



THE WORD OF GOD

EXPRESSED IN SONSHIP

THANKSGIVING SONG

*For air to breathe that we may live,
For simple joys of sun and rain,
For food and sleep our thanks we give,
Thanksgiving sing to GOD MOST HIGH.*

*For comfort and for cleansing pain,
For consciousness and knowledge sure,
For gifts of loss as well as gain,
Our gratitude to GOD MOST HIGH.*

*For strength and courage to endure,
For Light that we may find our way,
For all existence clean and pure,
We sing Thy praise, oh GOD MOST HIGH!*

*For hearts that beat day after day,
For memories that do not die,
For smiles and happy words to say,
We thank and love our GOD MOST HIGH.*

- Ruth of Miami

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CAST YOUR BREAD UPON THE WATERS

RUTH: Dear ones, know that I am with you always. I am aware of your heart's desires, talents and capabilities. The work of each is known within the true Self. We, the sponsors and teachers on the Inner, know the part that each one in Sologa has in the furthering of this work for the Earth Planet, the part that the Golden Legion is fulfilling in the overall plan.

This is not a small part. It constitutes great responsibilities on the part of each and diligent application. This coming year will be a challenge for everyone and those who respond to the call can and will contribute greatly.

Do not limit yourselves to just one phase, but with an open mind accept all that presents itself. Assist in the coordination of all of the work in the Light from whatever channel it goes forth.

This year will be a greater awakening, not only to a large per-centage of the masses, but also to the ones already launched on the path. Within the work of the Light groups or individually, there is a marked increase of acceleration in every phase of expression.

Through attunement to the highest one can reach, he can and will be in alignment with the stepped-up activity, recognizing the opportunities for expansion, not only in the individual consciousness but in the work that must be done. It starts with the individual in every phase of his expression, for the whole is made up of all its parts. One does not express his highest in the whole unless in every part of his daily life he is living up to the highest that he knows.

It is difficult at times, even for those who have been in this work for many years, to apply the laws they know when there is a seeming conflict or difference of opinion or feeling. This is the reason why it is all the more important to take stock or inventory of yourselves and perceive in what measure each is expressing the highest that he knows. It availeth one nothing to know about the principles and laws of harmonious working together if one does not apply these in every situation, every phase of his daily association and work.

This is the time of the year to go over the records, so to speak, of the past year's accomplishments and progression to see wherein there may be any facet which could be improved, changed or strengthened. This is very important for it will establish a more solid foundation for the coming year's unfoldment and accomplishments.

Be ever diligent in the study of all that has come through in the Solographs. There is much already given that can assist everyone in the work that is to come. It is much like an encyclopedia of information, giving the knowledge and bringing wisdom that is required in order for each to do his utmost to fulfill his part.

Of great importance is the assisting of those who are searching. Great numbers will respond, now more than ever, to any bit of information presented to them, or that comes to their attention. They are eagerly awaiting this. Follow through all your impressions that come to enable you to bring Light to those who are not fully awakened. Many who are following the orthodox teachings are ready for expansion into this knowledge and service in the Light.

Association with various groups of people -- yes, even attending services in the different churches in the community -- may be a means through which these dear ones can make a contact and find the avenue for their expression.

This year can be a year of great expansion of Sologa. It depends upon how much each of you will do in "casting your bread upon the waters". There is much that each of you can share with others. By radiating the Love and the Light as it flows in and through you, you can draw unto your sphere many who are awaiting just such an opportunity to learn who they are and why they are here. Each can renew his dedication and, with great fervor, join the ranks of those who, with increasing diligence, are doing their utmost in service for our fellowmen. Be ever mindful that it is the Father Who worketh through all.

Thus, not only do we expand in our consciousness and unfoldment, but complete our mission. Together, we prepare to arise into a higher dimension that is the next level of expression for this Earth Planet. SOLOGA!

SOL 41:11-12 - Ruth of Miami

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SELF-REALIZATION CLASSES 3-b

OPERATION DEDICATION, DEVOTION, DISCIPLESHIP AND DISCIPLINE

THE CONSCIOUS MIND BLOCKS THE STILL SMALL VOICE

A trap furnished with steel bars, strong padlocks and firm latches is that which says, "I will read only those things that are published by a scientist, doctor, professor or one who is recognized in his field as an authority. I will accept only the words of those who are respected as leaders in their field."

It is a sad person who thinks in this manner, for he limits himself, not only from the wisdom of men, but also from the wisdom of God. He cuts off a source of spiritual supply. He cuts off communication that could ultimately assist him well in the material, in his profession, in his social relationships and in his more intimate relationships. There are hundreds and thousands of good technicians and specialists in every field who know only one facet of life. Many times they reach out to influence another person or persons having not the inner wisdom to do so.

Modern day sophists are everywhere present and there yet remains too many people who like the authority of their control, influence and manipulation. The illogical reasoning that often attends the publication and verbal exhortations of such people continues to bind mass humanity in a seemingly endless round of confusion.

Schools and colleges should be considered like all things of the physical world, a handy tool. They can serve mankind as does the car he drives and the equipment he uses. All things work together for good to those who love God. So, too, can education, specialization and technical ability be a great asset. But the wise man learns that he has not all knowledge or all wisdom. He learns that other men do not have all knowledge or all wisdom. He learns that what is truth to one man is an affront to another. The wise

man knows that truth is everywhere present. He knows that wisdom can be found in the simple plant and flower, or come from the lips of a child. He knows that an unlearned man may hold the secrets of the Universe in his hand, in his mind and his heart. Can we not try to be the wise man who does not shut out the truth merely because it is not bound with a diploma.

Any dedicated parent knows that he learns great lessons (perhaps inadvertently) from his children. The teacher knows that she learns more as she teaches and works with her classes. So how is it that any man can be a final authority. The Masters and spiritual teachers of the past and present tell us over and over again that they, too, do not have all wisdom. They speak of their limited knowledge. They know that there is no limit to the expansion of the mind. They place no bars around anyone by declaring that they have final knowledge. They wish no worship for themselves. They seek only to direct their charges up the spiraling staircase into the arms of GOD, where each person may absorb that which he can understand for that moment of time.

