

THE TAMULET



WINTER
1990-91

QUARTERLY PUBLICATION OF THE PARAPSYCHOLOGY SIG
A Special Interest Group of American Mensa, Ltd.

Volume 7
Number 2

TALES OF ENCHANTMENT

Tales is dedicated to relating true stories of things that happen either to or around me and mine in our day-to-day lives. The names will be changed to protect the identity of people who prefer it that way.

Psychic Healing has been one of my favorite subjects for several years. This interest began in 1984 while I lived in the Tampa Bay Area. I was looking for a SIG speaker to talk on the topic for our local group's meeting. At about the same time as I was busily searching for a speaker, a couple of my close Mensan friends got into situations wherein one was seriously ill with a heart attack and at risk of sudden death without warning, and another had been injured in a motorcycle accident while transporting a young woman who was also very critically injured. During December, 1984, I reported on these incidents (Volume 1, No. 4, THE TAMULET) and how I got together with a group of caring friends in Tampa and we learned how to raise and project certain healing energies to help our friends. The subsequent outcome was that all three of these patients recovered very quickly, in 50% (or less) time than their doctors had anticipated, and the critically injured young woman recovered to a greater extent than her doctor's prognosis had indicated she would. She had been told that she wouldn't walk for a year, but, in fact, she walked into a SIG meeting unassisted just four months after her accident, and we all just went crazy rejoicing with her! Members of our healing circle were ecstatic to learn we had presumably helped these people, so

we began doing healing circles just about every time we got together, and over a course of several years, I feel that we did indeed help many, many people who were sick or afflicted in one way or another. It became a tradition for me to have a yearly Psychic Healing Holiday Party at my home in December. The last one I held in St. Petersburg two years ago had 45-50 people in attendance. We would talk about the various types of healing, i.e., hands on, remote, prayer, crystal, etc., and after a break for refreshments, we always reconvened and held a giant healing circle. We each put in the names of friends or family who were in need of physical, mental or emotional healing, and then we pooled our energies into a common visualization and our voices into a common chant, while raising the energies higher and higher until they reached an unbelievably intense peak and were then simultaneously released to a crystalline focal point and from there to those in need. What a wonderful experience it was and how I enjoyed having stories of healings brought back to me month after month. Unfortunately the SIG group here is still in its formative stages and we haven't been able to experience this type of meeting in Orange Park yet.

What I want to discuss with you this issue is what it was like for ME to be on the RECEIVING END of such psychic healing circles this past month!

I entered the hospital on October 21 to have gall bladder removal surgery on the 22nd. I had been sick for a couple of years, off and on, with sudden intense pain in

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SUBMISSIONS of articles of interest to the field of parapsychology, letters, artwork, "how to" instructions, etc. are encouraged, and should be sent to the editor for typing. **DEADLINE FOR PUBLICATION IS THE 15TH DAY OF THE MONTH PRIOR TO THE UPCOMING ISSUE.**

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MEMBERSHIP DUES

Our Parapsychology SIG dues, which include a subscription to the newsletter, shall be assessed as follows:

\$6.00 per year for Mensan* member & household

\$7.00 per year for Associate member & household

Checks should be made payable to Carole Preisach. This entitles the member/household to six issues of **THE TAMULET**, with one copy per issue being mailed to each member household.

As with most Mensa meetings, there will be a \$1 to \$2 PER PERSON KITTY collected at the SIG meetings to help defray the cost of snacks and drinks. Your cooperation is necessary and appreciated.

*PLEASE NOTE: Formal membership is limited to Mensans per official policy of American Mensa, Ltd. Non-Mensans are welcomed to join our SIG as non-voting Associates.

