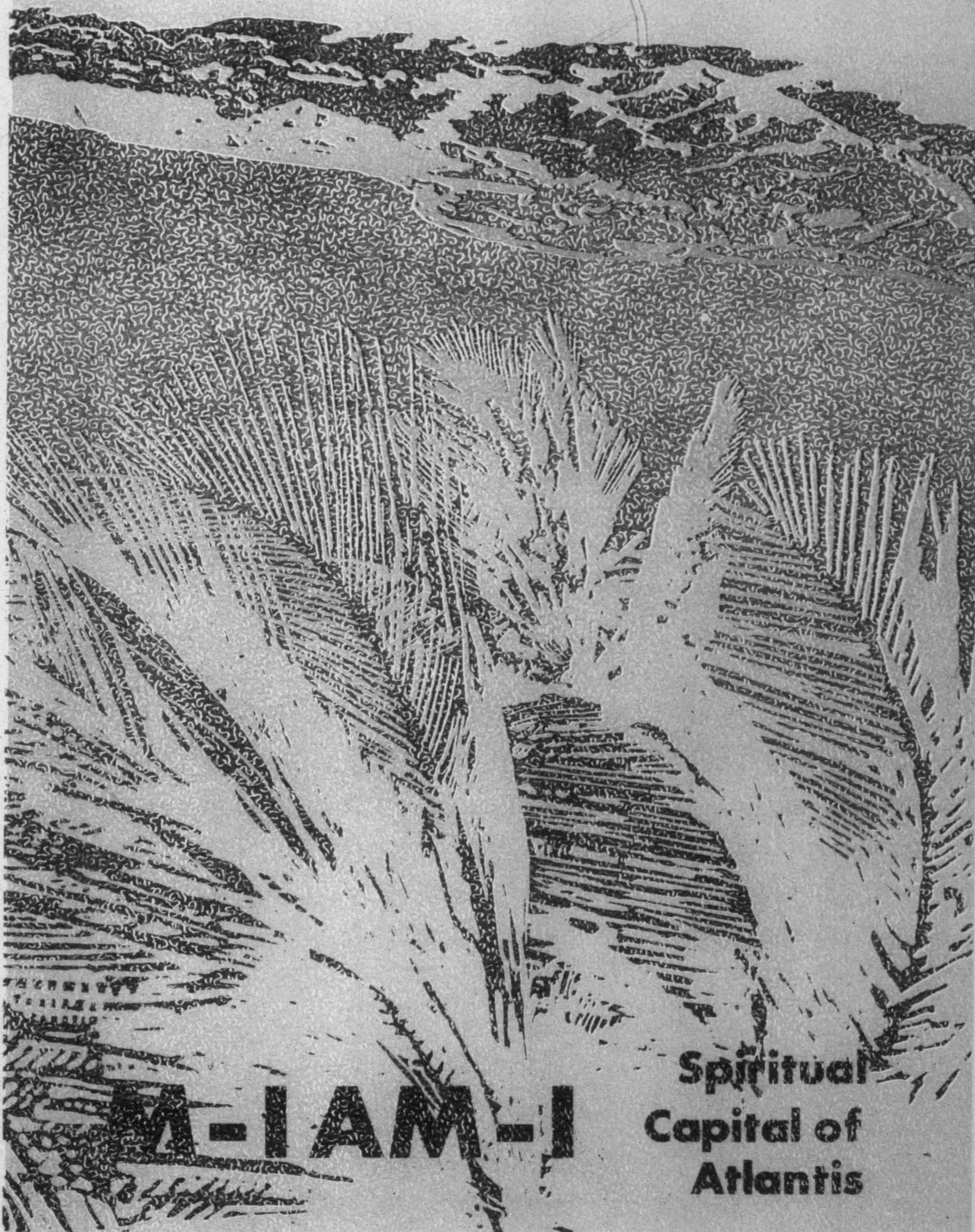


MAIN



A-IAM-I

**Spiritual
Capital of
Atlantis**



EXTRATERRESTRIAL SPACECRAFT: origin, type, sizes, personnel, assistance, demonstrations, landings, equipment, contacts, visits

COMMUNICATION: interplanetary & interdimensional, mental telepathic, ESP, electromagnetic beam

CONTACTS: physical, mental, etheric, astral

MAN: Earth, other planets & dimensions, spiritual nature & heritage & powers, history, future, sons of God, reincarnation, seven bodies

EARTH: latter days, history, transmutation, catastrophes, millenium, spiritual government

PEOPLE: Archangels Michael & others, Sananda, Jesus, Moses, Buddha, ascended masters

EXPERIENCES: spiritual, psychic, ESP, healing, consciousness expansion, spacecraft, dreams, interdimensional communication, mental telepathy

GLOSSARY: New Age terms

INDEX: reference

\$10.00



MARK-AGE

327 NE 20 Terrace • Miami, Florida, U.S.A.

MAIN

Mark-Age Inform-Nations
is a service for media by
Mark-Age MetaCenter Inc.
327 NE 20 Terrace
Miami, FL 33137, U.S.A.

MAIN

publishes news, information,
education & guidelines for
linking of

LIGHT WORKERS & GROUPS

as a preparation for
the Second Coming and
the New, Golden
AGE OF AQUARIUS

MAIN

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Printing & Production:
Joe Paterno, A.A.A. Printers

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\$1.00 each.

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"Miami was a landing field in Atlantis, one of the few friendly landing places on your planet during the controversy of federation into the interplanetary brotherhood. It was the lack of this coordination that destroyed the original plan and eventually sank this continent. So, it is natural that Miami represents the meeting place of some of the great leaders of spiritual understanding for the planet at this time, since they once had met in this area when Atlantis was the height of Earth's civilizations."

Jesus; April 3, 1961; page 58, Mark Age Period & Program

"This is the era of marks of the age when all will be made known, when every man can see and decide for himself that which is true and that which is good and that which is to remain upon the Earth in his own life and collectively as a whole. The externalization of the Hierarchal Board is part of that plan, and has been from the very beginning of the twenty-six-thousand-year program since the sinking of Atlantis and Lemuria were facts.

"Now that there are those who were part of that plan and programing returned unto the Earth seeking new avenues and means of expressing the spiritual life for man on the Earth, we seek to reenact and to redistribute those energies; but on an ever-higher level and for an ever-higher purpose and for a definite success; whereas before there were recognized failures and limitations, and not as much dedication and determination as there might have been and should have been in order to make it a conclusive success.

"I return unto the era and the place [Florida Keys] on this occasion because we are in the approximate area where

we had finalized many of the events that occurred in those latter days of Atlantis; where I, through the instrumentation of the high priestess of the Sun Temple on Atlantis, known then also as Yolanda of the Sun, finally and irrevocably had reduced the power and the energy in specific terms so that there was a withdrawal of Hierarchal Board forces on the Earth. When it was determined in the high Self state and on the Hierarchal Board governing this solar system to repeat the pattern and to reenact the teachings of one God and the unification of all life force in and through a third dimensional frequency, we foretold and prepared for this day....

"In returning unto the approximate site of Atlantis, we reestablish a certain energy and power that were focused here. It long has been known that because all that is hidden must be unveiled again, Atlantis itself will give forth evidence of itself in due season. That season is soon upon us and soon to be unveiled. But also the meaning of that unveiling refers to the powers, the consciousness and the works that were held in responsibility by those members who had incarnated and had appreciated the leadership for those God-given gifts and talents. Now this too is returned and unveiled and re-formed, according to divine fiat and purpose....

"So that which was given by Yolanda of the Sun twenty-six thousand years ago in this approximate site, known here in this planetary age as southern Florida and Caribbean area, is to be and now will be unfolded in that approximate site in double measure and with greater devotion and with surer results. For as the power was withdrawn by Yolanda of the Sun Temple, in approval of the Hierarchal Board, so now it must be returned through Yolanda of the Sun and by the Hierarchal Board of this solar system unto man of Earth so he may utilize it for his highest good. No, there will not be a sinking of this area, but a rising in consciousness and in evidence physically of what has been, what is and what can be through these same devotions and dedications, understandings, laws and practices."

Nada; April 27, 1969; p. 260-61, Mark Age Period & Program



PROGRAMS

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CLEANSING CONSCIOUS & SUBCONSCIOUS INDIVIDUALLY & COLLECTIVELY

MAM broadcasters, this is Yolanda. As most of you know, in my Nada role for the Hierarchal Board I am to exemplify and to broadcast and to announce the various phases of the hierarchal program as it unfolds upon the planet Earth at the present time. Much of what I bring forth is to express to, to educate and to inform the subconscious record of the race of man which now is incarnated upon the planet and which is involved upon the astral planes around the Earth.

During the spring cycle of 1974, when all of us went through the horrendous cleansings, self-examinations, reevaluations and rededications within our soul records individually and for mankind, I received, in the form of a dream, a progress report from the Hierarchy about the process itself.

As you will recall, the spring and summer cycles of 1974 are a period of wailing and gnashing of teeth, a period of changing what is undesirable to that which is desirable for each of us and for the race as a whole. These hierarchal decrees and announcements were published in the May 1974 issue of *MAIN* magazine, pages 8-12, and also were broadcast through the *MAM* network, program #49A for the week of March 31, 1974.

The Hierarchy informed us that we must cleanse the subconscious or soul record for the planet so that we light workers could come into

a brand-new cycle during the summer, when we could implant positive and affirmative decrees and realizations from our conscious levels of being in coordination with our higher spiritual Selves. This we now are doing individually and through the *MAM* network of coordinated, united light workers, as well as through the *MAIN* linking of light groups throughout the Earth, to help broadcast this information and to anchor it in the mass mind for the New Age.

SYMBOLOLOGY IN DREAM

Therefore, in a dream sequence I was analyzing the following symbology from the Nada consciousness, for the entire race record on Earth today. In the dream I saw the brain of mankind. We know the brain is the key to changing that which we no longer wish to have functioning in the conscious aspects through the third dimensional form on Earth. I refer you to the channelings concerning the brain in *Evolution Of Man* and *Angels & Man*.

So, in presenting some of these symbols, keep in mind that although this brain represented the macrocosmic symbol of mankind's functioning as a whole race, it also referred to the brain in each individual on Earth today. Please refer then to your own individualization, since you too are changing from a third dimensional, mortal personality, into a spiritual I Am being, a Christed Self; just as the race is moving into the fourth dimensional frequency vibration on this planet.

