

THE TAMULET



June-July
1985

BI-MONTHLY PUBLICATION OF THE PARAPSYCHOLOGY SIG
A Special Interest Group of American Mensa, Ltd.

Volume 2
Number 1

ANSWERS TO

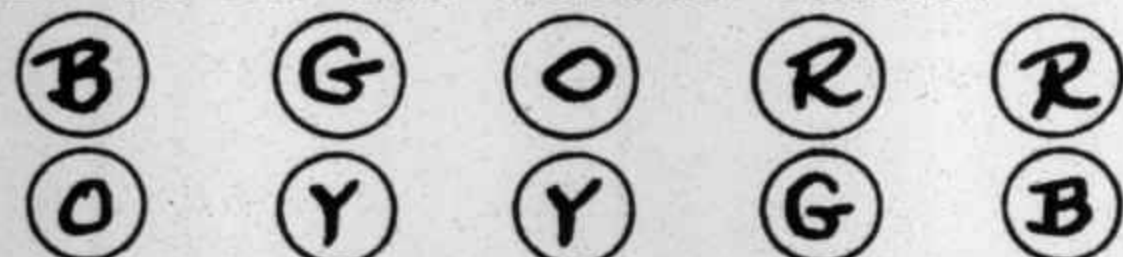
ESP EXERCISE

Here is a mental telepathy test submitted by member, Jack Hall, several months ago. It comes from the Society for Psychic Investigation at Post Office Box 245 in Jerome, Arizona. Jack didn't see any copyright on the material so I see no harm in reprinting it here for you. The

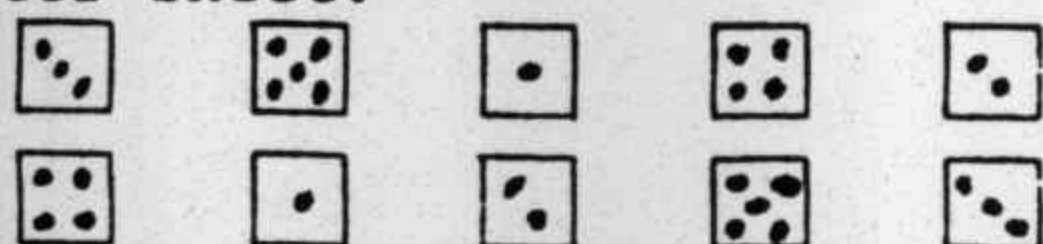
ans that you may I sue
THIS ESP EXERCISE WAS PRINTED
IN THE LAST ISSUE
(April-May, 1985)

This exercise is a sample of the ten different ESP exercises in their ESP Development Course. It is suggested that you do this exercise when you are relaxed and undisturbed.

- (1) Each of the circles below are colored red, orange, yellow, green or blue. Using R for red, O for orange, Y for yellow, G for green and B for blue, indicate in each circle what color it is on our master sheet.



- (2) Each of the squares below contain one, two, three, four or five dots similar to those on dice (). Place the dots in each square to match those on our master sheet.



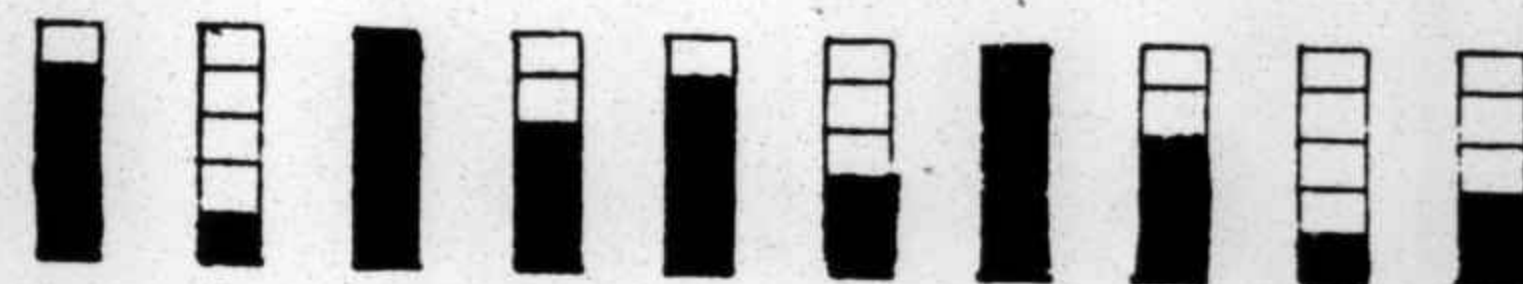
- (3) One number in each of the groups below has a circle around it. Circle the number in each group that matches our master sheet.

7	0	15	10	27	32	47	127	1027
5	9	11	19	39	53	29	932	3715
2	3	14	12	42	61	65	746	9186
4	6	17	18	73	86	82	351	8293
1	8	13	16	65	93	54	698	6831

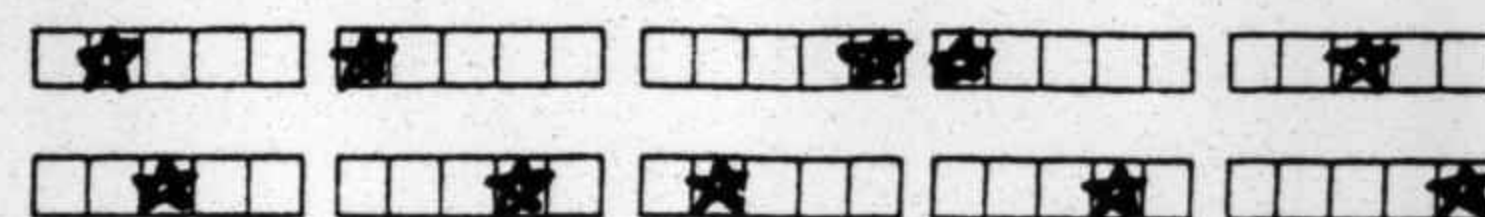
- (4) Each of the blanks below contain one of the following symbols: . Fill in the blanks to match our master sheet.

