

*Introduction to  
Elements of  
Kathara Level - 4:  
Installment 1*

*Featuring:*

*the Eiradon Awakening,  
the Voyager 'Trinity Time Wave'  
'Ra-Sha-LA' Restoration,*

*the 'Ah-Seu-Ra-Shan' State  
and  
the Hon'a-tiL-E-a Run.*

# NOTICE OF CLAIMS, CONSENT and COMMITMENT

## *Pertaining to MCEO Teachings, Techniques and Technologies*

### Contents

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### Theoretical Perspectives

MCEO teachings presently exist on Earth as a growing body of detailed information pertaining to the spirituality and science of creation and the history and evolution of humanity. MCEO teachings offer unique perspectives, techniques and technologies of mind and spirit that have proven useful to many people in the exploration and expansion of personal consciousness. Information contained within MCEO teachings represents a cohesive paradigm of ideas, beliefs and perspectives reportedly translated from ancient texts, which together comprise an affirmative and inspirational “point of view” or “world view” regarding the tangible realities of spirituality, the mechanics of creation, the history of our universe and the potentialities of the human condition. Like many popular “New Age” and “Traditional” paradigms of spiritual, scientific and historical beliefs, many points of view presented within MCEO teachings extend beyond the framework of presently recognized spiritual/religious, scientific and historical “fact” that can be verified through common contemporary scientific procedures. *Thus, like many other popular belief paradigms, including ALL known “New Age” and “Traditional” spiritual/religious doctrines and many fields of contemporary scientific study, the perspectives presented within the MCEO teachings must, too, be presently categorized as theoretical in nature.*

The *verifiable actuality*, and thus the potential validity, of the presently theoretical spiritual, scientific and historical perspectives of MCEO teachings pertaining to the “**Ancient Science of the Shields**” (scalar-standing-wave templates of matter and consciousness), “**Merkaba Mechanics**” (interdimensional electromagnetic vortex mechanics), “**DNA Template Activations**” (frequency accretion within the scalar template behind manifest chemical DNA), “**Interdimensional Structure**”, “**15-Dimensional Anatomy**”, “**Bio-Spiritual Healing**” (support of biological healing and well being through holistic spiritual practice) and **Humanity’s Evolutionary Journey**, perspectives which are featured within the **MCEO Kathara Bio-Spiritual Healing Program**, **MCEO Maharata “Dance For” Programs** and related published works of the MCEO, cannot at this time be “proved or disproved”. Therefore, the MCEO Paradigm and its related teachings, techniques and technologies are offered to the public as a unique and inspirational view point, solely for the purpose of public investigation, consideration and theoretical exploration.

Though the presently theoretical categorization of MCEO teachings within the public sector is recognized, it should also be recognized that members of the Azurite Press, Trustees and the AP Regents Council, as well as authorized MCEO translators/authors and teachers and many individuals within the international community, have personally chosen to accept the validity of MCEO teachings as representing more than a theoretical perspective, instead acknowledging the MCEO Paradigm as a factual reality interpretation, and practical worldview, through which progressive expansion of personal consciousness and coherent spiritual awakening are fostered. Such decision as to the factual or theoretical categorization of the MCEO Paradigm, and the responsibilities inherent to this decision, are deeply private spiritual issues, and thus must be assigned to the faculties of personal discretion.

### MCEO Meditations for Spiritual Exploration, Medical and Psychiatric Considerations

As the MCEO Paradigm is built upon presently theoretical spiritual, scientific and historical perspectives, any and all techniques and technologies offered through the MCEO Paradigm must also be considered as presently theoretical in

nature, and thus any and all techniques and technologies presented within MCEO teachings are ***not intended to diagnose, treat or cure any disease or illness, nor are they intended as substitution for professional medical or psychiatric advisory or treatment.*** Techniques and technologies provided within MCEO teachings are offered to the public solely as ***“Meditations for Spiritual Exploration”***, with the intention of assisting to serve the further evolution of human consciousness through providing exposure to an expanded range of perspectives and potentialities. **It is strongly recommended that individuals having a history of medical or psychiatric difficulties, or who are presently under the care of medical or psychiatric professionals, seek professional advisory before using any MCEO Meditations for Spiritual Exploration techniques or technologies.**

Since the introduction of *MCEO Meditations for Spiritual Exploration* techniques and technologies in 1999 many people have claimed to receive beneficial affects and effects in the development and expansion of personal consciousness and spiritual awakening through use of MCEO techniques and technologies. There have also been a lesser number of reports of individuals claiming to receive no affect, effect or benefit at all, but there have been ***no reports of individuals claiming adverse medical, psychiatric or psychological affects or effects*** in conjunction with use of MCEO techniques and technologies. As a reflection of commitment to responsibility in presentation, MCEO techniques and technologies are not presented for exploration in the public domain until they are first and/or simultaneously explored, utilized or practiced by authorized MCEO translators/authors/ teachers and members of the Azurite Press Board of Directors. Though validation of factual actuality pertaining to affects, effects or benefits of practicing MCEO Meditations for Spiritual Exploration techniques and technologies must, like the techniques and technologies themselves, for the present time remain within the realm of theoretical exploration, it can be reported that since 1999, findings pertaining to the practicality of utilizing MCEO techniques and technologies have consistently revealed that affects and effects of such practices are ***quite individualized, though predominantly positive***, in nature. Therefore, however, ***no claims, promises or guarantees as to the affects, effects or benefits an individual might expect to encounter through use of MCEO techniques and technologies can be offered at this time.*** Utilization of MCEO Meditations for Spiritual Exploration techniques and technologies presently remains within the category of ***experimental self-exploration***, through which absolute conclusions regarding generalities of mass affect, effect, benefit or detriment cannot yet be drawn. ***An individual’s involvement with MCEO teachings, techniques and technologies represents a choice of personal decision and discretion, and thus responsibility pertaining to affect and effect of practice that are inherent to this choice must also remain with the individual.***

### **Claim of Authenticity**

In offering MCEO teachings for public exploration, ***neither the translators/authors, publishers, promoters or related individuals and organizations make any claims whatsoever as to the factuality of ideas or perspectives contained within the MCEO Paradigm.*** Though the *MCEO teaching texts themselves* do on occasion claim that certain ideas and perspectives are of a factual nature, such claims represent points of view intrinsically contained within the ancient texts from which contemporary translations are drawn. The authorized translators/authors of contemporary MCEO teaching texts hold a binding commitment to ensure the clearest and most accurate translation of MCEO texts as possible under current evolutionary circumstances; a *commitment to clarity and accuracy of translation* that must include the allowance of contemporary translation of any *claims of factuality as they are contained within the MCEO texts of antiquity.* Information represented as ***factual knowledge within the MCEO texts of antiquity, and their contemporary translations, is understood to represent “potential or possible factuality, expressed as factuality within the ancient texts, but which presently resides within “the domain of theory” within the context of contemporary publication.***

The contemporary translators/authors of MCEO teachings ***claim only*** that the MCEO text translations contained within presently published works bearing their authorship represent an “as-accurate-as-possible” translation of MCEO text records believed to have been created in ancient times, which the contemporary translators/authors have had opportunity to review through ***authentic personal experiences.*** Translators/authors thus make claims only as to the ***authenticity of their personal experiences*** through which review of ancient MCEO text records

occurred and as to the factuality that translation of the reviewed ancient MCEO texts into contemporary English language has been rendered by them as clearly and accurately as possible.

As the original MCEO texts of antiquity are not presently in the direct possession of authorized contemporary translators/authors, and thus contemporary translators/authors cannot at this time publicly display these artifacts in order to validate the reality of their continued existence and verify their inherent content, those who explore contemporary MCEO texts translations must understand that such works are presented as theoretical perspectives and possibilities, the validity of which one may choose to believe, or disbelieve, upon the merit of one's personal discretion. ***If ideas, concepts or perspectives contained within the MCEO texts, their contemporary translations or related teaching materials bear any resemblance to ideas, concepts or perspectives contained within any other presently known spiritual/religious, scientific or historical paradigms or teaching systems, such resemblance is purely coincidental.*** However, the event of such coincidence arising may potentially suggest that both the MCEO Paradigm and paradigms to which it might bear resemblance **may have arisen from a common source in antiquity** that has yet to be discovered or scientifically verified but which would, upon discovery, lend credence and clarity to such coincidence.

### **Terms, Conditions, Agreements and Implied Consent**

As contemporary MCEO text translators/authors can make no claims or promises as to the factuality of ideas and perspectives presented within MCEO teachings, they likewise **cannot offer any claims, promises or guarantees as to the affects or effects that may or may not arise through personal use of MCEO teachings or Meditations for Spiritual Exploration techniques and technologies.** The responsibility for decision to engage involvement with MCEO teachings, techniques or technologies rests with each individual, and thus the responsibility for any affects or effects that may or may not occur in conjunction with use of MCEO teachings, techniques and technologies must also rest with the individual. The *Meditations for Spiritual Exploration* techniques and technologies provided within MCEO teachings represent translations from the ancient MCEO texts, and are provided to the public as an **option for personal spiritual exploration, investigation and experimentation, to be utilized at the personal discretion of the reader or workshop attendee.**

**As stated in numerous public forums and workshops since 1999, in choosing to utilize MCEO teachings, techniques or technologies it is understood that in so doing the individual accepts full responsibility for any and all conditions that may or may not occur in conjunction with such practice.** It is further recognized that the individual, **through the act of utilizing** MCEO teachings, techniques or technologies, **thereby through this act agrees** to release Azurite Press, Trustees, the AP Regents Council, authorized Kathara Bio-Spiritual Healing Program teachers and facilitators (pertaining only to MCEO-sanctioned Kathara "no-touch" procedures), authorized MCEO translators/authors, teachers, promoters and any individuals and organizations thereto related, from any and all claims of liability or damages perceived or assumed to occur in conjunction with involvement in MCEO teachings, techniques or technologies. This statement of Terms and Conditions represents a written ***Notice of Implied Agreement and Consent to Liability Release*** in regard to involvement with MCEO teachings, techniques and technologies. This Notice of Implied Agreement and Consent of Liability Release represents a ***reiteration in specific written format*** of previously provided notice as to the ***necessity of taking personal responsibility for any and all consequences arising from chosen involvement with the MCEO Paradigm:*** notice which has been frequently provide verbally in public forum since 1999. It is recognized that the ***Implied Agreement and Consent to Terms and Conditions of Liability Release*** stated here within is accepted and enacted as such ***upon the act of chosen involvement with and/or practice of MCEO teachings, techniques and technologies.*** If one is uncomfortable or in disagreement with this stated ***Notice of Implied Agreement and Consent to Terms and Conditions of Liability Release***, it is suggested and recommended that one choose at this time non-involvement with MCEO teachings, techniques and technologies, until a future time wherein such concerns have been assuaged.

### **A Commitment to Quality and the MCEO Course-book Manuals**

The authorized MCEO translators/authors, members of the MCEO, Azurite Press, Trustees, Regents Council, teachers and promoters of the MCEO Paradigm extend their greatest efforts in making MCEO teachings available for public exploration in **the most responsible and respectful manner possible**, whilst striving to maintain the **highest**

**standards of integrity in MCEO text translation and teaching.** Intrinsic to such responsibility in presentation, authorized MCEO translators/authors, members of Azurite Press, Trustees, Regents Council and authorized teachers and facilitators of MCEO programs are all individuals who personally believe in the factuality of the MCEO Paradigm and who actively participate, for personal spiritual reasons, in MCEO programs, including personal utilization of MCEO techniques and technologies. These individuals all share a **common commitment to achieving and maintaining integrity, quality and responsibility in public presentation of MCEO teachings;** this shared commitment arises from a commonly shared, individually held, reverence, respect, appreciation for, and belief in the validity of, the MCEO Paradigm, its inherent teachings of personal spiritual self-discovery and the limitless potentialities of human consciousness that this paradigm suggests.

On behalf of this commitment to quality, may it be understood that **MCEO Course-book Manuals**, as featured within the *MCEO Kathara Bio-spiritual Healing Program*, *MCEO Maharata "Dance For" Programs*, *MCEO Masters Templar Stewardship Initiative Program* and other MCEO teaching programs, **do not represent completed books**, but rather exist as **companion text briefings** that are created in conjunction with **specific corresponding live workshop presentations** which are preserved via **audio/ video recordings** that are made available on the *Azurite Press Products List* as specific Program Sets. The Course-book Manuals that accompany some of these audio-video workshop programs **contain only the charts, graphs and most pertinent information pertaining to their corresponding audio-video program**, and **do not contain the many pages of dialogue and detailed explanation** that is incorporated verbally within the audio-video program. Thus MCEO Course-book manuals are not intended to be used alone, but are rather intended for use as an **additional educational aid in conjunction with their corresponding audio-video workshop program.**

As new MCEO workshop materials are often released and translated during live workshop presentations, the corresponding Course-book Manuals and their inherent graphs and charts often reflect the immediacy of the new information provided in that they are initially rendered "**in-the-rough**", often with portions of text in hand-written form, not yet "perfected" for book publication with appropriate dialogue text detail, typesetting, computer graphics, pagination and indexing. As each new workshop since 1999 has introduced the next level of new, live MCEO data translations, there has been insufficient time to "move backward" and perfect the quality of production pertaining to MCEO Course-Book Manual texts from previous workshops. The information and new MCEO teachings contained within each workshop program always reflect the standards of integrity and quality inherent to the MCEO Paradigm, but often timely public release of new materials is achieved at the expense of quality in product production. **The Azurite Press staff apologizes for any inconvenience that such "data-in-the-rough" may cause; however, if workshop programs were withheld from Product List release until their audio/video recordings and corresponding Course-book Manuals were "perfected" in terms of product production, it would be several years before these materials were released for public review.** As new MCEO teachings are often time-sensitive in regard to the unfolding of planetary events, especially since 2000, it has been of greater priority during this time to expedite availability of the MCEO teachings contained within the products, than it has been to demonstrate the standards of excellence in quality product production that remains a goal of Azurite Press.

For the time being, MCEO audio-video-Course-book Programs are in a **state of continued evolution**, as the small staff at Azurite Press, with the assistance of numerous individuals who volunteer their time and talents, endeavor to compile dialogue transcripts and perfect typesetting, computer graphics and format organization of previous MCEO workshop presentations in an effort to fulfill the goal of creating "perfected" book publications that contain, and "do justice to", the vast body of quality teachings that have been presented during the 1999-2003 MCEO workshops. The commitment to achieving excellence in quality of production, as well as quality of information, that is held by members of Azurite Press staff arises from the personal desires of staff members to "honor the spirit of the teachings" which they have found personally valuable, as well as from a desire to provide the best possible quality of product and service in spiritual respect to the public. Until the goal of achieving "perfected" product production quality is actualized, Azurite Press staff hopes that the public will share in the recognition that it is the **quality, and inherent substance, of MCEO information, more so than the "package that it comes in", which demonstrates the value of Azurite Press MCEO educational products.**

**.....Azurite Press Board of Directors**

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*Introduction to Elements  
of Kathara  
Level – 4: Installment 1*

*Previous Techniques Required*

Kathara Levels 2-3 – Product Code: K2-3/11DVD/6CDT/M  
Nadradon Awakening – Product Code: ROR/5DVD+CDT/HBM  
Zendradon Awakening - Product Code: UKMM/6DVD-1CDT/HBM  
Kethradon Awakening - Product Code: IKA/6DVD/HB

*Part One*

*Preceding Techniques:  
Nadradon Awakening*

*Recorded Live – March, 2005 – Phoenix, AZ*



# THE FOUR “SPHERES OF RA” – ETHERIC BODY ACTIVATION – PART ‘A’ (Steps 1-14)

## Preparation

1. Completion of ALL Techniques contained within Kathara Level 2-3 Foundations Program (i.e. “Linking Sequence” and all K2-3 Techniques).
2. Completion of FULL Amplification requirements / sequence as provided in Kathara Level 2-3 Foundations Program Techniques Schedule instructions.

## Actions

### Phase – 1: “Eyes of Ra” – Chakra-6

1. Place or intend Le-AdOR-A UN Esta YUn Ha drA Code at the Ra Center at Chakra-3, imprinting the Ra Center with the Etheric Signature of the Le-AdOR-A UN Esta YUn Ha drA.
2. Call to mind the Emerald Crystal storage vessel that houses the Le-eTOR-A Caverns Etheric Hologram Sphere.
3. Mentally intend / visualize the Emerald Crystal at the center of the 48-Petal Lotus.
4. Intend / visualize the 48-Petal Lotus with the Emerald Crystal at its center, over the Ra Center at Chakra-3.
5. Bring the Palms into the “prayer” position at the Azur-A as you Inhale slowly & deeply from the Ra Center drawing the 48-Petal Lotus, with the Emerald Crystal Center & the Le-AdOR-A UN Esta YUn Ha drA Code Imprint, into the Ra Center & upward to the Pineal. Be aware that as the Le-AdOR-A UN Esta YUn Ha drA Code Imprint & the Emerald Crystal travel upward to the Pineal that the Le-AdOR-A UN Esta YUn Ha drA Code Imprint & Emerald Crystal merge, becoming One, encrypting the Le-AdOR-A UN Esta YUn Ha drA Code into the Emerald Crystal. Pause at the Top of the Inhale breath.
6. With the encrypted Emerald Crystal at the center of the 48-Petal Lotus, at the Pineal, Exhale gently on a horizontal projection line forwards and backwards from Chakra-6 at the Pineal, expanding the Le-eTOR-A Caverns 6-foot Holographic Sphere outward all around you while giving the Mental Command: “*Eyes of Ra – Open*” (keep Emerald Crystal & 48-Petal Lotus at Pineal). Bring hands out of “prayer” position during Exhale to sides of body, fingers into Lotus Touch position.

### Phase – 2: “Heart of Ra” – Chakra-4

7. Take a long, slow, horizontal 2-Point Inhale breath Inward along the Chakra-6 forward/front & backward/rear Projection Line, back into the Emerald Crystal at the Pineal, while intending / mentally commanding the 6-foot Eyes of Ra Le-eTOR-A Caverns Holographic Sphere to: “*Remain extended all around you*”...continue the Inhale, drawing the Emerald Crystal & its 48-Petal Lotus downward with the last part of the Inhale into Heart-Chakra-4.
8. Hold breath at Top of Inhale, briefly, with Emerald Crystal stationed at Chakra-4 & bring both hands, with fingers in Lotus Touch, up to rest “Lotus Fingers” gently on Chakra-4.
9. Keeping Emerald Crystal & 48-Petal Lotus in Heart Chakra, Exhale slowly & gently on a forward-backward horizontal Projection Line from Chakra-4, while giving the Mental Command: “*Heart of Ra Awaken*”; use the

Exhale breath to expand the Le-eTOR-A Caverns Holographic Sphere outward from Chakra-4, all around you, until it expands to become a 12-foot Holographic Sphere (just imagine diameter as twice body length).

10. Inhale back along the horizontal Projection Line, into Chakra-4 center, while intending that the 12-foot Holographic Sphere remains expanded from Chakra-4; continue Inhale, using the last part to draw the Emerald Crystal & 48-Petal Lotus from Chakra-4 downward to the E-Umbi (1-2 inches below Navel). Hold breath at the Top of the Inhale with Emerald Crystal & 48-Petal Lotus stationed at E-Umbi.

### **Phase – 3: “Seat of Ra” – E-Umbi to Knee Point**

11. While holding Inhale breath, move hands to E-Umbi and place Lotus Touch fingers gently on E-Umbi. Exhale on a 2-Point forward-backward Projection Line from E-Umbi while leaving the Emerald Crystal / 48-Petal Lotus in E-Umbi, using Exhale to expand the Le-eTOR-A Caverns Holographic Sphere outward to become a 24 foot diameter Sphere all around you; give the Mental Command: “Seat of Ra Awaken”, as you Exhale.
12. Inhale back along the E-Umbic horizontal Projection Line into E-Umbi, then downward using the last part of Inhale breath to draw the Emerald Crystal / 48-Petal Lotus down to a point in the Central Vertical Current directly across from the tops of the knees, just above the knee-caps. Hold Inhale briefly with Emerald Crystal / 48-Petal Lotus stationed at Knees Point.

### **Phase – 4: “Throne of Ra” – Knee Point**

13. Release fingers / hands from Lotus Touch position & allow arms/hands to relax at your sides, then slowly Exhale on a horizontal forward/backward axis from the Knee Point between your knees in the Central Vertical Current.
14. Leaving Emerald Crystal / 48-Petal Lotus at Knee Point, use the Exhale breath to expand the Le-eTOR-A Caverns Holographic Sphere outward from the Knee Point until it expands to a 48 foot diameter Sphere (8 body lengths) all around you; give Mental Command; “*Throne of Ra Awaken*” as the Knee Point Sphere expands. Inhale back along the Knee Point horizontal projection Line while intending the 48-foot Holographic Sphere remains expanded all around you. Complete the Inhale at Knee Point; then take several natural resting breaths from the Knee Point while the Emerald Crystal & Lotus remain stationed there. (Continue to Part-B, or break here, resuming Part-B within 3 days. To end Part-B for break, simply leave the Emerald Crystal / 48-Petal Lotus within the Knee Point Station and give mental Command: “*Throne of Ra Sustain*”. Use “*Throne of Ra Transmit*” Command to activate when desired).

## **THE NADRADON CELL AND RADIS LINE ACTIVATION – PART ‘B’ (Steps 15-24)**

### **Phase – 5: “Crown of Ra” – Chakra-14**

15. Focus attention on the Emerald Crystal at the center of the 48-Petal Lotus, stationed at the Knee Point. Take several deep relaxed breaths while reaching this focus. Inhale from the Knee Point & Hold the Inhale at the Knee Point for a moment.
16. Next rapidly Exhale a Single Point breath from the Knee Point *downward*, using the Exhale to push the Emerald Crystal / 48-Petal Lotus rapidly down to the Mahadra at Earth Core; quickly Inhale again as soon as the Emerald Crystal enters the Mahadra, using a *strong, rapid*, Inhale to draw the Emerald Crystal *all the way upward* to Chakra14, 36" above the head (just as if the Emerald Crystal “bounced” back upward to Chakra-14 once it “hit” the Mahadra below). At the Top of this rapid Inhale, when the Emerald Crystal enters Chakra-14; hold the breath

for a moment.

17. Now, whilst giving the Mental Command: "*Rays of Ra Unfold*", release the Inhale *Internally into the Emerald Crystal* at Chakra-14. Breathe easy, breathing from Chakra-14 and observe or imagine that the Emerald Crystal at Chakra-14 slowly, but steadily, "ignites" into a brilliant *golf ball sized Spherical Starburst with ManU Pale Emerald Green, Pale Golden-Silver & Pale Violet-Silver-Pink Heliotalic Rays* emanating outward from its Interior Center Point.
18. Breathe gently from Chakra-14 & observe that the Emerald Crystal Starburst is "Communicating" energetically with the 4 Le-eTOR-A Spheres expanded around you and as this Communication takes place, observe as each of the 4 Le-eTOR-A Spheres also begins to Radiate Beautiful Heliotalic Starburst Rays of Pale Emerald Green, Pale Golden-Silver and Pale Violet-Silver-Pink until the 4 Holographic Spheres become a Set of Radiating, Shimmering, Starbursts: one 6 foot in diameter, one 12 foot, one 24 foot, and one 48 foot in diameter.

#### **Phase – 6: "Staff of Ra" (Chakra-14 to Mahadra to Feet-Point – Nadradon Seal & Nadra Key)**

19. Inhale a 48-Petal Lotus Breath from Chakra-14, then *Rapidly Exhale*, using the Exhale to *push* the Starburst Emerald Crystal *downward*, all the way down from Chakra-14 to enter the Mahadra at Earth's Core, at the point of Exhale completion.
20. When the Starburst Emerald Crystal enters the Mahadra, Inhale *quickly*, using the Rapid Inhale at the Mahadra to draw the Starburst Emerald Crystal *upward* to a point in your Central Vertical Current that lies directly between your feet and hold the Inhale, as the Emerald Crystal enters this point. The point between the Feet is the location of the *Density-1 Nadradon Cell Center-Seal* and is called: the *Nadra Key*. Continue holding the breath at the "*Top of the Inhale*" at the *Nadra Key* for a few moments more.
21. *Exhale forcefully* into the *Center of the Starburst Emerald Crystal*, at the *Nadra Key*, while giving the Mental Command: "*Staff of Ra Receive*". Return to gentle, relaxed breathing from the Feet Point Nadra Key and observe the *Awakening of the Etheric-Atomic Pillar of Power*.

#### **Phase – 7: Nadradon Cell Activation: Merging of the Spheres**

22. Breathe easy while observing that the Nadra Key Feet-Point Opens around the Starburst Emerald Crystal & the Starburst Emerald Crystal enters, then disappears through this Nadra Key "Doorway" at the Feet-Point. When the Starburst Emerald Crystal disappears, a *Gentle Internal Vibration* begins spreading from the Nadra Key-Point, Upward and Downward through the Central Vertical Current. As this Vibration extends to simultaneously enter both the Adhrana at Chakra-14 & the Mahadra at Earth Core, a beautiful Transformation takes place within the 4 Le-eTOR-A Holographic Starburst Spheres around you.... as the Ecka-Le-eTOR-A Cavern Holograms merge with their *Le-AdOR-A Parallel Ecka Twin Spheres*.

Notice that as the Adhrana above and the Mahadra below receive the Nadra-Key Vibration, the Ra Center in Chakra-3 releases a *Brilliant Flash of Pale Golden-Silver Ecka-EyanA Light* and – in response – the long dormant *Etheric-Ethos Ka Center in Chakra-2 (Sacral Center)* releases a *Brilliant Flash of Pale Violet-Silver-Pink, Parallel Ecka, AdonA Light*... After the Ka Center Flashes, Chakra-2 & Chakra-3 Open, & Expand & Merge through the *E-Umbi Ethos Flame*, as the *Dimension-2 GrU-aL-Control Nadradon Cell* emerges from the Dimension-2 Nadra-Key Center Seal in the E-Umbi Flame..... expanding to the *Center Seed Seals* in Chakras 2 & 3, linking the Ra and the Ka Centers and their Chakras together through the Pale Violet-Silver-Pink D-2 Nadradon Cell.

As the D-2 Nadradon Cell Awakens, the 4 – Le-eTOR-A Caverns Holographic Spheres around you all Flash Brilliantly..... first, a *Beautiful EyanA Pale Golden-Silver Flash*..... then an *Iridescent, AdonA, Pale Violet-Silver-Pink Flash*..... and the 4 Spheres Merge into One Huge *Pale Violet-Silver-Pink Holographic Starburst Sphere* that extends Outwards for 90 feet in all directions around you.

### **Phase – 8: Music of the Spheres: Nadra Sheath Release, Lotus Point-Radis Line Activation**

23. Observe and try to *feel the reality* of the *Nadradon Cell Activation* taking place within you. Listen with your *Inner Hearing* to hear the *Chorus of the Music of the Spheres* that begins releasing into the *Atomic Structure*, once the *Etheric Dimensions 1-5 Nadra Sheath* around the *D-1 Atomic Pillar* releases through *Nadradon Cell Activation*. As the 4 Holographic Spheres merge, the *Nadra Atomic Sheath Barrier Dissolves*, preparing the Atomic Structure for *Pillar of Power Activation* and *Til-E-‘a Breathing*. Observe that, as these Activations Unfold within your Etheric Body, your 24 PCM-Lotus-Points *all become Pale Violet-Silver-Pink Starburst Spheres with an Emerald Flame containing Pale Golden-Silver Light within them*.

As the Inner Pillar 24 Lotus-Points “Turn On” the *AdonA Light*, the 24 LotE-Points of your *D-1.5 thru’ D-11.5 Photosphere* turn on, followed by the 24 Lotum-Points of your *D-12.5 / 0.5 Logosphere*, finally followed by the 24 Lota-Points of your *D-13.5 Lotasphere & Primal Light Field*. As the 24 Lota-Points activate, the long dormant *Radis Lines*, connecting through the LotE-Point-Sets & into the *Etheric-Atomic-Center-Pillar* also “Turn On”, preparing the Crystal Body & Manifest Anatomy for *Pillar of Power Activation*, release of the *Sextant Pin*, *Rising of the Ethos* and *Return of Til-E-‘a Breathing*.

### **Phase – 9: Matradon Flow Initiation**

24. Once the Radis Lines activate through the 96 PCM-LotE-Points, the *Density-1 Nadradon Cell* emerges from the Feet-Point, *Density-1 Nadra-Key Seal*, expanding a Sphere of *Pale Violet-Silver-Pink Starburst* Upwards to the Lower-calves (in the legs), & downwards to the *Maharic Shield*, 12" below your feet, *opening the Maharic Shield Center Seal to the Ecka-Matradon Cell, Pillar of Power Flow*. The Feet Chakra Seed Seals open and Initiate *Le-AdOR-A Current Flow*, within the Etheric-Atomic Body, setting the Carrier Wave through which the *Ethos-Etheric Pillar of Power* can rise, once the *Sextant Pin* releases, to reinstate the Potential of Natural, *Eternal-Life, Til-E-‘a Breathing* and *Progressive Seed Atom Re-charge*.

Once this Activation is completed, the Nadradon Cell remains activated and ready to receive Transmutation of its unnatural “Bucky-ball” Radiation Matrix Harness, through progressive application of *Pillar of Power-Ethos Rising KA-THA-RA Technologies*. Until “Ethos-On” / *Ethos Pillar Rising Technologies* are employed, breathing the Nadradon Cell Energies should be done *only through the protective filter* of the Ra Center. Once the *Sextant Pin* is released and *Ethos Pillar Ascent* is Initiated, *Etheric-Atomic Healing, Recharge* and *Amplification* can be done by *Til-E-‘a Breathing* directly through the Nadradon Cell and the *Pillar of Power*.

## **Til-E-‘a Nadradon Complex Electrical Activation**

### **PHASE ONE – KA CENTRE ACTIVATION: ‘FIRING THE RODS OF RA & KA’**

#### **Preparation**

1. Completion of *ALL* Techniques contained within Kathara Level 2-3 Foundations Programme (i.e. “Linking Sequence” and all K2-3 Techniques)
2. Completion of *FULL* Amplification requirements/ sequence as provided in Kathara Level 2-3 Foundations Programme Techniques Schedule instructions.
3. Lotus Encryption: Induction of “*Le-AdOR-A – UN – Esta – Yun – Ha – DrA*” Symbol Code at the Ra Centre.
4. Locate the body-vehicle in a comfortable *sitting* position.

