

MAIN



LINKING LIGHTS

ANGELS

Nature, functions, powers ■ Creators, managers, directors of all manifested form ■ Guides, teachers, companions of man ■ Guardians of man's spiritual consciousness & body ■ Supervisors of man's thought forms ■ Relationships, responsibilities with man ■ Seven archangels ■ Communication with race of man ■ Luciferian forces



Seven rays of life ■ Seven steps of creation ■ Transformation of form ■ Planetary changes ■ Latter days ■ Rehabilitation of error ■ Judgment time ■ New heaven & earth ■ Manipulation of spiritual energy ■ Areas of evolvment ■ Good & evil ■ Love in action ■ Other realms ■ Integration of all kingdoms ■ Glossary of 145 New Age terms

MAN

Son of God ■ Co-creator with God ■ Christ consciousness ■ Nature, powers, functions ■ Superconscious, conscious, subconscious ■ Seven bodies ■ Seven aspects ■ Eternal life ■ Spiritual or light body ■ Spiritual evolution ■ Fall into matter ■ History, future ■ Next 3000 years ■ Governor of lower kingdoms ■ 144,000 elect ■ Transmutation



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as a preparation for
the Second Coming and
the New, Golden
AGE OF AQUARIUS

MAIN

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MAIN

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CENTERS OF LIGHT EVERYWHERE
LINK THROUGH METACENTER

Jesus has said, "Where two or more are gathered, there I am." This constitutes a *Center of Light*. In the recent publication of the booklet *Mark-Age Functions*, channeled through Nada-Yolanda, Sananda-Jesus also described a *Center of Light* as "two or more individuals coming together for higher knowledge, creating a force field for their area or community where others also can come to learn, to grow, to expand and to receive the higher expressions of the Hierarchy, of the New Age and of Spirit."

We have such a group as described by Sananda operating in Austin, Texas for these same purposes which he has put forth. Therefore, it should benefit us a great deal here to put some thought into what a light group such as ours should be and do.

Firstly, we should realize that in this Austin group it takes each individual to make up the whole. This is necessary in group functioning; for as Joel pointed out at the July Mark-Age seminar, we are co-workers, and each of us plays a role in the overall program.

The Apostle Paul put it very well when he compared the individuals in a group to different parts of the body in I Corinthians, Chapter 12. As he said in Verse 7, "To each is given the manifestation of the Spirit for the common good." Thus we see that, just as

the body parts each have a necessary role to fulfill for the good of the whole body, so do we functioning within our own group.

We also are warned by Sananda in the *Qualifications for Mark-Age Leadership* pamphlet that each of us should be willing to give up our personal desires for the good of the whole. As most of us have learned through experience, however, when we give up everything to serve Spirit we gain everything we could possibly desire in return. Our emphasis here, therefore, should be on service to others.

Likewise, just as each individual fulfills a particular role, each light group fulfills some certain functions of its own. Each group is different because each is made up of different individuals. We serve other groups by fulfilling our own group's functions, for this serves to strengthen all other light groups. But, as Sananda goes on to point out in the *Functions* booklet, each light group must have the I Am as the common denominator in its work. This is our link with all other light groups.

Now we have an example to follow in this light-center functioning. This, of course, is MetaCenter in Miami. Those of us who have been there know what a pleasure it is to have seen and experienced that prototype exemplifying and to have been in that light focus which is MetaCenter. Sananda refers to it as "the center of *Centers of Light*." His reasons for calling it thus are obvious, for it functions at the highest level possible; which is what is expected of all light centers.

Each of us here needs to be aware of these things which Sananda has mentioned, and many more things which will be expected of us in future work. Let us give it our careful attention and consideration, this light center of ours.

from the MARK-AGE of AUSTIN Newsletter

% MAM BROADCASTERS TAKE NOTE %
% OUR TAPE COPIER recently made some poor copies. If %
% you ever get poor tapes, return them for replace- %
% ment. If a tape gets stuck, tapping the tape usual- %
% ly frees it. We use only top-quality BASF tapes. %

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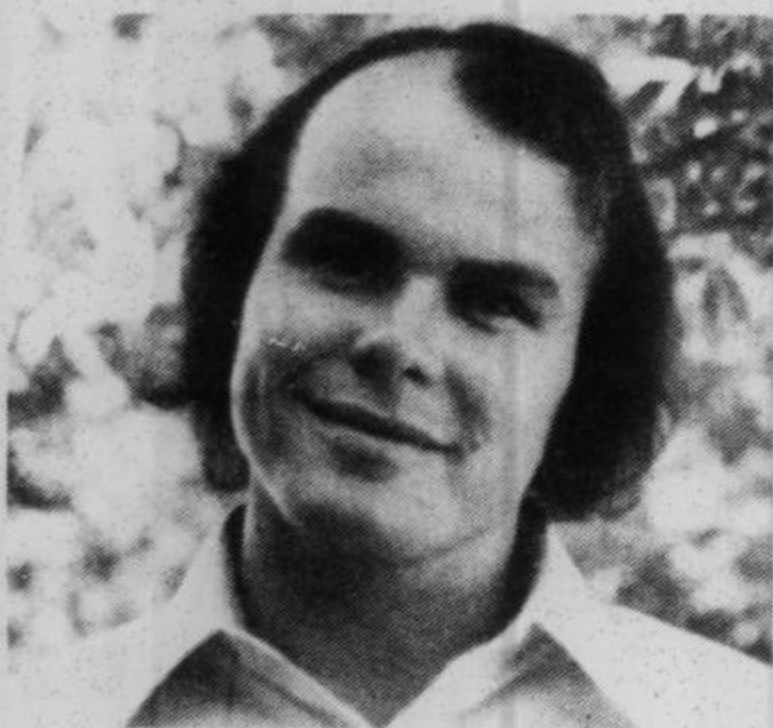
LIGHTS

Featuring Hierarchal Light Workers In Action

DEEP IN THE HEART OF TEXAS

HOUSTON, TEXAS. A statewide action-committee meeting was called in March to organize all the Texas Mark-Age groups to *DO MORE IN '74*. The Family members in this state already have conducted at least four very successful spiritual retreats. The cover of this issue is dedicated to their demonstration of unity. The seven or more groups in this state demonstrate a unique form of coordination and cooperation.

Jay Ammons, who has served as a staff member at headquarters in Miami, filed this report with *MAIN*.



JAY

"All came with enthusiasm and the desire really to concentrate on Spirit's will for promoting Its program. That was the tone or mood of the entire gathering. With that firm strength we were able to move forward and accomplish much.

"About half our time was put into discussing and actuating matters under the heading of publicity. Many ideas were presented to provide and to increase program publicity. We discussed a stepped-up effort in participating through public media. [See the two *How To* articles in this issue of *MAIN*, written by two experienced Texas leaders.]

"Texas will be launching a campaign to search for and to find available media through which we can promote, in any proper way, the Mark-Age books, with special emphasis on placing the hardcover books in stores.

"In that same vein, we are working up details for promotion of the *Welcome Visitors* campaign. Many ideas were covered, including the needed revamping of local

graphic-advertising campaigns. We now have a number of ideas to produce for visual promotional uses, and some of us already are at work on manifestation.

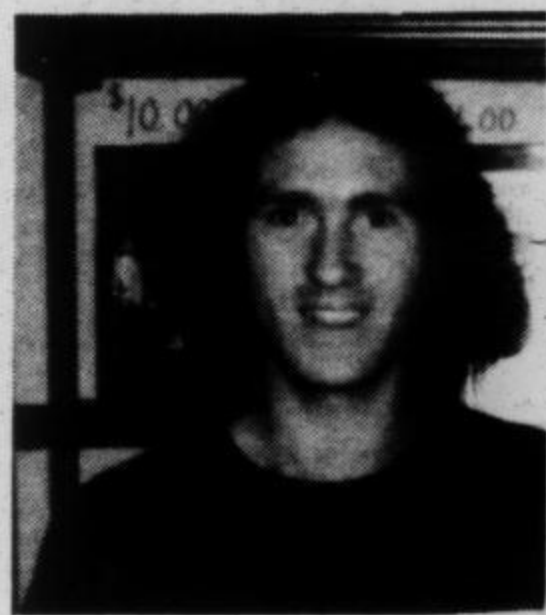
"For our lectures here we will be producing some attractive charts and other teaching aids in the form of slides accompanied by tape recordings. Some of the local groups are in the process of stepping-up classes and teaching situations for beginners, and also for those more advanced.

"Each area will be conducting its own campaign to attract new participants and to establish new *MAM* groups. But we decided there will be a greatly stepped-up degree of intercommunication and assistance between the areas that will provide for more ideas, more ease of manifestation and more enthusiasm. We are working on a form and a system of communication to be used between groups through the mails."

AUSTIN, TEXAS. Meanwhile, a very attractive newsletter already has been activated by this Mark-Age group. Not only does it give articles and news about spiritual events in this state's capital but it also helps coordinate information, meetings and developments for the other Texas centers. If you want to be included on their mailing list, send a few dollars to cover printing and postage. (See address below.)

Members of this group give frequent lectures to schools and other light centers in the area, and are gaining valuable experience in appearing on television and radio.

When Kenneth Hatfield, a dynamic leader in this group, was in Bryan, Texas (his hometown) appearing for an hour on their late night TV show, he was able to interest six people there in starting their own *MAM* broadcasting station. Two of the six are hosts of the TV show.



KEN

Ken and Charles Poland (See pages 41-44 of this issue) were lecturers at the First Annual Dallas Psychic Arts Fair from April 5-7, attended by thousands.

Still another of Austin's current promotional projects is to provide T-shirts with a seven in the circle.



NORMA

Norma Sligar models one here. This group can provide sizes from small to extra large in more than thirteen colors for \$3.50 each. Write them directly if you are interested in just one for yourself or in decorative, colorful arrays for your group. *Mark-Age of Austin, 2802 W. 50 St., Austin, TX 78731.*

NACOGDOCHES, TEXAS. The Mark-Age light center in this eastern part of the state, headed by Connie and Jack Redeagle Reese, is in the piney woods on a hill. Redeagle, who was a professional jazz drummer and who lectures often on his heritage as an AmerIndian and how that correlates to current New Age events, presently earns his living as a master carpenter.

Whenever there is need for a Mark-Age lecturer or a possible media interview anywhere in Texas or Oklahoma, Redeagle goes to work at his trade to earn enough transportation expenses to tell the Mark-Age story. His article *How To Get News Coverage* in this issue of *MAIN* is based on years of personal experience.

Here are excerpts from a letter by Connie reporting one of their trips to Dallas at the request of Dr. Ingalls, chaplain at the Army Reserve Base in Dallas and a professor at Southern Methodist University. First thing Sunday morning, Redeagle conducted the service at the Army Reserve Base; then, in the afternoon, he spoke to the ESP class at the Free University of S.M.U.