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

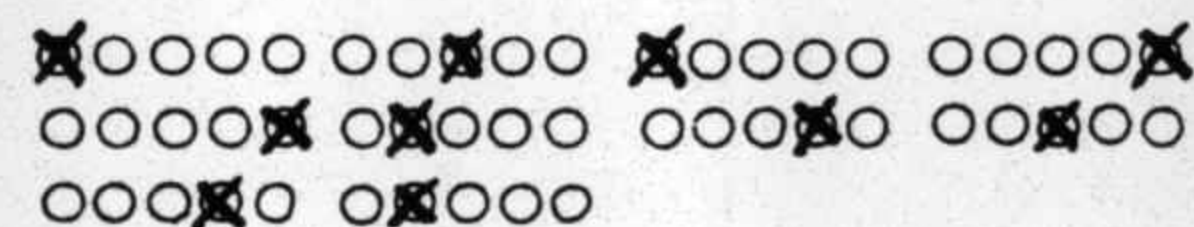
- (5) Starting with the bottom fifth of each symbol below, fill in one, two, three, four or all of the sections to match our master sheet.



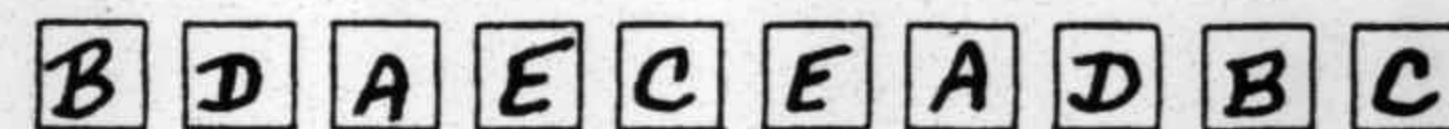
- (6) A star (★) appears in one of the squares in each group below. Fill in the stars to match the master sheet.



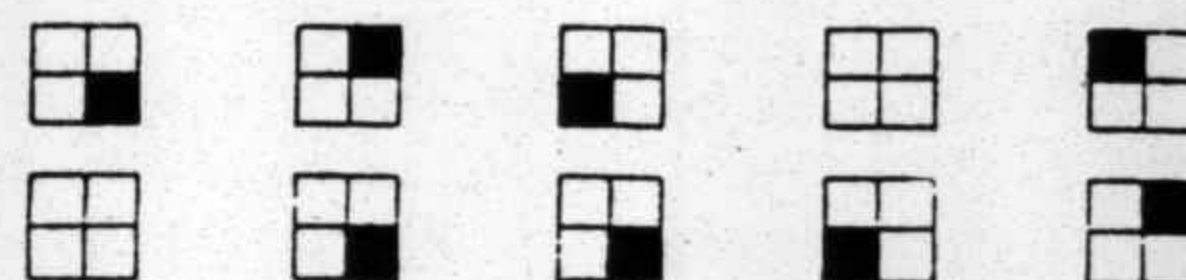
- (7) Pick out the circle in each group below which is colored red on our master sheet and place an X on it.



- (8) One of the following letters appears in each square below: A B C D E. Fill in the letters to match our master sheet.



- (9) Each of the squares below has been left blank or has one quarter filled in. Fill in the quarters on the squares to match our master sheet.



- (10) One word in each group below has a circle around it. Circle the word in each group that matches our master sheet.

River	Astrology	Purple	Library
Lake	Dowsing	Brown	Office
Pond	Numerology	Amber	House
Ocean	Biorhythm	Indigo	Barn
Creek	Tarot	Gray	

Telepathy	Automobile	Elephant
Psychometry	Bus	Giraffe
Precognition	Airplane	Tiger
Telekinesis	Truck	Zebra
Clairvoyance	Train	Hippopotamus

Unicorn	Awareness	Happiness
Mythology	Wisdom	Love
Griffin	Knowledge	Joy
Pegasus	Understanding	Harmony
Centaur	Truth	Peace

The Tamulet is the bi-monthly publication of the Parapsychology SIG, a Special Interest Group of American Mensa, Ltd., (PPSY SIG). Opinions expressed herein are the opinions of the writers, and not of American Mensa, Ltd., which has no opinions. Please address all correspondence, submissions, and applications for membership to the Coordinator/Editor:

Carole J. Holdsworth
Coordinator/Editor
PARAPSYCHOLOGY SIG
250 14th Avenue, N.E.
St. Petersburg, Florida 33701

SUBMISSIONS of articles of interest to the field of parapsychology, letters, artwork, "how to" instructions, etc. are welcomed, and can be sent to the editor for typing. CAMERA-READY SUBMISSIONS are encouraged if you have the capability to provide them. Camera-ready means typed with a carbon (film) ribbon, single spaced on white paper, to a column width of FIVE inches. DEADLINE FOR PUBLICATION IN THE NEXT ISSUE WILL BE THE 15TH DAY OF EACH ODD MONTH.

REPRINTING

All material in this issue not copyrighted by others may be freely reprinted in Mensa publications provided full credit is given to the author or artist and to this publication. Requests for permission to reprint copyrighted material should be addressed to the individual author or artist or may be sent c/o the Editor.

OUR TAMULET LOGO

Our logo was designed by Eloise Hurst, a Tampa member of our SIG. The following meanings are given for the various parts of the logo:



= Motion



= Growth



= Healing



= Love/Happiness



MEMBERSHIP DUES

Our Parapsychology SIG dues, which include a subscription to the newsletter, shall be assessed as follows:

\$5.00/year for Mensan* member & household

\$6.00/year for Associate member & household

which entitles the member household to 6 issues of The Tamulet, with one copy being sent to each member household. If you want more than 1 copy of the newsletter, you will have to pay for the second subscription at the same rates as given above.

*PLEASE NOTE: There is an official policy in American Mensa Ltd. that formal membership in Special Interest Groups must be limited to Mensa members. Non-Mensans are welcome to join our SIG as non-voting Associates.

As with all Mensa meetings locally, there will be a \$1.00 per person "kitty" collected at all SIG meetings to help to defray the cost of snacks and drinks. Occasionally we may need to charge a slightly higher kitty in order to reimburse a speaker for travel expenses. Your cooperation is appreciated.