OUR TAMULET LOGO

Our logo was designed by Eloise R. (Hurst) McCarthy, a Tampa member of our SIG. The following meanings are given for the various parts of the logo:



= Motion



= Growth



= Healing



= Love/Happiness



SATELLITE SIG MEETINGS

Several of you have written that you wish you could attend our SIG meetings. Of course, you are most welcome to do so if you happen to be in the area when one is held. But better yet, why not get a group together of your own? Usually all that is necessary is to ask around. Show them our publication and schedule a planning meeting. Ask for topics and speakers. That is how this SIG got started in 1982! I shall publish articles and reports as submitted.

MEETINGS SCHEDULED

Jacksonville Area

January 5 - Saturday - 7:30 PM

We are going to start off our first meeting of the year with one of the subjects nearest and dearest to my heart: **PSYCHIC HEALING**. The meeting will be held at the home of the SIG Coordinator at 2262 Sandy Court, Orange Park, phone 269-9535.

Psychic Healing comes in many forms and that is what we will be discussing, investigating and utilizing. An RSVP is appreciated so I will know how many of you to expect and also in case there is a last minute change of plans in program or location.

February 2 -- Saturday Evening

In the "Old Religion" this date brought the celebration of IMBOLG, one of the Major Sabbats of the Wicca (Witches), Druidism and other such earth-oriented religions practiced for many centuries before Christianity took a foothold in the world. During the Inquisition and the Burning Times these celebrations went underground to protect those who practiced them from religious persecution, torture and unspeakably cruel deaths. Now, for the first time ever, this SIG is pleased to be able to issue an invitation to an open Wiccan Sabbat to be held at an unpublished location. Those wishing to attend must call Carole at 269-9535 by January 31, and will need to bring a suitable robe to wear and a covered dish to share in the feast. You will also need to come with an open mind, leaving all preconceived fears and prejudices at home, and join us in an attitude of Perfect Love and Perfect Trust, for a wonderful time of celebration and the Turning of the Wheel of Life.

MEETINGS SCHEDULED (CONTINUED)

Tampa Bay Area

December 7 - Friday - 8 PM

"TOUCH FOR HEALTH", a technique to help locate and prevent underlying pre-diagnostic diseases, will be the topic of a discussion led by William Fray at the meeting this evening to be held at the home of Valerie Marcinak, 3520 Magnolia Ridge, Palm Harbor, phone 785-0476.

Please phone your program contacts for further information if needed. **CORRECTION: RITA MILLER'S correct phone number is 864-3701. An incorrect number was previously published. SORRY!!**

January 4 - Friday - 8 PM

"Boy, Do I Need A (Humor) Vacation!" -- Jerry Cade, psychologist and counsellor, speaks about the healing properties of laughter. Call program contacts for location.

February 1 - Friday - 8 PM

Jan Malsek will speak on an aspect of astrology. Call program contacts for location.

URGENT CALL FOR MENSAN VOLUNTEERS

This is a reminder that in Tampa Bay there exists a satellite group of the Mensa Parapsychology SIG, and as such, this satellite group needs Mensan volunteers to do the following:

Host Meetings

Submit copy for publication in the Tampa Bay Sounding

Suggest topics of interest for upcoming meetings and help to facilitate these meetings by giving names of possible speakers to the current acting Tampa Bay Area Program Coordinator, Diana Peradotti.

WITHOUT MENSAN VOLUNTEERS to do these things, Tampa Bay Mensa is not going to recognize your group as a satellite group of the Parapsychology SIG, a Special Interest Group of American Mensa, Ltd., of which I am the founder and National Coordinator, as well as Editor and Publisher of this newsletter.

When I lived in your area, I did everything by myself: arrange speakers and hosts/hostesses if I wasn't also being the hostess, submit copy to the Sounding, attend and moderate all meetings if I was not presenting the program myself, and type, proofread, edit, layout & publish this newsletter. I usually got some help with the final night's work: including folding, stapling, labeling, stamping & mailing. These are the duties I am currently filling alone in the Jacksonville area. I cannot do these things in Tampa also. I am asking for several volunteers, not just one. Please

call or write to me if you are willing to put some time back into this group for what you have gotten out of it. Thank you.

