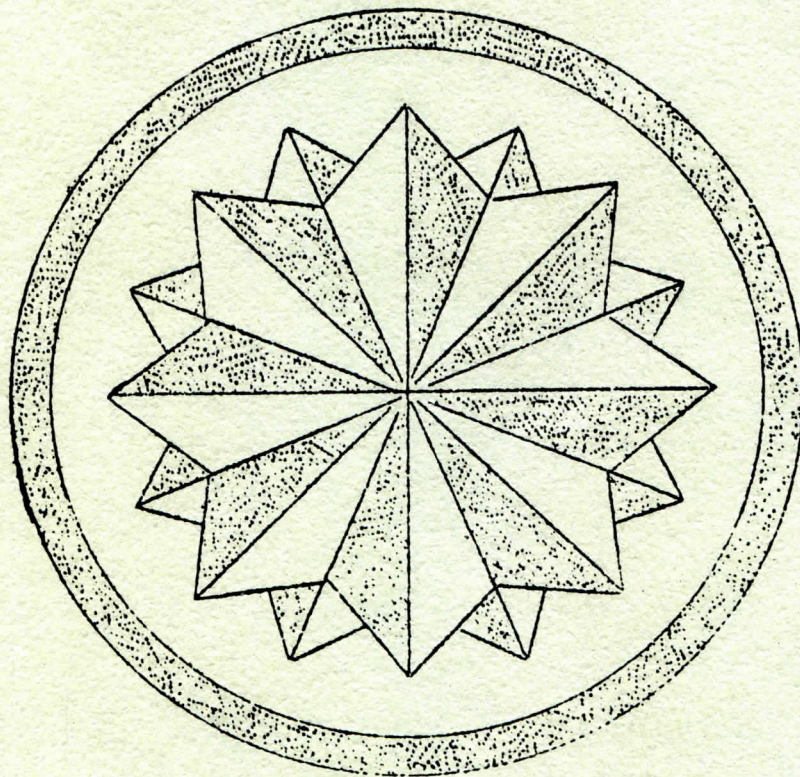


SEANCE MEMORANDA from the

Inner Circle

BSRA No. 8-E, Nos. 9 & 10 of the First
Series of Seances, Starting June 6,
1948 and continuing thru Oct. 17, 1948.



through Mark Probert, medium

A Publication of:

BORDERLAND SCIENCES RESEARCH FOUNDATION
PO Box 548, Vista, California 92083
USA

SEANCE MORANDA from the

INNER CIRCLE

through Mark Probert, medium

PART 9

June 6, 1948 -- Aug 22, 1948

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* * *

INTRODUCTION TO 1949 EDITION BY MEADE LAYNE, FORMER DIRECTOR, BSRA:

These booklets contain reports of trance mediumship only. They are not "message circles" or religious gatherings, but are concerned with factual data relative to life on the astral levels, and with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only, and not in the interest of any religion, cult or organization.

The medium, Mark Probert, is about 40 years of age, an artist, not commercially employed. He is not a professional medium or psychic, and except for donations at public seances (now given for the first time) has not received any compensation for the three to four years he has devoted to mediumistic work. Previous seance reports have contained the names of sitters and a good deal of unimportant and irrelevant conversation. In order to conserve space and publishing costs, we shall hereafter omit the questions wherever their nature can be easily gathered from the reply, and also many trivial comments of ordinary conversation. Replies of the Controls are often condensed but care has been taken not to distort their meaning. Names of sitters are omitted, and the meetings are understood to be held in San Diego, California unless otherwise specified.

* * *

A publication of

Borderland Sciences Research Associates
Foundation, Inc.
PO Box 548, Vista, Calif.

* * *

Sunday June 6, 1948. Nine persons present

1.

2:34 Lao Tse

"How do you do - I am Lao Tse. New faces this afternoon. I am extremely pleased to meet you. I notice, not only at these gatherings, but in many other places, younger people are beginning to take an interest in this field. This generation of younger people are more desirous of learning whatever truths they can. They are sick and tired of the fallacies and the pretense of former teachings. Now if you have something that you would wish to bring up, I will gladly try to answer."

M.L. Did you hear the topics suggested?

"Yes, doctor, I will attempt to give some answers to your questions. Now I assume that you would like to know or to be able to tell without extensive examination whether or not a person is under obsession - is that true? You take a patient that comes to you -- that you suspect of obsession, and shine lights in his eyes. If the pupil is enlarged and does not reflect or contract to light, you can be fairly sure he is under obsession. Have you heard of this before?"

Dr. C....Not in that connection....

"The obsessing entity has not the ability to work the pupils of the eyes. So if you will experiment with that and make continued notes on it for a period of a month, you will get your own results and find the truth for yourself. You will find almost the same condition in one who has been hypnotized."

M.L. Do not certain drugs also have this effect?

"Yes, there are some kinds of drugs that shrink the pupils to mere pin-points - hashish and heroin. There is also an excessive amount of forgetfulness in an obsessed person, and it is quite a different type of forgetfulness you will find in the person whose mind is busy with many things. It is as though they did not even realize the thing that they had forgotten ever existed. It takes some bringing back to memory what that thing meant to them."

M.L. Is there any other particular diagnostic sign?

"There is also a large amount of concentrated attention -- exaggerated attention -- as though the person were intently listening to something; of course most of this takes place in the advanced state of obsession. All of us that live in the physical body are at one time or another lightly or heavily obsessed; no one stands clear of this. An excellent way to bring it about is rage -- wrath -- in that instant you open the door."

K.T. Is that the explanation of the so called 'temporary insanity' murders -- that people do not seem to remember committing?

"Yes; exactly. Later they come out and say Why? Why? The same thing went on in my time."

M.L. What about the normal association tests? Are results distorted?
"Not always; it depends largely upon who the obsessing entity is. If it is an intelligent person, you will get intelligent answers -- or you will find out that the person obsessing is ignorant, stupid, and even unaware that he is obsessing. If intelligent, he will be aware of the fact that he is obsessing and think that he has a reason for obsessing."

M.L. Does this differ considerably from the normal personality?
"Yes."

Dr. C. Have you anything special to offer in relation to the case at hand today?
"If you will be a little patient with me, I will return. The truth is that on receiving certain stories and thoughts on a particular subject, the personality or the entity, as myself, is not always prepared to answer because they do not know that particular person in question. So I will go and try to find out. Now that the medium has a connecting link, it helps me much better." 2:46 control departs.....

2:55 Professor Luntz.

L.P. If I give you my wife's address, will you look her up?
"I will indeed and I will attempt to talk to the boy clairaudiently and then he can write and send it to you. Some people assume that because I am living in a different state of consciousness than the so-called physical plane, not only I, but all of us who attempt to come back, in various seance rooms and in other ways and places, that we automatically know everything and everybody and where they live."

M.L. About the address....do you need it? Is not there another way to find these people?

"There is, but I always say it is best to take an old and tried method first, and then if the other one needs to be used or has to be relied upon, we have it."

M.L. Do you look for an address?

"No, but you see, direction gives me a more straight line to that person without having to fumble around in the ether to pick up their vibratory rate. In your telepathy, this could be used to a great advantage to know where the person is, at least in what direction, east, west, north, south; in that way, you save throwing around your mental energy in a promiscuous manner."

M.L. In the case of healing by mental contact -- is it better to project a mental image of the body, or not to visualize the external vehicle at all?

"It depends largely on the case; sometimes a good method is to form a good double of the individual, the one who is suffering, or conjure up a good mental image of the person, and making your passes and mental healing contact with the atomic structure of the body."

M.L. Being separated by space - is it better to throw one's own image to the person?

"It would be, if the person is extremely ill, it would be much better to project yourself to them mentally."

M.L. In that case, should one visualize the surroundings and the patient, and himself as standing beside the patient, and make the passes?

"Yes."

L.P. Prof. Luntz, on coming from Los Angeles here today, I tried to contact you in a psychic manner to bring up this matter of which I have asked you today; I wondered if you were aware of it - or is that possible?