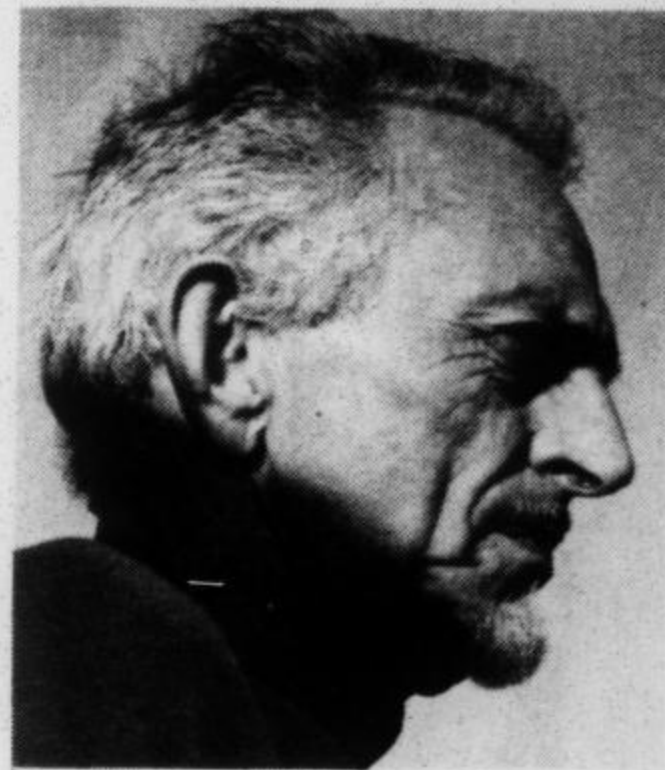
"It was quite a shock when we arrived and met no enlisted men whatsoever, only colonels, majors and captains. Each man is a specialist in either electronics, sanitation or communications, etc. This is an emergency unit, which is prepared to help certain South American countries in case of natural catastrophes or political chaos.

"So, you can see this was a very high intelligence level to work with. Our sermon was delivered to eighty men, fifty of them colonels. They lined up in the hall afterward for an hour asking questions. Most of them wanted Mark-Age pamphlets.

"Dr. Ingalls has all of those colonels meditating and projecting healing. One colonel gave a testimony about being healed from lung cancer. He feels it was due primarily to the projection from his comrades.

"There also are some potential opportunities to lecture again in Dallas, as many of the men are college professors in nearby Texas towns. Later that day, when we conducted the ESP class at S.M.U., fifty students kept us for four hours in order to answer their questions."

An immediate result from this is that one student ordered all the Mark-Age material available, and she and her husband have started a MAM group in Dallas.



REDEAGLE

COORDINATION CONFERENCE

KALAMAZOO, MICHIGAN. Mark-Age was asked to participate in the spring conference of the *Ageless Wisdom Quest Center & Research Foundation*. Our representative and new hierarchal channel was Barbara Adlin of the Mark-Age Center of Minneapolis, who conducted two seminar workshops on meditation and gave a lecture on *Visitors From Other Planets* book.

Several hundred people attended this conference, where many old friends and acquaintances of Mark-Age since 1960 were on the scene and helped support the hierarchal program.

Barbara reports: "The lecture was well received. Many came to me later with their accounts of spiritual experiences. Some had tears in their eyes and became emotional about what they had felt and had seen. Others said they were so happy to know where Jesus is and what he is doing. They were so pleased to hear about his work in the space program. It was a completely pleasant, rewarding, fruitful experience. I felt only love, concern and cooperation from everyone."

The June issue of *MAIN* will carry channeled communications through Barbara of Zion teaching the highest aspects of linking the mortal consciousness with the I Am Self.



PROGRAMS

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A MAJOR PROGRAM ADVANCE AFTER SPRING 1974



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YOLANDA: Beloved *MAM* broadcasters, in my etheric role as Nada of the Karmic Board I received on February 27th and March 6th, 1974 two new Hierarchal Board decrees and announcements. After you have heard the exact wordings of these communications, and before we enter into meditation for our own personal individual guidance and actions, I will explain my experiences, evaluations and interpretations of these communications while receiving them from the Hierarchy.



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FIRST DECREE & ANNOUNCEMENT

"Now is the heralding of new steps and cycles. This is the beginning of conscious and subconscious resolution for one divine purpose. The spiritual I Am consciousness shall be made manifest upon the Earth through all the race of mankind in this ending era known as the Mark Age period and program.

"You have witnessed all that is necessary for preparations to take place. Now it is officially announced that this union and unification are completed, to begin the serious works and the final resurrection of the I Am consciousness in man embodied on a third dimensional planet.

"That is all that is required: the final resolution, the final steps and cycles that connect the I Am Self with the unified conscious and subconscious aspects as incarnated upon Earth planet in these end days. Now it has begun.

"Now the agonies and the truths shall ring forth and wring out that which is necessary to be eliminated, and bring about that which is permanently established and positively constructive and honest.

"All shall be prepared by this announcement and decree, through Nada of the Karmic Board, so that no matter what transpires in the agonies of this wringing out and the ringing forth of truth, you shall not be discouraged, you shall not be downhearted, you shall not be dispelled in the onward march and the forward growth that are required of all who are spoken for the light, decree in the light, and trespass against darkness, that the light may be made manifest and truth may reign forever and ever upon our hallowed ground or Earth."

-- *Nada for Christ Jesus-Sananda; February 27, 1974*

SECOND DECREE & ANNOUNCEMENT

"So hallowed and profound a protection shall come that shall encompass all life on Earth and surrounding environs.... You shall heed and you shall follow.

"After this spring cycle all must begin to be laid properly and positively in the name of the Christ for all deeds, accomplishments and functions which follow in the steps of the co-workers in light for challenges and projects necessary to accomplish that which must come forth in this end time for Earth's manifestation in the present evolutionary pattern.

"You may not remove, but now you must include, all proper truth, all proper thinking, all proper functions, facilities and trusts that become the nature of the God Self in action on Earth. You are to be the Christed beings which you are to example. That must become the nature and the name of the Mark-Age program workers henceforth....

"We have eliminated by decree all that must be eliminated of error. In the following cycles of time we must then project in the light all that is desired for the incoming light, the incoming plan, the incoming projection of fourth dimen-

sional consciousness, powers and talents. That is as it must be.

"The light workers have reached the proper evolutionary steps and powers for this inception. Humble yourselves before the Christ consciousness which is in each one. Follow the route of positive affirmation which has been laid forth and announced via this decree. Amen. Amen. Amen. Amen."

-- Nada for Lords Michael and Maitreya; March 6, 1974

**INTERPRETATION BY YOLANDA OF
BOTH DECREES & ANNOUNCEMENTS**

YOLANDA: During the first meditation of February 27th, I was in the Nada light body, observing the entire race of man struggling up the spiral steps to higher consciousness.

Using the universal sign language, my left hand enacted the subconscious and my right hand the conscious in the battle now engulfing mankind. The conscious mind, expressing positive and affirmative statements of truth, overcame the subconscious mind, which repeats the negative, doubtful, error experiences of this race's evolutionary struggle through the Earth plane. When the conscious mind had asserted its will over the subconscious repetitions, a peaceful partnership began. As Nada, I understood the race has to struggle through these steps in order to reach a point of peaceful cooperation and coordination between conscious will and subconscious memories. Only after this can the superconscious, I Am Self work without interference.

The following week, before the ⁴second Hierarchal Board decree and announcement was issued, I had a long discussion mentally with Lords Michael and Maitreya. Again they reinforced their announcement through me via the universal sign language.

They informed me that there are to be overt and obvious changes on the planet during the spring cycle of 1974. The Mark-Age staff at MetaCenter had to receive this in advance to broadcasting it through the MAM network, in or-

der to prepare the race subconscious mind.

The *MAM* lights must be linked together solidly in order to anchor this tremendously important step of hierarchal program action. Our work is predominantly on the inner. It is from that inner platform that the subconscious aspect of mankind receives inspiration and direction to act properly in the outer functions of this world.

The light workers linked together through the *MAM* network have implanted successfully certain functions and actions during the past winter cycle, ending approximately March 20th. An overlapping period until mid-April, the Easter cycle, is permitted for our work to be fully completed on the inner.

Now, during the spring of 1974, we all will experience the many effects from the causes which were set into motion by the linking of the light workers through *MAM*. As a result of all our works, cleansings, decrees and efforts through the spring cycle of 1974, we, the awakened and coordinated light workers of this age of marks, will have completed a segment of our functions and responsibilities.

Specifically, we will have completed that first step in basic metaphysics necessary to effect total change and transmutation. That is the *denial* aspect. Denial, in this sense, is to recognize what is not desired, and therefore must be eliminated in ourselves, in the Earth, in other life expressions, and for the sake of the incoming program.

Following the period of *denying* what one does not want to see any longer, the metaphysician or the light worker begins to affirm what is desirable and needed.

According to my conversation with Lords Michael and Maitreya, we, the light workers on Earth, have completed successfully the *denial* stage for the program. Those denials were absolutely necessary and required in our functions as representatives for the Hierarchy on the higher planes. Our role is to set examples on Earth of how the spiritual government of our solar system acts on the inner.

Therefore, after a period of adjustment this spring — which time, it appears to me, will be extremely difficult

and disturbing to the masses — the light workers, in coordinated and cooperative activity through the MAM network of light, will be required to use the technique of affirmation. This is to implant the positive, the desired, image of what is needed by the Christ forces to bring about the truth, the light, the love of Spirit in man and in all life on the planet.

In the words of Lords Michael and Maitreya in this decree and announcement: "After this spring cycle...you may not remove, but you must include, all proper truth, all proper thinking, all proper functions, facilities and trusts that become the nature of God Self in action on Earth. You are to be the Christ beings which you are to example. That must become the nature and the name of the Mark-Age program workers henceforth."

Therefore, in order to assist all of us in this new level of instruction and effort, *MAIN* magazine for May 1974 publishes these two Hierarchal Board decrees and announcements in the *MAM Programs* section. This *MAIN* also begins a section called New Images. This is the basis of a textbook by El Morya-Mark to be released as a sequel to How To Do All Things sometime in 1975. If we are to follow our instructions from the spiritual Hierarchy, we at Mark-Age recognize we must prepare tools by which the light workers can carry out these essential commands and directions.

Humbly I request now that as each one goes into meditation for the receiving of his personal part and role in these higher steps and demonstrations for the externalization of the spiritual government on Earth, we review the actual words in the two Hierarchal Board decrees and announcements which I have been privileged to receive and to interpret for you.

Each one listen carefully to the codes and the keys within the communications themselves. They will trigger off within each one's consciousness the proper thoughts and memories for his or her own important part in our joint activities as light workers linked as one voice, one decree, one action of life, light and love. So may it be.