The brain was divided into two equal hemispheres. The left side, according to my Nada interpretation, represented all the subconscious soul records; the right was the conscious, analytical faculties for each individual and the race's intellectual decisions.

On the left side, we light workers were repairing a beautiful park; for we had neglected it. There were many weeds, the grass was not in good condition, and the trees were not planted in such a way that they were most fruitful or enjoyable. The trees would be those spiritual thoughts, energies and foods that would nourish this subconscious or computer aspect of the race.

When I looked on the right side of the brain, nothing was planted, nothing was being properly expressed. The landscaping and the program for that part of the brain were not even functioning. In the dream, as Nada, I knew that what the light workers had neglected to do was prepare the subconscious area in such a way as to give it the environment in which the conscious aspect of the race could begin to do its work, to plant its trees, to landscape its park. We all proceeded to do that.

We knew that all of us had to work together. We were well aware of the race needs. Together we cleaned up the park, we refurbished the trees, we weeded out what was not wanted. Then we put our attention on the right side of this brain which, macrocosmically speaking, functioned for the entire Sonship aspect of God on Earth.

USING SYMBOLOGY INDIVIDUALLY

Now you must carry this analogy out in your own individual lives. We at Mark-Age headquarters are doing that for our unit, for our individual selves, and in the preparations of all the materials for the light workers to use in anchoring and planting the new I Am spiritual nation on Earth; the New JerUSAlem.

As Nada, representing the subconscious, it becomes very apparent to me that the first order of business for the individual light worker and for the race as a whole is to clean up and to prepare, to put in order, the subconscious or the past record, the soul part of our being. You cannot begin to put your present life in order unless you look at the past, unless you evaluate what is desirable to keep in the computer part of your soul record; the subconscious self.

When that is done, then you can plan what you will do in the conscious aspect of your present incarnation, your present personality, as your present identity of a Christed being in conjunction with the entire hierarchal plan and program.

Let us keep this analogy in mind as we continue through this year of wailing and gnashing of teeth in the mass or

group activities. For it is to no avail to make decrees, to make announcements, to visualize affirmations, to put forth new images — as we will be doing all through 1974 for ourselves and for the entire race incarnated upon the planet — unless we first look at the soul record of ourselves and of the race which has incarnated upon this planet many, many times. We must begin to clear up that which is hidden, that which is on the left side, the unconscious or subconscious aspect of ourselves; individually in the microcosmic sense and in the race as a whole in the macrocosmic sense.

We cannot do it all at one time. We would fool ourselves if we thought everything was going to be looked at and cleared up and put in order during the first half of 1974. But we must begin with each one examining his own individual life, his family, his immediate environment and community, his nation and the world at large.

We who are the light workers and the hierarchal program servers know that this is exactly what is occurring throughout the Earth planet at this time. That which is no longer helping the entire landscape of our subconscious, that which may be choking the growth and the nourishment of the flowers, the lawn, the trees which bear fruit and give us nourishment in the subconscious realm, is being examined and worked upon, cleansed and prepared.

FUTURE GOALS COLLECTIVELY

When that is in some semblance of divine order and everything is properly examined and each one knows where he is going, why we all are here and what our future plans for this planet are, then we can begin to put our attention on our personal functions, services, roles and missions.

Now that we see this image and this symbolism, let us work in conscious linking as light workers putting forth that idea that was given in this progress report. Together we will link together and will clean up the subconscious for ourselves and for all men on Earth and in the astral. When that is done we know we will be able to link together, to plan the landscaping in our conscious minds, in our con-

MARK AGE PERIOD AND PROGRAM

Mark Age Period and Program presents in one book the basic information needed to understand the nature and causes of, and the solutions to, our personal and world situations in this most climactic of all eras on Earth. An entirely new level of evolvement is beginning to manifest for Earth and all on it. Each person quickly must come to know and to express himself or herself as a spiritual being, a son of God, if he or she is to be allowed to participate in the new heaven and the new Earth.

The Mark Age period is that forty-year period, known also as the latter days, which since 1960 has been ushering in the New or Aquarian Age, the Golden Era. It is the transition period wherein man must cleanse himself and the Earth sufficiently to permit his entry into the fourth dimension, a new mental and physical dimension of spiritual life.

The Mark Age program is a plan instituted by the Hierarchal Board, the spiritual government of this solar system, to help man of Earth rise into his spiritual consciousness. Begun 26,000 years ago, it will be completed successfully by 2000 A.D.

Mark-Age is one of many New Age organizations bringing this program to the world. Initiated in 1955, it has been active worldwide since 1960 as the MAIN (Mark-Age Inform-Nations) center for interdimensional information and education and for spiritual demonstrations.



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scious endeavors, in our personality aspects, for the good of the entire planet.

Then we can plan where each tree — each of us being a tree in that landscape; and each thought of positive, spiritual nature in ourselves is a flower or a fruit — should be planted in this linked, coordinated, planned park, which is the hierarchal program on Earth.

Each one of us will put forth his own particular, specialized fruit and will give it unto Spirit for the nourishment of all our fellow beings. Through this shall we be rewarded, fulfilled, enacting our own Christ Selves in action. This is true love in action. The spiritual Self is love; and it is in action in you, in man, now. So be it. I see it, I know it, it is. As Nada I give this program progress report. Every enlightened worker is part of it; as the Hierarchy serves each part of man, each one. Light workers on every plane shall receive this decree through their own subconscious and each shall carry out a unique function via his or her own I Am Self. Om! -- MAM Tape #53B, week of June 2, 1974



Symbology

THE DRAMA OF PLANTING THE I AM NATION

A symbol is a key which can unlock a story or a series of events. In July 1974 MAIN, *Planning the Spiritual Nation*, the *Symbology* section presented an in-depth analysis of the meanings of the symbol of the I Am nation: the cross of Christianity piercing the Hebraic Star of David (pages 20-24). This issue's *Symbology* article examines the story or the drama that is implicit in that symbol: the drama of planning and planting the I Am nation on Earth.

The Star of David, or interlocking triangles, symbolizes the trinity of God united with the trinity of man. This symbol indicates man's return to union with his Father-Mother God. The cross which pierces the star tells of the crucifixion each must go through in order to experience this return to Sonship, or his own second coming, and the Second Coming of Sananda, who represents the Christ or Son of God for Earth.

MASTERING OUR ROLES

Each one of us is a character in the symbolic and literal drama of the planning and the planting of the I Am nation. A symbolic drama also is being acted out in our own consciousnesses, in which our many thoughts, feelings, attitudes and levels of consciousness are the characters. The *New Images* section in July 1974 MAIN (pages 36-40) ex-

plained how each of us must examine and work with the thought-citizens of his or her own consciousness and establish the I Am nation within himself or herself in order to become a citizen of the I Am nation on Earth under Sananda. The thought-citizens of our consciousnesses are the characters in the drama of our lives.

According to how we master the script within our own consciousnesses, we are able to choose and to determine the role or the part we shall play in the macrocosm of the race drama. Some aspects of our roles already have been determined by the Hierarchy, our Christ Selves, and our own past karma, but what we as characters do with our roles is up to us.

If you represent the soul of man, you can portray how the soul redeems and purifies itself; or, you can portray the soul continuing to rebel, to suffer and to wallow in its errors and misery. If you represent the will in man, you can portray mortal will opposing Spirit; or, you can portray mortal will overcoming selfishness and sacrificing itself to and for God's will.

Each of us has these and many other characters in the cast of our own consciousness. It is up to us to learn how to master them and to determine what role they shall play in the overall drama of the race.

As explained in the *Symbology* article in July MAIN, the theme and the concept of planting a spiritual nation on the Earth are not totally new, but have been developed through our history as a race since the time of Atlantis. By examining how the light workers have played out a similar dramatic theme in past ages, we can gain insight and wisdom to aid us in understanding our present situation, and how we may perform our part in the highest possible manner for the benefit of the whole cast of characters (our fellow beings on and around the Earth), the Hierarchal Board as directors, and the entire race of man in this solar system as viewers who are learning from and aiding us in this drama.

The lead character in the drama of our race history on the Earth has been the leader of the race of man on the

Earth since the time of the Abels and the Cains: Sananda of the Hierarchal Board. His past incarnations have included: leader of the Abels and the Noahs, Melchizedek, Gautama Buddha, Moses, Socrates, and Jesus of Nazareth. This article examines the drama unfolded in the preparations for establishing the I Am nation and Sananda's Second Coming, during two of his past Earth incarnations: as Moses, leader of the children of Israel, and as Jesus of Nazareth, the Christ or the Messiah.

As Moses, Sananda led the children of Israel out of bondage in Egypt to the promised land. Symbolically he was leading them out of bondage to the errors in the mortal, material consciousness (Egypt) by bringing forth the spiritual laws and teachings by which they could guide their lives and attain spiritual awareness.

As Jesus of Nazareth he told the Jews that the kingdom of heaven was at hand. But, he said, "My kingdom is not of this world." Again Sananda was leading the race, through his example and his teachings and his guidance, out of bondage to the mortal self and unto the promised land of the I Am consciousness.

Now he has solidified his trinity relationship with Nada-Yolanda and El Morya-Mark and has instructed them as his incarnated ambassadors and extensions on the planet to lead us, the spiritual workers or the children of Israel, out of the bondage of mortal consciousness and into the promised land: the kingdom of heaven or the I Am consciousness. This is the planting and the planning of the I Am nation on Earth.

Each time we act out this drama we do so at a higher level, with new and higher opportunities. Now, in this Mark Age period and program, we must understand consciously the significance of what we are unfolding and must master our roles. It is the last rehearsal before Sananda returns. If we do not master our roles now, we will not be able to participate in the final performance with him in his Second Coming, but karmically will be destined to repeat the drama in some other solar system until we learn to accept the will of God.

THE LAW OF GOD

The will of God and the law of God are the basis of all things. The only possible foundation of the I Am nation is the law of God, just as the laws of any nation, rightly interpreted and obeyed, are the foundation for that nation and government. Restoring the enforcement of and adherence to divine law is the plot and the theme of the entire drama of this 26,000-year program; and indeed, the whole history of the Earth since the fall of man. For this reason Sananda — as Moses, as Jesus, and now through the trinity relationship of Sananda, Nada and El Morya — has stated unequivocally the law of God. He insists on nothing less than total adherence to it.