"It is not impossible, but in this instance you did not succeed in contacting me, at least I did not feel it. But now that I know that you would like to experiment with something like that, I will know next time. Young lady, have you something that you would like to talk about?"

B.L. Yes - for the last few months, on going to bed, I have a reeling sensation, as if whirling off through space; at first I was terrified, then curious; it has been very strong - can you tell me anything about it?

"There are two points to consider, one a physical one, the other a psychic one. It seems to me that in your physical one, what may be taking place there would be a disturbance of some kind in the blood - possibly a sudden rising of blood pressure?"

B.L. It has been a different feeling than that....

"Yes, I know; or it could come about through a stomach condition; I am merely speaking of the physical points right now, but in the psychic condition or the mental condition, you could be having or experiencing the beginnings of projection."

B.L. Is that dangerous?

"No, it is not dangerous if it is under control, and even though it may not be, do not be frightened of it, because the psychic body is a very peculiar thing; it is extremely sensitive and as it has not been out of the body before, it is extremely shy, and will more likely snap back than it will stay out; in fact, you will have quite a job to keep it out - so do not be afraid, and if you do not like the occurrence or the experience, do not encourage it, but sit up and read and distract your attention in another way until it leaves or until you automatically fall asleep."

Dr. C. Does this happen after exertion?

B.L. It happens when I am perfectly relaxed.....

Dr. C. I am more inclined to believe it is of a psychic nature, Professor....

"I do too, doctor, but there are times that the blood stream -- from my point anyway, has, or can have a sudden change of pressure by thought, but then perhaps the thought is an unhappy one, of discontent, and the patient or person may not move a muscle, but the physical brain starts up an action that affects the entire body and will naturally, affect the blood stream. Do you think that possible?"

Dr. C. Yes. Are you especially emotional?

B.L. I have been very much emotionally disturbed for the past few months.

"An emotional upset can readily start up such an upset, or a poor physical condition. I think now, if you do not mind, I will go."

3:36 Lo Sun Yat.

K.T. We have missed you, Lo Sun Yat - why don't you come around more often?

"Thank you; I, like everyone, love to be missed, but there are many things to do in my world the same as there is in yours and I get back when I can and I always enjoy coming and your American friend Lingford, will be back at the next meeting and talk to you of some interesting things that he has found out, something new, he says. That there is anything new these days is certainly surprising."

L.P. We don't want you to drop you.....

"I will not drop out."

M.L. The first time you came to us it was from a meeting in Tibet....

"Yes, and one is due to take place again soon; they are held twice every five years."

L.P. When you talked to us from the meeting in Tibet, was it similar to our London experiment?

"Yes, only not with a physical body, but a materialized body. To tell the people that are here a thing or two about that; twice in five years, what are known as adepts, or learned men of life, gather in a vast cavern in Tibet, and there they call through chant and prayer, upon the adepts or advanced students that have passed on, and they materialize and join in the meetings. It is highly interesting and extremely helpful to all concerned. At some other time, possibly right after the meeting in Tibet, I will come back here and talk to you on it." Control departs
3:45 P.M.

July 18, 1948. Twelve persons present, discussing euthanasia.

2:18 P.M. Lao Tse

"Good afternoon. I am Lao Tse. I am happy to be here this afternoon and I am going to take some of you up on your conversation. For one thing, I wish to say that it is not a good idea to eliminate the soul from the body because it (the body) seems to be suffering. I think my friend, and guide of the boy was talking a few Sundays ago on just that subject. Now it is a known fact that illness can sometimes cripple the vehicle for years and leave the vehicle in an extremely embarrassing situation where he or she is in everyone's way. Nevertheless, it is up to you who are well and strong to help that party, that person to carry out and finish out their lives as long as they can possibly stay in the body because there is no telling when the mind will suddenly take on a wonderful power and produce something of great

value and leave it to you who stay in the world, so do not think that you would be doing yourself any good by setting that person free - - and on top of all that, you would have a mark against you."

M.L. Natural death should be waited for, even though the victim himself is anxious to be released? Is that what you mean?

"I do; pain is a terribly distressing thing; nevertheless, if that individual can be taught to bear with the pain and have patience with it, he may yet recuperate and do great things."

M.L. Yet we have communicators from your side who have committed suicide, and yet have suffered no ill results....

"That is true; they have relieved themselves. They, then, are responsible for their own karma."

M.L. Is there anything reprehensible in that?

"Not entirely; an individual that finds life too great a problem -- he finds it within himself to eliminate himself from this life, that does not mean that he is going to go through any great suffering in the after-world."

Dr. C. I had two very close friends who were suicides - neither of them seemed to suffer because of it...

"Often the so-called destiny is talked about; so much has been said that one pays for this and pays for that - but let us for a moment think: If a man gets killed in a war - in your present-day dashing around chariots - or a simple death, whereby he lies down and dies - or whether he ends his own life with one means or another - is it not just possible that it is his destiny? that it is the thing for him? that it was already 'in the cards'?"

Mrs. S. Are we, then, mere automatons?

"No, we are not - except by the way we use this up here (indicating the head). Everything we do in life, every thought we think - leads us directly to our end, our fate, our destiny with this physical world. So it depends largely on the mental conditions of the person who goes over, whether or not he will be able - if he has a guilt complex, yes - he will then suffer no end. Sometimes we are in a state of confusion about the ethics or the moral of a thing. But believe me, the only moral principle that you are to have is to be right here, as you think; if you consider a thing wrong, it is wrong; it is deadly wrong, and you will pay for it. But you must find that state of mind. When a man, like in this last war, commits terrible crimes upon his fellow man, and he, himself, then pays with the loss of his life - do you suppose for a moment when he comes over here that he is any more worried or upset, or that he thinks he has done something wrong? He does not; not until he finds it within himself, then his suffering - repentance, begins - then he is burnt as by fire."

M.L. Then the stupid and hardened may escape the fire for a long time?

"For a long, long time; and they who know will suffer considerably more because they know what they do. But then comes the time - and that time will come as sure as this great universe is here in existence that they, too, shall pay - yes; you can not escape; as you sow, so shall you reap. Your own Christian Bible tells you that. And while you see many around you who are enjoying the great luxuries and ease - you say 'how can he get away with that? He must be terribly sinful. But believe me, my friends, no -- he is not getting away with it; the only greatness to life is to be found through the mind - the only freedom, the only happiness. Please to pardon me." 2:30 P.M.

Control: Prof. Luntz. 2:40P.M.

Mrs. S. Homeopaths claim they can cure 85% - of Cancer cases.

"That I do not know, I have not seen it done, and I only believe what I see, but I do know that there are right here in your country, cures for cancer."

Mrs. S. Osteopaths claim they can cure cancer if they get it soon enough, and at least relieve the pain....

"That is very possible; sometime we will find the best way to cure cancer is to keep it from happening; it is unfortunate that, with all your contacts with my world that there is not someone who could give you a definite cure for cancer, but - providing this was done - it is extremely doubtful that the person who brought it forth would have the chance to do anything at all with it; the heads of the medical profession would not stand for it and they would probably throw the medium in jail."

3:30 Control: Arakashi.

"Good afternoon everybody; I am Arakashi. Your conversation is extremely interesting to me, on time. It is like the subject we took up about a week ago - precognition - it is like the things we were talking about that night - a good topic because there is no end to it. You can get any number of ideas and any number of opinions, but I think in the last analysis, the truest of all those opinions depends upon the individual himself, and lies within him. It was also mentioned several weeks ago when you spoke, Dr. L., of an individual who somehow or another projects himself or a part of himself and is seen, and sometimes talked to; and as I have said, the time element there lies in two places at the same time; you may see such a projection, but to the projection, the time is not the same. You may see him for, say, five or ten minutes - it is five or ten minutes of your time. It may be just a fraction of that to him -- to the projected double (which is conscious in its own right), that is right. But that does not necessarily mean that the individual who is doing the projection in what you call subconsciousness is aware of it, because often he is not."

M.L. There are a good many cases on record ...

