

DAILY PROGRESS REPORT

Topic studied: Session procedure
& experience

Name: Deb Nardozzi

Date: 4/10/83

Positive comment: I feel I'm making progress.

Negative comment: I have to verbalize +
objectify more. The chalk on
the blackboard on tape drives me
crazy as does the noise of the purl type
the jewelry is distracting

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: Make the sewing room
warm

(Signed) Deborah Nardozzi

DAILY PROGRESS REPORT

Topic studied: Introduction To Remote Viewing Technology Name: DA. Nardozzi
Date: 4/4/83

Positive comment: information presented in clear precise fashion. easy to comprehend and to absorb.

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? I always thought that somehow you "Looked" at the target rather than the target set a signal to you so this while not being a misunderstanding is something I have to absorb that seems totally opposite.
Suggestions: Not yet

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Signal Receiving
and Ideogram

Name: SA Nardozzi

Date: 4/5/83

Positive comment: Information is coming in
each lecture that is easy to understand.
It all makes perfect sense, so far
so good.

Negative comment: none

Have any misunderstandings of confusions been left unresolved: _____

If so, what? none

Suggestions: _____

(Signed) Seborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: IDEOGRAMS

Name: Deborah A Nardozzi

Date: 8 April 83

Positive comment: I was able to write the whole
coordinate down at least twice.

Negative comment: I MUST LEARN TO LET GO. I MUST
LEARN TO VERBALIZE. I MUST BE PATIENT.

I MUST NOT FORCE, OR TRY TO FORCE THE
IDEOGRAM, I MUST NOT GET DISCOURAGED. I
MUST HANG IN UNTIL THE CONFUSION WORKS ITSELF
OUT. I MUST LET MY ARM+HAND RESPOND TO THE

Have any misunderstandings of confusions been left unresolved: No SIGNAL.

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

*I got
sea sick
in the
Pacific!*

DAILY PROGRESS REPORT

Topic studied: Ideograms

Name: Deb Mardozzi

Date: _____

Positive comment: It is all starting to
come together now. I must keep
my pen on the paper. This is
not a good medium for objectifying
ideograms. I did a sketch ←

Negative comment: ~~I must stop~~ I have been trying to do
my ideograms. and when I do that
I am wrong. I need to let go more.

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah Mardozzi

DAILY PROGRESS REPORT

Topic studied: ideograms

Name: Deborah Nardozzi

Date: 9 April 83

Positive comment: I did one.

I must learn to ~~focus~~ on my
success rather than on my
failures. → I must let go.

Negative comment: I must let go.

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: BASIC Ideogram Name: Feb Nardozzi
Date: 13 April 83

Positive comment: I did it. It was very
powerful and quick and automatic.
I need to verbalize

Negative comment: (I feel too good for negative thoughts!)
headache, heavy depressed feelings

Have any misunderstandings or confusions been left unresolved: _____

If so, what? heck NO

Suggestions: Lets eat

(Signed) Feb Nardozzi

DAILY PROGRESS REPORT

Topic studied: Stage 1, Phase 1

Name: Deborah A Nardozzi

Date: 13 April

Positive comment: Success! The ideograms do
come autonomously. They are valid.

Negative comment: _____

Have any misunderstandings or confusions been left unresolved: no

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Session Control

Name: Deb Nardozzi

Date: 16 May 83

Positive comment: The lecture on session control was very helpful. It helped to mature the process. The feeling exercises were very appropriate and useful.

Negative comment: feelings were down

Have any misunderstandings or confusions been left unresolved: _____

If so, what? None

Suggestions: regular feeling & motion exercises by persons to get Keep feeling & motion channels open.

(Signed) Deborah A Nardozzi

Can't do - own the system
just do fit cognition
Discussed -
now I understand

DAILY PROGRESS REPORT

Topic studied: Structure

Name: 17 May 83

Date: D. Wardoggi

Positive comment: Surprised that it worked so well with an inclassmancy - I really feel good about the way having good structure nearly guarantees good signal and diagrams.

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A. Wardoggi

DAILY PROGRESS REPORT

Topic studied: Structure

Name: 18 May 83

Date: Abraham

Positive comment: I feel good about work. (Surprised it worked in the morning while I was sick. Glad, but surprised)

Negative comment: _____

Have any misunderstandings or confusions been left unresolved: —

If so, what? _____

Suggestions: _____

(Signed) Abraham

DAILY PROGRESS REPORT

Topic studied: Structure

Name: 19 May 83

Date: D. Nardozzi

Positive comment: I feel really good about my work!