Carole Preisach
SIG COORDINATOR
(etc., etc., etc.)

READING THE RUNES ON HIATUS

Our book review section will be absent from this issue due to the fact that Eloise Hurst McCarthy's baby boy is taking up more of her time and she was unable to submit copy for this issue. She assured me that she will get back into it when able, and that Dan, her husband, may pinch-hit for her also. If any of you other readers would care to submit any reviews of parapsychological literature, you are welcome and encouraged to do so and I will include them as I am able. Eloise has done this column for years and we appreciate all of her efforts.

* * REMOTE VIEWING EXPERIMENT * *

Listen up, folks! It's time to exercise your psychic grey matter. Here is an invitation to visit me in Orange Park, FL -- astrally, please. Take a trip over and try to get a fix on what my living room is like, in as much detail as possible . . . colors, textures, accessories, whatever. The entrant who comes up with the closest description or the most correct matches will gain fame and recognition (if he/she wants it), in this fine, upstanding publication plus be awarded something nice!

Here are some questions to get you started:

1. Type of flooring?
2. Size of room?
3. Description of walls?
4. Description of ceiling?
5. Colors predominant?
6. Focal points?
7. Accessories?
8. Textures?
9. Reference to floor plan?
10. Windows or doors?

As far as how to do this experiment, I would suggest the following:

Get into a relaxed, meditative state and have this newsletter nearby. When you are ready, pick up the newsletter and mentally tune into me and my home. See my living room through my eyes. If possible, dictate your impressions either into a tape recorder or to another person. If not, make mental notes, or written notes if you have to and can do so without disrupting your train of thought. You want to record whatever your impressions are, in words or drawings, without analysis. It is likely that you will get impressions of me as well as the

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"TALES OF ENCHANTMENT" CONTINUED

my abdomen, lasting from 15 minutes to 4 hours at a time. Until this summer the problem had been undiagnosed, and since it happened infrequently in the beginning, I didn't pay a whole lot of attention to it. During this spring my symptoms intensified, driving me to my doctor who ordered tests for hiatal hernia, ulcers, and gall bladder disease. I finally got the results in August, just after my husband left on his deployment to the Middle East. I wanted to put off having surgery while he was gone because I have a houseful of pets (which was compounded in September by my wolf, Mariah, having four puppies!) and there would be no one here to care for them and for me as I convalesced. On October 1st I had the 4 hour attack during the night, so I decided I could no longer procrastinate and scheduled an appointment with my doctor for the 4th to see when we could do the surgery. The Navy hospital had lost many of its staff to the Middle East deployment and I wasn't sure they were restaffed sufficiently to handle other than emergencies.

Knowing that I wanted to be operated on soon, I unexpectedly found myself with the opportunity to participate in a positive manifestation / healing circle at a local metaphysical church on October 3rd. When it came time for my personal request for a desired manifestation, I requested that my surgery would be available soon and that it would be very successful and that my recovery would be rapid and complete and that I would start feeling well again. I had been feeling really sick for a couple of months. Most days I felt weak, tired and generally lousy, plus just about everything I ate would cause me a problem to one degree or another.

The evening on which I entered the hospital, a phone call came to my home from one of my close friends in Tampa; one with whom I had done healing circles for so many years. She reached my father-in-law, Jin,

who had driven over from St. Pete to pet- and house-sit for me, and, identifying herself to him as a SIG member, asked him to tell me, "All of us are there with her!"