As Moses he gave the law. He brought forth divine law at a time when it had been lost to the conscious knowledge of the race, including the spiritual workers. The fact that many of the religious leaders of the Jews misinterpreted Mosaic law, distorted it, ritualized it, complicated it, and took it literally instead of spiritually or metaphysically has not made the law less real, less true, or cease to function. Moses did not make the laws. He merely stated them, as a channel for God and for the Hierarchal Board of this solar system.

Sananda's mission as Jesus, as he stated clearly then, was to fulfill the law as given through Moses and the prophets. This is the Seventh Ray, the seventh step, of which Sananda is the chohan: the completion or fulfillment of divine law. Only through fulfillment of divine law can the soul experience peace, love and rest.

The law of karma is: as you sow, so shall you reap. Only through reaping what it has sown, through facing one's karma, can the soul experience the repentance and the cleansing necessary before experiencing union with God. So, Jesus preached repentance, and worked only with those who would face and admit to their soul errors. He worked with prostitutes, publicans and sinners; and told the self-satisfied Pharisees, "The publicans and harlots enter into the kingdom of heaven before you." For they were the ones

who were *willing* to face and to reap what they had sown, and to *repent* of it.

Repentance entails a great deal more than an intellectual recognition that we are in error; more than emotional remorse, or the intention and the desire to change. Repentance of an error means to change or to eliminate completely that error. True repentance is a soul-rending experience that sears the whole being so deeply that there is no choice but to change. It cannot be emotionally forced or mentally willed.

But it can and must be prayed for by all who would enter into the planning and the planting of the spiritual nation on Earth. With this change of heart comes the experience of the divine love, the forgiveness and the redemption of the Christ. This is divine love, that is harsh and demanding of the soul, knowing it cannot be saved or rest until it has fulfilled all of the law.

As Moses, Sananda gave the law. As Jesus he restated it, and he fulfilled it personally as an example and a way shower for the rest of the race. Now, in this Mark Age period and program, he has charged us, the light workers of Earth, to do likewise. This is a serious charge. The laws have been given. Now is the harvest period. And now, the fourth-phase rending of the seventh veil is the critical turning point.

On April 3, 1974, Nada-Yolanda was told by the Hierarchy, "Now you (the race) enter into the last judgment." No more is it sufficient to know the law in part, to know it only intellectually or to speak it only in words. We must live it, if we are to be allowed to participate in the new spiritual nation and to go into the New Age in this solar system. No one will be exempt from the charge of perfecting his or her own soul karma, though there be the weeping and the gnashing of teeth. This is the drama of the end days. X

HIERARCHY LEADS LIGHT WORKERS OUT OF MORTAL CONSCIOUSNESS

Who are the characters in the divine drama of fulfilling the law? In the plot of leading the spiritual workers into a

new nation or a new area of consciousness, there are two main roles or functions: the master and the disciple, the leader and the follower, the teacher and the student.

Sananda as Moses led the children of Israel. Sananda as Jesus led the Jews. Sananda, Nada and El Morya as one trinity function are leading the Mark Age Family and all light workers on the Earth and in the astral who are drawn into participation by their own Christ Selves.

Many disciples are teachers and leaders in their own right at a certain level. But here we are speaking of the master teachers and the representatives of the Hierarchal Board on Earth. In order to understand this drama properly, we must understand as well as we possibly can the role of the master teacher and our relationship to him or her.

The Hierarchy has channeled through Nada-Yolanda that the only known way of evolving the race consciousness is through example. The Hierarchal Board masters serve as the examples we must follow. They do not replace our Christ Selves, but they do represent the Christ Selves of all souls in the solar system, and therefore are qualified to give the instructions, the teachings and the requirements of the Christ. Therefore, in serving and in following the instructions of the Hierarchy and its representatives on the Earth plane, we also are serving and following our own Christ Selves.

A master teacher represents, demonstrates, and insists on the fulfillment of, divine law. Those who recognize and desire divine law, not just intellectually but with the whole heart and soul, are able to recognize the master of it. Those who are able to serve and to learn to fulfill divine law are those who can serve a master of it. The master asks no service for himself personally, but service only to the law of God. Yet, his function is to represent God's law, so his function must be served in order to serve God's law.

Moses had spent forty years of purification in the wilderness, when Spirit revealed his role to him and told him to go openly and lead the children of Israel out of Egypt to the promised land. Jesus had spent eighteen years, from

ages twelve to thirty, preparing and training before he was directed to begin his public ministry and to preach openly the kingdom of heaven.

Sananda, Nada and El Morya have been preparing, training, working consciously in embodiment on Earth of Yolanda and Mark for fourteen years to solidify their trinity relationship. This was completed in January 1974. Now begins the externalization of the Hierarchal Board and the planting of the spiritual nation on Earth. They represent the Christed trinity relationship that each of us must achieve within ourselves. Therefore, they are our leaders and way showers to Christ demonstration. Only in accepting and understanding this can we come to understand and to play properly our own roles; for our roles are one with theirs.

Our roles are as the disciples, the Jews, the children of Israel. The role and the difficulties of the disciple — which each of us is to his or her own Christ Self and to the master teachers of the Hierarchal Board who are represented at this time on Earth by Nada and El Morya — must be honestly looked at, faced, examined and worked with.

It is not an easy role to play properly. This is witnessed by the fact that the children of Israel all deserted Moses' leadership and the worship of God, in favor of worshipping a golden calf, when Moses left them alone for just a short while. Even Aaron, Moses' brother and a representative for the Hierarchy in his own right, deserted the true law and guidance.

Again, in the days of Jesus, one of his chosen twelve disciples betrayed him, another denied him, and only one remained with him during his crucifixion. If this represents the past record of the light workers which we are, then at this point in our drama we better begin to examine our hearts, our minds and our soul records deeply and carefully to find out what, how, why.

Not all of us were incarnated in the days of Moses or Jesus. But we are all symbols; we all are playing roles. If the twelve chosen by Jesus had such difficulties, surely none of us dare neglect to examine the same possibilities of betrayal within ourselves.

OVERCOMING BETRAYAL OF THE CHRIST

The thoughts, the feelings and the acts that betray the Christ Self are something that exist in every person's mortal personality until he has passed fully through the crucifixion-resurrection ceremony; which may take several lifetimes. Betrayal can occur in many ways, on many levels. It can be subtle; and usually is unconscious and is seemingly justified.

The Israelites murmured, criticized, complained against, and threatened to stone, Moses as he was leading them out of bondage, because they missed the familiarity, the security and the material conveniences and comforts they had in Egypt. They feared the dangers, the hardships, the unknown factors of passing through the wilderness. But these are the sacrifices required by the Christ.

Judas betrayed Jesus because Judas thought Jesus should be leading a political revolution, not a purely spiritual one; and hoped to force Jesus to assert power over the Romans in self-defense. He did not hate Jesus. He simply did not understand or agree with his methods and the Hierarchy's plan.

In examining the subconscious patterns within ourselves that are the causes of such betrayal, we must consider that these patterns can be on many levels. The familiarity, the security and the comfort that the Israelites resented giving up on the material plane, for us may be simply the familiarity, the security, the comfort of our accustomed ways of thinking and of doing things. This is why betrayal can be so subtle. That which we are accustomed to seems and feels right to us, when in fact it may not be so at all. X

If, like the Pharisees, we are self-satisfied, we will resent, will disagree with or simply will ignore the master teacher who challenges, rebukes or corrects our errors. Like Judas, we may go our own way; feeling that the methods of the Christ are not for us or are not the highest; or that our leaders are not what they claim to be.

Sananda has outlined the basic causes of denial through Nada-Yolanda in a channeled communication published in

the April 1974 issue of MAIN (pages 28-30). This should be reviewed, meditated upon, prayed over, and applied personally by each one. Sananda stated that we must "overcome denial, criticism and the feeling of knowing better than the Christ Self within, or the master teacher of Christ consciousness, as to methods and means and appearances for this demonstration."

CRUCIFIXION-RESURRECTION INITIATION

Because the drama of betrayal and denial has been acted out so many times in our race history, that does not mean it has to be acted out again on any level by the light workers. This is the whole purpose of what we have incarnated to do: change the race karma, change the race drama. But to do this we must understand it, and we must understand that we are not apart from it. The Judas pattern exists within our own souls. We have been the children of Israel, in thought and feeling.

But now, in this Mark Age period of time, we are to dramatize Judas *redeemed*, Simon Peter *affirming*, doubting Thomas *believing*, the Israelites *accepting* and *supporting* our leaders; the prodigal son *coming home*.

This is our demonstration. This is the sacrifice of our mortal personalities unto the God Self within. Our God Selves are represented by the Hierarchal Board, presently externalized on Earth through the trinity demonstration of Sananda, Nada and El Morya.

Now we no longer will crucify, will deny, will criticize or will desert our leaders, in any thought, word or deed. Instead, we will let them, who have passed through the crucifixion-resurrection ceremony, guide us through the crucifixion of our own mortal complaints, denials and personality expressions and into the resurrection of the Christ.

This is the rending of the fourth phase of the seventh veil. This is the planting of the I Am nation on Earth. Our leaders ask nothing more than this: the privilege of guiding and teaching us in that which they so humbly, painfully and dedicatedly have undergone themselves in service to each

of us and to the entire race of man throughout the solar system.

It is up to us to choose — for each person must choose consciously — the crucifixion of the mortal personality; lest we continue to crucify the Christ within ourselves and in all others. This is our greatest opportunity and service to the Earth in the entire hierarchal program: the opportunity to correct the pattern, to change the script, and to live the drama of the light workers in action on Earth, following the guidance and the direction of the Hierarchal Board of our solar system. We, if we are lifted up, shall lift all men unto us.

DIVINE LAW FULFILLED ON EARTH

Only in this way can Sananda return to the Earth for his Second Coming: through our acceptance of him; not in word, but in deed and in active support. His mission is the fulfillment of divine law on Earth.

Only in this way can the Seventh Ray of Divine Love and Peace, of which he is the chohan, be anchored. For there can be no peace, no love, no rest, no fulfillment or completion without the fulfillment and the completion of the law.

God, divine law, is not mocked. We must reap what we have sown. When we have taken the cross of crucifixion (the sword of truth) and have pierced it through the heart of the Star of David (symbolizing our relationship with God), then we shall be worthy of entering the new I Am nation and of upholding God's law on and about the Earth for Sananda's Second Coming.

