

SEANCE MEMORANDA from the

INNER CIRCLE

through Mark Probert, medium

PART 10

Sept. 5, 1948 -- Oct. 17, 1948

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Controls in the order of their appearance: Lao Tse, Charles Lingford, Arakashi, Temple Dancer and Professor Alfred Luntz.

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INTRODUCTION TO 1950 EDITION BY MEADE LAYNE, FORMER DIRECTOR, BSRA

"These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only and not in the interest of any cult, organization, or religious belief. Mark Probert is a "non-professional" trance medium who has received no compensation whatever for some four years of service apart from donations at a small number of public seances."

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Borderland Sciences Research Associates
Foundation, Inc.
PO Box 548, Vista, Calif.

* * *

Sunday, September 5, 1948. At 917 - 10th St., San Diego, California.
(18 persons present).

(8:45 P.M.) Control, Lao-Tse:

"Good evening! I see you are in new and very lovely surroundings - a happy room. And I see that there are some new faces also. That is fine. New faces mean new minds; and new minds mean new thoughts. You have to turn over minds like you do earth in order to make new plants, new growth. Now, I am hoping this meeting will be of some value. I am at your service, Doctor, if there is anything you wish to talk about."

(M.L.: I believe you said at our last meeting that you would say something to us about spirit photography and the nature of light).

"Yes, I will attempt to speak a little about it. In spirit photography it has been thought by many that the entity in some manner uses the camera box as a dark-room. No -- the entity is standing where he was photographed, but in order for himself to get in the picture he must have light; but he must use a different kind of light than your earth light. So he mentally draws around himself a light curtain, which of course is made by thought, but nevertheless is substantial enough and bright enough to be used to photograph himself with. As I have said, there are worlds within worlds, and there is light within light."

(M.L.: Are we to understand that the entity surrounds himself with an envelope of an etheric radiation?)

"Yes, that is exactly what I mean."

(M.L.: And the effect is to make his form register on the film in the camera?)

"Yes."

(M.L.: But we have sometimes six or more white figures showing up as what we call spirit-forms on a film; does each one take that kind of action?)

"Yes, they do. You have noticed, have you not, that the substance glows? That is thought-light."

(Dr. C.: Will you speak of the conditions necessary on our part?)

"Spirit photography, like all other psychic phenomena, is an individual activity, an individual idea. It is given, or born -- if you wish -- in the medium; or in the course of years developed. If you think that it is something everyone has, I wish to differ with you. There are many who spend years trying -- and they should be blessed for their

efforts, even if they fail. They are trying to make an open door for us who have departed from your vision, and we are deeply grateful."

(Dr. C.: Must the photographer have a special gift?)

"No -- the medium must. The photographer may not know anything of it."

(M.L.: What does the medium furnish -- ectoplasm?)

"Yes, it requires a certain frame of mind which sets in motion a chemical that exudes from the body -- not only through the stomach or through the mouth does the ectoplasm come, but it comes from all over the body."

(Mrs. St.J.: What is this ectoplasm?)

"It is a substance that radiates light, cold light, you may call it."

(Mrs. St.J.: Does the ectoplasm come out of the pores like perspiration?)

"Yes, it comes out all over the body, and in many grades."

(M.L.: When we photograph an elemental, is the process the same?)

"Yes, he too must use the substance. The little beings that you see around plants are using that substance from the plant. It is a life force; all things have it and all things exude it, in different degrees."

(M.L.: This picture I am holding shows many fairies with a little girl. It was taken by Conan Doyle. I do not know if you can see it.)

"Yes, indeed. The little girl is an extremely good soul; a fine little person with a wonderful imagination. The little creatures would naturally be attracted to her. Some of them, you will notice, have two heads. One thing you want to understand is that all is energy; all is active force -- that is, life. This sort of thing seems strange to you, but it is only another activity of life. Life is constantly putting forward forms, taking new forms, and taking forms away."

(M.L.: We make photographs of thought-forms -- are these little beings thought-forms?)

"No, they are not. I think you have a method of holding a plate to the head and getting pictures. Once more I say it is mind substance. It is light. And it can be made to act upon your so-called physical things. You will notice in this sort of picture that the faces and forms seem to be woven into the material -- and, in truth, they are. For they have settled into the substance of the card or plate, into the material itself -- for the simple reason that the card or plate is not at all what you think it is."

(Does the change affect the entity at all after the print is made?)

"It depends upon the strength of the medium, the condition of his or her mind, and the strength of the entity. Now, excuse me, please."

(9:10 P.M.) Control, Lingford:

"Don't worry, Irene,* you are quite all right. You are a very good battery. You have excellent power for us to draw upon. Under proper conditions you could become a materializing medium."

(I.P.: So I have been told before. I am all right -- don't worry about me.)

"No, I am not worrying at all. I can see a good deal from this side, and I have learned never to worry about women. The little darlings can take care of themselves; it's the men who need to be protected!"

"A few nights ago I made a contact with you and the boy (the medium) and talked about the Russo-American situation. As I said, if you are really interested in politics -- personally, I don't think it is a good thing for you to be too much concerned about them -- Tito is a man to be watched. He is going to, if he can, take over the throne from the royally-mustached Stalin -- and, believe me, he is going to do all within his power to become ruler of the Russian people. If Stalin does not die a natural death in a short time, Tito's men will help him out a little. This man should be watched. He is far more intelligent and more crafty and foxy even than Stalin. So keep your eye on his actions. He is going to 'play ball' with the Western countries, and that will mean a vast change in Russia. I can see that things are really going to break wide open before too long. Tito will also 'play ball' in the matter of religion. This will give him a larger backing."

(H.P.F.: Is he a hypocrite in all this?)

"Yes -- he is a schemer of the first water. All of this is merely to calm their fears. He will pretend to be 'playing ball,' but that is the time to look out, because he is not 'playing ball.' But enough of the mournful side of things and man's stupidity! Let us turn to something more elevating and which we can understand better than the insanity of political leaders."

(M.L.: Tell us about your own affairs on that side.)

(Dr. C.: Why are we human beings so intensely interested in conditions in a future state of being?)

* (The medium's wife. She sometimes passes into a trance-like sleep during the seances.)

"Partly curiosity, partly fear of the unknown. Now, we may not admit this, but even animals fear death, because they do not know what they are to meet up with. In spite of all your psychic phenomena and your wonderful experiences, personally and in groups, you have that little uncertainty in your hearts. And I can't blame you, for this sort of thing is difficult to hang onto. There is no real measuring stick. It is still an unknown quantity."

(Dr. C.: You mean you have the same uncertain feeling as we do?)

"No, I am not referring to myself, although we do look forward to a change so that we may go on to another stage of consciousness; and that is all your physical death is -- a change of consciousness, of awareness."

(Mrs. St.J.: Can we do anything to gain that awareness here, so that we can see in your dimension?)

"Yes, it can be attained through meditation, through deep concentration, through projection if you know how to get out of your physical body, but I would not advise doing so promiscuously unless you know how to return to it, unless you know your way around on the astral plane, for you will meet many unfamiliar things and step into a world that is unknown to you."

(Mrs. St.J.: Do we not in this life sometimes get glimpses of it?)

"Yes, and it is those glimpses that call us on, like will-o'-the-wisps. Every plane has its drawbacks, and if you are not prepared to meet them, it will be very shocking to you, very disconcerting."

(Mrs. St.J.: Then you would advise study of it?)

"Yes -- but remember this: no matter what you study, what you learn, things will be different."

(M.L.: You agree with the Rajah Natcha, then, that all one can do is to be prepared to take the unexpected with equanimity?)

"Yes, that is exactly what I would say. So many people think they are going to find things as they have read of them in books and as they have been told -- but no ---"

(Mr. McA.: When we come into this world as babies, we have help from our parents and others -- do we have help in the same way when we pass into the other world?)

