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| <b>360 DEGREE SCALE: BODY PARTS and 10 VIRTUES Listed</b> |
| <b>342° -18° PINEAL/WILL POWER</b>                        |
| <b>18° - 54° PITUITARY/WISDOM/IMPERSONAL LOVE</b>         |
| <b>54° - 90° HEART/HARMONY</b>                            |
| <b>90° - 126° SOLAR PLEXUS/INTUITION</b>                  |
| <b>126° - 162° SPLEEN/DESIRE</b>                          |
| <b>162° - 198° SKIN/STABILITY</b>                         |
| <b>198° - 234° SEX ORGANS/CREATIVITY</b>                  |
| <b>234° - 270° KIDNEYS/ABILITY TO REASON</b>              |
| <b>270° - 306° LIVER/SCIENCE/TECHNOLOGY</b>               |
| <b>306° - 342° CHEST/ACTIVE INTELLIGENCE</b>              |

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#### LEO (FIRE TRIALS) July 23 – August 22

1 BASE: Use power and will for higher good,  
 2 PELVIC: Overcome laziness; Fulfill fatherly creative function,  
 3 SOLAR PLEXUS: Gain flexibility; Develop humility; Use vitality for Higher Self, 4 HEART: Develop kindness; Overcome intolerance; Learn holy leadership, 5 THROAT: Illuminate; Ability to express; Overcome demanding tendencies,  
 6 BROW: Positive thoughts,  
 7 CROWN: Power and purity; Overcome self-centered thoughts,

#### VIRGO (EARTH TRIALS) August 23 – September 22

1 BASE: Matter mixed with holiness,  
 2 PELVIC: Overcome stinginess; Divine seed received; Overcome self-centeredness,  
 3 SOLAR PLEXUS: Gain tolerance/awareness of others' feelings, Develop intuition; Overcome aloofness; 4 HEART: Overcome skeptical attitude; Learn desire to help fellow man,  
 5 THROAT: Temper speech by holiness,  
 6 BROW: Overcome criticism; Holy thoughts received; Overcome finicky attitudes, 7 CROWN: Human soul purified

#### LIBRA (AIR TRIALS) September 23 – October 22

1 BASE: Overcome dependency; Overcome self-indulgence; Discard that which is useless, 2 PELVIC: Overcome laziness; Receive and give gentle love,  
 3 SOLAR PLEXUS: Learn sympathy, 4 HEART: Learn justice, 5 THROAT: Learn sincerity; Use harmony to persuade others,  
 6 BROW: Learn decisiveness; Harmonious loving thoughts,  
 7 CROWN: Spirit overcoming matter through love and harmony

#### SCORPIO (WATER TRIALS) October 22 – November 22

1 BASE: Gain ability to regenerate and rebuild,  
 2 PELVIC: Control coercive or destructive tendencies; Overcome possessiveness, 3 SOLAR PLEXUS: Learn forgiveness; Learn to use warring tendencies for Higher Self; Overcome stubbornness; Overcome resentment,  
 4 HEART: Learn cooperation and loyalty; Overcome vindictiveness, 5 THROAT: Overcome sarcastic speech; Overcome frustration; Overcome expression difficulties,  
 6 BROW: Harmonize mental battles,  
 7 CROWN: Transform lower self to highest aspect,

#### SAGITTARIUS (FIRE TRIALS) November 23 – December 22

1 BASE: Overcome self-indulgent extravagance,  
 2 PELVIC: Maintain fidelity; Develop restraint; Maintain stable relationships; Push energies above animal nature,  
 3 SOLAR PLEXUS: Overcome dictatorial tendencies; Loyalties to that which is worthy,  
 4 HEART: Charity to all; Gain responsibility; Devotion to Higher Self, THROAT: Gain tact; Teach higher knowledge; Inspirational speech to help mankind,  
 6 BROW: Study higher truth; Overcome boastfulness; Overcome quarrelsome tendencies, 7 CROWN: Personality no longer ruling higher mind; Personality submits to Higher Self

