



Since the human body is composed of various energy and mineral combinations it is not surprising that it is so easily effected by other Earth energy matter combinations or contaminations. For thousands of years 'sensitives' have shunned areas and objects that have held 'bad vibrations'. Healers and shammons have long used the many substances and objects with 'good vives' to heal and aid the body. One of the most abundant healing substances on Earth has been the mineral forms themselves. Many crystals and rocks carry certain vibratory levels that help heal and balance various areas of the body. Lithium rick rocks and crystals are a good example. The various deposits of Lithium rich minerals produce spring waters that are famous for healing. Lepidolite & other Lithium rich ores can be worn next to the body to help balance the bodys energy points or chakras. Since virtually all deseases are effected by the stress levels of the individual, it is not surprising that the stress reducing Lithium influence is so helpfull. Various other crystals & stones containing various substances and metals have curative value to those with such understanding.

Mud and clay have been valuable healing agents since the dawn of history. Virtually all of the great Greek & Roman healers used clay. Part of the reason for the remarkable success of Clay, is the fact that its Negatively charged flat sides, attract the positive charge of most deseased matter & poisons. It literally acts as a magnet to attract the substances that are bad for the human body. Applied wet, the clay slowly draws out the poisons and pains of the sick & unhealthy body. Since the established medical profession of the present is guided by profit seeking chemical cartels, almost no notice is given to the use of clay today. Acne ointments, tooth pasts and other expensive products may have clay in them, but it is never publicised. To get the benefits of clay or minerals you will need to act on your own. Many expensive spas in resort areas will apply clay packs for \$30 or so. The only truly inexpensive spa using clay I am aware of is one is Tecopa, CA. just south of Death Valley. They have Bentonite clay pits that are open to the public for only \$5 a day...along with the use of the hot springs. The highly refined deposit of Bentinite in Wyoming called Pascolite is ideal for home use. It is fine enough for use as a toothpaste or internal drink, and draws poisons externally, extremely well. Persons who run spas and sell such products can tell story after story of the worst death bed cases responding to clay treatments. Typical are the Tumer cases that respond so well to Clay. Women with tumors in the uterus usually have to act for themselves and put the clay in & over the afflicted area. In a matter of weeks the tumors are, in many cases, expelled. Internal doses of clay are used where there are internal tumors, ulcers and other problems. A few spoons can be added to a glass of water and the finer particles suspended in the upper area of the gass can be drunk. If the pure clay is taken, it is often necessary to take roughage or laxative teas along with the clay to get it through the intestines. Not more than a teaspoon full of clay a day is needed, since it is not necessarily the quantity thats helpfull as much as the quality....

Hot springs are a favorite healing method for many. Some of the springs contain enough minerals to act well in absorbsion of poisons & the heat hightens the effect. A friend once suffered for 3 weeks from various body aches and pains until we went to the 'Dirty Sock hot springs' just East of Olanchia, California. Its bubbly gases & higher Sulpher content seemed to be just what was needed & relief came in 10 minutes. If you ever get in this area you can visit the many other hot springs in the same area. Just a mile or so south of Bishop, CA. there are some great little free pools near the giant power line poles just West of the highway. Lake Crowley which is a short distance north of Bishop also has a free public hot springs area just East of the lake. Heading North from here, there are warm natural pools just a few miles this side of Bridgeport a mile to the East of the hyway. Hundreds of other free hot springs dot the western US areas and its usually easy to track down a book on hot springs to find the locations. A couple of my favorites are the beautifull Deep Creek hot springs in the N.W. area of the San Bernardino mountains in Southern California, and the Verde Hot Springs, some 30 miles E. of Camp Verde Arizona. Idaho has a number of hot springs resorts and just North of Lowman there is not only a great public pool, but a wild natural hot springs as well. The water comes tumbling down the rocky sides of the turbulent Payette river into natural pools. In such areas, it is the scenic beauty as well as the healing waters and minerals that heal.