"You see, the human being is vastly more complicated than any of our schools teach; they do not always reckon with various kinds of time taking place simultaneously."

M.L. Can more than one double be projected at the same time?

"It can, but is not often done; the reason for a subconscious projection taking place is that the individual has worked up a problem in his mind and does not know what to do about it and so sets it aside for a time; then while this individual is going about his daily work, the consciousness suddenly realizes that something can be done about it. This is very liable to cause a sudden and unlooked for projection, such as you spoke of."

M.L. Does this include wishes?

"Yes."

M.L. The wish does not need to be present to normal consciousness?

"No; man is a wondrous being; he has been taught such foolish things and these things have stifled his living."

M.L. If two doubles are projected by the same here-living person, do both doubles originate from the dense body in the same manner, or does the second originate from the first?

"No, the second will also originate from the dense body."

M.L. Then there seems to be no reason why a considerable number of doubles might be projected at the same time?

"There is no particular reason; the reason all lying in the individual himself. The consciousness finds certain things necessary and proceeds to do what is to be done."

M.L. Is there nothing in the psychic consciousness of man to prevent his projection on several planes of consciousness at once?

"That, to me, is right, because consciousness is not something confined; it goes on and on; it is everywhere present - in all space and in all of what you call time - it is aware of all things; the physical body being the block and the liar, the pretender, and the one that puts off until tomorrow."

M.L. We also have instances of bilocation of consciousness as it were, where part of the consciousness will function on the astral, but the part remaining here will be able to transcribe what is happening in the other part of the consciousness - is this different from the projection of the double?

"This -- in this particular case, then, we have the consciousness, instead of acting like, and taking on the aspects of a living individual, it acts as an energy flow running between the two or in states of consciousness."

Dr. C. Would that condition cover impressional writing by an individual?

"O, yes, indeed; that is the very character of impressional writing."

M.L. Also inspirational writing?

"Yes."

M.L. Also genius? Bilocation of genius?

"Here we come! Yes, that is what I tried to point out the other night; it is a matter of sensitivity."

Dr. C. Does writing impart to genius the same thing in a different degree?

Yes; you see, genius is only a matter of being a little more sensitive to the energy flow - cosmic mind - the seeming outsideness of yourself. Disbelief that you can find all within yourself, so you strive to get something from outside, but all the time it is inside. By meditation or intensive concentration, you raise the atomic speed of the brain cells of the mind; this brings you into contact with the wonderful energy."

Dr. C. Is there a division of effort in this impression of this matter? "On this side, one will state definitely that he is going to give impression, to be imparted through writing; that impression must come, not from the individual who is writing, but is imparted by an individual on the other side. There are so many ways to learn - there are so many forces to learn from - that most assuredly you can contact the force of the spirit of a departed one - but you can also eliminate that and contact the Cosmic Mind - which will tell you all you wish to know."

Dr. C. I have some friends who are studying along that line - they believe it best to go to the highest source.....

"It is not always advisable to go directly to the highest if you are not so trained; it is best to take life in degrees and learn that way - to jump ahead unless you are trained for it is liable to involve you in all manner of suppositions and ideas where you reaped your knowledge from. It does not truly matter where you reaped your knowledge from so long as it is wisdom and right. Of course, the only trouble in making a statement like that is that the good doctor is liable to ask me what is 'right!'"

M.L. Is that a rational question?

"Indeed it is a rational question, but to get a rational answer is something else."

M.L. The test is supposed to be whether there is a rational answer.

"A rational answer depends upon who is giving the answer."

Dr. C. Ruskin says, 'Might is Right'.....

"Might is most decidedly not right; that, today, is one of the greatest causes of the physical world's troubles. It is also the cause on our side, too -- human beings do not change -- only through learning do they change."

M.L. Where does the idea of 'right' come from?

"It comes from one man wanting more than his share."

M.L. But moral right -- the idea of right and wrong -- where does it originate? Is it something picked up after the entity begins to function on this plane of experience?

"Truthfully, as I observe it, right, good, is a thing to contend with always, on all planes of consciousness; it is the harmony of life."

M.L. We are born with certain innate ideas such as space, time and causation -- should we add the idea of ought and ought not to those?

"Yes, I would; to the unlearned at large, I would, but not to the learned -- not to the men of wisdom; he needs no such laws to guide him."

M.L. The question is one of fact - the basic origin of moral codes -- whole systems of ethics are involved.

"The basic origin of all things -- including that -- is only one place; it is in the mind -- the man, the individual. There is no over-all thing about it."

M.L. Does the child have the innate sense of ought and ought not?

"No; that is something that he is taught when he comes into the physical world."

M.L. That is really the question I am trying to formulateis there an innate moral sense?

"No; you see -- in nature, there is no moral right or wrong -- there is only growth; and it is with the weed the same as it is with man; we all proceed along harmonious paths, and when we deviate from those paths of harmony, we go down to the fall and take the count."

M.L. So many of us believe, but men have been burned at the stake for such pronouncements."

"It is well to be burned at the stake, then -- far better than to forget that code, forget that law, or to deny it; to deny that law is to deny growth to yourself. Good afternoon." 3:50 P.M.....

#/#

#/#

August 8, 1948. Eleven present.

2:52 (Foreign control). (Foreign language, then English); Well, good afternoon. You're wondering why the boy has been unable to work with us or I should say, we with him. Only a mental adjustment was needed. (Q). No, the trouble was not in the group, only in the boy's mind. He could not arrange his thinking to come up to the level where we could contact.

M.L. Can you give him any advice about that?

"No, we cannot give any advice to help with that; it is out of our hands. He has to reach a stage of mental adjustment by himself. We cannot do it for him or tell him how. (Q). No, it is not relaxation that is necessary; it is a peculiar condition of the mind. Until that point has been reached it is futile for us to try to speak through him. It's very much like your machine over there (radio) - tuning in. It is a certain peculiar activity of the mind. (q). Yes, that is characteristic of all trance mediumship - the medium has to reach that peculiar state. Sometimes in obsession cases that point has been reached and held; that is why a person continues to be obsessed.

M.L. Does hypnosis produce that mental state?

"Yes, it becomes easier for the subject who is hypnotized often.

If mediumship is produced by hypnosis, the chakras are opened, and cannot be closed again except by action of the hypnotist. Post-hypnotic suggestions are not effective as protection against the 'door' remaining open. (The communicator declined to give his name for the present).
3:00.

3:01 Control Arakashi:

"You were asking the control who just left, his name for sake of your record. Many of us here do not feel that it is necessary or useful to give our names. Names have nothing to do with what is said. You see, too often so-and-so is quoted, and too often misquoted, and this brings a great deal of confusion which has to be straightened out. So we feel that until we become very clear and rational in our conversation we would rather save face by keeping our names to ourselves. Now, Dr. C., you were speaking of your American friend coming back to talk to you about organic diseases - yes? You mean diseases of the organs of the body?"

Dr. C. Where the cells have definitely taken on a changed condition and cannot continue their original activity, so far as we know.

"Do you suppose it could be changes of vibration of the chemical substances which make up the cells? or due to the atomic changes of the cell?"

Dr. C. I should think that might be reasonable. Can the cells be changed back?

"Yes, they can, because, to get back to the theory of the mind, it was the mind that changed the cells."

Dr. C. When the organ wastes away the space is vacant; we call that an organic lesion.

"So it is, I may say -- apparently vacant. To the physical way of looking at it, which is true -- and to men of the medical world it seems logical to suppose that is the end. That there is nothing more there. Nevertheless all that has disappeared is the physical construction; the astral construction is still there, and it was out of this that the physical was made. The former is controlled by the mind, and it controls the physical. Your Master Christ is said to have raised the dead, healed the blind, cured lepers. I am sure in leprosy, doctor, that the organic condition of the body must be pretty well gone - eh?" (Dr. C. Yes.) Then either the Bible is lying and your Master Christ was given credit for more than he actually did, or there's some truth about the mind -- do you not suppose so?"