To adhere only to the authority of the physical is to surely die spiritually. It takes an adventurous soul to move out into the uncharted sea of God's mind in exploration. In the beginning of this adventure, the mental and emotional hazards may well be far worse than the blizzards of the northern countries, the frightening heights of the mountains, the threatening gale winds of the high seas, or the unknown of a strange land.

It is a fear of striking out on our own that binds us to other men's minds. There may be limits placed upon the human that rub, bind and chafe but to the human it is a tried and true way. In the security of this old way, we can observe and see a relationship and then fit ourselves into the patterning. Whereas to strike out on our own is to create a new pattern.

Creation is more difficult, takes more discipline and promises no rewards, other than the pleasure of creating, forming a new thing. Stepping out the first time in a new thing hints of failure, at least temporarily.

So much fear of failure has been placed within man's former patterning that he cringes at the prospect and prefers anything but to have to face his friends, family and associates without all the pat answers. Vision, imagination, investigative courage, curiosity about the unknown, and a sense of adventure are missing.

Love of the new and of adventure is not allowed to blossom by self. The blocks that are erected for self-protection against sneers and disappointments are so strong and so high that tearing them down is a long and arduous job. To these people there is safety and comfort behind the wall of ignorance. It is far easier to agree with the present concepts than to move out to explore virgin soil. So man lies fallow on the soil of his own fearful apathy, preferring to let another think for him.

The New Golden Age that is upon us brings with it a promise. It brings a new God of Love, and Encouragement, Discipline and Power. This new God comes in the form of illumination. He is the Awakener. He resides within the self, around, above and beyond, yet is never separate from self. The new God is the Old God, rediscovered. He is the Still Small Voice, the inner communication that is becoming a way of life for many people.

Hundreds and thousands have come to the point of listening to the inner wisdom. From the new awareness, there comes hope for a New World. Those who

have been able to attune to the higher vibrations and set up communications with other minds from other planes, have written many books on their ability to reach Higher Wisdom and Direction. Now they share these with the average populace in an attempt to reach a helping hand to their brethren.

Go out now to the roadways of life as directed by the inner voice and share a portion or all of your new awareness with others. Give it out as your brothers and sisters are able to receive. Do not overflow their cup. Do not give to them more than they can assimilate at one time, yet do give them bits of wisdom, plant the spiritual seeds, and in some cases help harvest the crops. Help men and women to find their own direction from inner communication. Do what you can to help men to leave behind the Destroyer of other men's minds. Be God-In-Action!

- Mary Alyce Thayer

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Our Beloved teacher Kuthumi shares with us remembrances and a reminder of the need for inner communication.

THE LIFE MISSION OF MEN MUST BE UNDERSTOOD

The line from the familiar hymn, "The Son of GOD goes forth to war," should be thought of in connection with the Divine Mission that is given to every man. To "overcome the world" John 16:33, does not necessitate the surrender of true joy and happiness, of sweetness and Light. To overcome the world is to understand the unnatural position of the traditional world order as it relates to Man's Spiritual Identity. Wheat and tares growing side by side await the harvest sickle. God Himself has tarried long and patiently awaits the manifestation of His created Beauty, the Perfection of the Divine Image on Earth and in the individual lives of all mankind.

In ignorance men despise many things that they do not understand, and the struggle that ensues is not the struggle of the Deity with the individual. It is the struggle of the Divine Seed implanted within themselves, their own individualized Treasure of Rightness, which seeks to push its way through the density of the traditional manifestation of the natural life as men have made it on earth.

In the early days of planetary evolution when the former cycles were dominant, the Beauty of Perfection of the first Golden Ages was a joy to behold. All of the natural Powers of Christ-Manifestation, now so sadly lacking among mankind, were in evidence everywhere. Men, women and children rejoiced together in the Sunlight of Perfect Cosmic Harmony. Nature outdid herself to lavish Her Perfection and Beauty upon a joyous people. Communion with the Angelic Hosts and with the Higher Presences of Life, the Representatives of God and the Lords of the Flame from the very Heart of GOD, was a process as natural as that which occurs today when men and women tune in their television screens and see familiar faces appear.

It is very difficult, of course, for people to understand "how the All-Powerful Creator could," as they phrase it, "permit the shadows of the world to obscure the Beauty and Perfection of the natural order of Godliness that is within every man." This turning upside down of human consciousness, this inversion of immortal Principle into a mortal lack of Truth and Justice is a fog that occurred in the awful Majesty of the will of man. (John 8:44).

Today people boast of their free will. They are proud of the fact that they can reject that which they find objectionable and that they have within their hearts the means (so they think) whereby they can make correct judgments concerning all things. This judgment is often based upon the accepted world order and the inner attunement which mankind has with one another. They do not seem to realize the effects of these mental and emotional ties and their influences upon one another. The almost hypnotic, purposeless flitting about of the people of the world in the vain search of pleasure, taxes even the imaginations of their hearts.

I do not as a World Teacher speak on this subject in order to condemn, but that I may bring to those who will read and understand an awareness of the need to peer behind the various religious ideas of mankind and see that the thread of Truth which underlies many of them is just that, a thread; for the garment of religion which many men wear is a threadbare cloak that does not cover the nakedness of their soul personalities. (Instead of being a replica of Joseph's coat of many colors representing the many facets of Truth in which he achieved Mastery and which becomes the Seamless Robe of the Christ when all Initiations have been successfully passed--See Revelation 3:17).

It is in order to teach men how to enter into the first order of things that the Christ, Jesus, and I yearn to flood forth once again the Light of Truth to the masses of mankind so that they may reestablish their contact with GOD as it was held and maintained by men who lived in the Golden Ages. The world system of religious orders cannot survive or be a useful instrument for this purpose in its present form, for much pollution of the pure Truth has occurred in doctrine. Such stratification of dogma and intense bigotry exists in the world hierarchy of religious thought that there is no longer peace and safety in drinking at the fountains of orthodoxy.