#### **Actions**

1. Inhale a 48-Petal – Encrypted – Lotus breath at Chakra-3 Ra Centre, using Inhale to draw the Lotus down to the Density Nadra Key Seal at “Feet Point” (in Central Vertical Current in the space/ mid-point between the feet). Hold this breath at the Nadra Key for a few moments ...
2. Forcefully Exhale a *2-Point Horizontal – Left-Right – Projection* breath from the Nadra Key Feet-Point using the breath to push the Encrypted Lotus into the Ethos Seed Atom stationed at the Nadra Key ... then outward through the Ethos-Rod ... giving the Mental Command: “Rod of Ka Awaken” *during* the Exhale.
3. Inhale a Single-Point breath from the Nadra Key & Ethos Seed Atom. Hold this breath at the Nadra Key briefly, then Forcefully Exhale, using the breath to push the 48-Petal Lotus from the Nadra Key (at Feet-Point) downward and into the Mahadra at Earth Core *as you complete the Exhale* (and prepare to Inhale immediately and quickly).
4. When the Lotus enters the Mahadra at the “Bottom of the Exhale”, *immediately Inhale Forcefully Upward*, using this rapid breath to draw the Lotus up to your AzurA – and Hold this Inhale with the Lotus stationed at the AzurA.
5. *Immediately* raise and extend both arms outwards and to your sides at shoulder level, then Exhale a *2-Point Horizontal – Right-Left – Projection* breath from the AzurA leaving the 48-Petal Lotus stationed at the AzurA while using the Exhale to push 2-Currents of Pale Violet-Silver-Pink Le-AdOR-A Frequency from the AzurA Seed Atom outward along the PCM Density Rod and Arms to the Monadic Balls at the Rod End-points just beyond the fingertips, giving the Mental Command: “Rod of Ra Awaken” *during* the Exhale.
6. Inhale and hold a 2-Point breath back to the AzurA *from the Rod End-points* (just beyond the fingertips) while bringing your arms down and into a resting position on your lap. Sit up *straight* while holding the Inhale at the AzurA, then *bend forwards* and *place the palms* of your hands *over the top of the feet Chakras* (Left palm over top of left foot, Right palm over top of right foot, fingers a bit beyond the toes).
7. Now, Exhale a *powerful 2-Point Horizontal – Right-Left Projection* breath from the AzurA, down the Le-eTOR-A Arm Cords, through the Palms and into the Foot Chakras and then *horizontally outward* (the current flows from the Left Arm Cord out through the Left Foot to the Left Side: ditto on the Right Side).
8. Breathe gently for a moment from the AzurA, keeping hands over Foot Chakras, and sensing/ feeling for a *wave-like vibration* extending across the Ethos Rod at the feet ... then observe/ sense/ feel as this vibration

extends into the Arms, AzurA and then throughout the entire body ... the vibration feels like a series of rippling, circular, rhythmic-cyclic waves of greater and greater intensity moving through your fields (as if you were the pond into which a pebble has been dropped).

9. With hands remaining on your feet, breathe gently from the AzurA whilst this Etheric *AdorA Wave* intensifies until it reaches its *peak*, at which point (after 60-90 seconds) the intensity begins to ebb until a *Still-Point* is reached and the vibrating wave ceases.
10. After the Etheric AdOR-A wave ebbs to stillness, sit up straight *SLOWLY* ... bringing your palms to rest on your knees. Keep eyes closed and breathe gently from the AzurA, calming and stabilising the fields (*REMAIN still and breathe slowly if dizziness occurs* – please DO NOT move physically, or move on to Step 11, until dizziness subsides – if necessary take a 15 minute break).
11. Once your bio-system has stabilised Inhale a gentle 48-Petal Lotus breath from the Ra Centre, hold briefly, then Exhale Forcefully, using the breath to *push* the “new” 48-Petal Lotus down to the Mahadra at Earth Core.
12. When the “new” 48-Petal Lotus enters the Mahadra, Inhale *rapidly* at the Mahadra using the Inhale to draw the 48-Petal Lotus upwards and into the *Ka Centre* (Chakra-2), then Exhale *rapidly* at the Ka Centre using the exhale to push a *Starburst of Pale Violet-Silver-Pink Frequency* outward and throughout the Ka Centre/ Chakra-2, giving the Mental Command: “Flame of Ka Awaken” *during* the Exhale.
13. Breathe gently from the Ra Centre for a moment ... then Inhale and Exhale gently into the Nadra Key at the Feet-Point, thereafter resuming a gentle breathing pattern BUT with your breathing focussed *directly* from the Nadra Key Point. Continue to breathe gently, and *continuously*, from the Nadra Key while taking a break of *no more than 5 minutes*.
14. Continuing to breathe gently from the Nadra Key, GO TO the Logas Frequency Breathing Movements #'s 1, 2 and 3; repeat each Loga 3 times in sequence *while breathing ONLY from the Nadra Key throughout*.

When the Logas – Nadra Key breathing cycle is complete return to normal breathing and allow *at least 15 minutes* rest before proceeding to the following, “*Pulling the Poison Pin*” Phases.

### **Til-E-‘a Nadradon Complex Electrical Activation**

#### **PHASE TWO – ACTIVATING THE ETHERIC LOTUS ARC SETS – ARC BREATHING / “CYCLING THE PETAL ARCS”**

#### **Preparation**

All as under Prep’ above + Nadradon CEA - Phase 1

#### **Actions**

1. Sit comfortably and take several natural breaths from the Nadra Key at the Feet-Point.
2. Inhale a 48-Point Encrypted Lotus (Phase One, Prep. Step 3) from the Nadra Key up to the Ra Centre at Chakra-3. HOLD briefly, then *Exhale Forcefully* using the breath to *expand MANY Rays of Pale Violet-Silver-Pink AdOR-A Frequency* outward and through the Ra Centre ... observe that the Ra Centre releases a

*Starburst Flash of Pale Violet-Silver-Pink Light.*

3. Inhale into the Lotus at the Ra Centre and on down to the Ka Centre (Chakra-2); HOLD this breath at the top of the Inhale at the Ka Centre ...
4. Exhale Forcefully from the Ka Centre, using the breath to *expand MANY Rays of Pale Golden-Silver e-TOR-A* Frequency outward and through the Ka Centre at Chakra-2 ... observe that the Ka Centre releases a *Starburst Flash of Pale Golden-Silver e-TOR-A Light*.
5. Now, Inhale from the E-Umbi Point (1-2" below navel) using the breath to *draw both the Ra and Ka Centres (Chakras 2 & 3) together to form a BI-VECA FOLD* within the Ethos Flame at the E-Umbi (imagine this as 2 vertically overlapping spheres within an Eckasha-shaped Flame).
6. Exhale at the E-Umbi, and observe as Chakras 2 & 3/ Ra & Ka Centres *expand back out* of the E-Umbi, returning to their original positions, while *leaving a Pale Violet-Silver-Pink Ra- and a Golden-Silver Ka- Crystal within* the E-Umbi Ethos Flame; observe that the 2 crystals are fused together in a Bi-Veca Fold.
7. Inhale the fused Bi-Veca Ka-Ra Crystals from the E-Umbi upward to the AzurA ... and HOLD this Inhale with the Ra-Ka Crystal at the AzurA.
8. Exhale Forcefully on a *6-Petal Lotus Axis* from the AzurA, observing as the Ra-Ka Crystal replicates to form *6 Ra-Ka Crystals - each projected out along one of the 6 Lotus Projection Lines - while the original Ra-Ka Crystal remains* in the AzurA.
9. Inhale gently, drawing each of the 6 Ka-Ra Crystal replicas back, simultaneously, along its respective axis projection line and into *merger with the 7<sup>th</sup> original Ka-Ra Crystal* at the AzurA ... and ...
10. Notice that during this gentle Inhale, the 2 "*Top*" *Diagonal (45deg.) Axis Lotus Petal Arcs* and the 2 "*Bottom*" *Diagonal (45deg.) Axis Lotus Petal Arcs* begin to *CONTRACT*, moving inward towards the stationary *Upper and Lower Vertical Petals*. (On *Full Inhale* into the AzurA the diagonal Petal Arcs have folded into the Upper and Lower Vertical Petals, leaving only the Vertical Axis Upper and Lower Petal Arcs remaining).
11. Exhale gently from the AzurA, using the breath to *push the 7 Ka-Ra Crystals* from the AzurA, downward, to the Nadra Key (Feet Point); notice that as you Exhale the 4 Diagonal-Axis Lotus Petal Arcs *expand back outward again* to their 45 degree Axis.
12. Inhale gently from the Nadra Key Feet Point keeping the 7 Ka-Ra Crystals stationed there. Exhale and Inhale, breathing into the Nadra Key, noticing that the 4 Diagonal-Axis Lotus Petal Arcs *around you again contract with the Inhale*, folding into the 2-Vertical Petal Arcs.

Breathe gently from the Nadra Key Feet Point directly, observing/ intending that on *each Nadra Key Inhale* the Diagonal Petal Arcs Contract into the Vertical Petal Arcs and, on each *Exhale* the Diagonal Petal Arcs Expand and return to their 45 degree Axis Projection-Line positions.

You are encouraged to "play with" the Nadra Key Inhale/ Exhale, varying the speed of breathing while keeping the diagonal Lotus Petal Arcs expanding & contracting in synchronization with each Inhale/ Exhale breath. This is called: "CYCLING THE PETAL ARCS". Continue to breathe gently IN THIS WAY, and *continuously*, from the Nadra Key, while taking a break of *no more than 5 minutes*.

13. Continuing to breathe gently from the Nadra Key, GO TO the Logas Frequency Breathing Movements #'s 4, 5 and 6 *plus* 7, 8 and 9; repeat each Loga 3 times in sequence *while breathing the "Cycling of the Lotus Petal Arcs" from the Nadra Key throughout.*

When the Logas – Nadra Key breathing cycle is complete return to normal breathing and allow *at least* 15 minutes rest before proceeding to Phase-3.

### **Til-E-'a Nadradon Complex Electrical Activation**

#### **PHASE THREE – 'ETHOS-ON' # 1 – COMPLETING THE ANCIENT 3RD 1/3RD INHALE**

##### **Preparation**

ALL Preceding prep'.

##### **Actions**

1. Inhale 48-Point Lotus from Nadra Key (Feet Point), up to Ra Centre (Chakra-3), then on up to AzurA to engage Til-E-'a Breathing Cycle, then ...
2. Exhale *rapidly* from the AzurA, *pushing* the Lotus from AzurA, downward to the Mahadra Centre in Earth Core... then
3. Inhale a *rapid* but *extended* breath when Lotus enters the Mahadra, using the Inhale to *draw* 1/3<sup>rd</sup> Ethos Rod, from the feet, upward through the released 'Green-witch' reversed Ethos-1/3<sup>rd</sup>-Density Rod at the lower calves, linking the Natural 1/3<sup>rd</sup> Density Ethos Rod with the *tilted* 'Green-witch' reversed Ethos 1/3<sup>rd</sup> Density Rod as the Natural 1/3<sup>rd</sup> Density Ethos Rod *ascends*... Continue this Inhale and *observe/ intend* that the 'Green-witch' – R – Ethos Rod at the lower calves *quickly shifts* 113.5 degrees *Clock-wise* (i.e. from an axis that aligns thru *Right shoulder* out the *Left breast*, to an axis that aligns straight across your shoulders) and aligns with the 1/3<sup>rd</sup> Natural Rod; thus the TWO – 1/3<sup>rd</sup> Ethos Density-1Rods merge to form a 2/3<sup>rd</sup> Ethos Rod Ascending. Complete this Inhale by drawing the 2/3<sup>rd</sup> Ethos Rod up to *Mid-thigh* (the Density-1 E-Umbi)...

HOLD this Inhale a moment *with the 2/3<sup>rd</sup> Ethos Rod at mid-thigh/ Density-1 E-Umbi* ... where the Ethos K-1 (Density-1 Signet) intersects with the Density-1 Rajhna LotE PCM Position (at Chakra-10 – 6" above the head), thus completing the final 3<sup>rd</sup> 1/3<sup>rd</sup> Ancient Inhale breath that has been stifled within the Planetary Body since 5.5MYA. HOLD this Inhale ...

4. Holding the breath at the Top of this "Lotus Breath" 3<sup>rd</sup> – 1/3<sup>rd</sup> Inhale, *sense/ observe/ intend* that the 2/3<sup>rd</sup> Ethos Density-1 Rod at mid-thigh "JUMPS" as the *Density Ethos E-Umbi Flame* and *Density PCM AzurA Flame Sparks* the 2<sup>nd</sup> 45-Charge Sub-harmonic Spark at the AzurA.

(The Density-1 2/3<sup>rd</sup> Ethos Rod automatically jumps from the mid-thigh to AzurA, bringing the PCM Density-1 LotE Rod and 2/3 Ethos Density-1 Rod into merger at the AzurA and fully aligning the Density-1 PCM LotE and Ethos Kathara Grids. The Ancient 1<sup>st</sup> 45-Sub-harmonic Spark and new 45-Sub-harmonic Spark release a –90-Sub-harmonic Charge Spark Pulse – into the PCM LotE Seed Atom; thus the Ancient Exhale/ Inhale "Last breath" is Complete).



## Beginning the 6-Breath Cycle (one 6-Cycle)

5. Exhale rapidly from the AzurA, using the breath to *push* the 2/3<sup>rd</sup> Density-1 Ethos Rod down to the Mahadra at Earth's Core – *Mentally Count* – **EXHALE-1** and shift attention to the *D-3 Ethos Rod* stationed *at the feet* as full Exhale is completed.
6. Inhale the first 1/3<sup>rd</sup> Inhale breath using the *D-3 Ethos Rod* to *direct* the Density-1 and D-2 & D-1 Ethos Rods; so, Inhale the 1<sup>st</sup> 1/3<sup>rd</sup> Inhale now, drawing the *D-3 Ethos Rod* up from the *feet* to the centre of the calves, engaging the *D-3 Ethos K-1 Signet* and *D-3 PCM E-Umbi*.

PAUSE on the 1<sup>st</sup> 1/3<sup>rd</sup> Inhale with the D-3 Ethos Rod at the centre of the calves .. for a moment ...

7. Continue this Inhale to the 2<sup>nd</sup> – 1/3<sup>rd</sup> of the Inhale breath, using the 2<sup>nd</sup> – 1/3<sup>rd</sup> to draw the D-3 Ethos Rod from the *centre of the calves* to about 1" above the "Knee Point" *just above the top of the Knee-caps*.

[ This merges the D-3 Ethos E-Umbi & D-3 PCM E-Umbi Ethos Flames, releasing the 1<sup>st</sup> – 45-Subharmonic Spark at the *E-Umbi* into the *Pillar of Power* (D-3 Ethos K-1 at D-3 AzurA). ]

PAUSE briefly at the Top of the 2<sup>nd</sup> 1/3<sup>rd</sup> Inhale ... with D-3 Ethos Rod just above the top of the knee-caps to *receive the 1<sup>st</sup> Spark at the E-Umbi*.

8. Continue this Inhale to the 3<sup>rd</sup> – 1/3<sup>rd</sup> of the Inhale breath, using the *3<sup>rd</sup> – 1/3<sup>rd</sup> FULL Inhale* to draw the D-3 Ethos Rod from just above the top of the knee-caps to the *D-3 E-Umbi*.

[ This merges the D-3 *Ethos-E-Umbi Flame* with the D-3 *PCM AzurA Flame* (Ethos K-1 Signet at PCM Rajhna) releasing the *2<sup>nd</sup> Spark at the AzurA* – the 45-Sub-harmonic *AzurA Spark* ]

PAUSE briefly at the 3<sup>rd</sup> 1/3<sup>rd</sup> Inhale breath with the D-3 Ethos Rod at the PCM E-Umbi to receive the *2<sup>nd</sup> Spark* at the AzurA. ... BEFORE finally expanding lungs fully ...

9. Keeping D-3 Ethos Rod at the D-3 PCM E-Umbi complete the 3<sup>rd</sup> – 1/3<sup>rd</sup> Inhale by expanding lungs fully, inhaling to capacity, then hold briefly at the Top of the 3<sup>rd</sup> – 1/3<sup>rd</sup> Inhale – and – **Mentally Count – INHALE – 1.**

(As the D-3 Ethos-E-Umbi and D-3 PCM AzurA Flames Spark, forming the 2<sup>nd</sup> Spark at the AzurA, the D-3 Ethos Rod *automatically jumps* from the D-3 PCM E-Umbi to the D-3 PCM AzurA. The two 45 Sub-harmonic Sparks release a 90-Charge Sub-harmonic Spark from the *Pillar of Power* and in to the PCM Seed Atom, pushing the D-3 Ethos Kathara Grid rapidly down into the *Exhale/ Expansion #2*).

10. Exhale *rapidly* from the AzurA using the breath to *"Ride" the D-3 Ethos Grid Descending Wave" downward* – moving the D-3 Ethos Pillar from the AzurA down to the feet to coincide with *Full Exhale Expansion* and – **Mentally Count – EXHALE – 2** ; PAUSE for a moment at the Bottom of the Exhale, with the D-3 Ethos Rod at the feet.

11. Begin *Inhale/ Contraction #2 Cycle* by Inhaling 1<sup>st</sup> – 1/3<sup>rd</sup> breath of Inhale #2 from the *Nadra Key* (Feet Point) and draw the D-3 Ethos Rod from the feet to the centre of the calves (in Central Vertical Current in space between both calves) giving the Mental Command: *"Ethos Engage"* with the Ethos Rod positioned at the calves; PAUSE for a moment with the Rod at the calves ...

12. Continue Inhale #2, taking the 2<sup>nd</sup> – 1/3<sup>rd</sup> Inhale breath from the “Calf Point” to draw the D-3 Ethos Rod up from the calves to the “Knee Point” (just above Knee-caps); give the Mental Command: “E-Umbi Spark – 1” with the Ethos Rod positioned at the Knee Point; PAUSE for a moment on 2<sup>nd</sup> – 1/3<sup>rd</sup> breath of Inhale #2 to receive the E-Umbi Spark – 1 .
  13. Continue Inhale #2, taking the 3<sup>rd</sup> – 1/3<sup>rd</sup> Inhale from “Knee Point” to draw the D-3 Ethos Rod up from Knee Point to PCM D-3 E-Umbi (1-2” below Navel); give mental Command: “AzurA Spark – 2” with D-3 Ethos Rod at D-3 PCM E-Umbi; PAUSE for a moment on 3<sup>rd</sup> – 1/3<sup>rd</sup> breath of Inhale #2 to receive the AzurA Spark – 2.
  14. With D-3 Ethos Rod at the D-3 PCM E-Umbi, complete the 3<sup>rd</sup> – 1/3<sup>rd</sup> Inhale, filling lungs to capacity and HOLD for a moment at the Top of 3<sup>rd</sup> – 1/3<sup>rd</sup> breath of Inhale #2. As the D-3 Rod automatically jumps from D-3 PCM E-Umbi to D-3 PCM AzurA, bringing the D-3 Ethos & D-3 PCM Kathara Grid and Rods into full alignment, releasing the 90-Charge Sub-harmonic Spark Pulse into the PCM Seed Atom, give the mental Command: “Inhale # 2 – Jump – Spark Pulse Ethos Ascend”. – **Mentally Count – INHALE – 2**.
  15. Exhale rapidly from AzurA, using the breath to “ride the D-3 Ethos Kathara Grid down and into full expansion”, as the D-3 Ethos Rod descends from the AzurA to the Full Exhale Feet Point and **Mentally Count – EXHALE – 3**; PAUSE for a moment at the Bottom of the Exhale, with the D-3 Ethos Rod at the feet ... then begin “Inhale/ Contraction #3 Cycle” Ethos Ascent Breath, repeating Steps 11 – 15 on Inhale # 3 Cycle (i.e. NOW). **COMPLETE “Inhale # 3 Cycle”**, to fulfill 1 SET of **3 Exhale – Inhale** Expansion/ Contraction Breaths.
  16. REPEAT Steps 11 – 15, **3 More Times**, to fulfill another Set of 3 Exhale: Inhale breaths, thus completing One Full Til-E-‘a 6-Cycle (1 Cycle of 6 – 3-Pause breaths) in which the PCM Seed Atom receives a 180-Charge Harmonic Spark Pulse – and – **initiates Nadra Seal Release and Ad-OR-A Flame Current Atomic Etheric Activation**.
- This sets in motion the automatic activation of the Til-E-‘a “12 Cycle” (36 – 3-Pause breaths) through which the Electrical Activation reaches its *Tharo Peak* to run *Full Harmonic 180 – AdOR-A Flame*.
- At the end of the 6<sup>th</sup> Exhale – Inhale Cycle**, and at the: “PAUSE at the Top of the 6<sup>th</sup> and Final Inhale”, *Exhale Forcefully* from the AzurA to the Mahadra at Earth Core, returning the D-3 Ethos Rod from the AzurA to the Feet Point as the final exhale descends, and return to natural, gentle, breathing *from the Nadra Key Point*, giving the Mental Command: “**Nadradon – AdOR-A FIRE!**”
17. Continue breathing from the Nadra Point, and take a 3-5 minute break, before moving to Logas 10, 11 & 12. Run 3 Sets of the Logas sequence (10, then 11, then 12 x 3) while “breathing” the D-3 Ethos Rod: **Inhale drawing Rod up from the feet to AzurA; Exhale Rod down from AzurA to feet**.
  18. Take a 10 – 15 minute break before moving on to Phase – 4, “Pulling the Poison Pin”.

## Til-E-'a Nadradon Complex Electrical Activation

### PHASE FOUR – PULLING THE 'POISON PIN'

**“Unplugging the Genetic Time Codes of the DNA Template & the Density Atmos Etheric-Atomic Shields from the Sextant Clock, Green-witch Line & 'Atomic Clock C-60' Distortions”.**

**Releasing the D-1.5 Atomic Poison Pin & Atomic 1.75 'Black Heart of Anubis' Implant;  
Releasing the Atomic “Pillar of Power” & Freeing the 24 Lotus Points & Nadradon Cells  
from the Pentagonal 'C-60 Bucky-ball' Reversed Radiation Matrix Harness ...**

#### Preparation

Complete 1 Full 6-Cycle Til-E-'a Breath, per Phase-3, to Spark Seed Atom with 180-Charge AdOR-A Harmonic Spark-Pulse for Nadra 0.5/ 1.5 Seal Release – and – initiation of Nadra-AdOR-A 180 Flame Current. Complete Loga Frequency Breathing Movements 10 thru' 12, sequence x 3 – Breathe Ethos Pillar Up to AzurA (Rod at AzurA) on Inhale, and Ethos Pillar Down to Feet (Rod at Feet) on Exhale.

#### Actions

1. After “Preparation” above, Inhale a slow, deep, 48-Petal Lotus breath into the AzurA and draw 48-Petal Lotus down to the Ra Centre from the AzurA as the Inhale breath completes. HOLD the Inhale at the Ra Centre, briefly, with lungs at full expansion ...
2. Exhale *firmly* on a Single-Point downward axis, using the Exhale to *push* the 48-Petal Lotus from the Ra Centre down to the Nadra Key Feet-Point. HOLD at *full exhale* briefly with the Lotus at the Nadra Key and call to mind the 7 – Ka-Ra Bi-Veca Crystals stored in the Nadra Key.
3. Inhale gently into the Nadra Key using the breath to draw the cluster of 7 Ka-Ra Crystals into the Centre Point of the 48-Petal Lotus at the *Nadra Key*. Exhale gently into the Nadra Key, *keeping* the Lotus and Ka-Ra Crystal Cluster Centre *at* the Nadra Key.
4. RUN 1 Set of 3 **“Ethos-On” Breaths:**  
Inhale at the Nadra Key Feet-Point while drawing the D-3 Ethos Rod (at the feet) all the way up and in to the AzurA for *full alignment with the PCM Rod at the Top of the Inhale*. PAUSE at the Top of the Inhale (Ethos Rod @ AzurA), then *Exhale Firmly from AzurA* using the breath to *push* the D-3 Ethos Rod back down to the feet, *in sync' with completion of the full Exhale*. PAUSE briefly at bottom of Exhale, lungs empty, and D-3 Ethos Rod at the feet ...

Now, repeat the last Inhale/ Exhale sequence *Twice* more ... Inhale Nadra-Ethos Rod to AzurA – Exhale-AzurA-Ethos Rod to Nadra (feet point) .. the final, 2<sup>nd</sup> Exhale, ending at Nadra Key with D-3 Ethos Rod at Feet point. PAUSE at bottom of final Exhale...

5. Notice that as you pause on the last exhale of the 'Ethos-On' 3-Cycle, that the Ka-Ra 7-Crystal Cluster in the Nadra Key begins to *shimmer and glow with a Pale Silvery-Aquamarine D-13.5 Lotus Light*, and a vibration wave begins to emerge through the Nadra Key and into both feet.
6. Inhale and Exhale *gently* from the Nadra Key and *observe/ intend* that on *each* Exhale the Ka-Ra Crystal Cluster Aquamarine Light *grows brighter* and its corresponding vibration in the feet *grows stronger*.

7. Inhale at the Nadra Key using the breath to *contract the 7 – Ka-Ra Crystals* in the cluster *together* to form One Ka-Ra Bi-Veca Crystal in the Nadra Key.
8. Exhale *firmly* into the Centre of the consolidated Ka-Ra Crystal at the Nadra Key and *observe/ intend* that the 2 Fused Units of the Ka-Ra Bi-Veca Crystal suddenly shatter into a Starburst of beautiful *Pale Silvery Aquamarine D-13.5 Lotus Light* within the Nadra Key Feet point.
9. Inhale again at the Nadra Key, using the breath to draw the *Aquamarine Lotos Starburst* into a *Singular Point of Radiant Aquamarine Light* in the Nadra Key, and *observe/ intend*, as the Lotos Starburst Point of Light now *solidifies* into a small, beautiful, singular *Aquamarine Lotos Crystal* within the Nadra Key.
10. Inhale at the Nadra Key using the breath to draw the Aquamarine Lotos Crystal *up* from the Nadra Key Feet point to the Ra centre (Chakra-3) ... HOLD at Top of Inhale with Lotos Crystal at the Ra Centre.
11. Exhale *gently* from the Ra Centre using the breath to *gently push* the Aquamarine Lotos Crystal from the Ra (Ch'-3) Centre to the Ka (Ch'-2) Centre ... HOLD at the Bottom of the Exhale with the Lotos Crystal at the Ka Centre.
12. Inhale a 48-Petal Lotus into the D-13.5 Aquamarine Lotos Crystal in the Chakra-2 Ka Centre, HOLD Inhale briefly at Ka Centre, then *firmly but gently* Exhale on a Single-Point Horizontal Axis Toward Your Rear, using the breath to *push* the Lotos Crystal from the Ka Centre (Ch'-2 Sacral area) *backwards, horizontally* into the Tailbone, and then *down vertically* into the *Chakra-1 Seed Seal* in the Tip of the Tailbone/ Coccyx (D-3 – D-1.5).
13. As the Aquamarine Lotos Crystal enters the Coccyx *observe/ intend* that the Lotos Crystal begins emanating a *progressively brightening* Pale Silvery-Aquamarine Lotos D-13.5 Light, together with a corresponding *felt vibration*. Breathe gently from the Ka Centre/ Chakra-2 while observing the Lotos Crystal in the tip of the Tailbone/ Coccyx.
14. Continue *gentle Ka Center breathing* as the Lotos Crystal in the Coccyx *flashes* into a beautiful Pale Silvery-Aquamarine Starburst; observe that, as this Starburst flash of D-13.5 Lotos Light occurs in the Coccyx tip, a Set of 24 corresponding Aquamarine Lotos Starbursts Flash On – *One in each of the 24 PCM Lotus Points-* and sense a corresponding *Vibration emerge in all 24 Lotus Points* before *spreading into the Central Vertical Current* and the *“Pillar of Power”*.
15. Now, shift your attention to the Nadra Key Feet Point, and Inhale *deeply* from the Nadra Key, using the breath to *draw Pale Silvery Aquamarine Lotos Light* simultaneously from all 24 Lotus Points into the Central Pillar of Power and down into the Nadra Key, coinciding with the Top of the Inhale ... HOLD briefly at the Top of the Inhale at the Nadra Key.
16. In *One Forceful Exhale* at the Nadra Key *push* a Starburst of Pale Silvery-Aquamarine Lotos Light *out from the Centre of the Nadra Key* ... HOLD breath at the Bottom of the Exhale ... then, *quickly but gently*, Inhale *drawing a cord of Lotos Light* up from the Nadra Key to the Ra Centre ... then Exhale gently at the Ra Centre.
17. Breathe normally from the Ra Centre, using *each Exhale* breath to push *Rays of Aquamarine Lotos Light* Outward around the entire Body ... from the Ra Centre. Observe, that on each Inhale the Lotos Light in the Ra Centre, Nadra Key, “Pillar of Power” and all Lotus Points intensifies and brightens ...
18. Continue Natural Lotos Light Breathing from the Ra Centre and *observe/ intend* as the D-1.75 Black Heart of Anubis Implant **“POPS”** and *transmutes* into a *Spark of Gold Dust* at the bottom of the Ka Centre/ Chakra-2.

Next, *observe/intend* as a Gold Metallic Pin that extends from the Knee Point to the Centre of Chakra-4 emerges and *RAPIDLY de-densifies and transmutes in the D-13.5 Lotos Light*.

19. Continue normal Ra Centre Lotos Light breathing and *sense/observe* that the D-1.5 “Green-witch” Reversed D-3 Ethos Rod in the upper-thigh region, and the D-2 counterpart in the base of the Ra Centre/ Chakra-3 both spin on a horizontal plane CW (from your back to left arm, to front, to right arm) resuming the natural 3-East-Left / 9-West-Right Shield position of the Ethos Rod.

Finally *observe/intend* as a dense gold-metallic “Bucky-ball C-60”\*\*\* Radiation Harness emerges with the Density-1 Nadradon Cell between the Maharic Shield (12” below the feet) and Lower Calves, and an Aquamarine Lotos Flash emerges from the Nadra Key Feet point. (\*\* ‘Think’ “Geodesic Sphere”)

20. Observe/ intend as the C-60 Nadradon Cell Radiation Matrix Harness de-densifies and *disappears within the Nadradon Cell*, and a beautiful 180-Charge AdOR-A Standing Flame emerges at the Nadra Key and expands to fill the entire Density-1 Nadradon Cell between the Maharic Shield and the Lower Calves.
21. Inhale a *deep, slow*, breath into the Nadra Key ... HOLD at the Top, briefly, then Exhale Once Forcefully using the breath to push 180 – AdOR-A Standing Flame down into the Mahadra at Earth Core (where it will remain and continue activation of all Nadradon Cells).

***Breathe NOW and FOREVER from the MAHADRA AdOR-A Flame  
To Enter the Perpetual Cycle of Atmos Regeneration through Til-E-'a Breathing***

**( This Technique Sequence should be repeated at least one further time during an interval of not more than 8 weeks – though it should NOT otherwise be repeated more than ONCE WEEKLY if guidance suggests some degree of increased frequency of use)**

## THE RA-DON ETHERIC-ATOMIC DUCT COMPLEX, TIL-E-'A BREATHING & ATMOS REGENERATION

### *The Ethos-Atomic Ra-don Cells & Ra-don Sheaths & Ra-don Etheric Capsules of the Etheric-Atomic Interface System*

The Etheric Spectrum emerges through the Ecka-Lota Matraddon Cell from the Frequency Fields of the Parallel Ecka. Through the dynamics of the Matraddon and Ra-don Cell *Etheric-Atomic Complex* the Etheric "Blueprint" Spectrum is blended with the PCM & PKA Density Spectrum to create the *Atmos* Etheric-Atomic Frequency Spectrum of which "Matter-Units", such as atoms, quarks and their Spark Components are formed.

The PCM Density Kathara and the PCM Ethos Kathara each has a set of Ra-don Cells:

**Nadradon** Cell on each Density and Dimensional Level, replica of the 8 Inner Matraddon Cell Etheric Units – **Nader** (meaning "lowest point on a sphere") **Seal** at each Nadradon Cell center @ K-1, Nadradon Cells 0.5 – 1.5.

