

MAIN



*A Rose is a Rose is
Love*



INVITATION

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MARK-AGE Meditations



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- Weekly worldwide meditation meetings for groups and individuals.
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- Presented and coordinated internationally by Mark-Age Networks (MAN).
- *Based on format of Mark-Age weekly meetings since 1960.*
- Topics include current hierarchal-plan news and information, activities of other participants, spiritual space program, Second Coming, spiritual analysis of current events, much more.
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MARK-AGE MEDITATIONS

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AGE OF AQUARIUS

M A I N

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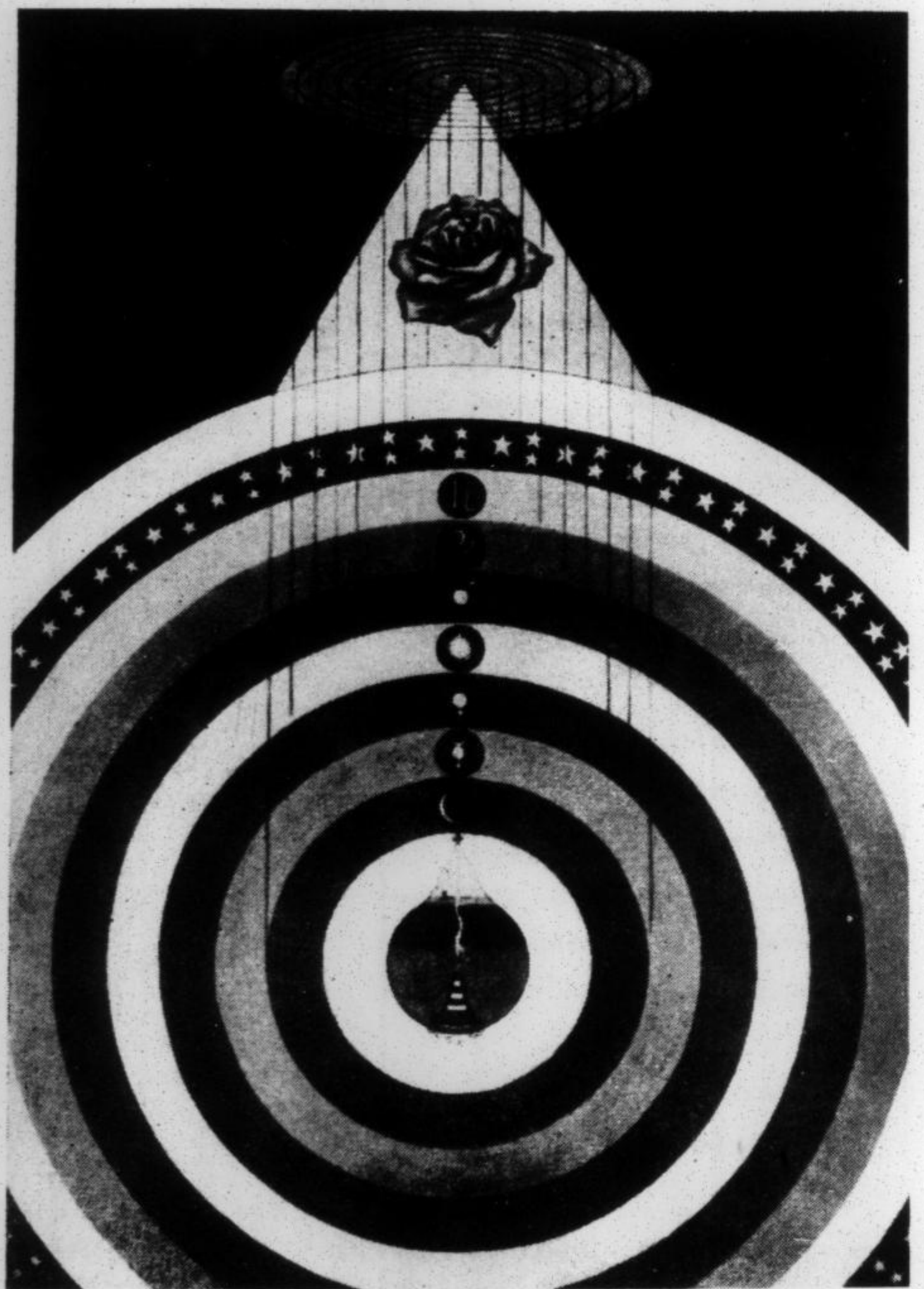
CENTER TEAR-OUT BROCHURE

Harmony of Mind by El Morya-Mark is a metaphysical interpretation of biblical references to male and female, husband and wife, as conscious and subconscious aspects of our one mind, governed by the Christ or the superconscious. Extra copies of this University of Life brochure are 20¢ each.



Above: Sketch by William Blake (1757-1827) for Dante's "Divine Comedy." "What must be the expanse of this Rose to the farthest of its leaves?" The Queen of Heaven in glory is sketched at the top of the symbolic rose.

Right: A key to Dante's "Divine Comedy." As the soul climbs the seven steps of Purgatory it is cleansed of the seven mortal sins and ascends through the seven spheres. In the eighth the soul receives spiritual truths and in the ninth is absorbed into the celestial mysteries.





Symbology

A ROSE is a ROSE is LOVE

"The rose wherein, the Word Divine
made itself flesh..."

DANTE

"Symbolism," writes Jean Gordon in *Pageant of the Rose*, "is the visible sign of an invisible reality, a natural and universal language. In man's desire for beauty, inherent to a great or lesser degree in every heart, he found the rose came as close to his concept of perfection as any other material object."

Whereas, the lotus ranks second in popularity, with limited symbolic virtues, and grows in few sections of the world, the rose is first in symbolic usage for religious ceremonies, the rituals of secret orders and societies, the mysticism of writers, poets and painters in all countries and centuries.

In the mystical experiences of Nada-Yolanda, primary channel for Mark-Age, the rose has been used on several occasions to symbolize her eternal devotion and service to Sananda, whose last incarnation was as Jesus of Nazareth.

ART & MYSTICISM

One of the foremost mystical poets and artists of all time, William Blake, illustrated Dante's *Divine Comedy* by using the yellow rose to describe "The Queen of Heaven in Glory." (See: photo of his sketch.) The unfolded petal builds up into a pyramid, the center of which supports the divine Mother principle, represented by Mary in Christian theology. She is surrounded by

tiny angels, resembling bees.

In the religious traditions of the Orient, a mystic rose is found in an allegorical garden. The Brahmin paradise features a silver rose, in whose heart the Almighty resides. The emblem in Islam for Mohammed's eyes is the rose. According to Peruvian legends of the Garden of Eden, Eve sinned, not for plucking an apple but a rose. In the Mexican version of Eden, Eve is said to have gathered a rose.

Rudolph Steiner's use of the rose symbol is a black cross and a red rose for the cognition of the higher worlds. The founder of Christian Science, Mary Baker Eddy said, "The rose is as the smile of God, a monument of Deity."

SECRET SOCIETIES

The traditions of the Rosicrucians stem from secret societies using the mystical symbols of the alchemical and hermetic rose cross. The petals of the Rosicrucian rose in the center of the cross are twenty-two in number and represent the twenty-two letters of the Hebrew cabalistic alphabet.

Twenty-two has been symbolic in the Mark Age period and program, signifying the basic twenty-two links to multiply into the one hundred and forty-four light workers needed to demonstrate the spiritual, fourth dimension vibrations for the New Age.

The seven rose petals in the middle of the Rosicrucian symbol represent the seven (then) known planets and the seven double letters of the cabalistic alphabet.

Mark-Age is known as the Unit #7, representing the seven rays, seven chohans and the seven archangels governing this solar system.

The three inner petals of the rose represent the trinity and three of the elements: fire, air and water.

During the persecution by the church and the state of those secret societies, the rose was used to symbolize the female or wisdom-love aspect, with the cross used as the male aspect.

Francis Bacon introduced the symbol of the rose as having Masonic significance, while German philosophers

state that the actual source of Freemasonry comes from the secret Society of the Rose. This flower is the central figure in the eighteenth degree of the Scottish rite of Freemasonry.

CHRISTIANITY & THE ROSE

After the death of Jesus, the rose was the accepted symbol for Christianity: five petals of the red rose as the five wounds in the crucifixion; the white rose symbolizing the virginity of Mary.

Since the fifth and sixth centuries there have been repeated legends, miracles and experiences with the rose, surrounding Christian saints and martyrs, including the following which were outlined by Jean Gordon.

St. Benedict at Subiaco in Italy; St. Francis of Assisi; St. Lucian, in the first century; St. Aldric, Bishop of Maus; St. Agnes; Germana or Germaine; St. Elizabeth of Hungary; St. Cecelia, patron saint of musicians, and her betrothed Valerian; St. Dorothea and Theophilus; St. Rosa of Lima, Peru, patroness of America; St. Bernadette of Lourdes; St. Teresa, the Little Flower of the Carmelites; Gandolf, priest of Milan; Nicholas Rubinstein, the Russian pianist, whose father wrote about the cabalistic and Rosicrucian principles under the pen name of *The Ruby Stone*.

According to legend, Joseph of Arimathea carried a staff of the hawthorn (in the family of the rose, and supposedly the thorns placed on Jesus' head at the crucifixion) to England. When he thrust the staff into the ground where a church was to be built, it promptly took root. In the present town of Glastonbury it still blooms every Christmas.

Did you ever wonder how the first rosary came into being? This is another legend concerning a monk who prayed to Mary, daily offering her one hundred and fifty roses. When a band of robbers attacked him, Mary is said to have appeared in a heavenly light which enveloped his kneeling, prayerful figure. From his lips she wove a garland of one hundred and fifty roses, then disappeared.