My surgery was around 7:30 AM on Monday. I was back in my room by 9:45 AM, and ate lunch when it was served. I was up walking to the bathroom later that afternoon and the following morning I traversed the hallway alone to call on another patient (whom I knew from the "outside") who was having surgery that morning! I was surprised that I could stand up very erect with a fresh seven inch incision in my abdomen. (Being no neophyte to surgery, I remember that every other time it was difficult to stand erect right away!) At 3:30 that afternoon, I went down to the surgical floor to check on my friend who had not yet returned from surgery, and waited outside the recovery room for an hour to be sure she was ok. (I used the time well to do some "healing light work" for her from out in the hallway.) The nurses, corpsmen and other patients in my room were all telling me that I was doing so remarkably well, using words like "miraculous" and "unbelievable" and amazed that I was just one day out of surgery. That night I got out of bed a few times to help these other patients, and it became clear to me that when I stopped being a patient and started being a caregiver it was time for me to get out of the hospital so I could get some rest and finish my convalescence. The next morning I went home from the hospital -- roughly 48 hours after my surgery.

My convalescence has been remarkably easy for me. What should have been the hardest surgery I've had to date has been the easiest and I feel that I had wonderful help from those healing circles.

What goes around comes around, and it was certainly grand!

Thank you all so very much!

Blessed Be!

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SEASON'S GREETINGS TO YOU ALL!

LETTERS

Dear Carole,

I hope your moving has stopped, but as for getting a group started in this area, it is almost impossible. At the present time, there are only two M's in the town of Riverton (Wyoming). We had our state Mensa convention here in July and we had a big group of 10 members and spouses.

Are there any more SIG members within 300 miles? We consider that close in this state.

Lois Henry
Riverton, WY

(None in Wyoming. Anybody out there close to Lois please speak up.)

Dear Carole,

I don't think I want a newsletter on parapsychology any more. I'm interested only in the subject of spirituality now.

I enjoyed your comments on yourself. We are coming fast into a Golden Age, as witnessed by the changes in the USSR (with similar healing badly needed in the USA). For many? all people? our dismay and trouble is heightened. For those on a spiritual path, "bad" things seem to have happened but underneath it is for our own development.

I feel tempted to tell you about the Spiritual Emergence Network, run by two California psychiatrists, Stanislav and Christina Grof. They point out, as Jung did, that a lot of 'mental illness' is really spiritual growing pains which the general run of psychiatrists misdiagnose and mistreat. The organization can tell people which person in their area is adept in this.

Spiritual Emergence Network
Institute of Transpersonal
Psychology
250 Oak Grove
Menlo Park, CA 94025
Phone: (415) 327-2776

If you would like more information it is more productive to write them than to call, in my experience.

As to Larry Forness, I know a woman who is a very good seer and a most reputable person. She is half-Indian (Abenaki). Her grandmother was a healer and clairvoyant and my friend does not charge. But she is poor and any decent person should make a decent contribution whether he is immediately satisfied or not.

She is:

Doris Minckler
Upper Ferris
Swanton, VT 05488
Phone: (802) 868-7384

I was much impressed with the letter from the Witches of Greater

Jacksonville. It's an excellent statement of what spirituality should be.

All the best,
Robert M. Albrecht, MD
Winooski, VT

Dear Carole,

I've enjoyed bits and pieces of THE TAMULEI over the past year. I think there are many people in this world searching--for something ...? Edgar Cayce is an interesting study, but not all of the answers are there either. I would like to investigate the aspects of Witchcraft, but, unfortunately, I'm rather remote from any groups. And our area is suffering from satanism hysteria, making one very cautious about openly seeking anything to do with the occult. So I shuffle my Tarot cards and puzzle over them.

Since I am so far removed from your groups, I'm not extending my subscription. Reading about meetings and not being able to attend doesn't satisfy my search for knowledge. So I must, regretfully, say "so long" and thank you. Good luck with the newsletter. Blessed Be!

Sincerely,
V. L. Thorn
Davis, IL

(This must be my day to lose subscribers!. You are not alone! Have you checked out PONSIG? Sometimes it just takes time and patience! Good Luck and Blessed Be!)

Dear Carole,

Just a quick update on a couple of things. First, a new address. Second, I'm MARRIED! My new name is Sarabia. He and I have known each other for 3+ years. He is a teacher and a Wiccan. And he is great at putting up with me yelling "earthquake!" at the top of my lungs in the middle of the night every time a major one will happen (a lot, lately). Of course, I'm good at putting up with his snoring, so it all balances out.