"Well, babies who pass on early are, like all children, well taken care of. They have the best of everything. But adults through their years of thinking, their years of living, have built a mental picture

for themselves; they have prepared a mental condition for themselves when they step out of physical life. In some cases, the newly-departed soul or entity finds himself utterly alone. But this condition is generally brought about by extreme ill-living -- a criminal mind who has preyed upon his fellowman. He finds himself utterly alone for a long period of time. But, even so, in due course, he is led out of the darkness and aloneness and comes once more into the light of living and comradeship with his fellowman. It is my belief that there is no human being, no matter how degraded he may seem to you on earth, who has not the opportunity to work out of his condition in time."

(Mr. McA.: Inasmuch as it appears that few or none of our books teach us the truth about the hereafter in a way we can understand-- would it be better to go over with no preconceived ideas?)

"No, sir, I think it is better to study, to seek to learn. You may not learn all, but you will learn bits of truth, and that truth will be helpful. A man who has not learned something about life and death has wasted his time on earth. To experience all things -- that is the way to learn. You on the earth have to do the same as you will over here. You have to live, and that means to experience, to experiment, to try, and thus to learn."

(Mrs. St.J.: Each book gives different ideas; is not everyone's experience a little different?)

"Yes, that is why every man must of necessity seek his own truth."

(Mrs. St.J.: So we must be tolerant with other people?)

"Yes. Love, compassion, understanding -- if you do not understand your neighbor, how are you going to love him? You must understand that each one of us who walks the earth is living and acting in emotion. And every person has the same set of emotions, but they are acting just a little different in each one of us. Yet, remember, what hurts one will hurt all the others."

(Dr. C.: Could we ask for a certain individual to speak to us? I have had through another medium, a communication from General Joseph Stilwell; could we have a repetition of his communication from you?)

"I will try to arrange it. Stilwell? The man who was in the Burma jungle and in China? Has he come over here?"

(Dr. C.: Yes. I served with him and know him well. He was a student of psychic phenomena, as I found out later.)

"H-m-m -- a man worth knowing. I will try to bring him -- perhaps to our next meeting..... Many people think that because a mother or

to the so-called physical structure, but through this he can project many bodies. Because he thinks, he attracts the life-force, which is dynamic, and can take on any form that he desires. Do you recall a meeting we had some time ago when I said that necessity is the hub of life, the need and the desire? So it is with all things, including projections."

(M.L.: Does the projected double have a consciousness of its own?)

Control Arakashi: "Yes, it thinks of itself as I -- I am --because consciousness is no more, and no less, in the projected double than it is in the individual here."

(M.L.: It is operating on its own time-scheme that does not conflict with the man in the physical body?)

"Yes, it does conflict, without his knowing it. Something has been in his mind, troubling him, but he puts it away, wishing something could be done about that situation, but not knowing what to do. He turns it over in his mind, and when his mind has reached a certain point of pressure, a projection takes place, and that projection will go out and see what is to be done. When it returns, the man says, 'Now I know what to do,' not realizing that it was the projection."

(M.L.: Can we have a kind of quantum theory of consciousness, so that the energy flow of the consciousness is really particulate or atomic?)

"Yes."

(M.L.: If you say "Yes" to that, Arakashi, we have the possibility of a whole new approach to many psychological concepts.)

"Yes, and that would take more time than we have today."

(M.L.: But is that concept valid?)

"Yes, it is entirely valid. Like so many things that you do not seem to grasp, it is the time point: there can be a now for you now, but there is still another state of consciousness that is also now but different from what you call time."

(Dr. C: Is there a chance of pseudo-projection? Can we sometimes be mistaken as to whether there has been a projection?)

"Yes, the individual can fool himself, because there is consciousness that can go out without forming a body. So he has not really fooled himself, because there has been a projection, but a projection of energy, not a body."

(Mrs. McA.: That kind of projection could be made at will, then?)

Control Arakashi: "Yes, it could."

(M.L.: Do you know any such thing as a continuum?)

"All energy on my side is not what you would call particulate."

(M.L.: Can you explain further -- does not our quantum theory apply as you know it?)

"No, I would say not I don't know how I can put it into words."

(Mr. McA.: Could you say there is an infinity of 'nows'?)

"Yes, indeed. You have said something very true..... When an individual says 'now', he is only saying 'now' for himself. In reality -- try to picture this -- each one of you, each one of us on this side, is building illusions, either solidified or not, but still illusions of what we call life. We are building, in other words, what is necessary for our particular now. That makes endless 'nows.'"

(Mr. McA.: There is an individual now for each person?)

"Yes, and many nows for that person."

(M.L.: Arakashi, you on your plane can draw a right triangle, I assume. Suppose you draw a triangle with base and side of two units-- can you measure the hypotenuse of the triangle? You see the difficulty: the hypotenuse is equal to the square root of eight -- but we cannot draw a line equal to the hypotenuse because our mathematics cannot deal in a continuous medium; but can you not do so?)

"I wonder if the inability to divide matter would not prevent it on any plane of consciousness? The endless division that is to be found would, in my opinion, keep that from taking place."

(M.L.: But I understood you to say that the quantum theory did not apply to energy as you know it. We do not differentiate basically between matter and energy. Pass up the question if it is too involved.)

"Just one thing: on every plane that you reach on going away from so-called earth-life you will find it less particulate in nature. On coming back, you will find it more so as you come down into physical life."

(M.L.: Does that suggest to you that you would come out at a continuum?)

"Yes."

(Mr. McA.: The matter of the next plane, we understand, is of a finer grade, but the mechanical laws that govern our world do not obtain in the next plane? Or do they apply in a different way?)

Control Arakashi: "Yes, in a different way. If energy or matter on our side of life were not particulate, we could not then pass through your physical substance. We could not come into your room then, except as you do."

(Mr. McA.: It is fourth dimensional then?)

"Yes, that is the best way to express it."

(Mr. McA.: On your plane the mind can move more quickly, in a shorter space of time?)

"Yes. It has to be brought down to your physical laws -- yet, in a peculiar manner there is an affinity between all worlds."

(M.L.: Do you have gravity on your plane? If you let go of something would it drop?)

(Mr. McA.: Yes, if you wanted it to.)

"That is exactly right. If you did not want it to fall, it would not. On my plane the mind has complete action. It has complete hold on the energy, the substance of life. Man is a god; he has made all, has control of all -- but he does not realize it. I am afraid the orthodox religionists might cut your throat for saying that! You speak of love, and yet you will find that same state of mind where a person tries to defend his God, not realizing that God needs no defense. Now, good evening." (10:05 P.M. -- Arakashi departs.)

(September 12, 1948 -- at 917 10th St., San Diego, California)
7 persons present.

(2:58 P.M.) New control -- temple dancer. Goes through usual graceful motions with hands and arms, chanting E-YA-TA meanwhile, which he explains is designed to exorcise the bad vibrations and invoke the Cosmic Power. He ends with, "Peace, joy and love of the Great Creative Force to all of you." (3:15 - withdraws).

(3:16 P.M.) Control Lao-Tse: "Good afternoon. I am Lao-Tse. I have been listening to what was going on here and I see a lot of disturbance and mental creation put forth to make stumbling blocks in our way."

(M.L.: Then there is something to this talk of someone trying to interfere?)

Control Lao-Tse: "Oh, yes. And I think you will probably have much more of it in the future."

(I.P.: What has brought it about so suddenly?)

"Probably envy and a misconceived idea on the part of this man as to what constitutes the proper and beautiful side of occult work."

(I.P.: Is he an acquaintance?)