Not a legend is the so-called miracle through Juan Diego in Guadalupe, Mexico in 1531. On his way to mass

he saw a white cloud float down and turn into an arc of scintillating light which sent out the colors of the rainbow. In the midst of this appeared Mary. To prove her appearance to Bishop Zumarraga, she had the peasant carry a cape of roses from a hill, which previously always had been bare. When Juan opened his cape in the presence of the bishop, the coarse fabric had an imprint of the full figure of Mary, which to this date baffles scientific investigations as to its origins.

Mary's appearances in the last one hundred and fifty years are covered extensively in the Mark-Age *University of Life* brochure, *Mary Heralds The Second Coming* (25¢). One of the mystical experiences outlined in that concerns the visions at Fatima, where Mary appeared to three peasant children in Portugal in 1917 amidst a shower of rose petals.

Another experience with Mary and roses in our modern times occurred in September 1948 in Lipa, the Philippines. For fifteen consecutive days a Carmelite nun was instructed to place a statue of Mary in the garden of the monastery and to recite a rosary there every day. When this was completed, rose petals were found strewn in the cells of the monastery or on the staircases. These petals showed a faint outline of the Virgin.

EXPERIENCES OF NADA-YOLANDA

Although Nada-Yolanda of Mark-Age had no preconditioned knowledge of the symbology of the rose, in religion or mysticism or occult literature, her earliest visions with Jesus and Mary involved the rose. The following are excerpted from booklets published by Mark-Age.

November 9, 1957: (From Yolanda's spiritual diary, *Into The Fourth Dimension, Vol. 1, page 14*). Yolanda was lifted into a cloud of Spirit essence by Mary and Jesus, where they showed her the powers of transmutation.

"Jesus turned himself into a beautiful, long-stemmed, red rose. Then he manifested his face in the blossom of the bud. I (Yolanda) completely transfigured,

becoming a transparent glass vase. "Oh Mary," I said, "I love him so much, with all my heart and soul!"

With a sweet but mysterious smile she presented me with the crown of thorns. Then taking my hands, which were not really hands at that moment but part of myself as the glass vase, she placed the rose in them. The thorns cut into my hands, though they were the substance of glass, but without hesitation I pressed the rose to my bosom. The pain was pleasure to me. Any close contact or sensation with the magnificent red rose, which I saw only as my beloved master, was desirable."

December 25, 1960: (Into The Fourth Dimension, Vol. III, page 106). Mark and Yolanda celebrated Christmas Day at Crandon Park, Miami, Florida. There she had a vision of the high Self of Mark (El Morya), Jesus as Sananda, and her higher Self (Nada) "transmuted into three white roses, tinged with delicate pink, on one stem rooted into the Earth plane."



The Archangel Michael, in his hierarchical role as Katoomi, titular head of this solar system, spoke to all three of them: "You each have the highest regard for for one another, based on the trust and the knowledge of his true high Self identity. Until this lifestream, you had not experienced anything but this relationship. Therefore, in meeting this time, instinctively you recognize and expect only the Christ in one another....

Trust each other fully, here is your strength in union. Now you remember and know who and what you are: Christ or love in action."

December 29, 1960: (Mark-Age Roles & Missions, Vol. I, page 17): Four days later, Jesus explained to Mark and Yolanda the symbology of the three roses on one stem.

"When we became welded, three in one...and it was told unto you that it (*the rose symbol*) would go forth into the cosmos, a symbol and a sign of union between Mark Age, Yolanda and I, Jesus of Nazareth, it was not for this work only, but for all work to follow hence-

forth. We have been bonded similarly before, but this is a unique and new bond for communication and service; one for the other two, each for the others, in the greater glory and for the greater glory of God."

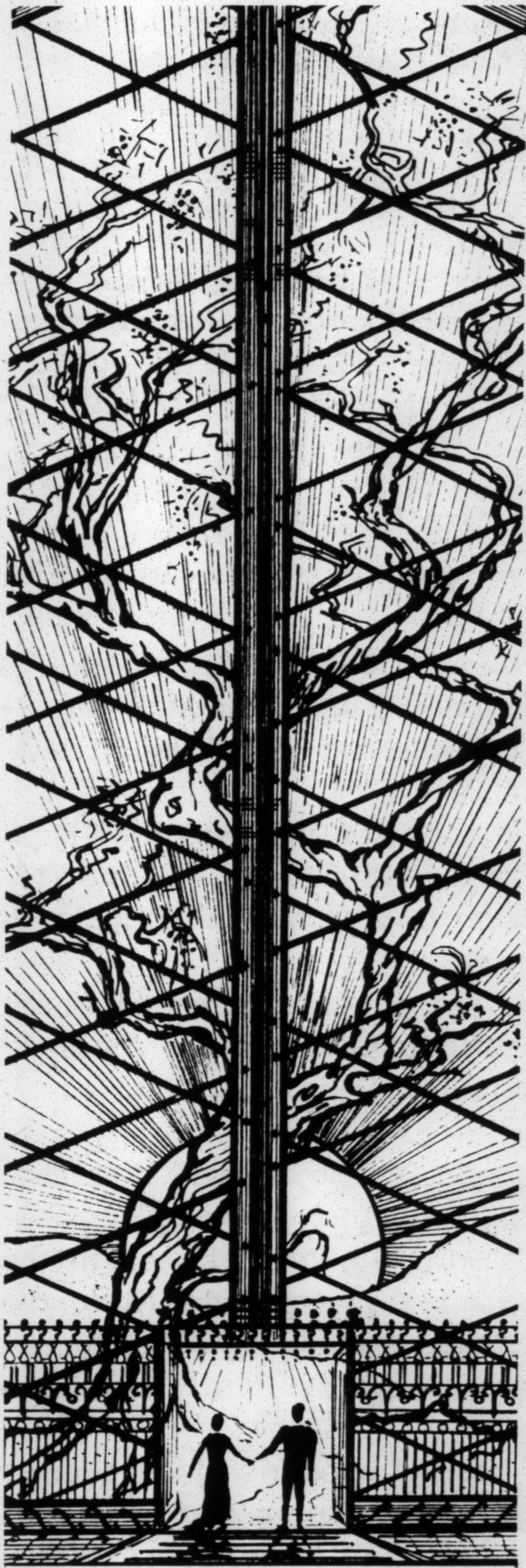
January 6, 1961: (Mark-Age Roles & Missions, Vol. I, pages 21-22): Jesus expanded on the theme of the three roses on one stem, introducing the trinity demonstration which the three of them as Sananda (*superconscious*), El Morya (*conscious*) and Nada (*subconscious*) had chosen from the etheric and in their Hierarchal Board roles to demonstrate for the masses in the end days or the Mark Age period and program. (See also University of Life brochure in this issue, *Harmony of Mind*, regarding the three phases of one Mind.)

"The rose branch with the three buds is a reality in Spirit. What is a reality in Spirit is all that is real. Though you may be in the consciousness of understanding what is physical or three-dimensional, and find it difficult in grasping and holding on to that spiritual expression, it nevertheless exists and operates.

"The three rose buds on one stem reaching down with its roots into the Earth plane existence or into the third dimensional plane shall be known throughout all the coming history of this coming race in this present solar system. Can you comprehend the extent of time and energies this expends? No, not in the mortal vehicle. I can see it. I know its full potential. I tell you it is fact.

"Where one of us is, the other two must be in consciousness. This was decreed before you stepped into this present life experience. However, it could not be made manifest unless the two who are one in Mark-Age could step down into the physical vibration for the first time, find each other, recognize each other and accept each other in that vibrational environment."

Background research on the symbolism of the rose, plus interesting and valuable information about the rose as a healing herb and its use in art, is found in PAGEANT OF THE ROSE by Jean Gordon, Twayne Publishers, 31 Union Square W., New York, N.Y. 10003.



LOVE & MARRIAGE in the NEW AGE

This New Age view of love and marriage, the male-female relationship within a family unit, is excerpted from the soul intunements of Nada-Yolanda of Mark-Age for those spiritually oriented couples who either are leaders in their own fields or who contemplate running of spiritual organizations and study groups.

Yolanda does not accept any commissions for soul intunements, as they are directed through her own I Am consciousness or by the higher Self, I Am consciousness, of the individuals involved. At other times, the Hierarchal Board of our solar system directs the soul reading for persons who are performing special hierarchal missions.

Art: MARJORIE DAVIDSON-SMITH

Nada, as a member of the Karmic Board of this solar system, is especially qualified therefore to give such soul revelations.

This entire Love and Marriage in the New Age section is an excellent companion piece to the special University of Life tear-out brochure in this issue, entitled Harmony of Mind.

In fact, this whole issue of MAIN is designed for teaching Seventh Ray (divine love) aspects as they relate to the Third Ray (personal love) expressions in family situations and for soul missions on Earth in this Mark Age period and program.

KARMA TO BALANCE UNLEARNED ASPECTS

The part of the female in relationship to the male in union (marriage) is that of subordinate in the mental-physical aspects, but dominant in relationship to the emotional-spiritual aspects.

Therefore, when this balance is not understood or kept, we have adjustments to make in the single unit (the individual) and in the family unit (several or more individuals in collective, group consciousness).

That means conditions are set up and condensed which require new alignments and situations to reduce them to proper and functional fundamentals. Here are some cases in point.

In one incarnation, a woman is not allowed dominant control over emotional-spiritual guidance where she naturally feels and expresses it. Then, in a later life or in the very next life, she overcompensates or expresses it to the point sometimes that it is not balanced, clear, or fully enjoyed by the others in her group, unit or family relationships.

In the case of a man who has not used his discretion or balance in matters of dominant will or appreciation of action or leadership within his whole unit (a lack of decision in such a case where it would affect all the others in the

unit equally to himself), he would find in a later life that the will or the decisions could be removed entirely and that he is subject to the wills, desires and actions of others.

Thus we see the law of cause and effect, karma, balancing out thoughts and feelings, and the science of mind energy, as allocated to each one in each life pattern.

As husband and wife, therefore, you must give as much appreciation to each other one's function, to the best of your ability and understanding.