By the way . . . all those whose perceptions are getting scrambled by the almost worldwide tension centered on the MidEast, raise your hands. And how many of you out there want to tell those news anchors "Gesundheit!" every time they say "Hussein?"

Blessed Be, All!
Michelle (Skigen) Sarabia
Mesilla Park, NM

(Congratulations! May to Go! On behalf of the SIG, I wish you much happiness for all lifetimes long!)

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Dear Carole,

Thanks for the sample of THE TAMULET. The letters and book reviews were just what I was looking for, so here's my membership check. I just joined Mensa and may not be on an official list yet.

I have had no outstanding psychic experiences in my lifetime but have seen evidence at times of a psychic connection with my close friends.

Recently, I have tried to find out about these connections through "object-sending" sessions, (*Remote Viewing* -- see Page 3) where one person meditates on an object and the other receives characteristics of and associations around that object. I have done this with 3 friends on different occasions, with good results.

In August, one of these friends and I started holding sessions weekly and for the first time, over a distance. The results have ranged from so-so to very exciting. We record everything we experience separately and then compare notes and evaluate. It has quickly become an exercise in analysis and interpretation, for we "see" a lot more than we know how to explain.

I am interested in communicating with anyone who would like to:

1. Give us tips;
2. Recommend books;
3. Share what they have done to develop psychically;
4. See our notes.

Thank you.

Carol Ringo
4031 W. Jolly #21
Lansing, MI 48911
Phone (517) 646-6304

Dear Carole,

Greetings. Saw your group and THE TAMULET mentioned in CIRCLE GUIDE and wanted to write. Am very interested in psychic abilities and would like to network with other like-minded folks, especially pagans. Please send info on membership and, if possible, info on any contacts/meetings in the NYC Metro Area. Also, enclosed is SASE and \$2 for sample copies of THE TAMULET. If you have any info on telepathy, that would be most appreciated as would anything on psychic development.

Thanks & Blessed Be.

Toni Gatling,
New York, NY

(The following is a copy of a letter which my husband wrote, in biblical verse, to one of his shipmates aboard the USS Saratoga. They were embroiled in a discussion of religious beliefs, the friend being a Fundamentalist Christian and John being otherwise. The friend was quoting from his bible as though it was the only book in the world containing any truth. Therefore, John wrote some Truth in a way he hoped his friend could understand it. When I read his letter, I was overcome with emotion because I was a part of the group which had worked to help this man and this woman. I wrote back to John: "Tell your friend he can stack up all of the bibles he can lay his hands upon and I will swear on them that what you have written here is Truth.")

FIRST LETTER OF JOHN TO RANGEL --

1 John was in the state of Florida with his brothers and sisters and a man came unto them and they were friends.

2 The man was sick and he said, "I am eaten from the inside as if by worms, and my muscles will not function as they once did." 3 He asked John and his brothers and sisters for help and they prayed and laid hands on him and God healed the man's cancer. 4 The man now has left his very deathbed and holds employment with a computer firm.

5 Hearing this, a woman came among John and his brothers & sisters and said, "I am being eaten from within, can you not give me aid?" 6 John and his brothers and sisters prayed for God to spare her life and God said, "It is not to be." 7 They prayed a second time and beseeched God, "Make us the vessels of your will, Lord." 8 And God's will was done, and the woman died. 9 Her death was made more comfortable by their prayers and she was content.

10 John sayeth that there is only one entity who hath the power to see all and in that power have discernment. John suggesteth that the true followers of God seek to do God's will in all things, and therein shall they find the gift of discernment.

This is the word of John;
Take it for what it's worth.

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USS SARATOGA

LET'S ASK BRONWYN

Bronwyn GoodWitch, non de plume for a local Wiccan High Priestess, has graciously offered to field questions from the readership regarding the often misunderstood practices of Witchcraft. It is our hope that her candor about this chosen spiritual path will help to lay to rest some of the false ideas which have been perpetuated for many centuries -- most stemming from the predominant general belief that, "Witches are evil women in league with the devil."

