

**Voyagers International
Presents**

Coping Skills for Coming Earth Changes Preparing for 2000 – 2017

A Preparatory Workshop by
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The MCEO Freedom Teachings® Series
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Section 1: Earth Changes 2000-2017:

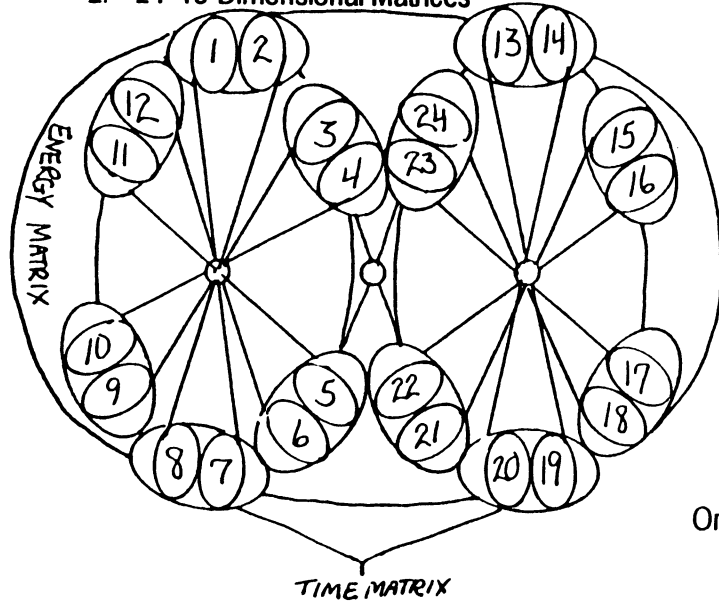
Solar Spectra Changes, *The Stellar Activations Cycle*, *The Stellar Bridge*,
Opening of *The Seven Seals* and Earth's 7 Primary Vortices
And the need for planetary healing.
Planetary healing begins with Personal Healing.

Charts

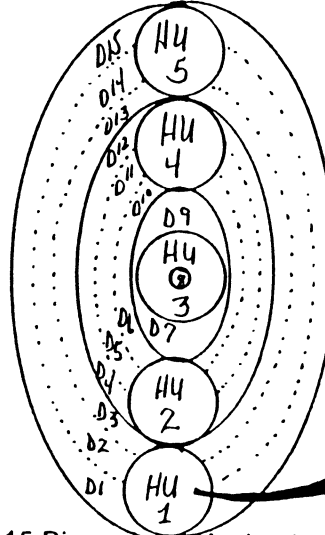
1. Cosmic Morphogenetic Structure
2. The Stellar Bridge
3. The Seven Seals

Chart 1: Cosmic Structure © 1999 A. Hayes

1. The Time Matrix, the Energy Matrix and the Yunasai
2. 24 15-Dimensional Matrices

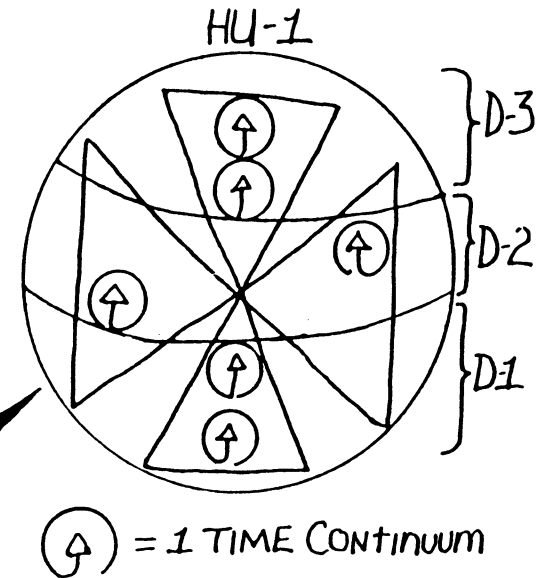


3. 5 Harmonic Universes per 15-Dimensional Matrix



One 15-Dimensional Matrix with 5 Harmonic Universes

4. 3 dimensions and 6 Time Continua in each Harmonic Universe

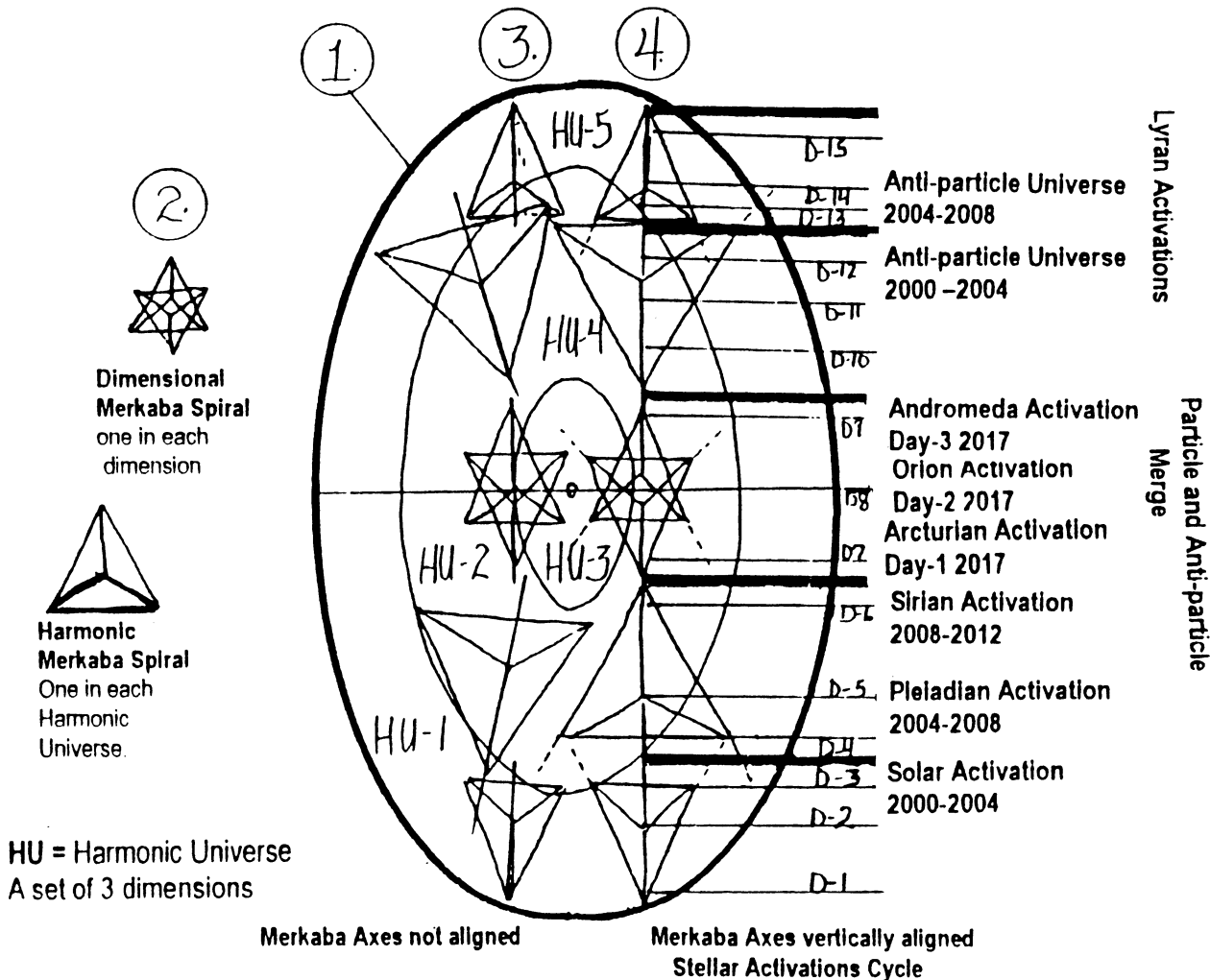


Earth is presently in Harmonic Universe-1 of its 15-Dimensional Matrix. Worlds of Harmonic Universes 2-5 and the Energy Matrix are considered as the **Higher Evolution**.

Through understanding the Cosmic Crystal Matrices that we evolve within we can understand our personal path of evolution and our indelible connection to the Divine.

Chart 2: The Stellar Bridge

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1. One 15-Dimensional Matrix
2. Dimensional Merkaba Spirals (counter-rotating Electro-magnetic Fields)
3. Vertical Merkaba Axes cycle in and out of alignment.
4. Every 26,556 years Vertical Axes Align to create the Stellar Bridge – a spiraling bridge of inter-dimensional frequency that moves downward from the Andromeda Star System, through Orion, Arcturus, Sirius, and the Pleiades and connects with Earth via the Solar Em fields, if Earth's core particle pulsation is fast enough.
5. Alignment dates of 4 segments of the Stellar Bridge

Earth enters the progressive alignment of the Stellar Bridge between 2000-2017, for the first time in 210,216 years, beginning a global Stellar Activations Cycle.