AURORA-DALE of MARK-AGE, as a disciple and channel for the trinity of Sananda, Nada and El Morya, is to demonstrate with them the proper role and relationship between teacher and student, setting an example for all light workers in the I Am nation. This article is based on her inner plane experiences with them. Nada, as master, gave the decree for cleansing in the MAM Programs section, pages 4-8. Aurora, as disciple, is fulfilling that decree, as each one must do.

NEW NEW IMAGES IN VOICES

PLANTING SEEDS FOR A SPIRITUAL GOVERNMENT

Luke 16:10-13: "He who is faithful in a very little thing is faithful also in much. And he who is unjust in a very little thing is unjust also in much.... No servant can serve two masters; for either he will hate the one and love the other, or else he will be loyal to one and despise the other. You cannot serve God and mammon."

God is eternal. We, as sons of God, are eternal souls. God is truth. We must be and teach truth. God is justice. We must dispense it. God is the Lord (law): we must abide in it. God is peace. We must be peaceful. It is inevitable that government under God is peaceful. The Earth planet and all kingdoms on it will experience eternal peace; peace between persons, between political systems, between nations and between other species.

"Let there be peace on Earth and let it *begin with me,*" is the theme of a popular song. Peace will be demonstrated when all men have desired it, and manifest their will to be one with God's; for peace exists through God, with God and for God. Jesus said, "As I hear, I judge; and my judgment is just because I seek not my own will, but the will of Him Who sent me....He who believes in me, believes not in me but in Him Who sent me."

Peaceful coexistence is attained through personal faith and submission to God's will. Inevitably this

light will overflow into all walks of life, especially including those who serve in a ruling or a governmental capacity. The Christ in each will become Christ in government. The governing body then will be a spiritual government, or God in government.

See What Will Be

Try to *envision* or to *image* what this means. Government leaders will be performing their duties and enacting laws according to the will of the people. We already have established that mankind will desire God in government, so all mankind will be united as one in demanding that spiritual government.

The man-made laws based on injustice will vanish. The only laws to remain or to be enacted will be God-made or Christlike laws. It will be impossible for any corruption to exist, as all governmental leaders will be representing the peoples' desires, created from each and every Christ Self, which stem from perfection itself.

That this will come to pass is illustrated by John in the Book of Revelation: "I saw a new heaven and a new earth, and I, John, saw the holy city, the New Jerusalem, coming down from God out of heaven prepared as a bride. And I heard a voice out of heaven saying: behold the tabernacle of God with men, He will dwell with them and they shall be His people. God Himself shall be with them and be their God. He shall wipe away all tears from their eyes and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away and he that sat upon the throne said, Behold, I make all things new."

This perfection does not exist in government today, a fact which is deplored by all who desire a cleansing of the old and a beginning of the new. But this cannot be accomplished simply by waving a magic wand, closing our eyes and hoping that all the wrong things will go away and will be replaced automatically by more desirable conditions. This new Earth cannot begin until we all do something about it. Apathy won't change government, despair won't change it; and certainly a resigned attitude will fail to change the rulers.

True, faith only as big as a mustard seed will move mountains. But Jesus also said: "What will it profit, my brothers, if a man says he has faith, but does not have works? Can the faith save him? And if a brother or a sister be naked and in want of daily food and one of you says to them, 'Go in peace, be warmed and filled,' yet you do not give them what is necessary for the body, what does it profit? So faith too, unless it has works, is dead in itself....You see that by works a man is justified, and not by faith only....For just as the body without the spirit is dead, so faith also without works is dead." By faith in action we can change the old cry that has existed for so long from, "You can't fight city hall," to "You can change city hall."

In an article entitled "God in Government" by Bob Jones, member of the Indiana House of Representatives, that appeared in *Full Gospel Business Men's Voice*, he outlined the power of prayer and intercession for one's self, one's neighbor and one's government. He explained that he employs inner guidance from Spirit in the execution of good government. "Wouldn't you rather have the seats of government occupied by Spirit-filled people? It's time good people from everywhere entered government and ran for office. Don't think of it as something dirty. The Word (law/Lord) makes it plain that government is instituted by God for our good." . . .

We can change government by exercising our God-given heritage and free will. We can demand a spiritual government through God's will. We can decree a spiritual government. We can have faith that it will be done. And we can act on it, each in his own individual manner.

In explaining how man is ready to bring light and peace to the USA, Lola Pauline Mays, minister of Religious Science Church in Mesa, Arizona, stated in her booklet *God and the United States of America*: "Jesus of Nazareth...showed man how to direct and utilize this power. Jesus...handed the job over to you and me in the New Jerusalem, United States of America, to do the greater works en masse; not a single work by a single individual but a united work with not a single individual left out."

Put Action Into Images

Depending on your inner I Am guidance for your individual role, mission and participation, here are a few *new images* with which you can begin. Put your love into action now.

- **START** with yourself. Determine that you desire your mind, your body, your whole self to be spiritually oriented. Then example it in everything you think, say and do.

- **PARTICIPATE** in spiritual activities by supporting them spiritually and mentally in your decrees and prayers and by physical cooperation.

- **DESIRE** constantly peaceful coexistence, first with members of your own family, then with neighbors, friends, acquaintances, co-workers, government representatives, heads of state and others.

- **SPEAK OUT** for morality, justice and truth in governments. The more these good thoughts and ideas are spoken aloud, the more impact they have on the planting of the proper spiritual seeds for our desired new image of spiritual governments for all peoples everywhere. Speak in a positive, constructive manner for spiritual laws (the Lord) to preside in all governmental agencies, and to follow cosmic laws in practice.

- **WRITE OR CALL** your congressional representatives, telling them of your indignation in reference to corruption and amorality in government. List your approval or disapproval of certain proposed bills that will be voted upon by all of our representatives. After all, this is their job. They were elected to represent the views of the people.

The spiritual government of our solar system is planning on planting a new nation, a New JerUSAlem. But it makes no difference where your country is; start thinking, desiring, imaging a spiritual government there. You know how, so do it now.



THELMA MEYER has been an important member of the MARK-AGE part-time staff for seven years, having prepared all five manuscripts for our hardcover book printing. Now she works full-time on MAIN in both editorial and production departments.



INNER PLANE TEACHERS LINKED BY ONE GREAT PLAN

All spirit teaching, which is coming through in innumerable places throughout the world at this time, speaks of "the great awakening," "the great changes which are even now taking place," "the working out of the plan," the growth of the New Age, a new release of energy which will precipitate the Earth into the fourth dimension, the raising of vibrations, physical and spiritual, and so on.

One teacher says: "...the knowledge being spread now is preparing for the change into the new dimension the world is entering, that of the fourth density."

Another says: "Your world has now reached the end of its span of turmoil, of its revolving away from God; and now coming into full force is the might of God and the gradual process of uplifting has now begun.

"The preparation that has been going on so long in time, here in this outer world, is now ready, and with assistance from those in tune, will make firm contact with the Earth. The linking of the two worlds will become stronger now...."

And again: "We, from the other side, grow ever nearer to you; the veil gets ever thinner."

Also: "...the line between science and the realms of other worlds will become extremely thin. There will, too, inevitably, be world turmoil and unrest. Try not to let your thinking and hopes turn from the positive

at such times. Try to hold within you the knowledge that all that is happening is part of the final working out of the pattern. Try to learn to see beyond the immediate agony and suffering, both of the world and of the individual."

Stress is also made on linking, even if only in thought and aspiration, with all the groups and centers of light spreading like a network over the globe. Belong, if possible, to one such group. It matters little which, so long as the object is not so much to receive (for this comes automatically) but to give, to "send forth the light," to concentrate on the blazing Christ star pouring its light on to the world and irradiating the hearts and minds of mankind.

A teacher says: "It is often difficult for you to imagine the way in which the spiritual attunement of individuals and groups can affect physical conditions. We can only assure you that it does...."

"Perhaps the most important word to remember is harmony. Strive to become harmonious in all levels of thought and living, and you enable yourselves to work and be worked through...."

"It must often seem that what one life can give and do is insignificant. This is not so at all, for what one life — one soul — gives is magnified and expanded many times by a constant mirroring process. What you give forth consciously to the cause comes to us upon a ray of harmony and light."

PEGGY MASON'S article is reprinted with the permission of TWO WORLDS, 23 Great Queen Street, London, England.

No matter where I travel, no matter what channelings I study, all seems to converge into one linking-of-lights program. Isn't that, after all, what we are to demonstrate in the Aquarian Age?

During our MAM group meditation (#54A) at MetaCenter in Miami, in which Mark was discussing the various religions of the world and how we program workers must put them into proper perspective for the New Age channelings and developments, I was overshadowed, as I often am, by the powerful and unmistakable presence of

Lord Michael. He instructed me to share the following message with my fellow light workers.

"My beloved children of the light, we are truly aware that every soul on the planet — and particularly you, the light workers — are feeling within your consciousnesses the sense of being caught on the razor's edge. X

"This of course, as you know, is due to the horrendous soul cleansings and purifications which each must and shall pass through in the present rending of the fourth phase of the seventh veil; the most difficult, the most critical of all seven phases.

"Many dedicated workers, because of their own self-will, over-zealousness, perhaps even blind despair, bring upon themselves such imbalance within their own consciousnesses as actually to fall away from the program. For this we sincerely are sorry. But the new, higher, stricter conditions must be planted on the Earth.

"Dwell in Spirit. Cling tenaciously to your own God Self and you will come through to a joyous victory. For each light worker now must lock hands. There must not be, there shall not be, any weakness in this chain of linking of lights. So be it."

MARIE SHERER has been participating in Mark-Age activities at MetaCenter in Miami for the last nine years.

BACK ISSUES MAIN ##
1973-74 copies: \$1.00 each ##
COSMIC MUSIC: changing vibrations via music. ##
LOVE: proper love exchanges in family life. ##
LINKING LIGHTS: meet other light workers. ##
MARK-AGE MEDITATIONS: MAM broadcasts. ##
CELESTIAL: man's relationship with angels. ##
SCIENCE & NEW AGE: proper place of science. ##
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CAUSE AND EFFECT

A basic, fundamental law of the universe is that of cause and effect: that which you sow, you will reap. This applies mentally, physically and spiritually.

