

psi

PROLOGUE

It is part of our human nature to have within us many psychic centers.

The opening of any of these centers, especially the major ones, is an affair that is experienced in many ways. The opening of a minor center can be experienced as merely "heart warming." If a major psychic center suddenly opens up, the experience is almost always called "fabulous" and the ecstasy that accompanies it is considerable.

Our physical bodies have certain psychic centers of their own that respond to different hormonal triggers and become naturally active at various periods during the physical life cycle -- providing they are not blocked or traumatized somewhere along the way. These physical psychic centers are commonly called "instincts," but this is a misnomer for them.

In addition to the body's own psychic centers, the being that reincarnates into the physical body brings with it its own psychic centers. To what degree the reincarnating being

interfaces its own psychic centers with those of the physical body is a matter of some complexity.

The elements of this interfacing are discussed throughout this book. But, generally speaking, the interfacing depends upon three major factors:

1. The overall psychic condition of the reincarnating entity when it joins the genetic body;
2. The psychic potential of the genetic lines to which the physical body belongs;
3. The environment into which the being/body is being born.

Of these three, the last is perhaps the most important because environmental factors can either support or lay waste to the psychic potentials of both the physical body and the reincarnating entity. Our present Western scientific culture has little knowledge about how these psychic systems should be supported -- or even that they exist and should be supported. And so, for the most part, they are partially -- but never wholly -- destroyed in many of us.

Yet our psychic systems are very powerful and woe be it to those who seek to interfere too long and too hard in the psychic needs and values of the being/body integration. If these needs and values are not acknowledged and provided for, a psychic rebellion will ultimately follow. The pent-up psychic energy simply reaches critical mass and explodes. Psychic rebellion takes many forms -- anything from a child rebelling against the

environment its parents, peers and social leaders are providing up to and including awesome upheavals within an entire social fabric which has failed to uphold the psychic needs of the people within it.

Whether belonging to the body or the reincarnating entity, our psychic equipment is "designed" to connect us to everything our physical senses cannot perceive by themselves. Our physical bodies have excellent sensing systems -- sight, hearing, taste, touch and smell (commonly called the five senses). But, as everyone knows, one needs more than these five senses even just to walk down the street to say nothing of getting along in life as a whole.

Our psychic equipment is actually very extensive. Most of us are somewhat familiar with intuition, telepathy and clairvoyance and we call these "psychic abilities." But actually they are just hasty names by which parapsychologists seek to identify certain psychic realms they have selected for in-depth study. These terms mean nothing in themselves and explain even less. There are many, many forms of psychic perceptions beyond these familiar three terms.

For example, the genetic body has natural and very excellent psychic senses if these are not blocked by other circumstances. It can very rapidly and accurately interpret the "vibes" of people and it can "select" an ideal mate and "force" one to go that mate no matter how great the distances or the circumstances

involved. The reincarnating entity has even greater powers. But these are often mucked up by past life traumas it cannot shake itself out of.

At any rate, I think we can already see that the physical body has its own forms of telepathy and that the reincarnating entity has its own also, and so forth. When we speak of even the familiar ESP attributes -- telepathy, clairvoyance and intuition -- we should begin to acknowledge the existence of two sets of them: those that belong to the physical body and those that belong to the reincarnating entity.

When a psychic center does open (whether of the body or the reincarnating entity) it opens onto some aspect of an enormous, truly complex, psychic realm by which and in which we are all interconnected at the psychic levels -- a realm in which true power resides, a realm that is majestic and wonderfully awesome. Here in this vast realm we leave behind our sole dependence upon the "normal" five physical senses and those peculiar forms of intellect that are formulated only upon them.

In this book this enormous realm is called The Emerald Kingdom for traditional and symbolical reasons that will become clear as this book proceeds. The crystalline color of emerald green is an age-old psychic-activating symbol for healing, growth and renewal, these being three themes of great psychic importance.

This is not a speculative book. There is nothing in it that cannot to some degree be verified by personally acquired psychic experience -- if one allows one's own psychic centers to start activating or reactivating. In a certain sense, the opening of psychic centers is closely akin to non-competitive performance art or performance sports that, for example, involve the actor, the musician, the comic, the pole vaulter, the discus thrower, the high-wire trapeze artist, all creators and inventors, among many other instances of self-development. It is true that "competition" can be made of these, but essentially the performer is in charge of what is happening for as long as it is happening. What is most important are the internal events that come together in the performer during the performance to make it possible in the first place.

Psychic experiences are much like this. They are caused by many internal events coming together that culminate in an "experience" which in turn opens up those psychic centers that are appropriate to it. These internal events need to be psychic-activating, of course, and if the right psychic-activating factors are present, psychic centers will open up.

Everything in this book is designed to provide the rudiments of psychic-activating experiences for each of those things talked about. You will feel some of your psychic centers starting to stir. But the overall performance is up to you.

There are, of course, many people in our present modern scientific culture who don't believe psychic abilities or the psychic realms exist. In large part this is a matter of education, or rather a lack of it, which stems from the proliferation of Western belief systems that contain intense anti-psychic elements.

But I've also found that people who like to tell others what to think and how to think it are also almost always people who are anti-psychic. The two traits seem to go hand in hand. Far from being merely only disbelievers, they are also foes of the inherent, natural and valuable human psychic nature that belongs to everyone: after all, from their point of view, it would hardly do to have peoples' psychic centers opening up all over the place. This would wreak havoc with the anti-psychic persons' self-appointed monopolies on what to think and how to think it.

All this is boils down to what you believe your mind belongs to or is committed to. If you believe it belongs to something or someone else other than yourself, and if these elses are carrying within them anti-psychic elements, then your psychic processes and centers probably have suffered a certain amount of destruction as a result of forcing your mind to identify with the anti-psychic elements contained in them. But, even so, you still are carrying your psychic centers and their unrealized potentials within you.

As to whom or what we do belong. We belong to Life. And in this regard the psychically-inspired Master poet, Kahlil Gibran, in his great masterpiece, The Prophet, brought together a few words to create what is certainly one of greatest visionary testaments of all time.

Your children are not your children.

They are the sons and daughters of Life's longing for itself.

They come through you but not from you,

And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,

For they have their own thoughts.

You may house their bodies but not their souls,

For their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams.

You may strive to be like them, but seek not to make them like you.

For life goes not backward nor tarries with yesterday.*]

* Gibran, Kahlil, The Prophet, a Borzoi Book, Alfred A. Knopf, Inc., New York, the one hundred and fourteenth printing, 1985. The Prophet was first published in 1923 and has been translated into more than twenty languages. The American edition alone has sold more than four million copies.