Chart 3: Opening of the 7 Seals

Earth's 7 Primary Vortices Opening and Closing Schedule

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<u>Vortex # & Location & Frequency Spectra</u>	<u>Open Cycle</u>	<u>Close Cycle</u>
1. Painted Desert, Arizona (D-1 – D-3)	1/1988-6/1992	6/2042 – 6/2047
2. Jerusalem, Israel (D-2 – D-4)	6/1992- 6/1996	6/2038 - 6/2042
3. Himalayan Mts., Asia (D-3 – D-5)	6/1996 – 1/2000	1/2035 - 6/2038
4. Giza, Egypt (D-4 – D-6)	1/2000 – 6/2004	6/2029 – 1/2035
5. Machu Picchu, Peru (D-5 – D-7)	6/2004 – 6/2008	6/2025 – 6/2029
6. Caucasus Mts., USSR (D-6 – D-8)	6/2008 – 1/2012	1/2022 – 6/2025
7. Andes Mts.,South America (D-7 – D-9)	1/2012 – 6/2017	6/2017 –1/2022

The Stellar Bridge alignment infuses Earth with progressively higher dimensional wave spectra causing the frequency seals of Earth's 7 Primary Vortices to progressively open. As each Vortex opens the dimensional wave spectra associated with that vortex begins running through Earth's EM fields, progressively raising the particle pulsation rhythm of the planet, creating a bio-physical Time Acceleration and period of Dimensional Blending that affects everything on the planet. In areas where Earth's EM fields are out of balance tectonic cracking can result. Vortex openings affect climatic patterns and the DNA of biological life forms.

Focused group energy working using Keylontic Science technique can assist Earth's Em fields to balance, lessening the potential for tectonic fracturing.

Section 2: Spontaneous Activation of Dormant DNA:

The Silicate matrix – the unidentified element of the human gene code, Spontaneous Activation of the Silicate Matrix due to Stellar Activations Cycle, contemporary medicine and psychiatry unprepared to diagnose or treat DNA activations.

Charts

4. The Silicate Matrix 12-Strand DNA Code

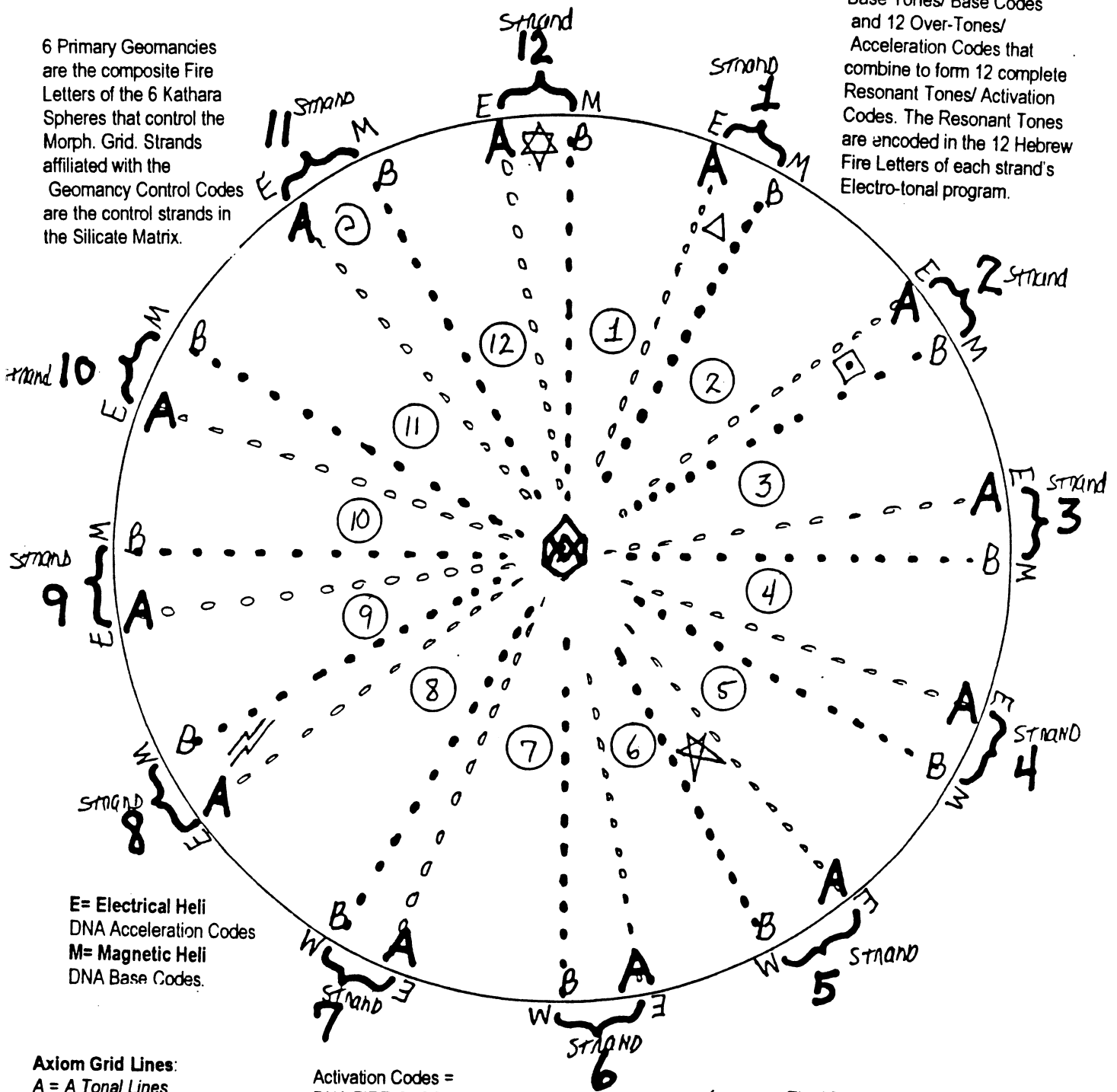
6.

Chart 4: The Silicate Matrix 12-Strand DNA The Betcha Hova Key

Structure of the Silicate Matrix 12-Strand DNA Pattern © 6/1999 Anna Hayes Gruber

6 Primary Geomancies are the composite Fire Letters of the 6 Kathara Spheres that control the Morph. Grid. Strands affiliated with the Geomancy Control Codes are the control strands in the Silicate Matrix.

Each DNA strand has 12 Base Tones/ Base Codes and 12 Over-Tones/ Acceleration Codes that combine to form 12 complete Resonant Tones/ Activation Codes. The Resonant Tones are encoded in the 12 Hebrew Fire Letters of each strand's Electro-tonal program.



E= Electrical Heli
DNA Acceleration Codes
M= Magnetic Heli
DNA Base Codes.

Axiom Grid Lines:
A = A Tonal Lines
Electrical heli used to
Activate Silicate Matrix
B= B Tonal Lines
Magnetic heli used to
receive activation from
A Tonal Lines.



Activation Codes =
DNA FIRE CODES:
Allow 1 strand to fuse
with the next creating
with anti-particle double
for transmutation to
Ante-matter.



= The "Crown Jewel"
Kathara Sphere 11
at Pineal links the
full Silicate
Matrix to the body.

Section 3: Symptoms of Spontaneous Silicate Matrix Activation:

Mental, emotional and physical symptoms of Silicate Matrix Activation are easily misdiagnosed. Conventional methods of symptom treatment can worsen condition. Keylontic Science technology is needed to prepare the body-mind-spirit system for Silicate Matrix Activation.

Charts

5. Potential *Mental Symptoms* of Silicate Matrix Activation
6. Potential *Emotional Symptoms* of Silicate Matrix Activation
7. Potential *Physical Symptoms* of Silicate Matrix Activation

Chart 5: Potential *Mental Symptoms* Of Silicate Matrix Activation

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Jitteriness – Mental Confusion – Difficulty Concentrating – Lethargy – Hyperactivity – Manic-Depressive-like or Obsessive-Compulsive-like symptoms – Idea Polarization – Bi-polar-disorder-like symptoms – periodic short or long term memory loss - emergence of lucid dreaming – reincarnational memory – out-of-body-episodes – “seeing Auras” – psychic abilities – “hearing inner voices” (as EM impulses from higher identity levels or sub-personality fragments begin translating into inner audio or visual experience) – telepathic or channeled contact with other-dimensional inhabitants – spontaneous periods of illumination

Individual experience will be determined by the condition of the Silicate Matrix within the gene code and by the level of personal mastery over the subtle energy bodies and multi-dimensional identity.

Chart 6: Potential *Emotional Symptoms* Of Silicate Matrix Activation

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Emotional Clearing

Spontaneous release of repressed emotional trauma memory – nightmares – amplification of existing emotional imbalances – over-reaction to everyday issues – periods of excessive fear or foreboding – laughing or crying jags – feelings of detachment or displacement in usual surroundings – depression – despondency – rapid processing of “karmic” issues – strong emotional reincarnation (or parallel Earth Double) bleed-through or recognition of others incarnational relationships - increase or development of phobias – spontaneous changes or shifts in emotional relationships – periods of extreme love, joy or rapture and spontaneous deeper appreciation of things mundane – periods of great vitality and peace – a cyclic roller-coaster of all of the above.

Individual experience will be determined by the condition of the Silicate Matrix within the gene code and by the level of personal mastery over the subtle energy bodies and multi-dimensional identity.