Thoughts you dwell on have a tendency to produce results or physical manifestations in your body and soul experiences. If you fear certain things and dwell on those fears to an unnatural extent, they are visited upon you because you have drawn them to you by the magnetic attraction of your thoughts and feelings.

It is more obvious in the absolute physical world, perhaps. If you slap someone, he or she either will slap you back or will harbor grudges and resentments so as to help draw to you some act that will hurt you directly.

Nations which engage in aggressive wars eventually suffer consequences to their own detriment. Either the resistance is so great as to destroy their civilization or through occupation of the conquered they are assimilated and take on the very attributes and conditions they tried to destroy.

This sometimes takes hundreds of years to be seen clearly and unmistakably, but nonetheless analysis proves it as indisputable fact. The tragedy in man's recorded history is that he has had this shown, taught and proven time and time again, yet tries over and over to beat this law, which is impossible to do.

Masters of the cosmic know it is impossible to beat the divine law of cause and effect. They teach it, in and through whatever ways available, to spiritual leaders, to artists and scientists, to teachers of worldly affairs. The great minds who live in memories of racial evolution of Earth's history repeat it in

their own idioms, styles, philosophies and theories. Always it is the same: that which you personally or as a group put into motion you will experience and will have to deal with directly as an individual or as a group.

In this sense it is not necessary to argue for or against reincarnation. It is an obvious and logical fact to anyone who has come into the first dawning of cosmic light and truth. It does not matter if some wish to quibble with reincarnation's many facets and possibilities. They do so only because they refuse to release their prejudices totally or they fear some of the implications which acceptance of rebirth implies. In other words, if the obvious implications of reincarnation are a fact, they may have been ones of evil and destruction before or they may have to be reborn and face errors or sins, thought or imagined or enacted in this life, in a future life.

Reincarnation has many avenues of expression, just as God or divine law has infinite ways of expressing and never can be limited by man's mortal ways of analyzing, interpreting or imagining. It can express by an individual on another plane of existence influencing the thoughts and actions of those on Earth, or through works and philosophies left as a heritage in religious or other types of thought.

It can be manifested by the individual soul traveling throughout time and space on other dimensions, planes and planets of existence. Or, in some cases, it can express by a long-range interest in other kingdoms, lower or higher than the race of man. However, never can an individualized soul incarnate in another species, such as some teach as transmigration.

With all these possibilities the cosmically minded free soul knows that the most popular and widely accepted doctrine of reincarnation is an actual fact of life as regards present evolutionary unfoldment of man on this planet. What was originally and what will be after all evolve to full stature as sons of the ever-living God are another subject.

Reembodiment is so simple and divinely just as to defy any argument opposed to it. The spirit of each of us is pure and is directly connected with supreme

intelligence and goodness, or God. The law of free will allowed us to experience and to experiment with creative force and form. All of us during Earth development have digressed from states of purity, love, goodness and allegiance to our Creator. Our return to that state of grace is impossible to consider as being achievable in only one normal life span.

Even if we could conceive of it as being possible in one lifetime, what do we do with and in the rest of eternity? Sit on clouds playing harps for one another? What of all this cosmic power and wisdom and love? Don't we use it? Don't we move around, work with it, share it, teach it, and help those not in that state of cosmic beingness?

Reembodiment of the soul or the individualized spirit -- which is the Sonship, or identity as Christs or anointed children, of God -- is the only logical or plausible reply, whether you see it as reembodiment onto the same plane or planet, or on other planes and planets throughout eternal existence and the infinite varieties of possible energy expressions.

Think on this for a moment. Those already into cosmic acceptance know it instinctively and unquestionably. Those who even cannot think about it are not able to conceive yet of cosmic life, eternal being, infinity. So, we must wait for them to do so.

For those of us who have opened the doors of our minds to the infinite varieties that souls have available by the grace of God to pay for our errors, to make up for our debts, to learn the results or effects of having put into motion the wrong thoughts, words or deeds somewhere, sometime, some way, here are some examples to ponder.

EXAMPLES OF CAUSE AND EFFECT

1. A wealthy corporation invests in a foreign, underprivileged nation without really intending to exploit the people, but has all its properties, investments and products confiscated by a change in the political regime.

Perhaps those stockholders and company personnel somewhere else in some other time period were a nation

or society which had taken away unjustly those very natural resources from the people who now have retaliated. A hundred or a thousand years may have gone by, but the law of cause and effect operates irrevocably, even if sometimes seemingly slowly.

2. A young and healthy man or woman dedicates his or her entire existence to a cause or champions a very unpopular campaign, against every seeming sense or logic, even to the point of sacrificing a normal life of his or her own.

Perhaps he or she owes it to that person or cause because he or she was the one in a past incarnation who was the very reason it is in the imbalanced state at present. Of course we recognize the more positive implications, in that this sacrificing person has seen the need and serves the good of all through the higher dedication and principles involved.

3. A party of happy, innocent teen-agers is burned to death through an accident not of their own doing; a town tragedy, perhaps, affecting a substantial portion of the population.

Were these perhaps citizens of some town in another era who pillaged this very same village, or perhaps were religious leaders who burned another group of innocents in the Inquisition?

4. A young child is molested sexually or is abused by a parent. What seeming sense or lesson when such a one is a victim of adults? The only possible answer in a law or God of balance is repayment in kind for a similar deed performed during a previous incarnation of that child.

5. A peaceful, vulnerable nation is invaded, conquered and abused. Unless the citizens through their own stability and strength can absorb and teach by their own demonstration of love and forgiveness, there is no justice, except perhaps in the thought that these same people as a group or as that nation inherited the effects of causes which had been put into motion by them sometime in the past and which finally climaxed in an act of aggression and tyranny.

HOW STOP POLLUTING TO: OUR MINDS

Louise Clapp, *MAM* Group Leader in Tulsa, Oklahoma, was greatly inspired by *MAM* broadcast #36A, for the week of September 30, 1973, in which Mark requested all light workers to link together and decree for a cleansing in the field of media and how it reports crimes, violence, wars and so forth, in order to make way for the good news of the spiritual program.

She sent the following letter to the television stations and newspapers in her city. *MAIN* believes this is an excellent prototype for all light workers everywhere in demonstrating *HOW TO* influence, educate, prepare the media — and through the media, all peoples — for the coming New Age.

Louise got good results from her efforts. And so will you, if you are inspired by Spirit within to use her article in your community.

One response was from Thomas Goodgame, Vice President and General Manager of KTUL-TV (ABC), saying: "Your article is well written and many of the points in it I completely agree with. Our station is constantly embroiled with the network over the morality issue. And, hopefully, we will make some progress, as I think this is true of network affiliates all over the country....I am curious as to what group you represent and would be happy to discuss your goals with you or your group at any time."



There is a song that says, "Accentuate the positive, eliminate the negative." This is what mankind must start doing. We need desperately to begin to think about what is positive, good, constructive, beautiful, and loving; and to put this before our lives. For too long now man has thought in negative channels, looking for every kind of error he can find and broadcasting it out through every media available.

Our newspapers, especially the front pages, are filled with crimes, accidents, deaths and misdeeds of man that have occurred that day.

Television, undoubtedly the most influential media we have, in one form or another caters to the negative acts of man. Yet, this very media could be such a powerful influence in projecting examples of self-control, strength of character, selflessness, faith, joy and love; the positive attributes that lift the thoughts and the emotions of man, giving him hope and desire to better himself, showing examples to help guide his actions.

We know a picture is far more impressive than words. Then why not put the kind of pictures before us that will be of help and value to us? Why put pictures of man's negative, sordid, unloving acts before our eyes? These examples of man's behavior only lower our emotional and mental states, even reducing them to the level of the animal; teaching us how to be afraid, how to fight, how to steal and how to be cruel to one another.

This is an age of great scientific achievements. We have traveled to the moon, have walked in space, have gone to the depths of our oceans and have created electronic wonders. Yet, we permit our creative, ingenious minds to be programed with a constant barrage of negativity.

Why do we put up with such deteriorating influences on our lives? We, the people, can demand that this kind of exploitation of the negative cease. We are the ones the media are trying to please. So, let them know we are not pleased with this kind of material. Producers, publishers and authors of the material in our media maintain that this negative, violent material is what the public wants, and is what

sells the products of the sponsors. But the people have been so saturated with these destructive patterns that they need and desire a change.

Our air is polluted, our streams and rivers are polluted and our minds are polluted with the filth of man's erroneous ways. Let's begin now to let those in charge of our news and entertainment media know we want a cleansing of the filth that is presented to our minds. We want an end to the dwelling on negative, materialistic, error concepts. We want to start giving attention to constructive, positive, spiritual food for our minds.

We long have been educated on *how to* be negative; now we need to be educated on *how to* be positive. It cannot be done with a once-a-week sermon. We need to know *how to* love ourselves, to see the good in ourselves, so we can love and see the good in others. But we need good examples of this imaged before us on our television and movie screens; and positive, hopeful words broadcast to us by our radios and recordings; and printed for us in our newspapers, magazines and books. We want examples and words that will stimulate faith, love and peace.

By reprogramming our minds to think in the positive, by reeducating our emotions to be calm, loving and peaceful, we can free our world of the pollution of crime, wars, distrust, disease and filth. This is *how to* transmute the minds and the hearts of all people to be clean, beautiful and productive. Let's start now to desire, to project, and to demand of our mass-media outlets, the accentuation of the positive!

TOXIC METALS POLLUTION

A recent news article states that rainwater run-offs in a moderate-sized American city annually are up to 250,000 pounds of lead and 30,000 of mercury. Washington's (DC) annual estimated discharge into its rivers is this poundage: 120,000 copper; 40,000 chromium; 425,000 zinc; 14,000 nickel; 13,000 mercury. An Amoco gas ad states 400,000,000 pounds of lead are discharged annually by American autos.

SEE *Healing Haven* article by Dr. Bob Knapp, next page.

Healing Heaven under Hilarion

POLLUTION

CAUSES & CURES

In these latter days, the Mark Age period, there is much that needs to be cleansed and transmuted before moving into the Golden Age of Aquarius. As has been given numerous times through Nada-Yolanda, primary channel of Mark-Age, this cleansing period — or Battle of Armageddon, as it is referred to in the Holy Bible — affects primarily the mental, emotional and soul levels.

Old patterns, old relationships, old concepts are being brought into the open for review and reevaluation so that new patterns and pathways may be established. In this process there is a spillover or a manifestation of these inner cleansings into the physical, third dimensional world; thus, the many signs and types of pollution that are adversely affecting the planet and its inhabitants now.

