual laws and activities.

# HIERARCHAL BOARD DECREE & ANNOUNCEMENT

FEBRUARY 24, 1974

El Morya, Chohan of the First Ray,  
representative of Archangel Michael,  
member of the Hierarchal Board,  
ambassador of Sananda,  
with Nada, co-Chohan of the Seventh Ray,  
member of the Karmic Board,  
future co-Prince of Earth,  
ambassador of Sananda,  
call forth now all spiritual aid,  
all necessary workers on all planes,  
abundance of supply of all natures,  
all plans and programs,  
to manifest the  
externalization of the  
Hierarchal Board on Earth  
now and for all time.

) So be it.

XXXXXXXXXX+XXXXXXXXXX+XXXXXXXXXX+XXXXXXXXXX+XXXXXXXXXX+XXXXXXXXXX+XXXXXXXXXX

## SPECIAL MAM BROADCAST

If you now are, ever or never have been, a member of the Mark-Age Meditations (MAM) network of lightworker broadcasters, you hereby are asked to acquire for your personal use now and hereafter, or at least to join a MAM group so as to hear, what could be the most important MAM projection to this date. This notice is being given so as to provide you ample opportunity to arrange to be a vital and urgently needed participant in this important Hierarchal Board function, which shall be more important the more we can have participating.

MAM #52, as second anniversary of MAM network, will be for the week of May 12: *Externalization of the Hierarchal Board on Earth*; for the week of May 19: *The Second Coming*. Programs will be conducted by El Morya-Mark and Nada-Yolanda. Please join us.

⌘5.00 FOR THIRTY-MINUTE CASSETTE TAPE.



**VISITORS  
FROM  
OTHER PLANETS**

**EXTRATERRESTRIAL SPACECRAFT:** origin, type, sizes, personnel, assistance, demonstrations, landings, equipment, contacts, visits

**COMMUNICATION:** interplanetary & interdimensional, mental telepathic, ESP, electromagnetic beam

**CONTACTS:** physical, mental, etheric, astral

**MAN:** Earth, other planets & dimensions, spiritual nature & heritage & powers, history, future, sons of God, reincarnation, seven bodies

**EARTH:** latter days, history, transmutation, catastrophes, millenium, spiritual government

**PEOPLE:** Archangels Michael & others, Sananda, Jesus, Moses, Buddha, ascended masters

**EXPERIENCES:** spiritual, psychic, ESP, healing, consciousness expansion, spacecraft, dreams, interdimensional communication, mental telepathy

**GLOSSARY:** New Age terms

**INDEX:** reference

\$10.00



**MARK-AGE**

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