Now the time has come when the Mission of the Soul must be understood. In order to bring about this understanding, I would ask you to think upon the early origins of the great spiritual Avatars, of how they stood before the shining Face of the Eternal One and pleaded for the Opportunity to go into the world of form and render there a Service in His Name. (Luke 15:12) It may seem to some to be a travesty to think of themselves in the role of the Divine. The natural man has truly become, as the early apostles said, "an enemy of GOD". (I Corinthians 2:14, James 4:4). But this in itself is not natural! It is unfortunate. Consideration by the mind of man in this age must become objective as well as penetrating, expressing a willingness to seek new links of progress whereby a greater understanding of the Universe comes to the person of each individual.

We deal with individuals and individuals deal with the Universe. But, although the vastness of the Universe may be almost overwhelming, the realm of the individual is the doorway to the comprehension of it all. For GOD has placed within the Realm of His Own Spirit in Man the Seeds of Comprehension. This is the Omniscience of GOD, the All-Knowing Christ Mind that possesses the infinite capacity to reach out into Infinity and draw it down in to a sane relationship with the manifestation.

Why do you suppose GOD created the Wonders of Expansion and why do you suppose that some men say that He permitted evil to exist? I tell you, precious ones, that evil was never created nor acknowledged by the Deity nor could it exist in the Higher Octaves of Light where it would be consumed on

the instant (Habakkuk 1:13).

It is a fact that the margins of humanity's octaves were once above the level of imperfection. These octaves themselves vibrated in consonance with the Harmony of Heaven. What has happened is that the sub-levels or basements of life are now occupied as the strata within which men think and feel. However, it is true that they do from time to time rise out of those octaves into the Creator's Realm, bringing forth thereby great achievements in the fields of art, drama and music.

Religion, too, is a trial balloon whereby men go up a little way into the Beauty of the Higher Spheres but not far enough nor long enough; for no sooner do they rise high enough to enjoy the beautiful view and enter into that magnificent GOD-feeling, than they begin to hunger for the more familiar octaves of mortal thought and feeling. Thus, pulled quickly down, they once again become a part of the mass miasma.

We are dedicated to teaching men and women how to return safely to the Father's House. As long as they are wedded to dense dogma and to human bigotry, as long as they exhibit hostility toward one another and deem the attitude of those who think not as they do to be an anathema, so long will the world continue to be steeped in its own wars of religious conflict.

The time has come, and it is overripe, when the Life-Mission of men must be understood; they must recognize that one day they, too, asked to go forth into the realm of form in order to overcome that realm with all of its temptations and achieve the higher purpose of bringing GOD's kingdom into manifestation. Thus, in the hope of being a faithful servant, they looked forward to the day when GOD could truly say of such a one, "Thou has been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of the Lord!" (Matthew 25:21).

In Wisdom's name I remain a Servant of Illumination's Flame. SOL 66:17-19
Ruth of Miami

DENEB, a Shining Star, reaches into our consciousness to give us a greater understanding of the inner communication.

TELEPATHY

Beloved shining stars, shining in the Light of LIOLIA, I see gold pouring through you, gold streaming in every direction as you sit willing instruments for the broadcasting of the Light of our precious FATHER-MOTHER GOD, LIOLIA. I Deneb-Deneba, (Deneb the masculine and Deneba the feminine) speak to you as one with you. You have been learning that all space is here and all consciousness is attuned to all other consciousness. Think of yourself now as sitting in my consciousness, for you are in contact with the Consciousness of the ALL, and I am part of that Consciousness. I, therefore, in consciousness surround you so that you are in me. Together we are one in the ALLNESS OF THE ALL.

You may think of your group as sitting in a much larger group of Beings who are with you, a Hierarchy from the Star Deneb, come to help you to feel my Being, to feel the radiations, to respond, to be attuned and to grow under the stimulus. You have heard my Brother, SOLOGO, say that you might be able to forecast what I might tell you by thinking of the characteristics of one of your brothers. You will remember that last week some of you enjoyed a season of telepathy. You will remember that while this brother is extremely

well versed and well read, nevertheless, he has been unable to take a part in some of your exercises; but when it came to telepathy, he was very successful. This, you will understand then, is one of the things that people come to my Star to learn.

You are now in the center of a group of stellar telepaths. The Hierarchy from Denab who are visiting you en masse this evening are all keenly telepathic in every possible avenue. They are at this moment beaming the dissolution of barriers in your mind, in your brain equipment, in your personal physical radio receptor so that you too will be more telepathic.

I would suggest that you who are working as teams, should practice telepathy in little matters about your own personal arrangements. One is away from the house; the other desires something to be done or said or brought home. Let the one at home send out first a thought of Love. Send out like you dial a number on your phone. Send a thought of Love for a minute or two, picturing the one who is to receive the message. Send Love, not sentimental caresses or human-desire love, but the Love of GOD pouring out through the heart center. Know that it is not your Love that is being sent, but the Love GOD. That will tend to set up the attraction necessary. On this beam of Love project your message strongly, plainly and clearly. You will become much more proficient in this with practice. The more you attempt it and the greater desire that you have for success, the more it will be possible to succeed. Let us suppose, for instance, that A desires B to bring home a loaf of bread. A will see B listening with a smile on his face and feel his response; then she will think, "I will send out the Love of GOD to open the way. GOD's Love is pouring through me to you, B." Then she will think, "Please bring home a loaf of bread." She will picture the loaf of bread, the kind she wants and what it looks like in its wrapper or package. Do this three times and see if it is not successful.

Of course, the more you desire the bread, the more you put the power of emotion in your desire, the more it is apt to reach the person. For this reason there have been times when those who were dying, and wished to say a last farewell to someone not present, have then been able to project themselves to that person because of the emotion of the desire. You have all heard of this happening. Of course, it is not necessary to get very emotional over a loaf of bread, but, nevertheless, if you needed this and you want it badly and you are very anxious to reach the other member of the team, then follow the direction and send forth your request with power and emotion.