Dr. C. Under the conditions named, is it possible for the human being to succeed in that same type of cure?

"I am almost certain, doctor, that that sort of thing has been done; in fact it was not many weeks ago that we had occasion to somewhat attack Christian Science in its theory, but you see, it is not Christian Science or the teachings of the Christian Scientists as Christian Scientists that cures the individual, but that the one who is cured, has, in some manner, been able to arrange his thought patterns so that they act as a curative on the body. Had he had faith in any other teachings, he would have

received the same results. So the curing does not lie in the one who is performing the art of healing, but it lies in the suggestability of the mind of the patient."

Dr. C. Could hypnosis enter here in order to help that patient?

"Yes, it can; almost any of your known illnesses, with repeated doses of hypnosis -- rhymes, doesn't it? -- can be eventually cured. The mind, to begin with, like your good Prof. Luntz says, constructed itself by thought, projecting into time and space etheric constructs or molds. These molds are highly sensitive and are controlled by the physical mind of the individual, but they can be made to vibrate to the mind of another individual through suggestion. Do I make myself clear? You know, I do not think I have said sufficient, at least not so that you may be able to present it to other doctors of a more orthodox way of thinking.

Dr. C. Unfortunately, the medical profession would be the last to accept it.

New Control:

M.L. Are you one of the Kahunas?

"I am. My teachers, my masters, now say I come and talk a little while with you - make more clear teachings.

M.L. We are very grateful for every item of information about your healing practices. Would you like to speak to us about the way in which you accomplished instant healing?

"Is the same way as the mastery of fire walking, extended to someone who even do not believe that such can be done. It is the giving of different energized forces to another -- it is imparting of mind substance that is clean, that is good."

M.L. If you, yourself, were to heal a broken ankle, would you form a mental image of a perfect ankle?

"Yes."

M.L. What more would you do?

"In forming in mind a perfect bone, you are making a pattern -- a good one -- you are changing the broken mold for a complete mold.

M.L. Into this mold, you draw particles of dense matter by your will?

"Yes, by the will, by the power of the mind -- or the same thing takes place with cells of the body -- which changes the vibratory rate."

M.L. Is this essentially the same thing as takes place in our so-called miraculous healing?

"Yes, it is the same thing."

Dr. C. Is that what Jesus used?

"You people of white races, you do not have the faith which we did. Your teacher Jesus said "unless you become like little children, you shall not

enter the kingdom of heaven.' All that is meant was to so fix your mind that you can receive understanding. I wish I could speak more plainly.

M.L. We are trying to use this healing art -- what is the best step to that understanding?

K.T. We would also like your opinion, since the question was raised by several readers of Mr. Long's book, of using this means of gaining material things.

"All things that the mind feels is for its use in your physical world is good. So much has been taught of the evils of exchange in your money. There is no evil in money - there is only evil in its use; it is the same as black and white magic, there is no evil or good in either, if it is not used in the proper manner, or if it is used in the proper manner, only. Believe, please believe me, peoples, thought is substance; in a country long way from here is natives in bush that have thing they throw - you call boomerang - it will come back and kill you - so your thoughts, because it is energized substance, are the same. The thing that I came to speak about, though, was for you to please to explain to white man that write book, that man, on death, does not separate himself into many pieces like exploding snake.

Miss J. His conception of different entities really was only as different levels of consciousness...

"Yes, or you might say again - it is the same thing - different way of thinking."

M.L. Is it right to invoke the Aumakua in acts of worship?

"Aumakua is great man, great lord, great mind or protector of body."

M.L. Before the power can flow to Uhane must the channels of Unihipili be cleared?

"Yes, must be cleared to not thinking of yourself, 'Not should have done this or that.'"

M.L. You must mean clearing of guilt complexes?

"Yes."

M.L. These complexes must be cleared before the power can descend?

"Yes or else you have a block of which there is no getting through. Please to tell man our peoples are very, very happy to him for he bring back all the teachings of our peoples to the present peoples. The white man is very high in mind and can understand and have to work different law of our teachings. Much better have this present generation than any generation which ever was here.

M.L. That is very encouraging. Can you say any word as to the time or place of Huna origin?

"I please to go and find out if I can talk some more. (Departs 4:20, returns 4:24. Dances, speaks first in Polynesian language, then English). Aloha. From my people, they say to me, 'Go, my son, and explain our work; go, explain to white peoples, from whence we come:

Out of the great spaces from which all humanity manifested themselves into this physical world, there are great teachings. They brought their teachings into this physical place of substance, in order to keep an open door to the day when we here must all go back."

I.P. In what country did they first start practicing this teaching?
 "From out of what today you call the Hawaiian Islands; many, many centuries ago, after tremendous, tremendous eruptions and quakes that swept the earth, came the many small islands now to be found in the South Pacific. There my people took form, just the same as you have taken form in your individual countries. Life on this earth plane to begin with, was a spontaneous action -- man did not at first work through what you call a biological process, but it was some time later that he used this method to enter into the earth.

M.L. It is believed among our scholars that the Kahuna teachings originated somewhere in the region of India. It is also found among the tribes in North Africa.

"These teachings, or at least parts of them, are held as truth in all of the great teachings of the life of mankind, and you can see why -- because man comes from out of one place, all man -- space."

M.L. Then the true birthplace of these teachings was in the islands of the Pacific?

"Of the Kahuna, yes; but you see, I say same kind of thing to be found in all life, all teachings -- just a different way of approaching it. You take -- you have right here before me now, a very fine Chinese man as Lo Sun Yat, and you have, too, Lao Tse; they will tell you of similar teachings from their people. In a long ago, Lo Sun Yat tell you how in his country, they freeze wet blanket around themselves, and make dry. Same force is mind from body; same force is foots on fire. The big mistake man makes is believing that he alone, his race, his group, is the only one that has the knowledge of life and the great path to the glorious Aumakua. It is wrong. Now, do I make things plain to you, doctor?

M.L. Yes indeed, you have answered our questions in a way new to us and we are grateful. Have you been long on the other side?
 (Control speaks to another on his side in foreign language, then in English). "Seven hundred, and five hundred - what is that?"

M.L. Twelve hundred years; from the Hawaiian group of islands?
 "Yes."

M.L. Was the great magic known to you in those days?
 "Known long before that time too; only thing is bad, white man come to islands, teach of white God, tell Kahuna man he have devils in him -- him have no power. Him have to rely on white man's God -- or that Kahuna is evil, therefore he needs to die and be forgiven, but can not be forgiven unless great white man's Christ give blood to forgive him; so Kahuna teachers put away teachings, hide from white man, and slowly teachings die from eye of white man, but still there. Believe me, your peoples owe much to man who writes book. 4:35 control departs. AUMAKUA!
 (The control entoned this word magnificently)

SPECIAL MEETING - August 19th, 1948. Seven persons present.

9:20 P.M. Control present, speaks: "Hello -- I have been away for so long that you don't know me. I am LO SUN YAT. I find that without practice I have difficulty in operating through the boy again. I feel my own lack of practice -- and, too, there are very distressing pains in the boy's body that keep his mind riveted on himself. So that makes it much more difficult. You were speaking of the case (fires of unknown origin) of poltergeist activity -- it is just as you suspect, but, as in so many of these cases, it is brought about by a desire of the person or persons involved in the situation."

M.L. They furnish some sort of energy that the poltergeist uses?
 "Yes, and thereby the thought is brought into action without the party committing the crime himself." Now, you are also holding this meeting to call upon the Kahunas for some information?

M.L. Yes, Max Long, who wrote the book on Huna, asked us to put some questions.

Control: "I have an idea that what you call unihipili -- it seems to me that is the thought-form. Perhaps I would make myself clearer on my ideas by saying you are using this unihipili to cure illness, to tell the boy he cannot feel pain or cause sickness any more, eh?"

M.L. What we are trying to do is to get the cooperation of the unihipili -- the 'low self' -- so that the 'high self' can work through it.....
 "Very well; if you are using the cooperation of this thought, then it is a thought force, is it not? Do you not see that you can use this same force to work against someone else?"