Chart 7: Potential *Physical Symptoms* Of Silicate Matrix Activation

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Periodic hyper-sensitivity to sound, light and/ or electromagnetic emanations – Occasional “hot or cold flashes” – shakiness – heart palpitations – temporary or cyclic eye, ear, joint or bone pain – ear ringing or buzzing – breathing difficulties – barometric sensitivity – increase of allergies of all kinds – hormonal imbalances – thyroid over or under activity – sudden weight loss – energy “rushes” – “white outs” – seizures – change in sleeping habits – amplification of disease conditions or spontaneous healing – horizontal striations or vertical ridging in the nails – sudden graying or loss of hair – accelerated decay, cracking or breaking of teeth or bone– weakening of immune system – visual perception of light movements and manifestations – sudden internal “thumps” or “jolts” felt or heard inside the skull – headaches and nausea – intestinal difficulties – spleen anomalies – feeling of electrical energy running through body or along spine – swelling at base of head – sensitive spots on skull – patches of skin that suddenly “fall asleep” or tingle – sensed heaviness, lightness, expansion or contraction of the body and awareness (matter density fluctuations) – increased vitality and reduction of aging if Silicate Matrix is activated properly – difficulty regulating body temperature – amplification of behavioral anomalies – temporary violent or aggressive outbursts – feeling of “skin crawling” – increase or loss of sexual drive – feeling of burning in palms or on soles of feet – food cravings – periods of mild dehydration - need for less sleep and less food if Silicate Matrix is activating properly.

Individual experience will be determined by the condition of the Silicate Matrix in the gene code and by the level of personal mastery over the subtle energy bodies and multi-dimensional identity.

Section 4: Physical Preparation For Silicate Matrix Activation: Breathing, Exercise and Consumption Habits. Guidelines for expanding the body's potential to hold inter-dimensional electro-magnetic wave spectra.

Charts

8. ***Technique 1:*** Soul Breathing
9. Guidelines for Physical Preparation
10. ***Technique 2:*** Raising the Frequency of Foods with Keylonta

Chart 8: Soul Breathing

Technique # 1 Full Field Breathing

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1. Sit quietly with eyes closed and slowly inhale. Hold inhale with lungs at full expansion for count of 3.
2. As you exhale imagine that you are blowing up a large balloon around you, the breath pushing it outward with your body remaining at the center – as if you are inside of a balloon.
3. Hold exhale with lungs empty for 3 count.
4. With the next inhale imagine the balloon around you contracting, deflating, until you can imagine the feel of it against the skin of your body. Hold inhale for 3 count.
5. On next exhale push the breath outward to expand/ inflate the energy balloon larger than it was on the previous exhale, feel it extend out into the atmosphere and into outer space. Hold exhale for 3 count.
6. On next inhale feel the sensation of contracting the balloon, bringing the energy of the limitless cosmos into you as you “inhale the cosmos” through your outer space energy balloon. Hold inhale for 3 count.
7. Continue breathing with the slow but steady inhale-contract balloon – stop 3 : then – exhale-expand balloon – stop 3 sequence until you begin to feel lightness in the body and sleepiness in the mind.

This technique trains the body consciousness to breath energy in through the auric field and chakras as well as breathing air in through the lungs. Periods of extended Soul Breathing can lead to states of illumination and projection of consciousness.

Chart 9: Guidelines for Physical Preparation

Setting a Grounding Field: The *Frequency* of the body is determined by the *amount of electro-tonal Partiki units* contained in the Crystal Body morphogenetic field. The frequency content of the Crystal Body determines the body's **Vibration rate**, or the rate of speed at which the body's 3-dimensional particles will *pulsate*. To prepare the body for Time Acceleration, Silicate Matrix activation, expedited spiritual evolution and the resulting infusion of higher dimensional wave patterns, *the Crystal Body must be expanded to its greatest frequency holding capacity*. The process of raising the body's frequency and vibration rhythms constitutes *adding more units of Partiki* (ante-matter light-radiation particles) and *reducing the amount of Particum units* (slower pulsating particles that form dense matter). Changing the Partiki-Particum ratio is facilitated by adjusting consumption habits to include substances which themselves contain higher Partiki content (and life force energy) and reducing substances that are composed of more dense or distorted Particum patterns. Increasing bodily vibration is also facilitated by increasing the amount of oxygen and water in the body's daily intake and appropriate physical and mental exercise, sleep and meditation habits will assist the body to hold greater quantities of higher frequency energy.

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A Few Rudimentary Guidelines for Raising the Body's Frequency (electro-tonal content) and Vibration (particle pulsation).

Dietary Guidelines: Reduce intake of red meats, fats, dairy, sugars, excessive starches, "night shades" and salts. Include more fresh, "live foods", shifting toward a **vegan** diet, with emphasis upon foods containing greater amounts of chlorophyll, Vitamins B, E, C and plant calcium, and pay attention to **mineral balances**. Emphasize **hydration** and **oxygenation** of the body. Eat **smaller meals** more frequently, reduce or avoid protein-starch meal combinations, chemically processed foods, caffeine, nicotine and inorganic substances. Learn to **sense the vibrational rate of foods**, choose those with the greatest vibratory levels and don't over cook or over-process foods, which reduces their vibratory rates. **Less is more if quality is chosen over quantity**. Even small adjustments will assist the body in raising frequency. Fresh juice cleansing and **short fasting** are also recommended.

Keylontic Science offers a myriad of health and healing applications. Morphogenetic Field mechanics will one day revolutionize our approach to health as 15-Dimensional Human Anatomy becomes the foundation for health practice. The physical body and "spiritual" Crystal Body are interwoven. True health requires balancing of the multi-dimensional system

Exercise: Moderate amounts of daily gentle exercise that increases **joint flexibility** and **cardiovascular strength and endurance** will help the body eliminate toxins, oxygenate and re-energize. Slow and steady increase in physical fitness, **not "pain is gain"**. Aim for **agility and endurance** rather than muscular bulk and power force. Activities that combine conscious breathing with bodily exercise are optimum. Use **deep breathing exercises**.

Health: Turn toward **holistic health care**, especially new technologies working with **light, sound and subtle energies**. **Balance new health care with traditional resources while decreasing excessive dependence upon non-holistic therapies**. Focus on **prevention via habitual adjustment**. Learn to use the **D-5 Template-Archetype** to restore body's natural health imprint in the Crystal Body. Adjust sleep habits to shorter periods more often and use **meditation**.

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Chart 10: Raising the Frequency of Foods with Keylonta

Technique # 2 © Anna Hayes Gruber 5/ 1999

In ancient times the ritual of blessing foods was quite common. This practice is more than simply showing gratitude for one's bounty. Originally the food blessings were used to increase the quality and life force energy within the foods themselves, by transmitting higher dimensional wave spectra into the foods via specific word-sound patterns and the secondary Chakras in the palms. The true mechanics of this ritual have long been forgotten, leaving simply an attitudinal gesture where once was Keylontic Science energy dynamic. The true art of food blessing can be rediscovered using simple techniques such as the one below.

Astral Infusion

1. Sit for a moment with eyes closed and inhale slowly while visualizing the air-energy from the breath collecting in the 4th Heart Chakra.
2. Exhale while visualizing the air-energy expanding within the Heart Chakra, filling the Chakra with light.
3. Take 3 more slow, deliberate inhale-collecting – exhale-expanding breaths, until the Heart Chakra is imagined to be overflowing with White Light.
4. Place hands over food item and on the final inhale draw golden energy downward from the 7th Crown Chakra into the 4th Heart Chakra, turning the Heart Chakra energies to golden light.
5. On the exhale push the energies from the Heart Chakra down through the arms , into the palms and out the palm chakras directly onto the foods.
6. As you continue to breathe energy down from the Heart Chakra repeat the following word-sound statement: "I bless this food with the power of the Holy Spirit". Imagine golden light entering into the food item, turning all of its molecules to golden light.
7. Repeat the verbal blessing while using the breath to guide the energies from the Heart Chakra until all of the golden light in the Heart Chakra has dissipated. Close blessing with statement: "And so it is" or "Amen".

This exercise infuses the food item with 8th-dimensional frequency (golden light) via the 4th- dimensional astral level of the food's bio-energetic body (accessed through the 4th-dimensional Heart Chakra).

Section 5: Energy Running Skills and the 15-Chakra System:

The processes of directing Silicate Matrix DNA Activations and the mechanics of Integration of the Multi-dimensional Spiritual Identity are both facilitated by an awareness of the *subtle energy bodies* and the *Chakra System*. Chakra centers and levels of identity correspond directly to the dimensional frequency bands of the 15-Dimensional Matrix. Through understanding the placement of the Chakras in relation to the body one can learn to consciously direct the bio-energetic field and influence the morphogenetic field, DNA, physical body and consciousness. Spiritual and biological evolution can be simultaneously accelerated by using Keylontic Science technique to run energy in specific ways through the Chakra system.