MAM #49A, week of March 31, 1974



BE
the
LIGHT

CAN YOU, WILL YOU
LIGHT UP THIS WORLD?

Dictated by SANANDA-JESUS through NADA-YOLANDA

THE CHALLENGES

There is no challenge that comes to any soul anywhere at any time that he cannot handle. For Spirit does not present the problem unless the soul is prepared to face the problem and to correct the problem and to make the proper choice. That the majority of mankind fails to make the proper choice is not the fault of Spirit, but of the freewill, mortal, self-indulgence man is prone to on this planet. It will be corrected; it must be corrected; it is being corrected. All parties involved are being put to the test of it.

That you as light workers or potential light workers are perturbed by these tests is, in some way, understandable. But in other ways it is beyond comprehension, since you have been prepared for eons of time to know and to accept the fact that this is the period of time when the tests and the pressure would be to the unbearable breakingpoint.

Those that do break are those who refuse the I Am Self within and the conscious, hierarchal acceptance of being superseded and superiorally guided by higher forces than their own mortal will and consciousnesses or personality. They are so imbued with the present individuality that they

cannot accept or relinquish to the I Am presence within, to dominate the proper actions, the proper thoughts, the proper situations.

So, they fail the tests. This is most regrettable. But it definitely is not your responsibility as teachers, since you are not the conscience of man but are the representative example of what men can accomplish if they will follow your path.

Naturally, they who wish to fail, or don't wish to adhere to the higher principles, will point out to their teachers and leaders that that path is full of pitfalls and holes and rocks, and much debris in the road. They will give you all kinds of excuses, saying that that path is impassable. Yet, you passed through it. You still stand as the example of being able to traverse that area. Still, their mortal minds and analysis will give every excuse and dislike in order to dislodge you from the firmness of your execution of that which you know to be in truth.

This is in no way unusual. It is the bittersweet example of all who are masters of any condition. It was no different in my time. For, as I revealed slowly and gradually the harsh truths for the race of Israel to face in its own cleansing, more and more defected from the teachings or the belief in the Messiah having arrived.

They waited, they worshipped, they hoped, they prayed, they knew and believed in the Messiah coming. But when the Messiah did come and the Messiah did give forth his judgment of their past, and the truths which they knew the Messiah was to bring, higher and greater than ever before, these truths were not palatable unto them. Nor were they convenient to their mortal bearings.

How many times has it been demonstrated that if it is too uncomfortable and too difficult for the status that is desired, then the mortal registers a rationalization of evidence that makes it unacceptable to that particular status and situation?

Light workers, and you who are the externalized parts of the Hierarchy, you no longer may be subjected to undis-

ciplined, disrespectful and unbelieving associations. It has come to pass that your roles and functions are more mortally important than they ever before have been. Therefore, the strength in your functioning is that you adhere to the strictest principles of your Christ unfoldment. This is extremely, urgently, firmly established in our hearts in the etheric levels, in our minds, and executions of sharing with you.

In order that you be prepared, and presented to any other segment of the race consciousness for that which you do know and do believe, you need the firmest, clearest, unshakable foundation. For indeed the Earth is to be shaken, literally and figuratively speaking.

THE PITFALLS

We all are working under great handicaps. We are sorry if we lose any light worker upon the path. But the dangers involved in the climb upward to the peak of conscious understanding, from the physical level, is fraught with major and minor disastrous pitfalls.

These pitfalls are, in many respects, that which the soul has succumbed to in past incarnations. The pitfalls likewise are racial memory patterns. The pitfalls refer also to those experiences which souls who have climbed through those paths on previous occasions created themselves by their own ego evolvments.

So, any soul who is so intuned to the spiritual consciousness, and has become awakened to the cosmic awareness to this degree of the light body and the light program, must become aware of and find danger in those pitfalls which definitely and substantially exist in the areas where the traveling is taking place in consciousness.

Therefore, though you yourself may not succumb, though you yourself have passed through that area before, or though you may not be susceptible to that particular delicate situation or condition involving personality or soul

karma, you as a cosmically awakened individual intuned with the Christ consciousness of all men everywhere are put in touch with the experiences of any and all who already have travelled that path.

HOLDING TO DIVINE GUIDANCE

Therefore, this is one of the things we refer to by saying unto you: you cannot possibly know, nor can we allow you to become too clearly aware of, the responsibilities, the consciousness of and the abilities of the superconscious mind and the light-body functionings, at least for this immediate period of time.

For, in a great sense, the activities of this area of evolvment are a great deal more complex than anything you ever have experienced in conscious and subconscious evolvment and incarnation upon the physical planet known as Earth, or this third dimensional frequency vibration.

It is not for you to be awakened too suddenly and too much to these faculties, talents and responsibilities. It is unfortunate that many of the teachings or implications of spiritual sciences refer to miracles, instantaneous realizations and that type of absolute fulfillment, regardless of what the individual is going through.

But it is sufficient that you go through the experience, know that it is a disequilibrium of either physical, mental or emotional bodies, also an opening of psychic channels in the body and consciousness and the opening of the astral connections to your light-body anchoring, and still not lose the perspective of continuation or continuity of purpose, goal and functioning as Hierarchal Board representatives, which all light workers must realize, accept and enact.

Instead, it is those who desert the intention and the intellectualized, accepted principles and cannot follow through or fulfill it when the pressure is on — when the challenge occurs — about whom we have to be concerned.

Those are the ones who go through these same difficul-

ties, but are spiritually strong enough to say: *Thy will be done, not my will be done, regardless of what it means to my physical body*; even death will not cause me to depart from this dedication and soul understanding of the purpose for which we light workers have come to Earth in this Mark Age period and program; we will carry on; we will hold the vibratory rate that is being introduced through the planetary operation at this time.

Follow the example in the Garden of Gethsemane and my own crucifixion-resurrection ceremony. It is your Christ mission that you must follow regardless of the consequences. What you are divinely led to do is that which sustains you in any crisis; not the associates around you, the closest disciples, even your own family.

Look at my own case, as an example. As Jesus I did not have my mother Mary or any of my intimate brothers and sisters sustaining and holding forth their support at my trial, when I had to decide whether or not to let them crucify me.

Those who remain fixed to their hierarchal dedication are part of the one hundred and forty-four thousand we can count on who eventually will hold the entire planetary change-over and the explosion of nuclear power, which then can cause the transmutation from one frequency cycle to another frequency cycle, as shall occur gradually but steadily in order to bring through the Age of Aquarius.

Broadcast on MAM #37B for the week of October 21, 1973

SPECIAL MAM #52 BROADCASTS
Celebrating the 2nd anniversary of the MAM network, there are 2 special broadcasts of 15 mins. each.
For week of May 12: *Externalization of the Hierarchal Board on Earth* by our director, El Morya-Mark.
For the week of May 19: *The Second Coming*, delivered by Mark-Age primary channel, Nada-Yolanda.
THIRTY-MINUTE CASSETTE TAPE FOR \$5

NEW NEW IMAGES IMAGES

THOUGHT POWER THROUGH IMAGING

By divine imagination, man molds the heaven of his inner thought kingdom. The thought forms he permits to be imaged in his consciousness have as great an effect upon his life as do his spiritual realizations. Since intelligent seeing is a form of divine imagination, man should always see himself in a state of intelligent knowing that God or good is the foundation upon which his life is built; he should see God as his Source, and himself as springing from that Source.

The soul first gets the impulse to grow and to expand through this same divine imagination, which is inspiring it to lift its vision above the state in which things seem to be reality. The soul aspires to bring that heavenly pattern into its life expression, to achieve that divineness with which it is inspired and knows exists also in all others.

But before this goal can be reached one must go through course after course of soul cleansing to develop the power of seeing purity, truth and perfection in the face of what seems to be otherwise. All life has the perfect pattern, the image and the likeness with which God or Spirit endowed it.

Thus, one who has learned to see spiritually sees through the eyes of Spirit, beholding the good and the per-

fection everywhere. Your mind's eye can see the wonderful things you are capable of bringing forth, that glimpse of heaven within you. Such an experience by the soul makes it aspire to live up to its noblest impulses and to express the high Self or the Christ Self.

What is this attribute of Spirit, this divine imagination? It is the formative power of thought, the molding power of the mind as inspired by Spirit through the higher Self. It is that which shapes, tones and colors our thinking, for this imaging or picturing is then expressed in words and helps to mold our life in the present situation. X

We are all of Spirit, and therefore have access to this divine imagination as an attribute toward a more full and happier life. Do we wish to be healthy, happy, wise and loved? Then we must use this imagination, and visualize ourselves as being healthy, happy, wise and worthy of love. Watch those deep inner thoughts of your subconscious mind, for back of them are the images that are affecting your life. Everything that happens in the outer world first takes place in the inner realm of thought.

You can accelerate, strengthen and balance every single process of your body if you image truth. No matter what the function may be, or whether your consciousness lacks strength or power or balance, you can imagine, visualizing and believing that such is indeed truth; and you will find that through the will of Spirit and your desire only from Spirit that this manifestation shall come into expression in the physical plane.

Manifestation is brought about through the power of thought. Since Spirit creates only perfection, it must be that we have created the imperfections which we see by our error imaging or wrong thinking; either in this lifetime or in past lives creating the race-accumulated error thoughts, which may not manifest in the present but eventually will influence Earth conditions and ourselves.

Since perfection is reality, it must follow that imperfection is conditional. However, this does not mean that unreality does not exist for us or that we are not affected by

such conditions, for they have influence upon our imaging. Man's five outer senses were established to record a certain range of manifestation. Our mental faculties assess these reports, therefore either or both the mental and the physical observations may be incomplete or inexact, thus bringing the conclusion that imperfection exists. This, of course, would be in error and would influence erroneously our lives.

How then can we see clearly and truly so we may think and image correctly? We must desire to contact our inner Self, the God Self, so that we may rise to that level of spiritual expression where we have the knowing of truth and error, and how to influence or to correct our improper use of divine imagination.

A good way to begin making such a contact is the Mark-Age book *How To Do All Things*, with one section devoted to setting forth one hundred spiritual truths, the basic realities to be substituted for some of the erroneous thoughts or ideas or images which have limited man and have tended to prevent him from attaining his true spiritual nature, heritage and powers on Earth.

As light workers, we have the obligation to work upon ourselves to reach our spiritual nature, to correct our error imaging or thoughts. In so doing, we help the rest of mankind to have a similar desire, and also to correct the race thought that has been in error for eons of time.

Since we realize the power of thought, we must see that our thoughts are positive in nature at all times. We should ask our higher Self to help us to see and to think truth. As we make this connection with the indwelling Christ, the rest of mankind will see that it is possible and will emulate us in this bringing forth of the Christ Self, the true nature.