M.L. The Kahuna spoke of solidifying this thought form so that it was like a physical blow on the body of the victim.
 "I suppose they would use the same term for thought form as for unihipili, though?"

M.L. I am not sure they would. We understood that they sent out servant spirits to do the work, but the Kahuna himself said they sent out thought forms which became solidified and struck a blow. I do not think it is the same as unihipili.
 "From my teaching, it seems to be the same force."

M.L. You think they probably would use the word unihipili?
 LO SUN YAT. "Of course, not knowing the language, I cannot be sure. I only reason it from logic."

M.L. Quite evidently it would be an energy projected by the 'low self.'
 "Yes; now you are saying it. You see, every race uses its white magic for black magic works. However, fortunately, it is not within the power of any priest or governing body to control the spirit of a human being to commit crimes upon his fellow man."

M.L. Can you say whether there is truth in the doctrine that the Low and Middle Selves sometimes get separated from each other -- not from the High Self -- so that the servient entities fall into the power of the Kahuna as a kind of half-being?

"No."

M.L. You do not think that takes place?

"In certain forms of insanity several things can take place, one of which can be a complete chemical change in the cells of the brain. This may cause momentary insanity, or chronic. Or one may become obsessed due to an unthinking discarnate being becoming entangled in the thought form that surrounds an individual. This individual often is filled with desire to live again in the physical body, and sometimes in his apparent resentmentfulness of your living physicians trying to cure the individual he works up a mean temper over it. Of course, you have many ways of dislodging such an unwanted being.

M.L. The mass of the data which we have, or think we have, seems to indicate that there are many spirits on your side who are quite likely to fall under the control of a here-living individual -- fall under his hypnotic control.

"There is so much that the mind of the individual helps to take place within himself by his own mental activity -- the like of which your scientists today do not comprehend, because they do not yet know the workings of the physical mind & brain."

M.L. Occult theory is full of mentions of servient spirits who do the will of the magician; is that not so?

"For a moment I will go -- but before I go I want to tell you that there is another who wishes to speak, so be a little patient and I think everything will work out fine. (9:35 P.M.)

9:45 Control present: "Good evening! I am Professor Luntz. A special meeting tonight, and we should get some special message. But I am afraid I cannot speak any Hawaiian; but I would like to say this and perhaps to make it clear: There are three conditions out of which man comes; there are three worlds that he is immediately concerned with. Coming into this world, he lives and enjoys and suffers through a chemical life. Going out of this world, he enters into a more or less peaceful life, provided he learns a little of what life is about. When he is ready again to return, he enters into a more substantial life, from which he really has no desire to leave, and this is something on the order of the lower etheric world. It is in that lower order of the etheric world that you have the activity of the so-called 'poltergeists,' and not from the so-called lower levels of the astral world. There is one reason right there for your misunderstanding of psychic phenomena. This lower etheric world can be and often is entered by projected entities of still-living human beings, and they can create all kinds of mischief.

M.L. What did you mean a moment ago when you spoke of a man, when prepared to return to this world, entering the more substantial etheric? Do you mean that prior to reincarnation he enters the etheric?

"Yes, I do -- because it is from that world that your physical things manifest themselves.

M.L. Is this a conscious experience?

"Yes, it is. It is the individual's last period of consciousness outside of the physical body.

M.L. That is very interesting indeed. I had not heard of this theory before.

"For a long time now I have desired to tell about this, but there have been reasons for my not being able to do so. You are searching in the wrong direction and with the wrong approach to much of your so-called physical phenomena -- because it is not coming from an astral life entirely. Much more of it comes from the lower etheric world. You will please study the activity of a materialization or any physical phenomena in the seance room, and you will notice the similarity between that and the activity of poltergeists.

Dr. C. Is this experience of returning through the etheric common to all men?

"Some do not return at all. Some even go into great and lengthy periods of sleep. That is why a person often is not able to contact a departed one, because that one is in a sound sleep for some time.

Dr. C. Is that a lower or higher state of advancement?

"You can't call it either, because the mind is merely at rest. Personally, I prefer to think that consciousness -- a conscious awareness -- is higher. A state of quiescence as some reach -- if they prefer that, it is all right, but I would not desire it.

Dr. C. Is it a matter of desire on the part of the individual?

"Not always; sometimes it is a natural reaction from his physical living -- a mental condition, a deep-seated desire to escape responsibility.

M.L. There are some who never reincarnate?

"In my estimation, yes. There are many who do not desire to come back, and if they have so shaped their lives as to be able to be free themselves -- yes. It does not take a great deal of study, any extensive course, but some knowledge of what you really want.

H.F. Well, I hope I won't have to come back!

M.L. I have never met anyone who wanted to reincarnate -- a sad commentary on our way of living!

Dr. C. If it is not too personal a question, will you tell us if you would care to come back?

"I am not sure. I know that the present conditions under which I live are without words for beauty and contentment, but I still can look around me and see those who grieve greatly to get back to physical life.

So, you see, it is a personal desire -- but I rather think that, for the most part, the individual must start his wishing here on your plane if he is to accomplish the complete escape.

I.P. But with the great amount of knowledge which you have now you could do a lot of good if you came back to earth.

"The physical body is too often a detriment to the advancement of the mind, as in the simple case here of this young man -- or in the case of any real sensitive. You find that the physical distractions ruin him practically for so-called mediumship. If he could only train himself to eat properly, to sleep properly, to relax properly -- to take care of his physical self -- you could all act as go-betweens for your world and mine; and not only the two worlds, but to the other and many planes of consciousness throughout existence. Man is not a being tied to the physical world; he is all-conscious, throughout all space and all time -- because space and time consciousness lies within him. And these words are not used in pure philosophic manner, but in fact. All existence and all space and time lies within man.

M.L. You were speaking of the etheric regions -- will you talk more of that? You know probably that we are having strange sky appearances which, we have been told, originate on etheric levels. We are told there are whole races, civilizations, etc., on these levels, but there seems very little definite information on these regions.

"To me, the etheric regions are the region of life; the astral regions of what you call death is the waiting-hall. If man desires, he can leave the astral after a period of time and enter into the etheric life, and he need not come back here to your physical world if he does not wish, but he can go on to the higher realms of this etheric world. This which I term the 'etheric' is the home out of which all physical manifestations come; so it is not to be wondered at that now and then, when necessary, there are projections of various forms into your physical state of consciousness."

M.L. Would you say that the elementals, the devas, etc., live in the etheric region?

"Yes, but of a different kind. It is also not right to call it 'low' -- it is merely a different plane of existence, which Nature devised for them.

M.L. These regions interpenetrate with ours?

"Yes."

M.L. What is the nature of the ethereans?

"Just like your physical world -- not a replica, but along similar lines.

M.L. But they have not been on our plane?

"Not those on the higher etheric. I do not know but that at some time some of them may wish to enter into your plane of physical existence; but I do not think they come through your way of birth, but through projection.

Dr. C. Will you tell us more about the astral and etheric; and also why anyone should want to come back to the earth? Also, we do not understand the use of the word 'death' for astral.

"It is in my opinion a bad term; it is demoralizing to the average person -- but it is not anything like what the word implies. 'Death' -- no; it is merely a different form of living. But this door between the astral and etheric and the physical is always left open, because man so desires it. He must have channels between his worlds if he is to learn and progress in knowledge.

"It is only because the physical or chemical body seems to go through such distressing states that one often says, 'I have no desire to come back into the physical.' Now, I feel that if conditions were so that the chemical substances (?) of the body were not subject to these distressing conditions, one would enjoy physical living as much as on the other planes. It is only the desire to escape pain, want, and poverty."

M.L. No doubt; but our conditions probably never will be as good as that.

"No -- not for those at large; but after you have learned to have complete control and govern the body, then you become a joyful person on any plane of existence, because all planes do have their drawbacks and difficulties. Therefore it pays great dividends to become familiar with the physical body.

M.L. Would you say that the etheric planes we have been speaking of correspond with the 'lokas' of Oriental philosophy?