Negative comment: —

Have any misunderstandings of confusions been left unresolved: —

If so, what? —

Suggestions: —

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Structure

Name: Deborah A Nardozzi

Date: 20 May 83

Positive comment: Work is proceeding very well. I made a chart of my progress to date and it was very informative. I could see the progress just as Ingo predicted it would be.

Negative comment: NO

Have any misunderstandings or confusions been left unresolved: NO

If so, what? NONE

Suggestions: NONE

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 1

Name: Deb Nardozzi

Date: 23 May 83

Positive comment: Stage 2 Phase 1 is complete.
I have learned good session and
structure control. I have learned the
hallmarks of a good/professional
coordinate remote review.

Negative comment: _____

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deb Nardozzi

DAILY PROGRESS REPORT

Topic studied: Multiple Ideograms Name: Deborah A Nardozzi
Date: 20 June 1983

Positive comment: It is exciting to move on to
more complex work.

Negative comment: _____

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Multiple Ideogram

Name: Deborah A Nardozzi

Date: 21 June 1983

Positive comment: I really feel good about multiple ideogram sites. I feel much more involved with the sites.

I think yesterday I had an aesthetic impact. Though I didn't realize it at the time - when I saw the site though my feeling of the beauty of it was the same feeling I felt when I was working the site

Negative comment: I need to stop storing data for further analysis and verbalize more. I'm seem to be wrapped up in how good it feels and will have to discipline myself more - tomorrow

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

Now I know what it feels like I will be able to recognize when it happens again and will be sure to verbalize it, and objectify it so that I can fully stage two's out.

DAILY PROGRESS REPORT

Topic studied:

Multiple Ideograms

Name:

Leborah A. Nadiggi

Date:

22 June

Positive comment:

I feel really good about the
set today. The ideogram seems to stay
with me longer. - Enough that
I almost feel like I am sketching
rather than doing an ideogram

Negative comment:

Have any misunderstandings of confusions been left unresolved:

If so, what?

Suggestions:

(Signed) Leborah A. Nadiggi

'Almost like drawing something you've
only seen for an instant.'

DAILY PROGRESS REPORT

Topic studied: Multiple Ideogram Name: Deborah A Nardozzi
Date: 23 June 83

Positive comment: I really felt great about the last ideogram. I had a water building interface and was absolutely positive that there was nothing (no land) between the building + water

~~the~~ excited at the strong positiveness of it that I tried to analysis - I had to know - had to figure out how this interface came to be or was.

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

1. 3m 4 (A)^c 5 (A)^c AOL-HILL 6 (A)^c 7 (A)^c B^s mt
2. 1 (m) 2 (A)^c (B)^s mt.
3. about-screwed up coordinates mt
4. 1 (m) (A) (B)^c 2. (AB)^c AOL brown crundy 3 (m) (A)^c 4 (A)^c 5 (AB) AOL mesa 6 (AB)^c mountain
5. 1 (m) 2 (A^c B^s)^{near} 3 (A^c B^s)^{near} 4 (A)^c near 5 (A^c B^s)^{near} AOL - standing down looking up Los Angeles
6. 1 (A^c B^s) 2 (m) 3. (A)^c near AOL Road 4 AOL break 5 (m) 6 (A)^c - (A^c B^s)^{near} 7 (A)^c 8 (m) 9 (m) 10 (A)^c AOL smoke, 11 (A), 12 (A^c B^s)^c 13 (m) 14 (m) 15 (A)^c (B)^s mt.
7. Mt Cook New Zealand - 1 (A)^c 2 (A)^c 3 (m) 4 (A^c B^s) 5 (A)^c 6 (A)^c B^s mt.
8. Break (Time wrong 1, Break coordinates wrong 2. (A)^c B^s P. H. S. Burg
9. Lake Tahoe (A^c B^s)^N A^c B^s
10. Gulf Alaska - 1 (m) 2 (m) 3 (m) 4 (m) 5 (m) 6 (A^c B^s) 7 (m) 8 (A)^c 9 (A^c B^s) - AOL 10 CONF BR 11 (A^c B^s) 12 (m) 13 CONF BR 14 (A)^c 15 (m) 16 (A)^c 17 (m) 18 (m) 19 CONF 20 A^c B^s
11. Pacific Ocean 1 (A)^c B^s seaside
12. Guatemala 1. (A)^c 2. (A)^c 3 (m) 4. AOL not solid 5. (A)^c B^s AOL not stable 6. A^c B^s
13. Shuckson mt. 1. (A)^c 2 (m) 3 (A)^c 4 (A)^c 5 (A)^c near 6 (A^c B^s) 7 A^c B^s
14. Fore Mt. Nev. 1. (m) 2 (m) 3. (A)^c 4 (m) 5 (A^c B^s) 6 (m) 7 (A)^c 8 A^c 9 (m) 10 A^c 11 (A)^c 12 (A)^c 13 (A)^c AOL mountain. AOL falling. Building
15. Damascus. 1 A^c B^s 2 (A)^c AOL 3 (A)^c 4 (m) 5 (A)^c B^s
16. Mt Raney Alaska ^{Brooks} 1. (A)^c B^s 2 (m) 3 (A)^c B^s AOL mountain (Sketch)
17. Gull de Leon 1. A^c B^s A^c B^s A^c B^s
18. Atlantic 1 (B) 2 (B) 3-7 (B) 8. (A)^c B^s
19. Indian Ocean 1 (A)^c 2, 3, (B) 4 A^c - 5 B^s
20. OHAVIAGIAI ^{nanymt.} 1, 2 (m) 3 A^c B^s 4. (m) 5 CONF B 6. A^c B^s 7 m 8 A^c B^s
21. 11 April Edinburgh Scotland 1 (m) 2 A^c B^s
22. Mt. Olypus Was. 1. A^c B^s
23. Lake Tahoe California 1 (m) 2. (m) 3. (A)^c B^s