I would like to see you all succeed in this. I think it best to start with someone like your team mate and work at it as hard as you can. While any of you are living in the same house together, you understand you are serving as a team to complement each other, one of you brings one part and the other, another part of the Light needed to bring about a full projection of the Light of IMMANUEL and LIOLIA from your home center.

Telepathy is a natural gift of the mind. It is as natural as seeing or hearing. It comes with the development of the spiritual senses. It is a faculty of the Light. When you travel in the Light as some of you have done in the past, lifting yourself up into the Body of GOD, into the Golden-Light Place, the Realm of Light, then you are telepathic. You do not have to talk, you think and the answers come. When you ask a question, you do not really speak; you just think that thought and the answer comes. If you wish to

Speak, you can; you can join in the making of music. You can do this with actual voice or you can do it with the thought of vibrations, or with just the thought of song.

Telepathically, you are adepts when you leave the body. Each one of you sitting here tonight and many others throughout the Groups of Light are adepts telepathically. When you journey in the higher spheres, you have no trouble asking questions and being answered if your mentors desire to answer you. Never doubt that you are heard. If you receive no answer, it is because they wish you to meditate upon it or because they hope the group will find the answer. You are able to hear, to see, to feel, to think, to know in the Higher Selves. If this were not so, you would not be called members of the Golden Legion.

We have explained again and again through this channel that those who are members of the Golden Legion serve under the Hierarchy of the Highest Spiritual Center in this Galaxy, of LIOLIA. We would like to make it very clear that those who are members of the Golden Legion are much traveled, have experienced much, have attained great abilities through ages upon ages, or eons upon eons of experience. Members of the Golden Legion are not struggling to develop and to become this or that. They are serving according to the dictates of the plan under which they volunteered. You are, however, being permitted to dissolve some of the barriers which were put upon you for previous years.

With the coming of this new Light from LIOLIA during this month more barriers will be dissolved. In the meeting last week, you were conscious of how far you have progressed, for each one present here responded telepathically in a most glorious manner. Those of you who were absent, would have done as well. This exercise will be given you again and again. If some of you are feeling any little discomfort, it will pass. It is due to the work that the Hierarchy which is here is performing upon your body.

Entities come to my aura to have the mind opened to telepathic communication, to have the mind enlarged. Your first step, you think, is to learn to talk with your team mate, but this is not so, for you are already in telepathic communication with those for whom you channel. Each of you has had visions; such seeing is telepathic communication. Many telepathic communications are symbols. The words or the sentences to describe it would perhaps take much longer than just to show a picture of it. Sometimes pictures are the most economical means of telepathic communication.

All the work that you have been doing in this group meeting sitting here week after week to receive from your teachers has been telepathic. This communication is pure telepathy. What is telepathy? It is the touch of the consciousness of one mind upon another. In reality, both minds tune in to the ALL-CONSCIOUSNESS, and then they are in tune with all minds. However, they are also able to select. That is, just as you sit here you might say, "Dear One, I would like to ask you a question." and thus you would select the one to answer. When you are in telepathic communication, you may thus select the one to answer. When you are in telepathic communication, you may thus select the one to receive. Tonight, I have selected you to be the recipient of my telepathic broadcast.

The Light which you send forth is sent by this same source - telepathy - that is your word for it. All that you say, the decreeing, the sending forth

of Light, even the thought of prayer - all of these are the same thing - telepathy. The space people tell you that they are sending you a beam. That is their way of expressing that they are sending a telepathic communication direct to you, not diffused, but directly. You have been selected to be the direct recipient of their telepathic communication. Not all space communication is pure telepathy. Some is on a partly mechanical level, depending entirely upon the dimension from which the space brother or space scientist is operating. Telepathy is the fundamental process of communication within the ALL-CONSCIOUSNESS.

Now let us examine your own inner consciousness. Every one of you has at some time or another experienced a seeming mental conversation within yourself. You will be thinking something. You will say, "I think I will do this. No, you had better not; you had better do something else," thus you answer yourself. Sometimes you are not at all aware that part of the conversation that is going on is with one of your Teachers. It seems as though you yourself are answering within yourself; but often if you will examine it you will discover that it isn't all yourself, for there are two levels in the conversation. One is on a lower level in wisdom and certainty in discrimination, in perception; the other gives a wiser answer. Now this may not always be a great Master talking with you. It may be one of your own personal band or guides or someone who stays close to you who carries on this conversation. In reality, this conversation is for the development of your telepathic powers.

What I am meaning to say is, that from the first time you start praying, you are working telepathically. When you watch someone else's face and try to understand what they are thinking, you are working telepathically. When you broadcast a thought by the power of your eye, you are working telepathically. That which is done in consciousness without the expression of the voice is telepathy. Those of you who are now beginning to accept the fact that you are telepathic will know that this ability can be increased. Ten years from now telepathy will be much more common. You will be conversing with each other telepathically with greater clarity than you now speak with the mouth, for often words can be misunderstood, but telepathic communication is extremely clear. There is very little misunderstanding for both minds are wide open and congruent. It is as though the two minds become one and exactly the same. What the communicator feels and experiences and means is what the receiver understands. I am dwelling upon this because I would like to inspire you to undertake your own self-development in this telepathic branch.

Along with the work in telepathy, you will discover an opening of memory, for this too is a matter of communication with the ALL-CONSCIOUS MIND. When you begin to reach out from yourself, when you throw aside the barrier and know that you are not locked up in one little brain, in one little head, according to the outward appearance, but that you are in contact with all the Consciousness there is anywhere at any time, then you will also be aware that you are in conscious contact with all that anyone knows of the future. This cannot come to you in a flash for if it did, it would burn out your fuses, as it were. It must come gradually as you gradually install larger and larger intake and output; for if you take in more than you put out, it is disastrous.