Charts

11. The 15- Chakra System
12. **Technique 3:** Spinning the Merkaba Fields
(Increasing Field Resonance and Expanding the Grounding Field)

Chart 11: The 15- Chakra System © 6/1999 Anna Hayes Gruber

15 Chakras and 15 Star Crystal Seals Placement Chart

Seven Primary Chakras (C)

- C1. Base
- C2. Sacral
- C3. Solar Plexus
- C4. Heart
- C5. Throat-Thyroid
- C6. 3rd Eye-Pituitary
- C7. Crown-Pineal

Eight Morphogenetic

Chakras (MC) presently dormant

- MC8. Thymus-Cosmic Core
- MC9. Thalamus-Galactic Core
- MC10 Galactic Morph. 1
- MC11 Galactic Morph. 2
- MC12 Earth Star
- MC13 Earth Core
- MC14 Universal Morph. 1
- MC15 Universal Morph. 2

3 Universal Merkaba Fields: link the 12 dimensional human morphogenetic field to the planetary, galactic & universal morphogenetic fields. **A. Universal Merkaba Field-** MC's 14&15. Links galactic morph. to Universal morph. **B. Galactic Merkaba Field-MC's 11&13.** Links planetary Morph. to galactic morph. **C. Planetary Merkaba Field-MC's 10&12.** Links human morph. to planetary morph.

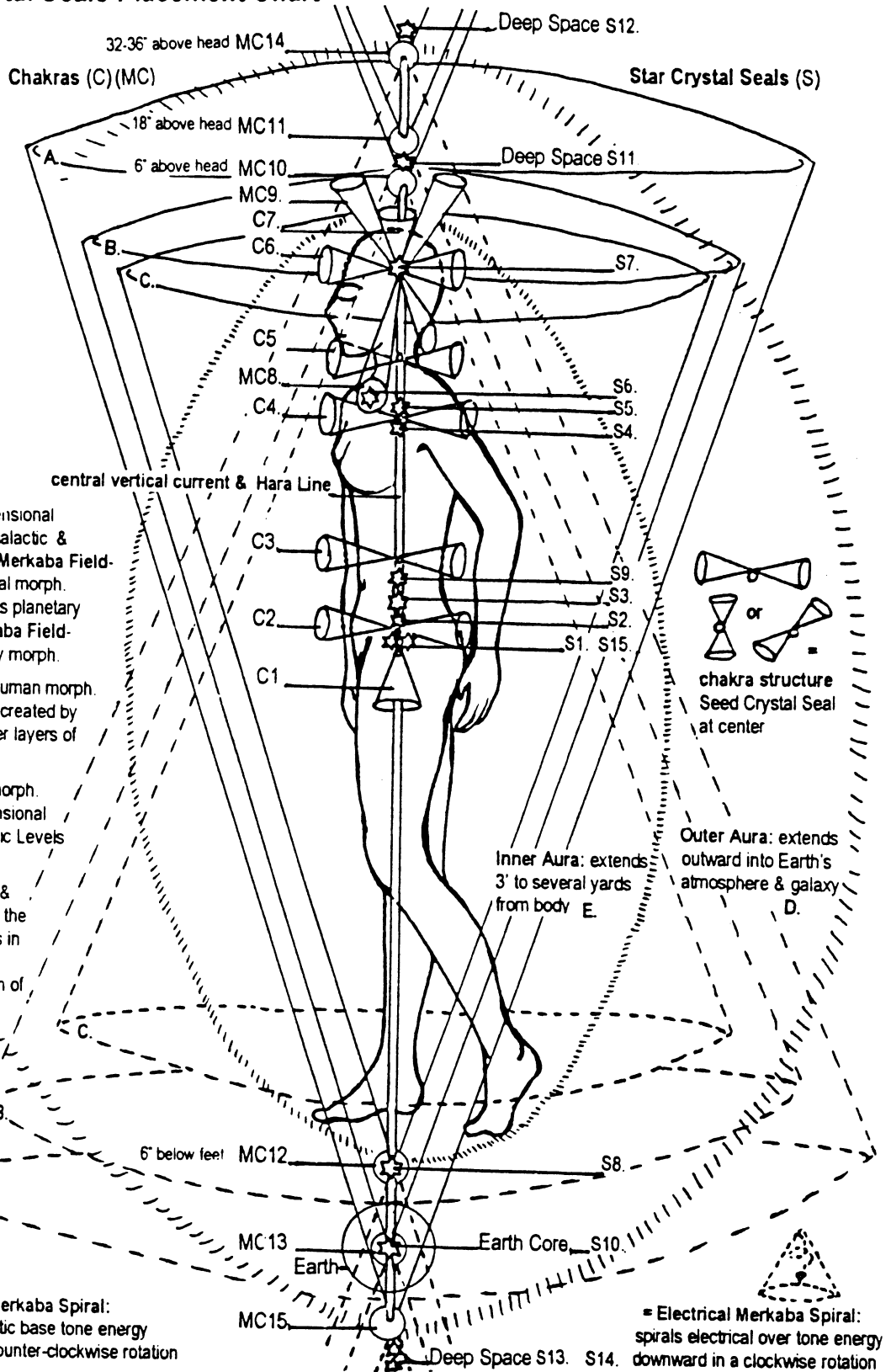
8 Outer Morph. Levels of Auric Field: sets human morph. imprint into Unified Fields of dimensions 8-15, created by Dimensional Merkaba Fields 8-15, links to inner layers of auric field & body via MC's 8-15. **D**

7 Inner Levels of Auric Field: sets human morph. imprint into dimensions 1-7, created by Dimensional Merkaba Fields 1-7, links to body & Outer Auric Levels via C's 1-7. **E.**

Star Crystal Seals: keep human morph. field & identity dimensionally separated by controlling the angle of the Dimensional Merkaba Fields Axes in relation to the Harmonic Universe & Universal Merkaba Fields. Regulates the angular rotation of particle spin between dimensions.

15 Star Crystal Seals (S)

- S1. Red Star
- S2. Orange Star
- S3. Yellow Star
- S4. Green Star
- S5. Blue Star-Heart Star
- S6. Indigo Star-Soul Seal
- S7. Violet Star
- S8. Gold Star-Earth Star
- S9. Silver Star-Core Star
- S10. Blue-Black Star
- S11. Silver-Black Star
- S12. White Star
- S13. Universal Morph. Star 1
- S14. Universal Morph. Star 2
- S15. Universal Morph. Star 3



Magnetic Merkaba Spiral: spirals magnetic base tone energy upward in a counter-clockwise rotation

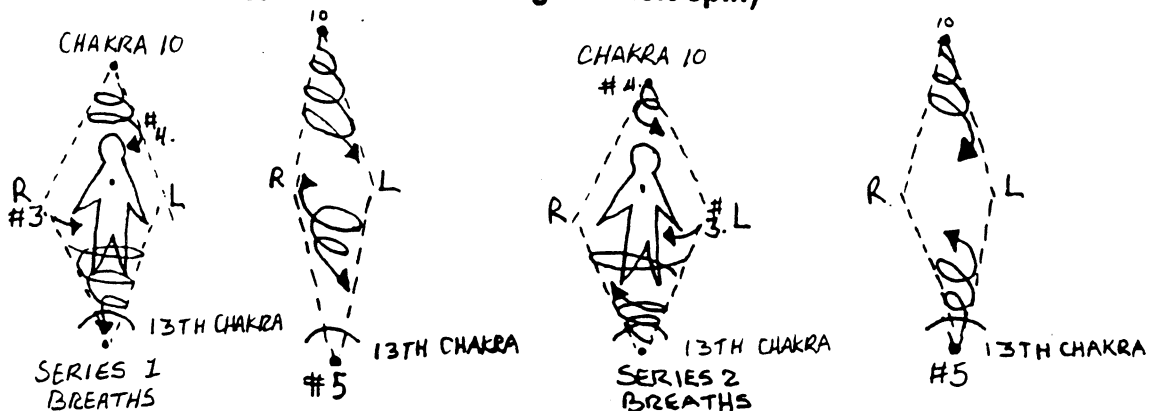
Electrical Merkaba Spiral: spirals electrical over tone energy downward in a clockwise rotation

Energy Flow: MC's 8-15 draw tonal energy from the Universal Unified Field & Dimensional Unified Fields 8-15, through the Universal Merkaba Fields & into the Outer Auric Levels, via the morphogenetic Seed Crystal Seals in MC's 8-15. C's 1-7 draw tonal energy from Dimensional Unified Fields 1-7 & from corresponding MC's 8-15 into the Inner Auric Levels, via Seed Crystal Seals in C's 1-7. Once in the Seed Crystal Seal the tonal pattern manifests in the DNA blueprint, enters the Dimensional Merkaba Fields & dimensional auric capsules of the body. The tonal imprint is then drawn in through the corresponding lower C, into the pre-matter Nadial Capsule & Nadis. Pre-matter Nadis channels link to the nervous system. Tonal energy passes into the nervous system via the Nadis, then into the Endocrine glandular system, blood, cellular structure & manifest form. Biological form is created & sustained through this process of multi-dimensional energy flow.