25. Bay of Bizany 1 AC
BS

26. Arabian Sea 1. AC
B Poland 2 AC
BS

27. Big Bend National Park Texas
1 (M) 2 (2) AOL Lots streets 3. AOL
roaming water 4 (A) (B) 5 (A) 6 A 7 AC
BS

28. mt Stansley 1. AC
BS

29. Oakland Cal 1-2 (M) 3 (A) 4 A/B near 4 A 5 AC
BS

↑ 1st trip

↓ 2nd trip.

30. Ocean 1. (M) 2. AC
BS 3. CB 4. CB 5. AOL S

31. Ocean
32. Darmich w. Berm AC
BS

33. Lake Tahoe 1. AOL 2 AC
BS

34. Edinburgh Scotland 1. A 2. (M) 3. AC
BS

35. Asoira Volcano, Chile 1. (M) 2. AC
BS

36. Luburnvashi
2. aire 1. (M) 2. AOL
BS

37. Lake Titicaca 1. AC 2. AC
BS

Progress Chart

1. 7/4/83

Dasherbrum MT
Kashmir
35° 46' N
76° 38' E

1. (m) 2. (m) 3. (m) 4. ad^(up) 5. a^c (up) 6. A up solid^c 7. B. mount^c
ADL Hill

2. 7/4/83

Gulf Mexico
28° 10' N
94° 50' W

1. (m) 2. a fluid stoppy^c
b. water^s

3. Goodwin Mt.

B. Colorado
51° 10' N
110° 29' W

1. about (miss wrote coordinate)

4. 7/4/83

Ma Herhorn
5° 59' N
7° 39' E

1. (m) a up slowly
b solid
2. A up flat
B solid
ADL brown Crunchy
3. a up slowly
b. solid
4. a up slowly
fairly smooth
5. A. up over
B. land
ADL like mesa
6. A up slowly solid
B. mountain
ADL South Dakota high

7/4/83

5. Los Angeles

34° N
118° 15' W

1. (m) 2. A high up with steep drop
B. mountain (N)
A. wavy
B. not solid ADL
2. A up high steep
B. mountain
3. high steep
cont break
4. high slowly
mountain^N
A wavy
water
ADL Standing down
Looking up
ADL Down Looking up
5. A. up slowly dip
B on mountain
A dip gravelly
B. loose rock
A wavy
B water
6. A Bump
B hills
7. A up steep grey or silver
man made
ADL
B. Building

8/4/83
6. Mt Hood
Oregon
45°24'N
121°41'W

1. conf Break 2. (m) 3. A going B. AOL Road CFB 4. A not solid AOL Waterfall 5. (m)

6. a angular B A fluid splashy B. water 7. A raising fairly smooth 8 (m) 9 (m)