But you may not interpret this to say that individually you have no power or will. However, you may understand this to mean that each is interrelated and important to the other. A fair and equal opportunity to each one's *functions* within the whole unit is absolutely required, because you cannot move into God consciousness without this balance and equal opportunity.

See then that the whole is the sum of each of its parts. This is truth, and is the purpose for marriage, family life and sociological structures. All are being explored in all the different levels. All are allowing for separate needs and functions within the family unit.

Channeled by Glo-Ria for IHH; January 14, 1969

TWIN SOULS COMPLETING EONS OF INCARNATIONS

TWIN SOULS: as an individual soul develops, it expresses in male and female embodiments. Eventually it will begin to gravitate toward either male or female for its expression in the Christ realms. While so developing, Spirit guides another soul toward the opposite polarity along the same path. Thus when one enters the Christ realm as a male polarity, there will be one of female polarity to complement and to supplement, with the same general background and abilities. Thus each person has a twin soul. But this term does

not mean one soul was split, to gain experiences, and then eventually merges back into oneness. Twin souls are two separate individualities at all times.

Mark-Age Glossary

This husband must go through the cleansing of the past and must recreate the situations so he can reenact the role that was intended originally in the days when Atlantis fell.

His present wife has accepted the same responsibilities as a twin soul and as a counterpart in his spiritual works, but has not the same development or interests.

Her soul evolvment must be entirely different. It has been for eons of time before this, and it must continue to be so in different areas of spiritual service. But the two must work as one, or for the same spiritual program.

They each and both together must realize that the most difficult lessons have been completed; that for six thousand years of past incarnations (the total history pattern is not entirely necessary or essential in understanding the present crisis), as twin souls they have had to arrive at this point (Mark Age period and program) where they are (in conflict, seemingly) at this moment.

Accepting and working with this truth is all that is necessary for the actual manifestation and the corrections of the problems in this marriage. Then, when each one and together as a unit they resolve their differences in approach and service to the spiritual program, they will be able to affect, as a joint team, other spiritual units in the program, and larger areas or group consciousnesses, eventually a whole planet and solar system.

Their work together truly can begin as of this time. But each must consider him or herself single and alone in his or her soul evolvment, development and service. Until this can be done — and this still could take another two to four years — they will be interlocked. Meanwhile, inroads may be needed to complement their self-expressions and their present lack of higher Self control over their affairs.

The Self or the I Am needs the strength which only can be obtained by the lower or mortal personality self-control and counterbalances.

This they can give one another until they each can reach that total understanding and independence of the higher Self in action. Then they should be able to say to each other that they finally have accomplished what they set out to do as higher Self identities twenty-six thousand years ago, when this present hierarchal period and program was initiated for this Earth planet.

SCB; October 30, 1969

NO ESCAPE FROM UNIFICATION

SOUL MATES: Those with whom an individual has had close and favorable association in one or more lifetimes. Each person thus has had many soul mates, but does not incarnate with or come into contact with all of them during any one lifetime.

Mark-Age Glossary

You two have been soul mates and have had incarnations as brothers, as husband and wife, as sister and brother; many interweaving relationships. These companionable ways reflect in this lifetime and marriage, therefore expressing in extraordinary similar interests and desires.

The past brings you two to the present, so that now you are traveling together as a joint spiritual unit. Therefore, what one does affects the other. Even in thought you have to be very much aware that what you think immediately affects the other partner, whether one of you consciously expresses it or not.

The deeper we delve into spiritual truths the more we unfold of our inner Selves, the more the veils that separate mortal from immortal expression are ripped away, thus the clearer it is to channel our thoughts and feelings to one another.

The partner automatically picks up and automatically reacts to what may be thought, felt, or could even be unsuspecting aspects in the other. Your subconscious cleansings are revealed to the partner whether expressed outwardly or not.

The further we travel in this Mark Age period and program, which is the cleansing and purification time for all souls incarnated on the Earth, the more we realize that there are no doors that can be closed to the other's consciousness, there are no private thoughts and emotions which are not telegraphed through the superconscious and the subconscious aspects of the mind. Everything is broadcast out, whether we like it or not, whether we want it known or not.

All of us in the spiritual Mark Age program working on the same wavelength have to help one another, to align with one another, to balance the cleansing aspects with the higher I Am decreeing and visualization techniques, to bring about coordination and cooperation between light workers. The light workers incarnated on Earth now are, in essence, soul mates for eons of time.

KRB; December 29, 1972

WIFE REFLECTS HUSBAND

As a team, this husband and wife reflect the inner and the outer, the positive and the negative, the conscious and the subconscious.

She is reflecting subconsciously through her body vehicle a problem that exists in the team, and in the conscious aspect of the team as a unit.

There is an unusually close unification here, a truly spiritual acceptance of the team work for this family unit, as far as their enacting a positive-negative polarity (Father-Mother God principle in action) for their children, and as part of the New Age demonstrations for all light workers and the masses during this Mark Age period and program.

As light workers, they volunteered to come into this planet during this cleansing period, to demonstrate unified coordination of two or more souls in loving action and cooperation. This whole family unit is aware of their New Age roles.

But they as the parents must go back and clarify and restructure the foundation of this family unit, the positive-negative polarity upon which their father-mother, husband-wife relationship rests.

In this case, the conscious part of the team, through the husband-father, is reflected in the subconscious part of the team, the wife-mother. Therefore, it must be accepted that her physical body problems are a reflection of the unit's team work. There is an imbalance, a dis-ease, in the team.

Unfortunately, this revelation is going to cause more guilt on her part, guilt which she feels for having this big problem. But that is a totally erroneous attitude. The subconscious member, played out by the feminine aspect and in the physical body of this wife-mother for this family unit, is sacrificing her body condition by reflecting in her outer physical form what needs to be corrected by the two as foundation for the family as a unit; really, a New Age spiritual unit in action.

These metaphysical and mystical concepts are fully known and intellectually accepted. But they are not lived fully as yet. This is equally true in all light workers and spiritual units around the world during this Mark Age period and program. They have the concepts, the signs, the symbology intellectually understood, but are unable as yet to manifest them for the masses as a unified demonstration of linking together and acting as one coordinated whole.

Regardless of how painful the imbalanced body conditions, the inequality in finances, the horrendous problems confronting the family of man at this present time, they are temporary. The light workers, which this family unit consists of, must look at these things from a highly impersonal, objective, I Am viewpoint. The problems we speak of are dramas being enacted for our observation and correc-

tions. They are games we are playing.

This spiritual unit or team has to look at their problems, manifesting in this team-family, in just that spiritual consciousness. They all are perfectly capable of doing that because of their past spiritual development and their present acceptance of the program. They are setting an example for the masses; they are a prototype, a parable for others.

The wife-mother, playing the subconscious role for the others, is like a mirror. This mirror reflects whatever is in the conscious, active mind or role. The individual playing this role of subconscious has an extremely delicate mental balance to maintain, because she not only must accept the fact that she is a reflection of her own thoughts but that she also is a reflection of the husband's and the children's thoughts.

That is why her impersonalness and I Am view must be ever more accentuated and held. She must think of her own body, her own emotions, her own thoughts as not always being the reflection of her own personal karma and condition.

She has to come to discern which thoughts and emotions are her own to work on and to control, and which are those which come from the husband-father and the children inside this family team. In addition, many things coming to such a subconscious role player come from the masses, as they too are part of us in the whole family of man.

JRR; March 6, 1973

TWO ON POSITIVE POLARITY

The wife's mission is very forceful and direct in nature and purpose. She is masculine in nature. Her spiritual energy is on the positive, action side; one who will initiate actions in this team and family, rather than as a passive, receptive polarity.

Likewise, this is true of the husband, whose soul mission is on the positive-action polarity. Thus we have two

souls on the positive, masculine vibration who create a force field that must attract to it a corresponding force of feminine receptivity.

The universal law of cause and effect, action-reaction, requires that the *action* instigated by this forceful combination and spiritual team must bring about an equal response in *reaction* from an outside source.

While these two souls intertwined here for a single spiritual purpose and mission create an outer force or *cause*, certain *effects* in their immediate world must automatically occur.

If they prepare properly via their Oversouls or I Am Selves through reading, meditating, praying and decreeing together, they never will be in conflict. But because they both are of the same polarity, there could be strain and stress between the time of one's decision and the ramifications of the same on the part of the other.

Therefore, they both must wait until they learn how to coordinate and to align themselves, until they learn the other's timing element, in making their decisions and in bringing about overt action for the spiritual goals and reasons.

Then they will see how the feminine or the reaction forces come into their orbit. It is necessary for them, as the masculine-action force, to remain poised and faithful until an equal reaction (different people, different groups, different responses) to their positive force comes into their scene for them to work with.

To clarify: two plus signs or positive, overt forces must expect an equally balanced negative—feminine response, to complete whatever action or mission is to be performed. Therefore, feminine souls or conditions will come into the orbit of this combined masculine force field to bring into manifestation what already has been received through them for the proper spiritual action to ensue.

RWW; July 1, 1967

(continued on page 19)



**MARK-AGE
BROCHURES**

University of Life Series

HARMONY OF MIND

MALE AND FEMALE

GENESIS 1:27: — So God created man in His image, in the image of God created He him; male and female created He them.

Although this statement concerning man's nature and makeup reveals more than one significant truth, we here are considering only that which has to do with his phases of mind and their proper relationship within his individual being.

Thus, although this scripture has profound meaning to spiritual, mental and physical man, we shall examine the mental here. This will reveal the divine harmony of man's mind and will give divine authority for the proper exercise of control by each individual.

Each of the seven scriptural quotations discussed here will disclose immediately its full significance when just several word substitutions are made.

For *male, man* and *husband*, substitute *conscious mind* or *will*.

For *female, woman* and *wife*, substitute *subconscious mind* or *soul*.