Nadradon Cells control the Etheric-Atomic **Base-Tone** Interface Nadra Flames – Magnetic, CCW, 180 –ve, **A-dOR-A** "Female" Flames.

**Zendradon** Cell on each Density and Dimensional Level, replica of the 7 Outer Parallel Ecka Petraddon Cell Etheric Units "zenith" **Zener** (meaning "highest point on a sphere") **Seal** at each Zendradon Cell center @ K-12, Zendradon Cells 12.5 – 11.5.

Zendradon Cells control the Etheric-Atomic **Over-Tone** Interface Zendra Flames – Electrical, CW, 180 +ve, **e-TOR-A** "Male" Flames.

**Kethradon** Cell on each Density and Dimensional Level, replica of the 15-Cell Andraddon Eckasha Seed Atom **Kether** (Inner Sanctum of Sphere) **Seal** at each Kethradon Cell center @ AzurA, Kethradon Cells 8.5 – 4.5.

Kethradon Cells control the Etheric-Atomic **Resonant-Tone** Interface Kethra Flames – Polarized Ad-Don-draea 360.

**Ethradon** Cell on each Density and Dimensional Level, replica of the 15-Cell Andraddon Seed Spark Eckasha Base Shield **Ether** (Centre Point of Sphere) **Seal** @ each Ethradon Cell Center– both Seal and Cell of all Densities at 6.5 AzurA.

Ethradon Cells control Ethra Flames De-polarized Ad-Don-draea 360.

**Letradon** Cell surrounds Density and Dimensional Levels, each Level 13.5 / 13.5 Primal Light Capsule.

- ❖ Each Ra-don Cell forms an Etheric-Atomic Ra-don Sheath between the Etheric-Ethos and PCM Density Atomic Currents; each Sheath manifests as an Etheric-Atomic Barrier within the Central Staff Current. The **D-1** 0.5 – 1.5 **Nadra Sheath** (from the D-1 Nadradon Cell) is the Core Barrier between the D 15-14-13 Centre Current of the Kee-Ra-ShA/ KhunDaRay and the PCM Atomic Currents.
- ❖ Each Ra-don Sheath projects outward through the **Yan-YUN** Flow an Etheric-Atomic Ra-don Capsule and 12 -ve Axia-tonal / 12 +ve Meridian Line Set, forming the Etheric Blueprint Bodies of the 3-Dimensional Hova Density Bodies.

## Til-E-'a Breathing

During natural PCM LotE Til-E-'a Breathing, the Ethos-Kathara Grid rises upward into alignment with the PCM Density Kathara Grid allowing the Etheric-Atomic Ra-don Cells/ Sheaths / Capsules of both the PCM Density Kathara and the PCM Ethos-Etheric Kathara to align and interface. When Ethos and Density Ra-don Cells pass through each other, Spark Generation and Etheric-Atomic Atmos Current Regeneration occur within the Central Vertical Staff "*Pillar of Power*". This process of spark-generation and Atmos Current regeneration is called: **Til-E-'a Phasing**. There is a specific, **cyclic** dynamic to the process of Til-E-'a Phasing.

Beginning from the "**Zero Point**" of the "**Eternal Inhale**" – Original Contraction Point, at which the PCM Density, PKA Density, and their corresponding Ethos +ve and Eiros -ve Etheric Bodies are fully aligned "in the same space" within the Ecka-Lota Base Shield, the "First Cycle" of Expansion / Contraction / Creation unfolds. The Cycle begins with the "First Exhale" of the Lotos, in which the Ecka-Matraddon Cell expands and projects its Ethos and Eiros Cells outward at a 90 degree projection, bringing the Ra-don Cells into Expression within the Lotum Crystal Body. From this "First Creation Point", Til-E-'a Phasing within the Lotum begins.

### The First – 6 Breaths of the LotE (PCM)

After Its projection into Manifestation from the Ecka-Matraddon Cell, the Ra-don Cells of the PCM LotE Density complete their "Exhale" to full expansion, with the Ethos-Kathara extending downward to the ET – K-1 / PCM – K-1 Exchange, expanding the Density Bodies fully into Polarised Manifestation. The Spark Generation Cycle begins within the PCM LotE Til-E-'a on the following Ethos "Inhale" – Contraction Cycle. In a series of **3 - 1/3<sup>rd</sup> Inhales** the Ethos Pillar ascends back upward into alignment with the PCM Density Kathara.

### One Til-E-'a – 3 Pause Breath

Engage • **1<sup>st</sup> 1/3<sup>rd</sup> Inhale-Pause** ... ET – K-1 and PCM E-Umbi engage

Spark-1, • **2<sup>nd</sup> 1/3<sup>rd</sup> Inhale-Pause** ... ET – K-1 up to PCM AzurA and **ET E-Umbi + PCM E-Umbi**  
45 Sub-atomic **Flames align** and spark – 1

Spark-2, • **3<sup>rd</sup> 1/3<sup>rd</sup> Inhale-Pause** ... ET – K-1 up to PCM Rajhna and **ET E-Umbi + PCM AzurA**  
45 Sub-atomic **Flames align** and spark – 2

Quickening • **Pause & Hold at Top of Inhale** ... Ethos **quickens** & "jumps" one step up to full ET – K-1/ PCM K-12 alignment, aligning ET – E-Umbi + PCM Rajhna, ET & PCM AzurA & ET – Rajhna + PCM – E-Umbi  
Flames – 2-Sparks release into Seed Atom, & Seed Atom accelerates ( 90-Charge Sub-harmonic)

2 – 45 Sparks • **Rapid Exhale/ Expansion** ... Ethos Pillar **descends rapidly** to full ET – K-1 / PCM – K-1  
90-Charge) Exchange and next Inhale / Ethos-On initiates.

**Each Exhale – Inhale – Pause Breath Generates 2 – 45 Seed Atom Sparks  
And Seed Atom Receives One Sub-Harmonic 90-Charge Acceleration**

### One Til-E-'a – 6 Breath Cycle (= One "6-Cycle")

After 6 Seed Atom **Sub-harmonic 90-Charge** Breaths (Exhale – Inhale – Pause x 6) the Seed Atom receives 12 – Sub-harmonic 90-Charge Sparks and Sub-harmonic 90-Charge Sparks which = **2 Full Harmonic 90-Charge Spark-Pulses**.

After one 6-Breath Cycle the 2 Harmonic 90-Charge Spark-Pulses release into the Seed Atom at the **Top** of the **6<sup>th</sup> Inhale**, the Seed Atom receives a  $2 \times 90 = 180^\circ$  Harmonic Spark-Pulse and Fires the  $180^\circ$  **A-dOR-A Flames** at the center of the Nadradon Cells, initiating release of the **Nadra 0.5 – 1.5 Seals** on the **Logosphere & Photosphere**, initiating opening of the  $180^\circ$  Etheric-Atomic Nadra Base-Tone Currents into the Pillar of Power and Ra-don Cell Etheric-Atomic Duct Complex.



**One 6-Cycle (One Cycle of 6 – 3-Pause Breaths) Seed Atom Receives a 180-Charge  
Harmonic Spark-Pulse and Initiates Nadra Seals and A-Dor-A Flame Activation**

**One Til-E-‘a “12 Cycle”**

6 Cycles of 6 – 3-Pause breaths = One “12 Cycle”.

After 6 Cycles of 6-Breaths (36 – 3-Pause Breaths) the Seed Atom receives 6 180-Charge Harmonic Spark-Pulses, and Nadra Seals (0.5 – 1.5) in Nadra Cells release *fully*, allowing the 180-Charge A-dOR-A Magnetic Flame Atomic-Etheric Nadra Currents to run in the Pillar of Power and Etheric-Atomic Duct Complex.

**Nadra Complex Electrical Activation & Tharo Peak (180 A-dOR-A Flame Run – Product Code:  
ROR/5DVD+CDT/HBM – August, 2004).**

Nadra 12-Cycle Magnetic breaths “Turn the Ethos On”, release –ve Magnetic A-dOR-A Flame and build Ethos Charge in the Seed Atom.

The Electrical aspect of the Seed Atom accelerates spin and electrical incoming Merkaba accelerates spin to **Tharo Electrical peak**. The Nadra Complex runs the Magnetic A-dOR-A Flame through which +ve **Ethos** Currents and +ve Anti-particle PKA **Atmos** Currents are generated. The activation of the Nadradon Cells and Base-Tone Nadra Duct Complex initiates Opening/ Activation of the **24 LotE Points** and their corresponding +ve Radis and –ve Nadis Lines within the Etheric-Atomic Body and within the Chakra and Central Nervous System/ Blood/ Atomic **Windows**.

**Zendradon Magnetic Activation & Thalon Peak (180 E-TOR-A Flame Run/ 360 AC Run – Product Code:  
UKMM/6DVD/1CDT/HBM – UK – September, 2004).**

Nadra Complex Activation prepares the body for the second Til-E-‘a 12-Cycle and activation of the electrical Zendradon Cells and Over-Tone Zendra Duct Complex through which the **24 Lotum Points** and their –ve Radis and +ve Zener Lines activate within the body, Chakras etc. Through Zendra Activations the Seed Atom receives opening of the 180-Charge **E-TOR-A** Electrical Flame and can run Bi-polar 180-Charge Currents, one or the other at any given time, but NOT both simultaneously.

The Zendra 12-Cycle Electrical breaths “Turn on the Eiros”, release +ve electrical E-TOR-A Flame and build -ve Eiros Charge in the Seed Atom. The Zendra Complex runs the electrical E-TOR-A Flame through which –ve Eiros and Particle Currents are made and Magnetic Merkaba reaches **Thalon Peak**.

**The Kethradon Complex / Zero-Point Activation & Radeshi Peak (Bi-polar 360 DC – Product Code: IKA/6DVD/HB –  
India – January, 2005).**

Once 2 Til-E-‘a 12-Cycles complete and Nadra and Zendra Complex Activation occurs, the body is prepared for **Kethradon** (8.5 – 4.5) Complex Activation through which the **24 Lota points** and their Radis and Kether Lines activate, and the Seed Atom receives opening of the Bi-polar 360-Ad-Don-draea Flame Currents.

**[ 2 – Til-E-‘a Cycles = 1 Til-E-‘a Nadra Electrical 12 Cycle (36 – 3-Pause Nadra breaths)  
and one Zendra Magnetic 12-Cycle (36 – 3Pause Zendra breaths) ]**

**The Ethadon Complex / Ad-Dondra Activation & Lotashi Peak (Tri-polar 360 DC – Product Code: EAW/8DVD/S –  
Morocco – May, 2005).**

## Command Psonn

A-Don-A    E-TU-e-ThRa  
A-DE-Sa    Ad-Don-DrAea  
E-Zu-Shu    E-Yon-A-Sa  
Nu-et-a    E-va    Dha-Sha-A  
Eckasha ha DU  
Amoraea-e-Khem-a-Lo-ha    es-TA-DE  
Eieyani-AdonE  
E-Soo-TU    Ad-Don-DrAea  
EyonA-AdonA  
Et-TU-A    SE-NU-ah-VA  
Le-AdOR-A-UN-Esta-YUn-Ha-drA

# The Zendradon Awakening ~ Technique 1

## ***'A-Sha-RA-Reu-Sha-TA – Khem-a-lo-ha-tea' Initiation:***

Opening the Moda-AdhurA Ducts for Electrical Zendradon Cell (12.5-11.5) Initiation

### **Preparation:**

Generally, all Kathara Level 2-3 and Kathara Level-4 RA Activation Techniques. Specifically, activate "Eyes of RA" Currents not more than 12-18 hours prior. A copy of the 'A-Sha-Ra-Reu-Sha-TA-Khem-a-lo-ha-tea Code (or "Khem Code") should be to hand.

### **Actions:**

Releasing the Zendradon Seed K 12 – Chakra 10, 6" above the Head

1. Imprint / optically induct the the 'A-Sha-Ra-Reu-Sha-TA-Khem-a-lo-ha-tea Code (or "Khem Code") into the Ra center, via the Pineal, on a 48-Point Lotus Breath Inhale. Exhale the imprint of the Khem Code gently into the Ra center.  
  
Use the next Inhale breath to draw the Khem-Code up to the Pineal, then Exhale slowly into the Pineal, allowing the Exhale breath to expand the Khem-Code outward from the Pineal forming a 3-Dimensional Khem-Code Sphere entirely around the head, extending outward from the head about 3' in diameter.
2. Inhale slowly and firmly into the Pineal on a Single-Point Axis, using the Inhale to secure an energetic "hold" on the inside "skin" of the Khem-Code Sphere around the head; do not contract the Khem-Code Sphere with the Inhale, just intend or visualize a secure "hold" on the inside layer of the Code Sphere. Hold Inhale.
3. Now, Exhale sharply and quickly downward, using the Exhale breath to rapidly draw the Khem-Code Sphere down into the Mahadra Point, Chakra-13, Earth Core. Hold on full Exhale.
4. Holding the breath at the bottom of the Exhale, attention at Earth Core, observe that the Khem-Code Sphere is now centered around the Mahadra and has begun to emit a series of complex "digital-like" tones, as it communicates instructions to the Mahadra and the Reu-Sha-TA Spiral.
5. Inhale a Single-Point breath gently, into the Mahadra, and hold at the "top of the Inhale". Then, Exhale forcefully downward from the Mahadra, into Chakra 15 in Deep Space – out the other side of Earth, and hold the Exhale at the bottom with attention focused on the Khem-Code Sphere at the Mahadra.
6. Observe, as you sit within the Inner Silence of the Exhale breath pause, the Khem-Code Sphere begins to emit a high pitched, soft whining sound that ascends in pitch until the sound suddenly disappears into silence. Inhale gently into the Mahadra, then Exhale a fast, sharp, 2-Point Horizontal breath out of the Mahadra on a Right-Left Axis...noticing that as you Exhale the Khem-Code Sphere "launches upward like a rocket", shooting straight up through your Central Vertical Column and into Chakra 10, 6" above the head.
7. Breathe gentle, slow, 48-Point Lotus breaths from the Ra Center and observe the Khem-Code Sphere at Chakra 10.
8. At first, the Khem-Code will seem to have disappeared.....but within a few seconds it will "re-appear", filled with brilliant Golden-Silver-One Light and will change from a circular Sphere shape into an elliptical-Sphere Egg Shape with pale Silver Light forming the "white of the egg".....and, deep inside the egg, a brilliant Pale-Yellow-

Gold “yolk” also emerges....Continue breathing gently from the Ra Center, and observing the “Golden-Silver One Cosmic Khem-Code-Egg” at Chakra 10.

9. Focus mental attention on the center of the “Egg Yolk” and give the Mental Command: “Zendra Rise – Zendradon Awaken” and observe as a Pale Aquamarine Spark appears at the center of the Khem-Code-Egg Yoke.
10. Inhale from the Ra Center and draw the breath up to the AzurA; completely Inhale into AzurA and Hold this breath.
11. Now, Exhale a Single-Point breath up from the AzurA and into the Pale Aquamarine Spark within the “egg yolk” of the Khem-Code at Chakra 10. When the Exhale reaches the egg-yolk-Khem Code the Pale Aquamarine Spark turns into a small Starburst, then flies rapidly down the Central Vertical Column to the Mahadra at Earth Core.
12. Breathe gently from the Ra center and observe as a Pale Aquamarine “Breathing Tube”, about 2" in diameter opens within your Central Vertical Column...all the way from the Mahadra at Earth Core and into the Khem-Code-Egg at Chakra 10, 6" above the head. The K-12 Seal at the center of the Zendradon Cell has now been released.
13. Return to normal breathing and observe that the Khem-Code-Egg and Aquamarine Zendradon Breathing Tube remain with you and active from this moment forth...As you go through the next few hours, imagine that you can see and feel the beautiful spiraling Pale-Silver-Gold-Violet Current from the Zendradon moving gently downward through the 2" Pale Aquamarine Breathing Tube.

You are now prepared for the Zendradon Activation Cycle, though please observe a minimum 6 hour stabilization period before proceeding with any further Technique(s).

## The Zendradon Awakening ~ Technique 2

### *Zendradon Cell Activation – Opening the Breathing Tube*

(The 8 Breaths of Reclamation)

#### Preparation:

All Kathara Level 2-3 and Kathara Level-4 (Revelations of Ra workshop – Product Code: ROR/5DVD+CDT/HBM – August, 2004) Ra Activation Techniques + Zendradon Technique-1.

#### Note:

In this Technique, movement of the Maharic Shield is used to direct movement of the Ethos Body Photo-Flame Cell.

#### Actions:

1. Inhale into Ra Center on a 48-Point axis and draw the Density Lotus Arcs to Vertical Inhale Position, to begin a Breathing Cycle. (The Inhale breath is the “Zero-Point” Breath, START position, and is thus “Breath Zero” – NOT counted in the number count as follows. The conscious Zero-Point breath simply brings the Ethos-PCM Grids into Start Position).
2. From the Zero-Point Ra Center Inhale, Exhale downward, **using the Exhale** breath to **push** the Maharic Shield (Ethos Density-4 Shield) downward to Earth Core. (This fully expands the Ethos Grid downward from PCM). As you Exhale and push Maharic Shield down, **expand Lotus Arcs to 45° Axis** Expansion/ Inhale position.
3. Inhale upward to the Ra Center, using the Inhale to draw Maharic Shield upwards to position 12" below your feet (equals full alignment of Ethos & PCM Grids and Photo-cells) and draw Lotus **Arcs to vertical. Count Actions 2 & 3 as Exhale-1/ Inhale-1.**
4. **Repeat Actions 2 & 3** to complete a **6-Exhale / 5-Inhale** Breath Cycle, moving the Maharic Shield Up & Down with the Breaths + moving Lotus Arcs In & Out in synchronization. After completing the **5<sup>th</sup> Inhale, PAUSE** before initiating the **6<sup>th</sup> Inhale**, following the 6<sup>th</sup> Exhale.

#### The “Quickening” Initiates...

5. At the “Bottom” of the **6<sup>th</sup> Exhale**, Maharic Shield is in Earth Core, Density Arcs opened in 45° Expansion position – **PAUSE** to receive D-13 Monadic Spark in Seed Atom, deep within AzurA.

#### The 6<sup>th</sup> Inhale: The “Quickening” – Ethos Ascent

6. Inhale at the Ra Center, using Inhale-6 to draw Maharic Shield all the way up from Earth Core to **Chakra 12A - 24" above head**, aligning Ethos & Eiros Grids/ Photo-cells. The **Zendradon Cell initiates**. Draw Lotus Arcs to vertical.

#### NOTE: Steps 6 & 7 = Aro – Alon Cycle.

#### The 7<sup>th</sup> Exhale Eros Descent – Etheric Aro Electrical Peak & Zendradon Activates

7. Exhale from Chakra-12A at Center of Maharic Shield, 24" above your head, using the Exhale to push Maharic Shield to position 12" **below feet**, aligning the Ethos-Eiros and PCM Photo-cells. Expand Lotus Arcs to 45° as

you Exhale. Zendradon Cell activates. **Pause at Bottom of Exhale.**

### **The 7<sup>th</sup> Inhale – The 1/3 Inhale – Ethos Alon Magnetic Peak**

8. Inhale from Center of Maharic Shield, 12" below feet, **using a 1/3<sup>rd</sup> Inhale** to draw Maharic Shield **up to E-Umbi Point** (just below navel) and draw Lotus Arcs from 45° Axis Expansion **to 30° Expansion ONLY** (not all the way to vertical, just a shift from 45° to 30°). **PAUSE** at 30°. Inhale with Maharic Shield at E-Umbi & Lotus Arcs at 30° - Honatilea State begins; Etheric & D-1 Atomic Cells begin 45° shift to Ecka Axis.

### **The 8<sup>th</sup> Breath – Breathing Tubes Open**

9. Exhale from the Center of the Maharic Shield, at E-Umbi, using Exhale to **push** Maharic Shield from E-Umbi to Earth Core, as Lotus Arcs close to vertical axis. Ecka Lota Breathing Tube opens and Reu-Sha-Tah Braided Etheric Rainbow Ray (15 Cords) Current descends from Ecka Lota Breathing Tube into PCM LotE and PKA Loti Breathing Tubes, opening LotE and Loti Breathing Tubes and drawing LotE and Loti D-1 Bodies, and their Etheric Cells, into Bi-Veca Fold, **initiating Athonitilea State. Reu-che Pillar and Reu-Sha-TA Spiral reset initiates** Pillar-1/ D-1 Sub-harmonics 1-6 re-set. LotE and Loti shift to Ecka Zero-Point Axis, completing 45° shift and aligning within the Sha-LA-a Chamber of Arc of the Covenant Passage.

### **The 8<sup>th</sup> Inhale – Reu-Sha-TA Spiral Activation**

10. Inhale from the center of the Maharic Shield, at Earth Core, using Inhale to draw Maharic Shield up from Earth Core to Chakra 12A - 24" above head, drawing LotE and Loti into merger with Lota on D-13 Monadic and D-1 Sub-atomic levels. Zendradon Cell consummates, Reu-Sha-TA Spiral Cords and Reu-che Pillar-1 D-1 Sub-harmonics 7-12 re-set. **"Rainbow Ray Braid"**, at center of Breathing Tube, activates in preparation for activation of the Diamond Sun Crystal Body Respiratory System – Tech' #3.

## The Zendradon Awakening ~ Technique 3

### *Releasing the Sha-Na-TA*

#### Preparation:

All Kathara Level 2-3 and Kathara Level-4 (Revelations of RA workshop – Product Code: ROR/5DVD+CDT/HBM – August, 2004) Techniques + Zendradon Technique 1 & 2. A copy of the “Khem Code”, preferably in colour, to hand.

#### Actions:

1. With Maharic Shield (Ethos DN-4 Shield) still stationed at Chakra 12A, 24" above the head, and Eiros DN-4 Shield stationed 12" below feet, draw a 2-Point Inhale breath through the Center of the Breathing Tube, one descending from Chakra 14, 36" above the head, and one ascending from Chakra 13 Earth Core, into the Seed Atom and Monadic Core at the AzurA...while leaving the Maharic-Ethos Shield and Eiros Shield in their “**Lota Alignment**” positions. **PAUSE** at the top of the Inhale with mental attention focused on the AzurA. Remember to draw the Density Lotus Arcs (**Ra-Na-TA Arcs**) into the vertical Position as you Inhale.
2. Look at, visualize or intend an image of the “Khem Code” (the ‘*A-Sha-Ra Reu-Sha-TA Khemalohatea Monadic Code*’) at the center of your Seed Atom, at the AzurA, then **forcefully Exhale** from the AzurA on a **6-Petal** Axis, using the Exhale breath to “**open**” the Density Ra-Na-TA Lotus Arcs outward to the 45° axis position. **PAUSE** at the bottom of the Exhale.
3. Next, **slowly Inhale** into the AzurA, using the Inhale breath to slowly draw the Density Ra-Na-TA Arcs back into vertical position, while expanding your mental awareness to the presence of the (larger) Sha-Na-TA Diamond Sun Lotus Arc Sets of the Lotosphere and Logosphere in the Crystal Body. As you **slowly** Inhale and bring the Ra-Na-TA Arcs into vertical closed position, observe and intend that the larger Sha-Na-TA Arc sets (which have been phase locked in their vertical-closed position) begin **expanding** their Petals into the 45° position in synchronization with the **contraction** of the smaller Ra-Na-TA Arcs. As the Sha-Na-TA Arcs expand – and – Ra-Na-TA Arcs contract with the Inhale, notice a sensation of energy **leaving** your Breathing Tube, as the Sha-Na-TA expansion draws spent energy out of the Pillar of Power and back into the Ecka Lota; as this occurs, the Myonic Crystal and Miodic Vortices activate, opening the outgoing Radieonic Heliopaths and creating a Vacuum within the Breathing Tube Center. **PAUSE** at the top of this slow Inhale and **mentally orient the Arcs**, Sha-Na-TA expanded to 45° and Ra-Na-TA Arcs fully contracted (vertical) into Central Breathing Tube... *Try* to sense the vacuum within the Pillar of Power Breathing Tube.
4. Now, **slowly begin to Exhale** from the AzurA on a 2-Point Up/Down Vertical Axis in the Breathing Tube. As the slow Exhale progresses, intend or visualize that as the 2-Point vertical breath slowly moves upward and downward, the Density Ra-Na-TA Arcs synchronistically expand out of their vertical closed position and back to a 45° axis expansion. As the 2-Point **Exhale breath continues** the Ra-Na-TA Arcs expand/open and the Sha-Na-TA “Diamond Arcs” synchronistically close/contract to the vertical position. At the **bottom** of the 2-Point Exhale breath, the 2-Point breath **will be expanded** up and down the Breathing Tube from Chakra-13 Earth Core to Chakra-14, 36" above the head, the Ra-Na-TA Arcs are at full 45° expansion and the Sha-Na-TA Diamond Arcs are at full contraction, the Sha-Na-TA “Petals” aligned vertically within the Crystal Body Breathing Tube. **PAUSE**....
5. Pause for a moment at the bottom of this Exhale breath and ensure the proper orientation of the Arc Sets (as described above: #4) – and take a series of 6 “Off-line” **surface breaths**, breathing normally **through the lungs ONLY**, NOT through the AzurA, while **keeping** the Lotus Arc Sets and Breathing Tube Breaths **fixed** in their Ra-

Na-Ta “Exhale” positions. During the 6 surface breaths, focus your mental attention on the interaction of energy that takes place between the **Sha-Na-TA Arcs** and the **0.5 Radon Cells** of the Breathing Tube as the **Sha-Na-TA Inhale/ Ra-Na-TA Exhale occurs**. The “Sha” Arcs are closed and aligned **vertically** within the Breathing Tube; as this occurs, the 24 Lota Points activate – and – receive energy infusion from the Lota, generating Pulsar-Plasma Waves that enter and activate the Dyonic Crystal and Diodic Vortices and incoming Radieonic Heliopath Tubes of the Diamond Sun Crystal Body. As the Pulsar-Plasma Waves move inward, toward the Pillar of Power, they release a Ketheric (Etheric-Atomic) Back-flow **Radon Current**, moving outward through the Heliopath Tubes.

The Radon Back-flow Currents “**turn on the Heliotalic Rays**” (outward emanating) of the Diamond Sun Crystal Body. The inward moving Pulsar-Plasma Waves move inward through the Heliopath Tubes into the interwoven 24 Lotus Points...and the Lotus Points transfer the Pulsar Waves into the Radon Cells in the Breathing Tube for storage. As you breathe normally, using the “Surface Breaths” (*lungs only*) try to mentally follow this energy exchange from the Sha-Na-TA Arcs. **Before** re-engaging “**Breathing Tube AzurA Breaths**”, mentally orient the (larger) “Sha” Arcs in their closed/ vertical Inhale position, the “Ra” Arcs in the 45° axis open/ exhale position, and **visualize or intend** that the sequence of Heliopath Tube “**Sun Rays – turning on**” and the **5 Radon Cells** of the Pillar of Power turning to **glowing orbs** as they receive their infusion of Pulsar-Plasma Waves from the 24 Lotus Points.

6. Re-engage Breathing Tube breaths with a slow **2-Point Inhale** from the AzurA, breathing energy down from Chakra-14 and up from Chakra-13, breaths meeting in the AzurA. **Notice** that as you re-engage the Breathing Tube with the AzurA Inhale, that the (smaller) “Ra” Density Arcs (which were in the expanded/ exhale 45° position) move to the vertical Inhale position and the (larger) “Sha” Diamond Arcs expand out of their inhale, back to their 45° Exhale position. **PAUSE** at the top of the Inhale and observe/intend that the Breathing Tube is vacated of energy by the “Exhaling Sha” Arcs until the Breathing Tube **reaches a rapid vacuum state**; and then, as this vacuum state is reached, the Radon Cells “**Fire**”, releasing a flood of Heliotalic Spark Pulsar Waves into the Reu-Sha-TA Spiral, in the Breathing Tube.
7. Exhale a 2-Point Vertical Breath **slowly** from the AzurA upward /downward in the Breathing Tube, while observing/ intending that the (smaller) “Ra” Arcs expand to 45° axis and the “Sha” Arcs again contract to vertical. **Pause** at the bottom of the exhale and observe/ intend that at the Exhale of the “Ra”, the Reu-Sha-TA Spiral, in the Breathing Tube, transmits the incoming Pulsar Waves (released from the Radon Cells to the Reu-Sha-TA Spiral during previous Ra-Na-TA Inhale – Step 6) to the Chakra Seals, polarizes the Reu-Sha-TA Spiral to open the Breathing Tube and “**turn-on**” the Chakras....and the Chakras release the synthesized Pulsar Wave Currents to the Nadis Lines, Nadial capsule, DNA Template Silver Sanctum (Eckasha-shaped) Flame Body, Lotus Points, Yan Flow and into the “ManU Windows” in the nucleus of all of the atoms in the body, beginning with those of the chemical DNA – and – simultaneously, the “Sha” Arcs “Inhale” and bring in more Plasma Rays to charge the Radon Cells....The Breathing Tube **Respiration Cycle** is now set in motion.
8. Practice several sets of “**Double Arc**” Inhale/Exhale Breaths from the AzurA, using the “**Ra**” (Ra-Na-TA) **Close/ “Sha**” (Sha-Na-TA) **Open** Mental Command on **each physical Inhale** and “**Ra**” **Open/ “Sha**” **Close** Mental Command on **each physical Exhale**. Use **SLOW** breaths and **try** to mentally keep track of the counter-moving, Expanding/ Contracting Arc Sets, **knowing** that in this movement the realities of Energy Exchange, within the Breathing Tube, are taking place **automatically**.



## The Zendradon Awakening ~ Technique 4

### Restoring the Reu-Sha-TA Spiral to the Christiac Imprint (Overriding the Graviton-Sextant Vortex System)

#### Preparation:

All Kathara Level 2, 3 & 4 and (Revelations of Ra workshop – Product Code: ROR/5DVD+CDT/HBM – August, 2004) Techniques + Zendradon Technique 1, 2 & 3. A copy of the “Khem Code” (A-Sha-Ra Reu-Sha-TA Khemalohatea Code) to hand.