10. A up up up B. saw AOL smoke 11. wavy B - 12. A solid B A solid B 13 (m) 14 (m)

15. A up and down B. mountain

7. 8/4/83
Mt Cook
New Zealand
43°47'S
170°4'E

1. down^c B AOL - 2. down^a B. 3. (m) 4. conf Break 5. A down across (/)
up solid mountains

8. 8/4/83
Pittsburg
40°26'N
80°W

Break 1. Break 2. A angular B. Buildings N

9. 8/4/83
Lake Tahoe
39°5'N
120°W

1. wavy^c up B water C's A solid hard B land

10. 8/4/83
Gulf of Alaska
57° 25' N
145° 20' W

- 1. (m) 2. Break 3. Break 4. (m) 5. (m) 6. a angular b. building
- 8. A. up then flat B. 9. A. up solid B. mountain 10. conf B. 11. a angular b. building
- 12. (m) drill W W W 13. conf 14. A up fast B 15. (m) 16 up fast c 100% c
- 17. (m) 18. (m) 19. conf br. 20. A up fast B. water

11. 9/4/83
Pacific ocean
22° 1' S
72° 15' W

- 1. a wavy a b. water c

12. 9/4/83
Guatemala
Guatemala
14° 38' N
90° 22' W

- 1. Break 2. up and over break 3. break 4. AOL not solid 5. A. straight AOL not solid like jelo
- 6. A up straight B. Building

9/4/83
13. Shuksan mt
48° 50' N
121° 36' W

- 1. (m) 2. Break 3. A up sharp PC B down 4. A up straight B. 5. A up loop down B. water NS
- 6. A up solid c B. building 7. A up solid c B. mountain

14. 9/4/83
South Atlantic
10° 12' S
10° 42' W

- 1. Break 2. (m) about

15. 11 April 83
Zone near Nevada
38° 11' N
117° 30' W

- 1. (m) 2. A up over c B 3. (m) 4. conf Br. 5. (m) 6. A up c
- 7. up over up stop down up wavy 8. (m) 9. A up stop down up
- 10. Break 11. down straight halting. 12. a up real change direction

11/4/83

16. Damascus
Syria
33°30'N
36°19'E

- 1. A. up high over across
B. mountain
- 2. A. up high across fast
AOL.
- 3. up high, curved land
- 4. @
- 5. A. up high on manmade
B. Building

17. 11/4/83
Brooks Range
Alaska
68°30'N
159°W

- 1. A. up fast loose
B.
- 2. @
- 3. up angular AOL mountain.

18. 11/4/83
Dulc de Leon
43°1'N
4°20'E

- 1. A. solid up hard
B.
- A. up high over down
B.
- A. fast-down out
B. water

19. 11/4/83
45°20'N
30°50'W
Atlantic

- 1. Break
- 2. AOL Break
- 3. @
- 4. @
- 5. miss
- 6. @
- 7. @
- 8. A. loopy down
B. water

20. 11/4/83
5°22'N
55°36'E
Indian Ocean

- 1. a. up down solid Break
- 2. @
- 3. @
- 4. a. up wavy high mountain
- 5. A. Bobby
B. water

21. 11/4/83

Oraniagri
Range mts

28° 39' N

83° 28' E

1. @ 2. @ 3. away
Con Br 4. @ 5. AOL 6. up and
down
wavy

7. @ 8. A. up down back and
forth solid
B. mountain

22. 11/4/83
Edinburgh
Scotland

1. @ 2. a. up down
manmade.
b. buildings

23. 12/4/83
Mt. Olympus
Wash State.

47° 49' N

123° 42' W

12/4/83

24. Lahore
Pakistan

31° 34' N

74° 22' E

1. a. up peak down
up fast
solid
B. mountain

1. @ 2. @ 3. A. up high straight
B. manmade Building
A. greatly sloping
B. mountain

25. 12/4/83
Bay of Biscay

1. A. up loopy peak down
B. water

26. 12/4/83
Arbrian Sea
19° 42' N
70° 31' E

1. A. up over down and out
AOL land 2. A. choppy
B. water

27. 12/4/83
Big Bend National
Park
Texas
29° 15' N
103° 14' W

1. (m)
AOL lots of streets
2. AOL
roaring
water
3. A. up angle
and down
high
man made
B. Building
4. up and down
up and down
B.
5. a down face
6. up and down
going higher
AOL. going up and down
too fast to be
man made but is
solid
mountain