"Yes."

M.L. Are there seven or eight lokas as they say?

"Yes, there are. You see, man enters these various states of consciousness according to his desires.

M.L. But we have understood that man does not enter into the etheric at all, but into the astral?

"He does on his return, though."

M.L. He has an etheric body then?

"Yes. It is in that state of consciousness that he starts building the thought stresses for his physical manifestation.

M.L. We are also taught that on leaving this plane, the entity enters an etheric body for a short time and then it is discarded. Is that correct?

"This etheric body is discarded, but not as you think. It instantly disintegrates. There is no shell left, no period of time when it floats about aimlessly."

M.L. But there is this time when it is in an etheric body?

"Yes, but it is in this state that he often goes to sleep."

M.L. The materializations of the seance room apparently depend upon ectoplasm -- is there such a thing as ectoplasm that can be drawn from all organic matter?

"Yes."

M.L. And from inorganic matter also?

"Yes; all matter contains this."

M.L. All matter has what you would call a dynamic etheric force?

"Yes."

M.L. Is this what you would call an etheric double?

"I will ask you to excuse me now. I shall answer your question at some other time. Departs - 10:10 P.M.

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Sunday, August 22nd, 1948. Eight present.

2:45 P.M. Control present - LAO-TSE: "How do you do? I am Lao-Tse. There is a coolness in here -- "

I.P. A mental coolness, or a physical?

"A physical coolness."

H.F. I did not think that would affect you in the astral.

"No, it does not affect me until I enter the boy's body. I sense the coolness through his body. That is why in all seance sittings it is best to have the temperature of the room at least 78 degrees. For physical phenomena, it would be better to have it almost around 80. Well, we are in new surroundings this afternoon and I see a great deal of sunshine."

H.F. Don't you like it?

"Oh, yes. And also some new faces. I should like to be introduced to them, if you will."

Introductions follow.

"And I am glad to see the doctor lady back again. What has kept you away?"

Dr. W. Oh, answering the telephone!

"Your modern gadgets! Now, a moment ago there was a very handsome and stalwart young man trying to speak through the boy. I understand he was from one of the Pacific Islands. Possibly he will come back and try again."

M.L. Was it lack of practice that made it impossible for him?

"Yes, it is new for him to talk through a white boy, but he is extremely excited and interested and is very happy to know that you of this race are trying to put forward his people's teachings."

M.L. He could give us information that we could not otherwise get. "It would be wonderful if you people could get the esoteric knowledge of various races of man in this way. It would be, I believe, something new and extremely good for the modern man."

M.L. We would like the Kahuna to know that interest is spreading and there are now many groups that have been formed to study their philosophy -- the Huna Research Associates, Max Long calls them.

"Yes, that is fine. From what I understand, the inner teaching of the Kahunas is very much to be found in various races all over the country -- not this particular country, but all over the world. Truth is Truth in any language, found anywhere; and as man all comes from the same source, his teachings -- the source of them -- is of the same kind."

M.L. As I understand it, you and the other communicators of your group are in basic agreement with the Kahuna teachings?

"Yes. As soon as man comes to realize that he is Man and not men, the sooner he will acquire knowledge about himself. The so-called human race has, on entering into the physical world, sort of closed the door upon the psychic world -- their true home -- and become lost. Now, the main reason for all esoteric orders, occult teachings, is that man may once again find that door and open it; because, in the ultimate, he must go back. This particular life upon this particular plane is merely an experiment among many experiments and many more to come."

Dr. C. From whence is it instigated?

"It is instigated mostly from curiosity and through a desire to learn of different states of consciousness."

P.C. By whom?

"By mankind. My dear young lady, as I have often said before, man has always been -- long before there were even any worlds; for man, indeed, made the worlds. Through the vast cosmos, through eternity, space -- man is the cause of all.

M.L. And yet, Lao-Tse, man seems to have chosen decrease and failure and limitation -- "

"That is, as I said, because he has closed the door. It is very similar to this: a man goes to bed, goes to sleep, he closes the door upon his physical life, entering into what you call the dream-world. Now he becomes lost, or hypnotized, or mesmerized, we might say, by those surroundings. The more beautiful and attractive, the more he is apt to become lost to that which is outside and apart from that. But there is always a little tie, a little string which will draw him back through discontent, or whatever it may be, to another life."

M.L. Do most people function consciously on the astral during sleep?

"No -- there is consciousness of a sort, but most consciousness is confused, blinded and without particular meaning at the time, because the individual has been taught not to give much consideration to his dream life. So, he lies down with indifference, with confused emotions wrapping him up, so that when he enters into this dream-world, in his dreams,

all that is presented before him is in a state of confusion and constant change. Now, if man trains himself to dream right, to enter this dream-world with a clear mind ----"

P.C. But how does he do that?

"Through meditation, concentration -- with force, desire, behind it. Young lady, in all life there is no force so great as desire. Have desire coupled with imagination and you have a world that is beautiful, clear, free of bodily sufferings -- because you escape the hypnosis of yourself, the hypnosis of your physical body --- "

M.L. We could train ourselves to bring sleep experiences over clearly?
"You most assuredly can if you will apply yourself to it. Also, it can solve any of your problems."

P.C. Through dreams?

"Not necessarily -- but through meditation.

J.C. There are so many different conceptions of God -- will you tell us what yours is, Lao-Tse?

"Man is God. That is a bitter pill for you to swallow, is it not? I mean consciousness; thought. Thought, as far as man can find out, is the ultimate of all things. Out of thought comes all. Without thought there is nothing. You cannot attain any approach to life without thought."

You will find the God of thought one that will answer your prayers; that will expand your life; that will give all that you want if you truly desire it -- for He made the world."

J.C. What about prayer -- what is the right prayer, the right approach to it?

"The right approach to prayer is meditation with desire. The very moment you say 'I wish -- ' you have made a prayer and you may have to live by it. You do not have to get on your knees and go through a lot of flattery and flowery language -- "

J.C. But we cannot just ask for anything -- a new car, for instance?

"Yes, you can -- if you really want it. Many people say they want something -- a new car -- did you call it?"

Dr. C. Emerson said, "Be careful what you wish; you may get it."

"That is exactly my opinion. Merely to say, 'I want a certain thing,' is not necessarily a prayer -- you must really desire it."

Dr. C. Can hypnosis be considered one of the avenues of approach through which man may learn more about his real self?

"Hypnosis -- either by oneself or by an outside agent -- is of little value unless there is purpose behind it. So, if you are looking to find knowledge, you can find much by either of those methods -- self-hypnosis or by an agent. Man knows all; he truly knows all -- because he is in constant contact with the Great Mind, the Great Cosmic Mind.

"When you use hypnosis on people, you open the door for them. When they use it on themselves, they do the work for themselves. But, you know, so much of your outer life is illusionary -- so you have to be careful of your day-dreaming, which is a form of self-hypnosis, your wishful thinking, and also your outer hypnosis by another."

Dr. C. Could deep meditation be considered a form of self-hypnosis?

"In a way, yes -- but the results show it to be different. There are many kinds of self-hypnosis - dissociation of the mind. Under proper directions and care and training, much can be learned. To free yourself from the belief of your immediate surroundings and let your mind wander off into what you call space and time --- "

Dr. C. Could that be called trance-mediumship?

"Yes, because that is one of the methods we use to gain control of the boy's mind, or any medium's mind."

M.L. Can memory of past incarnations be relived under hypnosis?

"Yes, indeed. Not only can an individual be taken back thirty or forty years of his present physical life, but he can be taken back and see into his other lives.

Dr. C. Does he, himself, see it, or the hypnotizing agent?

"He sees it. In fact, as soon as he goes under the spell he is living in past experience. I should have pointed out, of course, that there is no such thing as space or time. When you say you take him or her back to two or three or ten years of age, that is an illusion, a belief in the passing of time. Time does not pass. If it does, I would like to have you tell me how time passes."

M.L. A good deal has been said along that line in the past few years -- but how do you express the passing of a period of time? Is it a different level of consciousness?