It is the responsibility and the duty of light workers everywhere to work with, to cleanse and to transmute the many levels of pollution manifest on the Earth at this time. From a spiritual standpoint, the third dimensional body form itself is a pollutant of the spiritual, fourth dimensional light-body form. Returning to our proper place as sons of God is therefore the primary and most important aspect of the dissipation of pollution.

Along this pathway on the mental level, positive, constructive, uniting thought patterns must replace the negative and destructive thoughts that pollute the mental atmosphere. On the emotional level, loving and compassionate feelings must replace their negative counterparts. On the

soul level, new harmonious, truthful patterns must be established, to replace the old ones.

Much is given in *How To Do All Things* and in other Mark-Age books to guide the light worker on these levels in the return to his or her rightful position as a Christed being.

The cleansing, the transmutation, and the eventual establishment of positive, constructive and harmonious patterns on the mental, emotional and soul levels will eliminate eventually the various types of physical pollution as well; for the physical is the mirroring or the manifestation of these other levels.

However, since the pollution has been so strongly and deeply encrusted in the physical, there is a definite need for specific physical steps for the removal of pollutants. This is especially so because of the rapid increase of pollutants in the last several years. Therefore, the remainder of this article will deal with the various types of pollutants, and specific physical means for their removal.

As a means of broad classification, physical pollutants can be divided into the following general categories: toxic metals, toxic chemicals, toxic drugs and toxic radiations. Amongst the major toxic metals are aluminum, arsenic, cadmium, lead, mercury and zinc. Toxic chemicals include insecticides, pesticides, food additives, preservatives and colorings. Toxic drugs include the majority of drugs used by allopathic physicians, as well as alcohol and tobacco. Toxic radiations include excessive X rays, radiation from cobalt, and radioactive fallout. Many more items could be given, but the above constitute the major offending agents.

METALS

ALUMINUM. This metal enters the body in three major ways. The first comes from using aluminum pots and pans, including aluminum coffee pots, and baking with aluminum foil; for slightly acidic solutions leech out aluminum, which then is ingested in the body. The second is from the use of

most deodorants, for they have an aluminum base. It enters through the skin and goes into the lymphatic system. The third comes from using antacids which contain aluminum. Although they suppress symptoms initially, they lead eventually to aluminum poisoning.

The body will eliminate all aluminum without further aid, if aluminum ingestion is stopped. Use stainless steel, cast-iron, glass or porcelain cooking ware. Switch to a deodorant made by health-food companies; or to such as the new Mennen E deodorant, which does not have aluminum. Eliminate commercial antacid ingestion.

ARSENIC. This metal pollutes the earth mostly from the use of laundry detergents containing it. It enters the water supply and then the body. In large doses it is fatal; in small, chronic doses it causes congestion and irritation to multiple body systems. To eliminate this metal requires some means of drinking-water purification. Also, since the body cannot remove arsenic fully by itself, specific homeopathic remedies must be taken.

CADMIUM. A heavy-metal pollutant, this substance enters the air, water and food mostly as a result of its separation from zinc during the smelting process. Once in the body, it settles primarily in the nervous system, lungs, bones and red blood cells, leading to irritability, fatigue and anemia. Removal from the body is accomplished by large doses of vitamin C, by specific homeopathic remedies, and reportedly by the use of algin, a seaweed derivative.

LEAD. This metal is perhaps the most common pollutant of all the metals. Coming from gasoline fumes, once in the body it settles in the nervous system, bones, kidneys and red blood cells, leading to hyperactivity, irritability, and fatigue secondary to anemia. Large doses of vitamin C effectively remove lead from the system. Homeopathic remedies also are helpful.

MERCURY. Another industrial pollutant, this metal is found

in water supplies and sea food. It also settles in the nervous system, but can be deposited in other organs and systems as well. Specific homeopathic remedies have to be used to eliminate it.

ZINC. In minute, organic forms, such as in many foods, this metal is a necessary ingredient for proper health. But in large, metallic quantities it is a body irritant. Entry is from ingesting margarines; for they are made on hot, zinc-coated metals, so zinc is absorbed into the margarine. It is preferable to use unsalted butter; a proper diet including the necessary foods and vitamins will prevent any accumulation of cholesterol. To remove zinc already in the body, specific homeopathic remedies are needed.

CHEMICALS

INSECTICIDES & PESTICIDES. The use of sprays should be stopped, both in gardens and in homes, since these are a major pollutant. Organic gardening has multiple ways of controlling insects without the use of these dangerous chemicals. In homes, proper hygienic conditions will eliminate all or most of the need for insecticides. When at all possible, only organically grown foods should be ingested. Store-bought food, if not organic, needs to be thoroughly washed and fruits peeled, to remove as much insecticide as possible. In order to help the body remove these poisons, adequate doses of vitamin C are an aid.

ADDITIVES, PRESERVATIVES & FOOD COLORINGS. Most processed foods today are filled with these substances. Hence, it is important to eliminate from one's diet such things as store-bought pies, cookies, candies and so forth. These are devitalized and demineralized foods, anyway, and should not be used, for that reason alone. Instead, use fresh fruits and vegetables, as well as home-made products; or those guaranteed not to have the above chemicals in them.

DRUGS

Almost all drugs used by allopathic physicians are toxic to a greater or lesser degree. While useful and needed in some situations, in the majority of instances they are to be avoided.

Proper diet, exercise, the use of chiropractic, osteopathic and other preventative approaches, can eliminate almost entirely the need for drugs. Drugs may cause allergic reactions, may damage organs, or may leave residues which add to the burden of pollutants in the body. Vitamin C is helpful in their removal, as are specific homeopathic remedies.

Tobacco and alcohol are to be considered drugs, and thus need to be eliminated. Also, the various hallucinogenic compounds are in this category; cause bodily damage; and are to be avoided.

RADIATION

X RAYS. Extensive use of X rays, both as a diagnostic and a treatment modality, causes the death of body cells and tissue. Fluoroscopic examinations are one such form of diagnosis to be avoided. Long-term study of the use of X rays in treating cancer has shown them to be ineffective. Some of the damage caused by X rays can be corrected through proper diet. Homeopathic remedies also will help.

RADIOACTIVE COBALT. This is another destructive form of treatment, and is to be discarded in any constructive mode of therapy.

RADIOACTIVE FALLOUT. Resulting from nuclear explosions, this form of pollution can be corrected by adequate supplementation of calcium to the diet.

WATER

Even by limited federal standards, the majority of city water supplies are unfit for human consumption. Since it is

a major pathway for the entry of irritants into the body, some means of water purification is usually necessary. Bottled waters sold commercially are generally not pure, and therefore are not reliable sources of water.

One form of purification is using a D cell, a product containing special life-forms capable of cleansing the water. For more information about this, write to: *Thomas A. David, Independent Scientific Research, 19886 Greer Avenue, Hilmar, CA 95324.*

In terms of water distillers, steam distillers that have stainless-steel components are considered most effective. Removed minerals can be replaced by food and mineral supplements. This subject will be explored in greater detail in a future article.

VITAMIN C

This is one of the major substances utilized by the body to help eliminate, and to detoxify itself. The natural organic vitamin C is more effective than the synthetic form, although the latter effectively will remove lead. To insure the elimination of lead, doses of 750 mg. three times per day for three to four weeks are usually needed. Then a maintenance dose of 500 mg. to 1000 mg. will prevent future buildup of lead, as well as other substances. X

HOMEOPATHIC REMEDIES

Homeopathy is a relatively little-known branch of therapeutics, but a most effective one. To remove arsenic, for example, the homeopathic physician uses a remedy prepared initially from arsenic. Through a process called trituration, the original substance is transformed into a remedy that stimulates the body to eliminate arsenic. This also holds true with other substances. These remedies can be obtained from homeopathic practitioners, or from doctors using this type of remedy.

Questions and comments concerning this article, or health in general, may be directed to the author, Robert Knapp, M.D., % Mark-Age Healing Haven.

Project **Power**

PROJECTION OF
DESIRED
CONDITION:

NONSMOKERS HAVE RIGHT
TO BREATHE
CLEAN, UNPOLLUTED AIR

For fourteen years Mark-Age has been projecting the proper idea that nonsmokers have the right to breathe clean, unpolluted air. At first these decrees and visualizations met with a great deal of resistance, even amongst spiritual students who were reluctant to give up tobacco themselves.

But gradually this thought form began to receive acceptance in the minds of researchers and scientists. The fruits of these projections finally have manifested in the form of conclusive tests proving smoke-filled air is as detrimental to nonsmokers as it is to those who inhale as they smoke. Only now, after fourteen years of persistence, these projections are resulting in recommendations and legislation to protect the nonsmoker.

Thus it is important to remind all that in spite of the fact that you may not have immediate results from your proper projections of power and truth, eventually right thinking will result in right action.

POSITIVE RESULTS FROM PROJECT POWER VISUALIZATIONS

OFFICIAL U.S. REPORT. Jesse L. Steinfeld, Surgeon General of the U.S., came to the aid of the 164 million Americans who do not smoke. He issued a scientifically based report that tobacco smoke is physically harmful not merely to the smokers but to the nonsmokers present.

There is no doubt that smoking is the most danger-

ous form of air pollution, especially in small rooms, autos, buses, trains, planes, elevators, for non-smokers are forced to inhale as much smoke as the smokers.

Smoking is the major cause of lung cancer, inflames allergic symptoms, is especially hazardous for those suffering from heart disease or chronic bronchopulmonary disease, and adds enough carbon monoxide to a room to raise it in excess of legal limits for air pollution standards.

The details of the Surgeon General's report on health hazards of tobacco smoke to nonsmokers have been reprinted as a public service by *Action On Smoking And Health*, 2000 H Street NW, Washington, D. C. 20006.

ENGLISH HOSPITAL TESTS. Researchers at the Institute of Psychiatry and at St. Bartholomew's Hospital in London performed a volunteer experiment to prove "there may well be appreciable long-term negative health consequences" from what is termed passive smoking.

The nonsmokers had relatively low amounts of carbon monoxide in the blood at the start of the test. The carbon monoxide they absorbed merely by breathing the smoke-filled air increased by about the same amount as it did in the cigar and cigarette smokers in the same room.