This matter of enlarging your consciousness is going on continually as you hear from Star after Star and Teacher after Teacher, as you open your thought to all races, to all religions regardless of color or belief, as you

open your thought to entities in bodies not at all like yours, to minds quite different in mental equipment from your brain, to the varied and the unusual. As you open your thinking in creative imagination to accept all possibilities without doubt knowing that in GOD all is possible, as you throw aside your own doubts of yourself and those things with which you limit yourself, as you are ready to accept as you enlarge yourself, then the intake and the output naturally increases. When you send out Love to all the different kingdoms you have increased your understanding. When you achieve the point where you can send out Love to those who harm you, or to those for whom your country seems to have an unhappy feeling or a sense of discord, when you send Love there really meaning Love and not destruction, then you enlarge your thinking.

The present situation with your neighboring island of Cuba is the most wonderful opportunity for enlargement. Most of your countrymen desire to get rid of your brother Castro, and everything that has to do with him. You have the opportunity to lift yourself out of that and send to this locality and these entities pure GOD-Love. You cannot send this out through a channel which is cluttered with antagonisms, with rejection, with discordant thoughts. Instead it must be the pure GOD-Love send on the Golden Healing Light. This will enlarge you. Some of you have been thinking of keeping money in circulation by letting the money go forth freely. We are hoping that you will keep Love in this same thought of circulation, for the greatest riches in the Omniverse are to be found in Love which expresses itself in All-Good. Of course, pure true GOD's Love wants everyone to have all he needs and all he can use wisely, everything of Light, of Love, of food on all levels, of supply on all levels, all these things.

GOD's riches are beyond the word "infinite" which you say so often. They are all there is. Everything that is anywhere is yours for the whole Omniverse is yours; but in order to let it come to you, you have to give out, that there may be the inflow. Wisely, not foolishly, not with profligacy, but wisely, let there be a growth of outflow and inflow. How many times have you been told, "The more you give, the more you will receive." Mentally this is so; telepathically this is so. Remember that as you increase your outflow of Love, you are opening yourself telepathically.

It has been a great pleasure to us of Deneb to be able to talk with you this evening, and to share what we do with all who read your publication. We hope this will unlock the doors for many, and that as time goes on, more and more will begin to practice the true use of the All-Conscious attunement, one with each other, all with one and one with All. May we say with you, SOLOGA! For all thought is the Word of GOD manifested in the All-Consciousness of GOD.
Ruth of Miami VOL IV:39-44

The Karmic Angel, LU RO speaks to humanity of their Karmic Flashes of Memory. So many receive inner communication and do not realize it. In accepting that it is possible, they can move forward to contemplation of the ways in which it works and in experiment.

THE SCROLLS OF TIME ARE OPENED

Beloved ones, my brothers in the Christ Light, each serving the Lord of Lords in this planet place and in Program IMMANUEL, opening the thoughts of man to the higher consciousness which you call Program Jesus, I would address you as teacher concerning your work.

Always at the beginning of a New Age, the Scrolls of Time are opened, the Book of the Future is unlocked and glimpses of the path that man must take are revealed to lie planted in the hearts and minds of man until they mature and bear fruit. From time to time such glimpses will be given you to share with others. They have already been given and already been rejected in many places. As your work attracts greater attention, as greater numbers become aware of the messages you are sending forth, there will be those who feel that you have the Light and others who say that you are teaching that which would deceive and mislead. This, my brothers and sisters, is a work of your free choice.

We are prepared to walk forward with you as far as you are willing to go. As long as one of you will try to progress and send forth the Light we will stand at your side. Be not alarmed, be not dismayed if that which you receive is different from that which others may receive. That which Jesus gave forth was different from what the Jews had already learned. Jesus brought forth the true Light not only for the age which is past but also for the age which is to come. The Light of the Future now gathers around the glorious form of Jesus-Mary, the Christed Wayshower, who will draw closer and closer to man in the New Age until Heshe becomes as familiar, as dear, as well-known, as any of your own human dear ones. This is the task in which I would assist you.

When we open the past as we are doing for some of you we bring you little Karmic pictures of your past lives. Although you have not known me I have been serving you in this way for some time. We help you to bring into your present physical manifestation the strength of the lessons which you have learned through the ages. Before you came into this incarnation there were certain pictures, agreed upon between the Lords of Karma and your own soul, as keys to open for you your inner abilities and skills. These Karmic pictures flit before your eyes. You wonder about them. Sometimes your teachers give you information about them. Again you are left to wonder because the mind explores the meaning of what you see. The doors that have been closed are opened; the locks that have been rusty are oiled, and at last you are able to open the storehouse and use the gifts laid away there.

Some will say, "Well, I have been told that I knew this or I could do that. Why can't I do it now?" My beloved, no civilization is like any preceding it. No experience of yours is exactly like any preceding experience. That which you learned in a preceding life was of value to you then in the way that you did it but to carry it through into this life might simply hinder you in your present task. Let me illustrate. Suppose some one with a long life of ages upon ages in many different places has learned to do one thing in a hundred different ways. When he comes into this life and attempts to do that one thing, each of those hundred ways will come pouring forth and he will not know which to use in the present. Each of the many ways will get in the way of the others. Can you not see that this might be more of a hindrance than a help?

Suppose that someone had learned all of the sciences and all of the arts and in times past has been proficient in anything you can think of - he may have been a great artist, a great musician, a great actor, writer, minister, poet, speaker, king, administrator, soldier, doctor, teacher - on and on we might list his achievements over the ages. Suppose that he manifests in this

life with all those great skills and interests clamoring to be used. Do you not see that the plane in which you live is so limited that he would be continually stumbling over his own great skills? He might use one art for a short time and then another and another and never really accomplish his mission because he had not limited himself enough to find out what it was.