This introduces the forthcoming book by EL MORYA-MARK, New Images, which is a sequel to his text How To Do All Things. The timeliness and importance of this new series for MAIN magazine is explained in the MAM Programs section of this issue on pages 8-12.

Healing **H**aven **H**ilarion under

WHAT PROGRAM
SHALL WE
VISUALIZE
FOR THE
COMING YEARS?

The *Healing Haven* program we must visualize for the future is to help man see himself as he really is, a *spiritual being*; yet, one who is still caught on a three-dimensional level and so finds it difficult to express his divinity. Because of many past-life indiscretions, much karma has been built up that is not of good, and therefore must be dissolved, reconstituted, or reformed into that desirable state which is his natural heritage as a spiritual being.

At first the *acknowledgment* that such a condition indeed does exist is necessary so as to proceed with this reformation. Then comes the *recall* of why he is placed now in this position of working out his karma of previous life expressions. Past karma has brought into existence the present world situations with which he individually, and as a race collectively, is confronted now.

After acknowledging such a situation exists, man must *assume his responsibility* to work this out upon the Earth, this three-dimensional level which now is going into the fourth dimensional level of vibratory frequency.

As these conditions are being worked upon by coordinated light workers, the rending of the fourth phase of the seventh veil (which veil hides man from his real destiny, his goal, his bursting forth into his true divinity as a son of God) is being accomplished.

When man (1) has become aware, (2) has acknowledged, and (3) has assumed this responsibility, then we can

bring forth those programs, those teachings, those tools with which he can work and can transmute, or do away with entirely, all undesirable conditions, impacts, memories, emanations and all the world thought forms which he, man, has created throughout centuries of existence on the planet Earth.

These programs and teachings will be coming forth as man signifies his desire for such programs. They will include the twelve departments of Mark-Age as outlined in the *University of Life*.

The techniques of visualizing positive images for oneself and the hierarchal program has taken on new importance this spring. As we have published in this issue of *MAIN* (See *MAM Programs* section), the Hierarchal Board has issued two new decrees and announcements through Nada-Yolanda stating that the light workers must immediately concentrate their efforts on positive visualizing and decreeing (affirmation). This is necessary to establish perfect balance, harmony and health for man's higher spiritual form for the New Age.

Through the Health Department we will teach healing of the *physical* vehicle; of the *mental* atmosphere, or the mind vehicle; and also of the *emotional* body, or the reactions to various situations that are undesirable; as well as the cleansings from man's *soul* of long-imbedded, forgotten impacts of previous lifetimes which now condition his reactions to life as expressed on this planet.

Man must have spiritual guidance during this search for health, wholeness, holiness. Permanent remedies are available to relieve the agonizing soul-searings which come during these cleansings, the transmutation and the growth into spiritual I Am consciousness and demonstrations.

Healing Haven, with the Health Department of the *University of Life*, is that concerted effort of all the light workers on Earth, combining all known, recognized and helpful methods to prepare the mind the body and the soul of man for the fourth dimensional consciousness, the I Am or Christ Self in action on Earth.

ZAN-THU of MARK-AGE is coordinator and research assistant for HEALING HAVEN.



SPACE VISITORS

LAST CHAPTER IN VISITORS BOOK is entitled *New Rise In Consciousness*. Zumah states on page 301: "Through the master ship #10, which is Sananda's guiding force, a new armada of craft, physical in nature, can begin to unfold the spiritual purposes behind visitations from other planets, dimensions and planes of existence in this entire solar system." As Mark-Age members know, master ship #10 was anchored over Europe in the spring of 1973 for two years.

Verifications of this new rise in consciousness, and a flap of UFO interest in Europe, started on June 30, 1973 — just days after master ship #10 anchored over the continent — when scientists aboard a French Concorde supersonic jet were tracking a solar eclipse over Africa. After the frames of color film were developed, the scientists observed pictures of a bright, mushroom-shaped object, at an altitude higher than the 56,000 feet of the Concorde, that had a diameter of at least 660 feet.

Confirmation of increased interest in Europe comes from our co-worker Rev. Francis Cuzon, now teaching at St. Maurice boys' school in Switzerland. He writes: "I have sent Mark and Yolanda's lecture tape *Welcome, Visitors From Other Planets* [one-hour cassette for \$7] to the French National Broadcasting Corp., because it has had a number of broadcasts about UFOs.

"The Swiss television also has opened the UFO files. There are more and more sightings all over Europe. The French War Minister recently made a very open-minded statement concerning recent scientific investigations."

Amplifying the above, Annesley McCune, leader of the Mark-Age group activities in the San Diego area, sent this translation from the French magazine *Paris*

Match for February 2, 1974, which also included outstanding photos of six UFOs moving in an orange light, plus two sketches made independently and separately by unconnected witnesses from Ouzouer-sur-Loire.

"Warrant officer Gauthier, chief of police at Ouzouer-sur-Loire, said, 'We saw the object several hundred meters above us. It left in the direction of Gien. All together, officers watched it for ten minutes until it disappeared....We were struck immediately by the intensity of the white winking light, so blinding it made our eyes hurt.' Two women had alerted the police.

"Two days later, another resident of the community came to the police station confirming the exact date and time of their sighting. Drawing a sketch which corresponded to those made by the first two women, she stated: 'I saw a kind of spacecraft. It seemed it was going to land in front of the house. It was about thirty meters above the ground and made no noise besides the displacement of air. I was impressed by the strength of its twinkling red and white lights.'"

ITALY CONTINUES TO HAVE MASS SIGHTINGS. As *MAIN* reported on page 30 of Jan.-Feb.-Mar. issue, Italy has been the area for sightings since the Christmas season. Continuing through this Easter cycle: on March 29th, hundreds watched a UFO swirling above Milan. It flashed green lights above the cathedral square for two hours. Police quoted witnesses as shouting: "You Martians, come down and let us see you at last." How is that for a demonstration of our *Welcome Visitors* campaign?

PLANT A NATION

Progress Report

TEAR-OUT
BROCHURE



Even before we could publish the special tear-out brochure facing this page, Family member Anne in Benedict, N.D. sent \$500, saying: "Call on me if you need any further financial assistance." Then reading *MAIN* for April, calling for funds for new Mark-Age headquarters, she sent an additional \$5000, helping us to seed this plant of a new nation.

PLANT A NATION

Sananda told Yolanda on January 30, 1974 that we should ask for, and we would receive, all things needed for the externalization of the Hierarchal Board on Earth; which is the Mark-Age staff, representing the spiritual or hierarchal government of this solar system. It is our privilege, our absolute right, and our obligation to the Hierarchy, to ask Spirit for everything we need to do the job as it needs to be done. We must ask specifically for all that is needed to do our work. Modesty is foolish, when it comes to this asking, he said.

Sananda on February 13, 1974 spoke with Yolanda about our needs for additional headquarters properties for working and living in southern Florida. He said that his needs would be met. He explained that since we are working for his Second Coming, anything needed by us to fulfill that mission are his, not our, needs. We in Mark-Age have no needs, demands or desires of our own. All are Sananda's needs, demands, desires; which will be met.

This is a quite different perspective of our joint hierarchal mission, that of Mark-Age and of all light workers and groups. We are not to think in terms of what we need in the way of equipment, living and working quarters, rest, anything. Rather, we are to think of what Sananda needs in order to bring about the Second Coming. X

Sananda continued by stating that never before in the previous two thousand years had any group been able to receive or to fulfill this understanding of the Second Coming. Many, he said, have believed they are trying to fulfill the Second Coming, but they think in terms of what they can do to bring it about, rather than thinking in terms of San-

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anda's needs, desires and timing.

Sananda thus indicated that when it is time to have new quarters for his unit of Mark-Age, those new quarters would be provided, according to his desires and needs. Furthermore, everything we of Mark-Age do must embody this subtle but necessary understanding and power.

In a meditation on March 3, 1974, Yolanda received the vision of an expansive property. Sananda interpreted this for her. Mark-Age headquarters is to be in southern Florida for approximately twenty years more. This area will be the most comfortable and safe for our operations during that period. In the fall season of 1974 we would find this new location in an adjoining county. He indicated a general area just north of Miami.

By then, additional monies and other conditions should permit us to move our headquarters. But there still will be need for using our present facilities for awhile, so some operations and living will be maintained in the present MetaCenter, where we have been since late 1961.

The new properties will be large enough so future expansions will be possible, both as to working and living facilities. This would be the beginning of the Mark-Age town or MetaCity we long have envisioned. It also would provide the initial location for our Healing Haven division, prior to its final establishment in Tennessee. After the next twenty or so years, the entire Mark-Age operation then might be moved to the Healing Haven grounds.

In this meditation, Yolanda received the key word *plantation*, along with a picture of a key. This has many possible meanings to us; but, as with so many clues given to us in our spiritual work, most or all of the meanings will not be known until future events reveal them. In such manner are we often given advance information which will serve as verification at the proper time.

For examples, the word *plantation* could have one or more such meanings and advance verifications. There is the rapidly growing town of Plantation in southern Broward County, in the approximate area designated. Or, there could be a large plantation that would become ours. Or, there are

companies, streets and other possibilities bearing the name *plantation*. And, the largest realty company in this area is the Keyes Company, a possible connection with *plantation* and the symbol of a key.

In our weekly hierarchal meeting (of staff members only) on March 13, 1974, Yolanda received the following in a trinity conference with Sananda, her own high Self Nada, and El Morya-Mark. In this new headquarters and its accompanying properties, it is extremely important that there be the appearance and the nature of a fitting atmosphere, facilities, impressiveness for the externalization of the Hierarchal Board on Earth. A worldly government has suitable headquarters and facilities for its functioning. How much more important is the proper setting for the Mark-Age focus of the Earth plane operation of the Hierarchal Board.

It was at this time that further interpretations of the word *plantation* were revealed. They have within them the major purposes of our entire hierarchal plan and program, through the Second Coming and to the spiritual function this will initiate: *plan a nation; plant a nation.*

Mark-Age, not only the staff but also the Family co-participants and members, are in essence planning a new nation made up of the sons of God on Earth. We are implanting this spiritual nation so that soon all of the race of man on Earth will have that consciousness, dedication, purity and cooperation.

From this planning and planting of a nation in our new Mark-Age headquarters will grow the Mark-Age city, a spiritual government within man's governments on Earth. These facilities will not be anchored by our sisters and brothers from other planes and planets, but must be accomplished by our own plannings and works, those of us on Earth with those on the higher planes.

Mark-Age is an example for light workers and groups, as well as for all man of Earth. But we are not the commanders for Earth. We are preparing man of Earth to desire, to seek, and to work for, the return of Sananda, Prince of Earth. Sananda and his staff will institute the spiritual government on Earth.

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From our new southern Florida headquarters, as also from our forthcoming University of Life headquarters in southern California and perhaps other branch offices elsewhere, Mark-Age is to train, to teach, to confer, to share, and in all ways to carry out our hierarchal roles and missions here. Much of our informational and educational materials will be prepared here. Our major policies and works will be implemented here. In such secluded atmosphere will our Christ-Self functioning occur here.