#### Actions:

1. Inhale a 48-Point, **Zero Point Breath** into the Ra Center, bringing Ra-Na-TA (“Ra”) Density Arcs into vertical/ Inhale position and Expand Sha-Na-TA (“Sha”) Diamond Arcs out to their 45° axis Exhale position. Bring Maharic Shield up to 12" below the feet.
2. Look at, visualize or intend the “Khem Code” at the center of the Maharic Shield 12" below the feet, then Exhale **rapidly** from the **AzurA** on a **Single-Point** breath – downward – using Exhale to **push** Maharic Shield downward from 12" below feet to Chakra 13 & Mahadra – at Earth Core. **As** you Exhale, **draw** (smaller) “Ra” Density Arcs to the 45° axis “Exhale” position and the “Sha” Diamond Arcs into the vertical/ closed position.
3. When the Maharic Shield enters Earth Core, at the Bottom of the Exhale, **rapidly and forcefully** Inhale from the Mahadra/ Chakra-13/ Earth Core/ Center of Maharic Shield in Earth Core, **using** the Inhale breath to **rapidly draw** the **Maharic Shield all the way up** to Chakra-14, 36" above the head. **Hold** breath at top of the Inhale...**Notice** that as you rapidly drew the Maharic Shield up to Chakra-14, the “Ra” Density Arcs closed to vertical, and the “Sha” Diamond Arcs expanded to 45° axis...but also...that as the Maharic Shield passed into Chakra-14 and the parallel D-14 Primal Light Field, the **diagonal petals** of the (larger) “Sha” Arcs expanded to their 45° axis Exhale position, then **“popped”** and **“jumped”**, continuing a rapid Phase Expansion to the **Horizontal (90°) axis** before immediately “jumping back” to the 45° expansion axis. As the “Sha” Arcs “jumped” from 45° - 90° to **Spark the LotE ROD**, the “Ra” Arcs (in their Inhale/ vertical Position) were **briefly joined by 2 more Arcs** from the PKA Loti, that **“flashed on”** on the horizontal 90° axis of the **PCM LotE ROD**. The RODS of the LotE and Loti Spark at the **“top of the Inhale breath”** as the LotE Maharic Shield ascends to Chakra-14 for reset of the Reu-Sha-TA Spiral Axiom (& DNA) Template – the **Template of the Time Codes**.
4. Exhale **forcefully** from the center of the Maharic Shield, at Chara-14, 36" above the head, using the Exhale to push the Maharic Shield all the way down to the Mahadra/ Chakra-13/ Earth Core, setting the restored Reu-Sha-TA Spiral Template into your Etheric Seed Atom Replica, that exists within Earth’s Shield at the point of your personal Mahadra Point (Chakra-13). **PAUSE** at the bottom of the Exhale...and notice that the “Sha” Arcs have contracted to their vertical-Inhale position and that the “Ra” Arcs have expanded to their 45° Exhale position.
5. Inhale **gently** and **slowly** from the center of the Maharic Shield, at Earth Core, using the Inhale to draw Maharic Shield up from Earth Core to a position 12" below the feet. **Continue** the Inhale, staying at the 12" below feet position, **keeping** the Maharic Shield in this position, while expanding the remainder of the Inhale breath **outward on a horizontal plane, through** the Maharic Shield and **along** the 12 Fire Letters of the Maharic Shield.
6. **Leaving the Maharic Shield** stationed 12" below the feet, **Exhale a Star-burst** of Pale-Aquamarine and Pale Silver-Violet Heliotalic Frequency **outward** from the center of your Maharic Shield and through *all* 12 Fire Letter Lines, simultaneously.

Return to Surface Breathing and observe as the entire Maharic Shield and both the “Sha-Na-TA and Ra-Na-TA Lotus Arc Sets” “Flash” with a **brilliant Pale Aquamarine/ Pale Silver-Violet Light**. The restored Reu-Sha-TA Spiral **Genetic Time Code Template** is now fully embedded within the Etheric-Density Templates.

7. Take a final 24-Point Inhale breath into the AzurA and Seed Atom, drawing the “Ra” Arcs vertical and the (larger) “Sha” Arcs to 45°. Exhale **gently** on a **6-Point** axis **along** the **Lotus Arc Transmission Lines** of the Ra-Na-TA, and **observe/ intend** that your Diamond Sun Crystal Body Heliopath Tubes in the **outer Lotosphere and Logosphere** “turn on” and your Crystal body looks like a **Sun-burst with 48 outgoing Rays**.
8. Resume natural Surface Breathing and **be aware** that your Reu-Sha-TA Spiral will now **self-adjust** itself and the entire D-13 & D-1 Anatomy to the **restored Christiac Pattern**. Your “Sha” and “Ra” Arcs will follow their natural Time Wave of counter-phasing and your Breathing Tube will stay open (all on the D-13 & D-1 levels only with Zendradon activation), **setting the Core** of the Crystal Body Bio-computer to the natural Christiac pattern, in **preparation for Kethradon Activation**. This D-13/D-1 restoration of the Reu-Sha-TA Spiral will initiate **self-realignment** of the Myonic and Dyonic Crystals.

Chakras can now be individually re-set to natural Reu-Sha-TA to expedite restoration of Natural Planetary Alignment in Etheric and Physical Bodies, as follows...

**The Zendradon Awakening ~ Technique 5**  
**Personal Chakra Polarity Restoration: Reu-Sha-TA Vortice Code Activation**  
**(For Personal – NOT – K-4 “Client Session” Use)**

**Purpose:**

To Reset Natural Chakra Alignments to the Christiac Reu-Sha-TA Spiral for Expedited Diamond Sun Crystal Body Restoration.

**Preparation:**

All Kathara Level 2, 3 & 4 and (Revelations of Ra workshop – Product Code: ROR/5DVD+CDT/HBM – August, 2004) Techniques + Zendradon Technique 1, 2, 3 & 4.

**Tools:**

Set of 12 Reu-Sha-TA Chakra Codes – **preferably** in full color (Product Code: MC/CHK)

**Actions:**

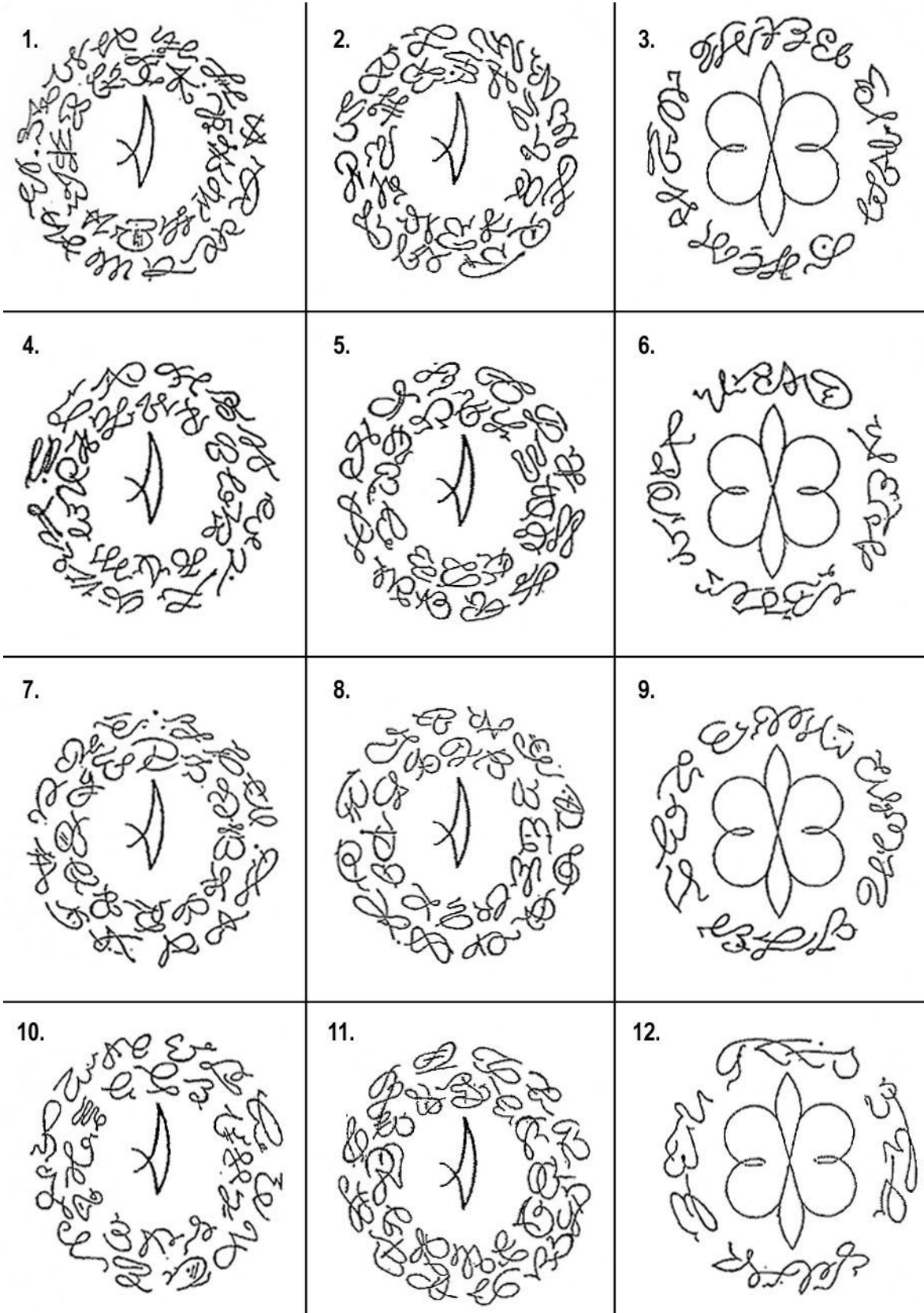
1. Inhale a 48-Point Lotus Breath into the Ra Center, bring hands into **“Prayer position” at AzurA** and **continue** drawing breath up to the Pineal...and **Pause** for a moment...Next, Exhale a Single Point breath down to the AzurA, and **split** the Exhale breath into **2 Horizontal Breaths**, sending Pale Aquamarine Sparks down the central Arm Cords and into palms. As you split the Exhale Breaths, **at the AzurA**, bring the hands into **Lotus Touch Fingers position** at your side(s) and **Expand** the (smaller) “Ra” Density Arcs to 45° axis position, while contracting “Sha” Diamond Arcs to **vertical** position.
2. Using Lotus Touch Fingers of **Right Hand**, place the 3 Finger-tips cluster in the **center of Chakra Code #1** (corresponds to Chakra-1) and **Inhale** from AzurA, drawing Etheric Blueprint of Chakra Code #1 on **to Lotus-tips of Right hand** (just as if the Etheric Code Imprint picks up off the paper like a singular, whole, disk that “sticks” to the 3-Finger-tip Lotus cluster of the R-Hand). **Hold breath** at top of Inhale, **keeping** fingers of **BOTH** hands in Lotus Touch Fingers position...
3. Move Right hand with Chakra Code #1 Etheric Imprint Disc – attached to 3 Finger-tip cluster – to **vertical Chakra-1 Spiral**, engaging Chakra-1 Spiral **at the Knee-Point**, in the Central vertical column between the Knees). With fingers in position at Chakra-1 Spiral, **Exhale** from the AzurA and **transmit** down the **Right Arm Cord ONLY**, using the Exhale breath to **gently push** the Chakra-1 Code from the Right hand Lotus Touch finger-tips and into the Chakra-1 Vertical Spiral. **Hold breath for 3-6 seconds at the Bottom of the Exhale** for Code release to occur, then remove Right hand from Chakra-1 Spiral and **replace with Left-magnetic** hand in **Lotus Touch Fingers position**.
4. Breathe natural “Surface breaths” (lungs only) from AzurA and gently tap a **12-Tap Code** into the Chakra-1 Spiral, **using left Hand ONLY**.
5. Repeat Steps 1-5 for **each Chakra 2 thru’ 6**, the **horizontal Chakras**, using the corresponding Numbered Chakra Code (or colored “Meditation Card”) for each Chakra. **Locate Horizontal Chakra Positions (at the 0.5 Scale positions) from the Chart-pack Diagram**.

6. **After** Horizontal Chakras 2-6 are Reu-Sha-TA Coded, complete Chakra Code Induction on Vertical Chakra Code-7, inducing Code on Etheric Body level in Chakra-7 Vertical Spiral, at the center of the top of your head.
7. Once Chakras 1-7 are encrypted with the Reu-Sha-TA Chakra Codes, “pick-up” the Etheric Imprint of Chakra Codes 8-12 **“all at once”**, **BUT in sequence** (first #8, then #9, etc.) **“Stacking the Chakra code Ether Disc Imprints”** on the Lotus Touch Finger-tips **of the Right hand**. Use a **separate Inhale “pick-up”**, then **Exhale, move to the next** Code for “pick-up”, using a dedicated Breath Sequence for **EACH** Chakra Code 8 thru’ 12. When Chakra Code #12 is “picked up”, **HOLD Inhale** breath and **prepare** to move hand with the **5 Chakra Code** Imprint Etheric Discs (Chakra Codes 8 thru’ 12) to **Transmission Position**.
8. Move the **Right hand**, with Chakra Codes #8, 9, 10, 11, 12 Imprint Discs, **to the Ra Center** at Chakra-3, then **gently Exhale** a Single Point breath from the AzurA, down the Right Arm Cord ONLY, using the **Single Exhale** to **release ALL 5 Chakra Code Imprint Discs** into the Ra Center (Etheric Body level) simultaneously. **Wait 6-12 seconds, holding the breath** at bottom of the Exhale for **full Code release to occur**.
9. Return to natural “Surface breathing” and **remove Right hand** from Ra Center, **replacing it with Left hand** in Lotus Touch Fingers Position. **Tap in a 12-Tap Code**, into the Ra Center Etheric Body level to activate the 5-Chakra Code Cluster. The Ra center will **direct** the 5 Chakra Codes to the corresponding Chakras **automatically**.
10. Take a final Inhale breath into the AzurA, using the Inhale to move the (smaller) Ra-Na-TA (“Ra”) Density Lotus Arcs up to Vertical and the Sha-Na-TA (“Sha”) Diamond Lotus Arcs **simultaneously** to the 45° open position. **Release the hands** from the Lotus Touch Fingers Position as you Inhale, **bringing the hand to the “Prayer position” at the AzurA**.
11. Take a final Exhale breath from the AzurA, Exhale downward to the Mahadra and **release “Praying hands” as the breath reaches the Mahadra**. Chakra Codes will activate as the final Exhale reaches the Mahadra and Reu-Sha-TA Palm-Finger-tip Flames will disengage.

PLEASE NOTE:

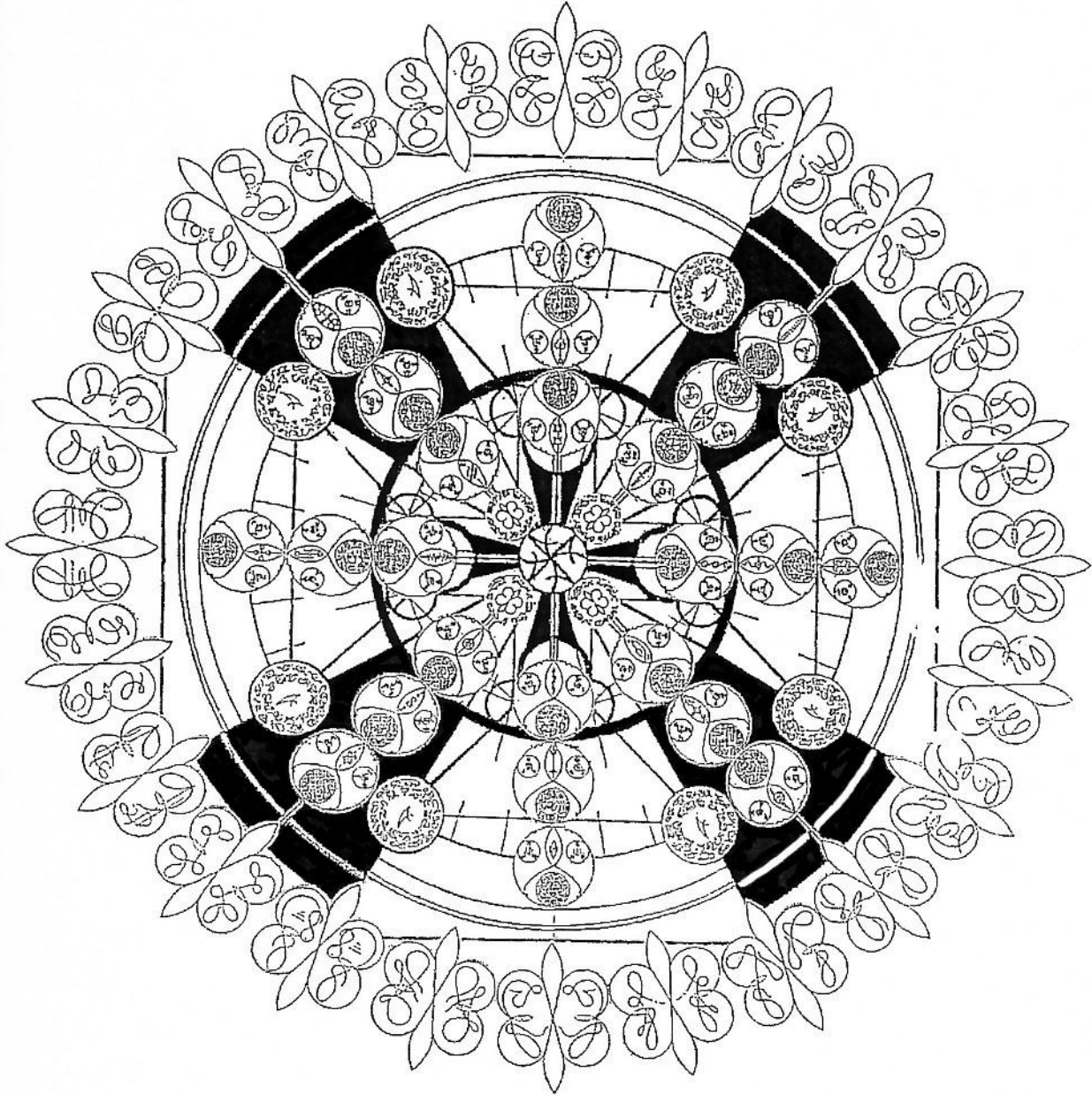
To retain Zendradon Cell Activation, and corresponding effects, **repeat the entire 5 Technique Sequence as one long Technique, at least once per week (and preferably twice) until Kethradon Earth Activation Techniques become available – or otherwise - thereafter for at least 4 months before initiating Kethradon Activation Techniques – Product Code: IKA/6DVD/HB – India – January, 2005.**

## 12 Chakra Codes



# The A-Sha-Ra Reu-Sha-TA Khem-a-Lo-ha-tea

Etheric Ecka Monad Polarity and Reu-Sha Vortex alignment Code Activator Key of the Modha-AdhurA Etheric Duct Complex and the Reu-Sha-TA Spiral of the Pillar of Power



## Rama Key Adapter Code “6-Set Sequences”

Rama Key Adapter Codes, Eckashic Record Restoration, Kethradon Awakening and Kathara Healing

During Veca Pillar Starburst Cycle Days 1-4, Rama Key ADAPTER CODES, corresponding to the Veca Pillar number, are manually induced into and activated within the DNA Templates of Star Rider-Flame Runner, to initiate automatic reassembly of DNA Template Rama Key aspects that are presently fragmented, dormant and unable to respond to automatic activation, due to the extensive mutation of the contemporary Homo-Sapiens DNA Template. Rama Key Adapter Codes can be compared to “**adapter plugs**” that allow an active electrical circuit to be formed between an incompatible “cord and outlet” set. The present Homo-Sapiens DNA Template mutation distorts the natural configuration of certain Rama Key segments as the Rama Keys activate, preventing the segment from completing its natural dedicated electrical circuit with its corresponding Rama Passage Grid Network receivers. The Rama Key Adapter Codes serve to **interface between the Homo-Sapiens DNA Template mutation and the natural Rama Passage Grid Network** corresponding to the distorted Rama Key segment. Induction of the Rama Key Adapter Codes allows the DNA Template **mutation to progressively self-correct and clear as the distorted Rama Key segment adopts the corrected pattern of the Rama Key Adapter Code** as the segment of the DNA Template, carrying the Rama Key, progressively activates. Self-correction of the Rama Key distortion, within the DNA Template initiates **building of progressive immunity** to planetary frequency infusions of the **Bud-Hara Retro-Virus**.

**Manual induction** of Rama Key Adapter Codes within the DNA Template of **Star Rider-Flame Runner** prior to the **Day-5** onset of the Diffusion Wave, **prepares the DNA Template Rama Keys to anchor, without distorting**, the “**Rama Code of the Kethers**” from the **Planetary Eckasha E-Cou-Sha Memory Crystal** (in Eckasha Base Shield) during the **Day-6 Planetary Eckashic Record Restoration**. Undistorted anchoring of the *Rama Code of the Kethers*, through Star Rider-Flame Runner DNA Templates, enables the organic Kristiac Encryption for Earth’s Planetary **Kethradon Cell, Ketheric Template** and **Til-E-‘a Sphere Memory Matrix program** to **rebirth** within corresponding Polarian Anchored dimensional Keylon fragments, which allows the dimensional Keylon fragments, suspended within the Polarian Buffer, to re-accrete, following the organization of the Krist Re-encrypted Polarian Gate Shield Rama Code, **forming a new, distortion-free Veca Pillar Shield, Dimensional Shield, Crystal Body, Til-E-‘a Sphere Memory Matrix, Kethradon Cell and Ketheric Template** (that replicates Earth’s Kristiac Original First Creation form) during the **Day-13 Starburst Point**. Progressive restoration of each dimensional level of the Planetary Kethradon Cell, through the sequential Veca Pillar Starburst Cycles of the Planetary Starburst Response period, progressively allows the “**Kethradon Awakening**” Kethradon Cell activation for each Veca Pillar number to complete successfully between **Days 13-15** of each Veca Pillar Starburst Cycle. Rebirth of the Kristiac Dimensional Shield, Radon Photo-Flame Cell Complex and Crystal Body allows Earth’s organic crystalline **E-Cou-Sha-TA Complex** network to re-establish its natural long-lost live electrical connection to the **Planetary Eckasha E-Cou-Sha Memory Crystal** in the Eckasha Base Shield, which will enable progressive activation of the Planetary E-Cou-Sha-TA Complex “**Trans-Eckasha Doorways**” between **2005-2017**, through which Earth can anchor and assimilate the **Trans-Eckasha Time-Waves** by which the “**Starburst +90 Shift** and **Rama Passage Probability Line Leap** can occur between **2012-2017**.

Because the Rama Key Adapter Codes are manually induced and activated, within the Star Rider-Flame Runner DNA Templates, *as the DNA Templates interface with the Krist Re-encrypting Planetary Flame-Runner Flame-Line*, the vibrational encryption of the Rama Key Adapter Codes **passes into the Planetary Flame-Runner**, making the “**mutation correction sequence**” **progressively automatically available to all possessing global Flame-Runner Contracts**. The DNA Template of those with global Flame Runner Contracts progressively steps-down the Rama Key Adapter Code “mutation correction sequences” into the Polarian Anchored aspects of the **Planetary Indigo Shield**; the Indigo Shield then steps-down the “correction” into the **Angelic Human Tribal Shield**, enabling remaining viable aspects of the Angelic Human Tribal Shield to engage the **Polarian Buffer, Anchor and Ascending Host Time-Wave**. Polarian Anchored aspects of the Angelic Human Tribal Shield then step-down the Rama Key Adapter Codes correction

to remaining viable aspects of the **Planetary Elemental and Atomic Shields**, extending **Polarian Host potential** into remaining viable aspects of the **planet, animal, elemental and sub-atomic kingdoms**.

**Each Veca Pillar Starburst Cycle** carries a corresponding **Rama Key Adapter Code “6-Set Sequence”** that will be set into activation by the corresponding *Star Rider-Flame Runner Teams* during Days 1-4 of each of the 12 remaining Veca Pillar Starburst Cycles. Though the **Rama Key Code Sequences are carried only within the DNA Templates of those possessing pre-birth Seeding-1 Rama passage Flame-Runner Contracts**, once activated by the Indigo Star Rider-Flame Runner Teams, **anyone** achieving **“Ra Center” activation** (via personal Kathara 2-3 technique work or facilitated Kathara 2-3 Client Sessions) can employ **Manual Induction and Activation** of the “Pillar-appropriate” **Rama Key Adapter Code 6-Set Sequence** to **facilitate and expedite activation** of the **personal Crystal Body connection** to the **Planetary Polarian Buffer, Anchor and Host**. For this reason, the **Rama Key Adapter Code “6-Set Sequences”** and their **Manual Self-Induction and Activation procedures** will be incorporated into the general **Kathara-4 and higher** Bio-Spiritual Healing Programs. Once Activated in the Planetary Flame-Runner Cords, the Rama Key Adapter Code “6-Set Sequences” can also be used to initiate sub-harmonic activation as an optional **Additional Modality** in **Kathara 2-3 Client Sessions**, via **Etheric Imprint Ra Center Induction** of the Rama Key Adapter Code 6-Set Sequence, by **Kathara 2-3 Facilitators** who have used appropriate **Manual Self-Induction and Activation procedures** to activate the **full-harmonic** Rama Key Adapter Codes within their personal Crystal Body. As each Veca Pillar Starburst Cycle includes a Rama Key Adapter Code “6-Sequence”, the Rama Key Adapter Code Sets will be added to corresponding Kathara Healing Program levels, (beginning with **2005 Veca Pillar-13 Sequence-1 in Kathara Level-4**), as the Veca Pillar Starburst Cycles and related Planetary Crystal Body activations progress between 2005-2017.



## The “A – Sha – Ra Reu – Sha – TA Khem Code” (Monadic Template) & Rama Keys Induction Tech’

The “Keys” on the mylar are:

1. TOP Pair (Script-like) – are called “Ad-Don-Dra Flame Line Keys” (relates to E-Umbi)
2. MIDDLE Pair (Geometric) – are called “Rama Passage Security Seal Keys” (relates to Ra)
3. BOTTOM Pair (Spiral-like) – are called “Rod of Rama Keys” (relates to AzurA)

Choose just one of each above and assemble them on top of the A-Sha-Ra Reu-Sha-TA (Monadic Template) Code, *THEN:*

1. Assuming Dial-Up has been done. Hold personally compiled Code between Lotus Finger-tips. Recharge monadic orbs/ flames at fingertips by drawing 48-point breath from Earth Core to Chakra 14, and exhale to AzurA, Heart chakra and then down to fingertips, and into Code. Repeat x 2.
2. Inhale/ Exhale into Code between fingertips x 3 using Lotus Arc/ Pillar breaths, attaching Code to fingertips.
3. Put Code to one side. Bring fingertips back to Lotus position.
4. Inhale 48-point. Hold to build charge. Imagine or intend Code on fingertips, bring fingertips to E-Umbi and Exhale Code into E-Umbi. Inhale 48-point. Hold. Move fingertips to Ra and Exhale Code into Ra. Inhale 48-point. Hold. Move fingertips to AzurA and Exhale Code into AzurA.

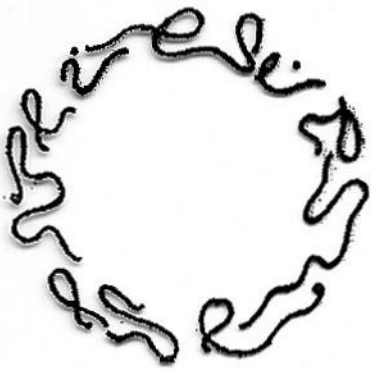
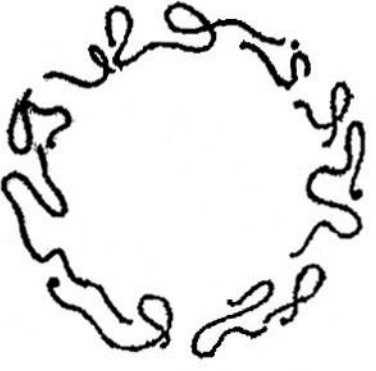




5. Issue Ad-Dondra Flame Line Command, ALOUD 3 times:

*”Ad-Don-dra...E’Tam-Oosh-ta...au-RA -UM-Bra...es-Ton-A”*

6. Bring to mind your Monadic Template-Rama Keys Code, Inhaling 48-point slowly and deeply at AzurA. Hold. Forcefully Exhale, pushing the Code down to Earth Core on the Breath. Hold breath out as Code enters, spins and bursts throughout Earth Core in a pale emerald/ pale aquamarine/ Heliotalic flash.
7. Immediately follow with 4 x 48-point rapid Inhale/ Exhale breaths. Inhale Code from Earth Core to E-Umbi. Exhale into E-Umbi. Immediately Inhale Code to Ra. Exhale into Ra. Immediately Inhale Code to AzurA. Exhale Code into AzurA. Immediately Inhale Code to Chakra 14, 36" above head and Exhale immediately into Chakra 14. Hold out-breath, and finally Inhale long, slow and deeply, bringing Code to rest in AzurA/ Phase Bud Cell.