If you will meditate upon this you will understand the wisdom of your own soul. Your soul has chosen what you are to do in this life with the wise counsel of the Lords of Karma, of those it sought to be its invisible teachers and of those to whom it prayed for help. Each one of you have discussed what you would do in this life with that one who is so dear to each of you, your Master Jesus. Do not forget that when you speak of Jesus, you are also referring to his feminine counterpart, Mary, who is united as One with him in the perfect blending of one Being to serve in the masculine or feminine form as needed. We know that this is difficult for you, for you have for so long called upon Jesus. You feel torn, for if you call upon Mary you may be neglecting Jesus. Remember: if you call upon one, you call upon all.

When you call upon Jesus you call upon Mary, upon IMMANUEL, upon LIOLIA, in fact upon the Father of Fathers and all the mighty Spirits before the Throne, upon the Golden Legion, the Angels and all the Lords of Light in whatever category you may name. When you love one, you love all; when you call upon one you call upon all.

To go back to the soul's plan for yourself, your work - no matter what else you may determine to do, no matter what your seeming occupation and position - is to broadcast the Light of the Suns at the beginning of this New Age. Each one of you comes to give forth the light of a certain Sun as well as the Light of IMMANUEL and LIOLIA. Each of you is a delicate, finely-tuned instrument. As you go through life you are attuned again and again just as a piano must be continually retuned. You are tuned to send forth that emanation which is most important at the moment.

A certain high attunement is necessary to consciously receive from LIOLIA. There are some who have received the name and others who are unconsciously tuned to give forth the Light of LIOLIA. Those who have accepted the name, who have spoken it, sung it and prayed it are highly attuned to that particular vibration. In order not to disturb this tuning, others who have come to you before may not be in sufficient harmony with this high tuning to be able to address you for the present. Some who may be attracted to your group may not yet be ready for this attunement. Therefore, do not be unhappy about those who come and go; only be grateful that there are those who are able to be tuned to the whole so that the group can function in bringing forth this light.

This is what you have come into the physical to do. This is why you return again and again. This is why the messages, the vibration, the healing, the experiences, are so attractive to you. This is why you have been held such a length of time at each meeting so that this attunement could be made as rapidly as possible. Believe me, if this could have been done in an hour or so and a pleasant social time included afterwards, this would have been done for you; but it must be done just as it is. Whether your numbers are one or one hundred makes no difference, just so you meet as a group faithfully with whichever ones of you are able to endure these vibrations and can be attuned to them.

I am aware that there are those here who have not felt this vibration

before. Do not be alarmed by what I have just said for you may be sure that no vibration will be sent to you more strongly than your body can endure. Your own forces of Light are strong around you. They sift the emanations that come while you sit here and screen out through their own bodies of light all that are not right for you. If it is not possible to attune you as yet, if more work must be done to condition your body, you will know this and feel that you should wait until you are more ready. This is not a matter for you to feel concerned about. Please understand that it is because of your own choices, your endurance and your willingness to give yourself wholly to the channeling of the light.

That is your mission - to channel light. No matter what words you use, what activities you carry on, also no matter in what way the light comes through, whether in words or in invisible vibrations conveyed in the aura, the touch of the hand, the kind deed, the smile the social adjustments and associations, or in the quiet broadcast of power in your group or in your own meditations, the giving forth of Light is your mission.

I desire to underline for you the importance of several things. First, be not dismayed at those who cannot accept your truth as yet; lift yourself above that and walk in peace and love in the Realms of Light. Second, be alert to your own Karmic flashes of memory. Each one of you have had them at various times, some more than others. Meditate upon them, dwell upon them; think of them before you go to sleep at night and when you awake in the morning. You may find yourself knowing the meaning or the interpretation in time. Then third, I wish to underline your Karmic mission to give forth the Light of your own Sun, of IMMANUEL, and of LIOLIA.

I, the Angel Lu-Ro, promise you that I shall be by your side to give you strength. If you turn your thought to me, I shall appear in the inner vision. If you will seek for interpretations, I will give them to you as soon as I can receive them. I am on call at any meeting any time. This I promise you. I count it a great privilege, a great joy to say to you and with you, SOLOGA! Together we serve the Spiritual Centers, the Suns, the Word of God, the Source of ALL. Together we live for this one purpose, you and I. VOL II:100-103

Ruth of Miami

SOLOGO, the Sponsor of SOLOGA, continues with instruction regarding "the still small voice".

WE BUILD OUR OWN CEILINGS

SOLOGO: (The highest Spiritual Center of Consciousness in the Solar System of the Star Sirius.) I greet you in love, My children, My own dear shining suns, you who are sons and daughters to Me and suns, centers of Light, in the Consciousness of the ALL-Father-Mother, the MOST HIGH GOD. I have now introduced you to twelve Star-Beings who act in relationship to IMMANUEL in performing His mission through His System as the disciples did for Jesus, a power band, a group of assistants for the giving forth of Light, a group for balancing the ingredients so that the perfected Work may be accomplished.

We will not introduce any new personalities until after the new year begins. This is because from now until then the great inflow of Golden Light from the Spiritual Consciousness of the Galaxy, LIOLIA, will be increasing again. During this month until the peak of the increase at Christmas you may find bodily conditions a little difficult again. You may find yourself sud-

denly dizzy for no seeming reason, or you may have little pains striking through your body here and there. Do not begin to think that you have heart trouble, stomach ulcers, rheumatism or any such seemingly discordant manifestations. Just know that your body is adjusting to a great deal of the high, invisible Light of LIOLIA.

While your body is being conditioned to this new rate of vibration you should rest as much as possible. Take your work as easily as you can. Do not attempt anything which will put an unusual strain upon your body. Keep warm; try not to get chilled for during this time of increased light many cleansings come in the form of respiratory or digestive unbalance thought of as diseases. Keeping your body warm will help you to throw off these conditions more quickly.

Keep the Christ Light fully drawn around you. Never enter your cars or go out of your houses, never cross a street, without first stopping to know that GOD is doing all these things rightly and that all is well. Take time to know that GOD is driving your car and all the others. This will be a time of danger. Be careful and be attentive to your own protective measures. You have been told again and again to put the Christ Light around yourself and your property every day. Now extend it; put it around all drivers, all ships at sea, all airplanes, and all communications between people. Let the Light surround all mankind's activities in your prayers each day. This is a very important time for the whole world. Rejoice with all your heart for whenever you rejoice in the Christmas season you are sending out the vibrations of LIOLIA and of the MOST HIGH GOD.