JUNE MEETING / JUNE MEETING / JUNE MEETING

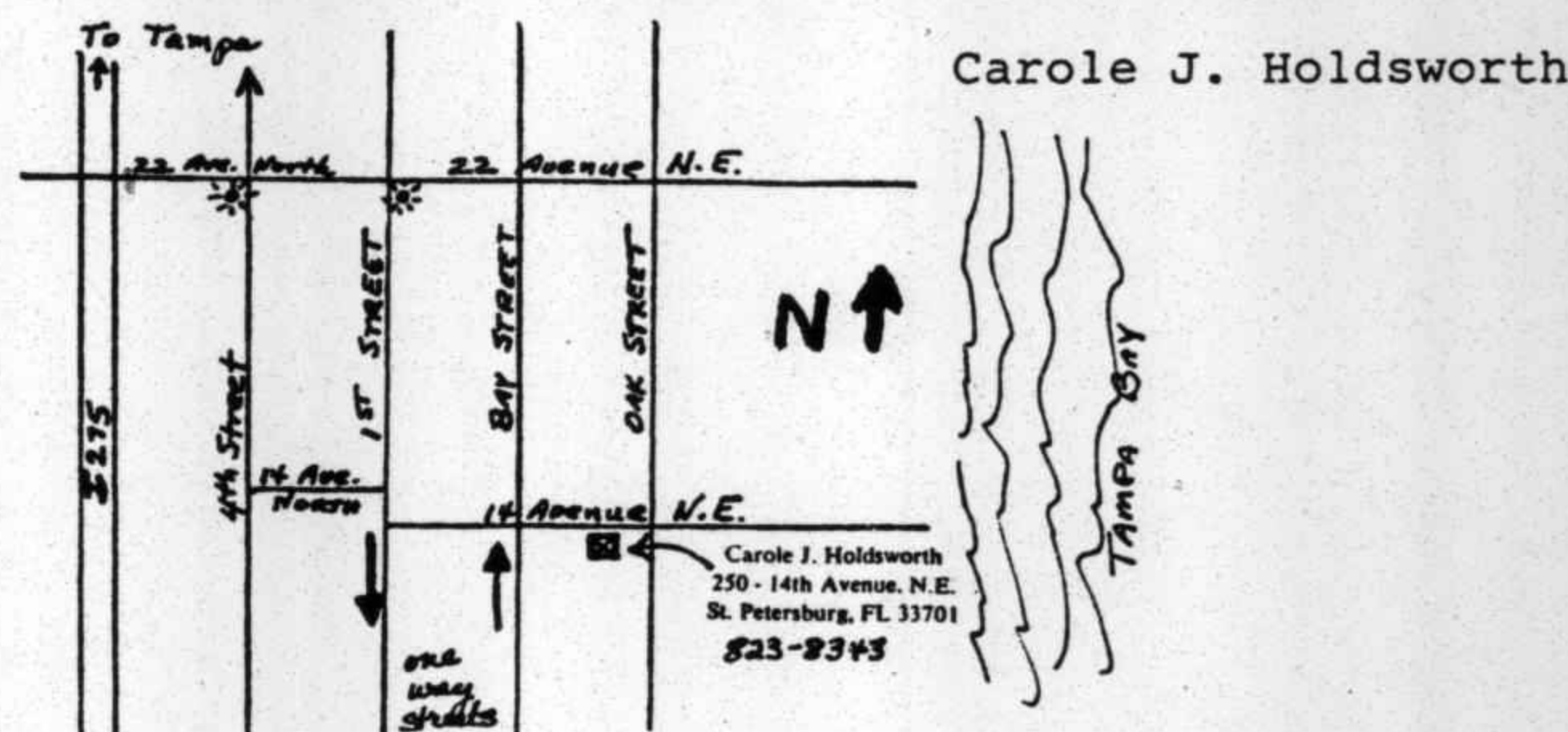
June 7 - Friday - 8:00 PM

We are "OFF TO SEE THE WIZARD" again by popular demand. We shall be leaving my home in St. Pete at 6:45 PM, meeting with the group from the Tampa side of the Bay at 7:30 at the Ramada Inn at Busch Blvd & I-275 to carpool out to see Lewis Van Dercar. Lewis is a most fascinating man and very eager to share his interest in the paranormal and the occult with inquiring minds such as ours.

Lewis is known throughout the world -- some call him a wizard, a witch, or a warlock. I know him as a sensitive and multi-talented artist -- a GOOD man with a lot of interesting stories to tell, and an answer to most any question you can come up with regarding our special interest group -- although he doesn't always CHOOSE to answer all questions!)

IN LIEU OF THE NORMAL \$1 KITTY, we are each to bring a bag of snacks or cracker & cheese or soft drinks or cookies, etc. or RUM (his favorite drink is rum & coke). An RSVP is most important for this meeting so we can arrange the carpooling and coordinate the goodies.

My home is at 250 14th Avenue, N.E., St. Petersburg. Please phone me at 823-8343 (evenings) or 893-1931 (days) with your RSVP, or you may call Hilda Kilgore in Tampa at 988-0657 if you are on the Tampa side of the Bay.