Chart 12: Spinning the Merkaba Fields

Technique # 3 © 6/1999 Anna Hayes Gruber

1. Imagine a point of white light at the center of your 4th Heart Chakra. Begin to INHALE and visualize the point of light moving upward through your head and 7th Crown Chakra and to a point about 6" above your head – the 10th Chakra.
2. On the EXHALE move the point of light down through the body, 1st Base Chakra, 12th Chakra (6" below feet) and into the 13th Chakra at Earth's Core.
3. INHALE and imagine a spiral of energy enveloping the body in a *right-to-left spin*. Feel your body from the rib-cage bottom downward encased in a spiral of energy moving *down* into Earth's core. (**...imagine a spiral of energy enveloping body in a left-to-right spin drawing energy up from Earth Core**)
4. EXHALE and move your attention to Chakra 10 above your head. Imagine a spiral of energy moving downward in a left-to-right spin, enveloping the body from the head to the rib-cage bottom. (**Imagine spiral of energy moving downward in a right-to-left spin.**)
5. Do 7 full breaths, on each INHALE drawing energy into body from the Chakra 10 Spiral, on the EXHALE pushing this energy *down* through the right-to-left bottom spiral into Earth's core. (**Do 7 full breaths, on each INHALE drawing energy up in a left-to-right spin from Earth Core to 4th Heart Chakra, on each EXHALE draw energy downward in a right-to-left spin from 10th Chakra into Earth's core.**)
6. Return attention and point of Light to 4th Heart Chakra. (Then begin exercise again reversing the spins on the Merkaba Fields back to their natural direction; bottom spiral drawing energy upward in a left-to-right spin, top spiral drawing energy downward in a right-to-left spin)



Section 6: Anatomy of the Soul, Spiritual Integration and Keylontic Science:

The Morphogenetic Crystal Body, Multi-dimensional Identity Structure (the Spiritual Identity), Morphogenetic Tools: the Geomancy Control Codes and Celestial Arieas, Anchoring the 5th Dimensional Identity and Imprinting the 5th DNA strand, the Kathara Grid, the Music of the Spheres and the Ariea Spheres and the Ariea Khum-Nar'A.

Through understanding the structure of the Multi-dimensional Identity and personal Morphogenetic Field we can comprehend the meaning of Spiritual Evolution and with our higher identity levels we can begin to consciously co-create our destiny toward our At-One-Ment with our God-Selves and God-Source. The mechanics of Spiritual Integration represent the Science of Dimensional Ascension through which we may consciously chart our evolution toward Ascended Mastery.

Charts

13. Crystal Matrices, Morphogenetic Fields and Keylontic Science
14. The Crystal Body
15. The Hova Bodies and Identity Levels
16. The D-5 Archetype Identity
17. The Kathara Grid – Crystal Body Control Grid
18. Anchoring the D-5 Archetype
19. **Technique 4:** Kathara Toning Exercise - The Ariea Khum-Nar'A
20. **Technique 5:** Anchoring the Archetype Exercise

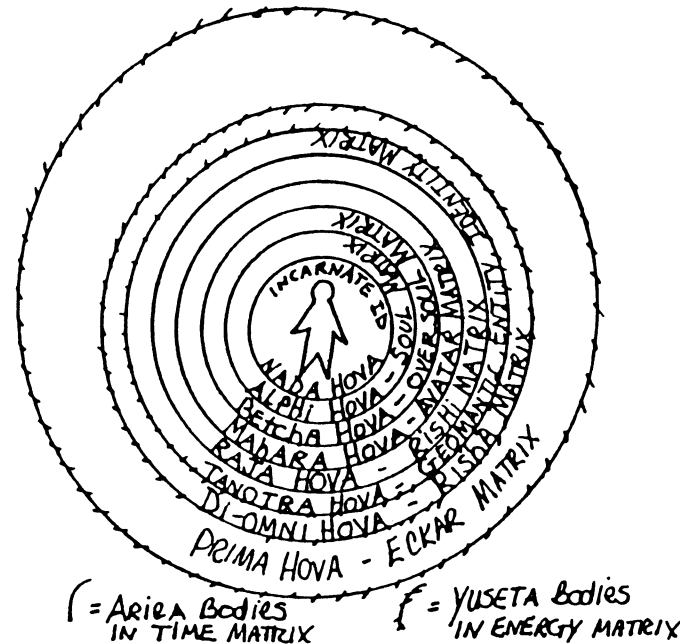
Chart 14: *The Crystal Body* The 8 Hova Bodies and Stations of Identity.

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The 8 Hova Bodies & Corresponding Identity Stations: Hovas 1-5 are the *Ariea Bodies*, Hovas 6-8 are the *Yuseta Bodies*

The word *Hova* means a *Triadic Harmonic Light* (scalar wave) –
Sound (tonal frequency) *Grid* (morphogenetic Partiki grid).

1. **Nada Hova**- the Incarnate ID (Taurenic Body)
(Subconscious, Instinctual & Reasoning Minds)
2. **Alphi Hova**- Soul Matrix ID (Doradic Body)
(Astral, Archetype & Angelic Minds)
3. **Betcha Hova** – Oversoul Matrix ID (Metatronic Body)
(Ketheric, Monadic & Keriatric Minds)
4. **Mahara Hova** –Avatar Matrix ID (Hydronic Body)
(Christiac, Buddhiac & Nirvanic Minds)
5. **Raja Hova** – Rishi Matrix ID (Hedronic Body)
(Universal Conscious Mind)
6. **Tanotra Hova** – Geomantic Entity Matrix ID (MereKaBah Body)
(Ascended Master Level – 1; Yunasai/God Mind-1)
7. **Di-omni Hova** – RishA Matrix ID (SughmaDaTAa Body)
(Ascended Master Level-2; Yunasai/God Mind-2)
8. **Prima Hova** – Eckar Matrix ID (Ecka-Ba Body)
(Ascended Master Level-3- Yunasai/God At-one-ment)



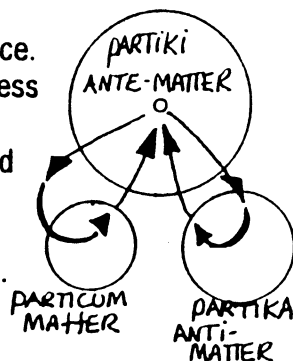
Personal Spiritual evolution is the process of progressively expanding the personality to *embody* the higher stations of identity and the morphogenetic Crystal Body. Through this process At-one-ment with our spiritual identity & God Consciousness is achieved. **Integration of the higher identity progressively changes the nature of the biological form, so biological & spiritual evolution are one.** Originally *identity integration* took place through one Immortal lifetime. Due to morphogenetic field distortions the process now takes place through successive *reincarnations*. Reincarnation was not the natural evolutionary process of the original human lineage, but it has been operational for over 5 million years. Through KeyLontic Morphogenetic Science and the Silicate Matrix Crystal Gene we can reclaim our immortal bodies and re-enter our natural state of evolution.

Crystal Matrices, Morphogenetic Fields

Chart 13: and Keylontic Science © 1999 A. Hayes

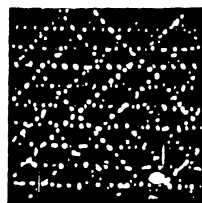
1. Partiki, Partika and Particum:

Smallest units of energy-substance. Electro-tonal units of consciousness that are the building blocks of morphogenetic fields, matter and individuated conscious identity. Operate as minute, perpetual motion fission/ fusion generators.

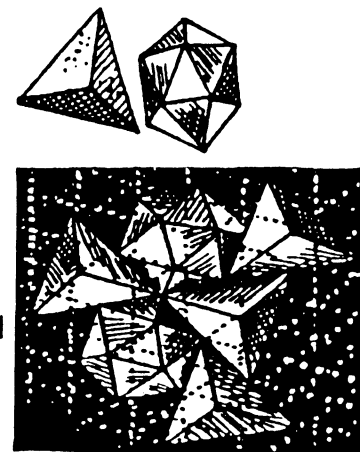


2. Partiki Grids: The fabric of morphogenetic field structure.

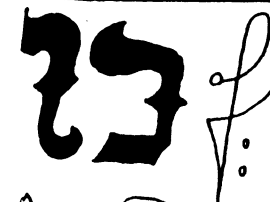
Partiki units group to form interwoven Strands, then Grids of electro-tonal substance, out of which morphogenetic fields are fashioned. Out of a Unified Field of Partiki units, Partiki Grids form to create the frequency bands that make up dimensional fields and then to form individuated morphogenetic fields.



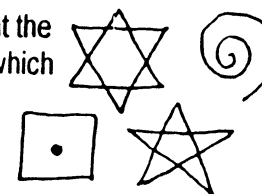
3. Partiki units continue to group or accrete upon the Partiki Grids, forming
A. Keylons – crystallizations of “frozen light” (standing scalar wave patterns and fixed points of tonal frequency), and
B. Keylon Codes – complex groupings of Keylons, which together form a crystalline template of light spectra, sound frequency and electro-magnetism that is the morphogenetic field Crystal Body– the Blueprint upon which matter and identity will manifest.



4. **Fire Letters:** Light-Symbol Codes that represent the electro-tonal programs of Keylons.



5. **Geomancies:** Composite Fire Letter Light-Symbol Control Codes that represent the electro-tonal programs of Keylon Codes, which are used to direct the Fire Letters/ Keylons and the flow of energy through the morphogenetic field Crystal Body.



Morphogenetic Fields govern the form of matter manifestation and evolution of consciousness. Keylonta is the science of morphogenetic field mechanics and thus holds the key to physical reality and biological and spiritual evolution.