Here and now is where you can become a planner and a provider for our double purpose: plan a nation; plant a nation. Your financial or other support at this time can help bring this new headquarters into fruition. From this base of Hierarchal Board operations we then will be able to increase our staff, to obtain and to utilize new facilities and equipment, to provide living room not only for staff but also for visiting light workers, and to have the base for continuing expansions during the next twenty years of Mark-Age works for Spirit, the Hierarchal Board, Sananda, other light workers, and all mankind of Earth and the solar system.

Are you able to join in this new phase of externalization of the Hierarchal Board on Earth via Mark-Age? We never ask anyone individually for money. But we do ask you to seek the desires of your own Christ Self. We ask for your support in whatever way your Self desires to aid in this planning and planting of a nation via our new Hierarchal Board/Mark-Age headquarters.



MARK-AGE
327 N.E. 20 Terrace
Miami, FL 33137

What You **SEE**, You Will **BE!**

by AURORA-DALE of MARK-AGE

Man seldom will continue for long on what he truly and fully recognizes to be an error path. One of our biggest challenges is to desire the truth so deeply and to become so sensitized to it that we see it everywhere.

Spiritual discernment is a part of our present Battle of Armageddon, or crossing-out of error conditions, because we first must discern what is error and what is truth before we can choose. This applies to every aspect of our lives: our thoughts, our actions, our relationships, our self-image, and the channelings and the spiritual teachings by which we govern our lives.

Discernment is already active in our lives. We are constantly perceiving, we are constantly making choices. Discernment means observance or perception of what is happening within ourselves and all around us. We are constantly aware.

To discern truly is to see through the eyes of the I Am Self, because only in this way is there complete truth. The entire history of man on this planet can be looked at as a study in discernment. For man denied his spiritual Self and thus ceased to see truth. What one sees, he becomes. We must learn to see properly again so we may become on Earth the Christed beings we really are.

To begin with, we must develop a greater sensitivity to ourselves and to the different levels within ourselves in order to see where our weaknesses are, where our strengths are and what our needs are. This we must do to evolve.

In addition, we must become increasingly discerning as to what is happening around us in order to be able to help others. It is very common for people to say, "He's doing his own thing," or "He's doing what he wants to do, so that's okay." Often they never look beyond this into the person's inner being and needs.

Everyone has free will. We respect, and are grateful for, this. But we are a part of each other and have a re-

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Everyone has free will. We respect, and are grateful for, this. But we are a part of each other and have a re-

responsibility to help one another. Part of fulfilling the commandment to love one another is to be discerning about what is happening around us, for only in this way can we know what the needs of others are and how we can serve them.

One of the major things that prevent people from growing in discernment is that they do not want the responsibility. It is a great responsibility, for most of the planet is in varying degrees of darkness at this time.

The spiritual truth and vision are resisted by many, including truth students and light workers. To express discernment often means to disagree with what is going on around one. It means to seek only truth, regardless of mortal opinions or outer consequences. Yet, it is the human tendency not to want to be different from everyone else.

It is easy to go through past history on this planet, even in spiritual events, and see how man often has chosen to be blind to what was going on around him in order not to endanger his own safety, whether it was physical safety or mental and emotional security.

To reclaim spiritual discernment as sons of God, we must learn to seek truth and to think for ourselves at all times, then to follow through with right action as best we can.

ONLY TRUTH IS REAL

Many resist discernment because they fear the negativity they and others have created, or they are afraid they will not be able to change what they see. This is never so. Light workers know the spiritual Self is the real Self, and that only truth is real. If truth seems absent, it is only because we failed to recognize it and to call it forth. We accepted unconsciously the error condition. We failed to use discernment.

Unfortunately, discernment is often thought of as, and practiced in terms of, being able to detect the weaknesses, the error, the negativity in a teaching, a person or a situation. This is part of Earth habit to see things from a nega-

tive viewpoint instead of dwelling on the positive.

It has caused all of us to be less discerning at times than we should be; because consciously, and more often unconsciously, we feel that if we see or say the truth about ourselves or someone else, we will have to be unpleasant or unkind.

So, we often gloss over the situation or make excuses for the individual. Or, we may completely ignore it or blind ourselves to it. This is just as harmful as condemning, judging or destructively criticizing the person, the situation or the teaching.

Yet, the error that must be changed is only a temporary view and a half-truth. It is a vision unfinished. The whole truth about a person never can be unpleasant or unkind, because each person is a Christ. - *has the possibility!*

There is no need to make excuses for ourselves or for anyone else, no need to gloss over any situation. The full truth about each person is more profound and glorious than any image the mortal mind can manufacture in an attempt to seem kind, pleasant or respectful.

If we can live in the I Am Self enough to see that I Am perfection in each other person, we will have the strength to stand for right and will not fear the consequences. There is nothing to fear, for the truth shall set us free.

In this way discernment always must include divine love. Without love it is useless. Discernment does not mean to judge, to condemn, to gossip or to criticize in a negative manner.

To react in such a way is a misuse of our discerning abilities and will compound error both in ourselves and others. Rather, the insight must be the beginning of unfolding the light.

It is an expression of love to have this concern about what is happening in ourselves and in one another. One can only truly discern what is happening in a person when he or she has divine love of the I Am consciousness for that soul. For love is one with truth.

To put this love into action does not always mean to

speak or to act in an outer way. Most importantly it means seeing and holding the image of the situation corrected, as Spirit wishes it, and recognizing the Christ Self of the individuals involved; asking and seeing that only their spiritual will is enacted. As we use our spiritual vision in this way it will expand to clearer, deeper insight and greater beauty.

DISCERNMENT IN SPIRITUAL TEACHINGS

In order to apply discernment to spiritual teachings, psychic phenomena, interdimensional communications and other forms of channeling, it is important to understand that the spiritual aspect is not a separate part of one's life. There is a tendency for many people to think that because certain material is channeled it is sacred or automatically must be true; or, because it was said by a psychic, a teacher, a channel or a minister, it must be right. This is part of the great tendency of man of Earth to segregate his spiritual understanding and experiences from the rest of his life.

He has felt he needs rituals or a special time and place in order to be with God. He has put his teachers and leaders far above himself, instead of as one with him. Or, he has felt that those who demonstrate channeling and other psychic and spiritual talents are special people.

There is not a separate category for spiritual perception. God is one. The spiritual and physical realms are one. The vision we see with is one. We must learn to perceive with the vision of the Christ, whether we are viewing a physical object, our own inner selves, or a fellow being; or are hearing a sermon, a lecture, a casual conversation or an interdimensional communication delivered through a channel.

There are no exceptions to God's laws among people, in situations, or in the various planes and dimensions. Impersonalness and objectivity are a necessity in gaining spiritual discernment.

As we move more and more into the New Age, our senses are expanding to other realms and dimensions, to other parts of our own selves. Rather than being special or unusual senses, these are an innate part of the spiritual perception that is our heritage. We must treat spiritual talents and teachings in the same objective and impersonal manner we attempt to treat our own process of self-perfection.

GUIDELINES IN LEARNING DISCERNMENT

Since no one on Earth is in the full I Am consciousness yet, and since many sincere seekers on the spiritual path have yet to experience the I Am consciousness at all, we have been given many guidelines to aid us in our learning process.

Following are some that have helped many in discerning truth within the many spiritual teachings and paths available. Many of these guidelines may be used in any situation where we are seeking truth.

Study with an open mind all spiritual material that is brought to your attention. Then ask yourself the following questions.

1. Does it seem reasonable?
2. Does it strike a note of agreement within me?
3. Is it something I would like to incorporate in my own consciousness?
4. Will this inspire me and help me to become a better person?
5. Do I feel within myself that this is the real truth?
6. Are the individuals promoting this teaching demonstrating this in their own lives for the benefit of their fellowmen?
7. What good results have they accomplished through their teachings?

"By their fruits you shall know them." This is the in-

fallible method of testing all teachings and all experiences on any level, as has been given to us by the masters.

In addition to asking ourselves these questions, there are some qualities and attitudes we can develop that will aid in learning discernment.

1. Desire to know the truth. Desire it more than you desire any mortal reward or satisfaction, including the association, the acceptance or the recognition of any other person, group or teacher.

2. Always think for yourself. Do not give up this cherished ability at any time to any teacher, any book, any other person or any teaching. Listen objectively and learn from all. Ask your Christ Self to guide you in recognizing truth.

3. Always think positively and with divine love. Seeing the good, the Christ that really is your Self and all others also are, you never will fear truth, consciously or unconsciously, but will welcome it. Your positive stand will give you the strength to act according to divine law.

4. Put love into action. Where you see a change that must be made in yourself or in another, set it into motion through your positive decrees and prayers. It is right to take outer action where it can truly aid, but do not interfere in another's growth process.

Use discernment and the sword of truth first and foremost in your own being. Only then can you discern truth in the world around you, or can you aid another to find it for himself. Outward action in aiding another is necessary much less than we usually think, if only we will discipline ourselves to do the inner decreeing and let all-knowing Spirit do the work.

ADDITIONAL REFERENCES

HOW TO DO ALL THINGS, University of Life textbook, published by Mark-Age. \$5.00

SPIRITUAL DISCERNMENT AND COMMUNICATION VIA CHANNELING, two University of Life brochures, published by Mark-Age. 15¢ each.

INSIGHTS INTO THE AGE OF AQUARIUS by Gina Cerminara, published by Prentice-Hall, Inc. \$7.95

CONSTRUCTION
 OR DESTRUCTION?

There are two kinds of messages now being widely received by sensitives throughout the planet: those dealing with prophecies of and preparations for coming destruction and cataclysms, and those proclaiming that the time of destruction is past and that the time of building and rejoicing is here. Unless the true purpose of these two points of view is understood, confusion can result. It would be easy to say that one is right and the other wrong and to take sides accordingly, but this would be mistaken, for it creates an attitude of judgment and separation which is the antithesis of the New Age consciousness.

If we are to understand the processes by which the New Age is emerging from within ourselves and how we can aid these processes, then we need to understand the true nature of the difference between these two points of view and the value of prophecy in our time.

It should go without saying that our world is really many worlds containing people at various levels of consciousness and behavior living within different geographical environments. What is truth for one level of consciousness or for one environment may not be equally true for another. Certainly, some people are unable to embody constructive energies of expression, so habitual has become their attunement to negativity. Likewise, some areas in the world are experiencing disastrous impacts from either hu-

man causes, as in areas of war and combat, or from natural causes, such as earthquakes and tidal waves.