Question: What is a Witch?

Bronwyn: A Witch, frequently called a "Wiccan" today, is a person who practices the Earth Religion of Wicca, Witchcraft, or The Craft. A Witch can be either male or female. I do not use the term "warlock" for a male Witch, believing that name to be a misnomer.

Question: Do Witches really have supernatural powers? If so, what is the source of those powers?

Bronwyn: I would state unequivocally that Witches have powers, but these are not supernatural powers, they are very natural powers. As to the source of these powers I would say that a Witch draws his or her power through direct alignment with his or her Gods/Goddesses.

Question: Could you elaborate on that please?

Bronwyn: Certainly. I am now speaking for myself, not for every Witch that exists in the world, because I really cannot speak for others. What I mean by the preceding answer is that a Witch is a person who has learned to use his or her innate psychic abilities, if you will, and has practiced enough to have sharpened these skills to a certain degree of reliability. For instance, ESP: a Witch who is especially good at ESP will have learned to listen to those fleeting impressions (sometimes voices) in their own head, knowing that the information gleaned is usually pretty accurate and directly related to whatever person they are thinking

of or whom they are with at the time.

By drawing an alignment with the Gods/Goddesses, I mean getting in harmony with whichever aspect of the SUPREME BEING that seems appropriate for the task at hand. In my religious belief system, this supreme being is so powerful that to describe it or define it would be to limit it. Instead, we visualize an aspect of the whole, which is much easier to relate to than the being in its totality.

Question: Why is it always believed that Witches are "in league with the devil"?

Bronwyn: This common misconception began because of the "Horned God" aspect of the deity thousands of years ago.

As explained above, we visualize, or draw an alignment to, different aspects of the supreme being. The MALE HUNTER ASPECT has often been depicted as a horned figure. Horns used to be a symbol for divinity before Christian times. Michelangelo's statue of "Moses" was sculpted with tiny horns on his head. Pan, a god of the woods or forests, is a cloven-hoofed, horned male deity aspect known for his virility, fertility and physical prowess, frequently representative of the urgency and wildness inherent in the reproduction of the species. Because sex was seen as evil, Christianity deemed Pan evil. "The God of the Old Religion became the devil of the new."

(Please address further inquiries to BRONWYN c/o THE TABULET.)

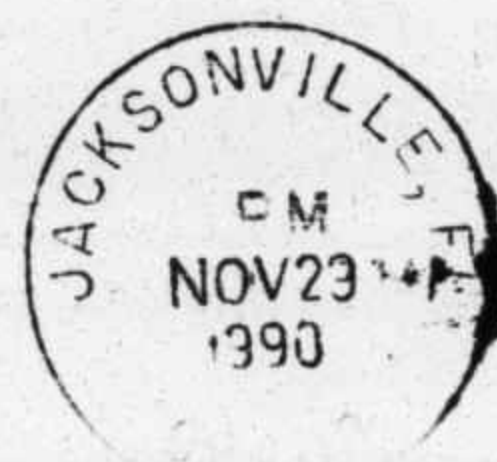
REMOTE VIEWING Continued from Page 3

living room. That is fine, and please include same in your entry. Remember, for best results, do not analyze your impressions, just state them as they come to you. Mail your entry to me for tabulation. Don't be afraid of being wrong about anything. We learn to do these things by trial and error, and *trial and success*. You won't succeed if you don't try! My full mailing address is on Page 2.

Good Luck!

Carole Preisach

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MENSA is an international society in which the sole requirement for qualification for membership is a score at or above the 98th percentile on any of a number of standard IQ tests. Mensa is a non-profit organization whose main purpose is to serve as a means of communication and assembly for its members. Special Interest Groups within Mensa provide a basis for involvement in various activities and the sharing of opinions and ideas.

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