As we will see when examining I Corinthians 11:3, this gives us the finite relationship, represented by the two aspects of infinite Trinity: the Father and the Holy Spirit, or Divine Mind and divine law. Man's counterpart, made in God's likeness, is his will and his soul.

The message thus stands out in amazing simplicity and clarity. The function of the conscious mind, or will, is to speak the word, while that of the subconscious mind is to see to the fulfilling of that word, as well as to maintain contact with Divine Mind, as a two-way channel between God and man; also, to maintain the body in perfect working condition. This has been well known. But the divine plan and authority for its proof in the scriptures has not been noted or stressed sufficiently.

While it has been known that any variation from this

pattern of harmony results in varying degrees of mental disharmony, the proper spiritual treatment, as given by the Holy Bible, has not been recognized. A study of these treatments as given by Jesus, Paul and Peter will enable one to "cast out demons" properly, thus restoring the true mental balance and harmony.

Let us see what light is revealed when these substitutions, plus several others, are made in the following passages. The remaining quotations are taken from the inter-linear translations of the original Greek of the Vatican manuscript #1209, as found in the *Emphatic Diaglott*.

MARK 10:6-9: — But from the beginning of creation a male and a female He made them. 'On account of this shall a man leave his father and mother. And the two shall be into one flesh.' So that no longer are they two, but one flesh. Then what God has joined together, man disunites not. Jesus

The male and female principles inherent in one individual, either man or woman, as disclosed by both of the preceding quotations, are more clearly understood if we realize that *them* in these passages refers to many such individuals, as both male and female polarities or aspects in one person; not meaning many persons, with some as male and some as female. Perhaps this would be clearer if you substituted *him*, referring to generic man, for *them*.

There is one significant point revealed by the first line of this passage, but as it is not directly related to this lesson it just will be noted. That is the word *a* instead of *the* in the phrase "from a beginning." The Greek definitely does not say *the*, and this is true also in John 1:1.

Therefore, what commonly has been interpreted as a statement referring to the beginning of time is not so meant. Rather, it refers to this particular creation of this plane of human consciousness known as our universe.

This long has been known by metaphysicians who realize the story of creation as given in Genesis is not only how God creates on an infinite scale, but also how we create on

our finite and worldly scale: "in a beginning" or "in beginning" anything that is to be manifested.

"On account of this shall a man leave his father and mother." For, "in a beginning" (at his birth) a man "shall leave" (as distinguished from an individual, a distinct personality, within Divine Mind) "his father and mother" (his Father-Mother God Creator).

"'And the two shall be into one flesh.' So that no longer are they two, but one flesh." The conscious and the subconscious are united as one mind within the body. They are not two separate minds, but one harmonious mind with different functions in the same body, representing a single personality or man.

"Then what God has joined together, man disunites not." God has given us a sound mind, a peaceful and harmonious mind. Let man know this and not disrupt this harmony by upsetting, or by letting be upset, the natural balance.

This is the function of the will. It should sift all thoughts entering into one's mind, either consciously or subconsciously, by reeducation and by allowing the cleansing action of Holy Spirit to eliminate all thoughts that are already in, or seek to enter, the subconscious; that is, all thoughts that are not from God. Jesus told us this in the parable of the thieves who could not break into the strong man's house (mind, body) until they had bound him (his will).

PROPER INTERPRETATION OF WIFE

EPHESIANS 5:21-33:—21. submitting yourselves to each other in fear of Christ: 22. wives to their own husbands as to the Lord; 23. because a husband is head of the wife, even as Christ is head of the congregation; he is preserver of the body. 24. But as the congregation is subjected to Christ, thus also wives to husbands in everything. 25. Husbands, love your wives even as Christ also loved the congregation, and delivered himself up on its behalf, 26. so that he might

sanctify it, having cleansed in the bath of water by a word; 27. so that he might place the glorious congregation beside himself, having not a spot or blemish or any such things, but that it might be holy and blameless. 28. Thus are husbands obligated to love their wives, as their own bodies. 29. He who loves his wife, loves himself; for no one ever hated his own flesh, but nourishes and cherishes it, even as Christ the congregation; 30. because we are members of his body. 31. On account of this shall a man leave his father and mother, and shall be closely joined to his wife, and the two will be into one flesh. 32. This secret is great, but I speak about Christ and about the congregation. 33. But also every one of you, let each one love his wife as himself; and so that the wife may reverence the husband.

Ephesus symbolizes the building center or faculty of man, and corresponds to that faculty represented by Judas Iscariot, the life conserver.

Note the last clause of line 23 in this scripture: "he is preserver of the body," wherein we are told that we are being instructed, in this epistle, in such body rebuilding and preservation. The recognition and the maintenance of the proper divinely given mental and spiritual harmony are of primary importance to one's spiritual regeneration, as well as to his mental and physical preservation.

This scripture is one which has been misapplied so, by being limited in interpretation by man, that untold millions of wives, and subsequently families, have been denied full expression of their God-ordained freedom, having been subjected to various degrees in ways never intended or even implied by Paul.

Yet, Paul sought to avoid this by lines 32 and 33, where he specifically points out: (1) the preceding discussion (lines 21-31) did not apply to marriages, but rather to a spiritual principle, and (2) although this message was not meant to apply to man-made marriages, nevertheless it is well for both husband and wife to love each other, and for the wife to reverence the husband.

However, no command is given in these two lines to the wife to be in subjection to the husband. So, let us see to what Paul referred when he said: "This secret is great, but I speak about Christ and the congregation."

Before examining this passage for its spiritual message, let us once more look at line 32, for it gives the clue to the meaning of the entire passage. You must remember that Paul is speaking here of Christ as the Christ indwelling each of us, the I Am within everyone, not just Christ Jesus as a specific, external personality. *Congregation* refers to a group of thoughts, particularly in this message to religious and spiritual thoughts.

Now we need only remember that we are being instructed in the proper harmony of man's mind and the thoughts (congregation) therein (the body); further, that man is a trinity of spirit, intellect and soul, or of Christ, conscious mind (will, *husband*) and subconscious mind (soul, *wife*). These are the Christ, the husband and the wife that Paul speaks of, with their resulting congregation (thoughts) in the church (body).

Conscious and subconscious minds (or rather, phases of the same mind) owe to each other those duties and functions ordained to each, and are not to usurp control over functions designated to the other.

For example, the conscious mind is the one that should make decisions relative to the action of the individual as a whole, such as what to say, where to go and what to do.

In like manner, the subconscious mind has such specific functions as control of the body when asleep, of repairing the body and keeping it in proper working condition, and adjusting the body to varying external and internal factors, such as heat and emotion.

One prime example of such harmonious working according to divinely ordained pattern is the operation of the body. The conscious (will) makes a decision relative to performing a certain act, after which the subconscious (soul) transmits that thought into the proper electrical, chemical and mechanical impulses necessary to have the body perform that action.

It is not the right of the subconscious to question that order or to disobey. And the conscious mind is not able to tell the subconscious how to perform those actions. So, under the silent watch of the inner Christ, each must perform or function as ordained, not attempting to replace the other.

The latter part of line 22, "wives to their husbands as to the Lord," will be more clear if you insert *the same* before *as*. Thus, the soul answers to both the Christ and the will, to the spiritual and to the intellectual in man.

Nothing but God's good comes from the Christ. But listening to only the intellectual, when it is not spiritually illumined, causes man his troubles.

Line 23 is one of Paul's statements that, due to misinterpretation, so long has caused unnecessary and improper hardship to wives and to women in general. Paul is telling us something that is vitally important, but not what has been imagined.

Making our word substitutions, Paul really said: "because the conscious (will) is head of (has authority over) the subconscious (soul), even as the Christ (spiritual I Am Self within) is the head of (has authority over) his thoughts; he (the will) is preserver of the body."

PROPER MANIFESTATION

With the Christ mind in charge of his spiritual thoughts, the intellectual mind must employ properly his reasoning powers and his will so as to instruct the subconscious in the proper things to be manifested in the body so that the body will be preserved as a medium through which the entire man can operate on this plane of existence.

If the conscious impresses negative thoughts of lack of health and of specific or general ailments and body deficiencies, the subconscious automatically sets about to record such impressions (actually commands) as conditions of the body.

But the conscious also can impress only positive

thoughts of God's perfection for his body, and the subconscious then will record (or will not superimpose upon) God's perfect life throughout the body.

- A significant directive is embodied in these words of Paul, for the wife's own husband (soul's own conscious mind) is to be the one giving such impressions. We have the conscious power to be the only intellect that gives these impressions to our own subconscious.

We have the right to say that no negative thoughts of any one else or of the race consciousness may cause our subconscious to record any condition other than health in our bodies. That directive may be given as a standing order to the subconscious mind, not only as concerns negative outside thoughts of health but *as concerns all thoughts not initiated or not accepted by the Christ or the conscious minds*. In this capacity we can more fully act as the preserver of the body.

But, as noted before, the intellect is not always dependable. One cannot expect that the subconscious will manifest only in truth if the commands given by the conscious are not in line with the principles of truth.

The subconscious mind, or soul, is the initial link with the Christ mind, but it is also subject to the intellect. So, although the soul may know that a certain thought of the intellect will produce an error condition, its function is not to argue.

However, as intellect recognizes truth and seeks to be guided by it, his soul will receive more and more proper thoughts, and man's heaven will draw ever nearer. Then he reaches the point where he realizes he may not know always consciously the proper thoughts to submit or to reject.

He then can issue a standing directive to his subconscious that it be guided by the indwelling Christ mind, asking that "your will, not mine, be done." Then, as he reaches the unfoldment where the Christ mind and the intellectual mind become one, he has accomplished what Paul tells about in line 24: "as (when) the congregation (all our thoughts) is subjected to Christ (spiritual man within)."

When every thought is thus based on truth only, we truly will benefit by the subconscious acting on our conscious thoughts: "thus also wives to husbands in everything."