SPECIAL ACTIVITIES IN JUNE AND JULY

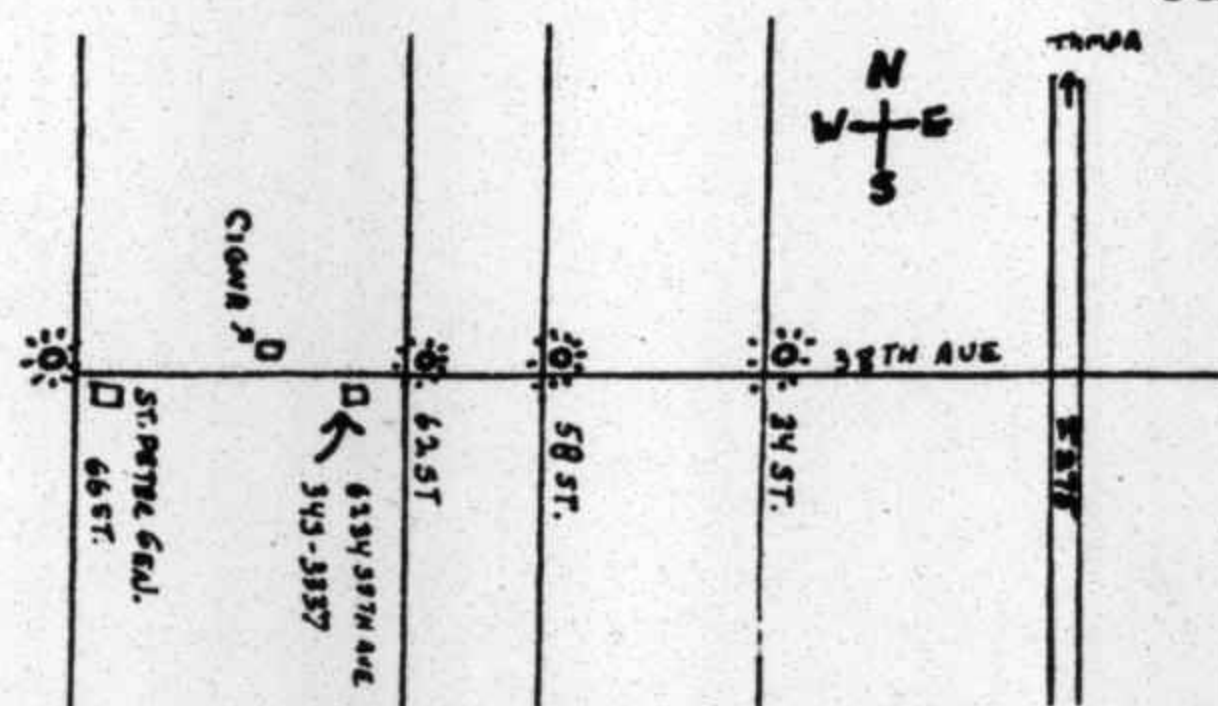
June 12 - Wednesday - 7:30 PM

Tashunka Nagi, also known as Buck Ghost Horse, an American Indian Medicine Man of the Lakota Sioux tribe, will be holding a HEALING LIGHT CEREMONY this evening at the home of Tom and Janet Andersen, 6234 38th Ave. N., St. Pete, phone 343-3337. I personally have attended several of these Healing Light Ceremonies and can report that this is a very beautiful and sacred Indian ceremony, the purpose of which is physical and spiritual healing.

Please make an effort to RSVP if you plan to attend. You may call them directly at the number as given (evenings).

Normal \$1 kitty, and please be advised that Buck and Joyce gratefully accept donations for the medicine work that they do, as that is their only means of income.

Carole J. Holdsworth



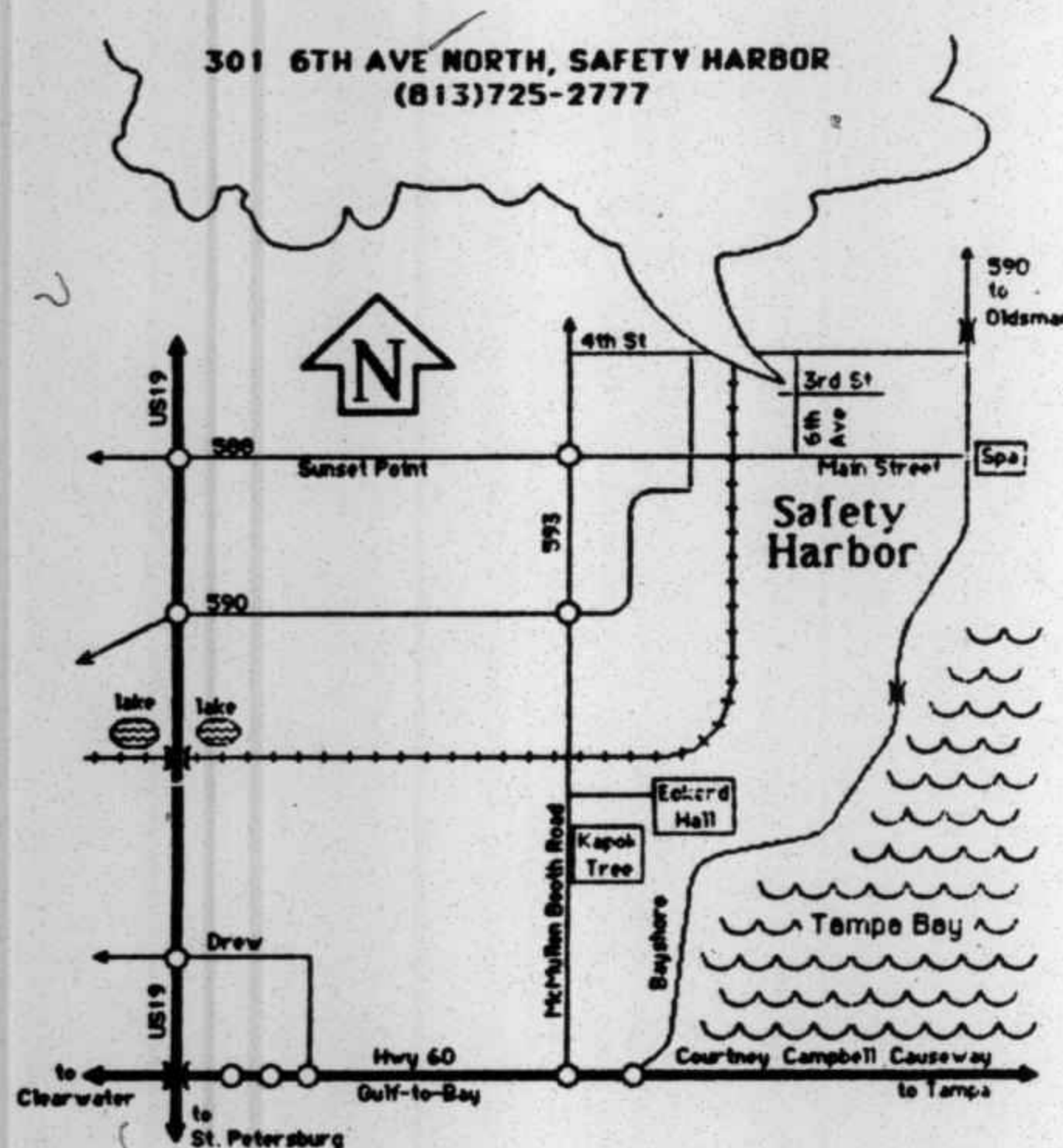
2nd and 4th Sundays of EACH Month - 2:00 PM

Buck Ghost Horse will be conducting a Sweat Lodge for us at Harry Reid's in Safety Harbor. This is an ancient American Indian Healing and Purification Ritual, combining the cleansing process involved in sweating in a man-made lodge with heat generated from red-hot volcanic rocks which are brought into the lodge in a series of four "rounds" and creating herbal steam by sprinkling water on these very hot rocks. You need to wear a bathing suit or shorts and top so that you will be minimally clothed while in the lodge. Also wear or bring some clothing for comfort upon exiting the lodge.

Please bring some tobacco (any kind) as the traditional offering for the ceremonial pipe and some food to share -- cheese and crackers, fruit, cookies, brownies, soft drinks, or whatever you like. An RSVP for this is a MUST as we need to limit the group to about 16. No kitty for this meeting but remember that donations are welcomed. I have attended several of the Sweat Lodge meetings and can highly recommend them as I found them to be extremely spiritual in nature and came away feeling great!