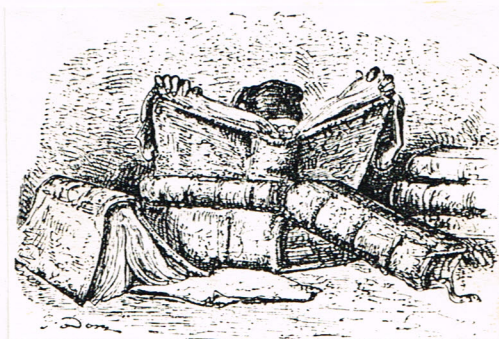
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Virtually all great avatars and teachers have advocated self knowledge to find fulfillment. All of the truly great doctrines and religions have lasted because they carry pieces of the truth and show both sides of our choices. Since we humans have a number of MIND components, it is how we learn to have these components work together that brings us to our spiritual goals. We have one mind component that is interested in materialism and gain on a material level, we have other components more interested in beauty and simple pleasures. Going on some mountain top and contemplating for long periods is simply a waste of time if it prevents our learning balance. The little known secret of gaining great spirituality is in balancing the minds under whatever circumstances we find ourselves in. When we get the typical self serving, selfish or 'evil' thoughts we should simply realize that it is only necessary to not act on such thoughts. All great avatars get such thoughts and most simply have ignored them and kept on an ethical pattern. Soon the negative thoughts fade and we go on to other thoughts and actions. Learning the art of mind balancing is as simple as learning to walk or deal with other persons. Staying in one mind dwell to long can bring disaster. Sickness and pain result when we are only working for material things. After a time, our other components rebel and we can wind up in a hospital bed or worse... for relief... On the other hand if we only flitter away all our time in idleness and pleasure, monetary rewards are missing and we are stunned by society and our fellow beings. Learning to balance our minds and allow our components to work together brings a greater flow of electrical wattage flowing into our brains. While the average person works on only about 7 watts from jumping from one mind to another, having each mind work mutually with the others will multiply the wattage. At 20 watts, miracles occur instantaneously. This wattage is very easy to attain IF the minds learn to cooperate with one another. Buddha, Christ and the other teachers taught that balance and ethics were important with good reason. As long as individuals or societies remain materialistic or unbalanced, they stagnate and self destruct. They are following a dead end path and self destruction is necessary to allow a rerun of lessons. Karma and experience are hard and brutal to slow learners. Spiritual growth, pleasure and control over matter are the rewards for those who apply mind balance techniques. Such truths and principles have always been available. The higher and lower selves of the ancient Egyptian and Pacific 'Huna' cultures are only a couple of examples that are a little more specific than the worlds more popular 'Bibles'. Anytime you hear the references to 'water in the christian Bible, for example, you can assume the reference is usually applicable to mind energy flow from mind balance. The Egyptians had much of this balancing technique down to a science. The symbols are easily decoded in the works of scholars like Max Freedom Long. More detailed methodologies are available in the works of A.B.Glaser, a contemporary Avitar that could match the miracles of Jesus the Christ.

As the ending of one of the major world cycle comes to a close, the slow learners of our world are coming to another time of choice. They can accept domination principles which will block their progress, They can do nothing to advance themselves which will also obviously block their advancement...or, they can ask inwardly for guidance and start accepting the knowledge and responsibilities that come with spiritual advancement. Eternal life and pleasure are a couple of the rewards long mentioned. As we all notice the chaos of Choice and domination patterns struggling in the lives of learners, hopefully enough of us can be strong enough examples to aid our fellow being on the path of choice and ethics.

Glaser's works available from Modern Humans, 9237 Craver, Morrongo Valley, CA 92256



THE ELIMINATION OF HARMFULL RAYS AND CONTAMINATIONS IN FOODS THROUGH POLARITY ALTERATION SUBSTANCES.

A. Fry



While hospitals in the civilized nations fill at an unprecedented rate, orthodox medicine seldom equates the deterioration of our health with the changes in our living habits and diet. One of the all time most popular poisons that we humans ingest constantly is aluminum. Foods cooked in Aluminum pots leach the metallic salts right out of this soft metal and a huge percentage of persons go around partially poisoned. Autopsys show the intestines coated with a blackish slime in advanced cases. Others just just have impaired health . Running water through Aluminum irrigation pipes poisons the water. It reverses any positive polarity the water carries and tends to devitalize the plants getting watered. As a result, the plants do not grow as well and are subject to insect infestations. Nature has two distinct energies working within her system. Positive energies or rays build up and Negative energies tear down. Aluminum and most other poisons attract negative rays. Persons exposed to such rays often get headaches & digestive problems at Ist. Later, their complete body slowly starts to break down. Unknown to most persons, there are a number of ways to polarize poisoned food and areas with positive rays. Certain sea weeds, Minerals, and gems tend to attract positive rays and change the atomic binding in aluminum. One woman who found an especially effective formulation started marketing the substance in the early 60's. Her 'Springlife Polarity Neutralizers' showed astonishing results on human & animal ailments. When the neutralizers were placed near any contaminated foods the poisons were neutralized in a very short time. Virtually all foods and drinks containing toxic substances had their toxic substances broken down into inert elements. This polarity reversal worked whenever the substances and liquids were exposed directly to the polarizer. If Glass, plastic or metals like Aluminum were in the way, it would block the energy flows. Stangely enough, Aluminum had its moleculars altered by this polarity change. Persons found that Aluminum trailers which were normally blocking off positive solar rays and unhealthy to live in could be changed. By exposing the Aluminum shell to a polarizer, the metal would no longer act as anegative ray attractor. Since nature tends to destroy any of her creations which carry strong negative energies, this was very important. Persons living in Aluminum shielded trailers & mobile homes could start getting more positive vibes again. If you will note the great destruction to mobile home parks in tornado country you can witness a perfect example of how nature uses one of her cleansing methods. In the work "Implosion " many principles of natures vortex cleansing actions are explained. (\$8.00)