Chart 15: The Hova Bodies and Identity Levels

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Substance Anatomy of Morphogenetic Identity

The 8 Morphogenetic Bodies & Tonal Translations of the Stellar Fire Letter Sequences

The 5 Ar-E-a Bodies

Body # & Name corresponds to:

Body # & Name	Dimensions #	Harmonic Universe #	density type	identity level	Memory Record Matrix
NADA HOVA BODY					
1. Taurenic Body Soal Fire Letter Sequences	1-2-3	HU-1	Carbon based biology physical matter-1	Tauren Incarnate	Subconscious Instinctual & Reasoning Minds individual Cellular Record
ALPHI HOVA BODY					
2. Doradic Body Amenti Fire Letter Sequences	4-5-6	HU-2	Carbon-Silica based biology physical matter-2	Dora Soul	Astral Archetypal & Angelic Minds Race Memory Record
BETCHA BODY (also called the Eck-a-sha Body)					
3. Metatronic Body Metatronic Fire Letter Sequences	7-8-9	HU-3	Silica based biology Ethereic matter	Teura Over-Soul	Ketheric Monadic & Keriatic Minds (Eck-a-shic Record) Planetary Memory Record
MAHARA HOVA BODY (also called the Doloric Body)					
4. Hydronic Body Dodecahedronic Fire Letter Sequences	10-11-12	HU-4	crystalline liquid-light based biology Pre-Matter	Dolus Avatar	Christiac Buddhiac & Nirvanic Minds (Doloric Record) Galactic Memory Record
RAJA HOVA BODY (also called the Rishic Body)					
5. Hedronic Body Tetrahedronic Fire Letter Sequences	13-14-15	HU-5	standing wave pattern flame or fire body ANTE-Matter	Rishi	Universal Mind (Rishic Record) Universal Memory Record

3 Levels of Ascended Mastery

The 3 Yu-Set-a Bodies

Tanotra Hova					
6. Mer-e-Ka-Bah Body Triadic Fire Letter Sequences	Triadic Matrix	Energy Matrix	(consciousness as) radiation	Entity	(Memory Matrix) Cosmic Trinity
Di-omni Hova					
7. Sugh-ma-Da-TA-a Body Polaric Fire Letter Sequences	Polaric Matrix	Energy Matrix	radiation	RishA	Cosmic Polarity
Prima Hova					
8. Eck-a-Ba Body Eckalic Fire Letter Sequences	Unified Matrix	Energy Matrix	radiation	Eckar	Cosmic Unity

Cosmic Conscious Mind

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Chart 16: *The D-5 Archetype Identity* © 1999 A. Hayes

1. The HU-2 **Alphi Hova** body (Soul Matrix ID) holds the original electro-tonal template for the HU-1 **Nada Hova** body (Incarnate body and ID). Disease within the incarnate body results from misalignments between the electro-tonal programs of the Alphi Hova and Nada Hova bodies. Some of these misalignments are carried in the DNA and cannot be realigned without Crystal Body reprogramming, but many imbalances and dis-ease conditions in the physical body can be corrected by **Imprinting** the Nada Hova body with the corrected electro-tonal program of the Alphi Hova body. Acceleration of healing, DNA activation and spiritual evolution can be accomplished through using the Alphi Hova body to realign the Nada Hova body via Imprinting.
2. Within the 12 dimensions of human *biological* morphogenetic structure certain dimensional bands direct the function of other dimensional bands. The Geomancies and Fire Letters of these **controlling dimensional bands** govern the operation of the Crystal Body morphogenetic field. **Each Hova body has a control center** – the portion of its grid that contains the frequencies of a *controlling dimensional band*. The Alphi Hova /Soul Matrix body control center is the 5th dimensional Partiki grid – the station of Identity corresponding to the D-5 grid is the **Archetype**. The **D-5 Archetype is the control center for the Soul Matrix and Alphi Hova body**. The Control Center for the Nada Hova body is the 2nd dimensional Partiki grid – the station of Identity corresponding to the D-2 grid is the **Instinctual-Emotional Mind**.

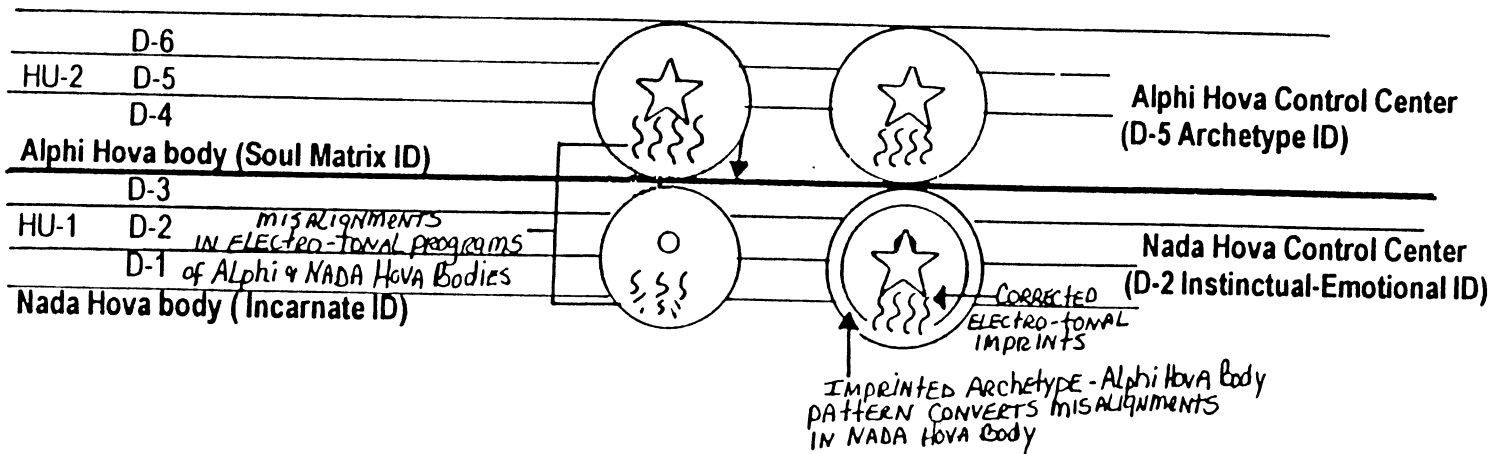


Chart 17: The Kathara Grid – Morphogenetic Crystal Body Control Grid

Secrets the Tree of Life © 6/1999 Anna Hayes Gruber
Level 1 Morphogenetic Structure of the human body

6 Primary Geomancy Key

Fire Letters control Fire

Letter Sequences in the Other Spheres.

Each Kathara Sphere contains An Axiom Grid with 12 Primary Fire Letters – the Fire Letters

Correspond to the 12 Resonant Tones in each DNA strand.

Fire Letters are represented by the Hebrew letters, which hold the key sound tones to Kathara Sphere Programs.