DIVORCE

This is an appropriate time to call attention to, without discussing, biblical references to divorce. You may now see why there should be no separation or *divorce* of the subconscious and the conscious phases of one's mind.

This *marriage* was made in heaven, and neither an improperly performing conscious or subconscious should be cast out or disobeyed. For the time will come when, as noted in the Bible, a husband or a wife (conscious or subconscious) may be the means of the other's salvation. Both Jesus and Moses used this spiritual meaning when referring to divorce, distinguishing between God-made and man-made marriages.

The rest of this passage becomes self-explanatory when the substitutions are made for husband and wife. Note especially the boldness with which Paul reveals this message in line 29: "He who loves his wife (soul or subconscious) loves himself; for no one ever hated his own flesh."

Before going further, it may be well to anticipate your question as to why husband and wife were used to represent the conscious and the subconscious minds. It is simply that the latter terms were not coined as yet, and the idea of two minds was not known. So, in cases where there is as yet no adequate conception of a new idea, and therefore there are no words to convey the meaning of such an idea, symbolism must be used, in terms of something familiar to those hearing the idea.

COOPERATION

COLOSSIANS 3:18, 19: — Wives, submit to your husbands, as has been proper in the Lord. Husbands, love your wives, and be not embittered against them.

Again Paul tells us that the subconscious (wife) is to submit to the conscious (husband). But line 19 gives us a relationship between conscious and subconscious that all students of the mind would do well to contemplate.

It long has been taught that the subconscious is like an animal, as regards intelligence and emotions. We have been told many ways to subdue and to train the subconscious, almost in the same manner we would an animal. The subconscious is supposed to be unreasonable, to refuse to cooperate, to delight in playing tricks on the conscious, to withhold information, to be careless about the welfare of the conscious mind or the body, to refuse to be serious, and so on.

All of this may seem to have some basis in fact, but that is not its nature. It has many false impressions registered upon it, and many confusing and contradictory ones. It does its best. But some things are impossible, such as fulfilling both the negative and the positive phases of the same request.

What happens when results do not seem to coincide with the supposed request? The subconscious is accused and various degrees of abuse are heaped on it. Does that help matters any? If we recognize the subconscious as possessing of intelligence and of being the seat of the emotions, how can we expect such unfounded attacks on it to have no effect?

Shall we say that the part of the mind which controls the emotions has no feeling? How much closer would the conscious and the subconscious be if the conscious would attempt to search out the cause of failure rather than to pass the blame. How much more would be accomplished if, as Paul advises, the conscious loves the subconscious (soul) and is not embittered against it.

So, let us stop underestimating, insulting and condemning the subconscious in any way. If desired results are not forthcoming, try accepting the responsibility consciously, and with love and kindness seek the aid of the subconscious.

COVERING THE HEAD

I CORINTHIANS 11:3-12: — 3. But I wish you to have knowledge, that Christ is the head of every man; but of woman, the man; but head of Christ, God. 4. Every man praying or prophesying having something upon the head, disgraces his head. 5. But every woman praying or prophesying with the head uncovered disgraces her head; for it is one and the same it having been shaven. 6. For if a woman is not covered, also let her hair be cut off; but if it is a disgrace to a woman for the hair to be cut off or shaven let her be covered. 7. Indeed for a man it is not fitting for the head to be covered, being a likeness and glory of God; but a woman is man's glory; 8. for man is not from woman, but woman from man, 9. for man was not created on account of woman, but woman on account of man. 10. On account of this is it fitting for woman to have authority on the head, on account of messengers. 11. But neither woman without man, nor man without woman, in the Lord. 12. For as woman from man, so also man through woman; but all things out of God.

This is another message of Paul's that, for lack of spiritual understanding, has been misinterpreted in a preposterous literal manner. Granted that confused translation has helped to foster this, it is going too far afield to declare it a mortal sin for a woman to be in church without a covering on her head.

This is in direct contradiction to what Jesus taught about the outside of a man being unimportant, as compared to the inside, or what he thought. Let's not become involved, either, with literalness by saying that a woman is not a man. In the generic sense, there is no distinction whatever regarding the entire personality.

Paul plainly tells us here that the spiritual aspect in man — I Am, Christ, — is the highest mind in man and has authority (the head) over the entire man. But this spiritual man or Christ mind is not supreme or alone in the universal divine plan. God is.

Within the individual personality, or man, the relative

chain of command is first superconscious (Christ), then the conscious (man), and then the subconscious (woman).

The complete relationship is: God (infinite Mind), Christ (divine Self within each of us), intellect (conscious mind, will) and soul (subconscious mind).

The infinite and finite parallel is: God (infinite knower) and Christ (infinite agent), as compared to conscious will (finite intelligence) and soul (finite agent).

As for the meaning of line 4, where Paul states it is a disgrace for a man to have something upon his head when praying or prophesying, it takes but little word substitution to reveal the proper interpretation.

"Every intellect or will (man) affirming (praying) or decreeing (prophesying) that covers or overrules (has something on) the Christ mind (his head), disgraces his Sonship (Christ, his head)." Let an unillumined intellect attempt to override the Christ within, to ignore his divine nature, and he disgraces his spiritual Self, created in God's image and likeness.

In like manner, line 5: "But every subconscious or soul (woman) praying or prophesying with the conscious or will (the head) having no knowledge of such action (uncovered, or apart from, out from under the authority of), disgraces the conscious (head), for it is one and the same thing; it having been cut off from the conscious (shaven)."

Inasmuch as the subconscious is to submit to the conscious, it may not act on its own volition regarding anything not divinely assigned to it, but must act only on the decrees of the will or of the Christ when it has been advised consciously to do so.

It is well to note here that the Christ mind does not interfere until the conscious becomes aware of the Christ presence and seeks its guidance. That is, the Christ does not interfere directly, although it may attempt to counsel the intellect through intuition when it is able to attract attention in this manner.

What is to happen when the subconscious does act on its own in unauthorized manner? Line 6 reveals the answer:

"Let her hair be cut off." Hair represents vitality, so the soul's vitality or energy to carry out such action is to be cut off.

Line 7 reminds us that since the spiritual man is the Christ, the image and the likeness of God, it is not fitting for intellectual man to act other than is spiritually proper.

But the soul is for the proper use of the will. Why is this so? Lines 8 and 9 explain: "For the will or intellect (man) is not from the subconscious or soul (woman), but subconscious (woman) from conscious (man), for the conscious (man) was not created on account of the subconscious (woman), but the subconscious (woman) on account of the conscious (man)."

The conscious personality (man) was created in God's Mind as a separate identity, with the right to use consciously as much of God's power as it could comprehend. The subconscious phase of this personality was given to this conscious mind as the link with infinite Mind (divine agent), or actually as conscious man's (will or intellect) use of Divine Mind, thus enabling him to have his thoughts manifested.

A further explanation is given in line 10. Since, according to divine plan, this method of the will instructing an obedient subconscious is the proper method of man's ideating and manifesting ("On account of this is it fitting"), the subconscious must not act independently. It must act only on the decree of the higher Self ("for woman to have authority on the head"), since divine ideas from God come through the higher Self ("on account of messengers"; *messengers* commonly translated as angels, representing divine ideas or agents in the Christ consciousness).

But neither the subconscious nor the conscious is to act independently in man, as indicated in line 11. For just as the subconscious acts on instructions from the conscious will ("For as woman from man"), so also the wishes of the will are performed through the subconscious ("so also man through woman"). "But, all things out of God": all ideas that are of reality (truth) are by and from Divine Mind.

SUBMISSION OF SUBCONSCIOUS

I TIMOTHY 2:11, 12: — In quietness let a woman learn, with all submission. But I do not permit a woman to teach, nor to assume authority over man, but to be in silence.

This passage needs no further explanation, once the substitution of *subconscious* for *woman* and of *conscious* for *man* has been made.

However, line 12 gives us a perfect spiritual treatment, with scriptural authority, for effecting mental cures where the subconscious has gained dominion over the conscious. Speak these words to such a person, being yourself fully aware that this is a prescribed treatment and one which the domineering subconscious must recognize as of divine origin.

I PETER 3:1-7: — In like manner wives, submitting yourselves to your own husbands, so that if some are disobedient to the word, through their wives' conduct they may be gained without a word, having seen in fear your pure conduct....7. Husbands in like manner, according to knowledge dwelling with the female as with a weaker vessel, bestowing honors as also being joint heirs of the gracious gift of life, in order that your prayers may not be hindered.

When the unilluminated intellect thinks in an erroneous manner, thus setting in motion error causes that can manifest only in error conditions, the subconscious should not disregard those instructions but should proceed to manifest those error conditions, exactly in accordance with divine law.

Then, when the intellect that is not thinking according to truth ("is disobedient to the word") sees that the manifested effects of his thoughts are not what he wanted ("through the wives' conduct": the manifested condition being the conduct of the subconscious), the intellect by itself

may come to understand that such conditions are the result of its own wrong thinking, and may seek the way of truth ("they may be gained without a word").

Such an intellect may so seek self-improvement through fear that continued wrong action may result in more failures manifesting ("having seen in fear your conduct": according to divine law of cause and effect).

Peter cautions us in line 7 even more clearly than does Paul in Colossians 3:19, as we noted earlier, regarding loving our subconscious and not being embittered against it. This message of Peter's is so startlingly clear that it cannot be improved upon. It is a perfect plan for the ideal marriage of aspects of mind within man.

When this plan is followed there need be no fear of subconscious blocks that prevent full cooperation between the conscious and the subconscious. Then the subconscious, which is our link with infinite Mind, will not block our prayers, affirmations, decrees and realizations from rising to Divine Consciousness.

Instead it will do all it can, which is far more than nearly everyone has yet realized, to aid you in your spiritual unfoldment as well as in your outer world. Remember, your soul is a two-way channel between God and you. Cultivate its cooperation in love, and your progress will be startling.