# Rama Keys

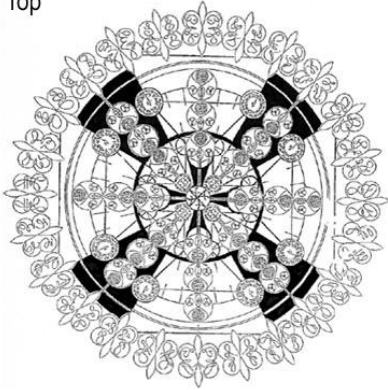
Choose 1 of each code (choose either A or B for each one)

1.	Top A. 	Top B. 
2.	Top 	Top 
3.	Top 	Top 

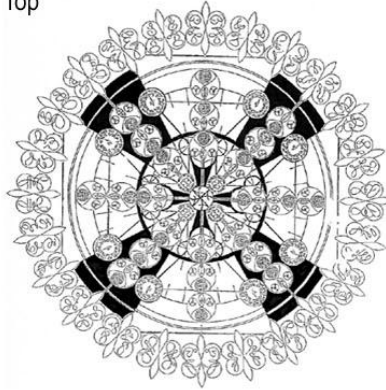
# The A-Sha-Ra Reu-Sha-TA Khem-a-Lo-ha-tea

Etheric Ecka Monad Polarity and Reu-Sha Vortex alignment Code Activator Key of the Modha-AdhurA Etheric Duct Complex and the Reu-Sha-TA Spiral of the Pillar of Power

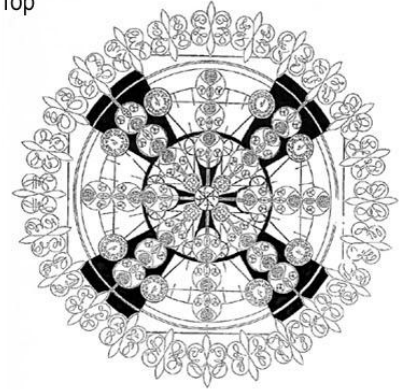
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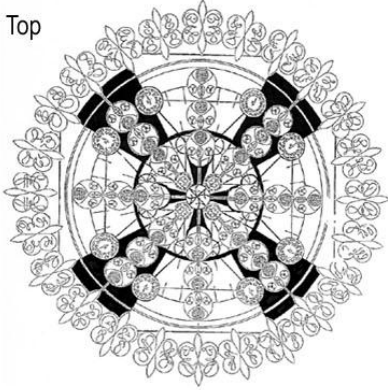
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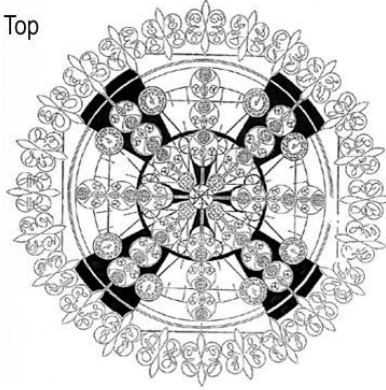
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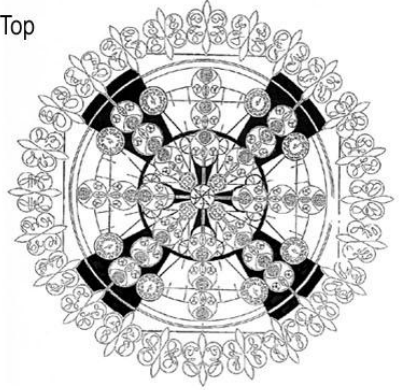
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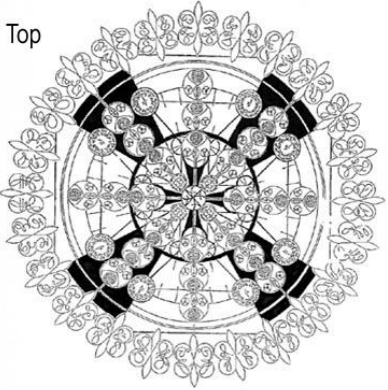
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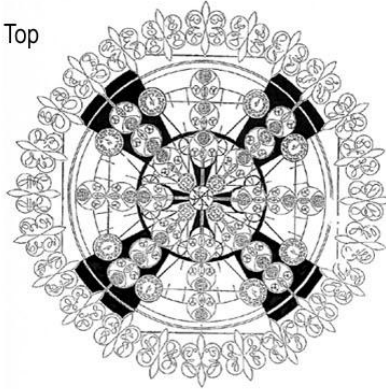
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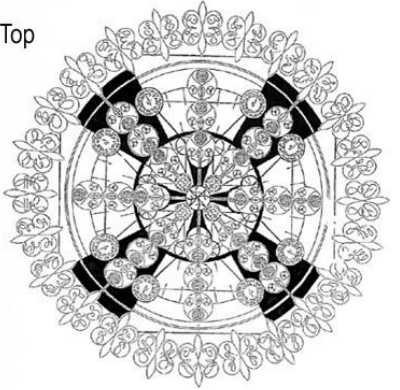
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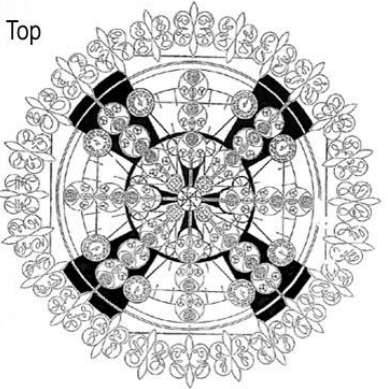
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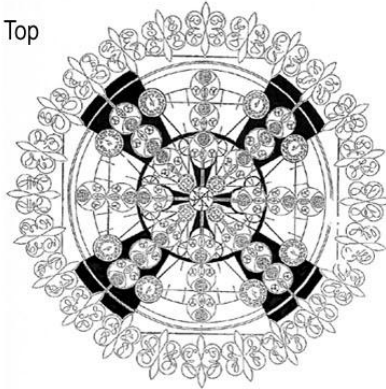
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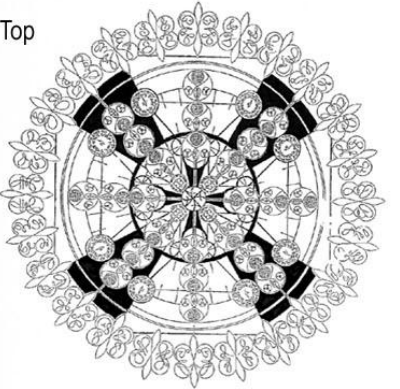
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# Planetary Kethradon Awakening: India '05 – Technique 1

## **ANCHORING THE FLAME OF AD-DON-DRA ECKASHA E-COUSHA CRYSTAL CAPSULE**

### **Preparation: Rapid Access Lotus Touch Flame of Ra Activation**

1. Place the palms together in “Praying Hands” position in front of the AzurA while *Inhaling* a deep 48-Point Lotus Double Arc/ Ethos Pillar breath *up* from Earth Core to Chakra 14, 36” above your head. *Hold* the breath at the top of the Inhale...

[Note: Ra Center will spark into activation as breath travels up past the AzurA & “Praying Hands”]

2. ...then, release a forceful Exhale breath downward to the *AzurA*, then down a bit further to the center of the Heart Chakra, and then split the breath current at the Heart Chakra, sending a streamer of energy down the Ra Cords within the Left and Right arms, while *moving the hands Out* of the Praying Hands position and into the “Lotus Touch” Fingers Position with your arms out to the sides on the Exhale...
3. Proceed to Technique 1, Step 1...

### **ANCHORING THE FLAME OF AD-DON-DRA ECKASHA E-COUSHA CRYSTAL CAPSULE**

1. With *activated fingers* kept in the Lotus Touch position, bring both hands upwards and place Lotus Touch fingers at the base of the Thyroid Gland at the top of the breast bone. Inhale a 48-Point Double Arc Lotus breath from the Ra Center up to the AzurA. HOLD this breath a moment at the AzurA.
2. With Lotus Touch finger-tips of both hands positioned over the thyroid gland, slowly begin to Exhale, directing the breath from the AzurA down to Chakra 4, then into a 2-Point breath down both Ra Arm Cords and into the Lotus Touch finger-tips and thyroid gland.

At the bottom of the *Exhale* PAUSE, with Lotus Touch finger-tips still at the Thyroid, waiting a moment for the Monadic (finger-tip) Orbs to send a Ra Spark from each Lotus Touch hand into the Thyroid Gland.

3. Inhale another 48-Point Double Arc Lotus breath *up* from Earth Core and into the AzurA and, *while Inhaling*, TAP OUT a *rapid, firm, 24-Tap Base Rhythm* using both sets of finger-tips, *into* the Thyroid Gland.

At the TOP of the Inhale breath, and completion of the 24 Tap Code, HOLD the breath for a moment at the AzurA and give the mental command: “*Spark of Orion Rise*” and observe or intend that a deep yellow-gold spark of light quickly responds to your command and bursts upward from the Thyroid Gland to the Rajhna Point (Chakra-6) in the center of the Pineal Gland. Move the Lotus Touch finger-tips up from the Thyroid and place them together at Chakra-6 on the forehead.

4. When the Spark of Orion enters the pineal gland, *forcefully* Exhale, using the breath to direct HALF of the Orion Spark *downward* to Earth Core, while *simultaneously* directing the other half of the Orion Spark outward horizontally from the Pineal, at the brain center, and into Chakra-6.

At the BOTTOM of the Exhale, PAUSE and hold the breath while tapping out a *rapid, firm 24-Tap Base Code*

*Rhythm* At Chakra-6. Observe or intend that a pale aquamarine spark leaps from your Lotus Finger-tips and into Chakra-6 as you complete Tap #24.

5. Inhale gently and adopt a gentle *Double Arc Ethos Pillar* breathing rhythm as you complete the remainder of this technique.
6. Breathe Double Arc Lotus breaths in and out gently, as you visualize the image of a beautiful pale aquamarine Eckasha shaped Flame *below your feet* in Earth Core at Chakra 13. *Simultaneously* imagine a beautiful Eckasha-shaped *clear* Heliotalic crystal, like a hollow glass 3-dimensional Eckasha, infused with Heliotalic pastel highlights at Chakra-14 above your head.
7. Continue breathing Double Arc/Ethos Pillar Lotus breaths and repeat gently, 3 TIMES, in your mind, the Command: "*I AM now the Ad-Don-dra 360...E-Cou-Sha-TA – EL-AmorA – Et-Kethra – Um-Sha-LA*"
8. Having issued the "Command of the Kethra", simply breathe easy in a Double Arc/ Ethos Pillar Lotus breathing rhythm and observe or intend that a beautiful pale aquamarine Ad-Don-dra Eckasha-shaped Flame, at Chakra-13 earth Core, *begins to rise upwards*, while the beautiful Eckasha-shaped E-Cou-Sha-TA Heliotalic Crystal at Chakra-14, 36" above your head, simultaneously descends in synchronized movement.
9. When you observe or intend that the top point of the Ad-Don-dra Flame is now touching the area *just beneath* your feet and the rounded bottom end of the E-Cou-Sha Crystal is sitting gently *atop* your head, *Inhale into the Ra Center* a 2-POINT breath, *simultaneously* drawing a pale Heliotalic energy cord downward to the Ra center from Chakra 14 (36" above head) and another Heliotalic cord *upward* from Earth Core to the Ra center.

*Make the ascending/ descending "Breath Cords" meet simultaneously at the Ra center at the top of the Inhale.* As the 2 Heliotalic cords meet, at the Ra center, observe that a brilliant pastel Heliotalic Spark flashes in the Ra Center. HOLD the Inhale breath for a moment to allow the Heliotalic Spark frequencies, from the Ra Center, to emanate outward and into the Etheric body, just above the skin.

10. Exhale gently and return to easy Double Arc/ Ethos Pillar Lotus breathing and observe or intend that your Etheric body, all over and around your physical body, now takes on a *beautiful pale pastel pearlescent Heliotalic hue*.

As this Heliotalic hue emerges into the Etheric body, observe that the Ad-Don-dra Flame beneath your feet and the E-Cou-Sha Crystal above your head now BOTH move gently and simultaneously toward the Ra center. Both Ad-Don-dra Flame and E-Cou-Sha Crystal come into direct alignment with each other, forming a 6-foot diameter Eckasha-shaped "Glass Crystal capsule" around your entire body. *Feel* the reality of this "Crystal Glass Enclosure" around you and realize that this is your personal Eckasha E-Cou-Sha Memory Crystal Capsule in the Eckasha Base Shield. Through the Flame of Ra and Kethradon Infusion of the Ad-Don-dra Flame, you and your D-13 original Kristiac Rama Code 1<sup>st</sup> Keylon Crystal are now, permanently, reunited.

11. From this point, your E-Cou-Sha Memory Crystal will remain as a protective crystalline field around you and with each *Exhale* breath you take, the Aquamarine Ad-Don-dra Flame will move downward to Earth Code...and on *each* Inhale you take the Ad-Don-dra Flame will move back upward into alignment with the E-Cou-Sha Crystal around you...each breath cycle serving to strengthen and recharge your direct connection to your personal E-Cou-Sha Memory Crystal Polarian Matrix Buffer Field.

Part-1 of the Kethradon Awakening is now complete.

## Planetary Kethradon Awakening: India '05 – Technique-2

### **ACTIVATING THE PERSONAL AD-DON-DRA 360 FLAME “LOTUS PHASE-BUD INFUSION”**

**Preparation:** Rapid Access Lotus Touch Flame of Ra Activation (See Kethradon Awakening Technique-1)

#### **Part A: Formation of the LOTUS PHASE-BUD CELL Ad-Don-Dra-360 Generator**

1. Recall the Image of your Personal 6-foot diameter E-Cou-Sha Crystal and Ad-Don-Dra 360 Flame around your body and mentally repeat 3 times “ I AM AD-DON-DRA 360”. (Reference: Kethradon Awakening Technique-1)
2. With Lotus Touch Hands and Flame of Ra activated, place **Lotus Touch fingertips** of both hands at the **AzurA** and **INHALE** a **48-Petal Double Arc/Ethos Pillar/ AD-DON-DRA FLAME Lotus Breath** (“all UP”) from the **Mahadra** Chakra-13 Earth Core to the **AzurA**. **Hold the INHALE** breath for a moment at the AzurA, while using both Lotus Touch hands to quickly and firmly run a **24-TAP CODE** into the **AzurA**, at the Base of the Thymus Gland.
3. When AzurA 24-TAP CODE is complete, place activated **Lotus Touch hands** back into the “**Praying Hands**” position, this time in **front of the navel**, extending **down toward the E-Umbi as far as comfortable**. With “Praying Hands” positioned in front of the navel/E-Umbi, release a **2-Point EXHALE** breath firmly from the **AzurA**, directing **one part** of the breath to form a **pale-Emerald-Green cord**, extending **horizontally outward** from the **AzurA** to a **point directly in front of the AzurA, on the INSIDE SURFACE of the E-Cou-Sha Crystal** around you. Simultaneously direct the **second part** of the breath to form a **pale-Emerald-Green cord**, extending **vertically downward from the AzurA** to the **Mahadra** at Chakra-13 Earth Core. As the 2-point Exhale breath releases, the Monadic Orbs, at the Lotus Touch fingertips, will release a **pale Aquamarine AD-DON-Dra Flame Blue Spark into the E-Umbi** as the vertical cord passes the E-Umbi point on its way to the Mahadra in Earth Core. Hold the Exhale breath in Earth Core, at the “Bottom of the Exhale” for a moment, and **observe** that a **small pale Aquamarine Miniature Ad-Don-Dra Flame REPLICA** spontaneously appears within your **AzurA**, as you hold the Exhale breath at Earth Core.
4. Bring activated Lotus Touch fingertips of both hands up from the navel/E-Umbi region and once again place hands into the **Praying Hands** position, in front of the **AzurA**, while drawing a **slow, steady INHALE** breath vertically upward **from the Mahadra**, at Earth Core, and into **Chakra-14**, 36" inches above head. **Hold breath at Chakra-14** at the “Top of the Inhale” until you **intend or observe** that the **Monadic Orbs**, at the Lotus Touch fingertips, first release a brilliant **Pale-Emerald Green/Pale-Silver Spark**, then a **blended Pale-Silver-Gold/Pale-Silver-Violet Spark**, into the Pale Aquamarine **Miniature Ad-Don-Dra Flame Replica**, stationed within the AzurA.
5. When you observe the release of the two Monadic Orb Sparks into the AzurA, quickly switch hand positions, place your **RIGHT ELECTRICAL HAND PALM DOWN** directly over the **AzurA**, with your **LEFT MAGNETIC HAND PALM DOWN** over the **Back of the Right Hand**. As soon as your hands are in position, **EXHALE forcefully** from **Chakra-14 downward**, directing the Exhale breath into the **Miniature Ad-Don-Dra Flame Replica** at the **AzurA**. Sense a feeling of gentle **warmth or “fuzziness”** growing **beneath your Right Palm**, as the **Exhale** breath brings the **Ad-Don-Dra 360 Living Light “Lotus Phase-Bud” Cell to life**, within the **Miniature Ad-Don-Dra Flame Replica**, in the **AzurA**. Release hands gently to a resting position and hold the

Exhale breath for a moment at the AzurA, then resume **gentle automatic Double Arc/Ethos Pillar/Ad-Don-Dra Flame** (“All UP”) **Lotus Breathing** for the remainder of this technique.

6. With your mental attention focused upon the **Miniature Ad-Don-Dra Flame Replica**, in the AzurA, intend or observe with your inner vision, that the **Pale-Emerald Green/Pale-Silver Spark**, and the **blended Pale-Silver-Gold/Pale-Silver-Violet Spark** from the **Monadic Orbs in Step-4** have now interacted with the **Miniature Ad-Don-Dra Flame Replica** in the AzurA, and have, together, formed **3 SPHERES in a TRIVECA Formation** within the **Miniature Ad-Don-Dra Flame Replica**. The **Singular “Top” Sphere** of the TRIVECA Lotus Phase-Bud Cell is a **Pale Emerald-Green with a Pale-Silver Interior Amoraea Flame unit**, the **Sphere on your LEFT SIDE** is a **Pale-Silver-Violet Le-AdorA Flame unit** (from Parallel Ecka) and the **Sphere on your RIGHT SIDE** is a **Pale-Silver-Gold Le-EtorA Flame unit** (from this Ecka). Together the 3 Spheres of the Triveca, within the **Miniature Ad-Don-Dra Flame Replica** at the AzurA, form a **Living Light Cell GENERATOR** called a **“LOTUS PHASE-BUD CELL”** which is capable of continual generation of natural Kristiac Ad-Don-Dra 360 radiation Spark units, through which powerful **Eckasha-Level Heliotalic Ad-Don-Dra 360 “God-Seed Spark-Pulse Currents”** can be generated for healing, manifestation and Templar Grid Work applications.

**Part B:** *PHASING the Lotus-Phase-Bud Cell to activate God-Seed Spark-Pulse Current Flow:*

7. Continue **gentle automatic Double Arc/Ethos Pillar/Ad-Don-Dra Flame** (“All UP”) **Lotus Breathing**, keeping your mental attention upon the Triveca Formation Lotus Phase-Bud Cell within the **Miniature Ad-Don-Dra Flame Replica** in the AzurA. Without consciously altering the rhythm of the natural Lotus Breath breathing, intend that a **minute Pale Aquamarine Spark** leaps from your **6-foot-diameter Ad-Don-Dra Flame** as it rises upward on the Inhale, and that this minute **“Spark of Ad-Don-Dra”** leaps **directly into the center area of the Lotus Phase-Bud Cell Triveca Formation**, and is **drawn into the Lotus Phase-Bud Cell**, at the **“Creation Point”, Center-Point** of the “Top” Pale-Emerald Sphere.
8. Continue gentle Lotus Breathing and observe/intend that as soon as the “Spark of Ad-Don-Dra” enters the “Creation Point” of the “Top” Pale-Emerald Spheres, the **3 Spheres of the Lotus Phase-Bud Cell begin to PHASE**, with the **Pale-Silver-Violet Le-AdorA Flame unit Sphere on your LEFT** and the **Pale-Silver-Gold Le-EtorA Flame unit Sphere on your RIGHT**, each **simultaneously rotating toward each other** along the vertical center line **“Zero Point Line”** of the “Still Point” Pale-Emerald-Green “Top” Sphere. Observe that **as the two Left and Right Spheres meet and merge along the central Zero Point Line**, a **Pale Silver-Aquamarine Spark** forms in their **common center**. Continue gentle breathing and observe that **a moment after the Pale-Silver-Aquamarine Spark forms, it suddenly “explodes in a gentle slow motion”**, turning into a **Pale-Aquamarine STARBURST** whose radiant, shimmering light fills the **Miniature Ad-Don-Dra Flame Replica** in the AzurA.
9. Continue gentle breathing and observe/intend that a moment after the **Pale-Aquamarine STARBURST** emerges from the *Lotus Phase-Bud Cell* into the **Miniature Ad-Don-Dra Flame Replica**, its brilliant radiance **next mellows to a gentle Pale Aquamarine Glow**. Observe/Intend that within this Pale Aquamarine Glow, in the *Miniature Ad-Don-Dra Flame Replica* at the AzurA, you can now **distinctly see or feel** the form of a **PERFECT, Pale Aquamarine 6-PETAL LOTUS ARC SET**, its central point deep within the center “Creation Point” of the Lotus Phase-Bud Cell, with its 6 delicate Pale Aquamarine Arc “Petals” extending outward through the Triveca Formation of the Lotus Phase-Bud Cell and into the surrounding **Miniature Ad-Don-Dra Flame Replica**. Your **Lotus Phase-Bud Cell is now ready to initiate PHASING** for **perpetual-motion production of Ad-Don-Dra-360 Spark Sets**.
10. Focus your mental attention now upon your natural Lotus Breath breathing rhythm, while keeping in mind the tiny **Pale Aquamarine 6-PETAL LOTUS ARC SET** now stationed within your Lotus Phase-Bud Cell, in the

**Miniature Ad-Don-Dra Flame Replica** in the AzurA. Draw in a long, slow, Single-point INHALE BREATH upward from the Mahadra at Earth Core and to Chakra-14, 36-inches above the head. Hold the INHALE Breath at Chakra-14 for a moment at the “Top of the INHALE” and quickly check that your **Ethos Pillar** and **Large Ad-Don-Dra Flame** are in the “**INHALE-UP**” position and that your larger Density **Ra-Na-TA Lotus Arc Petals** are also in the “**INHALE-UP-CLOSED**” position. Once assuming the simultaneous “**INHALE-UP**” positions, prepare to exhale the PHASING ACTIVATOR BREATH, that will bring the tiny **Pale Aquamarine 6-PETAL LOTUS ARC SET** of your Lotus Phase-Bud Cell at the AzurA into Eternal Life Ad-Don-Dra Spark generation.

11. **EXHALE a Single-point breath forcefully downward from Chakra-14 directly into the center of your Lotus Phase-Bud Cell** at the AzurA, **emptying the lungs completely and directing the entire quantum of the EXHALE breath** into the central “Creation Point” of the Lotus Phase-Bud Cell. Hold the exhale breath at the Lotus Phase-Bud Cell at the “Bottom of the Exhale” for a moment and observe/intend that you can now see or feel the tiny **6-Petal Lotus Arc Set of the Lotus Phase-Bud Cell has now begun to PHASE of its OWN VOLITION**, its tiny Arc-Petals **Phasing upward into the “Arcs Close” position and then downward into the “Arcs open to 45° spread” position**. Allow the tiny **Lotus Phase-Bud Arc Set to rapidly Phase 3 times** before drawing the next Inhale breath.
12. Once you have observed/intended that the tiny Lotus Phase-Bud Arc Set has Phased “Open and Closed” 3 times, return to gentle **automatic Double Arc/Ethos Pillar/Ad-Don-Dra Flame (“All UP”) Lotus Breathing**, drawing a slow INHALE breath upward from the Mahadra at Earth Core to Chakra-14 and, while you are drawing the Inhale Breath upward, intend or visualize that the tiny Lotus Phase-Bud Arc Set within your AzurA now synchronizes its Phasing Rhythm with the Larger Ra-Na-TA Density Arc set, both Arc Sets moving through “opened and closed” position together (and in opposite movement to the smaller Sha-Na-TA Arc Set). **Your Lotus Phase-Bud Cell will now continually and automatically phase with your natural Double Arc/Ethos Pillar/Ad-Don-Dra Flame Lotus Breathing cycle**. Each time your Lotus Phase-Bud Arc Set phases, it **generates a set of 12 “Replicate Micro-Arc Sparks”**, each Micro-spark carrying the image and action of its Source (each Micro-Spark being a micro-Tri-veca cell with its own PHASING 6-Petal Arc Set).

### **Part C: Generating and Directing the Heliotalic Eckasha God-Seed Spark Pulse Current –**

#### **Activating the 2 Starburst Breaths of the God-Seed**

13. Once your Lotus Phase-Bud Cell has begun self-sustained PHASING and Spark-set generation, you can build the “**Replicate Micro-Arc Spark 12-sets**” into a **POWERFUL Eckasha God-Seed Spark-Pulse Current** in “**2 Easy Starburst Breaths**”. On “**Starburst Breath-1**”, INHALE a **PALE EMERALD-GREEN SPARK** upward from the Mahadra at Earth Core and **into the Lotus Phase-Bud Cell** at the AzurA; **hold the Inhale** for a moment at the AzurA and observe the **1<sup>st</sup> Replicate Micro-Arc Spark 12-set** emerge from Lotus Phase-Bud Cell.
14. Next, use a forceful **Starburst Breath-1 EXHALE** to push the entire **Replicate Micro-Arc Spark 12-set** downward **into the Mahadra at Earth Core**, then as the *Replicate Micro-Arc Spark 12-set* enters the Mahadra, **RAPIDLY AND FORCEFULLY engage Starburst Breath-2 INHALE**, drawing the **Replicate Micro-Arc Spark 12-set** BACK UP into the Lotus Phase-Bud Cell. Hold Starburst Breath-2 Inhale at the Lotus Phase-Bud Cell for as long as comfortable to build charge, then use a **forceful Starburst Breath-2 EXHALE**, sending a **Pale Aquamarine Ad-Don-Dra Spark** from the AzurA downward into the Ra Center, at Chakra-3. When the Ad-Don-Dra Spark intercepts the Ra Center, the *Lotus Phase-Bud Cell* in the AzurA begins *emitting a constant flow of blended Pale Aquamarine-Pale Pastel Heliotalic Eckasha God-Seed Current* that emerges out from the center of the Lotus Phase-Bud Cell and into the **small Ad-Don-Dra Flame Replica “Containment Vessel”** in



the AzurA. As you breathe normally, the small Ad-Don-Dra Flame Replica “Containment Vessel” in the AzurA continually fills with Eckasha God-Seed Current until it reaches full capacity, at which time the Lotus Phase-Bud will stop phasing until this abundance of Eckasha Current is utilized by your own multidimensional anatomy, or is consciously directed by you for healing, manifestation or Templar Grid Work purposes.

If you consciously engage the “**2 Starburst Breaths of the God-Seed**”, preceded by the **Rapid Access Lotus Touch Flame of Ra Activation** preparatory technique, only 2 times per day (one in the morning upon waking and again before your final evening sleep), the Lotus Phase-Bud Cell will automatically resume Phasing and Eckasha God-Seed Current Production, as soon as the **Ad-Don-Dra Flame Replica “Containment Vessel”** falls below its “full-capacity energy holding”.

## The E-Cou-Sha Crystal Breath of Manifestation Seeding – India Technique 3

(Goa – February 2, 2005)

### Preparation:

1. Be current with all Techniques to UK, 10/2004 and India Techniques 1 & 2
2. Determine a Kristiac Intention for Manifestation (anything of your personal choosing)
3. Run rapid access Lotus Touch prep’, per A below (Prep’ India Tech’ 1).
4. Run steps 13 & 14, per B below, from India tech’ 2.
5. Do/speak “Dial Up” sequence.
6. Do 1 set of 12 48-Point Double Arc/ Ethos Pillar/ Lotus “up” breaths.
7. Then follows the E-Cou-Sha Crystal Breaths of Manifestation Seeding, per D below.

### ‘A’

**Step1:** Place the palms together in “Praying Hands” position, in front of the AzurA, while *Inhaling* a deep 48-Point Lotus Double Arc/ Ethos Pillar breath *up* from Earth Core to Chakra 14, 36" above your head. *Hold* the breath at the top of the Inhale...

[Note: Ra Center will spark into activation as breath travels up past the AzurA & “Praying Hands”]

**Step 2:** ...then, release a forceful Exhale breath downward to the *AzurA*, then down a bit further to the center of the Heart Chakra and then split the breath current at the Heart Chakra, sending a streamer of energy down the Ra Cords within the Left and Right arms, while *moving the hands Out* of the Praying Hands position and into the “Lotus Touch” Fingers Position with your arms out to the sides on the Exhale...

### ‘B’

**Step1:** Build the “**Replicate Micro-Arc Spark 12-sets**” into a **POWERFUL Eckasha God-Seed Spark-Pulse Current** in “**2 Easy Starburst Breaths**”. On “**Starburst Breath-1**”, **INHALE** a **PALE EMERALD-GREEN SPARK**

**upward** from the **Mahadra** at Earth Core and **into the Lotus Phase-Bud Cell**, at the AzurA; **hold the Inhale** for a moment at the AzurA and observe the **1<sup>st</sup> Replicate Micro-Arc Spark 12-set** emerge from the Lotus Phase-Bud Cell.

**Step 2:** Next, use a forceful **Starburst Breath-1 EXHALE** to push the entire **Replicate Micro-Arc Spark 12-set** downward **into the Mahadra at Earth Core**, then as the *Replicate Micro-Arc Spark 12-set* enters the Mahadra, **RAPIDLY AND FORCEFULLY engage Starburst Breath-2 INHALE**, drawing the **Replicate Micro-Arc Spark 12-set** BACK UP into the Lotus Phase-Bud Cell. Hold Starburst Breath-2 Inhale at the Lotus Phase-Bud Cell for as long as comfortable to build charge, then use a **forceful Starburst Breath-2 EXHALE**, sending a **Pale Aquamarine Ad-Don-Dra Spark from the AzurA** downward into the **Ra Center at Chakra-3**. When the Ad-Don-Dra Spark intercepts the Ra Center, the *Lotus Phase-Bud Cell* in the AzurA, begins *emitting a constant flow* of **blended Pale Aquamarine-Pale Pastel Heliotalic Eckasha God Seed Current** that emerges out from the center of the Lotus Phase-Bud Cell and into the small Ad-Don-Dra Flame Replica “Containment Vessel” in the AzurA. As you breathe normally, the **small Ad-Don-Dra Flame Replica “Containment Vessel”** in the **AzurA** continually fills with Eckasha God-Seed Current until it reaches fill capacity, at which time the Lotus Phase-Bud Cell will stop phasing until this abundance of Eckasha Current is utilized by your own multidimensional anatomy, or is consciously directed by you for healing, manifestation or Templar Grid Work Purposes.

‘C’

Now do “Dial Up” followed by 1 set of 12 – 48-Point Double Arc breaths...

‘D’

**Step 1:** On the next Inhale (# 13 of Double Arc breaths) HOLD Inhale at Top of Inhale, at Chakra-14 – take one further extra Inhale-pulse breath at the Top of the Inhale to momentarily over-fill your lungs – then:

**2:** Forcefully release the Exhale downward, *pushing* the E-Cou-Sha Crystal (clear glass Heliotalic-hued Eckasha shape) and the breath together down to the Mahadra at Earth Core...keeping your pale aquamarine Ad-Don-Dra Flame up around your body whilst the E-Cou-Sha Crystal moves down with the breath.

**3:** Once the E-Cou-Sha Crystal is embedded in the Mahadra, prepare to *mentally* (and/or verbally if you prefer) state your *pre-prepared* intention for manifestation 3 times. Draw a 48-Point Double Arc breath and mentally state the intention at the Top of the Inhale. Hold the breath for as long as possible, retaining mental focus on the intention and its *successful* outcome (construed as a Kristiac outcome for the Benefit of all Life everywhere). Exhale the intention – and – breathe forcefully into the E-Cou-Sha Crystal at Earth Core. Repeat twice more.

**4:** Inhale a 48-Point Double Arc breath to Chakra 14, leaving the programmed E-Cou-Sha Crystal in Earth Core...and Exhale forcefully, pushing a Golden-Silver One Spark down from Chakra-14 and into the E-Cou-Sha Crystal in the Mahadra, at Earth Core.

**5:** When the Golden Silver One Spark enters the E-Cou-Sha Crystal in the *Mahadra, at the Bottom of the Exhale* observe (or intend) that the Ad-Don-Dra Flame around you replicates, sending a replica of itself down into the E-Cou-Sha Crystal (the original Ad-Don-Dra Flame remains around your body). HOLD this Exhale until the Ad-Don-Dra replica completes its descent.

**6:** When the Ad-Don-Dra replica enters the E-Cou-Sha Crystal at the Mahadra, Inhale *upward, rapidly* drawing a *Silver Spark* up to Chakra-14....and as you do this, observe that the E-Cou-Sha Crystal sends out a *144 Ray “Crystal Wave” Star-burst* into the Personal and Planetary Maharic Shield, each of the 144 Rays carrying the encryption of the manifestation program that you put into the E-Cou-Sha Crystal.

7: Forcefully exhale the Silver Spark from Chakra-14 back down to the E-Cou-Sha Crystal (at Earth Core) and when the Silver Spark enters the E-Cou-Sha Crystal, observe (or intend) that the E-Cou-Sha Crystal ascends upward back to its "home position" around the body...and the original Ad-Don-Dra Flame around you descends to the Mahadra, as usual Ad-Don-Dra breathing resumes...

Your manifestation is now implanted and embedded in the Divine Blueprint Maharic Shield.

8: Perform 1 round of the Maharata Psonn of Lyra to activate the manifestation cycle.

### Rapid Access Lotus Touch & Star Burst Breath Shorthand

#### STEP 1

1. IN – 48-PT Arc Pillar breath – Earth Core to Chakra 14 – as hands brought into Prayer position. HOLD.
2. Big EX – Chakra 14 to AzurA, continue to Chakra 4, split & continue breath to Lotus Touch fingers.
3. IN – Pale Emerald Spark, Earth Core to Phase Bud @ AzurA. HOLD.  
(Micro Spark 12 activated in AzurA/ Lotus TriVeca)
4. EX – Micro Spark 12 from Phase Bud Cell to Earth Core.
5. IN Fast – Micro Spark from Earth Core to Phase Bud @ AzurA. HOLD.
6. Big EX – Pale Aquamarine Heliotalic Spark, AzurA to Ra.