Please RSVP to Buck or Joyce in St. Pete at 321-0061 so they can keep a head count and answer any questions you have regarding the Sweat Lodge.

Carole J. Holdsworth



JULY MEETING / JULY MEETING / JULY MEETING

July 5 - Friday - 8:00 PM

WE ARE THE EARTHQUAKE GENERATION -- A LOOK INTO THE FUTURE PART TWO: THE FINALE will be the topic of the SIG meeting to be held this evening at the home of members Tom and Janet Andersen. You will recall that we had a meeting on this topic in March and we promised you more of the same including an experiment utilizing guided meditation techniques to contact someone in a future generation. Tom Andersen and Hilda Kilgore will conduct the meeting and yours truly will be the subject of the experiment. Tom will begin by giving a synopsis of the prior meeting's lecture before we launch into the experiment. As you may recall, the first event of the sequence was a massive tidal wave in India. With this week's news of what has happened in Bangladesh -- today's Times (May 28) gave an accounting of 10,000 people missing and feared dead after a cyclone and accompanying 10 foot waves devastated the area over the weekend -- chills went through my bones. Just last issue I printed under

"Recent Meetings" the statement made by several of the attendees at the March meeting: "When the tidal wave hits India, we are packing our bags and heading for the Cincinnati Ridge." Some of us are now watching for the eruption of Mt. Vesuvius . . . and conversations about packing have come up in the past few days!

The Andersens live at 6234 38th Ave. North in St. Pete, phone 343-3337. If you are SMART you will RSVP before coming to this meeting! Who knows, Tom & Janet, Hilda and I may have left by then . . .

Carole J. Holdsworth

(See map to Andersen's on page 2. Overflow parking use the Cigna lot a couple of blocks West of their house.)

OUR RECENT MEETINGS

Our April 5th meeting entitled "HOW I BECAME INTERESTED IN THE PARANORMAL" provided an excellent format for swapping stories, which we did for over three hours. Many of the attendees cited instances of paranormal behavior in early childhood. Some told how it angered and frightened their parents -- so they learned to block it. Most thought that what they experienced was "everyday" and "normal" until they were old enough to realize that they were exhibiting a behavior pattern not quite like that of the general population. In most instances, these "psychic children" did put it all on the back burner until they were adults and realized that they wanted to know more about various phenomena which they had experienced in their young lives and that it was indeed OK to study and learn to utilize their abilities.

One member told about an ancestress who was purportedly a witch and had been disowned by the family -- so much so that they tried to keep her name out of the family genealogy book and refused to discuss her with the next generations. Said member also discussed moving objects in a room as a child, but dismissed it as not being as interesting as some of the other stories.

Another member talked about a game he played with his mother when he was young. She would ask him what time it was and he would tell her when he was not in the proximity of any clocks, and be extremely accurate.

A third member talked about being at the airport in the town where his daughter lived and deciding that he had better phone her right away if he wanted to catch her because her friends were waiting in the car to take her on an outing. Upon phoning her, she said to him that she was sorry that she couldn't talk to him right then because she was on her way out, and in fact had just let herself back into the house when she heard the phone ringing, but that her friends were waiting to take her with them and she had to leave.

One of the most exciting things that happened at the meeting was when Keely Boyance walked in "on her own steam." Keely is the young girl who was so badly injured in the motorcycle accident the first week of November. For awhile the doctors didn't know if she would live. Then they said she would be in the hospital for several months. Next they said that she wouldn't walk for a LONG time. When she came to the December SIG meeting in a wheelchair approximately 1 month after the accident we were all thrilled. She had a pin holding her leg together but she was in good spirits, and she was out of the hospital! When I phoned her in April and found that she had been WALKING FOR ABOUT A

MONTH, I was ecstatic! My joy was shared with all when she attended the April 5th meeting. You see, what the doctors DIDN'T KNOW, is that Keely has a group of friends who practice Psychic Healing -- AND IT WORKS!

Dr. James F. Strange, the Dean of the College of Arts and Letters at USF and a Professor of Religious Studies, was a fascinating speaker for our May 3rd meeting at Hilda's, where he spoke on the subject of PARAPSYCHOLOGY AND ARCHAEOLOGY. He told us of some successes with the use of psychics to find the treasures of antiquity in the ruins of ancient Israel, where he has been digging for the past 15 years. Not only have psychics told archaeologists WHERE to dig, sometimes they have even told them WHAT THEY WILL FIND in a given location. Our group was so enamored with Dr. Strange and his lecture, that I subsequently invited him to speak to another group at the Mensa Regional Gathering in Treasure Island, FL on Memorial Day weekend, and he was equally well received by Mensans from around the country -- as well as by some well-known local skeptics!

Some of us in the group are trying an experiment for Dr. Strange. He brought some maps of an area in Israel where he will be digging this summer, called Tel Sepphoris. We are trying to tell him by psychic means where we feel he should do his digging. If enough of us individually come up with the same location on the map, there's a good chance that he will follow our hunches. Wouldn't that be exciting if we could help him to find his buried treasure that way?!

Carole J. Holdsworth

SIG NEWS UPDATE

Happy Birthday to Us! We are officially one year old as a NATIONAL SIG with this issue. Our mailing list numbers approximately 130 to date, of which roughly 120 are paid members and the balance are Mensa officers and exchange-editor subscriptions. If all of the membership renew their subscriptions I think that the SIG will "break even" in the next couple of months as far as the cost of producing The Tamulet is concerned. I certainly hope so because I can't carry the SIG financially indefinitely.

Following are the figures as of TODAY. They do NOT include the cost of printing and mailing the issue you are holding in your hand.

TOTAL DEBITS from May 10, 1984 through June 3, 1985 are \$724.73.

TOTAL CREDITS from May 10, 1984 through June 3, 1985 are \$599.00.

The Debit column is made up of the actual cost of producing The Tamulet, i.e., printing, postage, press type, typesetting of headlines, computer disks, paper, ribbons, word processing program (I use the Hess Omniwriter, in case you're interested), rental of a printer for one issue before I bought one (on my own -- NOT SIG funds), drafting table and lamp for paste-up, T-square, triangles, glue, and mailing labels. The computer, disk drive, printer, and monitor I bought on my own and they belong to me -- I use a Commodore 64.

The Credit column reflects the paid memberships, gift subscriptions, and the \$1 per sample I am collecting from those who request same by mail.