"No, he is just a student of occultism who has, for some reason, conceived the idea that what is going on down here is not good, so he is trying to form an astral block. No, he does not know anyone here personally; he has heard of the work through the publications. It would be just as well to let it go and turn to talking of things that are worthwhile. I see that we have a couple of young men here, and I should be honored to answer, if I can, any questions you young gentlemen wish to put forward. So, let us clear our minds and not think more of the disturbance."

(DKB: Can you tell me more of my work and this religious aspect I have in mind? It is my belief that I have been taught from childhood from 'the other side' -- am I on the right path?)

"From what I can see of your aura, your etheric body, your mental vibrations, I would say you are indeed on the path. I would also say that you should stay on that path. Now, religion is man's only open path to himself. Through emotion you learn to comprehend the mystical side of life much better than through pure reason."

(DKB: Is that why so many people come to me for help?)

"Yes, you will find that when you get onto this path, the inner side, the occult side, you will never get off it again. No matter how much you may wish to get off it for one reason or another, you will find that you always go back to it. Because it is the path that will lead you to the subjective understanding of life that is you."

(DKB: Am I right in thinking that people like me?)

"There is a form of attraction that people in this field work up in themselves, and this is the force that causes others to come to you without your seeking, and to like you. Because it is a force of understanding, of liking for your fellowman. Some have misconstrued this force as what is called 'appeal,' or what you Americans call 'sex appeal.' It is a strong force and will become stronger as you gather more understanding. It can also be turned on yourself to heal your own sicknesses -- as you know. So, I would advise you -- though I do not think I need to, sir -- to go on. When your physical life ends, you will find that through these particular studies you will have

made things easier for yourself when you come into the next state of consciousness. But you will have to be able to meet whatever comes your way without excitement or dismay. If you can do that, you are well along the path. It would be the proper thing for all human beings to adopt that form of stoicism - of calmness -- not indifference, but calmness to life. All men, when they first come into earth life, must be taught to face whatever confronts them with steadfast mind, and understanding, and the knowledge that you are the creator of what comes before you, and so you can destroy it

And now your friend here -- is there anything you would like to ask, sir?"

(R.S.: I would be glad to know anything you can tell me that I should know.)

Control Lao-Tse: "This, I believe, is the first time you have been connected with this sort of thing, is it not? Now, you -- like many, many others -- have been brought up in a particular form of religion, of teachings, and until recently have faithfully followed them, almost without question. But recently you have become mentally disturbed by the belief that there is more to life than you have been taught, so you have stopped to think -- and that is a very good thing. Now, I do not say that you should depart from the religious teachings you have had. I do not say that you should drop it and go to something else without due consideration. There probably will be many times when you will desire to go back to the teachings of your childhood. If you do so, do not be dismayed or worried. Go back until such time as your mind says again, 'Go forward.' Seek out the new thing; find out what is behind it. No man should accept anything at surface value. Get behind it and the glitter goes away. Then you see the truth, and that is more beautiful even without the glitter.

Man is a great being. He is not a slave to any teachings or traditions, except those he makes for himself. Be a free mind; be of good will; and be always seeking truth. But remember that truth is changing, so do not expect to find anything constant in life."

(J.G.: Last Sunday I asked something about the 'second death,' but I did not ask it correctly. What I wanted to ask was whether there is such a thing as being able to kill on the next plane?)

"Only when a man believes he is struggling in a war that is going on. Then when he is killed he continues to hate his enemy, and to struggle with him. Of course he cannot kill his enemy who has gone over with him. They will continue to struggle until they realize the folly of their actions. No, you cannot kill or be killed again. In black magic there is such a thing as restraining -- in white magic also -- restraining someone so that he may not become violent. Or, if you think his way is wrong and yours right, you can still imprison and hold him unless he knows how to escape those mental prisons he has been put into."

(Control Lao-Tse cont.): "As far as a second death taking place -- there is, yes, a form of death -- the same as takes place on your side, but not a dropping off of the body, but a change of consciousness. It is very much as in your earth here, in your large cities, or as in my own country, China -- one half of the city is beautiful, kept up by the wealthy class; the other half is deplorably low in moral and mental thought, as well as in physical activity. Now, if a man is living in that sort of squalor and lowness of mind, he may live in it for years and then desire suddenly to come up out of it. All he need do is move over to the other part of the city and find that his conscious awareness has changed. It is the same in death. Does that give you an idea of what I mean?"

(J.G.: You mean we can live forever, then?)

"Man has neither been born or died. Man has been what you call living forever. There is no death as you think it."

(J.G.: If you refused to eat on your plane would you starve?)

"No -- unless you think that food is necessary; otherwise not."

(J.G.: You do not have to breathe?)

"Our life over here is very like your dream-life. You have had all kinds of experiences in your dream-life; do they not seem real to you? Are you eating real food? Are you breathing real air? Are you climbing a real mountain? No, you are climbing a mind mountain; you are eating mental food. So it is on this side. On no plane is there such a thing as a solid. It is all illusion."

(M.L.: We have, as you know, those philosophic concepts, but they are not sufficiently known.)

"Yes, I am quite aware, Doctor, that all these things are well known to you, but I am speaking now to those who may not be so familiar with many philosophies, who do not know as much of the various planes. Unfortunately, words are not convenient or adequate to express the conditions from one plane to another, but to my limited knowledge, I know of no other approach, except thought. Possibly on your plane at some future time they will cease to use words and will use what you call telepathy, by the mind producing symbols; what one is thinking of will be better understood than now. The picture will be more clear."

(M.L.: Would you care to tell us more of the etheric worlds that interpenetrate ours? We know of etheric devas, elementals, etc., but not of the people living in the etheric realms. We would like to know, for instance, of those who have originated the 'flying discs.')

"I will ask you to excuse me for a little while; I think it better that you let Professor Luntz take up that subject. I feel that he will be better able to talk on this subject than I."

(M.L.: Thank you. We are reluctant to have you go, however.)

"I shall not really go; I shall continue to be with the group."(3:45)

(Lao-Tse withdraws and the group falls into a discussion of J.G.'s experiences with orthodox preachers.)

(3:55 P.M.) Control: "Good afternoon. I am Professor Luntz. I have been listening in on your conversation and I would like to say one or two things in this connection. As you know, I was a professor of theology, but on coming over here I was at first extremely disturbed by the unexpected conditions- conditions for which no orthodox religion and few other religious teachings are equipped to prepare the earthly person so that he shall be able to meet with calmness this unusual and odd condition of life. Most of my earth life, as a teacher of theology, I firmly believed like this young man over here, who was saying that the preacher told him that unless he 'accepted' Jesus Christ as his Saviour that he would not be saved, that he would be lost. The young man on the other side of the room said very boldly -- and I wish that I had had his understanding when I was over there -- that it was a good 'selling card,' that you must believe in his brand of religion, that you must throw yourself upon Christ to be saved. Now, the question I never asked myself before coming over here was, 'How small of mind must this Christ be if he would disown you from your natural heritage of life? In what manner could he keep you from going on to a more beautiful world, a world of greater knowledge and understanding? What sort of God is it that condemns a man, a soul, to everlasting hell and suffering because he does not bow down and offer all homage and flattery to this great being called God?'

"'Let us reason together,' said Christ. 'Where two or three are gathered together, there I am.' Do you suppose he meant himself? No -- he meant the I AM. Everything is in those words, the great Consciousness, the All-Knowing, the I AM. Christ was a great Master of Life and Understanding -- not only physical life, but what people loosely call 'spiritual life.' Can you conceive for a moment of a mind that is so great and understanding condemning you because you do not comprehend life?

"All religions teach that they are the right one, they are the only path to the glory of the soul. In your Bible it says there is only one way and even a wayfaring fool shall know that way. And he will, in due course of time. But life is grand, life is vast; all is not to be learned in one physical lifetime. The advancement of the soul, the entity, the consciousness, depends upon your ability to

learn, to grasp the things best suited to you as an individual."