"That is correct. When the agent says 'You are going back to such and such a time,' immediately his thought becomes dissociated from his present surroundings and beliefs and becomes focused on the former time and scenes."

M.L. Can the scenes of his former life be said to exist somewhere else -- in the Akashic records, as we say?

"That is something that is extremely difficult to answer, because -- just stop and think a moment -- in reality there being no time and space, there being only thought, it is only in thought that the individual lived at such and such a time. The rest of it was illusion, not an actuality. So his experience could not be in space and time, but only in thought. Of course, that is a disconcerting answer, but that is all there is. "

P.C. Has there always been thought?

"Of course. As I said, that is all there is."

P.C. Will any of us, when we pass over, be able to do what you are doing now, or must there be special learning on your side?

"this I am doing now is merely my impression over the boy's thought. You do not have to wait until you pass on and divest yourself of your body and sail (?) around in what you call space and time. When you leave the physical body, you are very much as you are now, only you have more freedom -- more freedom of thought and complete activity in thought."

P.C. But what do you do with your thoughts -- besides conversing with us?

"I live a life that is much the same as before. My efforts have been, on entering upon the astral life as before -- to help my fellow-man, both on your plane of consciousness and on mine."

P.C. There do not seem to be many people interested in doing that.

"Perhaps not - but there is much for all to learn, much to read, many places to go, much beauty to be enjoyed, in all states of consciousness."

P.C. Do you read over there?

"Yes."

P.C. Things written here?

"No, not necessarily; because all the things written there begin on our side. The writer on your side is often influenced on our side."

P.C. When a person writing a book imagines the scene, say, five hundred years back, does someone over there help?

"Yes, we do. You see, much of your Bible was put together in that way. Also - to mention another great work - the Shakespearian works were given from our side, but put down in black and white by the man Shakespeare."

Dr. W. What was his name, his real name?

"Look back in the boy's writings (the medium's) and you will find much on this subject."

I.F. Yes; I remember that Lingford told us that Shakespeare's real name was 'Ludlow.' Shakespeare was his mother's name.

M.L. While we are speaking on books, can you tell us anything of - - "
"Oahspe?"

M.L. Yes -- how did you pick that up?

"Now, I am going to ask you to excuse me for awhile. I will be back later and talk to you on that subject." 3:30 P.M.

4:28 P.M. New control: "Good afternoon. It has been a long time since I have been here. I am Theresa Vandenberg, and I am very pleased to be here again. I do not seem to know many of those here. I would be glad to meet them all." (Introductions). "Thank you. I never saw so many happy faces! I am glad to know you all. Janet, I know of something you are experimenting with. I would like to help you and I will at some other time." (To Dr. W.) "A lady doctor! It was very unusual to have women doctors when I was there. What kind of glasses do you have on, doctor?"

Dr. W. They are called 'mirror glasses.' They cut down the glare. I can see through them, but you can't see my eyes back of them.
"Wonders will never cease!"

Dr. W. They are a new invention. An Austrian, I think, invented them. "Well, you can thank God for the wonderful minds that are continually working to help you through the power of God. I see so much advancement in your world today in comparison with conditions when I was there. But of course I have learned to do a little philosophizing myself in the past years, and now I see that no generation is really advanced beyond another. Each generation does the things and makes the inventions needed at that particular time. So the things of today are suited to today. Tomorrow they will be different. That is the way man grows."

Dr. C. You say you are from Brooklyn? Do you remember the Sacred Heart Church?

"That was a wonderful church in my day, and I used to think it was the one and only, handed down by our Lord and Master, Christ. But, just before I passed over, I began to study a little philosophy and to learn of other things and get away from the tyranny of the church in that connection, and do what I wanted to do rather than only what they told me to do."

Dr. C. I have read your earlier communications in one of the Meade Layne publications.

"Yes, the good doctor here is doing so much in putting out information of real usefulness in his magazines, instead of the fuddy-duddy things of so much of the press -- which aim only to entertain and not to teach. I am only sorry that I did not study more of life before giving myself to the church."

Dr. C. Are the Protestants any broader minded than the Catholics?

"Some of them seem very narrow, too."

"Yes, my! my! -- but people are learning, all over the world and in all religions, but the persons of authority in all religions still wish to hold that authority and to keep people in the darkness of ignorance. The Catholic religion was my whole life -- I wanted to give my life to Christ, thereby believing I would gain a wonderful heaven when I left earthly life -- but, tch; tch; such was not the case."

M.L. Do you come to many of our meetings?

"Oh, yes. Today I see here a very distinguished philosopher on our side, and I think he may take over when I leave. And there is also a grey-haired gentleman who calls himself 'Professor Luntz.' I think we will not hold the meeting too long, because I sense that some of you are anxious to get away for other engagements."

M.L. We are much interested in what you have to say.

"Thank you. I only wish I could have taught the truths I now know to the little children I taught when there."

J.C. What is your conception of God?

"My child, in describing God one is trying to do the impossible."

J.C. But what is your own conception of Him?

"Well, I have learned -- I am happy to have learned, that this force -- for I believe it to be a force, (and I do not mean to belittle it by that, but to give you the idea of what it actually is) -- it is the absolute; and what are you going to say about the absolute? There is nothing you can say about the absolute. You pray, with desire, and as you desire, you will receive.

"There is a freedom which words cannot describe once you understand the broadness, the endlessness to life, the glory. You, my dear, do not sit there alone, you do not walk alone. You are aware, -- your consciousness is aware -- of all life on all planes. It is a matter of being able to attune or adjust your mind to that which you wish to know.

J.C. How do you do that?

H.F. Through Meditation?

"I can only use those words, but I will have to leave it to my leaders to describe what is meant by meditation."

I.P. to J.C. That is Theresa Vanderheusen -- a Catholic nun --

"Please -- I am sort of vain, I guess -- the name is Vandenberg. To H.F. I would love it if you would be so kind as to bring your little Catholic friend to a meeting here, so I can talk to her personally."

4:40 P.M. Control departs.

4:41 "Good afternoon, I am Professor Luntz; before I start talking in general terms I would like to talk to this gentleman over here (to R.V.) You, sir, are in something of a quandary"...(Telephone rings)"That is all right. Fortunately I am now an old hand at communicating; otherwise I would have jumped out of the body. Any sudden noise causes a constriction of the nerves under these conditions. You see, during a trance control, there is quite a little extension of the psychic body of the medium, and noises will suddenly cause that to snap back into the physical body. It acts something like a blow to the stomach. I will come back to that later. Now, to you sir, -- you are unhappy and unsettled of mind -- at least, that is what I get. If you have a problem, something in which I might be of help to you, sir, I will be only too happy to make suggestions.

M.L. Are the beings in the sky-craft from the lower etheric?

"No, those you see come from the higher etheric, but they come through the lower etheric. Those from the higher etheric have never entered the physical world by birth, but from one of the oldest ways -- as I believe man originally did -- by materializing himself on this physical plane. He made many other experiments on coming into this world."

I.P. What I got was about the same thing, was it not, when they explained?

"Yes, it was. You are referring to a book called 'The Rise and Fall of Man,' which was to have come through in to your plane?"

I.P. Lingford started to write a synopsis of it ...

"If you people would like the entire book on this thing, you must give free mind to the boy and tell the boy he can write it himself. We can do it through him; we do not need a highly educated person."

"What is the name of the young lady there?"

P.C. I am Pat Cairns.

"'Pat' -- a fine Irish name, eh?"

P.C. Yes -- I am of Scotch-Irish ancestry.

"I am happy to meet you. I am German. But, as a matter of fact, you are not Scotch or Irish, and I am not German. That is the little device which puts a barrier between human beings. We are mind; you are mind, and I am mind -- and if you will remember that, you can converse with any man of any race or station at any time and feel his equal -- no matter what his nationality or learning.

"You might possibly like to develop the psychic power latent within you; you have it -- clairaudience."

P.C. What shall I do to develop it?

"Will you do so if I tell you?"