(Pale Aqua' Current flows on IN & on EX filling Ad-Don-Dra Vessel)

(Phase Bud Cell/ TriVeca = Amoraea Silver @ Top; EtorA Silver-Gold @ Left:  
AdorA Silver Violet @ Right; 6 Petal Lotus @ Center of Amoraea Sphere  
surrounded by 12 tiny TriVeca Cells and Lotus Petal Sets).

#### STEP 2

7. Do "Dial Up"

#### STEP 3

8. Do 3 – 6 "rounds" of Rama Psonn, Verse 1

Um Ma- TA pa-DA ON )  
DEEEEEEEEE...A-O )

Do Twice  
Use Mid-range Liltng tones

Um Ma-TA pa-DA ON )  
E-Tu eN-Sha Ajha NE-Ta DA-O )

Do Once  
Low/Deeper Tones

*Introduction to Elements  
of Kathara  
Level – 4: Installment 1*

*Featuring:*

*The Eiradon Awakening*

*The Voyager “Trinity Time Wave” ‘Ra-Sha-LA’ Restoration,  
The ‘Ah-Seu-Ra-Shan’ State and The Hon’a-tiL-E-a Run.*

*Recorded Live – March, 2005 – Phoenix, AZ*

## TECHNIQUE 1 – PHOENIX ‘05

### *Breathing Liquid Light – Krystallah Activation & Eiradon Awakening*

**PREPARATION:** Completion of Kathara Level 2-3 Techniques and all Nadradon, Zendradon and Kethradon Awakening Techniques Series, at least one time in this life-time.

**PURPOSE:** To awaken the Eiradon “Liquid Core” of the Inner Rama Temple *Transcendental Passage*. Initiates opening of the *Eiron Stream Liquid Light of the Krystallah*, within the core of the Central Vertical Column ... in preparation for activation of the *Ra-Sha-La Line*, *atomic RA-Sha-La Grid* and the 6-fold Ra-Sha-La Vortex Set. “6-fold” activation of the Ra-Sha-La Complex enables the embodied consciousness to begin releasing the Environmental Tonal Phase-Lock on the Radial Body *Eiron Point* in the *Hypothalamus*, which has blocked natural mobility of consciousness in Earth species for over 250,000 years.

Re-activation of the Hypothalamic Eiron Point enables the etheric-atomic body to reawaken its long-dormant ability to generate the *transcendental element* called *Celestalline*, which is the *chemical trigger* that initiates organic DNA Strand Braiding for the natural spiritual, mental and, after a time, physical body transfiguration – and Crystal Body activation associated with Star gate travel and access to the *Eckasha – DON – the core Atma Seed* of the Ad-Don-dra 360 Centre Flame in the Eckasha-Aah Body

#### STEPS:

1 Call to mind the D-3 Mental Body Level of the Eiradon Cell cluster. The Eiradon cluster of Heliotalic Liquid Light cells is called the *Eirad* – the “First 8-Cells of Atomic First Creation”. The *Eirad 8-Cell Cluster* is composed of a surrounding Double Sphere of *Pale Emerald Blue-Green Metallic Kethra* (atmic-etheric) *Ketheric Liquid Light*, within which are embedded 2 outer – upper *Pale Silver-Blue Metallic Zendra* spherical cells, 2 outer – lower *Pale Yellow Nadra* spherical cells, plus 1 *Pale Iridescent Violet Metallic Ethra* spherical cell at the center. (All the cells are of equal size). Within the centre *Ethra* cell is a smaller *Pale Metallic Silver-Gold Crystalline Light Atma* cell – called the Cou – Sha – et – Um – A, the first unit of personal Atmic Manifest Creation.

Visualize or imagine the *Eirad 8-Cell Cluster* of the D-3 Mental Body, calling to mind its 2 *outer-upper Pale Silver-Blue Metallic Zendra Cells*; the spherical form of each cell extends out from each shoulder (like “Divine Shoulder-pads”); their point of origin lies deep within the body at the AzurA. You can conceptualize the diameter of each sphere as being about 18-24” in diameter.

2 Breathe gently for a moment with your attention on the *Zendra “Sphere Pair”*; then draw a focussed, slow, *Inhale upward* breath from Earth Core, using the breath to raise your Ethos Pillar and Ad-Don-dra 360 Flame. simultaneously, upward to the AzurA. *Pause* the Inhale breath and the rise of the Pillar of Power/ Ad-Don-dra Flame at the AzurA and hold the breath for a moment.

3 Slowly *Exhale* from the AzurA, using the breath to push 2- *Pale Violet-Blue Sparks* from the AzurA core into the 2 *Zendra “shoulder” cells*, one Spark emanating gently into each *Zendra* cell with the exhale. Empty your lungs completely at the bottom of the exhale and then *Pause*. During this pause, sense the presence of the 2 - *Zendra* cells and the identity consciousness that they carry; imagine that you can feel the clarity of their cognition, their peaceful intelligence, their Eternal Sentience ... and realise the *Zendra* cells hold a portion of your own identity that you long ago commissioned to the task of First Moment Creation (as you entered the Core Cave of Creation through the first Amoraea Flame).

4 *Inhale gently and slowly* as you imagine that you are *drawing* the Pale Silver-Blue-Metallic Heliotalic consciousness of the part of you that IS Zendra from the 2 Zendra cells, into the AzurA and *upward* into the Pineal gland/ brain center. *Pause* for a moment at the *Top of the Inhale* and visualize or intend that the 2 Zendra Spheres at the shoulders are “shrinking” as their energy and consciousness travel upward, forming a Pale-Silver-Blue Metallic Liquid Light Cord from the AzurA Centre to the Pineal gland.

5 When the 2 Zendra cells have “shrunk” to become two microscopic radiation specks within the shoulder region, *Exhale* gently, and visualise/ intend that as you Exhale the 2 Zendra cells again *Expand*, BUT this time they expand outward from the Pineal gland; each cell expands fully into each lobe of the Brain (overlapping a bit, like a Bi-Veca). Sense the presence of your Zendra consciousness as it permeates every atom of every Brain cell as you *Exhale* and the 2 Zendra Spheres expand back to their original size, but now filling the brain.

6 Breathe gently again from the AzurA and turn your attention to the 2 Pale Yellow Nadra Cells and notice that they have – “all on their own” – rotated up to the Shoulder positions first occupied by the Zendra cells. *Inhale & Exhale* gently from the AzurA, using the Exhale to (make and) push 2 tiny *Silver-Violet Heliotalic Sparks* into the Nadra cells: one Spark into each Nadra. *Pause* for a moment at the “bottom of the Exhale”, lungs empty, and *sense* the Quality of your Nadra Identity – notice that it has a very different “texture” and “feel” than the consciousness quality you earlier sensed as “Zendra”.

7 *Inhale* gently from the AzurA, using the Inhale to draw the Nadra cell consciously into the AzurA center-point, and then upward first to the Pineal, then diagonally downward to the rear and lower back of the head (Chakra 9B - Medulla Oblongata) where the spine and skull meet. Now, *Exhale* gently from the AzurA *upward to the Pineal then downward through Chakra 9B as the Exhale completes*. *Pause* for a moment and observe as the 2 Nadra cells *shrink at the shoulders* into 2 tiny radiation sparks, as they simultaneously expand in the rear region of the brain.

8 Return to natural breathing rhythm and observe as the 2 *Pale Silver-Blue* Zendra cells in the *upper brain*, and the 2 *Pale Yellow* Nadra cells in the *lower-rear brain*, automatically initiate interaction. *Sense the rapid “digital” communication* that is now taking place between the 4 *Eiradon* cells in the brain, and the 4 Radiation Sparks left behind at the shoulders. After a few moments of gentle breathing, *Inhale at the AzurA*, and *Hold* the breath, lungs full, briefly then *use the Exhale to audibly recite* the following *Tonal Encryption* – the *EIRADANIS Gate Command*:

***E – Cou – sha et – Um – A Shra – Ur – Ta Amoraea***

[ Pause. Lungs Empty. Inhale. Exhale Command. Twice More ]

9 Breathe naturally after the final and 3<sup>rd</sup> Eiradanis Command, and *on each Exhale* audibly tone “Um” (sounding like Oooooooooommmmmmm), fully extending the tone through the whole Exhale breath while focussing upon the feeling of the Sound Vibration Expanding in the lung region. Continue the “Um” toning for *at least a full 60* (i.e. approx. 12 - 24 long Exhales) to build Co-resonant Atomic Charge (using Key Modulation if desired to generate Base-tone and Over-tone Harmonics – “harmonies”). As you tone remember that “D-2 (external) Sound” is D-1 Atomic Light/ radiation spectra, and imagine that a Pale Heliotalic “Rainbow Spectrum” of Atomic Light spreads outward from the AzurA and lungs with each “Um” – Tone – Exhale. Focus upon Expanding this Tonal – Light with each Exhale through every cell in your body and out into your E-Cou-sha Crystal Capsule and Crystal Body field.

**10 - ‘Snap Point’** At a certain point in this toning (that will differ between individuals) there will be a “Snap Point” in which you sense that the line of Tonal Vibration you have been building suddenly “snaps” and “disappears”, and the Tone-sound seems to “grow hollow/ flat/ “dead”, as if it has been *depleted of energy*. At this “Snap Point” stop toning and breathe normally/ slowly. The “Snap Point” indicates critical mass E-Cou-sha Crystal Embedding of the Eiradanis Command has occurred, and the *Eiradanis Gates* to the Eirad Passage (Inner Rama Temple) are about to open.

**11** As you stop toning and return to normal breathing focus your attention upon the region of the *AzurA and Lungs*. Now call to mind the image of the personal “Core Cave of Creation” (shaped like the center of the Tri-Veca contained in a sphere) centered within the AzurA. Move your awareness downward from “inside of your head” through your Central Vertical Column and into the AzurA and Core Cave Sphere. Imagine or intend that you, as a *small Spark of Heliotalic Consciousness*, are now positioned within the Core-Cave Sphere at its center-point, and that suddenly you can hear the sound of “rushing of waters” in the distance ... a sound which grows gradually ever-louder, like a refreshing mountain stream rushing towards a massive waterfall. *Holding this imagery or intention in mind, Inhale and Hold* the breath briefly while focussed in your Core-Cave of Creation. Then, *Exhale forcefully and Hold briefly* at the bottom of the Exhale.

**12** *Feel yourself Being now* within the “Inner Earth” *space* of your Core-Cave, sense a “mini-me body replica” emerging within the center of the Core-Cave. *Turn BOTH your “mini-me” and “physical me” faces upward*, as if looking up at an overhead Sun, but keep *“BOTH Sets of Eyes” Closed*. Imagine that your “2 selves” can hear the “Silent Roar” of the *Inner Living Light Stream* now descending, and visualize that suddenly a beautiful stream of *Incandescent Pale-Violet Heliotalic “Ultra-violet Liquid Metallic Light”* descends downward from above and directly enters Chakra 9A (*at top of forehead just below hairline*) in *BOTH your “physical” and “mini-me” bodies*. *Keep your face up-turned toward the Diamond Sun* as the Liquid light Stream flows in through Chakra 9A and down through BOTH your physical and “mini-me” bodies to Earth Core and the Mahadra Point. Continue breathing normally and imagine that the Living Liquid Light Stream, the *Eiron Flow*, known as the *“Mother Stream”*, continues flowing vertically downward through Chakra 9A of BOTH bodies and down to Earth Core.

**13** Bring the heads of both bodies into natural face forward position now, and sense the *Mother Stream aligning through Chakra-7/Crown*. Breathe naturally and observe a sense of calm and peace growing within your Core-Cave, *expanding through the lungs and chest, then upward into the throat, face, head and brain*. Imagine now that the 2 Pale Silver-Blue Zendra cells in the Upper Brain and the 2 Pale Yellow Nadra cells in the Lower-Rear Brain *gently merge together* forming a beautiful *Pale Silver-Violet Spherical Halo Orb around and through the entire head* (mini-me and you) – this ORB represents your *Ethra Cell Consciousness*, your *First Etheric Expression* as individuated Being; sense the Ethra Cell Orb in and around your head(s) as it gently draws in *“fuzzy gossamer Crystalline Eiron-Spark Units”* from the Mother Stream Liquid Light Current as the Mother Stream moves through you.

[ The Eiron-Spark Etheric Crystals, which resemble snow flakes, but are of lesser matter density, are called *Hydro-geleziac (and gelatine-like) Crystals*; the Living Liquid Light Mother Stream is composed of countless numbers of Hydro-geleziac crystal sparks which, when combined with the *Atmic Thermo-geleziac* crystal sparks of the *Atma Father Stream*, form the *Helio-geleziac Spark-unit Spectrum* of which natural atoms and “physical matter” are composed ].

Take a few gentle *Inhale/ Exhale* breaths *using each Inhale* to pull more “H-g Spark units” into the Ethra cell from the Mother Stream; each Inhale will expedite the flow of “H-g Sparks” into the Ethra cell. *On each Exhale* imagine an increasing quantum of H-g Sparks expanding into the Ethra cell Sphere while the Ethra remains in and around the head. After 3-6 Inhale-Exhale breaths the Ethra cell will reach capacity and automatically stop drawing H-g Sparks from the Mother Stream.

**14** Breathe naturally as the Ethra cell reaches its “full-point”, then release a *slow Exhale* breath to Earth core, to empty the lungs, and then *draw upward a forceful Inhale* from Earth Core to the Pineal gland. *Hold* this Inhale for a moment and observe that the full Ethra cell *now attaches from within itself to the Inhale-Breath-Current-Line in the Central Vertical Current at the Pineal*.

**15** *Exhale slowly*, to the AzurA using the Exhale to *draw the entire Pale Silver-Violet Ethra Cell Sphere downward with the Exhale* until the Ethra cell *relocates to the AzurA and Core-Cave of Creation*. As the Ethra Cell assumes this position observe that the Core Cave *fills* with the beautiful *Pale Silver-Violet Ethra Cell Hydro-geleziac Liquid Light*”.

The Eiradanis Gates of your Core-Cave of Creation are now open, and your Mother Stream Living Light Eiron Flow is now open within the centre line of your Central Vertical Column and Pillar of Power, initiating the activation cycle of your embodied Krystallah and the Gate-way to the Atma and the Transcendental Passage.

You are now prepared for activation and restoration of the 6-Fold "Ra-Sha-La Complex" Vortex System.



## Introduction to “SE da” Tonal Geometries

The “Rain of Rama” Psonn, also known as the “Psonn of UR-tha”, is one of a Set of song-sequences that are collectively known as “SE-das”. SE-das are specific sequences of Psonns that each contains numerous series of Shield-Tone-Combinations that create simultaneous activation of multi-level Shield Codes, from the Veca-Density to the Eckasha-A levels of multi-dimensional Etheric-body anatomy. SE-das are, in effect, Tonal Shield Codes, or TONAL GEOMETRIES, that correspond to intricate geometrical apparthi arrangements within the personal and environmental shields.

The tone-combinations within each Psonn of a SE-da sequence release numerous layers of complex, geometrical-symbol-codes within the Shields, creating reciprocal activation of these Symbol-Code-layers within corresponding aspects of the multi-dimensional Etheric-body anatomy. A *singular* SE-da sequence most often contains a minimum of 10,000 or more geometrical-symbol-codes, (some of which you may receive inner-visual representation of during or after using a SE-da or one of its Psonns); SE-das are thus concentrated symbol-codes expressed in tonal form. A complete SE-da is a sequence of Tonal-Geometry-Psonns that together create rapid-fire-activation of Shield components that correspond to the Monad and related core anatomy.

The “Rain of Rama” / “Psonn of UR-tha” is an introductory Monadic Activation Tonal-Geometry that corresponds to the aspect of multi-dimensional anatomy known as the “UR-tha Passage”, which is the portion of the Monadic Core Central Vertical Current that runs from D-2.5 to D-3.5 within the “Pillar of Power” of multi-dimensional Etheric-Body anatomy. The “Rain of Rama” Psonn is part of a larger SE-da Psonn Sequence that corresponds to the Monadic Passage within the core of the Central Vertical Column, which runs from Veca-Density 0.5 to the Eckasha-A Body and Ad-Don-dra-360 Eckasha-Monad Centre Flame in the Eckasha-A Base Shield.

Use of the “Rain of Rama” song introduces the initial Tonal-Geometries required to initiate activation of the D-2.5 - D-3.5 personal Etheric-Body-Core, in preparation for future use of the SE-da Sequence by which the personal and environmental Monadic passage is progressively opened. When using SE-da Sequences and the Tonal-Geometry-Psonns contained within them, the contemporary English translation is first used to activate within the Shields the portions of the Psonns’ Tonal-Geometry-Coding that corresponds to the present-time-space-coordinates of Earth within its contemporary time-cycle placement; the English translation encrypts the Base Pulse Rhythm of Earth’s present Ascending Time-Wave into the Monadic Core of the Shields, thus allowing progressive opening of the Monadic Passage to initiate within Earth’s current Space-Time Vector.

Further activation of the Monadic Passage will continue as the Eieyani and AdonA provide advanced SE-da Technologies in conjunction with future dispensations. Future Se-da Technologies will include the Anuhazi and Harmonic Accompanied Layers of the “Rain of Rama Song” and the other Psonns contained within the Monadic Passage SE-da Sequence.

## TECHNIQUE 2 – PHOENIX '05

### The "Rain of Rama" Psalm

#### Verse 1

It isn't easy in a world so filled with pain  
to go on smiling ...  
tears turn into rain and they are falling,  
they keep falling; ...  
and it's hard, when you see the suffering of your fellows,  
to turn your head away, and feel the sunshine, ...  
to see the brand new day  
that waits before us ...  
and all it offers.

#### Chorus ( 1 )

With the promise of a\*\* New Day, (\*\* for Chorus 2, change 'a' to 'the')

Dry the tears upon your cheek,  
Turn toward the laughter, let it fill you,  
You won't be beat.

Take the New Day, make a new start,  
Find the joy and make it yours,  
Leaving one less tear to cry in the world.

#### Verse 2

Though we all have our share of doubt and fear,  
There lies within us the courage to go on,  
Standing proud and strong ...  
We see the coming Dawn and feel the freedom  
That it offers

*[Please Note: Anuhazi translation to follow in due course ]*

## TECHNIQUES 3 & 4 – PHOENIX ‘05

### *The Hon'-a-til-E-'a Run, Kathara Level - 4 Session - Part One*

#### *– “Restoration of the Ra – Sha – La” –*

#### **Compound Technique Including:**

**Tech' 3 “E-Cou-Sha Manifesting & Introduction to the Art of Encryption” – and –  
Tech' 4 “The 6-Fold Voyager Code Induction – GruAL Chakra Induction of the Voyager Codes  
and Activation Keys( via the Eiron Flow Mother-Stream Hydro-gelazic Current)”**

**PREPARATION:** 1) Rapid Access Lotus Touch and Star Burst Breath inc. “Mother Stream Command”;  
2) One-time run of Tech' 3, (as follows here) to create the Ra-Sha-LA (personal)  
Vehicle used in K-4 Session Applications

[ Note: 1) above can be run up to 24' before initiating the K-4 Tech' Hon'-a-til-E-'a Run Session. Tech' 3 can be used any time prior to the first K-4 Session and does not need to be used with any other K-4 Session thereafter ].

**PURPOSE:** To re-set natural Kristiac Ra-Sha-LA Encryption within the Crystal Body Til-E-'a-Sphere and Ra-Sha-LA Grid via GruAL-Chakra induction to restore natural polarity balances and Chakra Axiom Template Encryptions to allow for restoration and activation of the LotA Body 6-Fold Ra-Sha-La Vortex (Chakra) System. Restoration of the Ra-Sha-La Vortex system initiates automatic run of the *Hon'-a-til-E-'a Tri-Veca Fold State* within the Multi-dimensional aspects of the Monad, Radon Cell, Seed Atom and Til-E-'a-Sphere, allowing the “Spheres within Spheres” throughout the Crystal Body Anatomy to break-loose from the Sextant Mis-alignment Phase-Lock that causes the “Checker-board Mutation” of the DNA Template.

Restoration of the Ra-Sha-La Grid and Vortex System will release the Etheric, Atomic and Ketheric body Templates from their present unnatural Sextant Sho-Na distortion field grid-lock, allowing the entire Radon Cell Anatomy (from the macrocosmic Ecka-Veca Body to the microscopic sub-atomic Radon Cell anatomy) to re-balance its polarity orientation, and thus shift back into its organic alignment with its Eiradon Cell counterpart system, to progressively restore the natural function of the Til-E-'a-Sphere, Axiom Template, Ra-Sha-La Complex and Chakra System, re-awakening the long-dormant Atomic-Body's' ability for elemental Celestalline production to return the potential (and thus the possibility) for DNA Strand Braiding through which natural Transfiguration, Ascension and Star gate Passage can, eventually, be Actualised.

The highly-encrypted “Voyage Codes” used in the technique carry all necessary coding for “Restoration of the Ra-Sha-La Complex”; the *Voyager “Trinity Time-Wave Codes”* require induction of the “Activation Keys” and will only operate within biology's that have completed the Nadradon – Zendradon – Kethradon and Eiradon Awakenings, through which the required Heliotalic Frequencies are activated within the Crystal Body.

Once an individual has successfully engaged personal Ra-Sha-La restoration, they become capable of transmitting a “Sub-harmonic Set” of the Crystal Body Activation Sequence to others; even to those who have done no prior Kristiac Shield activation work. The “Ra-Sha-La Sub-harmonic Set” transmission will generate sufficient Crystal Body activation in a “client” to establish a successful link to the *Yanas Shield Arc-7 Rama Temple Hub Polarian Host Shield*.

Once completed by a Facilitator (*and amplified sufficiently for transmission capacity via the “3-Phase Voyager Code Journey” Techniques – Tech' 7 herewith*) the following Technique can be run for a “client” session provided that the “client” has previously undertaken Kathara – 1, plus Kathara – 2/ 3 sessions.

## TECHNIQUE 3a: Rapid Access Lotus Touch and Starburst Breath Shorthand\* - and –

### 3b: E-Cou-Sha Manifesting and Introduction to the Art of Encryption

#### “Birthing the Ra-Sha-La Vessel”

[First time K-4 Sessions Preparation Only. Technique can/ should be used hereafter to “play with manifesting” but it is NOT necessary to run it at any other time except prior to any 1<sup>st</sup> Kathara – 4 activation session. When used the “Rapid Access” + “Dial Up” should be done first. \*Full Rapid Access/ Starburst see - India '05, T' 2]

#### 3a STEPS:

- 1 Inhale 48-Pt Arc Pillar breath - Earth Core to Chakra 14 - as hands brought into Prayer position. HOLD.
- 2 Big Exhale – Chakra 14 to AzurA, continue breath to Chakra 4, spilt & continue breath to Lotus Touch fingers.
- 3 Inhale drawing Pale Emerald Spark from Earth Core to Phase Bud Cell @ AzurA. HOLD.  
(Micro-Spark 12 activates in AzurA/ Lotus Tri-Veca)
- 4 Exhale Micro-Spark 12 from Phase Bud Cell to Earth Core.
- 5 Inhale Fast – Micro-Spark from Earth Core to Phase Bud @ AzurA. HOLD.
- 6 Big Exhale – Pale Aquamarine Heliotalic Spark from AzurA to Ra centre

[ Pale Aqua' Current flows ↑ on Inhale & ↓ on Exhale filling Ad-Don-dra Vessel.  
Phase Bud Cell/ Tri-Veca = Amoraea - Pale Emerald w/ Silver core @ Top;  
Le-EtorA - Silver-Gold @ Right; Le-AdorA - Silver Violet @ Left; 6 Petal Lotus around  
Centre of Amoraea Sphere surrounded by 12 tiny Tri-Veca Cells and Lotus Petal Sets ].

- 7 Do “Dial Up” – and immediately before: “ Thah-A'-Jha in'ta DOr-A “ ...

*Add: 1) the “Eiradanis Gate Command” ( the “Mother Stream Command”) – and –  
2) the Etheric Bi-location Command (the “Ah-Seu-Ra-Shan Command”) each x 3:*

**1: E – Cou – Sha et – Um – A Shra – UR – Ta Amoraea**

**2: Ah – Seu – Ra – Sha Hon' – A – et – te' – Leu**

*(Use Etheric Bi-Location Command ONLY as extension RE: Tech 4a)*

- 8 Do 3 – 6 “rounds” of Rama Psonn, Verse 1:

Um Ma-TA pa-DA ON ) Do Twice.  
DEEEEEEEE ... A-O ) Use Mid-range Lilting tones

Um Ma-TA pa-DA ON ) Do Once.  
E-Tu eN-Sha Ajha NE-Ta DA-O) Low/ Deeper Tones

### 3b STEPS (Birthing the Ra-Sha-LA):

1 Close your eyes and visualize/ intend a small “mini-me” image of yourself within your “mind’s eye”. Intend that this “mini-me” is created by you with a very specific intention and purpose ... This “mini-me” will become a “dedicated persona-self” – a symbol-self living encryption, that you will dedicate to the task of Kristiac healing facilitation – within yourself, your body, your life aspects, and within these aspects of “all life everywhere.

This dedicated “mini-me – Inner Healer Self” persona will be called your Ra-Sha-LA, which will imbue this self with the necessary encryptions to carry, and run, the Helio-gelactic First-Cause Healing Currents of the Eckasha-Aah Amoraea Monad. This Ra-Sha-LA self will be your “constant healing companion” that you may call on at any time to assist you in any healing facilitation. Once “born”, your Ra-Sha-LA self will focus a portion of your God-Seed Yanas Consciousness into the domains of the Density world’s within the tightly focussed encryption of your current-life identity. Your Ra-Sha-LA will be the living vehicle of consciousness within which you can consciously travel to facilitate Remote Healing applications for others at a distance ... and will later become the first vehicle through which you can journey to pass through Star gates, to seed “encryption tracers” of your physical anatomy into Rama Passage Star gate Shields, which will enable potential biological passage at some time in the future.

2 Breathe gently as you continue to visualise, imagine or intend the birth of your “mini-me” Ra-Sha-LA, first within your “minds eye” on the inside of your forehead. As all things DO your Ra-Sha-LA will begin its life as a thought-form, carrying within itself the full encryption vibrational signature of its creator (YOU!) as contained within the “Moment Point” in which the thought-form is released from conscious focus of attention...

So, before you “give birth” take a moment to really “clear your mind”, slow your breathing, and think of happy memories, focussing your emotional body on pleasant, nurturing, free, uplifting sensations ... imbuing your “mini-me” with the same, at the same time.

3 As you relax into positive focus pay attention to any “resistance”, any “heavy”, “agitated”, “stress-related”, “negative” or “self-defeating” thoughts and feelings that may be floating around, or tucked away in the corners of your mental, emotional, physical or astral bodies. As and when you notice such a “reverse encryption” energy field within you, Inhale slowly from your Core-Cave of Creation at the AzurA and use the Inhale to draw a “Containment Column” of Pale Silver-Violet Mother Stream Eiron Flow current, from the centre of the Core-Cave and up to the Pineal gland. Hold this breath...

4 Now, slowly, and with assertive, focused, intent use the Exhale to direct an Eiron Cord of Liquid Light from the Mother Stream Containment Column at the Pineal, to the area of your mind, body, or bio-field in which you sense undesirable vibrations... Fully release this Exhale breath – and – Eiron Cord at the point at which you feel the Eiron Cord is closest to the “target area”, while “thinking loudly” the “De-manifestation of the Un-Whole-E” Command:

**“All Things of Lesser Form Shall Pass!  
The Krist Eternal Here Endures”**

5 Observe that the Eiron Cord now locates the precise point of the undesired vibration, attaches its “free end” to the vibration and, in a momentary flash, the undesired vibration “pops” in a starburst of Pale Silver-Violet Mother Stream Light. Immediately withdraw your attention from the area and, using your own words ... “ask the Eiron Cord” to: “seek and transmute” any areas of similar, undesirable vibration within you ... Then immediately withdraw your attention from the Eiron Cord and the task of “miasmatic detection”.

6 Now, *Inhale* from the Core-Cave at the AzurA to Chakra-14, 36” above your head, and then *Exhale slowly downward* to Earth Core while mentally giving yourself the Intention/ Command:

**“I AM Free Now. All Is In Divine Right Order.  
I AM Now AS Eternal Grace”**

7 Next, turn your attention back to the birthing of your “mini-me Inner Kristiac healer-persona” *Ra-Sha-LA Vessel*. Visualise/ intend that an image of yourself as the “*now impeccable*” – mini-me – Ra-Sha-LA on the inside of your forehead, then *Inhale using the breath* to draw the Ra-Sha-LA – self into the Mother Stream Eiron Flow Containment Column at the *Pineal*. Hold the Inhale for a moment ... as the Mother Stream Current picks up the vibrational signature encryption of the Ra-Sha-LA.

8 *Exhale gently*, using the breath to push the Ra-Sha-LA – self *downward through the Containment Column* and into the Core-Cave of Creation. Complete the Exhale and Pause the Breath with your attention focused upon the Ra-Sha-LA – self within the *centre* of the Core-Cave of Creation at the AzurA.

9 Continue to keep your attention focused on your Ra-Sha-LA – self in the Core-Cave and, at the same time, call to mind your E-Cou-Sha Capsule Memory-Crystal which surrounds your physical body. *Inhale* using the breath to draw a replicate micro- image of your *E-Cou-Sha Crystal* into the Core-Cave, placing it round the image of your Ra-Sha-LA-self.

Exhale from within the AzurA of your Ra-Sha-LA-self using the breath to *expand* the E-Cou-Sha Crystal replica, outward, around the mini-me Ra-Sha-LA-self from the Creation-Point AzurA of the Ra-Sha-LA Thought-Form.

(Note: this is how to embed any thought-form directly into your T'il-E-'a-sphere and Axiom-DNA Template via the E-Cou-Sha Memory Crystal).

10 Keeping your attention on your Ra-Sha-LA-self and its now expanded E-Cou-Sha Crystal ... return to natural breathing and observe what next takes place within the Core-Cave of Creation ...

11 As you observe, notice that as soon as the E-Cou-Sha Crystal expands to fully embrace the Ra-Sha-LA mini-me-self that the “Mother Stream” Eiron Flow (which perpetually runs through your Central vertical Column from the top, down) seems to suddenly “notice” the encrypted Ra-Sha-LA Thought-Form. At this recognition, the “Mother-Stream” releases a gently undulating “cloud”, or field, of Pale Silver-Violet Eiron-unit – Hydro-gelazic Sparks ... this “cloud” of *Pale-Silver-Violet Liquid Crystal Gel* completely surrounds the Ra-Sha-LA-self and its E-Cou-Sha Crystal.

Observe as the H-g Spark units forming the cloud rapidly accrete ... drawing into and onto the Ra-Sha-LA-self Thought-Form image, completely covering and filling the image with beautiful, Pale-Silver-Violet-White H-g Spark “Ethereic Snowflakes” ...

The Thought-Form Ra-Sha-LA-self is now – “filled-out” – in Hydro-gelazic Liquid Crystal gel-form. This stage of Manifest Creation is known as the “Ethra Cycle” and the “etheric snowflake replica”, covering and filling the Thought-Form, is called: the “Ethra Sheath”.