Persons using polarity devices simply set the foods on a container of the substance. Springlife Polarity devices carry the substances in a stainless steel box somewhat larger than a pack of cigarettes. Sometimes the ingredients are held in cloth pillows or small sacks. Since Plastics and glass hinder the polarity reversal action, the contents of bottles or plastic containers are treated by placing the polarizer on the uncapped lid of the container for a minute or two. Fruits ,vegetables,meats and such can be set directly on the polarizer or in a stainless or wood container..placed on the polarizer. Nuts,Grains and oil filled foods have their ransidity reversed with reasonable exposure. Water treated with flourides and chlorine will lose such chemicals with exposure. Dozens of drug store lotions and potions carry toxic contaminations. These can also be altered back to a safe state through polarization. Since fresh foods keep much longer near a polarizer this is the way to test a polarizer. If, for example, a banana, avacado or potato starts to turn dark when a sliced portion is left near the polarizer, something is wrong with the energies in the area the polarizer is in. Just move the polarizer to a non shielded or more open area. Thin plastic will allow the energies of a polarizer to pass through with only reasonable blockage, Thick plastic is another story. Since the kinetic energy held in water or food is indicative of the foods quality, it is simple to test most foods and liquids. The animal body of the human can easily smell and taste the difference between 'charged' and 'dead' foods. Any heated and distilled water that has no flavor or pleasant taste is 'dead' and should be treated. Most of the canned and processed foods we eat are 'dead' and supply only bulk and a partial percentage of normal nutrients. Treating such 'dead' foods with a polarity device will not bring back the destroyed nutrients but can render the toxic substances harmless and raise the energy of the food. Unknown to most, much of our energy comes through kinetic energy we breath and drink in, not food. (A longer tale)

THESE POISONS WE EAT



Watch out pilgrim, your being poisoned and unless you watch what you put in your mouth a little closer, your health and life span are in for a clipping.... To keep profits at the highest levels possible, the giant food cartels are using tons of dangerous additives to keep their junk foods on the shelves longer. FDA safeguards are pretty easy to bypass and they could care less. The chemical cartels that supply medicines are in the same families and they profit even more from sickness, Books covering the details of all this are usually available in most libraries or health foods stores but lets skim over highlights

Nutrients that should be in food are milled and processed out in most of today's food processing. The artificial vitamins or nutrients that may get put back are simply not the same. The electronic polarity and enzyme content often completely missing

Flavors, colors, preservatives, antioxidants, emulsifiers, stabilizers, oxidants, and dozens of other agents, not only don't supply nutrients, they are poisons. Often safe natural preservatives are available but the cheaper, more dangerous synthetics are preferred. These may not poison us on the spot, but they often break down our immunity and get to us in the long run. Once in a while poisons like Thalidomide and cyclamates get enough bad publicity to get banned. Most, however, just keep working away helping induce a breakdown in health further down the line.

While most dangerous additives get put in foods while they are being processed, some like hormones get fed to the animals we eat. Ever wonder why today's women are more manly and slimmer than in older times. Or why so many men are becoming 'gay' or more feminine? Instead of filling out in their late teens, today's girls are often sexually mature before they leave grammar school. This hormonal upset ruins marriages and keeps millions from their rightful roles and pleasures. Women are driven to compete with men and have no idea that this is not normal. History, and a look into a saner past can be revealing.... DES is implanted in chickens and over 90% of our beef today. Despite links with cancer, it and a dozen growth stimulants almost as bad stay in use. The better known antibiotics also get dumped regularly in most animal feeds. Along with the separately administered types, they act to kill a human's good intestinal flora and encourage yeast infections etc.

Because they do not break down normally, synthetic industrial chemicals like PCB stay in the environment and poison us for years. Birth defects and liver damage are only a couple of the side effects possible. Irradiation was another brainstorm of the chemical and energy cartels to get money from nuclear wastes. Aside from destroying vital enzymes and vitamins, it has brought a shorter life and degenerative diseases to lab animals.

What can we do? Simply stop buying and consuming processed foods. The use of a simple polarizing device on all foods cuts down their poisonous effect. Taking colloidal minerals can help keep your immunity and resistance up. Niacin, to bring on a flushing action in the system is valuable to wash out poisons. So are periodic saunas and baths where the temperature gets above 104°. More effective, but more costly, are chelation therapy treatments using EDTA. Various reports on this subject are available from Incredible Inquiries, 9237 Craver, Morongo Valley, CA. 92256 USA

GET YOUR COPPER

The brain and heart release strong magnetic emissions which are kept undiluted through the protection of copper. Hair is the main carrier of copper and the body's natural shielding substance. Darker races like Negroes lose a little more copper in later life and have a higher incidence of heart trouble as a result. When the copper in the system drops below normal levels the hair turns grey. This can happen very quickly in the event of an emotional shock. Nature gave us humans hair to shield us against various forms of outside magnetism and radiation. The darker the hair, the more effective the protective action. Blondes simply lose a lot of this natural protection. How far this affects thinking straight, would be an interesting study.

Since cobalt tends to mobilize copper in the system, Vitamin B-12 is recommended to stimulate copper production. White persons can probably get a little further protection by adding Arginine to their diet and avoiding too much heat. Sweating takes out Zinc, Iron, Potassium, and Copper from the system. Junk foods with sugar are doubly harmful simply because too much energy is generated & we sweat more....

Few persons with normal levels of copper ever have any heart problems. It's the truth.