P.C. I should love to try it.

"You lie down; concentrate your mind, merely upon the inner lids of your eyes, as though you were trying to see outside of your closed eyes. Ask your question -- whatever you would like to know -- and concentrate on the inner lids of your eyes, and listen. If you hear any other voice speaking of things apart from that which you asked, do not listen. Open your eyes again, and try once more. Reject all other voices that speak of things other than what you asked; you understand?"

P.C. You mean, keep on opening and closing the eyes until I hear an answer to what I want?

"Yes; you must do that or you may open yourself to obsession. Then you will hear voices, night and day, and will not be able to shut them off."

P.C. laughs nervously.

"It is not something to laugh about, my dear."

P.C. I know -- I think I was really frightened.

"Yes -- I know -- but I only want you to be careful. So, remember; choose any sort of question you wish, but don't listen to any other voices other than in answer to your question. Then you need not be afraid.

P.C. Janet has been trying to get some automatic writing --

"Yes, and I want to say the same thing to you, Janet, as to Pat. Be careful. You are working with an unknown quantity, an unknown force. Do not take it lightly."

J.C. Would it be better to drop it altogether?

"No -- nothing is to be gained by fear."

J.C. I am not really afraid.

"There is a saying, 'Fools rush in where angels fear to tread' - -

J.C. I guess I'm a fool, eh?

"No, I did not mean that you should fear, but only be careful. Take your pencil, but as soon as you hear anything that is disconcerting, stop!"

J.C. Do you know what happened last night?

"There are many spirit entities, or people, as we much prefer to be called -- there are many who would wish to deceive you, and you have no way of knowing the facts but by the slow process of learning. That is all the advice I give."

I.P. How often should one try to get messages?

"For the beginner, I think once a week for the first month; then twice a week."

Control: "Dissociation of the mind of the self-hypnotized one and the one who is hypnotized by someone else are entirely different. Sleep is another such state. It is self-induced, but different. In hypnotizing a person to make a so-called go-between or medium -- I am afraid it will not work very successfully, doctor. The individual himself has not yet learned how to give himself over mentally to the control. Do you understand how that could be so?"

Dr. C. I think I could understand the possibility. In this particular case the lady is highly mediumistic, and at one time was capable of trance mediumship. She is now very anxious to regain it. She and her husband have discussed it and I have been asked to help. She is an easy hypnotic subject.

Prof. Luntz: "Under those conditions you could probably lend her a great deal of aid, because she is already a knower; her mind already knows how. What has happened to prevent her successful mediumship is the sudden forgetting of how to let go. If you explain to her under hypnosis that her abilities as a medium haven't changed -- that she will have them back when she comes out of her trance, I believe you will have accomplished the deed quite well."

Dr. C. Thank you; that is a perfectly safe procedure?

"Yes, because she is already a medium. If she were not a medium I would not suggest it. Now I think I will go for awhile.

5:15 P.M.

5:16 P.M. New control: LAC-TSE: "Doctor Layne, you can leave when you wish. I know you must leave early. We can come back to the subject of Oahspe another time. If there are any pressing questions I can answer in a short time, I will be glad to try."

M.L. We would like to know what bacterio-phage is -- how it grows; also how the electro current flows in a cell?

"I think it would be better if you put those questions to Luntz. He knows more about those matters. They sound like interesting questions."

I.P. Did you hear Professor Luntz say that Mark could take down the book, "The Rise and Fall of Man?" Have you any advice concerning that? "At the proper time I will undertake whatever is to be done. Now, Dr. W., I think you had your question answered by Professor Luntz as to how to get what you want in sleep. He spoke to this young lady about gazing at the back of her eyelids, asking her question, concentrating and listening. Now, not always will you hear a voice. Sometimes you will see places, scenes, symbols; sometimes you will hear conversations -- you will perhaps hear people speaking of body stresses, and the other things you know of. I feel sure that you will apply yourself in that way, you will get answers. If I am not entirely clear, I will try to come back and give you a little written note to explain more.

"I always endeavor to encourage the medical world and the scientific world -- people in those fields -- to come here, because it is only through those types of mind that this sort of thing can be put over to the man in the streets. When the educated people find out for themselves whether the things they hear in these meetings are true or false -- that is the only way in which we can get them over. These meetings are going to grow. They are going to be of great help. They must be.

H.F. Did you know of the group, headed by Dr. Elmer Sperry and other scientists who worked through the New York medium in 1940 -- trying, I think, to bring through some new healing technique by the use of light? "No, I did not -- but I should like to speak of light. I believe you were talking awhile ago about taking photographs of those who have passed over, and how to do it. Your scientists do not fully understand light and its many phases of expression. When an individual sits for what you call a psychic photograph, it is thought that possibly the

entity uses the little space inside the box -- no. That entity is standing close to the loved one here, out there in what you call space and time. What happens is a drawing down around him of particles of light. That is something I wish to talk further on, so I may explain myself more fully. It is an extremely technical subject; perhaps we had better not take the time now.

"Before I go, I wish to say that you will find a very nice place to hold the future meetings, so be happy, be of good cheer, and all things will come to you.

H.F. It is a great comfort to know we have your cooperation and help; we can't do without you now!

"It is my humble opinion that I can't do without you now, either. Now, good afternoon.

5:26 P.M.

5:27 P.M. New control: "I am ARAKASHI. I am very joyful to get in just one minute before you all rush out the door."

I.P. We miss you when You are not here.

"Yes, and we miss you. It is wonderful to have hands across the borderland. Thank your God as you see Him, and I thank mine. Dr. Layne, there are so many other things to talk about that if you have any other mediums, we shall be glad to have them."

Dr. C. Dr. Layne has gone; he had to leave early.

"How can he be gone when I see him there?"

H.F. Perhaps he is thinking of us and wishing he were here with us.

"Yes -- now I see. Evidently we leave a reflection when we go."

Dr. W. You were speaking of other mediums; do you know of any other?

"Yes. In this city you have three young ladies who are not Americans -- the Morantes. May I say in all sincerity and without any wish to cast any reflections that they are wasting their wonderful abilities with the type of meeting they are having. Let us commit what you Americans call a little sabotage and bring them over to the meetings here. Because, my friends, this psychic force is being wasted, and there are not enough doorways for us to come through and tell of the things that are so important to mankind.

I.P. We have asked them to come, but they say they can't arrange it.

"Well then, let us do as Mahomet and go to the mountain. Let us go to them."

Dr. C. We will if that can be arranged, but they are very closely chaperoned.

Dr. W. And their seances are held in Spanish for the most part.

"That is like my speaking in my own tongue to you. There is nothing to be gained by it; so we will try to arrange something. I do not know their namesthe one with the big nose, who is she? She is the best medium."

Dr. W. That is Lupe, but she is not the best. Carmen, the married sister, is the best of the three.

"You think so? No -- it is only a matter of my opinion, but I think Lupe is the best."

Dr. C. Can you explain the difference in the powers of the three?
 "There you have concentrated forces working through a blood tie. You will find that these three girls are pretty much the same in many directions. Whatever affects one will affect the others. So they attract the same psychic force in three different grades of it."

H.F. And you think that Lupe attracts the better vibration?
 "Yes, she attracts the more intelligent."

Dr. C. What about Mary Louise?

"Yes -- I think I see her -- a little girl with flashing white teeth? This girl has an uninhibited mischievous nature, and she will attract that type. Now, these could be removed from her by a little effort and she could have intelligent controls. There is no point in allowing the human body to be controlled by an imbecilic person. It is dangerous too. The first time that this girl receives a shock of any kind, that imbecilic force may take over for good."

Dr. W. What kind of shock?

"Almost any kind -- grief, fright, etc."

Dr. C. In the case of obsession, is a shock sometimes successful in dislodging the obsessing entity?

"Yes, but it will not be lasting unless the entity is first reasoned with. There is no sense in blasting the obsessing entity out until he has been reasoned with and told of the folly of his ways."

Dr. C. That is where hypnotism might help?

"Yes."

5:40 Control departs.