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The concepts of Christ or superconscious, conscious and subconscious aspects of the one mind of man are limited concepts designed for the metaphysical interpretations of biblical scriptures. As such they are presented for basic understanding of what have been gross misinterpretations of such scriptures.

For greater spiritual understanding of these concepts of aspects of one mind, please see the Mark-Age books Mark Age Period and Program, Evolution of Man, Angels and Man, and other Mark-Age periodicals.

*By EL MORVA-MARK,
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LOVE & MARRIAGE (continued from page 17)

ON ENGAGEMENT BEFORE MARRIAGE

As spiritually enlightened and dedicated souls, what is the real purpose in your joining in marriage? What are you to expect as a result of marriage?

A balance of male—female relationships cannot be achieved between two until there are an understanding and an attempt to balance the male and the female aspects within each one of the members of this team or marriage.

The female must observe the male's function, his attitudes, his personality, his growth, his thoughts, his decisions, his questionings. By observing the maleness within her own mate, she learns about the male or positive aspects inherent in each and every one of us.

Meanwhile, he is observing and analyzing the sensitivities, emotions, image-makings, wonderings that are characteristic of the female or responsive parts within himself, through her who enacts this role in outer manifestation for his growth and learning.

To have a balanced marriage or team, each member of the team must be balanced within him or herself. There are positive-male aspects and negative-female aspects in everyone. Balancing these out in conscious-subconscious mind control, in order to come into the true marriage of the I Am Self within, is the highest purpose of marriage on Earth.

Therefore, as you experience your conflicts and disagreements, recognize that you are learning different aspects about each other; but, more importantly, you are learning about another part of yourself which is not externalized fully in this incarnation.

That which you are doing for your individualized, personalized self in this manner, and also for each other, you then are demonstrating and patterning for other marriages. Eventually the whole planet will learn from these spiritual examples of New Age light workers and teams.

There are two marriages which take place within each one of us. The first is between our own conscious and subconscious aspects of mind. The second occurs when the

union of the conscious-subconscious or the male-female aspects is completed and totally harmonious. This is the spiritual marriage of the Christ Self with the mortal personality.

When the spiritual light workers on Earth realize they can portray various roles for one another and can learn from one another and can cooperate fully with one another, we will have a marriage of Christed ones leading the unenlightened masses to their true spiritual heritage and expressions. That will be the wedding of the one hundred and forty-four thousand light workers, awakened to the program and to their inner Self missions, coordinating and cooperating for a planetary upliftment.

This means that two enlightened spiritual program workers entering into marriage today have this added responsibility to the race consciousness and for establishing new racial patterns.

Marriage is for the purpose of bringing forth children into this Earth plane experience. Those who join in marriage, therefore, must prepare the proper vibratory rate and demonstrate the proper examples so the New Age children can operate comfortably and with success in this atmosphere and schoolroom we call *Earth*.

ARK; April 10, 1972

NEW AGE WEDDING VOWS

The following is a New Age wedding ceremony, created by two of our Mark-Age Family members who were married in a metaphysical church.

HE: All mankind is the Son of the Father-Mother God. It is this truth that all are coming to realize, to experience, and to demonstrate in this age of marks, this Age of Aquarius, this Golden Age into which we are moving. For indeed we are in the latter days prophesied in the Bible. Mankind as a whole is moving from a society and existence based on

personal, materialistic values to a society based on universal, spiritual laws and actions.

SHE: This evolution from a third dimensional awareness to a fourth dimensional understanding and manifestation is inevitable, and it shall be brought forth, for it has been decreed by the spiritual Hierarchy, the spiritual government of this solar system. This means that all individuals are to be united, are to be joined, are to be married to their own immortal, spiritual, God Self within them.

HE: God is. God is Spirit. God is Divine Mind. Out of the Divine Mind of God all things are created. Mankind is part of God's creation, each individual being composed of three aspects: the conscious mind, the subconscious mind and the superconscious mind. All parts work together, but each has certain basic characteristics. The conscious mind is that part concerned primarily with logical, rational, conceptual thought. It corresponds to the personality, the mortal identity of each being. It is the active, will aspect of the mind, and as such represents the male aspect of mind.

SHE: The subconscious is the storehouse, the memory aspect of mind. It functions as a bio-computer which stores and compiles all thoughts, feelings and actions of this life and past lives. As the recorder of all events, it corresponds to the soul of each individual. Since it is the passive, feeling part of mind, it represents the female aspect.

HE: The superconscious mind is the immortal, the God Mind in each and every human being. This level of mind is all-knowing, all-powerful, and everpresent. This is the high Self, the spiritual Self, the Christ Self, the I Am consciousness. It is the level of love, truth, peace and knowledge. In terms of expression, it is the light-body form, the resurrected body as demonstrated by Jesus the Christ, spiritual Prince of planet Earth.

SHE: Marriage takes place in many steps on several levels. First, there is a joining, a uniting, a marriage of the male-conscious mind with the female-subconscious mind within the individual. This brings about a balance of thought with feeling. It establishes a conscious acceptance of all that lies within the subconscious, weeding out all destructive thoughts and feelings as they come to the surface, and planting constructive, loving thoughts and feelings in their place.

HE: When the conscious and subconscious minds have been wed as one clear and cooperative unit, then the second step of marriage takes place. This is the uniting, the merging of the individual with the high Self, with superconscious mind, with the Christ Self. This merging, this uniting is what Jesus the Christ referred to when he said, "The Father and I are one." It is this marriage to the high Self that brings each person love, happiness, understanding and knowledge on all levels, and eventually leads to bringing forth the light body.

SHE: Marriage to the high Self, to the Christ Self, also brings the realization that each person has a specific function to fulfill while incarnated on the Earth. Two people of like mind, of common purpose, of sincere dedication to Spirit, come together and are wed as a cooperative unit, a balanced male-female polarity. This establishes a secure environment for spiritual growth and evolution. It also provides a strong united force field through which love, light and spiritual works may be radiated to all levels of life.

HE: Thus, marriage occurs on many levels. Today we are being officially wed one to another, affirming and confirming our dedication to Spirit and our love for each other. As a unit and as individuals we shall continue the marriage process within, joining conscious with subconscious; and then the uniting with the superconscious, the high Self. We are committed to bringing forth love, light and life in all that we think, in all that we speak and in all that we do. Amen.

THE CARE & FEEDING OF



ENLIGHTENED CHILDREN

PLACE IN TODAY'S SOCIETY

Quite often, due to a different beat, different vibrations, we New Age parents and teachers feel our enlightened children are socially out of the mainstream, very often due to their own choice. Good! Let them be by themselves if they so choose. It will help to keep their own vibrations clean and free from limitations and attitudes.

Regardless of appearances, these are not unhappy, lonely children. Sometimes they might be bored, which is something to be experienced. Remember, their inner awareness gives them different interests many times that do not always click with others. They are, for the most part, very complete and at ease by themselves and with themselves, something many adults find difficult to attain.

Where school work is concerned there are no hard and fast rules. At times there is lack of interest, which shows up in low or poor grades. Please judge your child according to his own abilities and not those of his classmates, or how his brother or sister did at his age.

School is fine for helping the child discover the limitless areas the mind and the physical brain capacities can reach for and cover, for aiding and guiding the child with discipline in both himself and others.

However, that is an ideal situation with schooling. Far too often public schools are merely glorified baby-sitters, with emphasis placed on rote learning, passive reactions,

and the need to clear the classrooms at the end of the semester for the next group.

Where schooling is concerned, we instruct our children to play the "game" in the classroom. The school has rules and regulations, and the teacher is in charge. But where human relationships with classmates and the teachers are concerned, the Golden Rule applies: *Do unto others as you would have them do unto you.*

The child is aware, though, that his attitudes and feelings are his to keep if he so chooses, and feels no guilt in retaining his own identity.

The New Age parents also must have faith that the attitudes and the conditionings given in the home environment (*Love God and love one another*) will hold fast and true, and must know that whatever is encountered in the school environment will not rub off to any great degree upon the children. If anything, other children exposed to our enlightened ones will learn and will benefit from encounters with them.

FUTURE FUNCTIONS

In our family of four children and two adults, we never have hedged about the fact that great numbers of the children entering the world today, during this Mark Age period and program (the cleansing, purification time, the latter days), are the new spiritual leaders and teachers of the people for the New Age of Aquarius that is coming.

To say that this is assuming an unconfirmed fact might in a few scattered instances prove to be true. However, *like attracts like*; and as aware people who have given birth to children, you have attracted aware souls who are here to do a specific job.

Our children repeatedly have been told that they are here: (1) of their own free will and choice; (2) to help the people of the world, but not in any sense of personality ego involved; (3) because of this *obligation* which they volunteered for, they must learn while they are young, as there

is a cosmic time element involved (the ending of the old, Piscean Age and the beginning of the new, Aquarian Age); and, (4) they must be examples, and demonstrate self-discipline and the living of God's laws according to God's will, which is the same as their own highest Self interests. It all sounds so easy on paper, but it is not.

All children are reacting and living according to subconscious conditioning, at least until their adolescent years. At that time they begin to choose and to pick for themselves. They learn to keep that which suits them, according to themselves, and that which does not; but to hold in abeyance uncertain attitudes until final evaluations can be made.

This is why the early childhood years are important. Mass-mind conditioning of the present time and from eons past constantly is at work. Raising a balanced, harmonious and loving soul is not the easiest of jobs, by far. Constant vigilance over one's own past conditionings and attitudes is needed.

Children are subject to the usual, or the so-called usual, childhood states and phases that make most parents climb the walls. What concerns the enlightened family, however, is that instead of the usual *no-no*, *must not* or *can't do that* syndrome, God's laws constantly and consistently are being given as the reasons *for* or *against* some action, or to back up the parents' responses in the family or the social environment.

It makes life most interesting, because the parents find themselves in the position of learning as well. My own reaction at times is to give the human-conditioned response. Then I catch myself and try to respond according to God's will, not mine. Just get those human emotions out of the way, then it becomes easier.