The subscription/membership price was originally \$4 for Mensans and \$5 for Associates, but I increased that to \$5 and \$6 respectively in February of this year to better reflect the actual cost involved.

The MINIMUM cost involved for printing and mailing each issue is currently \$70.00. I found a printer who charges me \$41.48 for printing 200 copies of the camera-ready eight-page newsletter and postage on the 130 copies mailed is currently \$28.60. The other 70 copies are distributed at local meetings, Mensa Regional Gatherings, sample copies requested by Mensans nationwide from the listing in the national Bulletin, and by local members who request copies to send samples to their friends who may be interested in joining our SIG. All work is done on a volunteer basis -- we have NO PAID HELPERS.

So, that is our current financial picture. I would be delighted to accept paid advertising if you would like to submit same. The price will be reasonable -- MAKE ME AN OFFER I CAN'T REFUSE!

Now -- where are all of the contributors?? This publication can only be as good as what we can print in it. Surely you must be getting tired of reading all that I write and you would like some fresh blood, so to speak. I welcome articles and letters for publication. PLEASE!! Page 2 gives the deadline and particulars.

Jack Hall contributed the ESP EXERCISE which I published in the last issue and for which I am publishing the answers from MY master sheet in this issue. I was somewhat disheartened by your lack of response in sending in a copy of your answers to me for compilation of results. I received only 5 answer sheets out of nearly 200 copies distributed! What's the matter out there? I thought you would find this fun to do and that it would be a good overall experiment on ESP and telepathy. I didn't even get a response from the Society for Psychic Investigation in Jerome, AZ. I wrote to them for a copy of THEIR master sheet so that I could compare your results not only with MY master but with THEIRS ALSO.

Of the five brave souls who turned one in to me, we had a "Hit" rate ranging between 21% and 29% correct. I think that is pretty good, since each question had a 10-part answer except for (3) which had only 9 (vertical) columns. I would appreciate it if one of you mathematical geniuses out there could tell me what the "chance figures" on this test would be. I had hoped to get that information from the Society for Psychic Investigation, but haven't as yet so I guess I probably won't.

I can only hope that you did take the time to try this exercise and that you will be pleased with your results. If you did really well, and you can document that you completed the exercise before this issue arrived, drop me a line so I can do a follow up on this, please. And if you weren't pleased with your results, don't be discouraged because this was only one exercise and hopefully we shall have more in future issues.

I have not as yet placed the classified ad seeking haunted houses in the area. I'm not really sure of how to handle the responses, yet. We have done some investigating locally from within the ranks. One night we got about a forty-five minute dialogue going with something by using an Ouija Board at Eloise's house. And when we asked the spirit to show herself to us, over

LETTERS

Dear Carole,

A female Mensan (hereinafter referred to as an FM) who read my article (on the Dimitri Mitropoulos incident) asked if the following experience was a message from the after life:

She often would feel a sharp tug on her skirt, as if someone was trying to get her attention.

I wrote that I didn't believe that "they" could cause physical movement here -- that their only method was by a subconscious mental telepathy. A couple days later I was out in my work shed, where I had been searching for a thin board I needed for several days with no luck. I knew I had one, but couldn't find it. I heard a loud "knock" behind me, across the room, and looked over my shoulder at the sound just in time to see the thin board I'd been looking for tilt outward from where it had been leaning against the wall, and fall to the floor!! It had been hidden by a pile of junk, and I hadn't seen it. I could find no reason for the loud sound, nor for the movement of the board.

NOW WHAT?!!

Moral: It doesn't pay to be too dogmatic about what can and cannot be done in parapsychology.

I had been corresponding with another FM on the subject and had told her that I had discovered that if I had one of those "waking dreams" as I told about in the Dimitri incident, that if I would just relax and "listen" they would often be followed by a message. I suggested that she try it. She wrote to say it worked. She didn't have a dream, but always woke up groggy in the morning. So, she just lay there and "listened". She soon heard: "Pray for Barbara." Barbara was a distant relative she hadn't seen in 20 years and "hadn't thought about for ages". Checking up, she discovered Barbara was about to have an operation. Wonder what others will have in the way of experiences if they try this? The technique: Upon first awakening, lie quietly and don't think. Just be in a quietly receptive frame of mind. If a string of thoughts start going through your mind, don't fight them. Just relax and "listen".

Much as it goes against what I've always believed, I have come to the conclusion that deceased individuals can get through to some people in that way. It always seems to be a different person each time, and a random occurrence much like someone seeing an open door and poking in his head to say "Hi".

Carole, tell these people who are interested in something other than parapsychology to try a SIG in their interests, rather than try to change this one. There is an Astrology SIG. Probably also one which would take in reading Tarot cards, entrails of cattle, tea leaves, etc. Parapsychology is solely a legitimate study of how the mind seems to work in ways we can't explain through the senses. It is not fortune telling, palm reading, or any other bit of nonsense. Insistence on including these other things as being part of parapsychology will only drive out those members sincerely interested in the field. Mental healing is a part of it. That is what your Indian friend is into. You can heal people at a distance, they say. (Wonder if they could "heal" impotence in a 65 year old retired dogface soldier? Sigh.)

Wish I had kept my class notes on the last class in parapsychology I took at Athens State, so I could list the inclusive topics of this interesting field.

I'm not surprised you felt cheated after paying \$35 for a phony reading. Rule of thumb: If they charge they're quacks. Real psychics are embarrassed by their talent, which they don't fully understand (based on childhood society training) and make no claims. Get a group of people together who have DEMONSTRATED psychic ability, and they will produce good results consistently. Discourage the gullible "true believers" who are looking for some kind of new religion to lean on. This field attracts a lot of nuts when opened to the general public. Also, it attracts cynical, smart-aleck reporters with their story already written before the interview and only looking for some statement to hang a headline on.