Control Prof. Luntz cont.: "Your Bible also says, 'Call no man your father, for your father is in heaven' -- do you think it means up there in space? No -- you will learn in due course of time, if you do not already know, that heaven, like hell, lies within yourself."

"I have spent a good deal of time studying your material, Doctor, (to M.L.) as you put it together. You are doing a wonderful work that will find its helpfulness in many directions. It is unfortunate that there are not more such writers and carriers of the torch of wisdom. I have said a few times that there is really nothing to know -- but I say that in an esoterical sense, as I am sure you understand. But I realize it is not well to make statements like that to the uninitiated, for they do not comprehend."

(I.P.: You said you wanted to tell Mr. Layne something about the book, The Rise and Fall of Man, which the 'Inner Circle' is writing through Mark.)

"Yes, a night or two ago I wrote through the boy a little about the etheric life, but it is too lengthy a subject to go into at present. I can touch upon it and that is all."

(M.L.: I made the point here a little while ago that we expect many inquiries as to the people of the etheric realms. We shall be grateful if you can tell us anything about them -- their culture, if any, etc.)

"No doubt you have seen pictures and read many stories of the 'little people,' the fairies, the nature spirits. They are of the Lower Etheric. In the Higher Etheric you will find people much like yourself, but of mightier proportions. Their bodies are much like yours in the physical plane."

(M.L.: A name is given to them?)

"Not so far as I now know. I shall have to do a little research on that."

(M.L.: It seems strange that in all the libraries of occult thought there is so little about them. Have they ever been investigated from our side?)

"Yes, by a few who know something of the deeper side of occult life. The references in writing are very few, but I think you will find some of them in India."

(M.L.: Is there any particular school in this connection?)

Control Prof. Luntz cont.: "No, because it has not yet advanced to that stage. There are only a few who know of it, and they are not speaking much of it."

(M.L.: This is an important matter, it seems to us.)

"Yes, it is. In my research in the matter I find it a most glorious world, and that all life -- your vast systems of stars and suns and what not -- spring from it. There is a great deal for me to write about, but I am sometimes almost afraid to put this matter out, because to the mind of the earth people it is so fantastic. It is, I am sure, almost incomprehensible to the mind."

(M.L.: Now that we are dealing with 'flying discs' and such etheric phenomena we will need much knowledge to answer questions.)

"I want to say one thing: This thing that your scientists have looked for and called ether does not exist in your plane or mine, but in this etheric plane."

(M.L.: But ether permeates our dense world? All ethers are particulate, not homogeneous?)

"That is one of your difficulties -- because on this particular plane of consciousness -- I mean, the etheric world -- it is not particulate as you understand that word."

(M.L.: You mean it is what we call homogeneous?)

Professor Luntz: "Yes."

(M.L.: I have asked if there is a continuum and received a flat no.)

"Because they do not know."

(M.L.: Is motion possible in a homogeneous medium?)

"Yes. What I am trying to say is that it is particulate as you view it."

(J.G.: You speak of this etheric world; is it just another plane of consciousness above yours?)

"It is not what you would call above; it is merely a different level of consciousness....."

(M.L.: There is motion and there are living entities in a continuum of energy substances?)

"Yes. When I wrote through the boy (Mark P.) about the vast symphony

orchestra of ten thousand pieces -- does that not stun your minds? What I am getting at is that there must be motion in order to play such instruments."

(M.L.: I asked that because we do not see how a continuum can move; we think only of parts moving.)

Control Prof. Luntz cont.: "Exactly so. In all states of consciousness there is motion. Without motion there is nothing. Speaking, too, of light -- light is a constant. It does not in our field, the astral or the etheric, travel at any speed, but is a constant, a constant now -- an inward vibration."

(M.L.: Our mathematics cannot take into account a continuum that moves.)

"It is an inward vibration, not an outward motion. These two, material science and metaphysics, are really one, but they seem to work against each other. Laboratory motion is more what you would call -- let me see -- motion by dots, instead of by lines; you understand?"

(M.L.: Yes -- but the subject is perhaps too vast)

(DKE: Can you tell us a little more about the dots and lines?)

"In line-motion you have a light being, or seeming to be, projected from one point to another. In dot vibration you have single bodies glowing within themselves periodically; or perhaps that would come under the quantum theory."

(DKB: The quantum theory is used in television, because of the use of the living and glowing dots -- that is what you are trying to get across?)

"It is a very difficult thing to explain."

(DKB: But it will be easier as television becomes understandable.)

"Yes, it will." (4:43 P.M. Professor Luntz withdraws.)

September 26, 1948. At 931- 26th St., San Diego, California.
(Five persons present.)

(2:35 P.M.) Control Lao-Tse: "Good afternoon. It is an honor to be back in my original home. I feel considerably more at ease here in the boy's living quarters. You have some interesting problems here this afternoon. I have heard you with a great amount of interest as you talked of your friend's letter on angels and demons and nature spirits."

(M.L.: We have had some most remarkable material from Mr. Johns, but we have not known just how to evaluate it.)

Control Lao-Tse: "Before I say much on that matter, I wish to make a statement which I have often made before -- and that is: Man is a creator, with the deepest meaning of the word. It is too obvious to deny that fact. All that is, is man's doings, man's putting forth energy by mind action. All down through the ages man has had contact and general intercourse with both the good and the so-called evil forces."

(M.L.: This creative power of man constantly poses for us a problem-- how to distinguish between his own creation and that which has an objective existence of its own.)

"In the first case, man is using mental energy to create physical substance -----"

(M.L.: To shape or form it, would you say?)

"Yes, that would be better -- to shape or form it. He uses this mental substance as a force against energy, to put so-called chemical energy into action, to solidify it, and make it concrete for his assumed three-dimensional life. In the other case, he is using the same method, only not carrying it out to a complete end. I am now referring to his bringing forth not only human spirit beings back into the seeming physical world, but beings of giant proportions of other worlds, other states of thought."

(M.L.: These beings have their actual independent existence?)

"Yes, they do, but in order to make themselves known to man, man must first lend them the clothing to do so."

(M.L.: Nevertheless, if such things did not exist, could not man create them and then consider them to be independent existences?)

"Yes -- but such things are what is known as thought-forms..... You see, the difficulty of life is to try to grasp the 'ball within the ball.' You see, man cannot conceive of an outside of an outside. He must continue to think of an end, a changing substance that begins here and ends there. Even though he cannot really conceive of it, he still must use that postulate; otherwise, there will be no hope, you see, for his sanity in life in a three-dimensional world."

(Dr. C.: Are those who have reached your stage of development able to conceive of something without end or beginning?)

"No, I am afraid we are no better off in that respect, because thought on any plane must postulate something apart from itself, must postulate tangible substance."

(M.L.: Must there always be a time concept?)

Control Lao-Tse: "Yes, exactly so -- even in my sphere. The only way man can arrive at a concept of a beginning of anything would be for him to be able to reach that stage himself. Of course, he cannot do this."

(Dr. C.: Does the ancient Hebraic expression mean anything to those who have had your opportunity for study: 'In the beginning was the Word, and the Word was with God, and the Word was God?')

"It does if you conceive of God as being consciousness ----"

(M.L.: The Greek translates logos, which is 'creative energy.')

"But, you see -- creative, created -- by what? In 'God' you are using a word which conveys, in its ultimate, nothing. We are now back again to the assumed nothingness."

(Dr. C.: Did I get this correctly, that three-dimensional things are created in force by the mind of man?)

"You are correct, sir. I was standing by watching the writings of our good friend, Ramon Natalli, as he attempted to point out -- in what he was writing through the boy -- not the difficulties, but the impossibilities of man in a three-dimensional world trying to conceive of a beginning without a beginning, and making out of that nothingness a somethingness."