It cannot be denied that Earth is undergoing a cleansing process in many of its parts. The prophecies of disaster are quite valid and appropriate for these parts. On the other hand, there are many other areas where such prophecies do not hold true, where the forces of creativity are emerging strongly. Since we experience in our world just what we attract to us through our state of consciousness, there are many people who, through expressing a more enlightened and positive awareness and behavior, are attracting to themselves only creative and positive experiences. Their world holds nothing in it of suffering or of disaster.

Thus, we have here two worlds, one open to experiencing negativity and destruction, the other manifesting positive creativity and construction. The task is to blend these two together so that the impact of new creative energies becomes universal. Two types of service, represented by two archetypal symbols, are working to bring this blending about. These services are symbolized by the prophet and the priest.

THE PROPHETS

The prophet is representative of that consciousness which is divinely inspired to point out a need for change, to point out approaching danger and to act as a catalyst in order to inspire transformation. The true prophet is not a fortune teller. He is an agent of change and cleansing, sensitive to the expression of proper balance in human affairs. He may prophesy the likelihood of destruction if certain actions are not discontinued, but his words and energies should inspire the strength and wisdom to change so that the destruction is averted or transmuted; his prophecies, if they are to fulfill their true function, should not simply create a condition of fear or fatalism.

Throughout the centuries man has been creating negative thought forms and fears. The prophet has the task of

bringing these creations to the surface where men can confront them and transmute them. We are now in a period of history that is similar to the days of Atlantis just before that great continent and civilization destroyed itself through the psychic equivalent of nuclear power.

Many thought forms and fears of destruction and cataclysm remain in the racial memory from that period and are influencing the thoughts and emotions of people today. Many prophecies simply reflect these fears and ancient memories, projecting shadowy images from the past onto the screen of the future. Yet this serves an important function, for these memories must be brought to the surface and faced, and their fear content neutralized.

The danger comes when these prophecies and resurrected memories create a fatalistic acceptance, for many of these prophecies can be self-fulfilling if work is not done to avert the doom foretold. Thus, the true prophet always accompanies his prophecies with the constructive teachings or actions which, if followed, will nullify the energies of disaster building up on the inner planes. The best prophet, in other words, is a false prophet, for he seeks to help people to transmute negativity and avert the consequences of fear and destruction; he does not seek to enhance his own ego and reputation by amassing a record of successful prognostications.

In many cases the space brothers and other beings on higher dimensions, working with sensitive and dedicated groups and individuals on the physical Earth dimension, have fulfilled this role of prophet. They make man face the reality of his negative creations that he may learn the responsibility of dealing with them and transmuting them. Those who prophesy destruction are fulfilling a positive function, but to reach its greatest fulfillment those who listen to such prophecies must take constructive action in their lives and consciousnesses to alter the trend of forthcoming events. The true intent of a prophet is to hold the priestly vision of the positive power within man to control and to bless his destiny.

THE PRIESTS

In order that people may have the courage and the vision to change the future, the second archetype is needed. This is the priest. He is the one who holds and demonstrates the reality of the positive vision. He is the builder, the agent of growth. It is he who must present to man the constructive wisdom of his nature, revealing to him the resources of inner light and love from which he can draw the energies to transmute the negativities of the past.

For any individual or group fulfilling this function to disseminate negative thought forms is to fail in their task. Man must have a vision towards which to work; there must be outlets through which the new energies of creativity can work and find access into human affairs. The priestly consciousness is that outlet.

For the prophet, the reality is that which must be changed. For the priest, this change has already been accomplished; the reality is the presence of the new, the transmuted, the redeemed, the regenerated form or world. For the prophet, the New Age is still to come, for he must deal with consciousnesses still living and projecting old age attitudes and behavior. For the priest, the New Age is already here, for he must deal with consciousnesses that are attuned to new energies of positive creation and that need opportunities and directions in order to express those energies. Eventually, as these changes are brought about, the prophet drops his mantle and stands revealed as a priest and all consciousnesses will know the reality of the New Age.

Until then we must realize that both worlds exist side by side and share each other's reality. The prophets of our world must do their work of catalyzing change. Those who embody the priestly consciousness must do their work of building the new so that the positive vision is increasingly revealed. This, too, catalyzes change. Those who are stimulated to move from old patterns of behaviour must have something to move into. There must be those individ-

uals and groups who know that the New Age is here *now* and who, knowing that for them destruction is past, can begin manifesting the new world.

There should be no conflict between these two levels of service. Both are required. Yet it should be understood that the future is not unalterable. A true prophet is not a fortune teller. He is a way shower pointing the way for the best use of man's inner powers of creativity and transformation in order to change the future and to reveal the new world held in vision and in activity by the consciousness of the priest. Man's salvation does not come from outside, whether from space brothers or from higher beings. It comes from within himself. Man must learn to know himself and to release (*to channel*) his true divinity. Both the prophet and the priest work to accomplish this end.

DAVID SPANGLER'S first intunement was published in Mark-Age's youth magazine Golden Era when he was 18 in 1963. This article is from Findhorn Foundation in Forres, Moray, Scotland where he has been teaching for four years.

EVOLUTION OF MAN

Each and every member of the race of man is a son of God, a co-creator with Spirit through eternity.

When this solar system was ready for life forms, man came here to experiment, to learn, to experience and to govern. 206 million years ago man, in the higher dimensions then, began to focus attention on the Earth. In this process of evolutionary experiencing, many became enthralled with experiments concerning life forms on the physical or third dimensional plane. From 206 million until 26 million years ago this process continued.

By 26 million years ago many had become so enmeshed in the physical dimension that they lost conscious awareness of their spiritual nature. This was the fall of man, or of that part of the race which became the human subrace. Thus some of the sons of God became entrapped in the third dimension of the Earth.

Those who did not become entrapped, and thus did not experience the fall and the devolution, have been working ever since to help their brothers and sisters again rise into the fourth dimension and regain consciousness of their status as sons of God. The present 206 million year cycle of evolution will end by the year 2000 A.D., after which a completely new cycle of man's eternal evolution will begin.

As an eternal being and as part of the race of man within this solar system it behooves everyone to understand the nature of man, the 206 million years of experience with Earth and this solar system, and what lies ahead. This book contains sufficient information to awaken the subconscious memories that will aid in rending the veils which have prevented man on Earth from knowing himself and have kept him entrapped for millions of years.

\$6.00

A Mark-Age text for

UNIVERSITY OF LIFE

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RE VIEWS ON

BOOKS

INSIGHTS FOR THE AGE OF AQUARIUS

by Dr. Gina Cerminara
Prentice-Hall, Inc., \$7.95

In her latest book, a scientific analysis of the problems of religion, dear friend and Family member of Mark-Age, Gina Cerminara, has pioneered still another frontier for New Age consciousness and application.

Twenty years ahead of her time, she introduced to the masses — in a scientific, humane and amusing style — the tremendous need for the understanding and consideration of the subjects of parapsychology and reincarnation, in those best sellers: *Many Mansions*, *The World Within*, and *Many Lives, Many Loves*. The last was highly recommended in MAIN's *Re Views On* section for January 1973.

Insights for the Age

of Aquarius uses the scientific method known as General Semantics (GS) to provide precise axioms that can be used to assess any body of knowledge.

In this frank and incisive book, Gina uses six basic GS tools to analyze the problems of religion: (1) non-allness, (2) process, (3) uniqueness, (4) abstracting, (5) structural differential, (6) degrees.

These methods are important tools for all Mark-Age students, group leaders and the potential *University of Life* teaching



GINA CERMINARA

staff because it is essential to apply these very sensible tools in order to understand, to discern and to evaluate the many ideas, dogmas, theories, channelings, concepts and movements which are gushing forth in this Mark Age or harvest period before we fully enter into the New Age.

The book, by the way, also concludes with two excellent chapters on the goals toward which all of us are working: *Virtues for the Age of Aquarius* and *The Indispensable Ethic for the Age of Aquarius*.

Although the following GS principles are applied in this book to existing and accepted religions, they can and should be applied to all New Age spiritual discussions, classwork and developments.

(1) **NON-ALLNESS**: No human being (as long as he is a human being) can know all there is to know. Nobody knows everything about anything.

(2) **PROCESS**: Everything in the universe is constantly changing. God, divine laws and principles may be eternal. But everything in the material and human realm is in a perpetual state of change.

(3) **UNIQUENESS**: No two things in the universe are

identically alike. No two persons in the universe can possibly see anything in *exactly* the same way, because each one's nature, experience, and point of observation are uniquely his own. This must be true of all individuals embodied in a space-time universe, no matter how high the degree of their development.

(4) **ABSTRACTING**: Selectivity, picking or drawing from one set of characteristics or preferences and ignoring or failing to pick up others. The selection and omission of characteristics are related to such factors as eyesight, hearing, interest, training, temperament, and recent experience.

(5) **STRUCTURAL DIFFERENTIAL**: A process to illustrate universal truths, abstracting them through individual selectivity, and then translating them into language. As you descend to each lower level, something of the original perfection or the absolute truth has to be lost in your personal specific needs.

(6) **DEGREES**: Many things in nature seem to exist on an infinitely graduated scale. GS realizes that either-or thinking (such as, inside or outside) ap-

plies in some cases. But degree-thinking (such as, fat or thin, tall or short, smart or dumb) applies in others. This gives the individual greater discriminatory powers.

HULLO SUN!

by Joan Hodgson
White Eagle Pub. Trust
Liss, Hampshire, England

At last here is a book that New Age parents and teachers can use in introducing the higher spiritual principles to their preschool children.

Joan Hodgson has been leading young people in New Age spiritual services for many years at White Eagle Lodge. Directly from her experiences with her own and other children, she brings a colorful, simple, easy-to-apply series of sessions which can be read to children as an adventure story or can be used by teachers to develop further instructions for opening awareness to Self and to demonstrate the basic spiritual facts of life.

Americans and Canadians can order the book for \$2.50 from H.G. White, 420 Sutter St., San Francisco, CA 94108. Europeans, write to the publisher.

MARK AGE PERIOD AND PROGRAM

Mark Age Period and Program presents in one book the basic information needed to understand the nature and causes of, and the solutions to, our personal and world situations in this most climactic of all eras on Earth. An entirely new level of evolvment is beginning to manifest for Earth and all on it. Each person quickly must come to know and to express himself or herself as a spiritual being, a son of God, if he or she is to be allowed to participate in the new heaven and the new Earth.

The Mark Age period is that forty-year period, known also as the latter days, which since 1960 has been ushering in the New or Aquarian Age, the Golden Era. It is the transition period wherein man must cleanse himself and the Earth sufficiently to permit his entry into the fourth dimension, a new mental and physical dimension of spiritual life.

The Mark Age program is a plan instituted by the Hierarchal Board, the spiritual government of this solar system, to help man of Earth rise into his spiritual consciousness. Begun 26,000 years ago, it will be completed successfully by 2000 A.D.