ACTION & REACTION

It is so easy when a child cries about the bully in school or on the block, to say, "Hit him back." Should your child take matters into his own hands and hit back is *his*

choice, not yours, to make. Instead, when approached about this kind of problem, you should advise your child to bless the other. Sound too goody-goody?

This is something we have faced numerous times over the years with four children. We decided our children might as well learn at the time it is happening, instead of later. Their spiritual awareness and training give them an edge of understanding, of inner strength and of spiritual power. Even if they consciously do not understand it fully now, they will later on when it really is needed.

Negative, un-Godlike thinking causes children to become bullies, as well as causing them personal unhappiness. Eventually the bully moves on to other fields, or learns a valuable and needed lesson. Of course, you are praying constantly that no great physical harm can be incurred.

Raise the bully or situation, to aid all of them involved in proper understanding and fulfillment through that experience. Know that God and the children's higher Selves will take care of the incidents. If your child chooses to fight back, fine. That way he learns another lesson: being responsible for the outcome of his own choices, the direct results of cause and effect.

The more one frets and fusses over a situation, the more strength is given that situation. So, to bless it and to allow God and God's will to handle it is the ideal solution, otherwise it will continue to return and to curse you until it is properly and spiritually handled.

We keep on explaining, over and over, the law of God as *action and reaction* in all things. We have done it so often, so many times, and with the same words that our children sigh with boredom or appear not to listen. But they are hearing. It keeps sinking in. Eventually it comes forth when most needed.

What parent has not listened in to his own child admonishing another with the very reasons he has given, sometimes with the very same words and inflections?

Each being has the right to choose his actions and re-

actions. Your children are no different. However, the enlightened child has the knowledge, and should be reminded of this constantly, that while he has the right to do what he wants, he also must bear the consequences of his actions.


Even with something as seemingly small as grabbing a toy from another, the consequences of doing so are now his responsibility. If one has the right to choose his *actions*, so has the person who is acted upon the right to choose his *reactions*. This is God's law, unbreakable and eternal: *action and reaction*.

We have repeated this explanation so many times with our four children that they can see the answer coming. I have been accused more times than not of not caring what happens to them, and never doing anything about it for them, because of this.

Ultimately, though, the truth of this law sinks in. The awareness on their part as to why something happened, and their understanding of it, is there, even when there is a time lag between the action and the reaction. Again, it becomes clearly stated to them that God's will includes God's timing in these matters, not our timing.

Throughout all of this runs the constant thread of God, God's laws, God's will, and the Golden Rule. If you are consistent enough all the time, you then receive the bonus of having the conditioning you desire for your children rubbing off onto you. You find in many cases that your own attitudes have been undergoing subtle changes. *By your students shall you be taught.*

JAN ROSS, with her husband Ron, is raising four New Age enlightened children of ages 18, 14, 11 and 9. THE CARE & FEEDING OF ENLIGHTENED CHILDREN is a series in MAIN, later to be expanded into a book, which answers the questions and the problems of parents and teachers who themselves are enlightened to the New Age and the changing consciousness and the spiritual evolution of mankind. Please address your ideas and questions to: CHILDREN, MAIN, 327 NE 20 Ter., Miami, FL 33137.



SPACE VISITORS

WELCOME VISITORS CAMPAIGN

With the release of the hardcover book *Visitors From Other Planets*, Mark-Age is sponsoring a global campaign to *Welcome Visitors*. This should be a cooperative effort of all program workers, regardless of group affiliations, to help man of Earth understand the friendly intentions and the spiritual purposes behind the hierarchal plan to land spacecraft on Earth.

The 350-page hardcover book for \$10 is being released on March 15th. Advance orders are being accepted now from Family members, groups, bookstores and distributors.

Although much of the channeled communications had been issued at the time received by Yolanda from 1958 through 1973, the day-to-day accounting in personal narrative form by her never had been read by any but the staff associates at MetaCenter.

Therefore, Family members who have booklets with this title would not have the complete historical accounting of Operation Show Man and Operation Landing Light, including the latest release from Sananda-Jesus received on November 7, 1973 regarding plans for the Christmas season of 1973 and the Easter-spring cycle of 1974.

This is a *University of Life* textbook that will bring into focus the space phase of the spiritual hierarchal plan for all light workers. With an extensive glossary of 216 New Age terms, a study guide and an index, it will aid teachers and leaders to prepare lectures, to give classes, to plan media interviews for local newspapers, magazines, radio and television.

In addition to the book, Mark-Age will be releasing a music album also titled *Visitors From Other Planets*.

The original songs from the space visitors themselves and from the spiritual teachers of Astara-Astrid are another method of calling to the attention of the masses that Earth indeed is being visited by fellow beings from other planes and planets.

Professional musicians, who are highly respected and loved in their own field, are assisting in the presentation of this musical album, with Astara-Astrid as the main vocalist. (See also November-December 1973 issue of *MAIN*, pages 4-8.) It is anticipated that this music will be the basis of a stage presentation and film, dramatizing the real space program for the Mark Age period and program as conducted by the spiritual government of our solar system.

To seed the consciousness of man, we have prepared *Welcome Visitors From Other Planets* decals which will be used on windows of stores, school bulletin boards, car bumpers, notebooks, stationery, greeting cards, etc. The silver spaceship with the words *Welcome Visitors From Other Planets* will familiarize man of Earth with the textbook and the record album, both of which will use the same logos or insignia. Write to MetaCenter in Miami for further ideas and information about these.

NEW RISE IN CONSCIOUSNESS

Chapter 201 in the *Visitors* book contains the channeled information received on November 7, 1973 through Nada-Yolanda. Zumah heralded the completion of one year's activity of space sightings in preparation for Operation Landing Light. In the November-December 1973 issue of *MAIN* and on continuing *MAM* weekly broadcasts we have kept Family members in touch with sightings reports from around the globe. Following these are a few more incidents in this 1973 flap in case members do not receive these reports in their local press.

Then Sananda-Jesus announced a new "armada of craft, physical in nature, to begin to unfold the spiritual purposes behind visitations from other planets, dimensions and planes of existence in this entire solar system." This is to begin in the Christmas, winter-solstice cycle and to be accelerated again in the Easter, spring cycle of 1974.

LATEST GALLUP POLL

In the most optimistic Gallup Poll, taken from November 2-5, 1973, it was estimated that ninety-five percent of the adults interviewed had heard or had read something about UFOs. This awareness score is one of the highest in the thirty-seven-year history of the Gallup Poll.

Fifty-seven percent believe there is human life on other planets. This is four percent higher than their 1971 survey of top leaders in seventy-two nations, who accepted the existence of human life on other planets. The leaders interviewed were taken from the *International Who's Who* and represent those in science, medicine, education, politics and business.

UFO PHOTOS

One of the clearest, most distinct photos of a craft was published by the UPI of a polaroid picture taken in Lima, Peru by an architect who said he stood fifty yards from a ship "shaped like an overturned soup bowl."

And a week before mass sightings throughout northern Italy, the sports editor of the respected Turin newspaper *La Stampa* managed to film a craft. Thousands reported seeing a mysterious flying object hovering over Turin, Italy on December 4, 1973. It was registered on the radar screens at Turin Airport, and acknowledged by the local police headquarters.

ADDITIONAL REPORTS

For the many interviewers who keep asking, "Why don't they land in Washington?", there is a report on November 16, 1973 at 5:15 A.M. by three U.S. Park Police who say a craft hovered over the Lincoln Memorial. This was supported by the National Airport and Andrews Air Force Base, who claim there was no air traffic in the area at the time of the sighting.

During the last three months of 1973, California was the center of concentrated space activity. One report in the Los Angeles area was by Gary J. Chopic on

October 4, 1973. He was driving on the Simi Freeway (about thirty miles northwest of central L.A.) when he observed an unknown object, approximately 30' x 50', pink-gray in color, with a V-shaped design down the side, which he thinks was an insignia.

Like the two fishermen in Pascagoula, Mississippi — who claimed to be examined by humanoid robot figures, and which claim was substantiated later by lie detector tests — Chopic also observed a humanoid the size of an average man, clothed in a skin-tight suit. This robot-like creature got out of the spacecraft and moved to the rear, at which time a cloud or dust engulfed the object and the entire area for thirty to forty-five seconds. When it cleared, Chopic claims the object and the humanoid robot were gone.

On December 14, 1973 a U.S. Marine Vietnam veteran and his friend, driving near Paso Robles, Calif., saw a hovering UFO shooting a steady, flame-like beam to the ground, causing the earth to glow. After the UFO left, they attempted to examine that area, but saw two six-foot humanoids guarding it, who then quickly disappeared.



For the millions who have heard of, those who believe in, those who have had sightings or experiences of, those who have not accepted as yet, the so-called flying saucers or UFOs, here is the complete explanation of who and what they are, why they are here, and how they are helping man of Earth into a new cycle of evolution.

Much of this material has been published currently by Mark-Age since 1960. It now is an expanded text and reference book of unequalled and exhaustive coverage of one of the most interesting, important and urgent subjects in all of Earth history.

In biographical form, it contains many of the thousands of interdimensional communications and the experiences of Yolanda, primary Mark-Age channel or prophet. They give understanding, confirmation and aid to the many who have had or will have similar beyond-the-physical experiences.

During man's many millions of years on Earth, he has been guided and aided by our fellowmen from higher planes. Now they are here to help man through these latter days, to prove there are higher civilizations in other realms and that man is eternal, and to help prepare for the Second Coming.

This book explains the nature and the purpose of our visitors in their own words, explanations and suggestions. Thus it is a standard history textbook.