(Dr. C.: Will you tell me, Lao-Tse, do you have visitants on your plane from higher realms and learn from them as we learn from you?)

"Yes, and we often use the same methods as yours in invoking them into our conferences."

(M.L.: You can invoke them by some special methods?)

"Yes. Your friend, Mr. John's approach is perfectly legitimate and has been used through the ages on my plane as well as yours -- and I should say that the idea originated (though I do not like that term) in the High Etheric plane, from which all substance manifested must come."

(M.L.: Then these appearances evoked by Mr. John originate in the etheric?)

"Yes -- and provided he is using the proper invocations, he has actually experienced what he has written of in a seemingly three-dimensional condition."

(M.L.: What is the essential heart and center of an invocation or ritual?)

Control Lao-Tse cont.: "The essential center is a proper arrangement of the mind."

(Dr. C.: Then invocations and rituals are only aids and it depends upon the proper use of them by the individual whether or not they are effective?)

"Yes, but there are certain words You mentioned a little while ago, 'In the beginning was the Word, and the Word was with God,' -- 'Word' meaning sound, meaning projection of thought into a three-dimensional condition."

(M.L.: The exact wording of a ritual, then, is vital?)

"Yes."

(M.L.: And without them we are helpless?)

"Yes. Stop and think: Even this which you call 'GOD' used the word to materialize, to bring into a new state of consciousness. Do you suppose, then, that you can use just any words?"

(Dr. C.: Is it a sound that matters?)

"Yes -- and the mentality of the person using the invocation is vital."

(M.L.: Mr. John does not speak his ritual aloud; he thinks it only, so the power there is evidently only in the thought-form.)

"That may be so, but let me tell you something. Often, when starting into the world of the so-called mystic, you 'pull down the shade' of the so-called three-dimensional world. You change your mental condition without speaking a word, and the thought becomes the word."

(M.L.: To secure the same results as Mr. John's would it be necessary to have those particular thought-forms?)

"Yes -- if you use others you will get different results."

Dr. C.: Would you say that he got desirable results?)

"What do you mean by desirable, Doctor?"

(Dr. C.: Well -- I mean educational.)

"Well, Doctor, that depends upon what you call educational. To some, it would appear that he was blasphemous, and no doubt in my time he would have been badly persecuted for such doings."

(M.L.: The effect on Mr. John was that he was filled with joy and trust and happiness.)

Control Lao-Tse cont.: "Yes -- and that is the most important thing-- that man should know that life is glorious, joyful, beautiful beyond words to express."

(Dr. C.: My idea of education is anything that will improve human relationships and bring the brotherhood of man nearer.)

"Your great avatar, the Christ, was the most outstanding teacher and master that has ever come to earth. He has not and did not accomplish that which you call 'the brotherhood of man.' Man, as far as I can see, as a whole is not capable of reaching that stage in the physical body. Never in all the time that this physical three-dimensional world shall exist shall man become a complete and true brotherhood -- because that would mean that all would want the same thing, and that is not to be expected in your world. It is a grand and constructive idea, which I in my physical lifetime also fondly dreamed of, but on coming over here, and after many years of experience, I have come to that conclusion."

(M.L.: How can man be expected to evolve greatly in this physical life when he is here but a moment compared to the centuries on other planes?)

"No, that, of course, is not to be expected. That is why we have the law of Reincarnation -- to give him countless opportunities."

(HPF: He might not attain perfection, of course, but he might advance greatly through his earth experiences and attain a relative brotherhood, even in the physical-chemical body, might he not?)

"A 'relative brotherhood' -- that perhaps -- and I do not want you to think that this is not an ideal to work towards, even though it may not be completely attained in your life on earth."

(Dr. C.: Some groups of individuals seem to attain a feeling of brotherhood -- such as missionaries, for instance; or would you say they were sometimes disruptive -- as in Hawaii, for instance?)

"Yes -- often they go into places such as these islands, where the people were in as healthy a state of mind as could be on earth, and the missionaries destroyed that life of a child of nature, destroyed his physical body -- degenerated it.....Now I shall ask to be excused." (3:10 P.M. Lao-Tse withdraws.)

(3:12 P.M.) Control Arakashi: "Good afternoon. It is a pleasure to be with you here again this afternoon; indeed it is a wonderful thing to have your little group meet here and that we are able to make

conversation between the two planes. We on my side are all very grateful to the boy for giving us the loan of his vocal cords to express once more our thought."

(M.L.: We value your words very highly and feel ourselves greatly privileged.)

Control Arakashi cont.: "I know you do, sir, and we are all indebted to you for your work of the past three years. You are doing a great service both to those who yet remain on earth and to us who have passed beyond the veil of material living."

(M.L.: It is hard to see what value this work can be to you -- except perhaps advertising the cause of communication and giving you a chance to express your opinions.)

"Not exactly, for that alone would be vanity -- but rather the hope that we on this side may be able to convey some substantial and valuable thought that may eventually lead to a discovery that may make life more bearable and intelligible to those on your side. If we can pass on even one thought of that kind, we will feel happy."

(M.L.: We regret that not more will pay heed on our side.)

"Yes, it is unfortunate and yet, in the teachings of metaphysics it is well known that no individual wakes up to anything until his time. And there is no telling when that time will be, for the individual himself cannot know and force himself to understand."

(M.L.: It is always a question of growth, not effort?)

"Yes, that is the sum and total of life -- growth of the mind. It is sometimes odd to me that man in all of his various stages of consciousness keeps on reaching up to some plane of consciousness other than the one he is on, even though he may not have lived a tenth of what is in the stage of consciousness where he is."

(Dr. C.: That is good, is it not?)

"Yes, for the simple reason that the individual already has an inner awakening to that which goes on in his plane of consciousness, and he in that manner avoids wasting time in learning the endless things to be learned, but only chooses those which will help him in the next plane."

(Dr. C.: Arakashi, we have a Dictionary of Synonyms which gives the terms, "mind," "spirit" and "soul" as being synonymous -- is that incorrect, or could they be called the same?)

Control Arakashi cont.: "Only as you would say that solids, liquids and gases -- which all merge into each other -- are the same."

(M.L.: Can you tell us of the human psycho-physical entity -- that is, could you give us some tabulation other than what we have, by diagrams, charts, etc.?)

"I suppose I do not need to say that it is a subject of the most intricate kind, and in all honor to you, sir, I must say it would be a difficult subject to go into for the short period of time that we have in these meetings. I will, however, attempt to put through some such ideas in the writings we are now giving this boy clairaudiently on 'The Rise and Fall of Man.' It may in some small manner serve to make these things more clear."

(M.L.: Our minds seem to work that way, you know -- with diagrams and other crutches.)

"Crutches, yes -- without which man would fall on his face."

(Dr. C.: Is it that man cannot conceive of these things?)

"That is it. It is the difficulty of bringing a very deep abstract idea into the concrete world. The mind -- or I should say, the brain is not always prepared to accept the ideas and it calls for endless elucidation."

(M.L.: Do you not use a method of instruction similar to ours?)

"Yes, indeed we do. Man must be taught, he must have teachers; and in order to have teachers, he must have schools."

(M.L.: Do you use methods that are unexplainable in our terms?)

"Sometimes, yes. The physical brain is at the stage where only a small part of the millions of functional cells are used, but in hundreds of thousands of years to come those cells will function and open up his three-dimensional life and cause him to see it very differently from now."

(Dr. C.: Do you mean brain or mind?)

"I speak of the brain -- because the atman, or high state of consciousness, is not yet able to function through these cells. Were it suddenly to do so, man's entire surroundings would be very different from what they are today."

(HPF: Very much better, of course.)