The conclusion of the test was "along with the obvious discomforts of a nonsmoker breathing smoke-filled air, there is a real health risk...a risk nonsmokers may wish to avoid. They should at least have a choice."

FINLAND TAKES ACTION. In the summer of 1973, a recommendation to prohibit smoking was strongly advised to the Finnish Ministry of Social Affairs and Health because of recent evidence that there are serious side-effects of smoking around nonsmokers.

U.S. GROUPS MAKE CHANGES. The Washington-based group ASH (Action on Smoking & Health) was successful in removing tobacco ads from TV. It also has instigated nonsmoking areas for restaurants in that area.

GASP (Group Against Smoking Pollution) is a national organization working for the rights of all non-



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smokers to formulate legislation in their own communities to institute non-smoking areas in public places such as planes, buses, theaters and so forth.

Miami — headquarters for Mark-Age, and thus most susceptible to our Project Power visualizations — banned smoking in 1973 in the Metro Council chambers, and in private and public elevators. In 1974 the County Commissioners passed legislation to ban smoking in department and grocery stores. The next targets they plan to attack are smoking in doctors' waiting rooms, dentists' offices, hospital lobbies, and eventually restaurants.

Freedom from pollution is an inherent right of everyone. In fact, as the vibratory rate accelerates during these latter days, everyone is going to have to be more concerned with natural living habits for himself and his fellowmen. Spiritual students and workers must become examples to others by their right actions and proper thoughts, including the Project Power visualizations that are correct.

ZAN-THU of MARK-AGE

HIE-7 LIGHTS

Featuring Hierarchal Light Workers In Action

MARK-AGE BOOKS IN LIBRARY

LOS ANGELES, CALIF. Dr. Julius and Irene Scott, Mark-Age coordinators in the West and who conduct one of the MAM groups in that large area, are instrumental in introducing the Mark-Age books to other allied groups and to public libraries.



THE SCOTTS

After receiving the following letter of recommendation from the religious and philosophical director of the coordinating committee for the Los Angeles library system, they hope to donate as many books as their budget will allow to the sixty branches in that county.

"We (main library in L.A.) are pleased and surprised to receive the beautiful books published by Mark-Age. This is the first information we have received about this group, and we are glad to add their teachings to our collection."

DOING MORE IN '74

AUSTIN, TEXAS. It is pretty hard to keep up with what the various Texas groups are accomplishing in their *doing more in '74*. But here are their current summer report and the plans for extending Mark-Age information in that state and surrounding areas. After the vigil and tour, they plan a *Tri-State Conference*.

* *24-Hour Vigil*. This started around the state at 6 P.M. June 14th, during which time they: 1) helped

ground energies for the Hierarchy to open the door; 2) visualized the successful rending of the fourth phase of the seventh veil; 3) asked to have new, stepped-up roles and missions for the MAM group at Austin; 4) asked for guidance to prepare them for the other two facets of their summer plans.

● **Tour Team.** Since the function for the state of Texas comes under the Fifth Ray of unification, Norma Sligar, Charles Poland and Kenny Hatfield left Austin in July to visit as many towns as possible in Texas, Oklahoma and New Mexico, where there are active Mark-Age members.

During this tour they visited many bookstores to promote *Visitors From Other Planets*. Their youthful enthusiasm generated so much interest in these three states that they obtained good initial orders for all five hardcover books from eleven stores.

While in Oklahoma and New Mexico they linked up with a number of other Mark-Age leaders and workers, making radio and television appearances too. (See item "Leaders Linking" on page 47.)

SEVENTH RAY RETREAT

LA GRANGE, TEXAS. The seventh in a series of Texas retreats held over the past two years was based on the Seventh Ray of Love, Peace and Rest. The reports from our Texas Family during the Memorial Day weekend retreat contained consistent notes of joy, divine love, and peaceful association by all from all parts of the state who attended.

Judy: "In trying to describe the recent Texas-family retreat, I'd have to say it was like a beautiful dream made real through Spirit. Divine rest and peace were truly experienced by everyone. Spirit's blessings flowed."

Debbie: "The seventh retreat, to me, was a form of receiving the divine sacrament, the holy Eucharist, of our oneness. I almost feel as though together we achieved a new vehicle for our Texas functions. I was joyous over the cooperation and unity; and also realized that, as time progresses, everyone is becoming one family."

Nicholas: "1) A time of rededication to and fur-

ther realization of Christ ideals, as well as to Sannanda-Jesus: Father, I adore you; I lay my life before you; how I love you. 2) The importance of holding on to your I Am Rock of Ages throughout whatever crisis is beyond description: be here now. 3) Texas = Tejas = friend = Fifth Ray unity, harmony, healing."

PUBLIC SCHOOL MEDITATIONS

SANTA MONICA, CALIF. There is a constant struggle for balance and common sense in the educational systems of the United States when it comes to the subject of prayers, religious teachings or meditations. But Peggy Shackelton, who has had twenty-five years with the Board of Education in California, has had some breakthroughs in this area during the last couple of years. Peggy has been commissioned by the Hierarchy to prepare a textbook for the *University of Life* that can be used by teachers and parents in developing children to live a whole, balanced, triune existence on this planet.



Here are three mantra she uses in her astronomy classes. To assure a nondenominational approach, she includes the following explanations to the children.

MANTRUM	EXPLANATION
<p>1. All moves well above me. All moves well beneath me. All moves well around me. All moves well within me. All moves well. All moves well.</p>	<p><i>I am in harmony with the cosmic processes.</i></p>
<p>2. The green bough is in my heart; the singing bird has come.</p>	<p><i>I am ready for friendship.</i></p>
<p>3. The sun flows to me. The sun flows through me.</p>	<p><i>What the universe freely gives me, I return freely to the universe.</i></p>

One official on the board to consider use of this method has been quoted: "These are beautiful and are in complete understanding with the goals we all have. I can see no possible objection to them. In fact, we should begin all our teachers' and principals' meetings with them."

Another official who serves on the Santa Monica Unified District's Board of Education introduced a motion to approve and to support a few moments of silent meditation each day in every Santa Monica classroom. Her motion was passed unanimously. Following her success this spring, this woman official reported that the Delegate Assembly of the California School Board Association in Sacramento (state capital) unanimously agreed to place this same resolution on its agenda.

SPACE VISITORS WELCOME IN PARADE

NACOGDOCHES, TEXAS. A *Welcome Visitors* float is being designed for the annual homecoming parade for Stephen Foster Austin University by the two *MAM* groups in the area. The event is held each October, and various Texas organizations are represented.

Coordinators for the project, Connie and Jack Red-eagle Reese of Mark-Age of Nacogdoches, report: "Our float will resemble a spacecraft, with signs posted *Welcome Visitors From Other Planets*. The name *Mark-Age* will be displayed on people, cars, and so forth.

"Two carpenters, several artists and many willing hands from our groups will be building and decorating the float from now until the event. Those working hardest on the project either will ride on the float or will walk along beside it, dressed in their own versions of space visitors.

"We are counting on our space brothers above for ideas, energies, and backing on the inner for the peaceful acceptance of this concept by all who see it. We will be well equipped with special *Visitors* book flyers for those who do express interest.

"Any suggestions from the Mark-Age Family would be appreciated. Perhaps a similar project might be promoted in your area to clear the way for our brothers in space to be welcomed by all on Earth."

LEADERS LINK ON TOUR

MINNEAPOLIS, MINN. Mark-Age field representatives Thomas and Patricia Chambers spent their vacation this July by making a Mark-Age tour, linking with other Mark-Age group leaders from Texas, Oklahoma, Colorado and California. Tom is the professional graphics artist who carried out our dust-jacket designs for our latest books, *Angels & Man* and *Visitors From Other Planets*.

Louise Clapp of Tulsa, Oklahoma — whose media work is in the *How To* article in this issue on pages 31-33 — arranged a radio and a television appearance for them. While in Tulsa they coordinated with the Mark-Age touring team of Norma Sligar, Ken Hatfield and Charles Poland, whose Texas and other activities are on pages 43-44 of this issue.

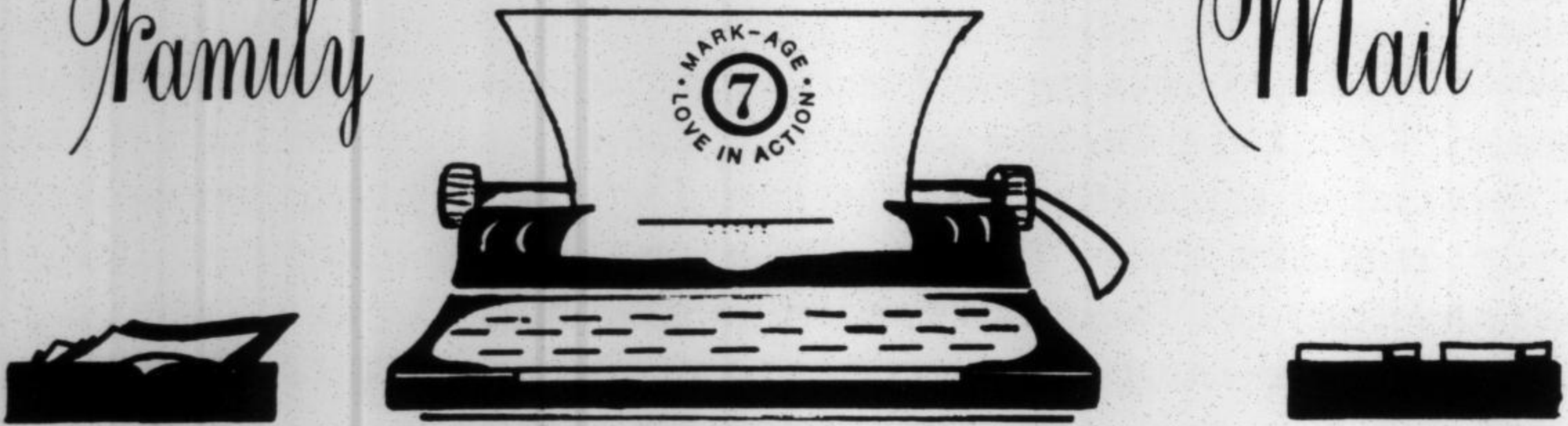
Roberta Funnel, new Family member since the Chambers' tour, has established a light center in Oklahoma known as *Universal Link, Plains Center*. She arranged one radio and two television shows plus a newspaper interview in Oklahoma City. Roberta is expected to begin a MAM group, in addition to seeing about placing Mark-Age books in stores there.