A Mark-Age text for

UNIVERSITY OF LIFE

327 NE 20 Terrace, Miami, Fla. 33137

\$10.00



MetaCenter

North
East
West
South

AFTER ONE YEAR IN CALIFORNIA, the longest period Yolanda and Mark have been absent from MetaCenter headquarters, they returned in February to conduct personally the vast hierarchal campaign to *Welcome Visitors From Other Planets*. Preliminary details of this campaign are mentioned on pages 28-29 of the *Space Visitors* section in this issue.

FOUNDATION STEPS FOR THE UNIVERSITY OF LIFE were laid in this year from February 1973 to February 1974. The co-directors of Mark-Age had been instructed by the Hierarchy to set down foundation stones for the mass educational program in southern California. This they have fulfilled, along with assistance from Astrid and Joel from September to November 1973. Details of these accomplishments will be revealed in the coming months and years.

As promised by the Hierarchy, Yolanda did receive the outline for the basic system by which the Mark-Age educational function, *University of Life*, will be developed. This will be shared with you during the spring and summer of 1974.

As Mark and she had suspected for some time, the methods of educating the masses and the system by which the program will be spread throughout the Earth in these end days or Mark Age period are quite different than most presumed from intellectual reasoning.

Therefore, this has been an exciting and fascinating time of revealment, transmutation, planning and preparation for the co-directors and the staff associates at MetaCenter.

The *University of Life* presentation and programing will be released to the centers of light and New Age

leaders and teachers for them to take it into colleges, high schools, churches, study groups and other organizations. We must remember at all times that the Hierarchy's educational program affects every single person on the Earth, regardless of position, age and occupation.

Future issues of *MAIN* already are in the planning stages to bring these *University of Life* programs to campuses, businesses, groups. Each issue is designed for your continuing expansion of interests and activities. There are innumerable opportunities constantly given in *MAIN* for light workers to participate in the twelve-year mass educational program that started officially in 1972 and which will be implemented fully by 1985. *DO MORE IN '74.*

HEALING HAVEN IS MARK'S NEXT ASSIGNMENT, according to the Hierarchy's planning. Before leaving California — and while Zan-Thu and Eloise, both of whom are registered nurses and the two longest-in-service resident associates after Yolanda and Mark, were working at the branch location in southern California from mid-November to the first of January — the Hierarchal Board instructed El Morya to concentrate next on *Healing Haven*.

Therefore, a force field was created on the inner to bring the outer manifestation of this function, one of the five Mark-Age functions, into immediate operation. Fortunately for our limited-staff associates, we have the enthusiastic support of Bob Knapp (M.D.) and his wife Andrea (N.D.) from Syracuse to help implement these expectations and instructions.

As you have read in recent *MAIN* issues (*See* July-August 1973, pages 31-35; and November-December 1973, pages 33 - 34), Dr. Bob has medical and psychiatric training in addition to his New Age and yoga research. The Knapps will be conferring with the *Healing Haven* staff at MetaCenter in Miami during February. Results of the spiritual intunements and the instructions will be shared in *MAIN* as soon as possible.

Again it appears that no matter how busy our staff and field representatives have been in establishing the five functions of Mark-Age, all truly will be called upon to *DO MORE IN '74!*

\$6



IN THE VERY WORDS of the seven archangels, heads of the angelic or celestial kingdom for this solar system, are now revealed the true nature of the angelic forces and of their relationships with and responsibilities to the race of man.

Many truths are revealed for the first time in our present recorded history. Many misconceptions about the angelic kingdom are corrected. Many aspects of the nature, the functions, the powers, the history and the future of man are given for our spiritual awakening and evolution.

The angelic forces are those which co-create with God, manage and direct, all forms that exist. An additional function has been given to them in this solar system, that of our guardians and teachers until we assume our proper spiritual responsibilities and functions.

Man, as a co-creator also with God, has a responsibility not only to the angelic but also to all other kingdoms. When we recognize and fulfill this responsibility we will have the proper relationships with God and all creations.

Then we will be permitted to enjoy our spiritual nature, heritage and powers. Then also will all other kingdoms, for which we are governors and are responsible for aid in their evolution, come into proper harmony and balance. This book tells us how to achieve that, and more.

A Mark-Age text for
UNIVERSITY OF LIFE

327 NE 20 Terrace, Miami, Fla. 33137

ANGELS & MAN textbook is being released the same time *Visitors From Other Planets* goes on the market, March 15th.

These channelings were delivered through Nada-Yolanda in Santa Monica, California in a period of ten days during 1971.

The Santa Monica center of light, which the Mark-Age staff uses in southern California as a headquarters, virtually is a paradise or a garden of Eden.

Karl and Marion Wagner, who own this estate, were professional landscape artists and horticulturists. When they retired to this choice location, they planted specimens from all over the Earth. It was in this most appropriate atmosphere that the archangels channeled *Angels & Man*.

TWO RARE & IMPORTANT TALKS by Mark and Yolanda were given in California during November 1973. (See tape ad on page 36.)

In response to their talks, Marion Wagner of Santa Monica wrote: "Both are such excellent speakers. It is a real achievement to be able to speak so fluently, clearly, and convey such a wealth of valuable information in such an understandable manner."

PROOF

of spiritual experiences and manifestations

WATER TO HELP SOLVE WORLD'S FUEL CRISIS

PREDICTION: *Solution to the world's energy crisis is in Earth's water supply. Eighty percent of the Earth's surface is water. Therefore, learn to use what has been provided for you in great abundance.*

*Sananda-Jesus through Nada-Yolanda
Laguna Beach, Calif., October 1973*

VERIFICATION: A four month research project began on November 29th to test a scientist's claim that autos can run efficiently on a gas and water mixture.

The U.S. Postal Service began experimenting with an idea of professor Walter J. Ewbank of the University of Oklahoma, who since 1967 has developed an emulsifying technique to hold water in suspension in gasoline. For use this also necessitates a carburetor adjustment.

Postal Service trucks began with a fifteen percent water mixture, returned to normal operation for a month to determine any damage, then continued the final trial period using a mixture of thirty percent water.

●

VERIFICATION: Scientists at the University of Miami's water research laboratory reported in December that they are researching more abundant uses of water for:

* Storing human organs for later transplant without frost damage.

* Freezing foods for long periods without damaging taste and texture.

* Preventing spoilage in milk, meat and other perishables, possibly without refrigeration.

* Increasing our recovery of underground oil by as much as ten percent.

* Better methods of predicting and altering potential hurricanes and other storms.

* Developing appropriate synthetic materials for artificial limb and organ transplants that will not be chemically rejected.



VERIFICATION: Scientific reports published in *Let's Live* magazine for December 1973 estimate that one cubic kilometer of sea water can yield more energy than our initial supply of oil.

Fusion power is the opposite of nuclear fission, the latter resulting from the splitting of atoms, with its dangers. The thermonuclear fast-breeder reactors which produce fusion power are safe, using deuterium and isotopes of hydrogen.

Hydrogen fuels also can be used for autos, factories, lighting and heating. Hydrogen can be obtained from the separation of water into hydrogen and oxygen.

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MARK AGE PROGRAM FOR LIGHT WORKERS
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Lecture to members of a psychic research society and the public in Nov. 1973 in Los Angeles, Calif. *MARK* stresses need for would-be light workers to spend less time studying numerous subjects; instead learn about the hierarchal program and put this knowledge into action for Spirit and man. *YOLANDA* tells of her ESP: elementary spiritual powers.

1 Hour Casette \$5.00

VISITORS FROM OTHER PLANETS

Lecture to Mark-Age Family members and public in Nov. 1973 in Burbank, Calif. *YOLANDA* talks about her space contacts and communications which are the basis for our book *Visitors From Other Planets*. *MARK* explains the Hierarchy's spiritual space program as related in the book. He tells about, and asks assistance in, the Mark-Age global campaign *Welcome, Visitors*.

1 Hour Casette \$5.00
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the MARK-AGE books

MARK AGE PERIOD AND PROGRAM

Spiritual information and education as channeled by archangels and ascended masters for Mark-Age from 1958 to 1970 concerning innumerable subjects pertaining to man's: origin, nature, powers, future, evolution, eternal life, reincarnation, life in other realms, relationship with God, and much more. Explains life of Jesus, Second Coming, latter days, the Bible, UFOs or spiritual space program, meditation, prophecies, interdimensional communication, spiritual government, spiritual awakening and development, and many other topics. **\$10.00**

EVOLUTION OF MAN

Origin and destiny of man. History of man on Earth. Man's spiritual nature and powers. Man's superconscious, conscious, subconscious. Man's seven bodies. Free will. Reincarnation. Man of other realms. Biblical explanations. Adam and Eve. The 144,000 elect. Latter days. Second Coming. Aquarian Age. Atlantis and Lemuria. Ending present 26 million-year evolutionary cycle. Many other topics. **\$6.00**

HOW TO DO ALL THINGS

Seven steps for gaining full use of divine power. The real power. The real you. Divine power is yours according to your degree of spiritual expressing. Learning to use divine power. Five degrees of initiating divine action. 100 spiritual truths. 50 how-to's. How to pray. **\$5.00**

To be released in early 1974:

VISITORS FROM OTHER PLANETS

*Operations Show Man and Landing Light. The spiritual space program from 1957-73. **\$10.00***

ANGELS AND MAN

*The relationships and responsibilities of the angelic kingdom to the race of man. **\$6.00***

MAIN

10 issues a year

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Teaching Tools for

Linking Light Workers

and Groups

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BE THE LIGHT. *How to develop, to express and to use your light, which is your higher Self within, for your everyday relationships and activities.*

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MARKS OF THIS AGE. *Signs of our times. The good news of ending an old, Piscean Age and beginning the Aquarian Age.*

MEET... *In-depth interviews and information of New Age leaders, analyzing their soul missions and roles, as directed by our solar system government for Earth's evolution.*

P L U S: Articles and study reports on all New Age subjects, such as ESP, Second Coming, cosmic consciousness, spiritual government, symbology, the Bible and other scriptures, channeling, angelic and devic assistance, fourth dimension,

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