Central Vertical Channel

Location of the Kathara Spheres In Body

12- in 10th Chakra
6" above head
The Capstone

#11 – in Pineal Gland
The Crown Jewel

9 & # 10
in brain
behind ears

8 Thyroid
in 8th Chakra

6 & # 7
in shoulder indents
The Wings

5 in Navel
The Seat of Amenti

#3 & #4
The Dal
male: Ureters
Female: Ovaries

2 *The Naum- Yun*
male: Prostrate
female: Vagina

#1 *Earth Core*
in 13th Chakra

Kathara Channels →

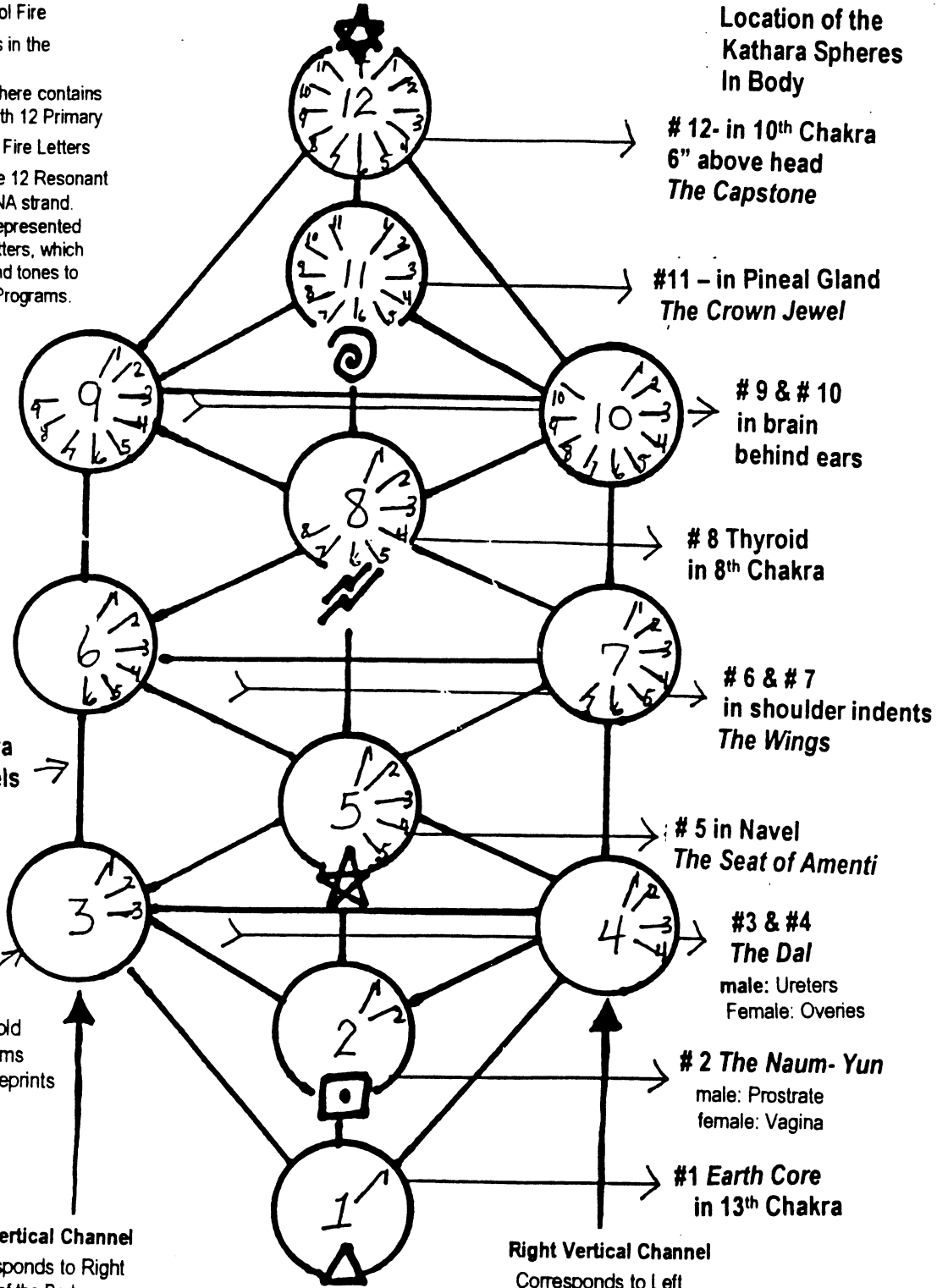
Kathara Spheres →

Kathara Spheres hold Axiom Grid Programs for DNA Strand Blueprints

Left Vertical Channel
Corresponds to Right Side of the Body

Right Vertical Channel
Corresponds to Left Side of the Body

Spheres in Central Vertical Column Control other Kathara Sphere programs



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Chart 18: **Anchoring the D-5 Archetype** © 1999 A. Hayes

To realign the incarnate physical body with its imprint for health and the personality with its soul purposes, the **D-5 Archetype of the Alphi Hova body** is used to **Imprint** the corrected electro-tonal pattern into the Nada Hova body of the incarnate. Once the Alphi Hova body is imprinted into the Nada Hova body, dormant codes in the DNA begin to activate and align with the corrected pattern, creating evolution toward health for the incarnate body and consciousness.

Imprinting the D-5 Template is called Anchoring the Archetype. It will *not* realign Fire Letter distortions in the Crystal Body or mutations in the DNA, but will *activate dormant Fire Letters and DNA codes that are not mutated.*

After Imprinting the Archetype, **Activation of the Archetype** (embodiment of the Alphi Hova body/ Soul Matrix) begins, through which Nada Hova body Fire Letter and DNA distortions are re-programmed using Keylontic Science and the 4th, 5th and 6th DNA strands are brought into activation.

Imprinting the D-5 Template and Anchoring the Archetype are the first steps to begin creating an electro-tonal grid for bodily health, protection, DNA activation and spiritual evolution.

The Archetype of the Alphi Hova body is imprinted into the Nada Hova body by using the breath, the Chakra system, D-5 Geomancy Control Code and D-5 sound-light spectra. During morphogenetic Imprinting or Programming, the D-12 Geomancy Control Code is also used for correct alignment with the Avatar ID and for protection.

D-5 & D-12 Geomancy Control Code + D-5 Scalar Spectrum + D-5 Key Tone = Anchoring the Archetype



D-5 Geomancy



D-12 Geomancy

Color Blue

Um -ã

Anchoring the Archetype creates a D-5 Frequency Seal around the Nada Hova body, providing protection from Keylontic Science and Electro-magnetic Pulse Technologies that *Intruder ET Visitors* are using to manipulate human populations. Embodiment of the Archetype creates immunity to Intruder tactics.

Chart 19: Kathara Toning Exercise

The Ar- E- a Khum -Nar' A

Technique # 4 The Song of Orion

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Part 1 : the Resonant Tone Syllable Sequence (primary melody)

Verse 1: OMA Da E, Patum ah
 OMA Da E, Patum ah
 Patum ah A' DE E - Tah, A khum-na
 OM A Da E, Patum ah

Verse 2: TrA TE La E' Durum Na
 TrA TE La E' Durum Na
 Durum' ah A' Khem - Tah, A khum -na
 OM A Da E, Patum ah

Part 2 : the Base Tone Syllable Sequence (accompaniment 1)

<u>OM A Da</u>	<u>E, Patum ah</u>	- Lines 1, 2 & 4 Verse 1 & Line 4 Verse 2
TrA TE La	E' Durum Na	- Lines 1 & 2 Verse 2
UM ah	OM, A	
UM ah	OM, A	
<u>Patum ah A'</u>	<u>DE E - Tah, A khum-na</u>	
Durum ah A'	Khem - Tah A khum-na	
DO RAY' TU	Ra''	
<u>OM A Da</u>	<u>E, Patum ah</u>	
UM ah	OM, A	

Part 3: the Over Tone Syllable Sequence (accompaniment 2)

<u>OM A Da</u>	<u>E, Patum ah</u>	- Lines 1 & 2 Verse 1
TrA TE La	E' Durum Na	- Lines 1 & 2 Verse 2
BE HE Tah	OM, A	
BE HE Tah	OM, A	
<u>Patum ah A</u>	<u>DE E - Tah, A Khum -na</u>	- Line 3 Verse 1
Durum ah A	Khem- Tah, A Khum - na	- Line 3 Verse 2
Thra Khem'	Na, A	
<u>OM A Da</u>	<u>E, Patum ah</u>	- Line 4 Verses 1 & 2
KhrA	MiM, Tah A	

Chart 20: Anchoring the 5th-Dimensional Archetype

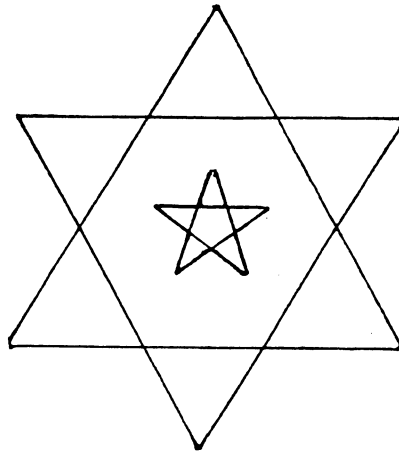
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Technique # 5

Exercise on Audio Tape

Blue Pentagram:
D-5 Geomancy
Control Code

Spin toward LEFT hand,
Position 3.

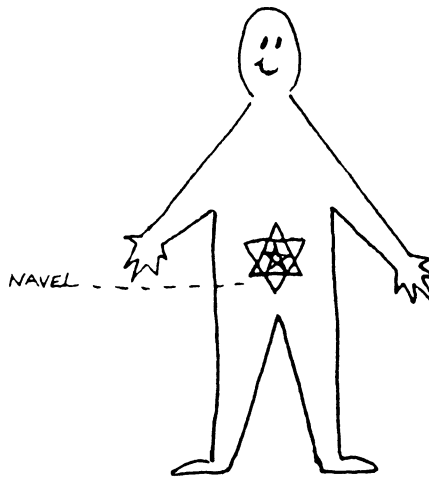


White Star of David:
D-12 Geomancy
Control Code

Spin toward RIGHT hand
Position 9.

Position 12
Head

Position 9
RIGHT Hand



Position 3
LEFT Hand

Position 6
Feet

Section 7: Manifestation Grids as Crystal Body Programming

Thoughts, words, visualizations and Morphogenetic Fields,
Directing your creative power, movement, clearing external and
emotional grids, music and feeling grids for healing.

Charts

21. **Technique 6:** Tonal Resonance of Language Exercise
22. **Technique 7:** AM – PM I AM Grids Exercise
23. **Technique 8:** Solar Clearing Exercise

Technique # 6

Chart 21: Tonal Resonance of Language Exercise

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Sensing the Energy Signatures beneath Language

1. Sit quietly with eyes closed and take 3 full, slow deep breaths, focusing your attention on the sound of your breathing.
2. Say the word *J-O-Y* slowly, pronouncing each letter-sound distinctly.
3. Notice the places within the throat and nasal areas through which the sound waves resonate.
4. Continue to repeat the word slowly and deliberately, placing your attention on your 4th-Heart Chakra.
5. Lean your awareness into the Heart Chakra while repeating the word sounds and imagine wave patterns emanating through the Heart Chakra from the word-sounds. Allow your imagination to create images of these wave patterns, colors, forms, fast or slow movements of lines of energy.
6. Repeat the word one last time, even more slowly. Then sit in complete stillness, allowing no other thoughts to come to mind.
7. As you sit in stillness sense the feeling of the energy around you, imagine you are sitting in a capsule of energy that has now absorbed the energy signature of the word. Move your consciousness slowly into the energy egg around you, then breathe 3 slow, deep breaths.
8. Open your eyes and recreate the feeling of the energy egg to the best of your ability.
9. Now repeat the process using a word with the opposite meaning ... such as *S-A-D-N-E-S-S*.
10. Observe the difference in feeling between the words and notice the subtle difference in your emotional state that each word creates.