After this period of increased reception it will be easier for others to accept and use the name, LIOLIA. Many have not yet been able to overcome their thoughts of resistance to the name IMMANUEL as applied to the Lord of the Sun. You know, My dears, We build our own ceilings and shut ourselves in. We decide that we are for this or that and do not care to go any higher. If a group decides that Jesus is the highest personality from whom they wish to receive, then they shut themselves off from those advanced entities to whom Jesus looks for guidance. Jesus is a very highly advanced Being of Light but he has not yet come to the point of ensouling a planet. Until that time the Christ Earth, IMMANUEL-A, and LIOLIA will have to be recognized as more advanced in the Christ Consciousness.

If a group decides that they are here for the purpose of receiving from Jesus as their highest ceiling then they shut off their opportunities to go any higher. If a church decides, for instance, that since LIOLIA and others are not mentioned in the Bible therefore they are unimportant or perhaps false, that the Bible is enough for them, then they accept as a ceiling the highest that could be received two thousand years ago.

The Bible is extremely important; much truth is given there which enables man to go forward. The depths of the truth in the Bible have not yet been completely discovered, understood, or absorbed. When those dear ones who now feel that the Bible is their ceiling have digested enough from the Bible they will open to the wealth of GOD-expressions throughout the OMNIVERSE.

Those dear ones who say that the Bible is all that they need have forgotten that they have needed their teachers in the Earth schools, ministers in their churches, doctors, lawyers, and a host of helpers beside the Bible. At the time of Jesus very little was known scientifically about the universe

beyond a small part of the surface of the Earth. The general public to whom his messages were directed knew nothing at all of the Solar Systems or Galaxies. Had the Wise Men been writing the Bible it would have been full of star lore; but they were excluded because they were not from Israel. Israel was led to shut her own door as a protection, for along with the astrological knowledge, the Wise Men would have introduced other names for GOD and other messengers of Light. The people of Israel were developed for the purpose of supporting the revelations which came to man through their leaders and prophets, all of which was crowned by the teachings of Jesus. This seeming separation was right and necessary for the time but to completely close the door always results in stagnation at that point.

Man is receiving and will receive revelation after revelation for the Consciousness of GOD is infinite and who can say he has encompassed it all? Beware of those who say that they have the last or the only revelation. No doubt the baby mind feels that he has the last word in two and two are four but each year he is forced to lift his mathematical ceiling. New thinkers in the late nineteen hundreds succeeded in breaking through the ceiling imposed by old orthodoxy, and prepared the way for the great advancements to come as the New Age progresses.

Groups of Light are now bringing through contacts by beam or by telepathy with the Space Brothers, with the Masters of the Earth's development, with the great Beings of Light which are here at this time, with the Christ Jesus of the present, and with the Suns themselves. You are opening up a sky that has no ceiling and no limits. Do not let yourselves be drawn under any ceiling of limitation. Never allow yourselves to say, "I have reached the HIGHEST OF THE HIGH, for always when you pray to the Highest you can reach if you were to get there you would find that One praying to ONE STILL HIGHER. There is an infinite progression upward as far as We have been able to probe in our contacts and communication.

Pray to GOD MOST HIGH for then you will be addressing the highest you can reach. Always pray to the highest you can know. In your loving communications just talk with us. We who are the Star Systems have told you that We are your Brothers, Brother Suns under the MOST HIGH ALLNESS OF THE ALL.

There is no limit to the enlargement which is before you. At the present time you are able to contact consciously all that you have ever heard or thought of, but you are not able to penetrate beyond that. As you accept in living brotherhood all creatures, all human expressions of God more and more will be opened to you. In "human" I am using a term which you apply only to man of Earth. You would say about God's human sons who might come to you in some unusual form - having tentacles or oddly shaped bodies - "He is alien; he is not human." In GOD's eyes he is son. Man is the son of GOD. You consider yourself as human, do you not? But you have been in very strange bodies which you would not imagine in your present consciousness were human at all. You have lived and served among other entities who felt themselves to be sons of GOD and for whom a like term for human in their language was their way of designating their own race.

After this new outpouring of the Light of LIOLIA, you are going to see an enlargement of consciousness throughout all the race of men. You will not be able to check this statement but I will tell you that the consciousness of every organization of existence in the Christ Earth's Aura will be enlarged.

You will be able to speak to more, even to stones. Each one should practice handling rocks, flowers, trees and animals with the attempt to communicate with them. Do not be shocked if suddenly you catch a thought from your little dog or cat. Some of you have been channeling telepathically for animals and children for years. You have remarked, "The dog is saying --" and you have thought you were interpreting his looks or feelings. In reality you were interpreting accurately the thought of the dog.

The real test here is one of learning the meaning of true discrimination. Most people consider that they must learn to separate properly and yet discrimination is more a revelation than it is a separation. It is more a revealing of the total oneness. It is not a setting apart; it is a drawing together. You speak of the superconscious, the subconscious and the selfconscious and sometimes picture them as separate entities: angelic, feminine and masculine. All these are the same consciousness for there is only one consciousness, the Consciousness of GOD.

Man goes to great lengths to learn and to set apart and judge each part. He fails to realize how he must unite before he can see each part in its proper perspective. Let us take for example any machine like an automobile. One never really knows how it works until he has taken it apart, understood the functioning of each piece and then put it back together again. It is the uniting that brings the true revelation, not the separation. Think on this. Dwell upon it, apply it. Remember that it is the uniting that is the crown of discrimination.