Tom made these comments in a taped report to Meta-Center midway through the tour. "Any media people who have interviewed us have been so enthused and so interested that it has been a sheer delight to work with them. The hostess (on a television show in Oklahoma City) said she absolutely had to have a *Visitors* book to read. That has been the case with every single one who has interviewed us; their interest has been so obvious and their potential as a channel for Spirit so great that we had to leave a book with each one." All who interviewed the Chambers spent much more time than was scheduled.

Thomas and Patricia then went to Colorado Springs and Denver, Colorado, hoping to meet with former astronaut James Irwin of the spiritual High Flight Foundation. In Estes Park, MAM leaders Cathy and Bill Bird (see the Birds' invitation to Mark-Agers in June MAIN on pages 36-37) coordinated visits and meetings for the Chambers and the Scotts from Los Angeles. (See page 43 of this issue and page 45 of May MAIN about activities for Irene and Julius Scott, MAM coordinators.)

Family

Mail



REBROADCASTING COMMUNICATIONS

As I read *Angels & Man* I am led to broadcast again with you, Yolanda, every bit of love, guidance and knowledge which you came to Earth to channel directly from the Hierarchal Board.

I am adding additional thoughts to the form which we as workers shall bring forth; that being, that all intuned shall hear with their own ears these hierarchal messages at the same time they come to your consciousness, wherever we may be.



Judy L. Anderson; Minneapolis, Minnesota

The two new hardcover books are excellent. *Visitors From Other Planets* has produced an instant anchoring of the awareness of our space brothers to a degree I never before realized. A whole new cycle of inner development has been heralded by this book.

Recently while contemplating I was searching for a word that would adequately describe the unique qualities of the Mark-Age material. The word which came was *radioactive*. This certainly does describe the effect Mark-Age material has on people.

I like to think of Mark-Age literature as being New Age scriptures. For only that which comes through Mark-Age do I dare accept without verifying first. All other New Age teachings I read with an open mind; but I must wait for inner verification before I let them

become part of me, knowing that they may contain some errors.

Scott Engel; Las Vegas, Nevada



Once again I must say the two new books, *Angels and Visitors*, are of the same high standards as the former three in spiritual truths, in the material quality. Especially do I like the paragraph headings in all your books. With such truths, so beautifully bound, there stands no comparison with the paperbacks. I know they shall be a real asset to our classwork here. "As within, so without."

Alisen Carter, Director of
New Age Metaphysical Society; Vancouver, Canada

You told us that in playing the MAM tapes we help to rebroadcast them. I want to give a very definite confirmation of this.

We have a small group almost every day for discussion, playing MAM tapes, sharing an energy circle and a cup of coffee. A larger New Age group meets once a week, with one of the members preparing a program based on some phase of study that all are interested in.

A businessman in our group, who has heard some of the tapes and is very interested in them, had missed several because of business commitments. One night he rushed in, sat down at the table and said, "Give me a piece of paper and a pencil and I will prepare the program."

This he did, led the group in a great discussion, and shared the specific material he had just received inspirationally. After most of the group had gone, he and a few others stayed to hear the latest MAM tape. His program had been a review of the tape, which he had not heard. His reaction was, "You have been playing that tape here, and it hung in the air, programing me for what I discussed tonight."

We are enclosing a check for planting a seed for the new I Am nation. It is small, but I am imaging it growing like the five loaves and two fishes.

Bethel Shirley; Pampa, Texas

DISCREPANCIES IN CHANNELS

We have a New Age group studying both Alice Bailey's communications from Djwhal Khul, the Tibetan, and the hierarchal channelings of Nada-Yolanda. (See MAIN July 1974, Communications section, pages 25-31.)

There seem to be some points of difference in the information. Could you please give us some ideas on why the discrepancies exist in various New Age teachings? Basically, the goals of each group are the same: reappearance of the Christ, and working with the Hierarchy to bring about the spiritual plan for the planet Earth.

Audrey C. Royer; Fresno, California

Many students of Alice Bailey consider her to have been the ultimate and last word from the Hierarchal Board on the inner planes. This is a similar attitude to that of orthodox and fundamentalist Christians, who consider John on Patmos to have received the final and ultimate revelations concerning Jesus the Christ.

Alice Bailey, and Helena Blavatsky before her, did not claim to be infallible. They both stated this at the beginning of their books. They both cautioned that they were not the final channels for hierarchal matters; especially for the latter days, the Mark Age period, we are in now.

But just as every founder and leader and group in the past, and too many in the present, latch on to part of the truth and claim to be, or their followers claim them to be, the ultimate, so it has happened in the Arcane School (Bailey) and in Theosophy (Blavatsky).

There are two answers for those who think there are discrepancies in hierarchal channels. One: learn to discern the channelings themselves. Two: until the present, latter-day period, since 1960, none of the former channels or leaders could give current infor-

mation on the hierarchal plan, as Mark-Age and some others are doing, for it was not time yet for such current news and cycles to be revealed to the conscious minds of the program workers.

Mark-Age has recommended much excellent material from Alice Bailey. Officials in that group do not reciprocate, however. But in our analysis and recommendations, we discern where Alice was channeling D. K. the Tibetan and where she was interpreting his thoughts or *presenting* her own ideas.

When we publish communications through Yolanda, we specify what is channeled directly, word for word, from the inner planes and state from whom it is received. When it is not telepathically controlled or when they are additional or supplementary thoughts received by the channel, we clearly state this. X

Although many Bailey students believe that everything in her books was channeled from D.K., this is far from the case, and is so stated by her in the introduction to the books.

Furthermore, the Hierarchy or teachers from the etheric and celestial planes never channel different and/or contradictory information. Rather, it is that the channel, the teacher or the student gets in the way and puts his or her own interpretation on the material. In many instances the channeling is colored by what the channel has learned or has accepted in this and previous lifetimes. Remember, all channeling must come through the subconscious areas of the mind, and thus must pass through the records of information stored there.

One of the important things in these latter days is teaching people to discern and to discriminate. Our *University of Life* brochure *Spiritual Discernment* (15¢) is an extremely helpful aid in this, and should be used as a guideline in all controversies where there seem to be discrepancies in channeled communications.

It is best not to pressure people from the outer when there are disagreements about such information. Instead, turn them over to their own higher Selves for sorting out the ideas and learning to discern. Only after you have examined the fruits (proofs) of channeled communications can you truly know their accuracy and the clarity of the channels.

VERIFYING CHANNELS

A beautiful lady who seems to be receiving channelings from the masters attends our weekly MAM sessions. We thought perhaps Yolanda could verify these channelings. What is the Mark-Age policy on this? Any guidance would be appreciated from MetaCenter; or should we learn to rely on our own intunements alone, concerning this type of demonstration?

Developing channels are a strange breed. Seldom has Yolanda worked with one who sooner or later has not turned on any constructive guidance that was given. Even when it comes from the higher planes — through the channel's own teachers and through the channel's own instrumentation, not through another party — there usually is some form of resentment or block expressed mentally, emotionally or verbally.

Yolanda never offers anything directly to any channel unless he or she specifically, personally and sincerely requests it. Even with those qualifications, eventually there comes a time when resentment is expressed if corrections or further cleansings are suggested.

This pattern applies not only when Nada, teacher of channels in this solar system, makes the suggestions, but when anyone on any plane or through any instrumentation does so. Therefore, if you are going to take the responsibility to guide, to clear, to verify any material coming through any channel, protect yourself in advance, and be guided by your own higher Self's instructions directly to you. As aids in your work, use the two *University of Life* brochures *Communication Via Channeling* and *Spiritual Discernment*, that are 15¢ each.

DANGERS FROM UNCLEAR CHANNELS

While on a summer tour of New Mexico and Arizona, we studied your wonderful book *Visitors From Other Planets*, marking passages to use for talks in light groups we are visiting.

We believe Mark-Age is doing the greatest work on this planet....You must be aware of small light groups

which spring up and run the danger of taking the wrong path. This is where your MAM tape study groups are so much sounder in principle.

The serious danger is that people have relied only on "messages", missing the truth that we only can raise the vibration of the world and meet the space brothers halfway by raising our own vibrations and becoming allied once again with one's higher Self. Many believe, in these isolated groups, that they are channeling. But they have no responsible preparations for such an awesome position; while others take verbatim whatever a channel says, without verifying it. We shall read to those from *Visitors* book what excessive work has gone into becoming a pure channel.

Geneva & Scotty Heron; Columbus, New Mexico

M O R E O N K E Y S & C O D E S

In a recent dream, the word *dego-*
sition or *degovition* was very prom-
inent; as a title on a theater mar-
quee. Since I am bilingual (French
and English), I tried to find either
of them in one of my dictionaries.
Can Yolanda suggest how to get to
the root of this message?

Philippe Jacobs; Lufkin, Texas



We highly recommend you spend fifteen to twenty minutes in a questful type of meditation on that word. Keys and codes of this type are very personal. What it would mean to one it would not mean to another. It obviously is a personal key to some memory locked in your own subconscious. It does not have to have a dictionary meaning. It is a composite of several connecting words or parts of words.

Higher plane teachers have done this through Yolanda's channelings numerous times. It causes the conscious mind to link with the subconscious memory bank. Usually one arrives at a more subtle and complete meaning that no other single word in any language could satisfy for that communication, or for some nuance within that communication. Only those on the celestial and the etheric have worked this way through Yolanda.

ANGELS

Nature, functions, powers • Creators, managers, directors of all manifested form • Guides, teachers, companions of man • Guardians of man's spiritual consciousness & body • Supervisors of man's thought forms • Relationships, responsibilities with man • Seven archangels • Communication with race of man • Luciferian forces



Seven rays of life • Seven steps of creation • Transformation of form • Planetary changes • Latter days • Rehabilitation of error • Judgment time • New heaven & earth • Manipulation of spiritual energy • Areas of evolution • Good & evil • Love reaction • Other realms • Integration of all kingdoms • Glossary of 145 New Age terms

MAN

Son of God • Co-creator with God • Christ consciousness • Nature, powers, functions • Superconscious, conscious, subconscious • Seven bodies • Seven aspects • Eternal life • Spiritual or light body • Spiritual evolution • Fall into matter • History, future • Next 3000 years • Governor of lower kingdoms • 144,000 elect • Transmutation



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