"Yes, indeed. But perhaps one should not say that, for one never knows what will be better for the morrow."

(M.L.: Is it true that there was a time when man functioned on both planes -- this and the etheric?)

Control Arakashi cont.: "That is true -- but only of certain superior ones, the adepti."

(Dr. C.: Is that not where you function now?)

"To a degree -- but were my consciousness, my atman more highly developed, I could continuously operate on other planes without the use of mantrams, invocations, rituals."

(Dr. C.: Were you speaking of materializations?)

"Yes. Right now, this boy is functioning on two planes, you might say, because his physical form is being used as an open door to our plane."

(Dr. C.: You have his mind-- we have his body?)

"Yes -- it is like a dreamless sleep that he is in. Man! It appals me to think of myself -- man! There are no words in any language spoken that can in even the most minute way convey the appalling greatness of man! Good afternoon." (3:40 P.M. Arakashi withdraws.)

(4:18 P.M.) Control LINGFORD (former American actor): "Long and narrow is the, and dark!" Hello, everybody! I have associated for so long now with these Orientals that I have gotten some of their lingo. That expression is certainly like the occult path -- dark and narrow -- and perhaps we should put some fog in it too -- and all the traveler has is a flashlight, and the only light he can see is the little circle of light at his feet."

(HPF: You are usually more light-hearted, Lingford.)

"Yes, but -- as I said, I have been hobnobbing with Orientals. I wanted to come back to what you were discussing after Arakashi left-- the illusion of the planes. Possibly an analogy there would be your state of dream-life when you go to bed. In the dream you see someone, you go forward and talk to him. Now, when you come out of that dream-state, does the individual you met at that time continue with a conscious recollection of having been with you-- or do only you remember? It is the same on all planes -- the physical; mine, the astral; the etheric -- or any"

(NML: I am not sure that I understand what you are driving at.)

"What I mean to say is that on meeting someone in your dream-world, you carry on a conversation with him or her and they seem real to you. Then, when you depart from the dream-world and come

back to the physical state, does that one you were talking to carry a conscious recollection?"

(NML: Are you assuming that the person met in a dream action is an entity and has individual consciousness?)

Control Lingford cont.: "I would think so -- but what I am trying to point out is that you have no such surety. You make everything on your plane of consciousness, just as we make it on ours, so that in the last analysis it is only seemingly two entities exchanging energy by talking. Whether it is on the physical plane or on mine, there is no way of saying that it was not an actual entity."

(NML: But the distinction between what we call real and unreal seems to disappear?)

"That is exactly what I am trying to say- the quality of nothingness blending with the seeming somethingness....."

(NML: Of course, with material things it is the same -- we have only a group of sensations which we call an object.....)

"Do you not think, then, that provided there is an entity in the dream condition, he may have gone away with the thought that it is his dream and not yours? So how can you arrive at any conclusion and point at it and say it is fact beyond a shadow of doubt?"

(M.L.: But it seems to me a plurality of consciousnesses must be accepted- else I would disappear into you, and you into me, and solipsism would occur -- like a snake swallowing his tail.)

"As your Professor Twining said, it is not exactly as you express it, but two forces exchanging themselves with such rapidity as to be never separated and yet blended, but still entities in themselves. It is an extremely difficult situation to explain."

(M.L.: I think I am beginning to see how solipsism can be resolved...)

"In regard to that, we do not have a true conception of time wherein these two forces can be many things at one time, exchanging qualities or quantities in many forms of consciousness, one within the other."

(M.L.: It seems to be bound up with what I like to call the quantum theory of consciousness.)

"I rather agree with that -- intermittent action and yet such speed that the mind of man cannot conceive of it."

(Dr. C.: That involves a whole new concept -- one that is going to make our mathematicians very sad.)

Control Lingford cont.: "Doctor, I think we have with us the man called General Stilwell. I hope he will be able to talk through Mark before long. He says that Chiang Kai-shek is going to be the downfall of China -- that Communism will rule China, and all on account of the damnable stupidity of Chiang Kai-shek. When I withdraw, I will try to keep the boy in a trance state so as to save time for General Stilwell. I may not be able to get back later, so everybody be happy and calm until I see you again!"

(4:30 P.M. Lingford withdraws, but Gen. Stilwell apparently unable to come through at this time.)

October 3, 1948 -- at 931 26th St., San Diego, California.
(12 persons present)

(1:50 P.M.) Control LAO-TSE: "Good afternoon. We have been having a little discussion on my side to decide who could control the medium's body better under such strong lights as you need for the photograph you wish to take,* and they have chosen me. I sincerely hope I shall be able to remain, but sometimes under odd conditions which we are not prepared to handle, we are not able to hold on to the body of the boy." (To the photographer) "I am very glad to meet you, young man, and also the young lady, your wife. I hope that at some time you will come back and sit in at this little circle. We do not try to be spectacular, but just ordinary human beings, and because we who control the boy's body have passed out of the physical counter-part of ourselves is no reason for feeling that we are not just as human and understanding as you who are still in the body. If you do come again, I should very much enjoy the chance to tell you a little more of survival from your three-dimensional world into what we call the astral plane or world or states of consciousness."

(Dr. C.: Is there any hazard to the boy in taking the photographs?)

"No -- the only thing that may happen is my possibly departing suddenly, but that would only be because of something unexpected. But, as far as the boy is concerned, we have arranged so that there will be no danger to him at all."

"Never in my lifetime have I ever come up against anything like this. In my day it would have been considered witchcraft."

(M.L.: Would you mind turning a little so as to look straight into the camera Thank you.)

"Is it all over? Is it done? Well, that was very easily done."

* Photograph taken for magazine, FATE, issue of May, 1949.

(IP: We will show you a print of it when it is developed.)

Control Lao-Tse: "I should like to see that. You are living in a world of great wonders - and you do not realize it. You take things in a most casual manner. You should be jovial and happy and full of joy that you are living in a time of such wonderful creations of the human mind.....I know a little about such things, because I have made it a point to search for the various instruments that you have invented as the years go on in this earth of yours."

"Now, I want to say something that we have neglected to speak of till now: we all on this side of the 'Inner Circle' wish to offer our great thanks and appreciation to that wonderful man, Mr. Roger Graham. He has been the instrument for us to supply the substance for you to carry on -- you know what I mean. As we have told you in the past, we will not leave you to want for supply."

(IP: You have certainly helped us wonderfully, and we are very grateful for the response to Mr. Graham's letter. It has helped Mark not only in a material way, but has made a tremendous difference in his morale and his health as a consequence.)

"And to our friend, Dr. Layne -- you have certainly played a splendid part, and all of us wish to thank you for bringing this work to the notice of your country at large."

(ML: We are handicapped in many respects, but we feel optimistic over the prospects for expansion of the work.....)

"Yes, as I have said before, the road to knowledge is dark, and men -- if they only knew -- the uninitiated, the unknowing majority -- what they owe to the few little lights in this world of darkness! Now, I will ask to be excused. The blessings of the One Self be upon you!"

(2:20P.M.) Control ARAKASHI: "Good afternoon to you all. We have been watching from our side with much amusement the taking of the picture. It was an unusual experience for my good brother, Lao-Tse, and I am glad he was able to hold on. All things come to him who waits, eh? As Lao-Tse says, he has waited for two thousand five-hundred years to have his picture taken. (Laughter) But I think his life was tolerable even without that! There is so much that we can do without. Now I will ask you to excuse me for a moment. (Arakashi makes the sign of the cross in the air, meanwhile chanting in a foreign tongue.) That was not the sign of the Cross, your Christian Cross -- the four points designated are the four corners of the Earth. I invoke blessings and peace to all, everywhere on the Earth."

(A.v.S.: Can you see us here?)