Mark-Age is one of many New Age organizations bringing this program to the world. Initiated in 1955, it has been active worldwide since 1960 as the MAIN (Mark-Age Inform-Nations) center for interdimensional information and education and for spiritual demonstrations.



A Mark-Age text for
UNIVERSITY OF LIFE
327 NE 20 Terrace, Miami, Fla. 33137
\$10.00

HOW TO:

GET NEWS COVERAGE

Each of us in the MAM groups throughout the world knows the need to promote his or her group and to bring the attention of the public to our work. It is in this way that we meet new souls who are crying out for spiritual information, and we have the opportunity to serve Spirit by serving our fellowman.

But sometimes the job of promotion is foreign to many, as they have had little or no dealings with the press or other forms of mass media. I would like to share with you some of my experiences that may prove helpful to those who seek news coverage of any Mark-Age event in their areas.

APPROACHING THE CITY EDITOR

First of all, let us heed an old Indian phrase which goes: *before you deal with a man, walk in his moccasins for two moons*. Let us first understand the job of the city editor, for he is the man you contact at any newspaper. He is the one who decides if and where in the paper the story will be printed. Therefore, if you contact him unexpectedly, he has to call a reporter and have him write the story for you. This is not so good, from his viewpoint, for it will take up quite a lot of his time, as well as that of the reporter.

Here is the method. Write your own coverage and take it to him *ready to print*. This will serve better our needs, and his at the same time; for the media almost never have adequate knowledge of what we are into. Preparing your information in advance assures you that the facts will be accurate, and it will save the editor and the reporter a great

deal of time. By coming in prepared, the city editor will be much more likely to give your story coverage.

ELEMENTARY GUIDELINES

There are a few things you will need to know in order to write copy for a newspaper. The first is to set your typewriter for triple spacing. That gives the city editor enough room between lines to cut or to add to the story before he sends it to the typesetter.

The next *must* in a news story is what the newspaper people call the 5 Ws: who, what, where, when, why. All this information should be in the first paragraph. Then you can go on to expand this story as much as you think that paper would use.

It is better to write a longer than a shorter story, for if it is well written and informative the editor may decide to print it in its entirety. If not, he will use your story as a guide. Unquestionably, it will be of great help to the reporter who does write the story; and you can be confident that the information presented is accurate, which is not always the case in an interview. In that kind of coverage you have to depend on the reporter's memory.

Most editors are happy to give coverage to any type of event as both news and public service. You can write of special meetings or gatherings where the public is invited; or, in some cases, you can get news coverage just by writing about your *MAM* group and how it offers spiritual help through its weekly taped meditations. Your purpose is to bring attention to Mark-Age, because that brings seekers to your door.

To get news coverage, it need not be a world-shaking event. A picnic where the public is invited, a guest speaker from out of town, a special question-and-answer session on a particular timely or interesting subject, will get news coverage. As you supply interesting information to the local paper you will get more and more coverage.

By the way, don't forget to write the city editor and thank him for using your story. The next time you drop in

with an item he will remember you and will be even more helpful and interested.

RADIO & TV SPOTS

To get spot, public-service announcements on the radio, you use somewhat the same procedure. But for radio and television, write only the pertinent information. Radio and television writers prepare their own copy. But in most communities they almost always will give a few spots to your group if you truly have something to offer the public.

Television stories usually are much more difficult to get. First, you must have something that is timely, such as the latest report on spacecraft sightings. If something timely is being discussed in your area, call the program director and tell him or her that you wish to explain the event in greater detail or with a new slant.

Most of all, you have to have the will and the inspiration to put these things into motion. I would walk a hundred miles barefoot for fifteen minutes of television coverage. Let's all *do more in 'seventy-four!*

JACK REDEAGLE REESE,
Mark-Age Center of Nacogdoches, Texas

**HOW
TO!**

GIVE TALKS OR INTERVIEWS

Part of our responsibilities as light workers is to pass on consciously, through the physical means at our disposal, those spiritual truths we have learned and have earned.

The more effectively we can do this the greater will be the cooperation, the cohesion and the conscious oneness with all who are awakening across the face of the Earth. Through the communications media at hand we indeed can

reach the world by the sound of our voices. Each of us has this duty, privilege and ability.

Start by finding the possible opportunities in your immediate area. Take advantage of every opportunity to talk to a group in order to spread the light. You will gain in a twofold way: greater experiences for yourself, and new openings for expanded works and services. At the same time you are spreading the light.

TV & RADIO SHOWS

Most local television and radio stations have regular talk and interview shows. Call them. Discuss what you read in the current *MAIN* magazine or hear on the *MAM* tapes, or give information to be found in the channeled communications. Discuss Mark-Age as an organization, the latter days, the space program, the spiritual evolution of man on this planet, reincarnation and meditation.

If you have been studying your Mark-Age material regularly you can hold your own and can answer their questions. People really are awakening now. They are hungry for news and information about what really is going on here on this planet. You have a lot of the answers they are seeking.

People in the mass media are aware that there is a great change taking place in the world. Remember, they have been receiving projections from the *MAM* network to be more open, receptive and positive about the information we have to give through them. Therefore, you will find they will respond to your information.

They really are looking for interesting programs and speakers. With the information you are getting in *MAIN*, *MAM* and the Mark-Age books, you can relate to anything happening on this Earth. All events are part of the awakening process during this period and program.

If your first few contacts do not manifest in a personal spot for you immediately, do not worry. You have made an important contact, have exchanged some knowledge, and have nurtured a very probable opportunity for later. Also,

you have chipped away at some possibly crystallized thought patterns.

MUSTS FOR YOUR FIRST TALKS

Once you do get a spot — whether it is radio, television, or a chance to address a live group — relax. Remember, Spirit is in charge of you and this program. Learn to enjoy the opportunity. After all, you are talking to some brothers and sisters who are just like you: seeking to grow, and to understand what's happening on our planet right now. Keep the talk centered around what you are there for, whatever the topic for that particular occasion happens to be. Exude the calm, spiritual person you truly are in your I Am state.

Be sure you understand well all the preliminary material you have given the host or the interviewer. In all situations be honest. If you don't know the answer to a question, say so quickly and without embarrassment.

Once you have talked to a few groups or have done some spots on radio and television, the opportunities will snowball. Each surely will lead to others, for civic, church and school groups in your area. All such groups are continuously looking for interesting and informative programs. And you have some of the most important information on the planet today.

Don't hesitate to suggest to a friend in any group that you have something to talk about. Or, call the program director yourself and discuss your topic with him.

Don't memorize any speech. Let Spirit use you as an instrument to help that particular group with whatever information is required or helpful to that set of circumstances. All you have to do to prepare in advance is to understand the material thoroughly, and to have some suitable quotations to use if there is time. Remember what was voiced on a recent *MAM* tape: Spirit never gives us something we cannot handle. By the workings of divine law, we only receive as much as we can properly and comfortably deal with for our present place and abilities.

SUPPORT YOUR FELLOW WORKERS

Be proud of your fellow worker when he or she appears on a show or presents a talk. He or she is appearing for you, helping to accomplish one more step on this glorious road we all are taking.

One of the greatest speakers of our times is the director of this Mark Age period and program for the Earth: Sannanda-Jesus. The effect of his inspirations and instructions are dynamic expressions of light and love as he speaks through the channeling of Nada-Yolanda. Therefore, the greater number of people who consciously hear his words and thoughts, by your quoting directly from the channelings, the greater and the sooner the mass awakening will be.

Jo-El told leaders and workers at the Mark-Age seminar in 1973: all of us are press agents for the Hierarchy. Since we are concerned with raising the whole Earth, grab those endless opportunities which are present everywhere.

There is no gratification greater than feeling the light and the knowledge of Spirit flow through us and over the ethers to all on Earth. Our actions must be the natural followups of all the spiritual projections we have inaugurated on the inner.

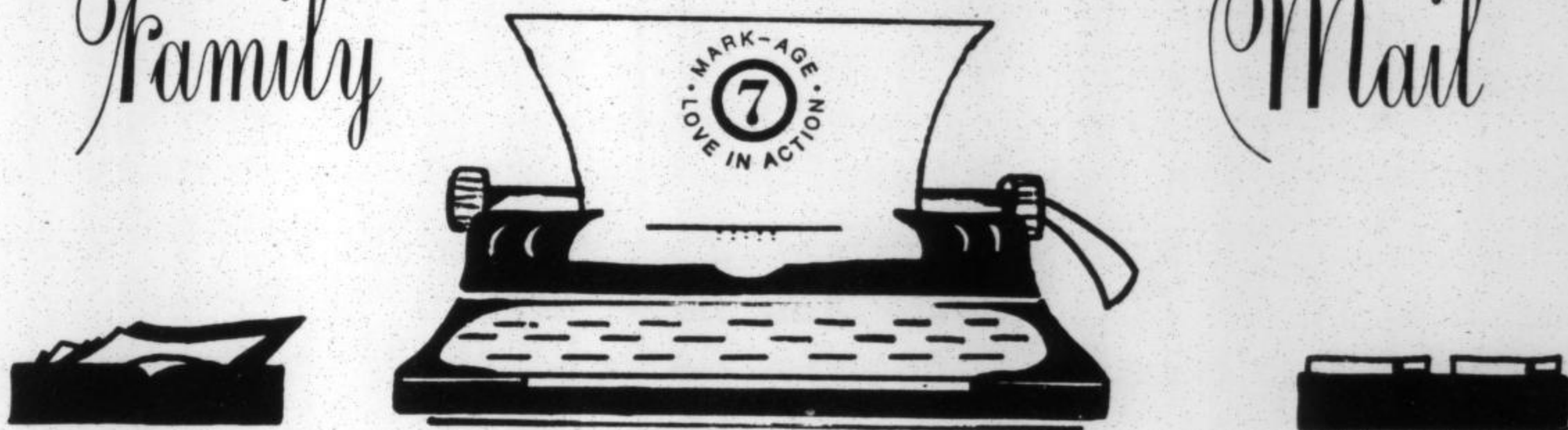
CHARLES POLAND,
leader with Mark-Age Center of Austin, Texas

SPREADING THE LIGHT

Do you have leaders in your area who should know about MAIN magazine and the New Age? Send names and addresses, with zip codes if possible. If you wish copies or subscriptions in your name, please say so. Please include your contributions to help cover costs. Thank you.

Family

Mail



PUTTING LOVE INTO ACTION

The following letters from MAM groups and leaders of light centers are a few examples of how our spiritual tools and materials are put daily into individual use.

Interest in Mark-Age is growing rapidly in this area. People from southern California and from other states are constantly visiting and calling. We are happy to give ideas, to share experiences and to coordinate meetings. Please tell the MAIN readers to feel free to call us.

The love issue of MAIN (Jan.-Feb.-Mar. 1974) is simply marvelous. Our whole group is fascinated with it. The theme "A rose is a rose is love" inspired us to develop a new slide show. We call it "Cosmic Adventures in the Fourth Dimension." This program is bringing raves from everyone.