#### CAPRICORN (EARTH TRIALS) December 22 – January 20

1 BASE: Learn generosity; Release power to Higher Self,  
 2 PELVIC: Learn order; Learn sociability; Fulfill duties to others, 3 SOLAR PLEXUS: Overcome arrogance; Overcome depression, pessimism; Overcome retaliation tendencies,  
 4 HEART: Overcome suspicion; Universal love (not self-love),  
 5 THROAT: Overcome intolerant speech; Control argumentative critical speech,  
 6 BROW: Learn to concentrate without mental arguments over details; Overcome stubbornness; Overcome worrisome tendencies; Overcome judgmental attitudes,  
 7 CROWN: Learn efficiency; Persevere despite difficult path toward truth

#### AQUARIUS (AIR TRIALS) January 21 – February 19

1 BASE: Conquer violent, erratic behavior,  
 2 PELVIC: Learn sexual self-control, Overcome sexual promiscuity/perversion, 3 SOLAR PLEXUS: Develop emotional warmth, Gain emotional balance,  
 4 HEART: Overcome detachment, Use energies to help mankind,  
 5 THROAT: Learn correct speech; Develop tact,  
 6 BROW: Learn Intuition vs. lower psychism,  
 7 CROWN: Overcome rebellion to Higher Self,

#### PISCES (WATER TRIALS) February 20 – March 20

1 BASE: Move to act; Overcome passivity,  
 2 PELVIC: Learn perseverance; Overcome vulnerability; Open to higher creativity, 3 SOLAR PLEXUS: Overcome self-pity; Control sensitivity to others' feelings and thoughts,  
 4 HEART: Use compassion and self-sacrifice for that which is worthy, 5 THROAT: Idealistic controlled speech,  
 6 BROW: Understand others; Idealistic thought; Learn decisiveness, 7 CROWN: Blend with Higher Self

#### ARIES (FIRE TRIALS) March 21 – April 20

1 BASE: Use energy and aggression for that which is holy,  
 2 PELVIC: Use vitality for higher creativity,  
 3 SOLAR PLEXUS: Learn patience; Control impulsivity; Control rebellion; Control fiery emotion,  
 4 HEART: Overcome selfishness; Devotion to that which is worthy, 5 THROAT: Control of hasty speech,  
 6 BROW: Overcome narrow minded attitude,  
 7 CROWN: Use will and aggression for soul's path

#### TAURUS (EARTH TRIALS) April 20 – May 21

1 BASE: Overcome laziness; Use will and strength for that which is worthy, 2 PELVIC: Overcome extravagance; Transform lower rooted feeling to connection with Higher Self,  
 3 SOLAR PLEXUS: Overcome jealousy; Overcome detachment; Love without possession; Learn personal affection,  
 4 HEART: Harmonize relationships,  
 5 THROAT: Express appreciation,  
 6 BROW: Thoughts harmonize lower and higher aspects, Ability to change mind; Overcome stubbornness;  
 7 CROWN: Holiness in flesh

#### GEMINI (AIR TRIALS) May 21 – June 20

1 BASE: Survival through adaptability,  
 2 PELVIC: Control restlessness; Learn stability of relationships,  
 3 SOLAR PLEXUS: Learn patience; Control erratic intuition; Control erratic emotionalism, 4 HEART: Discern good from evil,  
 5 THROAT: Use communications skills wisely; Overcome slanderous speech, 6 BROW: Use acquired knowledge for good, Control mind and energy; Overcome contradictions;  
 7 CROWN: Learn consistency; Balance love and wisdom

#### CANCER (WATER TRIALS) June 21 – July 22

1 BASE: Look within for strength,  
 2 PELVIC: Overcome possessiveness; Overcome hermit or slovenly tendencies, 3 SOLAR PLEXUS: Overcome moodiness; Learn emotional control; Overcome hurt feelings, sensitivity,  
 4 HEART: Overcome martyrdom; Motherly concern for others,  
 5 THROAT: Overcome argumentativeness; Cautious speech when emotionally upset,  
 6 BROW: Develop ability to contemplate and analyze truth,  
 7 CROWN: Discernment of what is holy vs. personality