Control Arakashi: "To a certain extent; not as you would, but as though under my life-conditions, as a sort of light."

(A.v.S.: Can you distinguish our auras?)

"Your aura tells me that you are quite a healthy man. It has been some years, from what I can see, since you have suffered any real illness."

(IP: What color indicates health?)

"In illness there is a sort of muddiness -- but it depends on the part of the body affected."

(A.v.S.: Just now I am having a sort of difficulty. I am not sure whether it is psychic or physical. Can you see it?)

"I see it more as a psychic condition, sir, but of course it has its reflections in the physical, so you feel it that way."

(A.v.S.: It manifests itself as a difficulty of breathing, like an attack of asthma, almost, in the night.)

"How long have you been indulging in psychic work?"

(A.v.S.: For about fifteen years.)

"You are desiring something very strongly, very deeply, and it is not being satisfied or brought out into the physical. You are having some kind of business difficulty?"

(A.v.S.: Yes -- not too bad, but somewhat of a stickler.)

"Yes. You see, when the mind is being pressed upon by a problem, it begins to cast around within itself for means and ways of solving that problem. And in the meantime, if it is not solvable in a given period of time, it begins to take its effect upon the physical body. Your condition, sir, to me, is simply a psychic condition -- for the reason that you are bringing to yourself unhappy entities who still wish to live back in the physical body and enjoy physical things."

(Dr. C.: Is that a common condition?)

"Yes, it is; many more suffer from that condition than you suppose. If I were you, sir, I would do something to clear my room of these unwanted forces. I would use mantrams and passes over the bed. That may seem foolish to you, but I do not think so, because you have done some psychic work. You might make some rotative passes over your bed, and also call upon your White Brother, the Christ. You will clear out the unhappy forces in your room. At one time I advised the boy

and his wife in this way also."

(A.v.S.: Doesn't one's aura protect one?)

Control Arakashi: "Not necessarily -- especially if you have not made some provision to protect yourself from them. All people who go into psychic work should make passes and say mantrams around themselves at least once a day -- to ward off psychic attack. For you are dealing with forces, (and regardless of what you say you know about them, I am sure there is much you do not know)-- and it is highly dangerous. Many laugh at such asserted dangers, and sometimes -- too often so -- they find themselves laughing on what you Americans call 'the wrong side of their faces,' --tck,tck! Too bad you are not all given training from childhood that will have its continuation after passing from the physical body and taught that there are wonderful and also evil forces. Now, those who do evil do not always wish to do so; the ones who are really powerful are the 'black magicians.' Have I said enough of this?"

(A.v.S.: Thank you. Is the AUM PADME mantram a good one to use?)

"Yes, excellent; I enjoy the vibrations of that very much, myself."

(ML: I have been told that severe penalties attach to careless use of the AUM -- is that correct?)

"That is not entirely true, sir. It depends upon the user, and why he is using it. If he is using it for good, for protection, it is quite all right. Did this person give any reasons for his statement, sir?"

(ML: No, he only made the flat statement, but since many, all over the world, use it daily -- some of them probably unintelligently -- that seemed rather unlikely to me.)

"Yes, the triviality of a man's use of the AUM depends upon the mind of the one who is using it."

(ML: How would you describe the effect of the AUM mantram?)

"That depends upon how you use it -- whether with the continuous vibration -- A-u-u-u-m (giving an example) --that sets up a fine radiant vibration that is very good for the physical as well as the astral body. But for the ordinary person who uses it in a careless manner as you say, it will not do harm -- though not much good, either. Now I go -- (2:25 P.M. Arakashi withdraws.)

(2:38 P.M.) Control Professor ALFRED LUNTZ: "Good afternoon. I am Professor Luntz and I would like to get into this conversation on medical subjects. You were talking, Doctor -- will you carry on, so that I may put in a word or two?"

(Dr.C.: I was describing an operation, a very serious operation I was performing, in which I was given guidance and help from a physician, a surgeon, from your side.)

Control Prof. Luntz: "Who is here now."

(Dr.C.: You mean Dr. Rathbone? Is he with you here?)

"Yes, I think so. He is a large man?"

(Dr.C.: I have never seen him, but I was told exactly what to do when I was in doubt as to how to proceed. I made what might be called a prayer for my patient. I had done everything I knew how to do; I asked that I might be told what to do next that my patient might be saved -- and I was. I was told by this Dr. Rathbone just which instrument to use and how to proceed.)

"You were indeed fortunate, sir. Few have had such definite proof of survival."

(Dr.C.: The doctor did me a favor in telling me that I must not think I had done it all myself without help -- so I wouldn't get the "big head.")

"He was very right, sir. So many educated minds like yours attract educated minds from our side, but often they do not open up themselves to us over here. They have an experience of doing something suddenly and unexpectedly and they think, 'Ah, this is wonderful! Look what I have done!', instead of 'what we have done, working between the two worlds.'"

(Dr.C.: Does that account for what we call genius?)

"Not always, sir; there are times when individual spirit force has nothing to do with the activity of a genius's mind, but rather, the mind rises up to meet the incoming, or oncoming intelligence of the Great Mind. It is, I know, inconceivable to one still in the physical body to understand a flowing Force which is intelligent. But I think that of all people those who best grasp it would be botanists and medical doctors and surgeons, but -- strangely enough -- not physicists. (Q. Why not physicists?) Because they are dealing continually with the material counterpart through which the force flows. They look upon the present or physical body and do not realize that this wonderful piece of mechanism cannot exist without the mind force to govern and bring it on to that advanced state."

(Dr.C.: In what category does that place Edison?)

Control Prof. Luntz: "Edison was helped a great deal by certain entities who were interested in what he was doing. It depends a great deal on what one is doing what kind of force he attracts. As I said, sometimes it is the force of a mind advanced in certain fields; or it may be this thing I call Intelligent Force, when the cells of the mind are brought up into higher vibratory speed. This, of course, is the chemicals arranging themselves to meet this oncoming force, to be equal to it."

(ML: Where does the superior receptivity of a genius originate -- in the history of the individual himself?)

"Not necessarily so, but sometimes. No doubt you have knowledge of cases where an individual goes on for some time with those around him considering him rather a dolt, as you say, and then suddenly rising to the status of a genius by some unexpected feat. In that instant, the mind is being operated upon by the Great Mind. In other instances it is being controlled by departed entities; and in others it is a distant remembering, a remembering of former lives and abilities."

(ML: There is some peculiar quality in this individual that makes him receptive to manipulation from the other side?)

"Yes; that condition is brought about by the desire, the great desire."

(ML: But the entities on the other side could not operate on just anyone who had a strong desire?)

"Yes, they could. The strong desire prepares the mind for the oncoming flow, or receptivity to the force."

(ML: You mean that all our strong desires or prayers are answered?)

"Yes, all great desires or prayers are answered eventually, at some time, sooner or later. So it would be well for you to be careful what you wish and ask for. But I do not wish to be preaching -- I did enough of that when on the earth."

(A.v.S.: May we go back to the subject of auras? The love-auras, I have thought, are seen as a pink light -- is that correct?)

"That depends upon the depth, the sincerity, the kind of love. If it is one of the passion of the body, it is bright red and filled with flame. If it is one of compassion, it has a beautiful golden glow and beautiful tints of purple."

(A.v.S.: There is a school of thought that visualizes a beautiful pink light that flows through the body for healing.)

Control Prof. Luntz: "That to me, sir, is not so much pink as an old-rose tone. It is used on our side and passed on to you to regenerate the body and give it strength. Many years ago, this boy had such an experience; along the trail of his reaching this stage, he has had many wonderful experiences."

(IP: Yes, Mark has told me of that.)

"Yes, and I believe he spoke of its invigorating him. This is a wonderful force. Men of science of your time should look further into the unseen for the healing lights and music."