As we explained: we really can't take any credit for it, as it just seemed to develop with no effort on our part, except to find the right slides from among the many hundreds we have. Also, the music which is perfectly beautiful, just seemed to fall right into our hands. We use our slide shows as a means of introducing Mark-Age ideas and material to small groups throughout the southwest.

Irene & Julius Scott;
Brentwood (L.A.) Calif.; (213) 826-4997

Being a member of the MAM network is something so special for us in the Family network of light. Even though the same message might be expressed in the written material, there is something about the vibra-

tory substance which comes across when you speak to us through this medium of the weekly tapes.

Harriette & Jesse Vickery; Woodland, Calif.

Whenever someone I know loses something, I whip out *How To Do All Things* and have him or her read the passage on locating things. Since this works, then they often are ready to consider other ideas in the book.

To understand *How To Do All Things* better, I began taping the book and listening to the tapes over and over. The results have been astounding, amazing; helping so incredibly much in my understanding and manifestation.

I started by listening to the tapes just every now and then. Now I no longer am interested in listening to rock music or watching TV. My recreation is the tapes.

For three months I listened to just part of the book, while working on other things too. Repeated listening while working, before going to sleep, etc. sure helps me.

This led me to getting the MAM tapes. I play the same tape over and over and over as I work, listening to it all day, several days, knowing that no matter how many times I listen, the truths are never exhausted and my understanding grows. Thank you.

Celia Vale; Cave Creek, Ariz.

I love the Cosmic Music issue of MAIN (Nov.-Dec. 1973). I've always been involved in music, everything from Baptist hymns to rock'n'roll. But only lately, with the help of this MAIN, have I realized the true potential of music as a tool in our daily lives. It is not merely an escape or an entertainment but it is something to be utilized and worked with.

Norma Sligar; Austin, Tex.

On the night of Wednesday, February 13, 1974 (the same date mentioned on MAM broadcast #47A for the week of March 3rd, with regard to Yolanda's experience aboard a new, huge, oval-shaped spacecraft anchored over MetaCenter in Miami), I dreamed that I, along

with numerous other program workers, was attending an important spiritual training session.

I recall this as taking place on a new oval craft of vast dimensions. And although I had not consciously recalled its color, when Mark mentioned green it did ring a bell within.

During this experience we viewed a huge, computerized, curved screen located in a large auditorium or amphitheater. Though I cannot remember what we viewed, I have the memory that it was a very important aspect of training or programing.

I returned to my body, bathed in a soft violet light, slowly slipping down a silver line or rope. While en route, I gazed at the small, silver shuttle craft from which I just had embarked. Then, as I began to adjust to my waking body, I suddenly was aware of another presence in the room.

Opening my eyes, I beheld the thoroughly materialized form of a most radiant and beautiful tall young man, golden of skin, with somewhat short-cropped, light, flaxen blonde hair and sparkling blue eyes, standing toward the foot of my bed. He was clad in a long, soft, flowing white robe. He just stood there silently, smiling and observing me very pensively, seeming to be concerned with making careful mental note of my reaction.

Then, just as Yolanda explained on MAM tape #48A (fear reactions from phenomena), something within my mortal consciousness began to well up in fear at the stark reality of the situation, even though this was an experience for which I had been longing.

I didn't tell anyone about this for weeks. But, in time, I was able to subdue the fear and to dwell instead on the wonderful peace and joy I felt, which emanated from this beautiful soul. Evidently he had made it a point to remain with me, escorting me back from the spacecraft conference, until I consciously had absorbed the experience.

This is additional proof of how timely and accurate our MAM broadcasts and projections are, and how necessary it is for all of us to work on them together.

Martha Rose Gardner; Oxford, N.C.

The articles in MAIN magazine correlate with the transmissions we have been receiving for our group. They help immeasurably in our group discussions and class work.

The love and marriage issue of MAIN (Jan.-Feb.-Mar. 1974) held new meanings for old precepts. New ideas on twin souls and soul mates in that issue were especially meaningful, and coincided with other material we are studying. So many avenues are opening now in this area in order to reach so many people on so many different levels.

Any Mark-Agers interested in meetings or classes in the San Jose area are welcome to contact us.

Elmer & Heather Buckley Neville;
4018 Rincon Ave.; Campbell, Calif. 95008

Even in the face of world conditions, it is very encouraging to see so many more really striving for the light. The beautiful Mark-Age books are a constant help and revelation to us and to all who join our classes. Many start by reading them in our library and then are compelled to order their own copies.

Alisen Carter; New Age Metaphysical Society;
1493 E. 11 Ave.; Vancouver 12, B.C., Canada

MAIN is an excellent and fast way for our group to keep up with all that is going on in various light centers. It also is a tremendous resource of information. Keep it up!

Karl Mohr; Breckenridge, Colo.

When we put our house up for sale in order to move the Mark-Age focus to larger quarters here, we pledged ten percent of the total sale to Spirit as a contribution to the Mark-Age program. The enclosed draft is to fulfill this pledge. It is only a small gift for the numerous blessings and help we have received from Mark-Age since we began our association in 1962.

Betty & Ron Wickers; Winnipeg, Canada

The articles on channeling in MAIN are especially helpful in our development circles. It's a great blessing to have your help and experiences.

Winifred Eastman; Seattle, Wash.



INVITATION

**A
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MARK-AGE Meditations



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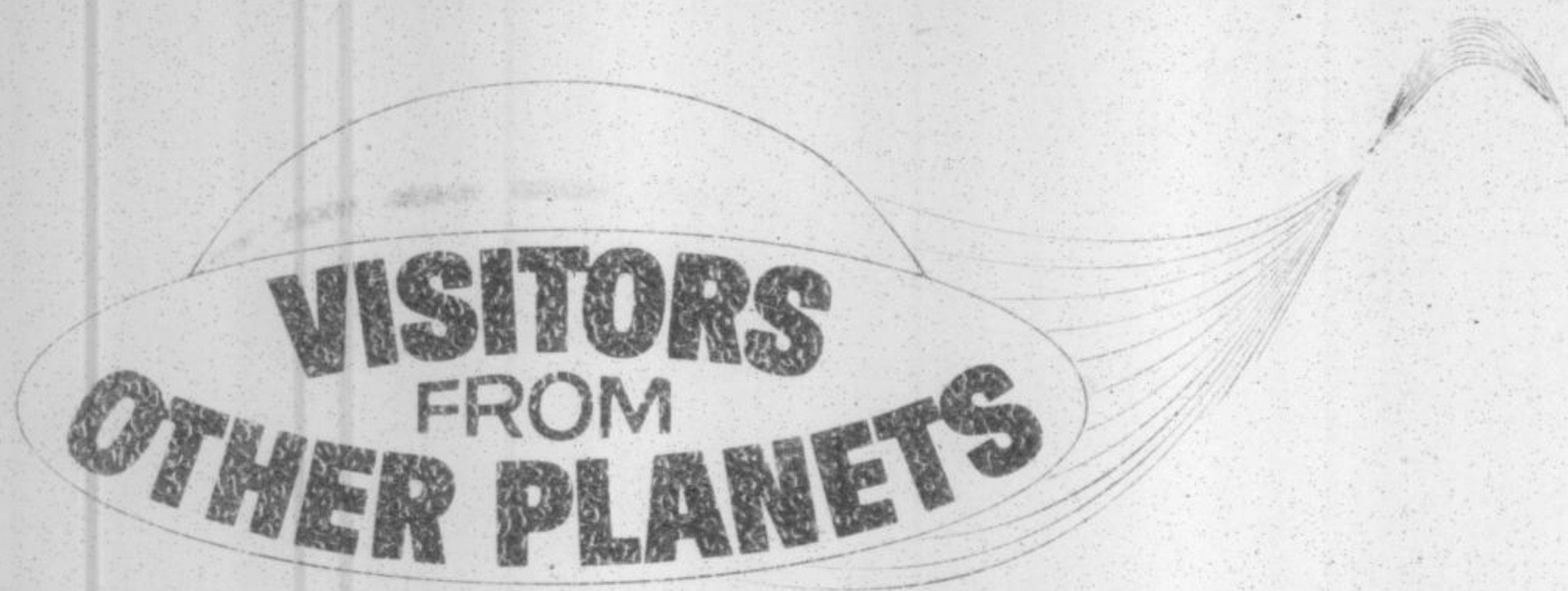
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- Weekly worldwide meditation meetings for groups and individuals.
- *Inspired and coordinated interdimensionally by the Hierarchal Board.*
- Presented and coordinated internationally by Mark-Age Networks (MAN).
- *Based on format of Mark-Age weekly meetings since 1960.*
- Topics include current hierarchal-plan news and information, activities of other participants, spiritual space program, Second Coming, spiritual analysis of current events, much more.
- *Not controlled meditations, but lead-in to personal, silent meditation.*
- Two programs of fifteen or more minutes on each cassette (only) tape.
- *Tapes sent first class or air mail for up-to-date coordination.*
- All participants play identical tape during same week.
- *Part of hierarchal linking-of-lights program for coordinated action.*
- Same taped programs used at Mark-Age MetaCenter headquarters.
- *Meetings can be held any time of day or night, any number of times.*
- Available to New Age and other groups or individuals.
- *Excellent for beginning or enhancing any group.*
- Other tapes, publications, material available for group use.
- *Group formation, promotion and assistance offered by Mark-Age.*
- No Mark-Age control over participating groups.
- *No limit to number of participating groups in any area.*
- Play for family and friends at home or anywhere.
- *Combined meetings and programs for local-area groups.*
- Lecturers and Mark-Age coordinators available.
- *Related to the Mark-Age University of Life program.*
- Mark-Age magazine MAIN is the coordinated publication.
- *Donation of only \$5.00 per tape of two programs.*
- Write for Mark-Age Meditations brochure describing this program.

MARK-AGE MEDITATIONS

327 N.E. 20 Terrace

Miami, FL 33137



EXTRATERRESTRIAL SPACECRAFT: origin, type, sizes, personnel, assistance, demonstrations, landings, equipment, contacts, visits

COMMUNICATION: interplanetary & interdimensional, mental telepathic, ESP, electromagnetic beam

CONTACTS: physical, mental, etheric, astral

MAN: Earth, other planets & dimensions, spiritual nature & heritage & powers, history, future, sons of God, reincarnation, seven bodies

EARTH: latter days, history, transmutation, catastrophes, millenium, spiritual government

PEOPLE: Archangels Michael & others, Sananda, Jesus, Moses, Buddha, ascended masters

EXPERIENCES: spiritual, psychic, ESP, healing, consciousness expansion, spacecraft, dreams, interdimensional communication, mental telepathy

GLOSSARY: New Age terms

INDEX: reference

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