Regards,
Ross A. Sheldon
222 Connery Circle
Biloxi, MS 39531

Dear Ross,

Thank you for your letter. You made several points that I disagree with, however. Briefly, I shall answer here:

- (1) I consider parapsychology to be the study of any and all facets of the paranormal. I feel that Astrology belongs under this umbrella, as do Tarot readings, psychometry, reading tea-leaves, runes or sand, a crystal ball or glass of water -- or cattle entrails. I wish to submit to you that a reader uses whatever tool he or she is comfortable with. The MIND is what is actually doing the psychic work. I am not about to send people interested in these topics elsewhere, as I myself, and many of the local members I know, are interested in some of these things. I am gaining a reputation as a pretty decent Tarot reader locally; I have practiced psychometry for about 10 years, and my crystal ball sits on my fireplace mantle in my living room! (No, I don't charge for readings.) I do NOT AGREE that this is all nonsense! And I apologize to NO ONE for what I believe!
- (2) Yes, psychic healing could probably help you with your "problem" but you have to open your mind, first. Your many letters show me that you are not as open-minded as you profess to be. You may be 65 years old but you are a "Babe in the Woods" on some aspects of parapsychology, the paranormal and the occult.
- (3) Granted, I was disappointed in my trip to Cassadaga and my \$35 reading. But others who went and paid nearly as much -- and MORE -- came away very pleased. Either my reader had a bad day or he just wasn't tuning in to ME. He has a very good reputation. So I disagree with your statement that only quacks charge for readings.

Please don't take offense at my answers to your nice letter. I am only trying to educate you. That is what this SIG is all about.

Sincerely,
Carole

PS: To quote you, "It doesn't pay to be too dogmatic about what can and cannot be done in parapsychology!"

READING THE RUNES

This column provides an overview of parapsychological literature. Not all of the books reviewed will be currently in print. This does not mean that they are unavailable however. If a book that has been reviewed interests you, begin searching for it by contacting your local library or bookstore. Either of these sources should own an annual publication called Books In Print. If it is listed in the current edition of this reference work, it is probably in print and obtainable through any bookstore that has it in stock or is willing to order it from the publisher. If the book is not in print, a library in your area may have a copy you can read. If the book is not in the collection of a library where you have check out privileges, they may still be able to obtain a copy for you through interlibrary loan. Ask the librarian for details. It is also possible to buy out of print books. If the book is recently out of print, call the publisher and ask if they still have any copies available for sale. Also, check with any used or antiquarian book dealers in your area. Many of these dealers provide search services for out of print books at little or no charge. Mail order services, such as Publishers Central Bureau, often carry out of print overstocks which they have purchased from the publishers. If you reach a deadend on searching for a book, or have any other questions, write me: Ms. Eloise R. Hurst

4013 Fig St.
Tampa, FL 33609

Dudley, Geoffrey A. Dreams: Their Mysteries Revealed. 2nd Edition. Wellingborough, Northamptonshire, England: Aquarian Press, 1979. 96 pages.

This book discusses modern psychological and scientific techniques for studying dreams. Several dream interpretation systems are contrasted by applying them to ten typical dreams. Warning dreams, dreams of crime and punishment, hypnagogic visions, hallucinations, telepathic dreams and predictive dreams are also discussed.

Minimal information is contained in this book. It consists of a brief sketch of scientific dream research, endless examples of the application of various dream interpretation systems (without ever explaining enough for you to use any of them yourself), and condescending explanations of hypnagogic visions, telepathy and prediction dreams. It is of absolutely no use to anyone interested in studying dream interpretation and of no apparent use for anything else.

I have been unable to locate any credentials on the author. The book simply lists on the title page that he holds a "B.A. (Lond.)".

Eloise R. Hurst, Librarian

Gold, E. J. The Lazy Man's Guide to Death and Dying. Nevada City, CA: IDHNB Publishing, 1983. 92 pages. \$8.95.

The book offers detailed instructions on the correct procedures to follow after death if you wish to maintain control over whether you are reincarnated or not.

Billed as "metaphysical humor" by the publisher, the book conceals the few insights it offers in harsh sarcastic humor. For example, "A reddish yellow radiation will seem to arise by itself from your primary source of visions and sensations -- recognize this as your own

elephantshit. Don't be afraid, because in Reality, elephantshit is the unveiled vision and the unveiled vision is elephantshit. Recognizing this indeterminate truth will instantly produce Liberation." Those of you who find this humorous, will undoubtedly have split your sides before completing page 2 of the book. Those of you who don't, shouldn't waste your \$8.95. Personally, I enjoy intelligent sarcastic witicisms in small doses, but I was very bored long before page 92.

E. J. Gold authored a similar book in 1981 entitled New American Book of the Dead. He heads IDHNB, Inc., a metaphysical teaching organization in California.

Eloise R. Hurst, Librarian

Long, Max Freedom. Introduction to Huna: the Workable Psycho-Religious System of the Polynesians. Cottonwood, AZ: Esoteric Publications, 1945. (Reprint ed. 1975). 79 pages.

This book describes the Polynesian spiritualistic tradition known as Huna, meaning the Secret. The underlying philosophy of the tradition is explained. The techniques of such Huna practices as fire walking and instant healing are detailed.

The book is a good overview of Huna traditions. Explanations of the traditions and practices are clear and concise. The material is arranged in a logical, progressive order, allowing the reader to comprehend the fundamentals of the Huna philosophy gradually.

Max Freedom Long was a professional researcher and writer in the areas of history, religion and languages. He spent over twenty years researching the ancient Polynesian Huna philosophy. In 1945 he established the Huna Research Associates, an organization whose purpose was to put Huna philosophies to practical use.

Eloise R. Hurst, Librarian

Buckland, Raymond and Carrington, Hereward. Amazing Secrets of the Psychic World. West Nyack, NY: Parker Publishing Co., 1975. (An updated and revised version of Your Psychic Powers and How to Develop Them). 201 pages.

The book consists of a series of progressively advanced practical exercises to develop various psychic faculties. Some of the areas covered are telepathy, clairvoyance, crystal gazing, psychometry, automatic writing, aura reading, mediumship, and utilizing the seven chakras.

The authors define each area covered and provide a thumbnail historical sketch. The instructions for each exercise are clearly stated and the step-by-step progression easy to follow. I experimented by trying out some of the basic exercises and found the results most encouraging. I recommend this book highly to anyone interested in cultivating their psychic abilities.

Both authors are respected authorities on psychic phenomena. Dr. Buckland has taught occult science at several universities and founded the first Museum of Witchcraft and Magic in the United States. Mr. Carrington has also lectured widely and founded the American Psychical Institute and Laboratory.

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PARAPSYCHOLOGY SIG MEMBERSHIP APPLICATION

Please fill out questionnaire entirely and return with your check for Membership Dues, made payable to the Coordinator:

MAIL Carole J. Holdsworth, Coordinator
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READING THE RUNES -- Continued

Frost, Gavin and Yvonne. A Witch's Guide to Life: A Modern School of Wise Craft Applies Ancient Teachings to the Problems of the World Today. Jerome, AZ: Luminary Press, 1978. 136 pages.