12 Once the “Ethra Sheath” of Pale-Silver-Violet-White “etheric snow” has “filled out” your mini-me Ra-Sha-LA Thought-Form within the Core Cave of Creation ... *Inhale* into the Core Cave and Hold the breath for a few moments ... then, *Exhale gently*, using the breath to gently push the Ethra Sheathed – Ra-Sha-LA-self Thought-Form downward into the Mahadra Point in Earth Core.

Hold the Exhale for a moment, lungs empty, as your Ra-Sha-LA-self Thought-Form releases from your personal “Mother Stream” and enters the Planetary Ethra Cell deep inside Earth Core ... beginning its co-creative journey into Manifest Expression...

Immediately withdraw your attention from the Ra-Sha-LA-self Thought-Form – and – know you HAVE created it – literally and thank the “Mother Stream” for assisting you in your conscious manifestation ...

When you feel ready, return to natural breathing and open your eyes. Your Ra-Sha-LA Thought-Form will be available for you to call upon for healing and manifesting assistance within 45’ of earth time from the point at which you disengage your attention...

Please take a short break now ... and DO NOT think about your creation. Simply allow the Eternal Life Flow “do its work” and TRUST in your process ...!

## TECHNIQUE 4 – PHOENIX ‘05

### *The 6-Fold Voyager Codes Induction – Ra-Sha-La Restoration*

#### *Kathara Level – 4, Hon’-a-til-E-‘a Run Session Part ‘A’*

#### **4a Entering the ‘Ah-Seu-Ra-Shan’ State – Steps 1-12**

(Can be run < 3hours prior to client Session)

#### **4a STEPS:**

**1** Call to mind your “mini-me inner Kristiac healer persona” Ra-Sha-LA vessel-self from Technique-3. Visualize or intend that the Ra-Sha-LA-self appears now within the Core-Cave of Creation at the AzurA.

*Inhale, slowly and deeply*, drawing your Ethos Pillar and Ad-Don-dra Flame upward into the Core-Cave while phasing your Ra-Na-TA Density Lotus Arc Set into the upward, vertical, position. Hold the Inhale briefly with your attention focused on the Ra-Sha-LA-self within the Core-Cave.

**2** *Slowly and gently Exhale* from the Core-Cave at the AzurA, using the breath to *gently push* your Ra-Sha-LA “mini-self” downward – within the Pale-Silver-Violet “Mother Stream” Eiron Flow Current – to the Ra centre at Chakra-3. Complete the Exhale as you position the Ra-Sha-LA-self in the Ra Flame at the Ra Centre – and – *Hold* the breath, lungs empty ...

**3** *Inhale* from the Ra Centre using the breath to draw a “pool” of “Mother Stream Eiron Flow Current from the Central Vertical Current, collecting a small pool of the Liquid Crystal Light Frequencies *within the Ra Flame* (at the Ra Centre) ... just as if you were “catching a pot full of water from a continually flowing waterfall”. *Hold* the Inhale briefly at the Ra Centre and imagine that your Ra-Sha-LA-self submerges into the Pale-Silver-Violet Mother Stream “pool” within the Ra Flame.

**4** *Exhale slowly and outward* from the Ra centre, horizontally forward in a straight line, using the breath to gently push the Pale-Silver-Violet Mother Stream “pool” – with the Ra-Sha-LA-self inside – to a position about 2 feet directly in front of your physical body. As the Exhale and Mother Stream “pool” expands forward, intend or visualise that a Pale-Silver-Violet Mother Stream Eiron Cord emerges and extends from behind the Mother Stream “pool” as the “pool” moves away from your body ... As the Mother Stream “pool” and Ra-Sha-LA-self reach their destination 2 feet in front of you, observe as the “near end” of the Eiron Cord extends into your Ra Centre and Ra Flame ... connecting itself into the “waterfall” of the Mother Stream Main-line Current running downward in your Central Vertical Current..

**5** *Hold*, lungs empty for a moment, as the Eiron Cord connects to the Mother Stream “main-line” within you.

(The Eiron Cord is the “anchor line” through which your Ra-Sha-LA vehicle mini-self is enabled to express mobility and motion, at your own request, outside of your physical body. The Ra-Sha-LA-self will serve as a Kristiac vehicle for bi-location in both Remote Healing and ‘Voyaging Projection’ journeys.)

**6** Now, move your conscious attention to the center of the Core-Cave at the AzurA ... and *Inhale*, using the breath to draw a Pale-Silver Maharic Current upward from Earth Core to Chakra-14, while consciously drawing your Ethos Pillar, Ad-Don-dra Flame and Ra-Na-TA Density Arc Set upward. *Hold* the breath at Chakra-14 ...



7 Next, we'll initiate a "3-Pause Exhale breath" from Chakra-14... On the first 1/3 *Exhale*, use a *short-sharp Exhale* from Chakra-14 to the AzurA and "snap" the uplifted Top petals of your Ra-Na-TA Lotus Arc Set downward to a 90 deg. Horizontal position so that the 2 top Petals, Left and Right, "snap" to "sticking straight out to the sides". Pause the Exhale at the AzurA while holding the Top Arcs in this horizontal position...

8 From the AzurA, release a second 1/3 short-sharp *Exhale* breath directed downward to the E-Umbi point below the Navel. As this breath releases, observe as your *Bottom 2 Ra-Na-TA Arc Petals* quickly "snap" upward to the *Horizontal* position, meeting and merging with the Top 2 Arc Petals ... observe that as the Arc Petals Interface they Spark, forming one Pale Aquamarine Ad-Don-dra 360-Spark at the end tips of each of the Petals ... Pause this 2/3 Exhale breath at the E-Umbi. This merged Arc Set now extends horizontally outward from the AzurA, running through your Horizontal "Rod Column", and notice that the 2 Arc Sparks at the Petal Tips move through your Rod Column and into the Core-Cave at the AzurA.

9 Complete the 3<sup>rd</sup> 1/3 of the *Exhale* by using a short-sharp Exhale from the E-Umbi down to the Mahadra at Earth Core ... Pause at the bottom of this breath in the Mahadra ... then, take a *strong, rapid Inhale* all the way up to Chakra-14, 36" above your head, filling your lungs completely. Hold this breath at Chakra-14, and *observe* that the 2 – 360 Ad-Don-dra Sparks in the Core-Cave at the AzurA have descended automatically to the Ra center at Chakra-3, and the Ra-Na-TA Arc Petals have returned to their natural, Inhale-Vertical positions on this rapid Inhale.

10 *Exhale gently* from Chakra-14 down to the Ra centre ... then resume relaxed breathing for a moment or two while focussing your attention on the 2 Ad-Don-dra 360 Sparks in the Ra centre... *Observe* that the 2 Sparks have automatically merged into one "720 Life-Spark" through their passage into the Ra Flame.

11 *Inhale gently* at the Ra centre ... Pause the breath, lungs full, for a moment ... then, push a rapid, single, horizontal "snap" Exhale breath DIRECTLY from the Ra centre – into and through – the Eiron Cord using the breath to "DELIVER" the Ad-Don-dra 720 Spark of Life to the Ra-Sha-LA "mini-me" within the Mother Stream "pool" at the farthest end of the Eiron Cord 2 feet out in front of your physical body.

12 Resume gentle breathing from the Ra centre, and observe as your Ra-Sha-LA vehicle "mini-me – 2<sup>nd</sup> self" comes to "independent 3-Dimensional Etheric Life". When the "720 – Spark of Life" completes its journey through the Eiron Cord, at the bottom of the rapid exhale just completed, the Ad-Don-dra – 720-Spark and the Mother Stream Eiron Flow "pool" interact, causing the Mother Stream "pool" to Starburst, becoming a 6 – 12 foot tall vertical standing wave Se'ur Pillar that anchors into the earth about 2 feet in front of you.

Within this Pale-Silver-Violet Pillar your "mini-self" Ra-Sha-LA vehicle has now expanded and "come-to-life" as a "full size Etheric replica of YOU" ... a vehicle *OF* your consciousness, into which you can project a portion of your conscious awareness to engage the "State of Ah – Seu\* - Ra – Shan" – more commonly referred to as Etheric Bi-location.  
[\* "Seu" = Seeyou ]

Once the 'Ah-Seu-Ra-Shan' state of consciousness expansion has been initially activated, through the use of the 12 preceding steps (K-4, T-4), the Ra-Sha-LA Vehicle "Etheric Body Double" – self can be called into rapid activation for a variety of purposes, simply by: **A** Running K-4, Tech' 3a Steps 1-7 (Page 53 herein) followed immediately by: **B** the Etheric Bi-Location Command "Ah – Seu – Ra – Shan Hon' – A – et – te' – LeU" [=Loo]

As skill develops within the "Ah-Seu-Ra-Shan" state and Ra-Sha-LA vehicle, with practice/ over time, initiation of this state can be instantly created through wordless direct-cognition thought intention.

## Postscript to Reawakening the Ra-Sha-LA & Entering the Ah-Seu-Ra-Shan

Once your Ra-Sha-LA vehicle has entered the Ah-Seu-Ra-Shan state of Etheric manifestation, you can then engage the Hon'-a-til-E-'a Run Kathara-4 Session for *Restoration of the Ra-Sha-La Grid and Vortex Complex* – OR – initiate other healing, projection or manifestation practices that correspond to the 'Ah-Seu-Ra-Shan' State. When first re-awakening the long-dormant Ra-Sha-LA vehicle and entering the Ah-Seu-Ra-Shan, the connection between your physically embodied awareness and the portion of your consciousness that is the Etheric Ra-Sha-LA may seem quite “vague” or fuzzy, or hardly felt at all, since it takes time and practice for the DNA Template to *hold* the Ah-Seu-Ra-Shan *Frequency Bridge* fully open.

At first you may have no inner “audio or visual” connection with your Ra-Sha-LA, but your higher dimensional Kristiac aspects of consciousness will have as direct a connection to your Ah-Seu-Ra-Shan as is held within you ... so you may find at times that your Kristiac identity (from the Ecka) will employ your Ra-Sha-LA vehicle to “*contact you*”, bringing you new information, insights and suggestions to assist you in your personal journey of awakening. The Ra-Sha-LA vehicle “*belongs to you*”, in that, though it has its own innate ability to think, experience and process information, just as you do, it has no separate personal will other than to serve as an extension of your own personal consciousness. Its “free-will” is the same “free-will” as your own conscious will. There is NO potential for “conflict” with the self that is your Ra-Sha-LA vehicle unless you request it to explore “counter-perspectives” with you, to assist you in resolving conflicts of interest you may find within yourself.

As you engage frequent “consciousness play” with your Ra-Sha-LA vehicle, you will progressively develop a “merging of awareness” between the 2 focuses of your consciousness, eventually learning to experience two entirely different space-time locations simultaneously. Each will contain all sensual properties associated with “physical being”, and each focus of your identity achieving free and conscious mobility within the space-time location of your choosing.

You can “send yourself on Trans-time missions”, explore your multi-dimensional incarnate history, engage healing and manifestation activities and, eventually, explore Transfiguration of the Ra-Sha-LA vehicle form to etherically explore the experience of “Being As” anything or anyone you choose, as long as your intentions and actions are in Kristiac Divine Right Order and DO NOT attempt activities which engage prospective spiritual violation of others.

For now, we will employ the Ra-Sha-LA vehicle as an extension of ‘self’, through which accelerated Etheric and Crystal Body Healing activities can be developed.

## TECHNIQUE 4 – PHOENIX ‘05

### *The 6-Fold Voyager Codes Induction – Ra-Sha-La Restoration*

#### *Kathara Level – 4: Hon’-a-til-E-‘a Run Session Part ‘A’*

#### **4b: Voyager “Trinity-Time-Wave” Ra-Sha-La Restoration Code Induction**

##### **The 6-Step Hon’-a-til-E-‘a Run (Personal & Client) Session**

(Can be done < 3 hours before Client arrives)

- PREPARATION:**
- Activate the Ra-Sha-LA vehicle and enter the Ah-Seu-Ra-Shan State, to begin.
  - Position or mount the “3-Code Sets (guidance and sequencing) Inductions Chart” in an easily visible location ... or, simply ...
  - Prepare your Colour Code Sets of actual Codes in correct sequence:

##### **TOOLS:**

- Code Set 1:** The *Le-eTOR-A Magnetic Code* @ Ch-5, Chakra code 5, ‘Blue Lotus’ code @ Ch-5, Chakra codes 1, 3 & 7
- Code Set 2:** The *LE-eTOR-A Electrical & Magnetic Code* @ Ch-8B, Chakra code 8 (@8A), Khemalohatea code @ Ch-8B, Chakra codes 2, 4 & 6
- Code Set 3:** The *Le-AdOR-A-UN-Esta-YUn-Ha-drA Code* @ Ch-14 ( for Ch-11), Chakra code-11(@-14), Ad-Don-draea code Chakra-14, Chakra code’s 9, 10 & 12

##### **STEPS SUMMARY:**

**1 Each step of the Code Induction cycle begins** with you manifesting, focusing or “bringing” your Ra-Sha-LA vehicle-self in “Full Size” projection to a position standing next to, but outside of, your physical body. You then move your Ra-Sha-LA-self, via thought intention, to the physical image of the each code in each Code Set in sequence ... as will follow ... Following the (lettered) sequence for each Code Set, you will direct your Ra-Sha-LA-self into the center of each Code in the sequence, intending that your Ra-Sha-LA momentarily transfigures into a Spark of Light which then “merges with” the particular “focus code” in the sequence. In each moment of merging, the Ra-Sha-LA-self “becomes the code” and fully absorbs the etheric-atomic encryption of each code as a result. As you perform each individual “merging and absorption” Code cycle, mentally, you will also have your physical Right Hand over the corresponding Code: Chakra position (as indicated on the Inductions Chart) breathing Pale-Silver-Violet Mother Stream/ Mother Ray Frequency into the Chakra under your right palm. After projecting the Ra-Sha-LA-self as a spark into the center of each Code you will withdraw it from each Code as a Spark of Light and return it to its “full size replica of your physical self” so that you may integrate your atomic encryption with each code encryption.

**Steps 2 & 3** Once each Code Set sequence is encrypted, the Ra-Sha-LA-self is utilized once again to anchor the Full Code Set Encryption into the GruAL Chakra corresponding to each Code Set, using a “descending 3-Pause” breath. The GruAL Chakra will then distribute appropriate aspects of the encryption to the other Chakras in the Code Set.

**Step 4** Completes the encryption process utilising an “ascending 3-Pause” breath

**Step 5** This Step comprises the repetition of Steps 1 thru 4 above for Code Sets 2 and 3.

## Step 6 Closing the encryption and Activating the Ra-Sha-La Grid and Vortex system (for either Self or Client)

( Now, we will run through the whole Technique from beginning to end in one complete run ...)

2 So, **Step 1 Cycle**, with **Code Set 1** Codes at the ready ... we'll begin the induction/ encryption process

2.1 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the Le-eTOR-A Magnetic code in front of you ...

Place your Right palm over your 5<sup>th</sup> Chakra at the Throat ...

Direct your Ra-Sha-LA self into the center of the Le-eTOR-A code as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-5 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

2.2 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 5 in front of you ...

Place your Right palm over your 5<sup>th</sup> Chakra at the Throat ...

Direct your Ra-Sha-LA self into the center of Chakra Code # 5 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-5 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

2.3 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the "Blue Lotus" code in front of you ...

Place your Right palm over your 5<sup>th</sup> Chakra at the Throat ...

Direct your Ra-Sha-LA self into the center of the Blue Lotus as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-5 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

2.4 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 1 in front of you ...

Place your Right palm over your 1<sup>st</sup> Chakra at the genitals ...

Direct your Ra-Sha-LA self into the center of Chakra Code # 1 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-1 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

2.5 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 3 in front of you ...

Place your Right palm over your 3<sup>rd</sup> Chakra at the Solar Plexus ...

Direct your Ra-Sha-LA self into the center of the Chakra Code # 3 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-3 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

2.6 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 7 in front of you ...

Place your Right palm over your 7<sup>th</sup> Chakra at the Crown ...

Direct your Ra-Sha-LA self into the center of the Chakra Code # 7 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-7 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...

Remove Right Palm from Chakra position ...

## Full Code Set Encryption into the GruAL – Steps 2, 3 & 4

❖ **Step 2** Now, mentally intend, using pure FELT intention rather than “worded thought instruction”, that your Ra Sha-LA-self, fully loaded with Code Set 1 encryptions, stands before you ( NOTE: in a Client session position Ra-Sha-LA facing you on opposite side of Client).

❖ Next, and again using pure-felt-intention, direct the Ra-Sha-LA-self to place its Right Hand over the GruAL Chakra # 5, then place your Left magnetic hand over the back of your Ra-Sha-LA’s electrical Right hand, then place your (+ve) Right hand over the back of your (-ve) Left hand to form an Etheric-Atomic Circuit over the GruAL Chakra for this particular Code Set.

❖ **Step 3** Now, synchronize the breathing rhythm of BOTH your physical and Ra-Sha-LA bodies, then together Inhale, HOLD the breath briefly. Then, Exhale a slow, Pale Silver-Violet Mother Stream Current 3-Pause breath, descending from AzurA, to the E-Umbi, and to the Mahadra, carrying the Full Code Set Encryption into GruAL Chakra # 5 as the Exhale descends.

❖ Both you and your Ra-Sha-LA-self PAUSE, lungs empty, at the bottom of this Exhale, keeping hands in position over the GruAL Chakra, to allow the GruAL Chakra to distribute the appropriate aspects of the encryption to the other Chakras in the Code Set.

❖ **Step 4** Finally, BOTH physical and Ra-Sha-LA bodies now take a Slow 3-Pause Ascending Inhale breath from the Mahadra, to the E-Umbi, to the AzurA ... pulling the Mother Stream Current back from the GruAL Chakra. Following this 3-Pause breath, disengage all hand positions, and “shake out” physical and Ra-Sha-LA hands... before proceeding to the next Code Set.

**3** Next, **Step 1 Cycle** with the Codes of **Code Set 2** ready ... (Please Note: in the 6 Step Count this repetition of **Step 1** is counted as **Step 5**)

3.1 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the Le-eTOR-A electrical & magnetic Code in front of you ...

Place your Right palm over Chakra 8B, the top rear area of your skull ...

Direct your Ra-Sha-LA self into the center of the Le-eTOR-A code as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-8B ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

3.2 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 8 in front of you ...

Place your Right palm over Chakra 8A at the mid-Thymus ...

Direct your Ra-Sha-LA self into the center of Chakra code 8 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-8A ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

3.3 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the Khemalohatea code in front of you ...

Place your Right palm over Chakra 8B, at the top rear of your skull ...

Direct your Ra-Sha-LA self into the center of the Khemalohatea code as a spark of light ...  
Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-8B ...  
Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...  
Remove Right Palm from Chakra position ...

3.4 Bring your full-size Ra-Sha-LA-self to stand next to you ...  
Hold forwards or display Chakra Code # 2 in front of you ...  
Place your Right palm over your 2<sup>nd</sup> Chakra at the Sacral ...  
Direct your Ra-Sha-LA self into the center of the Chakra Code # 2 as a spark of light ...  
Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-2 ...  
Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...  
Remove Right Palm from Chakra position ...

3.5 Bring your full-size Ra-Sha-LA-self to stand next to you ...  
Hold forwards or display Chakra Code # 4 in front of you ...  
Place your Right palm over your 4<sup>th</sup> Chakra at the Heart Center ...  
Direct your Ra-Sha-LA self into the center of Chakra Code 4 as a spark of light ...  
Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-4 ...  
Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...  
Remove Right Palm from Chakra position ...

3.6 Bring your full-size Ra-Sha-LA-self to stand next to you ...  
Hold forwards or display Chakra Code # 6 in front of you ...  
Place your Right palm over your 6<sup>th</sup> Chakra at the Forehead ...  
Direct your Ra-Sha-LA self into the center of Chakra Code # 6 as a spark of light ...  
Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-6 ...  
Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, "full size", to your side ...  
Remove Right Palm from Chakra position ...

### Full Code Set Encryption into the GruAL – Steps 2, 3 & 4

❖ **Step 2** Now, mentally intend, using pure FELT intention rather than "worded thought instruction", that your Ra Sha-LA-self, fully loaded with Code Set 1 encryptions, stands before you ( NOTE: in a Client session position Ra-Sha-LA facing you on opposite side of Client).

❖ Next, and again using pure-felt-intention, direct the Ra-Sha-LA-self to place its Right Hand over the GruAL Chakra # 5, then place your Left magnetic hand over the back of your Ra-Sha-LA's electrical Right hand, then place your (+ve) Right hand over the back of your (-ve) Left hand to form an Etheric-Atomic Circuit over the GruAL Chakra for this particular Code Set.

❖ **Step 3** Now, synchronize the breathing rhythm of BOTH your physical and Ra-Sha-LA bodies, then together Inhale, HOLD the breath briefly. Then, Exhale a slow, Pale Silver-Violet Mother Stream Current 3-Pause breath, descending from AzurA, to the E-Umbi, and to the Mahadra, carrying the Full Code Set Encryption into GruAL Chakra # 5 as the Exhale descends.

❖ Both you and your Ra-Sha-LA-self PAUSE, lungs empty, at the bottom of this Exhale, keeping hands in position over the GruAL Chakra, to allow the GruAL Chakra to distribute the appropriate aspects of the encryption to the other Chakras in the Code Set.

❖ **Step 4** Finally, BOTH physical and Ra-Sha-LA bodies now take a Slow 3-Pause Ascending Inhale breath from the Mahadra, to the E-Umbi, to the AzurA ... pulling the Mother Stream Current back from the GruAL Chakra. Following this 3-Pause breath, disengage all hand positions, and “shake out” physical and Ra-Sha-LA hands... before proceeding to the next Code Set.

**4** Finally ... **Step 1 Cycle** with the Codes of **Code Set 3** at the ready ... and with this Set we work through Chakra 14 for each Code/ Chakra induction cycle ... accessing Chakras 9, 10, 11, 12 as well as 14. (Please Note: in the 6 Step Count, this repetition of **Step 1** is counted as **Step 5**)

4.1 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the Le-AdOR-A-UN-Esta-YUn-Ha-drA in front of you ...

Raise your right arm, as if your right palm is embracing Chakra 14 – 36” above your head ...

Direct your Ra-Sha-LA self into the center of the Code as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ... (and Ch-11)

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

4.2 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 11 in front of you ...

Raise your right arm, as if your right palm is embracing Chakra 14 – 36” above your head ...

Direct your Ra-Sha-LA self into the center of the Chakra Code # 11 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ... (and Ch-11)

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

4.3 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display the Ad-Don-draea Code in front of you ...

Raise your right arm, as if your right palm is embracing Chakra 14 – 36” above your head...

Direct your Ra-Sha-LA self into the center of the Ad-Don-draea Code as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ...

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

4.4 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 9 in front of you ...

Raise your right arm, as if your right palm is embracing Chakra-14 – 36” above your head ...

Direct your Ra-Sha-LA self into the center of the Chakra Code # 9 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ... (and Ch-9)

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

4.5 Bring your full-size Ra-Sha-LA-self to stand next to you ...

Hold forwards or display Chakra Code # 10 in front of you ...

Raise your right arm, as if your right palm is embracing Chakra-14 – 36” above your head ...

Direct your Ra-Sha-LA self into the center of Chakra Code # 10 as a spark of light ...

Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ... (and Ch-10)

Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...

Remove Right Palm from Chakra position ...

- 4.6 Bring your full-size Ra-Sha-LA-self to stand next to you ...  
 Hold forwards or display Chakra Code # 12 in front of you ...  
 Raise your right arm, as if your right palm is embracing Chakra-14 – 36” above your head ...  
 Direct your Ra-Sha-LA self into the center of Chakra Code # 12 as a spark of light ...  
 Be sure to breathe, pooling Pale Silver-Violet Mother Stream into Chakra-14 ... (and Ch-12)  
 Withdraw your Ra-Sha-LA-self as a Spark of Light and return it, “full size”, to your side ...  
 Remove Right Palm from Chakra position ...  
 Once your Ra-Sha-LA-self is “fully loaded” with the encryptions

### Full Code Set Encryption into the GruAL – Steps 2, 3 & 4

❖ **Step 2** Now, mentally intend, using pure FELT intention rather than “worded thought instruction” that your Ra-Sha-LA-self, fully loaded with Code Set 1 encryptions, stands before you ( NOTE: in a Client session position Ra-Sha-LA facing you on opposite side of Client).

❖ Next, and again using pure-felt-intention, direct the Ra-Sha-LA-self to place its Right Hand over the GruAL Chakra # 5, then place your Left magnetic hand over the back of your Ra-Sha-LA’s electrical Right hand, then place your (+ve) Right hand over the back of your (-ve) Left hand to form an Etheric-Atomic Circuit over the GruAL Chakra for this particular Code Set.

❖ **Step 3** Now, synchronize the breathing rhythm of BOTH your physical and Ra-Sha-LA bodies, then together Inhale, HOLD the breath briefly. Then, Exhale a slow, Pale Silver-Violet Mother Stream Current 3-Pause breath, descending from AzurA, to the E-Umbi, and to the Mahadra, carrying the Full Code Set Encryption into GruAL Chakra # 5 as the Exhale descends.

❖ Both you and your Ra-Sha-LA-self PAUSE, lungs empty, at the bottom of this Exhale, keeping hands in position over the GruAL Chakra, to allow the GruAL Chakra to distribute the appropriate aspects of the encryption to the other Chakras in the Code Set.

❖ **Step 4** Finally, BOTH physical and Ra-Sha-LA bodies now take a Slow 3-Pause Ascending Inhale breath from the Mahadra, to the E-Umbi, to the AzurA ... pulling the Mother Stream Current back from the GruAL Chakra. Following this 3-Pause breath, disengage all hand positions, and “shake out” physical and Ra-Sha-LA hands... before proceeding to the next Code Set.

And now follows the “Closing” **Step 6**, to Activate the Ra-Sha-La Grid and Vortex System ...

### 5 Step 6 – Closing the Encryption & Activating the Ra-Sha-La Grid and Vortex System

**5a – For Oneself:** Position your Ra-Sha-LA-self, “full size”, down in the floor beneath your feet, with its Right Hand positioned 1” below your feet in line with the Central Vertical Column. Place your hands at Chakra-7, on top of your head, with Left palm ON your head and your Right palm over the back of your Left hand.

With your Ra-Sha-LA-self “under your feet” and your hands in position over your Crown Chakra ... engage a 2-Point Pale Silver-Violet Mother Current Inhale drawing Current down from your hands ... and up from your Ra-Sha-LA hands beneath from your feet. ... pulling the Current into your Core-Cave of Creation at the center of your AzurA.

As the 2 Mother Stream Currents meet, give the Command: “Starburst NOW”. Full Harmonic Activation will be engaged if the DNA is capable.



**5b – For Client Session:** Position the Ra-Sha-LA-self, “full size”, standing directly beyond the (reclining) client’s feet, facing you, with its Right hand 1” below the client’s feet in line with the central vertical column. You stand at the client’s head with your hands in the “Self” position (LH on Crown, RH covering LH).

Once in position, you and your Ra-Sha-LA-self Inhale simultaneously from your respective AzurA Cave of Creation Centers. HOLD the Inhale to build charge, and then both you and your Ra-Sha-LA-self simultaneously Exhale a Forceful, single, No-Pause breath ... Each projecting a single line of Pale Silver-Violet Mother Stream Current into the client’s body. YOU project the Mother-Line downward from Chakra-7 to the client’s AzurA Core-Cave, while your Ra-Sha-LA-self projects the Mother Stream upward, from the hands 1” below the client’s feet center-point position, and into Base Chakra-1.

At the bottom of the Exhale, as the 2 Mother Stream Currents meet in the client’s AzurA Core-Cave, mentally give the Command: “Starburst NOW”. This will cause the client’s E-Cou-Sha Crystal Capsule to descend around the client’s body and will reset, and trigger, activation of the Monadic Flame corresponding to the Planetary Reuche Pillar Starburst Cycle.

The client’s Core-Cave of Creation will now activate on Sub-harmonic Mother Stream Current, allowing for a Polarian Host link, and setting in motion an automatic restoration cycle of the Ra-Sha-La Grid and Vortex System as well as the entire Chakra System.

Both you and your Ra-Sha-LA-self simply withdraw your hands to complete the Session.

[Please Note: the most powerful form of Ra-Sha-LA Restoration Code Induction would be achieved by inducing each Code in each set through EVERY Chakra as distinct from only the GruAL and related Chakras as specified above, one time. This is a personal option. ]

## TECHNIQUE 5, 6 & 7 – PHOENIX ‘05

### *The Rapid Access “Blue Lotus” Monadic Passage Voyage*

#### *Straight Vertical Ascent (T-5)*

#### *The Khem-a-lo-ha-tea Voyage*

### *Journey to the Ad-Don-dra – Ecka to Eckasha Base Shield Transit (T-6)*

#### *The Ad-Don-draea Voyage*

### *Journey to the Ad-Don-dra – 360 Rama Passage Doorway (T-7)*

#### *(Collectively Known As:” The Eckasha-A Ascent”)*

**PREPARATION:** Technique 3a herewith (Full “Dial Up” inc. Mother Stream Command).  
Mount or support the Voyager Passage Code in a comfortable, visual, position.

**NOTE:** Personal breathing rates control the rising-falling momentum of the Ethos Pillar and Arc Phasing, which controls the movement of the Radon Cells and Monadic Flames, which in turn controls the speed of Radon/ Eiradon/ Monadic Flame Phasing, which controls Monadic Pulse Rate, which controls the speed and frequency of Time-Wave Pulses released from the Monad, which controls Rate of Shield Spin and Partiki Phasing, which controls Base Pulse Rhythms, which controls Personal Axiom Template and embodied Time-Wave.

**TOOLS:** You will need either the full colour unified Blue Lotus-Khemalohatea-Ad-Don-dra Passage Code, The Eckasha-A Ascent Code, or copies of the individual Voyager Passage Codes. Working with the Eckasha-A Ascent Code is recommended. (A Black and white Code w/ focal positions guide is supplied with this Technique).

#### **STEPS:**

1 Begin by focussing your eyes on the small Eckasha at the foot of the *Blue Lotus* (Voyager Code # 1), and then project your Ra-Sha-LA-self, “full size”, out of your Ra Center to a position where the Ra-Sha-LA-self is standing in front of the Code.

2 Release the Activation Key already encrypted within the Ra-Sha-LA-body by using the command:

**a’ – RA – hoo – a’ – ShA’ Neu – A**

Now, project the Ra-Sha-LA-self as a Spark of Pale-Orange-Peach Heliotalic Light into the center of the small Eckasha at the bottom of the Blue Lotus Code... Inhale, and pause at the top of the Inhale, as the Ra-Sha-LA-spark-body waits at the Code entry point to move with you, as your embodied consciousness also projects into the journey. Exhale your breath and attention from your AzurA Core-Cave and into the Eckasha Entry Point.

3 Inhale Ad-Don-dra – 360 Flame up with your Ethos Pillar, and Ra-Na-TA Arcs phased “up” to vertical as you imagine/ intend that your embodied consciousness is now, and separately from the aspect in your Ra-Sha-LA-body, initiating movement, vertically, up to the tip of the small Eckasha Entry Point. Keep your eyes fixed upon the part of the Code-

image that you are moving through as you begin to ascend ... blinking when needed ... breathing naturally at a slow “Alpha rhythm” (about ½ “normal” breathing rate) from the AzurA Core-Cave.