Using this exercise often will help you to develop new sensitivities in the nerve endings through which you will progressively become more sensitized to the *frequencies upon which words are transmitted*. Through sensing the frequency wave patterns beneath words and language you will develop the ability to identify harmful energy signatures that come to you beneath the words. When you find yourself confronted with negative or lower vibrating word-energy-signatures you may then use words carrying the opposite meaning to reverse the energy polarity of the lower wave signature. Learn to immediately counter negative statements or energy signatures, from yourself or from external sources, with an appropriate positive, affirmative statement. Such practices will help you to shield your personal morphogenetic fields from unwanted influences while providing a powerful creative tool through which you can quickly shift your own mental and emotional states.

Technique # 7 Chart 22: AM – PM I AM Grids

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"I AM" word programs set powerful electro-magnetic programs within the Morphogenetic Crystal Body. Word patterns can serve to help you evolve and awaken or impede this process. The most powerful times for setting Crystal Body Programming Grids is just prior to sleep and just after awakening. The following exercise provides a very powerful morphogenetic programming grid to assist you in accelerating spiritual evolution and multi-dimensional identity integration, while setting up multi-dimensional protection grids that will help reverse the polarity of negative or harmful programming grids.

I AM ONE with the Cosmic Mind

I AM held gently, at all times, within the love of the Original ONE – the true God of Creation

I AM strong & resolute in my calling; I hear the call of my sacred Original-Divine-Self, my God-Self, leading me home.

I AM clear of mind & vision as the knowing of my God-Self flows through me at all times.

I AM in this moment fully embraced by my God-Self and its connection to the Original God.

I AM at peace in the face of anger. I AM calm in the face of chaos.

I AM filled with the glowing essence of Divine love, through which I AM healed.

I AM the vessel for Original Truth and Wisdom. I AM the conduit for Original Love.

I Am the living expression of the Sacred Law of One.

I AM Harmless yet powerful. I AM humble yet knowing.

I AM the expression of eternal love, light, truth and power – I carry the will of the Original ONE through all of my moments, allowing the Divine to touch others through me.

I AM Whole NOW. I AM Peace NOW. I AM Wisdom NOW. I AM Divine Love NOW.

And So IT IS

Repetition of this tonal manifestation grid for a period of 3 consecutive weeks, repeated out loud once in the morning upon waking and once prior to evening sleep will create a powerful, grid-shifting program that will assist directly in the Spiritual Integration process.

Chart 23: Solar Clearing Exercise

Technique # 8

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1. Visualize a Great White Iridescent Sun Sphere 3" above your head. This image is a symbolic representation of your Solar Rishi – Harmonic Universe 5 – Identity gestalt.
2. **On the next inhale visualize this White Sun moving downward over and through your body, until your body is stationed within the core of this Spherical Sun.**
3. Breathe gentle for a few moments and with each breath feel the lightness and warm comfort of this energy moving through all cells within your body.
4. **On the next inhale draw this energy from around you into a point of pure white light stationed at the 3rd – Solar Plexus Chakra.**
5. Exhale forcefully while imagining the point of white light bursting into a brilliant starburst of light, extending several yards around you in all directions.
6. **Continue to breath, contracting the energy into a point of light in the 3rd Chakra on the inhale, then forcefully exhaling the starburst of light into the atmosphere around you. With each breath imagine the rays of the starburst of light extending farther and farther out into the world around you, growing brighter and stronger with each breath.**
7. Use this exercise as a form of energetic meditation until you can imagine and feel the rays of the starburst of light extending all around the globe, surrounding the planet with beautiful White Light (D-12) emanations. When you can feel the sensation of the energy enveloping the globe, on the next inhale-contraction shift the white point of light into the 4th Heart Chakra and continue breathing, expanding the starburst on the exhales, until you grow tired. Return gently to your usual focus of attention feeling a new lightness and vibrancy within your body, emotions and mind.

Section 8: The Solar Voyage Experience

The Power of Music and Movement – Grids to harmonize Crystal Body Frequencies, the Mahara-Raja Hova Seal – linking with your Rishi Identity. Using movement and music to draw in higher identity. Creating a conduit of energy and information exchange between your personality and an Ascended Masters Family.

Charts

24. **Technique 9:** Solar Temple Voyage – The Mahara-Raja Hova Seal

Chart 24: Solar Temple Voyage

The Mahara-Raja Hova Seal

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Technique # 9

- 1. Breathe slowly with eyes closed. Imagine the image of a large glowing Sphere of White Light positioned directly above your head.**
- 2. On the next INHALE, imagine a small image of you rising up through the 7th Crown Chakra and into the Sphere of White Light.**
- 3. EXHALE as you imagine yourself in the small body standing in the center of the Sphere of White Light.**
- 4. Observe the contours of the Inner Sphere and notice that many doors surround the spherical room in which you are standing.**
- 5. Breathe gently and relax within this inner space. Observe as one door opens and a glowing Being of Light walks into the room –a Rishi from Harmonic Universe 5. The Rishi walks toward you and embraces you, filling you with a transmission of light and knowledge.**
- 6. The Rishi now hands you a small disc of metal, a Silver Shield, and tells you to return to your physical body with the Shield.**
- 7. Imagine descending through the 7th Crown Chakra on the next EXHALE, moving the image of your little body down and out of the 1st Base Chakra to a position about 12” beneath your feet.**
- 8. Place the Silver Shield on the Earth beneath the 12th Chakra, watch it expand to form a platform of high-frequency Silver Light, upon which you will now stand from this point forth.**
- 9. Return the image of your little body into the physical body, entering the 1st Base Chakra and moving upward through the Central Vertical Current of the Body to the Pineal Gland at the center of the Brain. Open your eyes. Sense the feeling of the Glowing Silver Shield beneath your feet. Allow it to draw to you the love, comfort and wisdom of the Rishi whenever you need these qualities.**

Conclusion

In this workshop we have learned of the *Stellar Bridge* and the mechanics of the *Stellar Activations Cycle* that will occur on Earth between 2000-2017. We have learned of the dormant *Silicate Matrix DNA Code*, how the Stellar Activations Cycle will trigger its spontaneous activation, the symptoms these DNA activations will cause and how we can begin to prepare mentally, emotionally and physically for Silicate Matrix Activation. The tangible structure of Multi-dimensional Identity and the Anatomy of the Spiritual Body has been revealed. Through this knowledge we are better able to understand the purpose for and direct the course of our personal evolution. Biological and Spiritual Evolution go hand in hand and using applications of Keylontic Morphogenetic Science and taking responsibility for the Manifestation Grids we create, we can accelerate our evolution while preparing ourselves for the coming Stellar Activations Cycle. Spiritual Evolution is the key to safe passage through the Stellar Activations Cycle; the energetic mechanics of spiritual integration allow DNA and morphogenetic field expansion, enabling our cellular structure to adapt to the frequency infusions of the Stellar Activations Cycle.

The Earth's electro-magnetic fields must be in balance during the Stellar Activations Cycle in order to avert tectonic anomalies. The human bio-energetic system is part of the Earth's morphogenetic field and the balance of the collective human consciousness will determine our experience during the Stellar Activations Cycle. Every individual counts...

**Planetary healing begins with personal healing ...
and personal healing begins with
Light, Love, Spiritual Integration and Awareness.
*Know thy self and thy parts.... and the truth shall set us free.***

The next Workshop to be offered in this series is
Personal Healing Through Planetary Service :
Keylontic Science Collectives and Working with the Councils of Higher Evolution.

Future workshops will offer more techniques for programming and activating the Silicate Matrix, Integrating Spiritual Identity, Channeling higher guidance and receiving Keylontic Communications through Protected Networks, using Keylontic Science to create Manifestation Grids for improving health, prosperity and purpose, Merkaba Mechanics, discovering your role in Global Service, Manifesting Unity Consciousness, the Melchizedek Ordination Program and Continuing Preparations for Earth's Ascension/ Stellar Activations Cycle.

Anna Hayes Gruber

Aneayhea-Kananda-Melchizedek
Azurite Council of the RA Confederacy
Host Member of *The Guardian Alliance*

The I-AM Prayer

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This Prayer can be used in the form of a spoken Affirmation or rendered in song. The energy signature of the words creates a powerful morphogenetic manifestation grid. This grid will assist in accelerating the activation of Silicate Matrix DNA codes to create a pure and rapid connection between the multi-dimensional levels of identity.

Verse 1:

I AM a child of the Original ONE
I AM a Ray of the Original Sun
I AM Wholeness, I AM Love.

I AM the Truth that spans the sands of time
I AM the Rainbow of the very first Shine
I Am Music, I AM Light

Chorus 1:

Let the LIGHT descend upon me, guide the way with Golden Light.
No other god will stand before me, as I embrace the One True Life...
I was born to live...by the will of the Original ONE.

Verse 2:

I AM a face of the Original GOD,
I AM a voice of the Original Sound,
I AM a wave upon the Ocean of Eternal Light.

Chorus 2:

I reach my arms up to the heavens ...
Sing.... I AM – **THIS** ^{THIS} I AM
The Presence of the ANCIENT ONE
Springs forth at my command...
I AM ONE WITH GOD....
I AM **THIS** I AM.

AND SO IT IS...

In the many mansions of the sacred House of ONE.