The book summarizes basic Wiccan religious principles. The practical application of these principles in various areas of modern daily life is discussed. Some of the areas covered are health maintenance, business ethics, and personal property ownership.

While the book does contain some interesting information, the writers too frequently generalize and make flippant remarks (for which they apologize in a footnote on more than one occasion). Example: "...the gadget lies mouldering in the corner until the next disappointing attempt -- or worse still, until it's given to the Indians.*" (Footnote at bottom of page) "* Not that we have anything against Indians; it's just that this seems to be the universally familiar tag phrase." Personally, I've never heard this "universally familiar tag phrase". Another problem is that the historical data presented in the book is inadequately referenced. In fairness to the authors, however, I have read many of their "facts" in more than one additional source.

The authors are both nationally known and respected proponents of the ancient religion of Wicca. Together, they head the Church and School of Wicca in New Bern, NC.

Eloise R. Hurst, Librarian

SIG NEWS UPDATE Continued from Page 4

half of us there saw an etheric figure form in the same area of the room and move towards us. Unfortunately, we have been unable to verify any details as far as whether or not such a person ever existed. We were getting names, dates, and details of the life and death of this person who identified herself as Nellie, who had supposedly lived in Eloise's house several years ago, had had a small crippled child (a girl), and who had been strangled by her own father during an argument concerning whether or not the child should be institutionalized. It was a very interesting evening but we haven't been able to prove anything to date on any of it. Either we all have terrific imaginations, the proof is yet to come, or something was testing us (for gullibility -- or patience?) Who knows . . .

If any of you local members have a house that you feel warrants investigation along these lines, please give me a call and we'll discuss it and take it from there.

Thank you to all of you who have supported this SIG during our infancy in getting established on a national level. I enjoy the work that we are doing together and I hope that we can all learn more together in the coming year. Have a Beautiful Summer and let me hear from you.

Blessed Be,
Carole J. Holdsworth
Coordinator/Editor

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METAPHYSICAL EDUCATION FOR CHILDREN

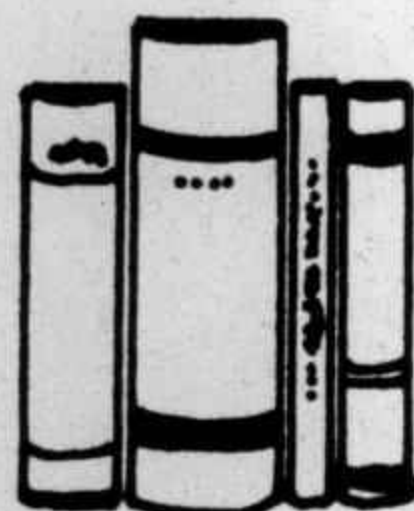
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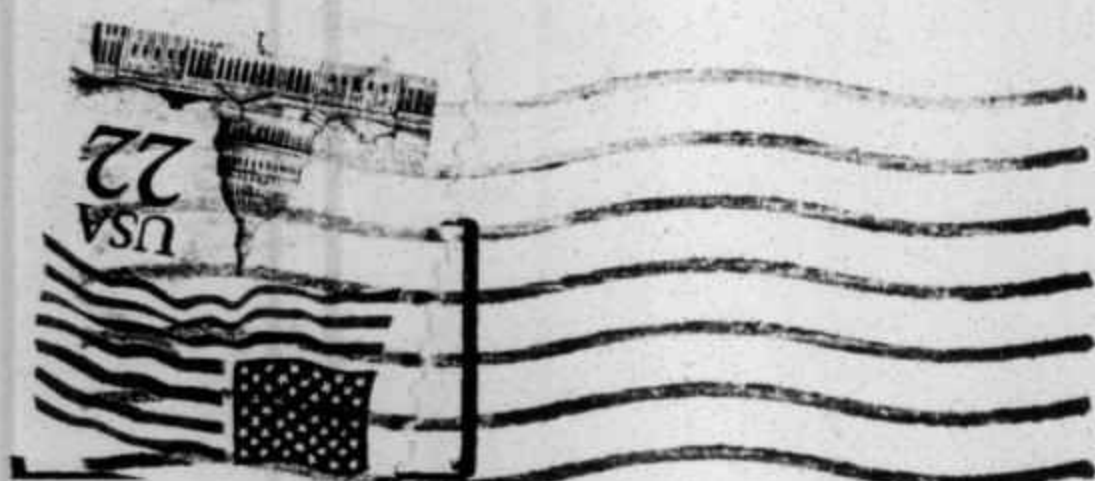
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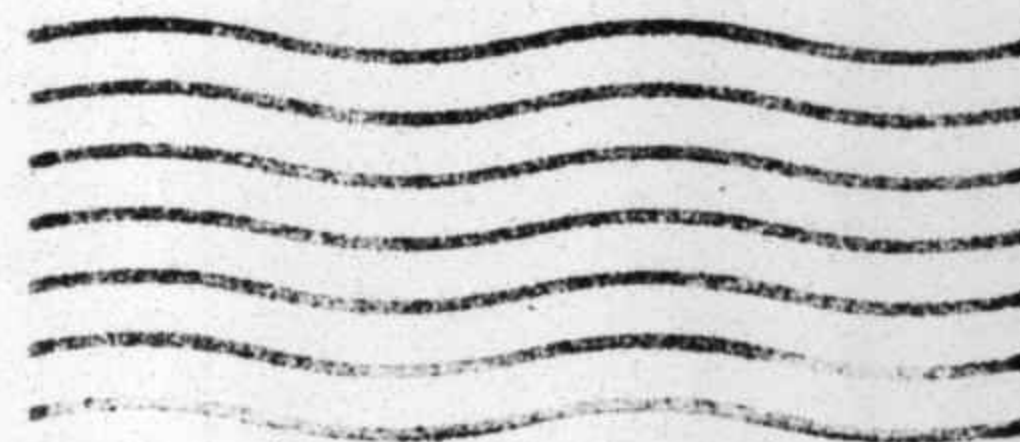
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A REMINDER



June 7 PPSY SIG MEETING at Lewis Van Dercar's in Pasco County
June 9 and 23 Sweat Lodge at Harry Reid's in Safety Harbor
June 12 Healing Light Ceremony at Andersen's in St. Pete
July 5 PPSY SIG MEETING at Andersen's in St. Pete
July 14 and 28 Sweat Lodge at Harry Reid's in Safety Harbor

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