You will have opportunity to practice this in the coming weeks in your own life and in your human relations. As the Golden Light of LIOLIA increases tensions will mount. You may find yourself tired, sleepy and irritable. Do not worry about this. Be patient with yourself and others who may be feeling the same tensions. From now until after January 1 tension will be continually increased like a violin string being tightened quite rapidly. A peak in speed of increase will be reached on Christmas day; then the increase will gradually slow down until the first of January. This does not mean that after that there will be any less of the Light of LIOLIA reaching you but that your bodies will then be adjusted to what has come; your equipment will have been enlarged so that you can receive the added light without discomfort. You have noticed that first contacts with any new entity are harder than those following. It will be the same in this case.

This increase of Light vibration has already begun. That is the reason for all the recent accidents reported in your news. Some people have not been able to stand the increase. Some have had a little dizzy spell at the wheel or become foggy minded and not so alert as needed for safety. In this way people's bodies are shaken up to permit readjustments; they pass tests or they are removed if they cannot go further or if their place is to work from the etheric planes from now on.

There will be such increases of Light at Easter and at Christmas every year from now on until after the year two thousand. Until 1965 they will seem most severe; then there will be a period during which the peaks will not seem so strong. 1963 will be the worst and you are already noticing the effects. During this time the internal problems in certain nations will be so serious that war will be out of the question. There will be rumors, threats and border skirmishes but the domestic problems of the anti-Christ governments will

will make war almost an impossibility.

Some of you have wondered why the Christmas season is allowed to be so commercialized. The stores have begun their Christmas sales so early, even before Thanksgiving. It has been important to keep the word Christmas in man's thoughts for as long as possible. Even mentioning of the word Christ-mas is a subconscious acceptance of the Christ Light.

You see the Christ is so much more than Jesus himself. The Christ is the Son. You are Sons. The Christ Consciousness is the Son Consciousness. People have thought to attain the Christ Consciousness they must be able to do the works that Jesus did. Every grain of sand has its share of the Christ Consciousness. Father-Mother-Son are three yet one. All consciousness can be thought of as Son or Christ Consciousness.

The very mention of the word Christ in Christmas is like a trumpet call to awaken, given by those who use the word. People who in their own estimation do not believe in GOD at all read the word Christmas in store windows and newspapers. The eye catches it unconsciously and the beckoning call enters the subconscious. This is the opportunity which all the Forces of Light use to their best ability. This is why the Angels can come closer to men at this season. For this reason you do not wish to take down your Christmas decorations until the New Year. Some of you have felt that you would like to keep certain Christmas reminders before you all year long. You wish to hold the Christmas joy and peace in your heart all year.

Send out the Christmas Love and Light, beloved shining stars in your heaven which is the true Christ Earth. Let your beckoning Word go forth mentally, telepathically or in any other way that you can. Remember that every time you say the word, Christmas, you are helping to open the door a little wider for the whole race of man. SOLOGA, My beloved in the Christ Consciousness! Together, We who are the WORD expressed shine forth with the true Christ Light.

Ruth of Miami VOL III:48-53

THE SILENT PLACE

*How oft the hungry soul cries out to be at One with God,
Desolate, bereft, alone, along life's path we plod.
We seek Him in the chapel, we query of the sage.
We search in vain to find Him, upon the printed page.*

*Our quest may take us far and wide, through struggle and through din,
While we seek to find Him far away, instead of deep within.
When we enter in the Silent Place, and close that sacred door,
We will feel His blessed Presence, as we never have before.*

*A mighty surge of power, great joy and peace Divine,
An abiding sense of Oneness, security sublime.
These are the priceless treasures for which the soul has sought,
The Father's "Pearl of Great Price", which never could be bought.*

*But is His precious gift to those who enter through this door,
And here we will abide in love and peace forevermore,
When we have come at last to know that God is not apart
But is the very life of us, and dwells within our Heart.*

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APATHY

It is easy to go the way of Earth.
It is a nice and comfortable berth.
When others do for me I feel secure.
When others think for me I'm no failure.

I cannot walk the steep mountain roadways.
I cannot build the super solar highways.
I am puny insignificant human.
I hide when they call for help, "Hey, you man!"

It is easier to grumble and complain
Than to make a strong protest or proclaim
That others could be remiss in their leading.
No! It's better to let things lie: No bleeding;

No decisions; no discomfort; no fears.
I cannot abide this shifting of gears.
If I do not think or loudly protest,
I shall be allowed to play and to rest.

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COURAGE

What is this noise and explosive element
That rides with leaders of our government?
Who makes the policies of my religion
And leads my thought into a certain region?

In the colleges and nation's schools,
Who is it that arranges the final rules?
Could a professor or any great scholar
Know all, down to fine shading and color?

How can a man who lives not with the soil
Know best the proper way to work and toil?
How can the man who lives not in the sky
Know best the proper way to rise and fly?

It's best I thoroughly think this thing through.
It's best, to myself, I be loyal and true.
Another one may make a policy to bind
Hampering and shackling my Earth mind.

Is freedom not an illusive thing of joy
Given under Grace to those who employ
Their energies to seek the Holy Grail,
Finding inner wisdom which cannot fail?

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LAW OF THANKSGIVING

This is the day we give thanks; a day of thanksgiving. Let each day be a day of thanksgiving. O, children of earth, if you knew the power of thanksgiving. Give thanks for all things. All things great and small, good, bad, for all things are for a purpose. If you are faced with a problem, give thanks, for there are no problems; there is an answer. Just ask the Father within. If some seeming disaster comes upon you, give thanks. When it is past you will be stronger, well equipped to help another through a similar experience.

Know this: no one comes to earth alone. You have your guardian angel by your side always. Be aware of this. Do not rush headlong into a situation; calmly reason it out, then go ahead if it seems right to you. This does not mean it shall always be right, but if you did take a wrong turn, what matters, start again.

O blessed children of earth, you have so much to learn through experience. If you do not experience the "thing" you cannot truly know it. The greatest of all teachers is the one who has experienced the thing he speaks of, for he speaks from the heart.

Give thanks for all that was, is, and shall ever be. Yes, it is law: As you give thanks so shall you always receive of the gifts of the Father. So, bless it, this law of thanksgiving. It does multiply that which you give thanks for. Amen.

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