28. 12/4/83
Mt Stanley Uganda
2 air
0° 23' N
29° 54' E

1. A up peak
down
B mountain

29. 12/4/83
Oakland Ca
37° 50' N
122° 15' W

1. Break 2. Break 3. a up peak down
B
4. up peak down very loose
A. sloshy
B. Water N
5. A. up straight angular down
6. ~~B~~ a up straight angular man made
B. Buildings

30. 16/5/83 (Excellent)
South Atlantic
10° 12' S
10° 12' W

1. (m)
2. A. up down c
AOL
B. water not solid

31. 17 May 83
Ocean
14° 21' S
10° 1' E

1. @
 2. @
 3. CB
 4. CB
 5. down around
up and across
straight solid
- AO L slushy frothy waves

32. 18/5/83
Darmisch
W. Germany
47° 30' N
11° 5' E

- (excellent)
incl sich
1. A loose high
 2. A high round
B. mountain c

33. 18/5/83
Lake Tahoe
Cal/Nevada
39° 5' N
120° W

- (excellent)
1. a. up wavy
b. AO L Break not sea rich
 2. A. up wavy both
B. water

34. 20 May 83
Edinburgh, Scotland
55° 57' N
3° 13' W

- (excellent)
1. A up fast
 2. @
 3. A. angular
manmade
B. Buildings

35. 20 May 83
Osorno Volcano
Chile

41° 6' S
72° 28' W

- (excellent)
1. @
 2. a. up peak
angle
b. peak mountains

36. Subumbaski, Zaire (excellent)

11° 41' S

27 29' E

1. @ 2. A up, peak

conf B Peak or angle
Building

B. Building

37. 23/5/83

Lake Titicaca

16° 1' S Bolivia

69° 14' W

(excellent)

1. a up angle across

B.

2. A up over down fast

B: water S

DAILY PROGRESS REPORT

Topic studied: Multiple Ideogram Name: Deborah A Nardozzi
Date: 24 June 83

Positive comment: I'm getting lots of signal that I need to get in structure. You must have B's to get stage 2's. If you don't get A's call for coordinates & try again. If an ideogram starts ~~to go into a self correct~~ check for negative space. Especially if your first one has correct feedback.

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 2

Name: Deb N

Date: 22 Aug 83

Positive comment: It still works!

Negative comment: You forget things in 2 months -
like viewer techniques -

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Sebrala Mardoff

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 2

Name: Sub N

Date: 23 Aug 83

Positive comment: Did 2 excellent sites -
~~It~~ exciting to see an multi program
break out into 3 AB's. One in morning,
one in afternoon.

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Leborah D Nardozzi

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 2

Name: Deb N

Date: 24 Aug 83

Positive comment: Did 4 excellent sites one
after another this morning

Did one difficult (but very
interesting) site in the afternoon
water-land-water interface with land being a
mountain.

Negative comment: _____

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A. Stodolzi

DAILY PROGRESS REPORT

Topic studied:

Stage 1 Phase 2

Name:

Deb N

Date:

25 Aug 83

Positive comment:

I learned it is alright to have
A's without B's that I shouldn't try
to make it harder than it really is and
my ideograms ^{were} beginning to look
like signalling (no pun intended) a need for
ideogram dunks!

Negative comment:

Have any misunderstandings or confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed)

Deborah A Nardozzi

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 2 Name: Deb N
Date: 26 Aug 83

Positive comment: Did two sites - learned ideograms are self correcting and if you're on-line you'll only pull in the major gestalt + like ladd to get shores you need to do a move exercise - to do movement you must get onto stage 3.

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah A. Nauduzzi

DAILY PROGRESS REPORT

Topic studied: 29 Aug

Name: Deb N

Date: 29 August

Positive comment: I stayed in Structure
throughout my Stress test
(Thank Goodness!)

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah Sandys

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase 1

Name: Deb N

Date: 30 Aug 83

Positive comment: I did a site - with noiselines running

Did several drills of
read multiple composite +
double ideograms.

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah Spaduzzi

DAILY PROGRESS REPORT

Topic studied: Stage 1 Phase II Name: Deb N
Date: 7 Sept 83

Positive comment: I got my first gorge on
the long long long road to Stage 2

Negative comment: _____

Have any misunderstandings of confusions been left unresolved: _____

If so, what? _____

Suggestions: _____

(Signed) Deborah Narduzzi