(HPF: They are beginning to use them to some extent now.)

"Yes, I notice that some of your scientists are doing so. That is the essence of light."

(A.v.S.: You would say, then, that visualizing this pink light brings health?)

"Yes, but it must not be done in a trivial manner; it must be done seriously and with concentration."

(A.v.S.: What is the effect?)

"You will feel you entire being thrilling. You have never in all your physical existence felt such a thrilling feeling."

(A.v.S.: Can you get too much of it so that it brings a sense of tension?)

"Yes, when you have carried on your concentration longer than was needed, because you were looking for something else, and that concentration may cause intense muscle tension, so that when you relax, your muscles ache."

(A.v.S.: How long should the concentration last?)

"Not longer than fifteen or twenty minutes, I would say."

(Once I felt a tremendous feeling of love that spread out to all the world; is that a usual experience in such concentration?)

"Yes -- and you can take it a step further and you will find yourself standing in a beautiful world."

(A.v.S.: Where there is a beautiful, dazzling, bright white light?)

"Yes."

(A.v.S.: Is there any basis for a sense of terror?)

Control Prof. Luntz: "When you feel that sense of terror, you should drop away from it, stop concentrating. In all psychic work you are bound to contact two forces, as in all of life -- the negative and the positive. If you unnecessarily prolong these sittings, you are contacting a negative force."

(A.v.S.: I used to do astral projection daily; now I am not able to do so. Is there a reason why I cannot?)

"There are times when the mind needs rest -- and I do not speak of the physical brain, but of the mind -- and only the mind knows when it so desires; and you cannot fool it, you cannot fool that Self. The Self may fool the physical body, but the physical body cannot fool the Self. You went at it in all sincerity, but with too heavy a push -- and that will drive away psychic ability."

(A.v.S.: Too much tension there?)

"Yes, simply because you reached a stage beyond that projection, and the new desire created a tension, because you did not know what to expect. Now I shall ask you to excuse me. (3:03 P.M.)

(3:25 P.M.) New control: "Good afternoon. I am George Arliss. Just here for a moment. I was allowed to come into one of your previous meetings. You asked me to come back and I sincerely appreciated that invitation. I got to thinking to myself this afternoon: Would it not have been better for me to do the posing for the picture you were taking -- I who was so accustomed to it? No -- of course, I am only joking. This is a serious work and I fully realize it. I do not belong to this young man's 'Inner Circle,' so I could not very well impose myself into the deal. That would not be right."

"Now I am beginning to learn a little of what goes on on my side, and what is likely to take place between the two worlds. In other words, I am becoming informed of conditions I never dreamed of before coming over. Although I was interested in all psychic work, I did not know what to expect, and I am told now that few can meet the situation in a befitting manner. It is extremely disconcerting and can be an unhappy affair -- this thing you call death. And yet, when you get to understand, you find things are much more beautiful here than on your side -- so much more freedom -- and I am merely remarking this so that you will know what to expect on passing over. You (to A.v.S.) do know, for you have had experiences out of the body. It is similar; but also prepare yourself, as your guide and helper said, for the unexpected -- for it may be vastly different, as the Maharajah Natcha, your friend and helper, said. Even though you have had a projection of the psychic body, you will find it quite different; it is only similar to a degree. The rate of vibration, I am told, is quite different, when one passes over, to that in a projected still-living body. What you are doing is to

enter the lower etheric, not the astral or the world of those who are 'dead.' When you see them in your psychic projection, it is because they have come down into the etheric to greet you."

(A.v.S.: Are there such things as shells left by the astral body?)

"No, not in the manner it has been taught in some schools. These shells, or shards, are thought-forms produced by those who have passed on, or by those still living. But to think that the astral body throws off such 'shells' is quite erroneous. At some other time I would like to take up this matter at some length, but I sense a desire to bring this meeting to a close, so, with my good wishes to you all, I will say good-bye for this time. (3:35 P.M.--George Arliss withdraws.)

October 17th, 1948: at 917 - 10th St., San Diego, California.

(2:35 P.M.) Control LAO-TSE: "Good afternoon. It is a pleasure to see such contacts made as that which took place here a few minutes ago between the Doctor and his Scotch uncle on this side. The continuity between the many states of consciousness, to those who are willing to devote a little time and effort, is indeed a marvellous thing."

(ML: Did Dr. C's uncle come of his own accord, or did he have to ask permission?)

"Yes -- those individuals who are not connected with the 'Inner Circle' of the boy do have to ask permission. Many come of their own volition, and if we feel that it will be of value to allow them to enter in, we always are glad to accommodate and to help."

(ML: It seems difficult to make contact today; any special obstacles?)

"Yes, the mental condition of the boy is not too good. He has been very deeply impressed by this prowling creature around his home..... You may wonder why we did nothing to help with this disturbing condition. You know, there are times when the best of us feel that it is not wise to interfere in certain things that are taking place in the life of our 'doorway' -- the machine that we use to talk through -- the boy. There are some things that are very essential to his growth, his understanding; and the things that happen, in order for them to help, must be deeply impressed upon the mind. It seems unfortunate, and an unhappy condition, but it is not really so."

(IP: You knew what was happening, then?)

Control Lao-Tse: "Yes. The boy, being a very sensitive person and one whose mind works in a peculiar manner, is quite capable of painting dramatic things and then bringing those forces to himself."

(ML: Will you tell us something of the phenomenon?)

"In creative art -- especially in painting and writing -- a force is used, and that force goes out -- and in this case stirred up the discarnate body of the animal. So he had on his porch a tiger. He need not have felt frightened, because this animal, in its state, cannot harm him."

(ML: Was the animal there in an etheric body?)

"Yes, in an etheric body."

(HPF: The thought-form which Mark had made of his painting established a link with the discarnate tiger?)

"Yes, exactly as when you paint a portrait of someone who has gone from your carnate life -- you have made a thought-form, a link or connection."

(ML: Could the tiger, under the right conditions, have taken on materialization?)

"Yes, it could."

(ML: It could then have done harm?)

"Only to a degree -- only in the way of frightening someone by its appearance."

(EC: Was there some special connection -- I mean, was it a painting of some particular tiger?)

"No, it was only done to occupy his time."

(IP: Would you advise him not to paint such things again?)

"Yes, I would. I have often spoken of what thought can do. Man brought himself into the world through thought; is it strange that he can produce anything else? Now I will speak also of what you were talking about earlier this afternoon -- about astral lights. Light, to begin with, is not something that extends from itself -- which you call travelling, or the speed of light. Light is really a constant within itself."

(ML: It is always present, whether we can see it or not?)

Control Lao-Tse: "Yes."

(ML: What is the difference between light and darkness?)

"Darkness -- the negation of light."

(ML: But light is a constant -- a condition of the ethers, if that is the correct word?)

"That will do. You have not always words that suit, but that will do. Who is to define a word, anyway? Now, let us talk also on what the boy was saying about the eclipse that lasted for a year and a half. This is a manifestation of the etheric world -- the unseen working into the seen. Certain conditions take place in the etheric world and you have the reaction into the physical world."

(ML: I have not read the article about it, so I cannot discuss it.)

"Well, we will take all of you other phenomena and classify them under that heading. Man himself came from the etheric, had made this vast universe; so if he continues to produce such activity, from one dimension into another, it is not unusual, by any means."

(ML: Are there objects, or worlds of objects, of greater density than any matter we know which still is imperceptible to us; and if so, how can these be out of our perceptual range?)

"If you will excuse me, I would like to turn that question over to our mutual friend, Ramon Nata'li. I will give it to him, because I think that probably he can do better with it than I."

"The blessings and love of the 'Inner Circle' to you all."

(3:30 P.M. -- LAO-TSE withdraws.)

-- End of Meeting --