Synchronize the movement of your eyes and breathing as you begin your ascent through the Veca Eirad. On the Inhale breath move your eyes and attention upward to the next point in the journey; and, on the Exhale, stop any movement of your eyes or attention until the next Inhale and ascent naturally resumes. So, Inhale = Move; Exhale = Stop movement.

You will notice that as the visual ascent progresses, a sense of mild acceleration will be felt as if the image is “pulling you in or upward gently”. Allow the speed of your breathing rhythm to also accelerate a little ... until the sensation of “upward pull” relaxes into a slow, “upward floating” sensation.

4 Notice now, the slight upward pulling movement on your attention as your consciousness passes through the small Eckasha Entry point (‘A’ on positions guide), and now begins moving upward with the “Alpha Inhale breath” to Point ‘B’ - the AzurA of the small figure/ “ascending Density body”. Stop at Point ‘B’ on an Exhale.

5 Resume movement on the next Inhale, moving eyes and attention upward to Point “C”, the Quanta-Rhu -A Code hidden beneath the “Angel Wings” (just above the small figure’s head). Stop – Exhale and sense your body experiencing a Double Bi-Veca Merkaba Acceleration. .... Increase your breathing speed slightly from this, Point “C” – First Acceleration Point.

6 Inhale and move up to Point ‘D’, the centre of the D-8 Monad Body (this point coincides with the rim of the Sphere). Stop – Exhale and notice that your Ra-Sha-LA-spark-self suddenly appears in the image and merges with your “travelling” embodied consciousness as you pass through your D-8 Veca Monad.

7 Inhale and move up to Point “E”, the Krist Code. Stop – Exhale as you begin to pass through your D-12 Divine Blueprint, and in to the Pale Turquoise-Blue of your D-13 Ecka-Monad ... and, into the Heliotalic Stream that will draw you upward to Point “F” in the Ecka... Notice a “slowing” of the Time-Wave ... and slow your next breath cycle back to the level of ½ your normal breathing rate (or Alpha rhythm).

8 Inhale and move upward into the Heliotalic Stream ... and to Point “F”, a resting place within the pale Violet Khem-a-lo-ha-tea Veca Monad Center Flame. Hold this Inhale briefly, close your eyes and “feel the Flame of Khem-a-lot” around your physical body.

Welcome to the Ecka Base Shield; you have successfully ascended your Mental Body consciousness out of the Veca Density Base Shield and its Time-Wave Base Pulse Rhythm ... you have now entered the Time-Wave Domains of the Khem-a-lo-ha-tea “Veca Centre Point” within the Ecka Base Shield Centre.

**Remain “eyes closed” for a few moments before we extend our journey into the second phase, Technique 6, the “Khem-a-lo-ha-tea Voyage” ...**

1 Please open your eyes... and slowly re-establish visual focus on Point “F”, the center of the Eckasha shape near the top of the Blue Lotus, Voyager Code # 1.

2 Now, take a few “stationary transition Inhale/ Exhale breaths without moving. As you do this, Tone the Code # 2 Access Command:

**Deu – et – Ta A – sha NUR A – VE – a**

Take a final, stationary, *Inhale/ Exhale* breath and prepare to *“leap”* into the next Code Passage ... As you do this, notice that your Ra-Sha-LA-spark-self, within your consciousness field in the image, is now turning a Pale Yellow-Heliotalic colour ....

3 Next, *Inhale quickly and forcefully* using this breath to *“leap”* from Point ‘F’ in the Blue Lotus, Code # 1 to the entry point of Code # 2, at Point ‘A’ - the center of the Eckasha Base Shield at Signet 1, the bottom tip of the Kathara Grid... *Hold this Leap Breath at the Top of the Inhale ... and Stop when you reach* Code-2, Point “A” which is the Entry Point to the Eckasha Base Shield and Le-eTOR-A Eckasha Monad Center Flame that exist within the Violet Khem-a-lo-ha-tea Flame that is now “all around you”... Remain in “stop mode” at Point ‘A’ and *gently and slowly Exhale* to decelerate your consciousness Time-Wave from its “leap breath” acceleration.

4 *Inhale slowly* and begin moving again ... from Code-2, Point “A”, to point “B”, moving your eyes and consciousness from Kathara Signet 1 of the Eckasha Atmic Template and into Point “B” (at the center of the Kathara Grid), the AzurA-Heart of the Le-eTOR-A Eckasha-Veca E-Cou-Sha Crystal within the top of the Eckasha Le-eTOR-A Flame, and the bottom of the *Ad-Don-draea Amoraea Flame* that links the Le-eTOR-A Flame to its parallel Eckasha Le-AdOR-A Flame... *Exhale, and stop at Point ‘B’*.

5 *Inhale* and begin moving upward again ... moving toward Point “C” at the center of the Bi-Veca Merkaba, Tetrahedral form. Notice a slight “upward pull” of a *Time-Wave acceleration ... Slightly* accelerate movement *and the Inhale* to synchronize both breath and ascension progression... *Exhale and Stop at Point “C”* in the center of the Bi-Veca – Fold – Encrypted *Eckasha Bi-Veca Merkaba* – the vehicle that enables simple passage through the Eckasha D-12 Divine Blueprint via the Arc of the Covenant Gate System.

6 *Inhale* and move upward now to Point “D”, the resting point of the *Mahadra Adhrana*, the *Gate Release Key* for the Eckasha to *Eckasha – Aah* Arc of the Covenant ‘Gate System... *Exhale* and *Stop at Point “D”* ... take a few natural *Inhale/ Exhale stationary transition breaths* and prepare to *“leap and shift”* into the heart of the Ad-Don-draea Eckasha to Eckasha-Aah Center Flame ...

**Technique 7, The Ad-Don-draea Voyage – Journey to the Ad-Don-dra 360 Rama Passage Doorway follows next ...** (PLEASE NOTE: the Access Key Command is not yet used here ... but in future Techs)

1 Continue breathing natural *Inhale/ Exhale stationary transition breaths*, eyes focused on the Mahadra Adhrana resting point (Code 2, Point D) and prepare for a *rapid-breath – leap – and 180 degree rotation* as you pass into the *“Rod of Rama”* for later passage from the Eckasha to the Eckasha-A Base Shield.

2 *Inhale rapidly and forcefully* and quickly move your focus up to Point “A”, the center of the sphere at the bottom of Code 3; this image represents an *Arc of the Covenant/ Rama Passage “Buffer Field Bubble”* that will allow you safe passage through the Heart of the Ad-Don-draea Flame. *Hold* this breath – lungs full – when you arrive at Code # 3, Point “A”, then *Exhale forcefully* using the *Exhale* to push a replicate *Buffer Bubble clockwise – with your consciousness inside* – and up *to the Le-AdOR-A Tri-Vectus Access Key at Point “B”*, located in the upper area of Code #3.

*Inhale upon arriving* at Point “B”, *Stop movement and Exhale gently*; remain stopped as *the Le-AdOR-A Key spins 180° Clockwise*, aligning your consciousness with the *projection angle needed* to pass into the Eckasha-A Template *for later expansion* into the Ad-Don-draea-360 Eckasha-Monad Center Flame in the Eckasha-A Base Shield.

3 *Inhale*, and now *move downward* through the tip of the Eckasha Doorway within the Ad-Don-dra Flame, progressing downward to Code #3, Point “C” *at the AzurA Centre of the Eckasha-A Base Shield*, the access point to the Ad-Don-draea-360 Flame.

*Remain here in consciousness, with your Ra-Sha-LA-spark-self, as you return part of your consciousness to your physical body. Notice, as you “leave”, your Ra-Sha-LA-spark-self still carried within your consciousness, transitioning to a Pale Pastel Rainbow Heliotalic Colour.*

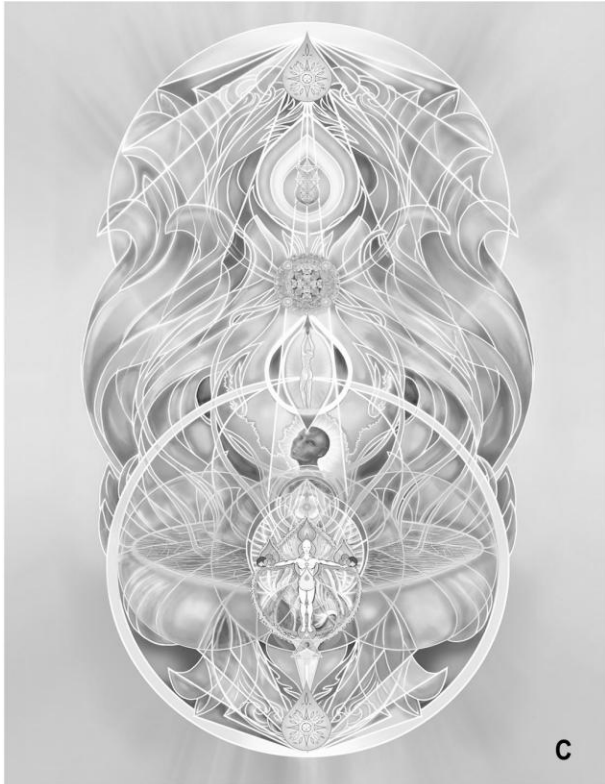
Once you return your attention to your physical body ... leaving your Ra-Sha-LA-self and part of your embodied consciousness in the Rod of Rama (Point 'C') Doorway, let your awareness shift back to the “3-D world” environment. Your Ra-Sha-LA vehicle will transport itself, and the “visiting portion” of your consciousness, back to you after you have engaged your first personal “remote study programme” within the Ad-Don-dra-360 Eckasha E-Cou-Sha Crystal Library at the Centre of the Eckasha-A Base Shield.

You have now completed the opening of the Transcendental Passage – Veca to Eckasha-A Level. Congratulations! Communion can now begin.

***“Much love and thanks” – the EieyanA and AdonA of the Eckasha Worlds.***

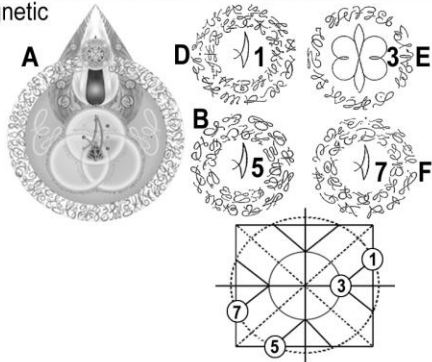
# Voyager "Trinity-Time-Wave" Ra-Sha-La Restoration Code Induction – Phoenix '05 Technique 4b

**CODE SET 1**  
"BLUE LOTUS D-13 MONADIC PASSAGE"

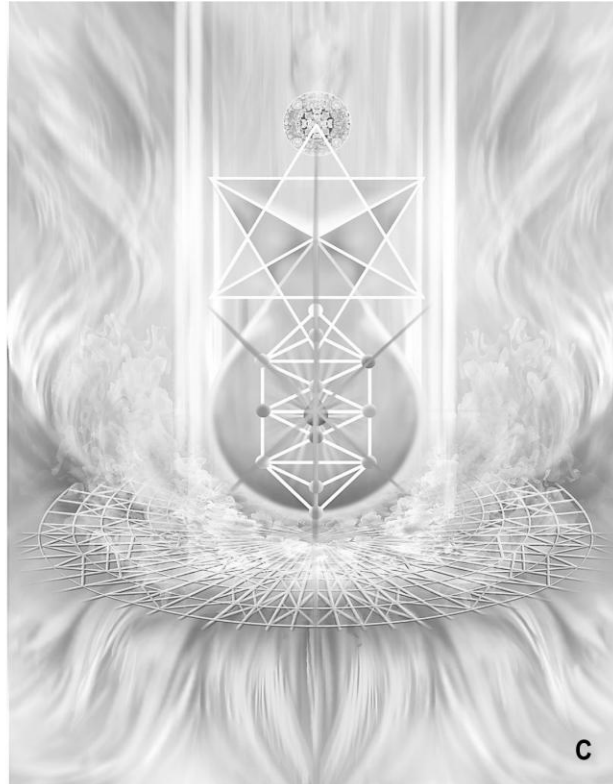


LE-e-Tor-A magnetic

**Code Set-1**  
**GrUAL =**  
**Chakra - 5**



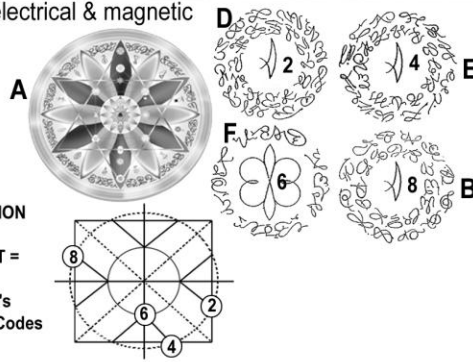
**CODE SET 2**  
KHEMALOHATEA ECKA TO ECKASHA PASSAGE



LE-e-Tor-A electrical & magnetic

**Code Set-2**  
**GrUAL =**  
**Chakra - 8B**

⑧  
**CODE INDUCTION**  
**SEQUENCE**  
**FOR EACH SET =**  
**'A' thru 'F'**  
**Chakra Code #'s**  
**Shown Inside Codes**

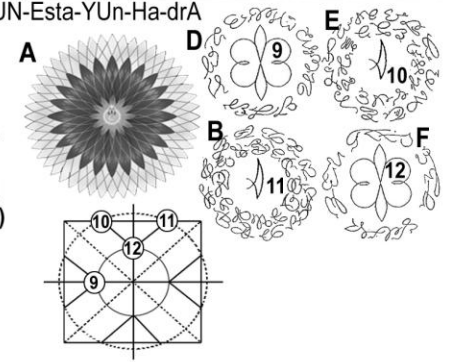


**CODE SET 3**  
AD-DON-DRAEA ECKASHA TO ADONDRA 360 DORRWAY PASSAGE



Le-AdOR-A-UN-Esta-YUN-Ha-drA

**Code Set-3**  
**GrUAL =**  
**Chakra - 11**  
**(Use Ch-14)**



The "ECKASHA – A ASCENT" – Journey Location Details  
PHOENIX '05 – TECHNIQUES 5, 6, & 7

LOCATION 'POINT' DETAILS:

- 'B' – Le-AdOR-A Tri-Vectus
- Ad-Don-draea Amoraea Flame
- 'C' – Eckasha-A Atmic Template AzurA
- Rama Rod Doorway from Eckasha Ad-Don-draea Flame to Eckasha-A Base Shield
- 'A' – Arc of the Covenant Buffer Bubble

Veca Monad Violet Khemalohatea Flame Inside

'D' – Mahadra-Adhrana Arc of the Covenant Pass Key

'C' – Eckasha Hon'-a-til-E-'a Encrypted Bi-Veca Merkaba

Eckasha Pillar of Power Ra-Sha-La Breathing Tube

'B' – Eckasha Atmic Template AzurA

Ecka-Veca E-Cou-Sha Crystal and Ad-Don-draea & Le-eTOR-A Flames

'A' – Center-point Doorway to Eckasha Heliotalic Base Shield and Ecka-Veca E-Cou-Sha Crystal

Eckasha Heliotalic Reuche Rays

Ecka Base Shield

'F' – Khemalohatea Veca Monad Center Flame in Ecka

D-13 Ecka Monad

'E' – D-12 Divine Blueprint

'D' – Ascending D-8 Monadic Body

Veca Monad & D-7 Violet Density-3 Flame

Veca Primal Base Shield

Heliotalic Beam from Ecka

'C' – The Quanta-Rhu-A Double Bi-Veca

First Acceleration Point

'B' – AzurA of the Ascending Density Body

The 'Eirad' "First 8-Cell Eiradon

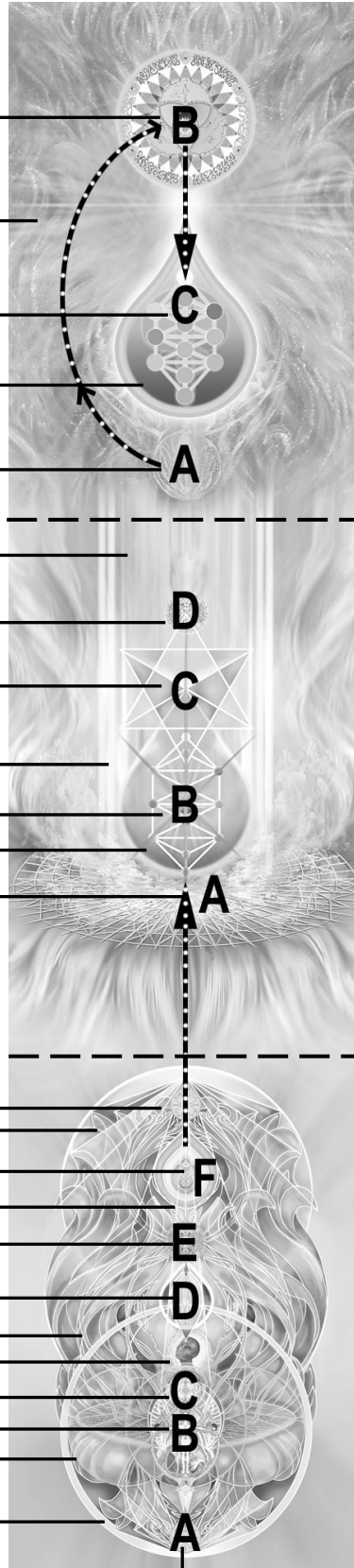
Cluster in Ecka and Veca Levels

Veca Density Base Shield; 4 Density

Radial Bodies & Ethos Bodies

'A' – Veca Density-1 Zero-point Start & Ethos Reuche

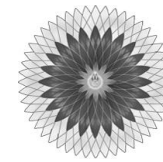
Rays



TECHNIQUE #7:  
*The Ad-Don-Dra Voyage*

ACCESS COMMAND:  
*Um – a – TA – TE*  
*eN – Sha – LA*  
*Ad-Don-draea*  
*E – Sha – DA*

ACCESS KEY:  
*Le-AdOR-A-UN-Esta-YUn-Ha-drA*



ACCESS COLOR:  
Pale Rainbow  
Pastel Heliotalic

CHAKRAS:  
9, 10, 11 GrUAL & 12

TECHNIQUE #6  
*The Khemalohatea Voyage*

ACCESS COMMAND:  
*Deu – et – TA*  
*A - Sha – NUR*  
*A – VE – a*

ACCESS KEY:  
*Le-eTOR-A Electro-maagnetic*



ACCESS COLOR:  
Pale Yellow  
Heliotalic

CHAKRAS:  
2, 4, 6, 8B GrUAL, 8A

TECHNIQUE #5:  
*The Blue Lotus Voyage*

ACCESS COMMAND:  
*A – RA - hoo*  
*A – ShA – Neu - A*

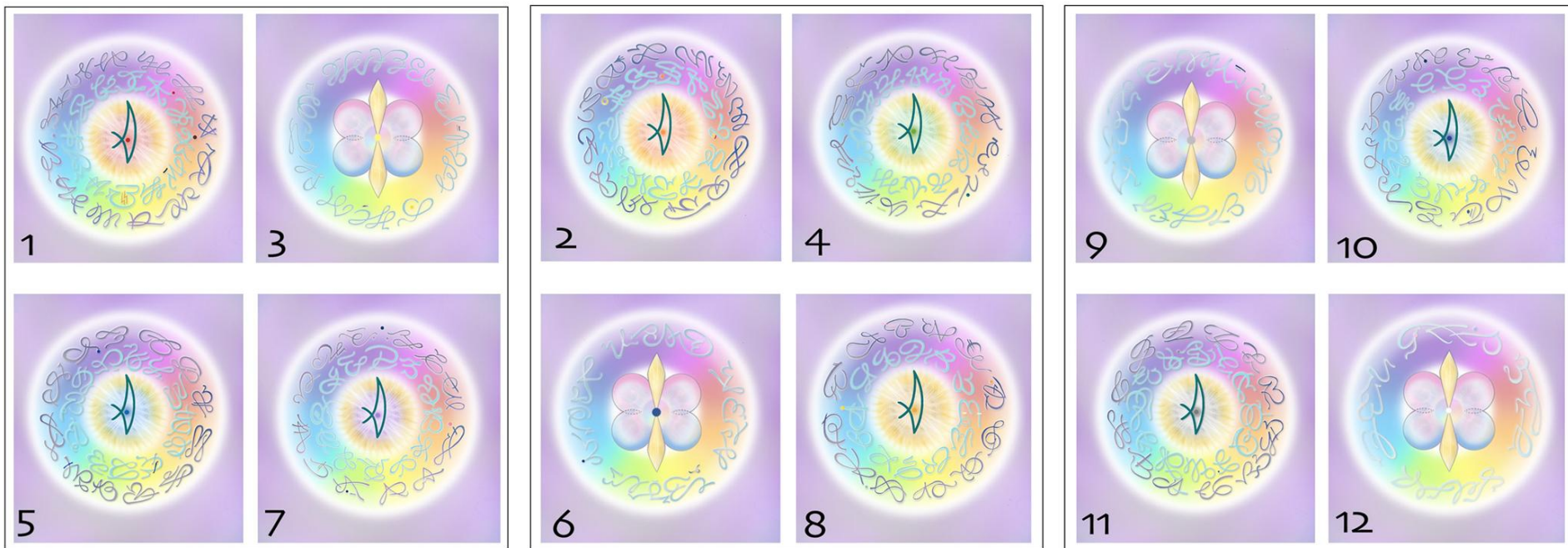
ACCESS KEY:  
*Le-eTOR-A Magnetic*



ACCESS COLOR:  
Pale Orange – Peach  
Heliotalic

CHAKRAS:  
1, 3, 5 GrUAL, 7

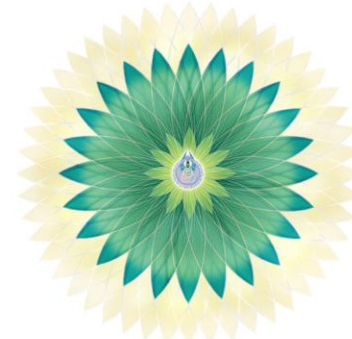
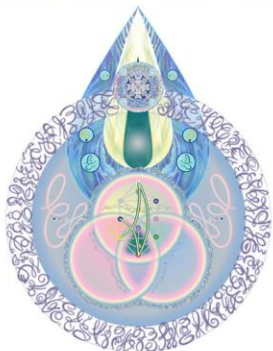
# Chakra Codes for use with Phoenix 2005 Technique 4B





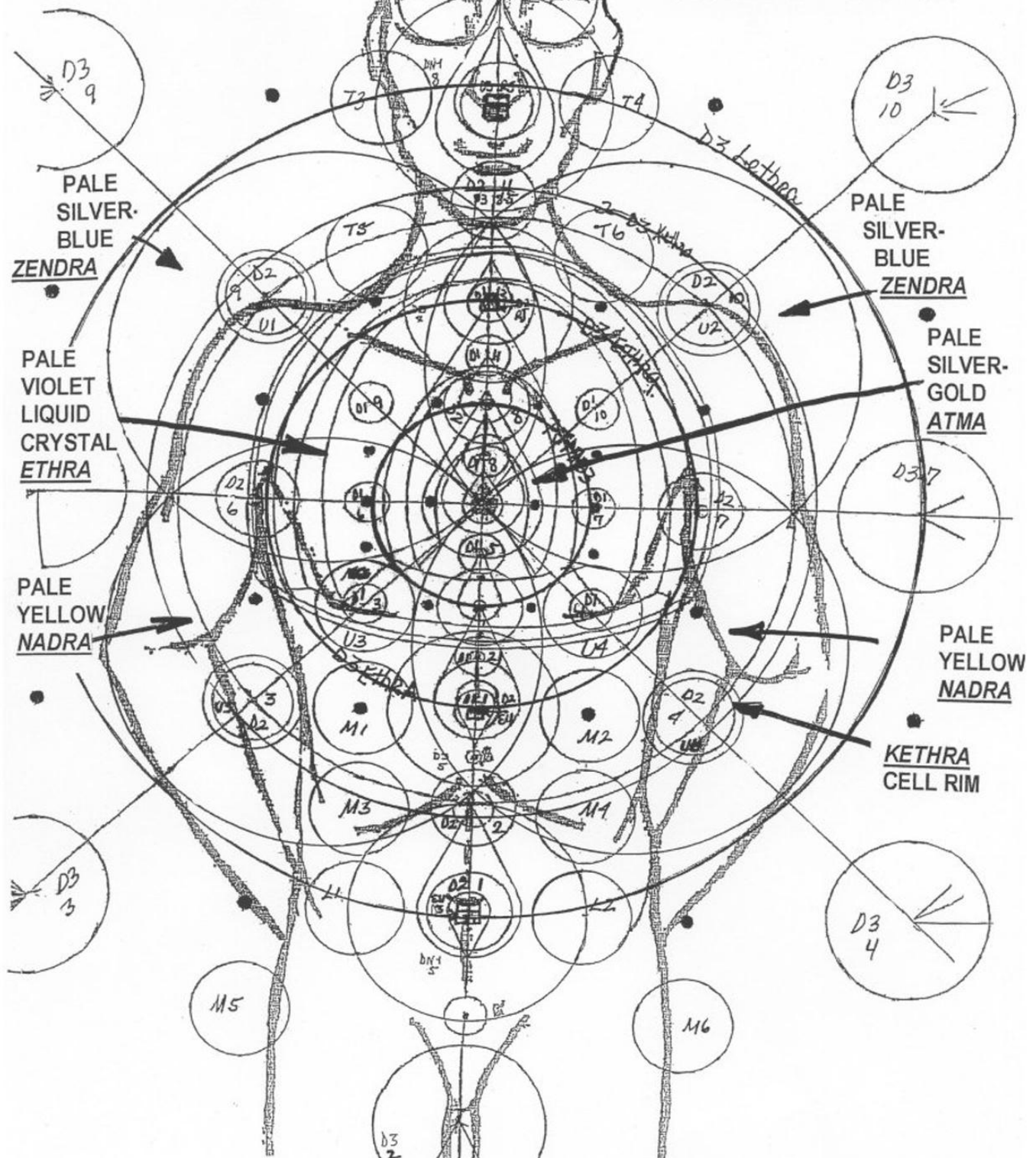


# Voyager "Trinity-Time-Wave" Codes for use with Phoenix 2005 Technique 4B



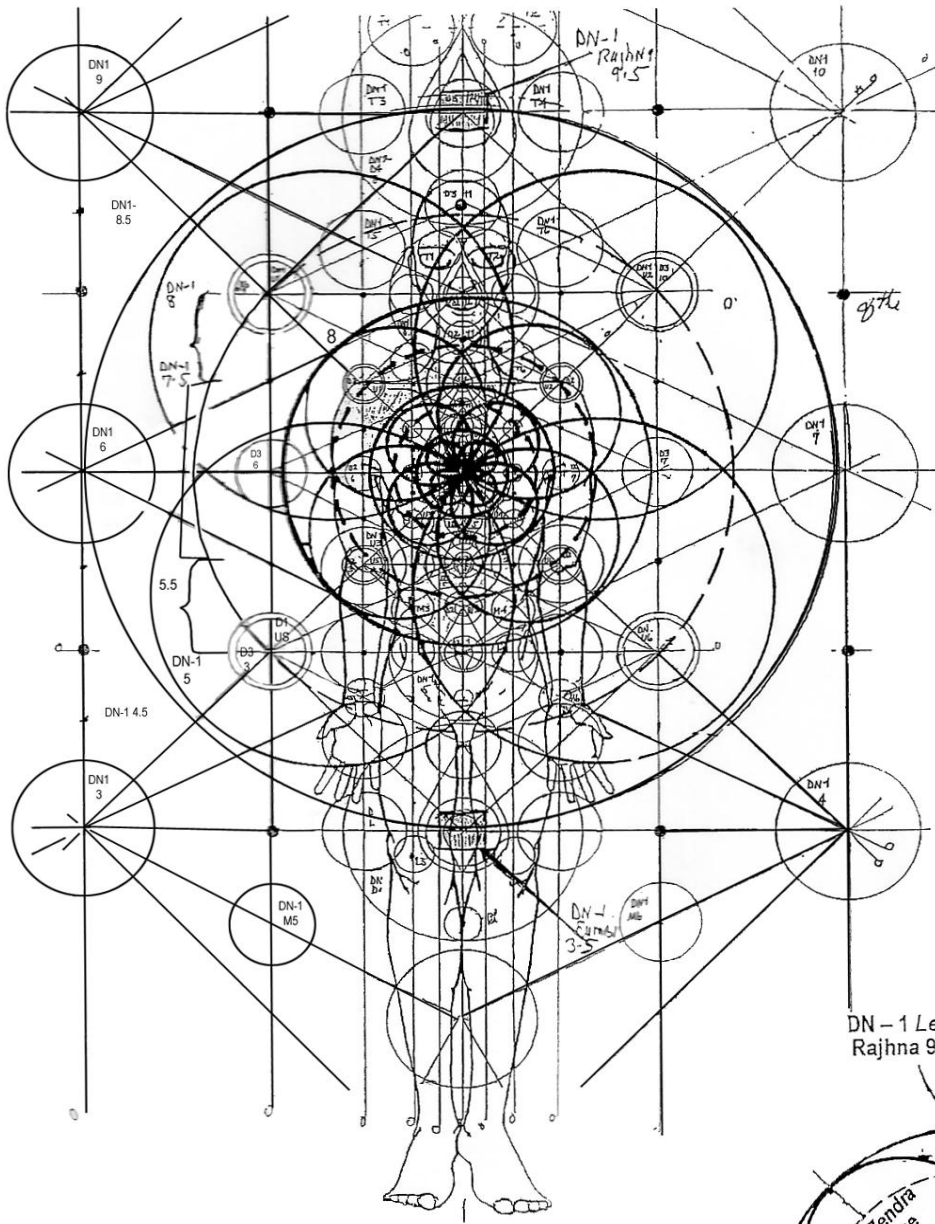
# THE "EIRAD" 8-CELL EIRADON CLUSTER

(Ref: Phoenix '05, Tech' 1)



# EIRADON LIQUID LIGHT CELLS – OPENING THE EIRADANIS GATES OF THE “CORE – CAVE OF CREATION”

Embedded Hydrogelazic “Liquid-Gel Light” Cells of the Eirad  
(Also ref. Phoenix '05, Tech' 1)



Density – 1  
and  
Dimensions  
3–2–1  
Eirads Shown

STRUCTURES OF A SINGULAR  
DENSITY – 1  
EIRAD, SHOW

Atma – Crystalline Light Cell  
“Cou – sha – eT – Um – A”  
(at centre)

## The “Eirad” 8-Cell Eiradon Cluster Metallic Liquid Light Heliotalic Base Current

- 1 Pale Emerald Blue-Green: *Kethra* (8.5/4.5)
- 2 Pale Silver-Blue: *Zendra* (upper 2)
- 2 Pale Yellow: *Nadra* (lower 2)
- 1 Pale Violet: *Ethra* (7.5/5.5)
- 1 Pale Metallic Silver-Gold: *Atma* (6.5 AzurA)
- 1 Pale Turquoise-Aquamarine: *Lethra* (9.5/3.5)

